

Shalom from Rabbi Adam Chalom ***No, Me First***



One of the best parts of my sabbatical leave (thank you again!) was learning how to say two important phrases for self-care: “No” and “Me First.”

By personality, I like to be helpful. I see myself as a resource for Kol Hadash members and for our broader movement of Humanistic Judaism with some knowledge, expertise and experience. I sometimes compare the role of a Humanistic Rabbi to being a travel agent – tell me where you want to go and I can help you get there! And so when someone asks for a favor, or for some information, or for reading recommendations, or for ideas for a future program, my natural impulse is to help out.

On my sabbatical, however, I set myself the task of learning how to say “no,” nicely. Or “not now, maybe later.” Being able to say “no” is not an admission of failure or inadequacy, and it is not being unresponsive. Having appropriate barriers and creating space for self-care requires being able to say “no” when “no” needs saying. Certainly in response to unreasonable requests, but also when we need to save our resources for ourselves.

That is why it is also sometimes necessary to say “me first.” In Pirke Avot, an early collection of rabbinic proverbs, we find this insight in Chapter 5:

There are four types of people: One that says, “mine is mine, and yours is yours”: this is average; though some say this is terrible. Another says, “mine is yours and yours is mine”: this is an unlearned person. Another says, “mine is yours and yours is yours”: this is a pious person. Another says, “mine is mine, and yours is mine”: this is wicked.

While an ideal might be to be eternally generous, always giving of oneself, it can be entirely appropriate to be willing to assert one’s own importance. What good is done by giving charity to the point that one needs charity? It is good to help others, but sometimes we get to help ourselves.

Obviously, we must avoid being so selfish and self-centered that we are oblivious or indifferent to the genuine needs of others. At the same time, it is prudent and reasonable to step back from work to have time with family, or to take a break from family to have time and interests for oneself. If we only live for others, we may lose ourselves in their needs.

Sometimes it’s healthy to say, “No, me first.” Just remember that other people might do the same thing to you!

Kol Hadash Finances and our Future

from treasurer Mike Lippitz (treasurer@KolHadash.com)



Our current 2022/23 fiscal year is off to an excellent start. We depend on your annual pledges and donations to cover our current-year expenses. Contributing Members again increased their pledges overall, with 6 becoming full Supporting Members. We consider this a key metric of increasing engagement with the congregation. Along with the first increase since 2018 in the suggested Supporting Membership pledge, we've met our budget target. Thank you!

This year, for the first time, we did not sell tickets for guests to attend high holiday services onsite. Instead, we asked for a donation, whether one attended onsite or online. The results were stunning: The largest ever collection, up more than 30% from last year.

Thank you for making new people aware of what Kol Hadash has to offer and our mission to “create and celebrate a meaningful Humanistic Jewish life through personal enrichment and communal action.” Please contact me (treasurer@kolhadash.com) if you've any questions about Kol Hadash finances.

Donations to Kol Hadash—including membership pledges—may be made in a variety of potentially tax-advantaged ways:

- Transferring appreciated securities. Doing so avoids capital gains taxes while also providing a full charitable deduction (if you itemize).
- For members over age 72, donations may be made directly to Kol Hadash out of an Individual Retirement Account without having to pay income tax on the distribution (and it counts towards one's annual required minimum distribution).
- From a Donor-Advised Fund.

PLEASE CONSULT YOUR TAX ADVISOR to make sure one of these options applies to your situation and determine which would be most advantageous. If you have or are thinking of creating an estate plan, please consider a legacy gift to Kol Hadash.

SAVE THE DATE

Our Spring FUNdraiser: Kol Hadash Has Talent

June 25

Connections & Values in Action Update

from Lynn Miller (connections@KolHadash.com)

Connection Committee:



Our next Connections Committee meeting is on Monday, November 7th at 7:30 on Zoom! All are welcome to attend. Any ideas on how to connect new members to our congregation are appreciated!

Our New Member Shabbat was a huge success! We met Jeffrey Doman from Evanston, Natasha Dunn from Burlington Wisconsin, Erika Schulty from Rolling Meadows, Ed Waxler and his partner Margorie from Palatine. Thank you to Irene and Al Dorfman for their beautiful cheese platter and Andrea and Mark Friedlander for the delicious brownies! Rabbi Adam and Ellen Apley who provided an excellent service to introduce our new members to Kol Hadash! There was a great group of seasoned members and new members!

Values In Action:

Thank you to everyone for the High Holiday donations that filled up 2 SUV's for A Safe Place. They really appreciated the donations!

The Northern Illinois Food Bank distribution continues in November and December. The dates are November 18th and December 9th, 16th at 2:45. Please contact Tony Bilotti at anthbilotti@gmail.com.

The Holiday Gift Giving Program

We are collecting gifts for needy children and their families by participating in the Community Alternatives Unlimited holiday giveaway program. We are collecting unwrapped gifts at the Shabbat Service on Friday, December 16th and our Family Hanukkah Celebration on Sunday, December 18th. Please look for the flier in The Shofar which lists gift suggestions.

One member brought up the idea of contributing to the refugees from Ukraine and those being bused from Texas. The Hebrew Immigrant Aid Society, HIAS was started in 1881 to assist Jews fleeing pogroms in Russia and Eastern Europe. They now welcome all who have fled persecution. We have worked with HIAS for our immigrant families from Afghanistan. If you are looking to support a worthy cause please consider HIAS.

Helping Hands

There are 5 congregants that have volunteered to help other members in our Congregation. If you need help with shopping, need a ride to the doctors or help with a shiva. No job is too small or big, we will let you know if we can't handle it. Just ask! Email: lgmiller107@gmail.com or valuesinaction@KolHadash.com

Shabbat Services

Music Shabbat Service:

Lekh Lekha: Abraham's Journey Begins

Friday, November 4, 7:30pm ♦ in-person & Zoom
November Yahrtzeit

This week's Torah Portion "Lekh-Lekha" (Genesis 12:1-17:27) describes the beginning of Abram's journey. If the Torah is an origin myth for the Jewish people, let us turn back to our earliest answer to "where do we come from?"

Zoom Shabbat Service:

The Future of American Jewish Books

Friday, November 18, 7:30pm ♦ Zoom ONLY

Jewish Book Month has been marked leading into Hanukkah since 1940. As the American Jewish community has become more diverse, so too have their reading choices. Is there still a unified readership, or has "Jewish readership" become as fragmented as television and other media consumption? We will be honoring our Values in Action activities during this Shabbat.

Shabbat Service: Women in the Torah

Friday, December 2, 7:30pm ♦ in-person & Zoom

This week's Torah portion, "Vayetzei" (Genesis 28:10-32:3) dramatizes the limitations of women in the Torah as daughters, wives and mothers. Contemporary Jewish feminists have tried to reclaim the "matriarchs" of the Jewish nation, yet the power and pathos of the original remains all too relevant.

Music Shabbat Service:

Seasons Greetings

Friday, December 9, 7:30pm ♦ in-person & Zoom
December Yahrtzeit

It's that season again, when red and green are everywhere, Santa is ubiquitous and Christmas music is inescapable. Increasing numbers of households include Jews with loving partners who celebrate Christmas, with their own combinations and accommodations. And the commercialism starts in October! Join us to explore some strategies for the holiday season.

Zoom Shabbat Service:

The Evolution of Hanukkah

Friday, December 16, 7:30pm ♦ Zoom ONLY

From possible pre-historic roots in the Winter solstice, Hanukkah has evolved from a major national holiday for the Maccabean kingdom, to a minor holiday under rabbinic Judaism, and back to a major holiday under the influence of American commercialism and modern Zionism. Join us to explore the twists and turns of one of the most-observed Jewish holidays in 2022.

Please see weekly email for most up to date information about upcoming events.

Questions? Contact Jeremy at
info@KolHadash.com.

Adult Education

Reality & God

Tuesday, November 1, 7:30pm ♦ in-person & Zoom

A starting question for any philosophy is "what can be known?" Once we understand what we can know (and what we cannot), we know where to explore from there. How does the universe work? What is our approach to the question of god? And how do we live well with others who disagree?

The Nature of People

Tuesday, November 15, 7:30pm ♦ in-person & Zoom

Is the human condition best lived through a focus on this life and this world, or a hypothetical next one? What makes humanity distinct from the animal kingdom, if anything does? If reason and emotion are equally human, then what is our approach to the issue of "spirituality?"

Ethics

Tuesday, November 29, 7:30pm ♦ in-person & Zoom

How to be a good person is critical for any philosophy of life. Do we follow rules because they are there, because of the authority who wrote them, or because we agree with their consequences in the real world for us and for others? How do we relate to so-called "Jewish values," and how do our personal ethics influence our actions in society?

Politics

Tuesday, December 6, 7:30pm ♦ in-person & Zoom

Any philosophy of life must address how we live together, and people living together means political organization. Are there some core political principles for Humanistic Jews that transcend modern political labels? And how can we best agree to differ?

Israel at 75: A Preview

Sunday, December 11, 9:30am ♦ Deerfield High School

The modern state of Israel was founded in 1948. 75 years later, it is almost unrecognizable - from socialist to capitalist, from majority European Ashkenazi to a melting pot of global Jewry, from progressive to reactionary, from plucky David to reviled Goliath. The fallout from October elections (Israel's 5th in 4 years) continues to be felt. The International Institute for Secular Humanistic Judaism is planning a trip to "Secular Israel" in December 2023. What will they find?

Aesthetics/Spirituality

Tuesday, December 13, 7:30pm ♦ in-person & Zoom

Aesthetics is the philosophical study of beauty and inspiration. If this world is all there is, where do Humanistic Jews look to go beyond themselves and rational analysis? Can we uplift the human spirit without talking to a "spirit world"?

Activities

The Congregation is invited

Bat Mitzvah of Clementine Sayegh

Daughter of Abby & Jim Sayegh

Saturday, November 5, 10:30am on Zoom

Email info@KolHadash.com for live-stream access

North Shore Unitarian Church, Deerfield

The Congregation is invited

Bat Mitzvah of Lily Jackson

Daughter of Karen Jackson

Saturday, November 19, 10:30am

North Shore Unitarian Church, Deerfield

Steering Committee Meetings

Thursday, November 3, 7:30pm

Thursday, December 1, 7:30pm

In the Zoom age, it's now easy to check out the work of Kol Hadash's committees. The Steering Committee meets monthly and all members are very welcome to attend. There's no commitment to join the committee or attend future meetings! Contact Chair, Victoria Ratnaswamy if you have questions or wish to attend. sechair@kolhadash.com.

Kol Hadash Women's Group

Mondays @ 1:00pm

Our canasta group has grown to 8-10 women—and we're looking for a few more. Don't play? Don't worry. We'll teach you. We also welcome kibitzers. Come as a kibitzer, leave as a player! So if you just want to come for community, that works, too. We meet every other Monday afternoon at a member's home. Contact Joyce Hirsch for more information at jah231@comcast.net.

Values in Action at Highwood Food Bank

Friday, November 4 & 18, and December 9 & 16

2:45pm at Fort Sheridan Metra Station

Join us at the Highwood Food Bank as we load groceries into cars. The Highwood Food Bank has permanently moved to the Fort Sheridan Metra Station, south of the corner of Sheridan Road and Old Elm Road, east side of the tracks. Volunteers will park west of the Starbucks in spaces facing the tracks (no cost to park). Contact Tony at anthbilotti@gmail.com or 312-859-0500.

Book & Movie Club: The Frisco Kid

Wednesday, November 2, 7:30pm • Zoom

Join us for a discussion of the brilliantly written and very funny *The Frisco Kid*, starring Gene Wilder and Harrison Ford. Cantor Jonathan Friedman, leader of Adat Chaverim in Los Angeles, will lead our discussion and members of his community will be joining us. Contact bookclub@KolHadash.com.

Connections Committee

Monday, November 7, 7:30pm

The Connections Committee liaises with prospective members, welcomes new members and keeps in contact with existing members. Have questions or want to attend? Contact Lynn Miller at connections@KolHadash.com.

SciFi Book Club: *Stranger in a Strange Land* by Robert A. Heinlein

Wednesday, November 9, 7:30pm • Zoom

This month's book selection is [*Stranger in a Strange Land* by Robert A. Heinlein](#). All are welcome to join us even if you didn't finish or read the book. All are welcome! Contact David Hirsch scifibookclub@KolHadash.com.

Family Education: A World of Jewish Food

Sunday, November 20, 10:30-11:00am

What makes a food "Jewish"? It's not everything that Jews make or eat, and not everyone who eats what we consider Jewish foods is themselves Jewish. Join us for a mouth-watering exploration of the Jewish menu!

Taste of Kol Hadash

Sunday, November 20, 11:00-11:30am

[click here to register your dish](#)

ALL Kol Hadash members are invited to bring a memorable family recipe -- from any generation and from ANY culture -- to share with everyone. You will share the history of this beloved recipe while adults and children enjoy a small portion of your dish. A delicious way to learn about each other's traditions! Recipes will be distributed so others have a chance to make it, too.

Development Committee

Monday, December 5, 7:30pm • Zoom

The Development Committee plans our annual gala parties and works on fundraising ideas. Have questions or want to join this meeting? Contact David Hirsch at development@KolHadash.com.

Youth Education

Youth Education Committee

Sunday, November 6, 9:30-11:30am

Kol Hadash's Youth Education Committee (YEC) is like a PTO for our Youth Education program. We meet about every six weeks during Sunday School while our children are in class. Come to one or all the meetings -- and, get to know other parents, too.

Family Education: A World of Jewish Food

Sunday, November 20, 10:30-11:00am

What makes a food "Jewish"? It's not everything that Jews make or eat, and not everyone who eats what we consider Jewish foods is themselves Jewish. Join us for a mouth-watering exploration of the Jewish menu!

Hanukkah Family Celebration & Lunch

Sunday, December 18, 10:30-11:30am

[click here to register](#)

- * Bring your family's menorah for our Menorah Show & Tell
- * Rabbi Adam Chalom leads us in part of the Hanukkah service and songs
- * Student activities include: Dreidel Tournament, Hanukkah crafts with candle making, and making cards for seniors
- * Parents will get to know each other with an activity, too!
- * Enjoy a Hanukkah lunch together, including challah, chicken, macaroni and cheese, latkes with applesauce and sour cream, salad, fruit, chocolate gelt, and mini-sufganyot (jelly donuts)
- * Hanukkah service booklets will be available for home use

The Kol Hadash Values in Action Committee is collecting gifts for children in need by participating in the Community Alternatives Unlimited holiday giveaway program.

Preschool Jewish Discovery

Sunday, November 6: Shabbat
Sunday, December 11: Hanukkah
10:30-11:30am

[click here to register](#)

Free enrichment class! Open to everyone!

Children ages 2-6 with a grown-up join Rabbi Adam and veteran preschool teacher Lynn Miller as they explore a Jewish holiday through interactive songs, books and hands-on activities. There is time for a snack and for the children and parents to socialize, too. At-home resources will also be provided.

Taste of Kol Hadash

Sunday, November 20, 11:00-11:30am

[click here to register your dish](#)

Please join us at one of our most popular events -- featuring everyone's favorite activity: eating!

ALL Kol Hadash members are invited to bring a memorable family recipe -- from any generation and from ANY culture -- to share with everyone. You will share the history of this beloved recipe while adults and children enjoy a small portion of your dish. A delicious way to learn about each other's traditions! Recipes will be distributed so others can have a chance to make it, too.

B Mitzvah FAQ Session

Sunday, January 15, 9:30am

[click here to register](#)

Members and interested families learn about our unique B Mitzvah. Get your questions answered by Rabbi Adam Chalom, Youth Education Director Ilana Shaffer, and B Mitzvah Coordinator Leah Sosewitz!

Sunday School Try Out

Every Sunday -- 9:30-11:30am

[click here to register](#)

Are you thinking about how to expose your children to Jewish culture and identity? Your family is welcome to 'try out' our Sunday School by visiting their grade's class for the day. We hold weekly Sunday School for students in Kindergarten through Confirmation. Non-members are welcome to join us. There is no expectation of a commitment by attending.

All of our Youth Education programs are at our Sunday School at Deerfield High School unless otherwise noted

Meet Some of Our New Members

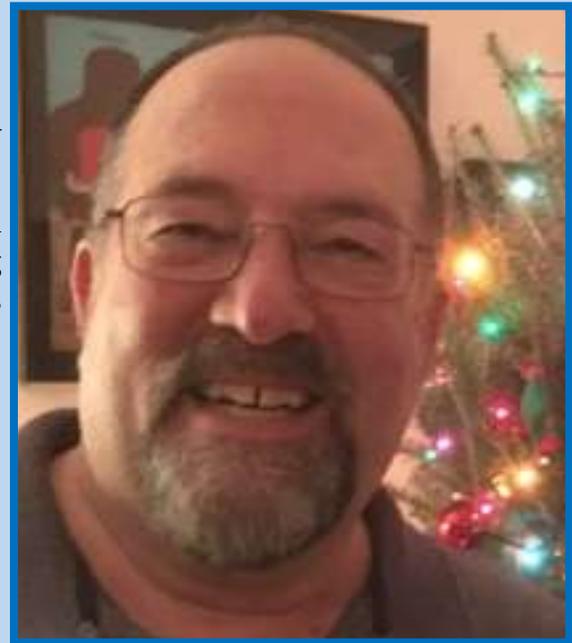


Mathew & Allie Kerbis

Mathew and Allie were first introduced to Humanistic Judaism a few years ago when they went to a Humanistic wedding in Minneapolis. When they subsequently moved to Deerfield, they Googled “humanistic congregation near us.” They met with Rabbi Chalom to discuss a baby-naming for their daughter and decided to join Kol Hadash! Mathew grew up in this area and is an attorney at Subscription Attorney LLC. Allie is from San Francisco and is a benefits manager at a technology company. They both love the arts and are active in the Deerfield community. Their daughter, Audrey, is in a great daycare that has put her on track to be smarter than they are by the time she is 10!

Jim Shepard

Jim Shepard is a retired Chef, and Food Service Manager. He grew up in Deerfield and now lives in Woodstock. His parents were founding members of Beth Or, so he has known Humanistic Judaism for his whole life. In his free time, he loves singing with the Kol Hadash choir!



Chip Kass

Chip Kass is the son of long-time Kol Hadash members, Terry and Geoff Kass. Chip decided to become a member on his own because “from childhood to adulthood, Kol Hadash has been a fundamental part of [his] life.” Chip recalls attending a conservative Sunday school until his mom, who was raised in Humanistic Judaism, introduced him to Rabbi Chalom. As part of Rabbi Chalom’s campaign to “convince” Chip to switch to Kol Hadash’s Sunday school, Rabbi Chalom beat Chip in a game of Horse, and Chip has been a HuJew ever since! Chip grew up in Highland Park and currently lives in Los Angeles working in a variety of different capacities on projects in television. In his free time, Chip likes to watch movies and TV. He is also a skier and big comic book fan!



Meet Some of Our New Members

Meida & Ben Tolsky

Meida and Ben live in Wilmette. Ben is from Buffalo Grove and Meida is from a little further away -- Dalian, China! They were members of a conservative synagogue just outside their backyard in Wilmette, but they found it to be too religious for them. Although their search for a new congregation was delayed by the pandemic, they ultimately found Kol Hadash through either PJ library or JUF listings. They especially appreciate KH's laid-back atmosphere and focus on traditions and culture rather than God. Ben is in finance and enjoys boating, traveling, and underwater hockey (yes, it's a real sport!). Meida is a social media influencer who enjoys eating, traveling, and paddle boarding. They have two children, 9-year-old Richard and 6-year-old Natalie.



Jeffrey Doman



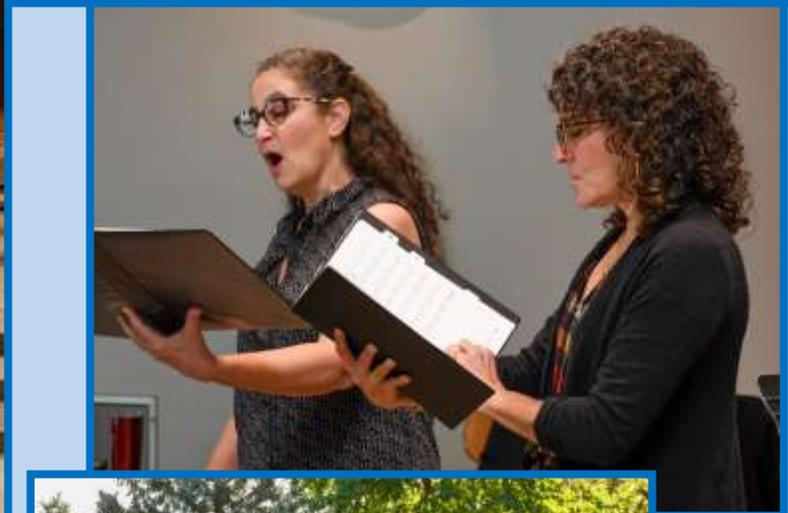
Jeffrey Doman lives in Evanston. He grew up in Chicago's South Shore neighborhood and was Bar Mitzvah'd at a "traditional" Orthodox synagogue. After reading about Kol Hadash on the internet, he attended our Winers gathering over the summer and volunteered with our Value's in Action Committee at the Highwood Food Bank. Impressed with the friendliness of Kol Hadash's members and the "values, spirit and goals" of the congregation, he decided to join. Jeffrey has been in the Construction Management profession for 35 years, primarily as a Cost Estimator and Project Manager, having completed 200 school projects and over 300 projects total. Among Jeffrey's favorite projects was the University of Illinois at Chicago Hillel Jewish Student Center. Jeffrey and his wife, Sue, have been married for 48 years! They have three children and four grandchildren all living in California. Jeffrey and his

wife, Sue, "Facetime" and visit as much as possible with their out-of-town children and grandchildren. In his remaining spare time, Jeffrey plays a variety of sports including golf, tennis and basketball. But wait, he doesn't just play Jeffrey won a bronze medal in masters doubles tennis for the Maccabi USA team at the Pan American Maccabi (Jewish Olympics) Games in Mexico City in 2019, with 24 countries participating. Jeffrey has also played on championship senior basketball teams in national tournaments that included former NBA players. Similar to the legendary Jewish pitcher, Sandy Koufax, Jeffrey, who played college baseball, refused to play in a college baseball game on Yom Kippur. Instead, since there was no Jewish synagogue in the town where Jeffrey attended college at that time, his baseball coach drove him to an out-of-town Jewish synagogue so Jeffrey could attend Yom Kippur services.

Shana Tovah!

Many, many, MANY thanks to everyone who helped make our High Holiday celebration a HUGE success!

Al Dormfan, Faye Eisenberg, Michelle Fishman, Andrea Friedlander, Jeremy Gibson, David Hirsch, Abbie Kopelman, Mike Lippitz, Kyle Lorenz, Elliot Miller, Lynn Miller, Linda Mislove, Jeremy Owens, Judith Perlman, Victoria Ratnaswamy, Judy Rosenzweig, Steve Rosenzweig, Laurie Schiller, Ilana Shaffer, Chad Solomon



Youth Education



November Yahrtzeits

*The following names will be read at the **November 4** Shabbat service.*

Lena Bernstein	Donald Doman	Olive Gleave	Matthew Passen	Ben Sosewitz
David Bolnick	Tamara Dworsky	Shirley Lason	Miriam Saponov Pinko	James Vanderbeck
Bernard Brook	Israel Friedman	Regina Mayer	Margaret Pollack	Esther K. Wagner
Maurice Cohn	Earl Gasquione	Jean Merkin	Bess Richter	David Weiss
Joe Collins	Dusica Gavrilovich	Beth Raben Musich	Sandy Sarasohn	Marie Yellen
Jack Cottle	Sam Gilbert	Jeanne Parker	Robert Schoenbrod	

December Yahrtzeits

*The following names will be read at the **December 9** Shabbat service.*

Josephine Birnbaum	Edith Herron	Marianne Lederer	Alan Newman	Marshall Soren	Susan Styer
Slobodan Bozovich	Esther Hirsch	Stella Lennox	Benjamin Niport	Betty Soren	Rose Wagner
Ruth Braver	Joseph Holtzberg	Theresa Levoy	Margie Parkinson	Gitel Sosewitz	Isidor Wagner
Margaret Davis	Arlene Horberg	Ralph Marks	Baruch Pinko	David Steiner	Irvin Waxler
Milda Dreifuss	Diane Kaplan	Sadelle Miller	Roselle Schiller	Hortense Stichler	Irene White
Earle Gilbert	Sonia Kusnetz	Hy Muroff	Saul Shulman	Fred Stichler	

Tributes

Marcia Cottle, donation to co-sponsor the High Holiday Choir

Marcia Cottle, Yom Kippur Memorial Donation

Marla Davishoff & Fred Henry, Rabbi's Discretionary Fund, thanks to Rabbi Chalom for a meaningful wedding ceremony

Andrea & Mark Friedlander, General Fund, in honor of Marla Davishoff and Fred Henry's wedding

David Friedman, Rabbi's Discretionary Fund

Happy Stone & Rick Henriksen, Tzedakah Fund, in honor of Happy's recovery

Happy Stone & Rick Henriksen, Youth Group Fund

Glynis & David Hirsch, in memory of Lester Telser

Joyce & Richard Hirsch, Rabbi's Discretionary Fund

Joyce & Richard Hirsch, General Fund, in honor of Marla Davishoff and Fred Henry's wedding

Joyce & Richard Hirsch, General Fund, in memory of Lester Telser

Julia & Ricky Katz, General Fund, in memory of Marilyn Kaplan with special thanks to Ellen for singing at her funeral

Jane & Rudolph Lederer, General Fund, in memory of Marianne Klein Lederer

Mike Lippitz, General Fund, in honor of Marla Davishoff and Fred Henry's wedding

Judy & Steve Rosenzweig, General Fund, wishing a speedy recovery to Happy Stone

Abby & Jim Sayegh, Event Sponsorship (Sukkot Family Service)

Tamar & Ron Schwartz, Rabbi's Discretionary Fund

Ester Silberman, General Fund, in honor of our High Holiday Services

Livia Tisma, Tzedakah Fund, in honor of Marla Davishoff and Fred Henry's wedding

Melissa Wigderson, Tzedakah Fund, in honor of Marla Davishoff and Fred Henry's wedding

Family News/Thank You

- Wishing a swift recovery to Ilana Shaffer from recent medical treatment.
- Wishing a swift recovery to Tamar Schwartz from ongoing medical treatment.
- Mazel Tov to Neil and Amy Parker on the recent birth of their first grandchild!
- Mazel Tov to Marla Davishoff on her recent marriage to Fred Henry!
- Mazel Tov to the Sayegh Family on their daughter Clementine's upcoming Bat Mitzvah!
- Mazel Tov to Karen Jackson on her daughter Lily's upcoming Bat Mitzvah!
- Thanks to Ellen Apley, Lynn Miller, Sara Race, and Rachel Samlan for helping to make the Family Bagel Brunch run smoothly.
- A note of appreciation to Ellen and Mitch Apley, Janene and Lee Kessler, and, Sara and Bill Race for their outstanding participation in our Humanistic Parents Panel.
- Thank you to our students (and, their parents!), our teachers and class aides for such a wonderful start to our Sunday School year.
- Thank you to the parents who joined our recent Youth Education Committee (YEC) meeting; and, also to those parents who give verbal and email feedback regularly. It is your involvement and sharing of ideas which strengthens our Sunday School and family programs.
- A special thank you to Evan Kessler for his fantastic shofar playing at our Rosh Hashana Family Service and High Holiday for Tots.
- Thank you to Karen Jackson for skillfully managing our Yom Kippur Family Service.
- A big thank you to Beth Deiter, Abbie Kopelman, Lynn Miller, and Sara Race for so willingly and helpfully opening and closing Sunday School.
- We appreciate our excellent sukkah assembly and take-down crew lead by Irene Chase. They are: Natasha Dunn and family, Levine family, Laurie Schiller, Solomon family, and Tolsky family. A great job on this inaugural year for our sukkah!
- Thank you to Victoria Ratnaswamy for preparing and running the unique and enjoyable finger-knitting craft at our Sukkot Service.
- A huge thank you to David Hirsch, Helga Gruenbauer and Leah Sosewitz for wonderfully managing every aspect of our Sukkot Family Service & Pizza Dinner.

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Adult Education: Reality & God 7:30pm	2 Movie Club: <i>The Frisco Kid</i> 7:30pm	3 Steering Committee 7:30pm	4 Values in Action at Highwood Food Bank, 2:45pm Music Shabbat: Lekh Lekha: Abraham's Journey Begins (November Yahrtzeit) 7:30pm	5 Clementine Sayegh's Bat Mitzvah 10:30am
6 Sunday School 9:30am Youth Education Committee Meeting 9:30am See, Sing, Celebrate! Jewish Holiday How-To 10:00am Preschool Jewish Discovery: Shabbat 10:30am	7 Women's Group: Canasta 1:00pm	8 Election Day	9 SciFi Book Club: <i>Stranger in a Strange Land</i> by Robert A. Heinlein	10	11 Veterans Day	12
13 Sunday School 9:30am See, Sing, Celebrate! Jewish Holiday How-To 10:00am	14 Women's Group: Online Chat 1:00pm Connections Committee Meeting 7:30pm	15 Adult Education: The Nature of People 7:30pm	16	17	18 Values in Action at Highwood Food Bank, 2:45pm Zoom Shabbat: The Future of American Jewish Books 7:30pm	19 Lily Jackson's Bat Mitzvah 10:30am
20 Sunday School 9:30am Family Education: A World of Jewish Food 10:30am Taste of Kol Hadash: Jewish Holidays 11:00am	21 Women's Group: Canasta 1:00pm	22	23	24 Thanksgiving	25	26
27 No Sunday School	28 Women's Group: Online Chat 1:00pm	29 Adult Education: Ethics 7:30pm	30			

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Steering Committee 7:30pm	2 Shabbat Service: Women in the Torah 7:30pm	3
4 Sunday School, 9:30am Confirmation Class Field Trip: North Shore Unitarian Church 9:30am	5 Women's Group: Canasta 1:00pm	6 Adult Education: Ethics 7:30pm	7	8	9 Values in Action at Highwood Food Bank, 2:45pm Music Shabbat Service: Seasons Greetings (December Yartzeit) 7:30pm	10
11 Sunday School, 9:30am Adult Education: Israel at 75: A Preview 9:30am Preschool Jewish Discovery: Hanukkah 10:30am	12 Women's Group: Online Chat 1:00pm	13 Adult Education: Aesthetics/Spirituality 7:30pm	14	15	16 Values in Action at Highwood Food Bank, 2:45pm Zoom Shabbat Service: The Evolution of Hanukkah 7:30pm	17
18 Sunday School 9:30am Hanukkah Family Celebration & Lunch 10:30am	19 Hanukkah Women's Group: Canasta 1:00pm	20 Hanukkah	21 Hanukkah	22 Hanukkah	23 Hanukkah	24 Hanukkah
25 No Sunday School Hanukkah Christmas	26 Hanukkah Women's Group: Online Chat 1:00pm	27	28	29	30	31

Jewish Philosophy

An Adult Education Course with Rabbi Adam Chalom

There have been secular and cultural Jews for two centuries; what makes Humanistic Judaism unique is our conscious philosophy of Humanism and Judaism. How do we define ourselves by what we do (and what we do not) believe and practice? And what are our answers to the most important questions of life?

Tuesday Evenings

7:30-8:30pm

Online through Zoom and live at North Shore Unitarian Church
2100 Half Day Road, Deerfield

October 18: Why Philosophy

October 25: Truth

November 1: Reality & God

November 15: The Nature of People

November 29: Ethics

December 6: Politics

December 13: Aesthetics/Spirituality

January 10: Intro to Jewish Philosophy

January 17: Jewish Identity

January 24: Jewish History

February 7: Past & Present

February 14: Yiddishists

February 28: Zionists

March 7: Reform & Reconstructionist Judaism

March 14: Great Thinkers, Jews & Everyone Else

March 21: Contemporary

April 11: Separation of Religion & Government

April 18: Israel

April 25: Imagine No Religion

May 2: Jewish Pluralism

May 9: Balancing Universalism & Particularism

Questions? Contact Rabbi Chalom rabbi@KolHadash.com or 847383-5184.



International Institute for Secular Humanistic Judaism Tour to

SECULAR ISRAEL



Led by Rabbis Adam Chalom & Jeffrey Falick

December 10-21, 2023

A unique tour - experience Israel from a secular perspective. Together we will explore the issues facing Israel as a Jewish and democratic state. Conflicts between Palestinians and settlers, tensions between ultra-religious and secular Israelis, and social and economic justice are all on this itinerary. Most significantly, we will also find hope among those working for pluralism and human rights.

ON OUR JOURNEY WE WILL:

- Learn about the **foundation of Israel** and how secular Israel has evolved over the years
 - Discover **Israel's highlights** from a Secular Humanistic Jewish point of view
 - Meet and dialogue with **Jewish scholars and leaders**
 - Uncover **Israel's diverse melting pot** of religious and Secular Jews, Christian and Muslims
 - Attend the **20th Anniversary Tmura-IISHJ Conference and Rabbinic Ordination** in Jerusalem
 - Discover the incredible and challenging **history of Jerusalem** with visits to the **Old City** and neighborhoods beyond the **1967 borders**
 - Ascend the imposing mountain of **Masada** and float in the healing, salty waters of the **Dead Sea**
 - Tour **Kibbutz Degania**, the first kibbutz established and former home of David Ben Gurion, and Moshe Dayan
- and so much more!*



PRICING CHART <small>(based on double occupancy)</small>	CHECK/CASH PRICE	CREDIT CARD PRICE
LAND TOUR	\$4,795	\$4,940
ADD FOR SINGLE OCCUPANCY	\$1,450	\$1,495

Book before January 1, 2023 and SAVE \$150 per person!

Learn more about this amazing trip at
secure.ayelet.com/IISHJIsrael2023.aspx



Preschool Jewish Discovery

Free monthly enrichment class open to everyone

Children ages 2-6 with a grown-up join Rabbi Adam Chalom and veteran preschool teacher Lynn Miller as they explore a Jewish holiday through interactive songs, books and hands-on activities. There is time for a snack and for the children and parents to socialize, too. At-home resources will also be provided.

**Monthly at Kol Hadash Sunday School at Deerfield High School
(park and enter through rear/east entrance)**

Please register on our website calendar at KolHadash.com

Come once, or come to them all!



Rosh Hashanah

Sunday, September 11
10:00-10:45am
*Family Bagel Brunch
at 10:45-11:30am



Shabbat

Sunday, November 6
10:30-11:30am



High Holidays

*Special program at
Jewett Park, Deerfield
Friday, September 16
9:00-10:00am



Hanukkah

Sunday, December 11
10:30-11:30am



High Holidays for Tots

*Special program lead by
Rabbi Adam Chalom
Sunday, October 2
10:00-11:00am



Tu B'Shevat

Sunday, January 15
10:30-11:30am



Purim

Sunday, February 19
10:30-11:30am



Mitzvah Day

Sunday, April 16
10:30-11:30am



Sunday School Try Out

For families interested in our weekly education program (from Kindergarten through confirmation), your child can join their grade's class for the day to see if we are a fit for your family.

There is no expectation of a commitment by attending. **Please register at KolHadash.com**

**Before each event, based on local Covid rates, we will determine if masks are required and/or if food will be served*

Questions to Youth Education Director Ilana Shaffer at youthed@kolhadash.com or 773-209-8266

Members choose financial commitment – Trial Memberships offered – Jewish and Interfaith families fully participate

www.KolHadash.com

FAMILY CELEBRATIONS

Open to everyone! Free!



Monthly during Sunday School, our whole school -- students, teachers, families, and guests -- come together to celebrate Jewish holidays as well as for special programs on Jewish culture, community service activities and more. Please join us!

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Family Bagel Brunch

Sunday, September 11, 10:45-11:30am

High Holidays for Tots

Sunday, October 2, 10:00-11:00am

Sukkot Family Service & Pizza Dinner

@ our congregational Sukkah at
North Shore Unitarian Church
Sunday, October 16, 4:00-6:00pm

**Family Education: A World of Jewish Food &
Taste of Kol Hadash**

Sunday, November 20, 10:30-11:30am

Hanukkah Family Celebration & Lunch

Sunday, December 18, 10:30-11:30am

Tu B'Shevat Family Fruit Seder

Sunday, February 5, 10:45-11:30am

**Family Education: Shabbat
Make Your Own Challah Covers & Candlesticks**

Sunday, February 26, 10:30-11:30am

Purim Family Celebration

Sunday, March 5, 10:30-11:30am

Passover Family Seder

Sunday, March 19, 10:45-11:30am



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Family Education: A World of Jewish Food

Sunday, November 20, 10:30-11:00am
Our Sunday School at Deerfield High School

What makes a food “Jewish”? It’s not everything that Jews make or eat, and not everyone who eats what we consider Jewish foods is themselves Jewish. Join us for a mouth-watering exploration of the Jewish menu!

Taste of Kol Hadash

We need YOU to cook for us! Open to ALL members!

Sunday, November 20, 11:00-11:30am
Our Sunday School at Deerfield High School



Please join us at one of our most popular events — featuring everyone’s favorite activity: eating!

ALL Kol Hadash members are invited to bring a memorable family recipe -- from any generation and from ANY culture -- to share with everyone. You will share the history of this beloved recipe while adults and children enjoy a small portion of your dish. A delicious way to learn about each other’s traditions! Recipes will be distributed so others can have a chance to make it, too.



Register your dish by using the QR Code above or at KolHadash.com

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HOLIDAY GIFT GIVING PROGRAM

The Kol Hadash Values in Action Committee is collecting gifts for needy children and their families by participating in the Community Alternatives Unlimited holiday giveaway program.

Community Alternatives' mission is to provide services for people who are coping with both the short- and long-term effects of any disabling condition and supporting economically challenged families to improve health and wellness during pregnancy and birth. It serves people who live in poverty in the northern suburbs of Cook and Lake Counties, including children who are indigent and wards of the state. For more information on Community Alternatives Unlimited, please visit their website www.cau.org.

We're collecting unwrapped gifts at the Shabbat Service on Friday, December 16, and our Family Hanukkah Celebration on Sunday, December 18

Here are some gift ideas:

art supplies, the baby healthcare/grooming kit (26-piece kit on Amazon),
baby towels and washcloths, diaper bags, onesies,
kids hats, gloves/mittens
baby supplies like wipes, baby shampoo,
lotion and soap,
diapers of all sizes, bath toys, etc.
school supplies, puzzles, blocks, other educational toys
craft items, arts & crafts kits
board games, handheld electronic games, stuffed animals, dolls
paperback books, especially in Spanish
nail polish for pre-teens and teens
hair accessories, sleepwear, slippers, socks, sweaters
Winter items, wallets, earrings, watches etc for adults

For more information, please contact Glynis Hirsch at glynishirsch@gmail.com or 847-826-9589,
or Lynn Miller at valuesinaction@KolHadash.com

Hanukkah Family Celebration & Lunch

All Ages Welcome! — Open to Everyone!

Sunday, December 18, 10:30–11:30am
Our Sunday School at Deerfield High School



- Bring your family's menorah for our Menorah Show & Tell
- Rabbi Adam Chalom leads us in part of the Hanukkah service and songs
- Student activities include: Dreidel Tournament, Hanukkah crafts with candle making, and making cards for seniors
- Parents will get to know each other with an activity, too!
- Enjoy a Hanukkah lunch together, including challah, chicken, macaroni and cheese, latkes with applesauce and sour cream, salad, fruit, chocolate gelt, and mini-sufganyot (jelly donuts)
- Hanukkah service booklets will be available for home use

The Kol Hadash Values in Action Committee is collecting gifts for children in need by participating in the Community Alternatives Unlimited holiday giveaway program.



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B Mitzvah FAQ Session

For parents of students up to 6th grade

Sunday, January 15

9:30-10:30am

at Our Sunday School at Deerfield High School



Open to everyone! Free!

- Are you debating how (or whether) to have a Bar or Bat Mitzvah for your child?
- Are you feeling pressure because “how it’s supposed to be” and “how it’s always been done” isn’t a good fit for your family?
- Are you concerned that non-Jewish family members might not be allowed to participate fully?
- Are you looking for a custom celebration that will be both personal and meaningful, balancing Jewish traditions and your unique family heritage?

**Explore your options during this free, informal FAQ session
with Rabbi Adam Chalom, our Youth Education Director, and our B Mitzvah Coordinator**



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How is Our B Mitzvah Different from All Other B Mitzvahs?

The Kol Hadash B Mitzvah program (gender-neutral, non-binary term for “Bar Mitzvah” and/or “Bat Mitzvah”) is unique, meaningful, and personal to the student in many ways:

1. Our B Mitzvah preparation fits into the busy lives of today's middle-schoolers and their families. Students learn Hebrew through one-on-one tutoring sessions.
2. Our Hebrew curriculum balances the need for Hebrew reading skills with an understanding of Hebrew as a modern, living language.
3. Rather than be automatically assigned the Torah or Haftorah portion coinciding with their B Mitzvah service date, our students choose their own Torah portion, whichever one they find to be most inspirational or meaningful.
4. Students have the choice to read from other Jewish literature or do a Jewish-related research project instead of reading from the Torah.
5. All the readings and music celebrate the milestone of becoming a B Mitzvah. The B Mitzvah is the only reason for the gathering.
6. Every B Mitzvah service is devoted to only one student.
7. Families can customize their B Mitzvah celebration service by choosing their favorite readings and music from an array of options.
8. All parents of B Mitzvah students participate fully in our ceremonies. We are fully welcoming and inclusive of modern families in all their diversity.
9. Following the B Mitzvah presentation, the parents have the opportunity to share their feelings about the occasion in a short but meaningful address to their child.
10. Families may honor other family members and friends by having them read selections from the service, hold the Torah, or light candles on our congregational menorah.
11. Service readings are in English and sensitive to a diverse audience, enabling all family members (of all ethnic and religious backgrounds) to equally and meaningfully participate.
12. Our families almost always get their first choice of date. Ceremonies can be held on a Friday evening, Saturday morning or Saturday evening.

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