March Shabbat Services

Friday, March 1

Shabbat Dinner: 6:00 p.m. Shabbat Service: 7:15 p.m. Candle Lighting: 6:05 p.m.

Saturday, March 2

Torah Study: 9:30 a.m. No Service at CST Parsha: Ki Tisa

Friday, March 8

PJ Tot Shabbat Service: 6:00 p.m. Shabbat Service: 7:15 p.m. Candle Lighting: 6:14 p.m.

Saturday, March 9

Torah Study: 9:30 a.m. No Service at CST Parsha: Vayak'heil

Friday, March 15

Shabbat Service: 6:15 p.m. Candle Lighting: 7:22 p.m.

Saturday, March 16

Torah Study: 9:30 a.m. Bar Mitzvah of Caleb Zendell: 10:00 a.m. Parsha: P'kudei

Friday, March 22

Shabbat Service: 7:15 p.m. Candle Lighting: 7:30 p.m.

Saturday, March 23 - Erev Purim

Torah Study: 9:30 a.m. No Service at CST Parsha: Vayikra

Friday, March 29

Shabbat Service: 6:15 p.m. Candle Lighting: 7:30 p.m.

Saturday, March 23 - Erev Purim

Torah Study: 9:30 a.m. No Service at CST Parsha: Tzav

TROPICAL CUBAN PURIM BASH Join us to celebrate Rabbi Alicia's birthday and Purim. Dress in tropical attire and dance to Cuban rhythms! Featuring: Duane Wrenn of Energetic Soul and DJ Dave March 23rd

3900 Northfield Parkway Troy, Michigan 48084

open dancing to 11:30 adults only \$10

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Dance Lessons from 7:30-8:15

Congregation Shir Tikvah Shabbat Prayer Opportunites

At CST, every Shabbat contains a Friday night service. Saturday morning services are held at least once per month. Please check the calendar of services for exact service times each weekend or go online to www.shirtikvah.org/events.

Friday Night Services:

6:15 p.m. Short & Sweet Service "Short and Sweets" are designed for a more traditional Shabbat experience while still offering our unique Shir Tikvah spirituality. These services only last 45 minutes so that you can head home or out to eat for Shabbat dinner and are preceded by a "preneg," a light snack to tide you over. There is no oneg following the service.

7:15 p.m. Music Shabbat
Full of singing, dancing and Shabbat warmth, these services are informal, high-energy, and perfect for both adults and children. This service is often followed by an "oneg" of coffee, refreshments and desserts.

7:15 p.m. Traditional Service Geared towards adults (though open to children as well), this service contains more liturgy than the other services and an in-depth sermon or Torah discussion. This service is often followed by an "oneg" of coffee, refreshments and desserts.

Tot Shabbat Service

Our Tot Shabbat service is a prayer experience geared toward children 7 years old and younger and their families. Full of music, movement, and age-appropriate teaching, these services are scheduled throughout the year on varying Friday nights or Saturday mornings . Fridays begin at 6:15 p.m. and Saturdays at 10:00 a.m. and last approximately 30 minutes. Fun crafts and kid-friendly snacks follow the service in our Tikvah Explorer's classroom.

Saturday Morning Service

These are led by our b-mitzvah young adults, offering an incredible opportunity to see the in-depth training Shir Tikvah offers its Family Education students and the wonderful individuality that each 13-year old brings to prayer and Torah study. We also occasionally have Tot Shabbat services on Saturday mornings. This service is followed by an "oneg" of coffee, refreshments and desserts, or in the case of a Tot Shabbat, a kid-friendly oneg with crafts.

Rabbi's Corner

Dearest CST,

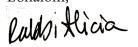
I write to you as I continue to bask in the glow of an incredible weekend in DC with Carrie Keough and seven of our high school students. We had a really wonderful weekend at the L'taken Social Justice Seminar through the URJ's Religious Action Center (RAC). The teens spent the weekend learning how to advocate for the things that matter to them as young Jewish adults and really making a difference. I was so impressed by each and every one of these wonderful people. They worked hard and the days were long and intense. Throughout the weekend, I was just so grateful to be a witness to our students working as a team, meeting new people, learning about issues they care about, and most importantly being caring and kind to one another.

Each of the students did something really brave and impressive: Those who were nervous to speak in front of people spoke. Those who were concerned about writing wrote thoughtful and meaningful pieces. Every single student engaged with challenging issues and was willing to learn and be vulnerable and honest.

I am so deeply proud to be the rabbi of this community with this group of students and I'm excited for the future of the Jewish people, knowing what these students want Judaism and the world to look like. It took a lot of people to make this happen. I want to extend a sincere thank you to all who ensured these students got to have this experience, especially the Chanukkah spree organizers and participants and those who have donated to our youth scholarship fund. Thank you for making such a meaningful difference in the lives of our students. We can't wait to go back!

May we continue to see the youth of our community as our leaders and allow them to light our paths and guide us toward tikkun olam.

L'Shalom,





Thoughts from Our President



I recently read an article by Rabbi Noah Farkas who wrote about the idea that it's a gift to be a Jew. Most of the time we bemoan how difficult it is being Jewish because of anti-Semitism, schools not paying attention to when the holidays are and scheduling tests on those days, being unable to purchase the "Jewish" foods we want at our local supermarket.

But our communities are there for us from birth through death! We can call upon the community or the clergy for help whatever that may be. We rally together in good times and bad. The old joke about summing up the holidays as they tried to kill us, they failed, we're still here, let's eat, is pretty accurate.

October 7 is the perfect example of many non-observant Jews deciding to travel to Israel to join the IDF or to go work there as many of the workers from other countries left and the soldiers left a void in their workplaces. Some of these people never set foot in Israel before; some visited many times previously. But certainly not every Jew feels that way. However, whenever an anti-Semitic incident occurs in the United States, we all feel it as if we're part of it, just as we're commanded to feel as though we were part of the Hebrews who left Egypt and stood at Mt. Sinai to receive the 10 Commandments during the Pesach Seder.

Here at Shir Tikvah, we reach out to our fellow congregants who are ill, have lost loved ones, or who are celebrating a simcha. That's because we're a community of people who care about each other. Remember that it's not up to only a few volunteers to plan events; we need some of you to step up if you haven't yet. You don't have to be in charge, but we could use more helping hands and would love to get to know more of you on a personal level. Some of you have talents we don't even know about, but we'd love to find out what they are! Please get in touch with me or Tessa to let us know how YOU can be of assistance.

- Marcia

MARCH Calendar of Events

For updates: shirtikvah.org/calendar

FAMILY EDUCATION

PK - 7 Sundays, 9:30 a.m.-noon at CST Grades 3-6 Tuesdays, 5:00 on Zoom Middle and High School, see below. **No Family Ed: March 19-April 7**

FAMILY AND YOUTH ACTIVITIES

- **-PJ Tot Shabbat** Friday, March 8 at 6:00 p.m.
- -CSTeens Dinner and Programming Wednesday, March 13 at 6:00 p.m. FOR ALL AGES
- **-Shabbat Dinner** Friday, March 1 at 6:00 p.m.
- -Jews, Comics and Superheroes w/ Mark Adler Sunday, March 3 at 10:00 a.m.
- -**Purimpalooza** Sunday, March 17 at 9:30 a.m.

FOR ADULTS

- -DJNF Israel@75 Exhibit w/Mike Smith Sunday, March 10 at 10:00 a.m.
- -Shir Tikvah Justice Series w/Special Guest, Peter Martel Sunday, March 10 at 12:39 p.m. (lunch)
- -Adult Purim Bash Saturday, March 23 at 7:00 p.m.
- **-History of Modern Israel on Zoom** Thursdays, March 7, 14, and 21
- -Adult Hebrew on Zoom Mondays at 7:00 & 8:00 pm
- -Mussar Study Group on Zoom Saturdays, March 2, 16 and 30 at 11:30 a.m.
- -Lunch & Learn with Rabbi Alicia Tuesday, March 19 at noon at CST
- -Grief Support Group on Zoom: Tuesdays, March 5 and 19 at 7:30 p.m.
- **-Toah Study on Zoom**: Saturdays at 9:30 a.m.
- **-Hope in Recovery** (AA) Group: Tuesdays at 8:00 p.m.
- -Executive Committee Meeting Wednesday, March 6 at 7:00 p.m.
- **-Board of Trustees Meeting** Wednesday, March 20 at 7:00 p.m.

F.Y.I.

For Your Information

Alicia Harris, Rabbi 248-649-4418 x2, alicia@shirtikvah.org

Arnie Sleutelberg, Rabbi Emeritus 248-649-4418 x106, <u>arnie@shirtikvah.</u> org

Officers:

President: Marcia Leibson

1st Vice President: Damon Goldsmith

2nd Vice President: Paul Blatt

Treasurer: Buck Baker Assistant Treasurer: Emiko Hayashi

Assistant Treasurer: Emiko Hayashi Corresponding Secretary: Bruce Sage Recording Secretary: Joan Firestone

Mailing Address

Congregation Shir Tikvah 3900 Northfield Parkway

Troy, MI 48084

Shul Office

Phone: 248-649-4418 Fax: 248-649-8236

Membership

Executive Director:Tessa Goldberg 248-649-4418 x1, tessa@shirtikvah.org

Family Education

Director of Lifelong Learning: Sarah Chisholm 248-649-4418 x3 sarah@shirtikvah.org

THE TOWN SCHRIER Published monthly except July

Articles/Ads

Email to tessa@shirtikvah.org by the 15th of the prior month. Rates for monthly ads: \$18 Bus. Card, \$36 1/4 pg., \$72 1/2 pg.

All events must be scheduled on the master congregational calendar. Email or call Tessa Goldberg for scheduling at 248-649-4418 x1 or tessa@shirtikvah.org.

Shul Office Hours Monday, Tuesday, Wednesday, Friday - 9:30 a.m.-3:00 p.m.

Family Ed Happenings Coming Up!

March is an incredibly busy month at Shir Tikvah. March 3rd at 10:00 a.m. Sundays @ Shul welcomes Mark Adler who will present, "We've Got Issues: Jews, Comics, and Superheroes". Mark is Associate Creative Director at Wongdoody Advertising.

He has written and created acclaimed and award-winning commercials and campaigns for Dodge, PlayStation, Amazon and Charles Schwab. He is not a professional comics historian. He is, however, an avid collector and lifelong comic book enthusiast from as early as he could read. He is also a proud Jew.

The morning of March 10 th at 10:00 a.m. plan to join Sundays @ Shul as Mike Smith of the Detroit Jewish News will share info on our Israel at 75 banners.

I am thrilled to share that March 10th our Social Justice series examining Mass Incarceration will continue with a luncheon and talk by Peter Martel of the American Friends Field Service. Mr. Martel will share his amazing story, including his long-term incarceration, his subsequent work on the staff of Michigan Supreme Court Justice Kyra Bolton, the very public backlash he experienced, and his current work with the American Friends Field Service where he leads their efforts to reform the criminal justice system. His enlightening and Inspiring presentation will include information about how we can all take part in the important work of criminal justice reform. We hope to see you there! Everyone is welcome, so feel free to invite family and friends to experience this special event.

March at Shir Tikvah means all things Purim! And for Family Ed that means we are already working and planning for our famous PurimPalooza Megillah reading, shpiel, and carnival. Volunteers are needed to help with the games, bouncy castle, prizes, face painting, pizza/hotdog lunch, setup and cleanup. We also need people to bake or purchase sweet treats for our cake walk. Please reach out to me if you have a couple of hours to spare. Remember, all families are welcome so feel free to bring cousins, friends, and grandkids.

Of course, Purim is a holiday for all ages. Rabbi Alicia and Tessa have been hard at work planning our adults-only Cuban themed Purim Bash. If you are like me and have no idea how to salsa dance, don't worry! They have arranged for dance lessons from 7:30-8:15pm. Open dancing with a DJ will continue until 11:30 pm.

None of these events is possible without help from our amazing Shir Tikvah community. If you have already signed up to help, thank you! If not, you absolutely still have time. Please email me and let me know what interests you.

Ľshalom, Sarah

Book Club Special Event!

Join us on Zoom at 3:00 Sunday, April 7 when we will be joined by author and Michigan native, Aaron Hamburger, to discuss his latest novel,



Hotel Cuba. Everyone is Welcome! You need not be a member of CST to participate in the book club. For Zoom info, future book club selections and other literary goodness, check out the Book Club Update page at bit.ly/cstreads

B'nai Mitzvah Onegs

The b'mitzvah oneg team is seeking volunteers to help with set-up and clean-up for b'nai mitzvah onegs. It's great way to meet friends, share in a simcha and help at shul. The hours are 9:00 a.m. to 1:30 p.m. on occasional Saturdays. Interested in lending a hand for these wonderful events? Contact Harriett Silverman at haihari@aol.com or Karen Redmond at ksredmond1645@icloud.com.





A Message from Your Membership Committee

The membership committee has been busy creating new events for CST members (and their friends) to enjoy.

- Please join us on March 1 for a delicious Shabbat **dinner prior to services**. We will enjoy homemade chicken, kugel and more There are also options for vegetarians, gluten and dairy free individuals
- On April 6 we are sponsoring a game night for both adults and kids. We will have snacks, pop and water but feel free to bring your own favorite snack and beverage.
- We hope to see you on **April 14** for or **Empty Bowls** Lunch after Family Ed, cosponsored by Membership Committee, Tikkun Olam Committee, and the Soup Troupe.
- We are very excited to announce the creation of a new Shir Tikvah Cookbook! It promises to have sections for vegan, vegetarian, and gluten and dairy free recipes in addition to sections for the holidays. Please send your favorite recipes to Marilynn Janiak by email at marilynnjaniak@gmail.com or on Facebook messenger. Please make sure your recipe is typed and indicate what section of the cookbook it best belongs to. For non-specialized recipes, just indicate if it's an appetizer, soup, salad, main course, or dessert. We would appreciate it if you could send these as soon as possible

We look forward to seeing you soon! -Joyce May, Membership Committee Chair



The JCC Maccabi Games® is the largest Jewish youth event in the world. From July 28 to August 2, 2024, our Detroit community will welcome 1,200 Jewish teens from across the globe. The Games involve thousands of members from our community, including 400 host families, 1,000 volunteers and 200 local athletes. www.MaccabiDetroit.com



Songregation Shir Tikvah

Mass Incarceration Series



Join us for our CST Mass Incarceration Series on March 10 and hear Peter Martel's amazing story. He went from prison to the Michigan Supreme Court and now works for the American Friends Field Service to change the criminal justice system. Learn how you can join this important cause.

All are welcome!

March 10th

12:30pm-2:30pm

CONGREGATION Shir Tikyah

PERSONAL PRODUCTS DRIVE FOR LIGHTHOUSE/SOS

Shir Tikvah's **Tikkun Olam Committee** continues our long commitment to **Lighthouse/SOS** this March!

DROP OFF TO CST

March 2nd & 4th and March 9th & 10th

WHAT YOU CAN DONATE

- Feminine Hygiene Products (all styles and sizes)
- Diapers all sizes, but especially 4T and up
- Pull-Ups sizes 3T/4T and 4T/5T
- Adult Incontinence Briefs all sizes
- Monetary donations to purchase the items above



THIS IS A DROP OFF EVENT! NO NEED TO GET OUT OF YOUR CAR. YOU ARE ALSO WELCOME TO STOP BY SHUL & DROP OFF ITEMS DURING WEEKDAY OFFICE HOURS.





SATURDAY, NOVEMBER 11 SATURDAY, DECEMBER 9* SATURDAY, JANUARY 20 FRIDAY, MARCH 8 @ 6** SATURDAY, APRIL 13

*CHANUKAH CELEBRATION
**PJ'S ENCOURAGED!

10 AM

3900 NORTHFIELD PARKWAY, TROY MI SHIRTIKVAH.ORG



Shir Tikvah









CST Empty Bowls Lunch Event

14 April 2024 Sponsored by the Tikkun Olam Committee, Membership Committee and Soup Troupe



Learn

Honor

Raising awareness of food insecurity and to support local food pantries

Sign Up to Bring a Soup, Salad or Bread \$5 Donation per person to support local food pantries



SPEAKER AT 10:00AM, LUNCH AT 12:00PM-AFTER FAMILY ED

Shir Tikvah



www.shirtikvah.org

CST is the Place to Be Sundays@Shul Check Out The March Lineup



March 3: We've Got Issues: Jews, Comics and Superheroes

Mark Adler, lifelong comic book collector and enthusiast, will share a presentation tracing the history of Jews in comic books and the Jewish roots of legendary comic book characters. Free and open to the public. A light breakfast will be served.



March 10: Israel at 75 with Mike Smith

Mike Smith, archivist of the Detroit Jewish News Foundtion will speak about the *Israel at* 75 exhibit.



March 17: Purimpalooza!!

Celebrate Purim CST Style with games, crafts, food, prizes and fun. Open to everyone of all ages. Feel free to bring friends and family to share in this fun tradition. Prospective members and their hosts get free lunch tickets. Costumes are encoraged. Volunteers are needed. Contact Sarah Chisholm at sarah@shirtikvah.org.

Virtual Access for Shabbat Services

Services are available via livestream. Go to www.shirtikvah.org to access our live-stream link or find us on Facebook Live or our YouTube Channel.

Facility Rentals

Looking for a warm, inviting and beautiful setting for your next simcha? Consider renting space at Shir Tikvah. For availability and more info, please contact Tessa Goldberg (tessa@shirtikvah.org)

Tree of Remembrance

A wonderful way to remember your loved ones is through the purchase of a leaf on our Tree of Remembrance, located in the front vestibule. Leaves are \$180 per name and can be purchased by contacting Tessa Goldberg (tessa@shirtikvah.org).



Cemetery Plots at Oakview Cemetery

Did you know that as a CST member you have access to a special rate for cemetery plots in the Shir Tikvah section of Oakview Cemetery? Contact Tessa Goldberg (tessa@shirtikvah.org) to learn more about this important benefit.

Hope in Recovery AA Group

CST hosts an Alcoholics Anonymous group that meets on Tuesday nights starting at 8:00 p.m. All people who are involved in any 12-step program are welcome to attend. If you think you may have a substance abuse issue or someone you love may have an issue, please feel free to attend. For those who desire more information about the meeting, or about AA or addiction, please feel free to email <a href="https://docs.nih.gov/host-feel/host-

Israel Trip Postponed

Rabbi Arnie and Robert have postponed the CST trip to Israel until the spring of 2025. Keep an eye on future Schriers and eblasts for more information as it becomes available.

Every Little Bit Counts!

Help Shir Tikvah Earn Donations with Your Everyday Shopping



Did you know that you can link Shir Tikvah to your **Kroger Rewards** card and Kroger will give 5% back to CST? Simply go to krogercommunityrewards.com and sign in or create an account. Then, under "Account Summary," go to "Edit Community Rewards"

and enter our ID #82673.

Don't forget when you shop for toys that we have partnered with **Toyology Toys**. Every time you shop at **Toyology Toys** or on **www.toyologytoys.com** and mention "Shir Tikvah" by name you are directly helping our congregation. Please remember, you MUST mention Shir Tikvah when checking out at Toyology for us to receive the 10% reward! When shopping online, make sure you type in the code: shirtikvah10 for us to receive the credit for online purchases.

Grief Support Group

Shir Tikvah has a support group for anyone who has lost a loved one. Meetings are held by Zoom monthly on the 1st and 3rd Tuesday at 7:30 p.m.

Loss is hard and can result in confusing and difficult emotional experiences. Grief support groups can be extremely helpful in the grieving process. We invite anyone who has suffered a loss to be a part of this group. The group is led by Joyce May M.A. L.L.P. It will be completely confidential. If you have any questions or are interested in participating contact Joyce at joyceandrickmay@gmail.com or at 248-756-3883.

A Note From the Never Again Committee

The Never Again committee wishes to thank each of you who donated supplies, funds, and your time to help us send needed supplies to Israel's Defense Forces Your contributions are sincerely appreciated Shir Tikvah is a small congregation but collectfully we have a giant heart Thank you again for all of your support!

