

November Service Schedule

Masks are optional for in-person attendance.
Livestream with us at shirtikvah.org.

Friday, November 4
Short & Sweet Service: 6:15 p.m.
Candle Lighting: 6:04 p.m.

Saturday, November 5
Torah Study: 9:30 a.m.
Bar Mitzvah of Elliott Blatt: 10:00 a.m.
Parsha: Lech L'cha

Friday, November 11
Short & Sweet Shabbat Service with
Supper & Schmooze
to Follow: 6:15 p.m.
Register at shirtikvah.org
Candle Lighting: 4:56 p.m.

Saturday, November 12
Torah Study: 9:30 a.m.
B'nai Mitzvah of
Eli and Oliver Kaplan: 10:00 a.m.
Parsha: Vayeira

Friday, November 18
Shabbat Service: 7:15 p.m.
Candle Lighting: 4:50 p.m.

Saturday, November 19
Torah Study: 9:30 a.m.
No Service at CST
Parsha: Chayei Sarah

Friday, November 25
Mary Chezick to Lead Service: 6:15 p.m.
Candle Lighting: 4:45 p.m.

Saturday, November 26
Torah Study: 9:30 a.m.
No Service at CST
Parsha: Tol'dot

A Short and Sweet Shabbat Service
Followed by...

SUPPER & SCHMOOZE

Friday, November 11th
6:15 Service
7:00-ish Supper & Schmooze

Main course of roast chicken
& mac n' cheese
Plus sides, salads and desserts
potluck style!

Dinner,
Games for all ages,
Adult social hour

Please RSVP by 11/09 at:
ShirTikvah.org

REMEMBER ONEGS??

It's time to bring them back!

We're looking for individuals, groups, and committees to sponsor or help with Friday night onegs/prenegs. Pick a theme, mark an occasion, or do it just for fun!

To find out how, call Patty at 248-219-6615 or email president@shirtikvah.org

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Congregation Shir Tikvah
Shabbat Prayer Opportunitites

At CST, every Shabbat contains a Friday night service. Saturday morning services are held at least once per month. Please check the calendar of services for exact service times each weekend or go online to www.shirtikvah.org/events.

Friday Night Services:

6:15 p.m. Short & Sweet Service

“Short and Sweets” are designed for a more traditional Shabbat experience while still offering our unique Shir Tikvah spirituality. These services only last 45 minutes so that you can head home or out to eat for Shabbat dinner and are preceded by a “preneg,” a light snack to tide you over. There is no oneg following the service.

7:15 p.m. Music Shabbat

Full of singing, dancing and Shabbat warmth, these services are informal, high-energy, and perfect for both adults and children. This service is followed by an “oneg” of coffee, refreshments and desserts.

7:15 p.m. Traditional Service

Geared towards adults (though open to children as well), this service contains more liturgy than the other services and an in-depth sermon or Torah discussion. This service is followed by an “oneg” of coffee, refreshments and desserts.

Tot Shabbat Service

Our Tot Shabbat service is a prayer experience geared toward children 7 years old and younger and their families. Full of music, movement, and age-appropriate teaching, these services are scheduled throughout the year on varying Friday nights or Saturday mornings. Fridays begin at 6:15 p.m. and Saturdays at 10:00 a.m. and last approximately 30 minutes. Fun crafts and kid-friendly snacks follow the service in our Tikvah Explorer's classroom.

Saturday Morning Service

These are led by our bar/bat mitzvah young adults, offering an incredible opportunity to see the in-depth training Shir Tikvah offers its Family Education students and the wonderful individuality that each 13-year old brings to prayer and Torah study. We also occasionally have Tot Shabbat services on Saturday mornings. This service is followed by an “oneg” of coffee, refreshments and desserts, or in the case of a Tot Shabbat, a kid-friendly oneg with crafts.

Rabbi's Corner

Dear friends,

First and foremost, I want to thank each and every one of you who helped with the holidays. They were wonderful and I feel so proud to be a part of the CST community. I hope you are feeling refreshed, recharged, rejuvenated, and ready for this new year. With the month of Cheshvan upon us, please find your way back to Kabbalat Shabbat on Friday evenings, and join us for the joy of Sundays @ Shul for intergenerational learning and fun! Plus we have B'nai Mitzvah services this month as well, to which the whole community is invited!

After Simchat Torah, I always feel so grateful for the chance to look at the Torah with fresh eyes. We start at the beginning and read the same stories of our people, but we are so different. Every year the meaning and the impact of the text changes. Not because the words of the Torah change, but because we change. This year I pray we will be able to look at the Torah with bright eyes and open hearts and be willing to learn a new angle, a different lens, a change in direction in some way.

May this be a year of justice, love, compassion, and peace.

My very best wishes you for a wonderful 5783. May it be healthy and happy.

L'Shalom,

Rabbi Alicia



Rabbi Alicia's Installation Tzedakah Project Reminder

We are just past the halfway point of our tzedakah project to celebrate Rabbi Alicia's installation. HIAS continues to do important work throughout the world. Please continue to add to your special CST tzedakah box. If yours is already full or your need one, please reach out to Deb Yamstein. [Click here](#) to read more about HIAS and the work they do.

Lunch and Learn with Rabbi Alicia

Tuesday
November 8
at Noon

If accessibility needs preclude attending in-person, please register at shirtikvah.org to request a private link.

CONGREGATION
Shir Tikvah



Thoughts from our President

Editor's Note: We have had many request to share transcripts of the President and Vice President's High Holiday speeches. Please read on for Patty's speech which continues onto page 8 and Paul's Vice President speech can be found on page 9.



Hello. It's wonderful to be with you. I am so grateful to be sharing this experience with you and that you are choosing to be here, whether in person or virtually.

As you know, I enjoy many perks and privileges as president of CST. OK, I don't have a limousine or a helicopter, or a fancy office ... or a paycheck, but I get to speak at the 3rd High Holiday service, which means that I get to talk with you tonight, after we have all had the opportunity to listen to and reflect on 3 sermons by Rabbi Alicia as well as Paul's excellent talk from Erev Rosh Hashanah. If you were not able to hear what they had to say last week, I urge you to take a look at the recordings on YouTube. I found their words to be powerful and inspiring and I trust that you will too. And what's more, they helped me to crystalize and deepen my thinking on a number of important topics, a few of which I had planned to talk about tonight. So, thanks!

Just to recap a bit: In his talk, Paul described - along with the prodigious hockey prowess of his 10-year-old self - the very human impulse to return to or recreate the familiarity of the past. But as he pointed out, that is not possible and, if we think about it, not even desirable.

First and foremost, Rabbi Alicia and Paul inspired me to think about the importance of familiarity and memory as well as the inevitability of change. Festivals and holidays are a way for us to anchor ourselves in time. When we are with those we hold dear, saying the same prayers, chanting the same special melodies, and engaging in the same rituals, we recognize both what endures and what is different as each year passes. This blend of familiarity and change is what characterizes the High Holidays for me. That balance between the known and the new, between comfort and discomfort, is different for each of us at this moment, and that balance changes every year. For so many reasons, for me, this year is radically different from last year, and yet, being here with all of you, I feel completely at home. This - RIGHT HERE - is the embodiment of the sacred community Rabbi Alicia spoke about in her sermon last week. As she reminded us, it is up to each of us to keep this sacred community alive and healthy.

(continued on page 8...)

Torah Study Group on Saturday Mornings

Our torah study group is virtual and would love for you to join in for learning and discussion on most Saturday mornings at 9:30 a.m.

We hope you'll consider participating!
Meeting ID: 801 144 989 Password: 648025

CALENDAR OF EVENTS FOR NOVEMBER

FAMILY EDUCATION

Sundays: Nov 6, 13, 20
Tuesdays: Nov 1, 15, 29

FAMILY ACTIVITIES

Walking Group:
Family Ed Sundays at 12:30 p.m.
Shabbat, Supper & Schmooze: Friday, November 11 at 6:15 p.m.
Project Light One Candle:
Pick Up Tags: Friday evening, November 11, Sundays mornings, November 13 & 20
Drop off Gifts: Friday evening, December 2 and Sunday morning, December 4

ADULT EDUCATION

Adult Beginner Hebrew:
Mondays at 7:00 p.m.
Adult Intermediate Hebrew:
Mondays at 8:00 p.m.
Lunch & Learn with Rabbi Alicia:
Tuesday, November 8 at 12:00 p.m.
Sundays @ Shul Adult Ed & More:
- Drop in Mahj: November 6 @ 10:00 a.m.
- Reproductive Rights through a Jewish Lens, Bring-Your-Own Lunch and Learn with Dr. David Eisenstein and Rabbi Alicia
November 6 @ 12:15 p.m. to 2:00 p.m.
- Film Screening: Social Justice Documentary, with Carrie Keough
November 13 @ 10:00 a.m.
Gratitude Coffee Bar & Schmooze plus
Drop in Mahj: November 20 @ 10:00 a.m.
Sunday Sighet:
Sunday, November 20 at 4:00 p.m.

ADULT ACTIVITIES

Hope in Recovery (AA) Group:
Tuesdays at 8:00 p.m.
Coffee and Kibbutz:
Thursdays at 4:00 p.m.
Grief Support Group:
Thursdays at 7:00 p.m.

COMMITTEE MEETINGS

Executive Committee Meeting:
Wednesday, November 2 at 7:00 p.m.
Board of Trustees Meeting:
Wednesday, November 16 at 7:00 p.m.

Check us out online for updates at:
shirtikvah.org/calendar

High Holidays Speech by CST President, Patty Rehfus, Continued. .

As my friends and family know, I am not a worrier. Some of them have tried very hard to convert me into one, but they have not succeeded - at least not yet. That said, I do take my responsibilities seriously and I spend a considerable amount of time and energy thinking about this place and you all and the obligation to honor the legacy of those that came before us and the many challenges we face at this “interesting” time in our history. And sometimes - occasionally - I understand why some people might worry about things. The funny thing is, I never have that feeling when I’m actually here with you - whether it’s in the building or in the parking lot or at camp, or on Zoom. Whenever and wherever we are together, we create a sacred space. And the more of us that are engaged in creating those spaces and experiences, the more powerful and beautiful they become.

So, echoing the wisdom of Paul and Rabbi Alicia, I encourage you to consider how you will engage with our community in the coming year. Not sure how? Here are 18 ideas:

Attend Friday Night Services

Come to a virtual book club meeting.

Attend a Sunday morning adult ed session.

Share your time and talent by teaching an adult ed session

Hang out in the lobby and chat with other parents while your kids are in Sunday school

Join a committee

Call a congregant you haven’t seen in a while and invite them to come to a service or event with you

Participate in a young family Chavurah event or an event organized by our amazing Membership committee.

Volunteer to sponsor or help with an oneg.

Join a Zoom information session hosted by the board

Support the work of our Soup Troupe

Call Rabbi Alicia to ask a deep Jewish question and/or invite her out for coffee

Take a walk with Faye’s Sunday afternoon walking group

Participate in one of the Social Justice learning opportunities happening later this year

Participate in our Musician-in-Residence weekend this spring

Come to the Sukkot Service and pizza (in the hut) dinner next Sunday.

Participate in Simchat TorahFest with Klezundhiet on Sunday, October 16.

Invite your friends and family members to come along to any of the above so that they can experience all that CST has to offer.

I realize this is an incomplete list. I encourage you to add to it. Please! If you have items to add, post on Facebook, shoot me an email, tell your friends.

Because here’s the point of all of this: When we are together, we experience and build on our strength, our diversity, our energy, our curiosity, our compassion, our commitment to justice and the love that we have for one another, and for this holy community. We co-create this holy community. We create memories and relationships that will last a lifetime. These are the things that will sustain us, individually and collectively. These are the things that will enable us to find our way forward - together.

L’Shanah Tova.



High Holidays Speech by CST Vice President, Paul Blatt

In late August while at Camp Tikvah on Shabbat morning along the coast of Lake Huron, I was looking for a place to nap and made the wrong turn and there they were. Oops I meant to say, I had the chance to study with Rabbi Alicia and others. It was beautiful. As we were reflecting and entering a truly meditative state, Rabbi Alicia encouraged us to grab a pen and paper and allow for thoughts to flow about Tshuvah- to return.

And after all that we have been through over the past few years. My mind wanted to return to February 2020, to the way life was. The trauma that we have experience has been enormous. Each of us has stories of what happened the first few weeks, what we have lost, what we missed that we can't get back. Sadly, I have seen too many people that have never left this time. They are stuck, waiting for someone to give them permission to unpulse, somebody to press a button to allow them to restart. They are unable to move forward. Some of us have started to move forward, only to realize that we have to move back again. So many false starts. Can we be brave enough to restart again? Can we trust that this time we can move forward, return to normal. Normal is such a weird state of mind. Normal lives in the past. Normal is nostalgia, a fond remembrance of a sense of safety. Normal is comfort. Normally, normal is a narrative that we tell ourselves what we need to hear and believe.

As a waves crashed on the shores and small children were laughing. I started thinking why would I possibly want to return to February 2020. If I am going to get stuck in nostalgia, in the past, why not go back to a different significant time. I am going back to be stuck in February 1980. A glorious time is history. Some of you may be saying to yourself February 1980, oh Lake Placid winter Olympics, the miracle on ice. The day the young amateur American hockey team beat the Russians. That was a glorious day, but if I am going to get stuck, I'm going back to days later being stuck with the Oak Park U10 orange team (we didn't even have a name). This was a day of infamy. The Oak Park orange team that struggled throughout the season to eek out a win, but on this day, they beat the Berkley team 2-1 in Districts. They beat the team that had beaten them 3 times earlier that season. The game that went to a shoot out. The Oak Park goalie stood on his head. The goalie made saves that had never been made before. The goalie was an incredible human who brushed his teeth at least once a week. Yes, you guessed it. I was the goalie sitting on the bench watching these heroics. No, it was me.

You can see why that is a time to want to return to, and it was about that moment Rabbi Alicia brought the group together. She helped us to return to camp.

It was right then I realized that I had not taken a breath in weeks, months, years. I had not afforded myself the chance to breathe in life and all the life has to offer.

We are entering the days of awe. The days to reflect. The days to return, tshuvah. Please take the time to take a breath, for yourself. A deep gut felt breath that you deserve. It is much harder than you think, but if you can, it is worth it. Breathe in the good and let out the bad. Return to the present and move forward - Kadima.

As you are reflecting on returning, consider returning to our community here. Shir Tikvah has meant so much to our family. The 20 years of attending camp, the years before building, bringing our infant children here to share our joy, young family chavarah, watching the kids grow up in family ed, dinner groups, b'nai mitzvots and Friday night Shabbat services. Friday night shabbat that allowed us to slow down, breath and return to center.

Consider attending an event, take a class or join a committee. Consider returning to a Friday night service. Consider returning to our community. We make such incredible magic when we are here together. Consider returning to your home. Return again, return again, return to the land of your soul.

Good Yontif,

Paul

F.Y.I.

For Your Information

Alicia Harris, Rabbi

248-649-4418 x2, alicia@shirtikvah.org

Arnie Sleutelberg, Rabbi Emeritus

248-649-4418 x106, arnie@shirtikvah.org

Officers:

President: Patricia Rehfus

1st Vice President: Julie Stern

2nd Vice President: Paul Blatt

Treasurer: Buck Baker

Assistant Treasurer: Emiko Hayashi

Corresponding Secretary: Bruce Sage

Recording Secretary: Marcia Leibson

Mailing Address

Congregation Shir Tikvah

3900 Northfield Parkway

Troy, MI 48084

Shul Office

Phone: 248-649-4418 Fax: 248-649-8236

Membership

Executive Director: Lorelei Berg

248-649-4418 x1, loblei@shirtikvah.org

Family Education

Director of Lifelong Learning

Sarah Chisholm: 248-649-4418 x3

sarah@shirtikvah.org

THE TOWN SCHRIER

Published monthly except July

Articles/Ads

Email to loblei@shirtikvah.org by the 15th of the prior month.

Rates for monthly ads:

\$18 Bus. Card, \$36 1/4 pg., \$72 1/2 pg.

All events must be scheduled on the master congregational calendar.

Email or call Lorelei Berg for scheduling at 248-649-4418 x1 or loblei@shirtikvah.org.

Shul Office Hours

Monday-9:30 a.m.-2:30 p.m.

Tuesday-Remote Office Hours Only

Wednesday-9:30 a.m.-2:30 p.m.

Thursday-Remote Office Hours Only

Friday-9:30 a.m.-2:30 p.m.

Family Ed Happenings:



When I sat down to write this article, I have to admit I was in shock over how someone I love was recently treated. They were verbally abused in a place that should have been safe and loving. With greater frequency I am witnessing people reacting to relatively minor situations with anger, harsh spiteful words, verbal attacks, and a general lack of empathy and respect. I've heard these comments dismissed and minimized with excuses such as, 'oh people no longer know how to talk to each other now that they are back from isolation.' Or, 'it's not ok but remember these are people dealing with a lot of stress,' and even, 'well they've got a good heart and they are just passionate.' When did we lose the assumption that most of the time everyone is doing the best they can? Why are we not treating others with the same respect we know we deserve? What happened to stopping, listening, and trying to understand? Assuming the best?

These questions took me down a path of trying to understand empathy, and what we need to do pull ourselves out of this race to the bottom. This conversation about fostering an empathic community is personally important but also something I take seriously in my role at Shir Tikvah.

For over 15 years Stanford psychologist Jamil Zaki has studied how to help people cultivate empathy. According to the Cambridge English Dictionary, empathy is the ability to share someone else's feelings or experiences by imagining what it would be like to be in that person's situation. According to Zaki, being empathic benefits everyone. For example, empathic people are happier than their peers, excel at work, and have happier and more productive employees.

Contrary to popular science of the early last century, empathy is not a trait you are either born with or without. Empathy can be learned and we can grow it on purpose with commitment and practice. Do you dismiss someone who disagrees with you or do you engage them and try to understand why they feel the way they do? Do you stop to ask why people are doing their job the way are? Why they've made the decisions that they did, even if it wasn't what you might have chosen? Zaki states, when ideas, values, or feelings clash, empathy is too hard and we abandon it all together. Unfortunately, this is what so many of us has witnessed recently.

With the political climate, years of covid isolation, and the general craziness of people's lives, how can we train ourselves to resist the negativity and find our empathic skills? First, just by acknowledging that empathy is a skill to be honed and not a trait to be inherited you are one step ahead. Studies have shown when people understand empathy is a skill and not an inherited trait, they work harder at it and have greater success. I invite you to watch Zaki's TED talk, filmed a couple of years pre-covid, and learn more about practicing and honing your empathy skills ([link below](#)). Particularly impactful to me were the examples of professionals using empathy training to combat police violence and also, a group of former white supremacists who are using the empathic practice to teach love and fight hate. As Zaki stated, "empathy can bloom even in barren soil."

As we emerge from the pandemic can we find room for empathic practice in today's world? Last year Zaki recorded a message about our ability to come back better and stronger from trauma ([link below](#)). Psychologists have long described trauma is a psychological earthquake. Most of us have heard of PTSD Post Traumatic Stress Disorder but there is also PTG or Post Traumatic Growth. The example Zaki gives is the horror of a building that collapses in an earthquake. The trauma is real and terrible, but we use the knowledge to build the apartment back stronger and better. He goes on to state that an insidious thing about the trauma of the covid pandemic is that it's not a bomb or a tsunami causing the trauma... it's making us afraid of each other.

In order for PTG to succeed, we need to ask: what can I do, in this moment, to help other people? None of us can dismiss what we have collectively been through as a result of the pandemic, but our community depends upon us emerging with a mindset of empathic post traumatic growth – listening to one another, considering each other's feelings, and truly remembering that we are all doing our best. [TedTalk: We're Experiencing an Empathy Shortage](#) [Building a Better Normal](#)

Sarah

Sisterhood Speaks



Our Sisterhood Book Club continues to flourish. There's no time like to present to get involved. Great friends, great reads, great times!

Coming up in December! Join us on Zoom at 3:00 Sunday, December 4 when we will discuss *Immodest* by L.S. Einat. Deborah Schmidt will facilitate the discussion. [Click here](#) to learn more about this book. Everyone is Welcome! You need not be a member of CST or Sisterhood to participate in the book club. If you know someone who would enjoy reading and discussing with us, share this information with them.

If you are not on the bookclub mailing list and would like to be, please reach out to at sisterhood@shirtikvah.org.

Sisterhood is also seeking volunteers to help with set-up and clean-up for b'nai mitzvah onegs. It's great way to meet friends, share in a simcha and help at shul. The hours are 9:00 a.m. to 1:30 p.m. on occasional Saturdays. Interested in lending a hand for these wonderful events? Contact Harriett Silverman at haihari@aol.com or Karen Redmond at ksredmond1645@icloud.com.

IT'S NOT TOO LATE TO SIGN UP FOR ADULT HEBREW CLASSES

Get ready to begin or resume to learn to read Hebrew with our own CST member, Marcia Leibson. This year, classes will be held on Monday evenings, some weeks at Temple, some weeks on Zoom only, but Zoom is always an option every week!

The Beginning Class is for those who never learned Hebrew or took it so long ago they don't remember it! That class will be from 7 - 8 p.m. The book for this class is *Aleph Isn't Tough*. The Intermediate Class is for those who know how to read but need to brush up on their speed and accuracy. That class will meet from 8 - 9 p.m. The book for this class is *Aleph Isn't Enough*.

The cost is \$125 for members and \$150 for non-members for an individual class, or for both classes \$200 for members and \$250 for non-members. Registration is live at shirtikvah.org.

Please reach out to Marcia at auntiestan@aol.com with Hebrew in the subject line.

Sisterhood Tikkun Olam Projects

The Soup Troupe continues to provide hearty and healthy soups and casseroles to the Lunch Program at Royal Oak First United Methodist Church. Our partners and friends at ROFUM are so appreciative of our contributions to the underprivileged folks they serve!

If you're able to help us continue this mitzvah, checks to "CST Sisterhood" with "Soup Kitchen" on the memo line would be greatly appreciated. If you have any questions, please contact Karen Sage at (248)227-4697 or at the.sages@comcast.net.

COFFEE & KIBBITZ SOCIAL GROUP

The air is turning chilly and the leaves are starting to fall. Why not grab a warm coffee, find a comfy chair and a fluffy blanket, and join us for an hour or so of great conversation!

5 Reasons to stop by the Coffee & Kibbitz Virtual social group:

Reason #1.) This is the easiest way to meet new people at Shir Tikvah and to find out first hand what a friendly and fun community of people we are!

Reason #2) If you need a laugh, we've got a laugh for you! If you need an ear, a friend or encouragement, we've got that for you too!

Reason #3.) It's the perfect reason to sit down and relax for an hour. (Snacks welcome!)

Reason #4.) We have interesting, inspiring conversations about all kinds of things. Everyone can throw out a topic and you always learn something new.

Reason #5.) You'll leave each week feeling full of friendship in your life.

So what are you waiting for!?! We would love to have you join us! Coffee & Kibbitz meets every Thursday afternoon at 4:00 p.m. over Zoom. ***Potential members*** - please please join us!! We would absolutely love to have you stop by. Contact our executive director Lorelei Berg at: info@shirtikvah.org and she would be more than happy to supply the link.



Sundays @ Shul!

Adult Ed programming at Shir Tikvah

Nov. 6th
10am



Drop-in Mahj

Also
Nov. 6th
12:15pm



Reproductive rights through a Jewish lens- lunch & learn, with Dr. David Eisenstein and Rabbi Alicia Harris

Nov. 13th
10am

Film screening of a social justice documentary facilitated by Carrie Keough



Nov. 20th
10am

Gratitude Coffee Bar & Schmooze plus drop-in mahj



For information & to register, please go to:
ShirTikvah.org



*The Sundays @ Shul events are designed for in-person, indoor attendance, unless otherwise noted. If accessibility needs preclude attending in-person, please request a private link for virtual access in the notes section at registration.

Rabbi Arnie Invites Shir Tikvah to a Zoom Lecture Series

Congregation Beth Shalom of Traverse City and the Ravitz Foundation are pleased to announce our Fall/Winter speaker series. All speakers have Michigan connections. The lectures with question/answer opportunities will take place via Zoom ([click this link](#)) and will run from 7:00-8:15 each of the evenings listed below.

Tuesday, November 1, 7-8:15:

Rabbi Matt Green – The Value of Yearning – We can't always get what we want.

That was true before the pandemic, but the past couple of years has cast yearning into sharp relief. This session will explore the way that yearning operates in Jewish tradition, using medieval and modern texts to show how yearning may even be core to the genius of Judaism.

Rabbi Green is the Associate Rabbi of Congregation Beth Elohim in Brooklyn, NY. He serves as the director of Brooklyn Jews, CBE's community of young Brooklynites looking for connection to Jewish culture, time and ritual. A born and raised Michigander, Matt holds a B.A. in History from University of MI. He was ordained by Hebrew Union College in New York where he was a Tisch Fellow. In 2018 he was named the New York Jewish Week's "36 Under 36," leaders to watch, and in 2019 he was the MC of the URJ's Biennial conference of 5,000 Reform Jews.

Wednesday, November 16, 7-8:15:

***Reflections on My Life as a Rabbi* - Rabbi Sally J. Priesand**

North America's first female rabbi, Rabbi Sally J. Priesand was ordained in June, 1972, by Hebrew Union College-Jewish Institute of Religion in Cincinnati, OH. Following ordination, she served for seven years at Stephen Wise Free Synagogue in New York City and two years at Temple Beth El in Elizabeth, New Jersey. In 1981, she became Rabbi of Monmouth Reform Temple in Tinton Falls, New Jersey becoming Rabbi Emerita upon her retirement in 2006.

Nationally, she has served on the Executive Board of both the Central Conference of American Rabbis and the Union of Reform Judaism. She also served as a member of the Board of Governors of HUC-JIR, as President of the Rabbinic Alumni Association, and for three years as editor of the CCAR Newsletter. Locally, she is President of Interfaith Neighbors, an organization whose primary purpose is to provide rental assistance and support services for the working poor.

A native of Cleveland, Ohio, Rabbi Priesand lives in Ocean Township, New Jersey. She is a contributor to many books, including *The Sacred Calling: Four Decades of Women in the Rabbinate*, a winner of the National Jewish Book Award. She also enjoys speaking to congregations around the country, telling her story and that of Regina Jonas, the world's first woman rabbi.

Wednesday, December 7, 7-8:15:

Rabbi Charlie Cytron-Walker – January 15 and the Need for Hospitality and Security –

Charlie Cytron-Walker became the new rabbi at Temple Emanuel in Winston-Salem, NC on July 1, 2022. Rabbi Charlie arrives at Temple Emanuel with a history of working to bring a sense of spirituality, compassion, and learning into the lives of the community. He loves finding a connection with people of every age and strives to welcome all who enter the congregation, from interfaith families to LGBT individuals and families to those seeking to find a spiritual home in Judaism.

He previously served at Congregation Beth Israel in Colleyville, TX since 2006. He was the congregations first full-time rabbi. On January 15, 2022 Rabbi Charlie and three congregants were held hostage by a gunman in the sanctuary. After an 11-hour standoff, all the hostages were able to escape when Rabbi Charlie threw a chair at the gunman. Since then he has spoken out on the importance of security training for religious communities, and especially small congregations, as well as the need to build stronger bridges between faith communities, especially on a local level.

Rabbi Charlie is a MI native and graduate of University of MI in 1998. He attended Hebrew Union College in Cincinnati. As a student rabbi he served congregations in Ishpeming, MI, Fl and OH.

Wednesday, January 11, 7-8:15:

Rabbi Fred Scherlinder Dobb

– ECO-MUSSAR: JEWISH ETHICS AND SPIRIT, AGAINST CLIMATE CATASTROPHE

Mussar – the strand of Jewish thought that centers spirituality and ethics through self-awareness – can help us face the great issues of our day. And no challenge looms larger than climate change. Our focus and specific middot (attributes) that Mussar bids us to strengthen within us, and our encounter with Mussar’s practices and understandings, will enhance our Jewish journeys – while goading and guiding us toward the sacred work of becoming better ancestors.

Rabbi Scherlinder Dobb has served Reconstructionist Congregation in Bethesda, MD for 25 years since graduating from the Reconstructionist Rabbinical College in 1997. Along the way he also earned a Doctor of Ministry from Wesley Theological Seminary. Fred serves on the national board of Interfaith Power and Light, and chairs the Coalition on the Environment and Jewish Life. Past President of the Washington Board of Rabbis, and a Wexner Graduate Fellow. Fred writes and educates widely on Judaism and social environmental justice; a native of Michigan, he lives in Washington, DC with his wife Minna Scherlinder Morse and their two children.

Virtual Access for Shabbat Services & Torah Study

Services are exclusively available via livestream. Go to www.shirtikvah.org to access our live-stream link or find us on Facebook Live or our YouTube Channel.

Zoom info for torah study:

Meeting ID: 801 144 989 Password: 648025

Call in for all at 929-205-6099

Oneg Duty-

Remember onegs? It's time to bring them back! We're looking for individuals, groups, and committees to sponsor or help with Friday night onegs/prenegs. Pick a theme, mark an occasion, or do it jsut for fun! To find out how, call Patty at 248-219-6615 or email president@shirtikvah.org.

Facility Rentals

Looking for a warm, inviting and beautiful setting for your next simcha? Consider renting space at Shir Tikvah. For availability and more info, please contact Lorelei Berg.

Tree of Remembrance

A wonderful way to remember your loved ones is through the purchase of a leaf on our Tree of Remembrance, located in the front vestibule. Leaves are \$180 per name and can be purchased by contacting Lorelei Berg.



Cemetery Plots at Oakview Cemetery

Did you know that as a CST member you have access to a special rate for cemetery plots in the Shir Tikvah section of Oakview Cemetery? Contact Lorelei Berg to learn more about this important benefit.

Detroit Jewish Book Fair 2022

CELEBRATING THE ART OF JEWISH STORYTELLING

November 1-13, 2022

Detroit Jewish Book Fair

Every Little Bit Counts!

Help Shir Tikvah Earn Donations with Your Every Day Shopping

Did you know that you can link Shir Tikvah to your Kroger Rewards card and Kroger will give 5% back to CST? Simply go to krogercommunityrewards.com and sign in or create an account. Then, under "Account Summary," go to "Edit Community Rewards" and enter our ID # 82673.

We also participate in the AmazonSmile program, by which Amazon.com shoppers would have to go to smile.amazon.com and select Congregation Shir Tikvah as the charity they want to support. Eligible purchases made through this site would generate a .5% donation back to Shir Tikvah!

TOYOLOGY TOYS

Don't forget when you shop for toys that we have partnered with Toyology Toys to be part of their Kickback Program. Every time you shop (at anytime during the year) at Toyology Toys or on www.toyologytoys.com and mention "Shir Tikvah" by name you are directly helping our congregation. Please remember, you MUST mention Shir Tikvah when checking out at Toyology for us to receive the 10% kickback! When shopping online make sure you type in the code: shirtikvah10 for us to receive the credit for online purchases.



Grief Support Group

Shir Tikvah has formed a support group for anyone who has lost a loved one. Meetings are held by Zoom on the 1st and 3rd Thursday of each month at 7:00 p.m.

Loss is hard and can result in confusing and difficult emotional experiences. Grief support groups can be extremely helpful in the grieving process. We invite anyone who has suffered a loss to be a part of this group. The group is led by Joyce May M.A. L.L.P. It will be completely confidential. If you have any questions or are interested in participating contact Joyce at joyceandrickmay@gmail.com or at 248-756-3883.

SHIR TIKVAH VOLUNTEER SPOT

We are who we are because of the tremendous willingness of our members to "roll up their sleeves" and lend a hand. Want to help? please contact Lorelei Berg at lorelei@shirtikvah.org or (248) 649-4418x1 to sign up. Here's what we have:

Check out our ongoing efforts in the Sisterhood and Tikkun Olam sections for info on how to help with b'nai mitzvah onegs, collecting food for those in need and much, much more!

Sarah is always in need of helpers for Family Ed! Reach out to her at sarah@shirtikvah.org if you have time to spare!



Congregation Shir Tikvah

A Reform Renewal Shul
Warm. Spiritual. Totally Welcoming.
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www.shirtikvah.org

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Please mail to: Congregation Shir Tikvah 3900 Northfield Parkway, Troy, MI 48084 or www.shirtikvah.org