



SHABBAT OUT OF THE BOX **Five with the Tribe!**

Celebrating our 5th year of creative and interesting activities to inspire your Shabbat experience.

Registration is required. Locations vary.
Outdoor activities are weather permitting.

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Hiking to Celebrate the Wonders of Nature

October 14, 2023 10:00am - 11:30am

Register by October 12 to get location Shabbat is a special time to enjoy nature and be grateful for the world around us. Join Lisa Knicos for a hike as we get our heart rates up and notice the beauty of the world that surrounds us. Open to all ages.

Joining Hands, Helping Others

November 18, 2023, An Installation event

Register by November 15

Torah Study: 9:30am-10:30am; Hamsa making 10:30am-11:30am Come spend the morning together as we honor Rabbi Tornberg's installation, her role in guiding and inspiring us, and our commitment to the Jewish community. We will study Torah, partner with Jewish Family Service on a mitzvah project and make hamsas, a symbol of protection and the hand of God. The hamsas will then be hung throughout KI to remind us of our obligation to provide "helping hands" to those in need and as a testament to the strength of our community. Light lunch to follow. Ages 10 to 100.

Card Making for our Community

December 9, 2023 10:00am-11:00am

Register by December 7

Last year we partnered with Jewish Family Service and brought Hanukkah cheer to more than 135 members of the Lehigh Valley Jewish community. Join Lynda Pollack once again for a morning of fun, creativity, and kindness as we continue our Hanukkah card making tradition. Art supplies will be provided. Note: Women of KI will be making cookies to include with the cards. We invite you to participate in this as well. Ages 7 to 100.

Sing for your Supper

January 13, 2024 5:00pm-8:00pm Register by January 8 with Potluck Offering Join Jan Herzog, Donna Fisher and Alan Salinger for a Havdalah service, sing-a-long and potluck dinner. Come ready to sing, hum along or tap your feet to musical choices from the Rise Up song book of popular and familiar folk songs. No singing experience necessary - come ready to have fun and enjoy! Open to all ages. Bring your family and friends.

Rise to the Occasion: Let's Bake Some Bread!

February 10, 2024 10:00am-2:00pm

Register by February 3 Join our very own master baker, Martina Obenski, as we spend the morning together making Kubaneh, traditional Yemenite bread. One of the most famous Shabbat breads in Israel, Kubaneh are pull-apart yeasted rolls that have been served in Sephardic and Misrahi communities for centuries. Supplies, lunch, and wine are included. Due to limited oven space, this session can accommodate a maximum number of 12 people. Ages 21 to 100.

Art with Susan Hardy

March 9, 2024 10:00am-11:00am

Register by March 7

Back by popular demand! This is Susan's fourth year teaching for Shabbat Out of the Box and her belief that art is a universal language that resides within every soul has inspired us through drawing, painting, and printing. Come explore your inner creativity and see what Susan has planned for us this year. No art experience necessary; supplies will be provided. Ages 10-100.

Havdalah and Game Night

April 13, 2024 6:30pm-8:30pm

Register by April 13

Come bid farewell to Shabbat and start the new week with Havdalah, S'mores and snacks, community and some friendly competition. Ages 6 and up.

Torah in Motion: Exploring the Weekly Parashah Through Dance

May 11, 2024 10:00am-11:00am

Register by May 9

Join Rabbi Tornberg in your yoga pants or sweats to explore Torah through moving your body. Rabbi Tornberg brings her love of dance and Jewish learning together. Come see what Torah wisdom and moving and grooving can yield. No dance experience necessary. Participates of all physical abilities welcome. Be sure to bring an open mind and just a bit of courage. Open to all ages.

Registration at kilv.org or call (610) 435-9074

Everyone is welcome so please feel free to bring your friends and family.

All events are free.

Registration is required - no walk-ins will be permitted.

Congregation Keneseth Israel

2227 W. Chew Street Allentown, PA 18104