

March - April  
2019  
אדר א - אדר ב - ניסן  
תשע"ט

# ATC Bulletin



## March - April Calendar

### Shabbat Shekalim/VaYakhel

Friday March 1  
Candle lighting .....5:16 PM  
Kabbalat Shabbat.....7:30 PM  
Saturday March 2  
Tefillah.....9:30 AM

### Shabbat Rosh Hodesh Adar II/Pekudei

Friday March 8  
Candle lighting.....5:24 PM  
Kabbalat Shabbat.....7:30 PM  
Saturday March 9  
Tefillah.....9:30 AM

### Shabbat Zachor/VaYikra

Friday March 15  
Candle lighting .....6:32 PM  
Kabbalat Shabbat.....7:30 PM  
Saturday March 16  
Tefillah.....9:30 AM



**TRIVIA-FUN-RAISER 2019**  
**SATURDAY, MARCH 16<sup>th</sup>**

More info on page 9

### Ta'anit Esther/Fast of Esther

Wednesday March 20  
*Fast begins 5:36 AM  
and ends at Megillah reading  
Temple Beth Emunah will join ATC*  
Seudah and Program.....6:00 PM  
Megillah Reading.....7:00 PM  
*(info on page 17)*

### Shabbat Tzav

Friday March 22  
Candle lighting.....6:40 PM  
Kabbalat Shabbat.....7:30 PM  
Saturday March 23  
Tefillah.....9:30 AM

### Shabbat Parah/Shemini

Friday March 29  
Candle lighting.....6:48 PM  
Kabbalat Shabbat.....7:30 PM  
Saturday March 30  
Tefillah.....9:30 AM

### Shabbat HaHodesh/ Rosh Hodesh/Tazria

Friday April 5  
Candle lighting.....6:56 PM  
Maariv.....7:30 PM  
Saturday April 6  
Tefillah.....9:30 AM

### Shabbat HaGadol/Metzora Bat Mitzvah Stephanie Rubin

Friday April 12  
Candle lighting.....7:04 PM  
Kabbalat Shabbat.....7:30 PM  
Saturday April 13  
Tefillah.....9:30 AM

### Thursday April 18

*Chametz contracts due in the office  
by 12 Noon*

### Ta'anit Bechorim/ Fast of the First Born

Friday April 19  
*Fast begins 5 AM and ends at Seder*

### Shabbat Pesach I

Friday April 19  
Candle lighting .....7:11 PM  
No Kabbalat Shabbat tefillah  
Saturday April 20  
Tefillah.....9:30 AM

### Pesach II

*Second Seder traditionally begins  
no earlier than 8:07 PM*

Sunday April 21  
Tefillah.....9:30 AM

*continued on page 8*

# Ahavath Torah Congregation

1179 Central St • Stoughton MA 02072 • [www.atorah.org](http://www.atorah.org)

**Office Hours** Monday - Thursday 10:00 AM - 2:00 PM

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**Telephone** 781-344-8733

**E-mail** [office@atorah.org](mailto:office@atorah.org)

**Rabbi** Jonathan Hausman

**E-mail** [RabbiJ@atorah.org](mailto:RabbiJ@atorah.org)

**Rabbi Gerson South Area Religious School** 781-344-8755

**Lead teacher** Madeleine Lewis

**E-mail** [school@atorah.org](mailto:school@atorah.org)

## Executive Board

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**Tree of Life** Madeleine Lewis

**Webmaster** David Steinberg

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Contact any of the above through the ATC office - 781-344-8733

## President's Message

Dear Friends,

As most of you are aware, a new memorial board was installed in the chapel about 6 months ago. This board was made possible by the generous donations of several congregant families and by ATC Ritual. Among the families sponsoring the board (in alphabetical order) are Sue Casey, Larry and Janna Gabel, and Sheryl Savage. The official dedication of the memorial board will take place this spring and all will be invited to attend. I take this opportunity to remind the congregation that the creation of a memorial plaque for a loved one is a wonderful and indelible way to remember a family member and help preserve their memory for generations to come. Purchasing a memorial plaque is a double mitzvah, as this is also a source of fundraising for the synagogue. The charge to purchase a memorial plaque is \$275. Please contact Rabbi J or Bob Bornstein if you wish to purchase a plaque.



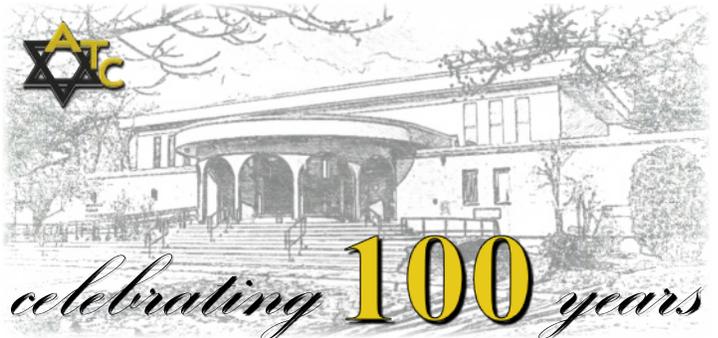
On another note, we welcome back Pastor Ron Hopkins and the Word of Faith Church! The church will again share space with us beginning on March 1. This time the lease is one day per week- every Sunday. I am pleased and excited to have this very pro-Israel entity back in our building.

*Arthur Mallock*

[president@atorah.org](mailto:president@atorah.org)

### A Call to Minyan – We Need You!

Please do not forget the continuing need of our Minyan. Minyanim are held Sunday at 9 AM, Monday through Thursday at 7:30 PM. Shabbat Services begin at 7:30 PM on Friday (unless otherwise indicated) and Saturday morning at 9:30 AM.



**Please! No Calls or E-mails regarding ATC on Shabbat or Holidays**



## From the Rabbi's Desk

One of the more popular pastimes in contemporary society is "Trivial Pursuit." I speak not merely of the game, but more of the preoccupation with *'narishkeit'*, elevation of the insignificant to a level of importance. For so many, in day-to-day living, pursue trivia, seek after *narishkeit*, devote their energies to that which is cosmically insignificant, to the detriment of the more important things in life that are neglected.

Beginning with the Second Seder, we Jews will observe the only mitzvah which takes 50 days to fulfill, that of *Sefirat Ha'omer*, Counting the Omer, during the period between the second day of *Pesach* and the Festival of Shavuot seven weeks later.

There are detailed rules pertaining to the count. That the count is recited after dark or as close to after dark as possible; that, should one forget to count on a particular day, for the remainder of the 49 nights, he counts without a blessing.

*Sefirat HaOmer* is not without its complexities. Like so much of Jewish life, it is bound by specific laws, specific instructions. Also, it is no secret that many reject Judaism as overly legalistic, as preoccupied with specifics, as responding to the question "what?" and the question "how?" but rarely to the question "why?"

I would pose a question to those who reject Judaism because of its attention to specifics, to intricacies, to hair-splitting detail. How many of these same people can recite the batting averages of their baseball heroes over the last ten years? How many can name the Oscar winners for best Actress over the last 10 years? These would be construed valid, challenging questions, worthy of consideration. But, should I ask whether one knows the current day of the *Sefira*, what utensils may be koshered for *Pesach*, what activities are restricted on Sabbath and Festivals - these questions would be, for so many, of no interest, of no concern, of no matter.

Need things be that way? Need things be trivial in order for them to be appreciated? I remember back to my Hebrew school teaching days, when I would have stood on my head in order to get my students to remember the barest

details of the material we studied, to recall that *Shavuot* follows *Pesach*, that the letter *Beit* follows *Alef*. And, time and time again, I would be amazed, how, during classroom breaks, how exact these students were, in recalling baseball statistics, in reciting, from memory, the information on the back of the CD covers of popular rock groups or lyrics to their respective songs. I thought then, and I ask now - must something be trivial in order to be pursued, must something be *narish* in order to be valued?



With regard to the Counting of the Omer, the Torah gives us little reason for the mitzvah. Moreover, since the Temple's destruction, we no longer offer the omer of barley. All we do now is count. Why?

Perhaps, the reason is due to the fact that we often tend to lose sight of each day as an entity of value in its own right. We tend to lose sight of the potential for action, for accomplishment that each day offers. *Sefira*, counting the days between *Pesach* and *Shavuot* sensitizes us to the need to 'number our days' throughout the year, throughout our lives, and to seek to implant them with meaning, with substance.

What am I trying to tell you? What do I believe Judaism is trying to convey? Simply, that all our pursuits should not be trivial, that all our interest should not be insignificant, that all of our time should not be spent on that which has little meaning. Let the bulk of our energies be spent on 'meaningful pursuits'. Let this time of counting the omer make us appreciate, in the long run, what really counts, what really makes a difference. As the Psalmist has written, "Teach us, O Lord, to number our days, that we may acquire a heart of wisdom."

*A Zissen und Freliche Pesach!*

*Rabbi J*



## Sisterhood

Shalom!

We are now looking forward to our Spring holidays of Purim and Passover.

Our Rosh Chodesh Group meets monthly. We will meet to celebrate Purim on Monday, March 18th at 11:00 AM. Come and fill *Shelach Manot* bags, enjoy hamentaschen and learn.

Our Bagels and Books Club will meet in April to discuss *The Gown*, by Jennifer Robson.

The Women's Seder will be held on Wednesday, April 3rd, at 6:30 PM. There is no charge for Sisterhood members, \$18 for non-members. We hope yo see you for this special, very enjoyable event.



Please support our Judaica Shop. Sandy and Lynne have filled their shelves with many beautiful items. The Judaica Shop is open by appointment. Please check the display in the lobby to see our merchandise. Remember to visit the Judaica Shop

for your Bar and Bat Mitzvah gift needs as well as for gifts.

Please contact Sandy Stogel to make an appointment. Sandy is usually at ATC on Tuesday mornings with the Senior Group.

Please contact Bev Barbell to purchase get well cards, sympathy cards, and cards for almost any occasion. The money collected is used to help Sisterhood provide funds for ATC.

Sisterhood needs your help! Please attend our events, volunteer to help with our functions and suggest new ones.

Please contact us with any questions or suggestions.

*Madeleine Lewis*

*Cindy Smith*

Co-Presidents

### A Call to Minyan – We Need You!

Please do not forget the continuing need of our Minyan. Minyanim are held Sunday at 9 AM, Monday through Thursday at 7:30 PM. Shabbat Services begin at 7:30 PM on Friday (unless otherwise indicated) and Saturday morning at 9:30 AM.

### Sisterhood Acknowledgement Cards

Sisterhood is now sending donation acknowledgement cards. Each card gratefully acknowledges a contribution made, and is suitable for Condolence, Get Well, Mazel Tov, or most any other occasion.

The cost of each card is \$4.00 if purchased, or \$4.50 if mailed by the Sisterhood Card Coordinator. All proceeds benefit the ATC Sisterhood, which in turn, benefit our congregation.

To learn more, or to have a card sent, please contact Beverly Barbell, by email at [Bbarbell@aol.com](mailto:Bbarbell@aol.com) or by phone at (781) 910-5527.

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## Rabbi Gerson South Area Religious School

Shalom!

The students are making great strides in their learning. Their Hebrew reading and prayer skills are growing rapidly. They are learning about the weekly Torah portions as well as Jewish values and history and customs.

There are many special events in March and April. Our School Service, Purim and Passover are coming soon and preparations fill our time at School.

Our Class Service will take place on Saturday, March 9th at 9:30 AM. You will be so proud of our children when you hear them lead the Service.

On March 17th, Suzan Crosby and the children will make *hamentaschen* for our many Purim Events.

March 20th is the date for our Purim Party. All Hands Drumming will again provide entertainment with an interactive show during dinner, with the Megillah reading to follow dinner. Please hold the date.

We have been invited to Heights Crossing Assisted Living for a Purim Party, on Sunday, March 24th, during Religious School hours.

The School Family Seder will be held on Sunday, April 7th, during school hours. Watch for details and plan to attend!

We will be selling *Shelach Manot* bags for Purim. Please support this fundraiser. The children will help assemble the bags.

Mazel Tov to Stephanie Rubin on her Bat Mitzvah in April.

We are making plans for the next school year. Please tell your friends about our School and encourage them contact me for a tour.

Thank you so much for your support this year. Please contact me with any questions or suggestions.

As always, a big thank you to our staff and volunteers. School would not be possible without you.

Enjoy the upcoming Holidays,

B'Shalom,

*Madeleine Lewis*

Lead Teacher  
[school@atorah.org](mailto:school@atorah.org)  
781-344-8755



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# Women's Seder

Wednesday, April 3rd

6:30 PM



*Please join us for our third annual special Seder with a Haggadah especially for women.*

*A complete delicious dinner will be served.*

*There is no charge for paid-up members of Sisterhood, including our new members. There will be a \$18.00 charge for non-members.*

*Reservations are mandatory. Sorry, no walk-ins to keep costs down and ensure enough food for all.*

*RSVP to Madeleine Lewis*

*lewis.madeleine@gmail.com  
no later than March 27th*

*We hope to see you there!*

## Fast of Esther Wednesday, March 20

The day before Purim, the 13th of Adar (leap year, Adar II) is called *Ta'anit Esther*/Fast of Esther. It is the day on which the Jews of Persia fasted to lend support to Queen Esther prior to entering King Ahasueros' presence without permission, an act punishable by death, to discuss the fate of the Jewish people in Paras and Madai.

Haman's proposal regarding the destruction of the Jewish citizens of the kingdom was thought to have been enacted with the King's consent, a decree that called for the Jews of the kingdom to be massacred for the trumped up charge of disloyalty.

When this Fast falls on Shabbat, the day of fasting is moved back to Thursday. This fast can never fall on a Friday, as well.

## Fast of the Firstborn Friday, April 19

This custom, of biblical origin, is based on the account described in Exodus 12:21-28 in which all Egyptian firstborn were slain and Israelite firstborn were spared. Indeed, the word Passover (*Pesach* in Hebrew) is from the verb used in the Torah, *Pasach*, which means to spare and to pass over.

To commemorate and express gratitude for the sparing of Israelite firstborn, the day preceding Passover became a fast day for the firstborn males in each family who are born a natural birth (not C-section). The fast is the most minor fast day in the Jewish calendar and can be excused if one undertakes and completes the study of a Talmudic tractate on the morning of the fast (known as a *Siyum*, completion).

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# ATC Presents...

## MISHLOACH MANOT FOR PURIM!

"It's a REAL mitzvah!"

**FAMILY BASKET: \$10**

filled with family favorites!

### So what's Mishloach Manot?

On Purim we emphasize the importance of Jewish unity and friendship by giving gifts of food to friends and family. Order a basket, or kids' bag, of ready-to-eat treats! It's delicious, fun, and kosher, too!

## Purim begins Wednesday evening, March 20<sup>th</sup>!

Place your orders no later than: Wednesday, March 13

Make your check payable to Ahavath Torah Congregation. Please note Mishloach Manot

Please fill out this form and return with your payment. Thanks!

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

E-Mail \_\_\_\_\_

Please order: \_\_\_\_\_ baskets (\$10 each) Total enclosed: \$ \_\_\_\_\_

Thank you, but I do not wish to order, but would like to make a Purim donation to  
ATC in the amount of \$ \_\_\_\_\_

**All baskets must be picked up at the synagogue,  
starting Sunday, March 17 through Wednesday morning, March 20th!**



**cjp**

**Israel Election 2019**  
**A COMMUNITY BRIEFING**

Monday, March 18  
Doors open 7:00 p.m. | Program begins 7:30 p.m.  
Back Bay Events Center  
180 Berkeley Street, Boston  
Register at [cjp.org/Israelelection2019](http://cjp.org/Israelelection2019)  
Questions, please contact [israel@cpg.org](mailto:israel@cpg.org).

### High Holiday Prayer Book Dedication Fund

Arthur and Tina Mallock, in loving memory of Richard (Dick) Levine

Tina, Arthur, David, and Ben Mallock, in loving memory of Howard Crosby

Arthur and Tina Mallock, in loving memory of James Savas

Tina, Arthur, David, and Ben Mallock, in loving memory of Morton Lader

*Donations received after February 20th will be acknowledged in the next issue.*

### March - April Calendar (cont.)

#### Pesach VII

Thursday April 25

Candle lighting.....7:18 PM

Maariv.....7:30 PM

Friday April 26

Tefillah.....9:30 AM

#### Shabbat Pesach VIII

Friday April 26

Candle lighting .....7:19 PM

Kabbalat Shabbat.....7:30 PM

Saturday April 27

Tefillah.....9:30 AM

*Please do not use chametz related items before 8:25 PM*

### Condolences

Our sympathies are with...

Harry and Carol Savas, on the loss of his beloved brother, James Savas

The Lader family, on the loss of Morton Lader, beloved father of Alan Lader and patriarch to the Lader family

### Mazel Tov

Dottie and Joe Spivack, and Mark and Faye Kushinsky, on the engagement of grandson, and son, Shaul Kushinsky, to Rebecca Somach



Ken and Jodi Rubin, on their daughter, Stephanie, becoming a Bat Mitzvah

### Levy Chapel Fund

Barry Levy and family, in memory of beloved wife and mother, Lois Levy

Marv Asnes, in memory of James Savas, brother of Harry Savas

*Donations received after February 20th will be acknowledged in the next issue.*

### Torah Repair Fund

Dottie and Joe Spivack, in honor of the engagement of our grandson, Shaul Kushinsky, to Rebecca Somach

*Donations received after February 20th will be acknowledged in the next issue.*



**YIPPEE !**  
*It's time for TRIVIA !!*



# **TRIVIA-FUN-RAISER 2019**

## **SATURDAY, MARCH 16<sup>th</sup>**

Trivia Begins - 7:45pm

\$12 PAID in advance, \$15 at the door



Cash Bar – Beer & Wine  
Free Snacks and  
Complimentary Dessert Buffet



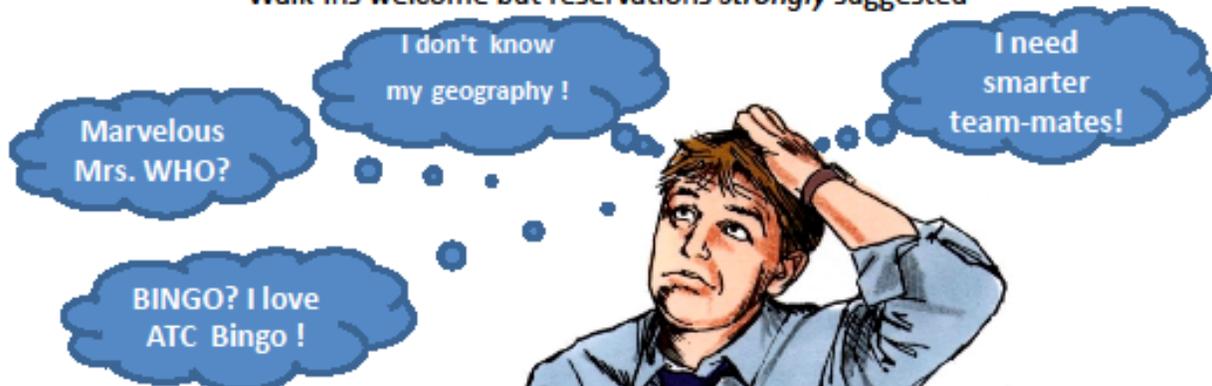
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Teams (absolutely 9 players max) & individual players welcome!

RSVP – ATC OFFICE 781-344-8733 or e-mail [office@atorah.org](mailto:office@atorah.org)

Deadline for PAID advance reservations: **March 13th**

Walk-ins welcome but reservations *strongly* suggested



Ahavath Torah Congregation 1179 Central Street, Stoughton

# PASSOVER PREPARATIONS

## A GUIDE FOR THE PERPLEXED

### I. What is Chametz?

The basic rule which underlies the dietary laws of Passover is that during this holiday a Jew must not eat, own or derive benefit from Chametz. Chametz refers to the five species of grain - wheat, barley, spelt, rye and oats - which have been subjected to a leavening process. In their unleavened states, these same five grains can be used to make Matzoh. The word "Chametz" itself refers to fermenting or souring. Dough (flour and moisture) can rise by just sifting (sour dough) or by a leavening agent being added.



Chametz includes not only bread, crackers and macaroni, but items formed of fermented grain used in other ways - such as beer, whiskey and grain vinegar.

The elaborate cleaning ("Kashering") process, involving putting away "regular" foods and dishes, renouncing ownership of leaven, and buying special foods, are all steps to ensure that no Chametz is found in places where it might be used. Any presence of Chametz, however minute, is forbidden on Passover. The rabbis made an exception to this very strict rule: If an accidental mixture took place before Pesach began, it can be considered negated if Chametz is less than 1/60 of the whole mixture. This is why it is safer to purchase various foods (for example, milk) before the holiday begins. If you buy milk before Passover, no special "Hechsher" (certification of Kashrut) is necessary, but if such items are bought during the holiday, they do require a "Hechsher." (Shopping for most things before Pesach will also increase the number of items you can economize on).

### II. What about legumes?

In our definition of Chametz, rice, millet, corn, peas and beans weren't mentioned ("Kitniyot," in Hebrew). All agree that these are not Chametz. Sephardic Jews generally follow the practices of the Talmud and Shulchan Arukh (16th century law code) permitting these items on Passover. Ashkenazim (European Jews) followed the custom of prohibiting these items, either because of fear of "contamination" (e.g., rice might have grain mixed in) or confusion (e.g., because beans can be ground into a flour-like substance, it might be confused with grain flour). Custom plays an important role in Jewish life, but one should be aware that there is a significant difference between eating soda crackers (100% Chametz) and soy beans. Many Ashkenazic Jews eat string beans because the kernel has not been formed, and there are differences of opinion regarding peanuts and a variety of seeds (sunflower, safflower, cottonseed, etc.). Chocolate used to be a problem for Ashkenazim, because lecithin, used as an emulsifier, comes from soybeans. Today, most Israeli chocolate factories use a substitute emulsifier, from rapeseed, for Passover, and can label their chocolate l'lo hashash kitniyot (without suspicion of Kitniyot)



### III. How do you get rid of Chametz?

- A. Eat it up before Passover.
- B. Give it away to a non-Jew.
- C. Renounce ownership by selling it - this is usually done by making a rabbi your agent, signing a document, allowing him to sell it to a non-Jew for a token down payment. After the holiday, when the purchaser discovers that he really doesn't want all the leftover graham crackers in your closet, he normally sells it back and the down payment is returned. This is legal fiction, but it solves the problem of what to do when you have too much Chametz to merely give away.



**ALL CHAMETZ SHOULD BE TAKEN CARE OF BY 11:24 AM ON April 19, 2019  
AT WHICH TIME CHAMETZ IS BURNED AND THE CONTRACTS WILL BE SOLD.**



*Baking Matsot, Mantua, 1560*



*Matsah making, Utrecht. 1663.*



*Cooling hands in cold water before handling dough, Venice, 1609.*

# PASSOVER PREPARATIONS

## *A GUIDE FOR THE PERPLEXED*

### **IV. Why go through all this bother?**



Ultimately, as with all rituals, the meaning you derive from it is a very personal matter and often it cannot be explained rationally. Here are some possibilities:

- The cleaning out of Chametz symbolize the cleaning out of the old ways of slavery as our ancestors had to do to leave Egypt. It can symbolize our desire to cleanse ourselves of our "evil inclinations," the "Chametz of the heart."
- It is a "spring cleaning," a chance to air out our houses, and ourselves, after the long winter's hibernation. In the spring, we are spiritually and physically reborn. In this sense, the themes of Passover and Easter are very similar.
- The more effort we put into preparing for a holiday, the more intense are our feelings and memories associated with it. This is why Passover has maintained such a powerful hold on even the most assimilated of Jews, while other celebrations have fallen from favor.

We all have vivid memories of childhood Passovers, and they are so vivid because of all the work that went into the preparation. On Passover, we simultaneously recall the infancy of our people and of ourselves. We are transformed both to Egypt and to wherever we grew up. But such a moving experience does not come for free: we must earn it the old fashioned way — by removing leaven.

### **V. When do we start eating Matzah?**

Matzah can be eaten all year round. But we should avoid it for 24 hours before the first Seder so that its taste is fresh. It probably is a good idea not to eat much of anything during the afternoon before the first Seder. Some don't eat Matzah for two weeks prior to the holiday.

### **VI. How do I clean my house for Passover?**

Areas where eating takes place should be cleaned thoroughly. Also, check places like briefcases, purses, desks and coat pockets, if you occasionally put food there. Offices, lockers in school, and automobiles should also be cleaned. There is no need to go overboard with this, however. The house can still be Kosher for Passover, even, if every window isn't washed and the bathtub isn't scrubbed.

### **VII. What about (oy, gevalt) the kitchen?**



Shelves, counters, tables and drawers should be well cleaned. They can be Kasherred by pouring boiling water over them. An easier solution (and less messy) is to cover them with shelf paper or just tape them shut if you don't need them. The refrigerator should be defrosted and cleaned (no shelf paper is necessary here). To "Kasher" a stove - clean it well with a commercial cleanser, do not use it for 24 hours, then heat it to maximum temperature for one hour. If you plan to use the broiling pan, cover it with heavy foil. For a self-cleaning oven, run it through one self-clean cycle.

Electric burners should be treated in a similar manner: clean, don't use for 24 hours and then heat until they are red hot for at least five minutes.

For gas burners, either heat them to the hottest possible temperature for 15 minutes or immerse the burners in a pot of boiling water.

For a microwave oven, place a utensil with boiling water inside until thick steam fills it.

#### **KITCHEN UTENSILS:**

Launder dishtowels and cloth tablecloths.



In general, items are "Kasherred" according to how they are used: Ovens and oven racks require high heat, pots and silverware require immersion in boiling water. Items used only for cold may be "Kasherred" by rinsing. Dishwashers should be run through one cycle with soap after laying idle for 24 hours.

# PASSOVER PREPARATIONS

## *A GUIDE FOR THE PERPLEXED*



### ITEMS WHICH CANNOT BE MADE KOSHER (IN ANY PRACTICAL WAY):

- Meat spits
- Metal baking pans
- Earthen ware
- Toaster ovens
- Porcelain
- Items that will be damaged by hot water
- Items which cannot be cleaned (for example, graters, pots and pans with burned on food)
- Silverware and cooking utensils of more than one piece  
(for example, knives with wooden handles; Chametz can be stuck in the crack)

### ITEMS WHICH CAN BE KASHERED:

- Metal pots, frying pans, (including those glazed or enameled, Teflon is questionable).
- One piece wooden utensils (in theory)
- One piece silverware
- Glass (no boiling necessary, for dishes and glasses, just a thorough scouring)
- Pyrex, Duralux and Corelle ware
- China: if it hasn't been used in a year, it is Kosher if scoured and cleansed with hot water
- Hard plastic
- Nylon
- Bakelite
- Rubber that can be immersed in boiling water briefly

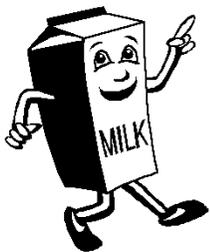


### POINTERS:

1. Don't forget to also immerse the lids of jars and containers.
2. Use a big pot for boiling, dip items with tongs or tied to a string, while the water is actually boiling.
3. For the largest pot (too big to be dipped) boil water in it, then fill it to the brim with more water. Later, pour boiling water on the outsides and handles.
4. Remove handles of pots and pans before boiling (if possible) and boil separately. Of course, it is, in many ways, easier to use a separate set of kitchenware and dishes for Passover. But this is not necessary.

For questions on specific items, feel free to call.

### **VIII. What foods can I buy?**

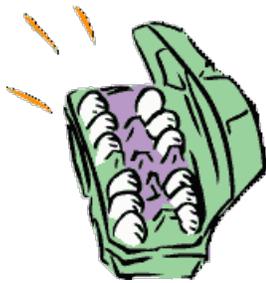


Please beware. Many foods are marked up for profit to take advantage of the consumer who is unaware that not all items need rabbinic supervision. If you buy the following before Passover and leave it unopened, no rabbinic supervision is needed:

- Coffee
- Tea
- Sugar
- Pepper (Pure herbs & spices, not garlic salt)
- Dried fruit (with no preservatives)
- Honey
- Hard cheese (preferably sealed in the factory)
- Butter
- Fruit Juice (no additives, sweeteners or preservatives)
- Kosher meat, chicken, fresh or frozen (not breaded or in sauce)
- Detergents (may also be bought on Passover)
- Fresh milk
- Eggs
- Vegetables, fresh or frozen
- Nuts in their shells

# PASSOVER PREPARATIONS

## *A GUIDE FOR THE PERPLEXED*



- Pure olive oil (no additives): also safflower & peanut oils
- Tuna and other types of fish, frozen or fresh, (kosher types of fish and unbreaded, of course)
- Paper and plastic goods
- Aluminum products
- All prescribed medicines in cases of medical **necessity**

### ITEMS WHICH MUST HAVE PASSOVER SUPERVISION:

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>• Matzah and Matzah products</li> <li>• Cake/Cake Mixes</li> <li>• Soups</li> <li>• Pudding</li> <li>• Candy/Chewing Gum</li> <li>• Chocolate</li> <li>• Cocoa</li> <li>• Gefilte Fish</li> <li>• Prepared Horse radish</li> <li>• Processed Meats</li> <li>• Baking Powder</li> <li>• Cider Vinegar</li> </ul> | <ul style="list-style-type: none"> <li>• Margarine</li> <li>• Liquors</li> <li>• Ice Cream</li> <li>• Pickles</li> <li>• Gelatin</li> <li>• Canned Foods</li> <li>• Mayonnaise</li> <li>• Ketchup</li> <li>• Mustard</li> <li>• Soft Drinks</li> <li>• Seasoned Salt</li> <li>• Wine</li> </ul> |
|--|---|



This list does not claim to be exhaustive.

### **IX. Above all, what does all this come down to?**

Common sense. When you heat an oven or boil a pot, strict safety measures should be employed. Remove all soft plastics from the area.

### **X. Miscellaneous issues**

The situation regarding cheese requires a fuller explanation. The Conservative Movement allows for the consumption of hard cheese that is not supervised, while Orthodox practice is to require supervision, whether on Passover or not. This has to do with the dispute over the nature of rennet, an animal by-product used in the formation of cheese.



Vodka may or may not be kosher for Passover; you must check the label. Usually, vodka is made from potatoes. Most Israeli wines and brandies are produced kosher for Passover the year around, for simplicity's sake. But some liqueurs may not be Pesach friendly, so, again, label reading is a must.

A perennial question is whether one can use ordinary alcohol based perfumes, aftershaves and other scents, which might contain grain alcohol. There are two distinct schools of thought on this subject. The stricter school says that only approved for Passover cosmetics of any type may be used. The more lenient school holds that since these products are inedible, the source of the alcohol does not matter. Anything "not fit for a dog to eat" is classed as an inedible. Both views are valid ones.

### **XI. Conclusion**

In the end, Passover is purely a personal experience. For some it is a game, as exemplified by the Search for Leaven, a favorite of children, which takes place the evening before the Seder. For others, it is a dreaded chore. And others have long since given up preparing for it so elaborately. What I've presented here are, for the most part, the strictest requirements of Jewish law. Many people go way beyond these requirements, others are more selective. On this festival of freedom, we are free to question tradition, but just as powerful, is our freedom to enrich our lives by turning just another spring evening into a night different from all other nights.





## THE SALE OF CHAMETZ

Halacha requests no Jew own any Chametz after 11:24 AM on Friday, April 19, 2019. Rabbi Hausman is authorized to prepare a bill of sale, and arrange for the transfer of ownership of your Chametz to a non-Jew. Members of ATC may arrange to appoint Rabbi Hausman as their agent to sell their Chametz after daily Minyan or at any other mutually arranged time. You may mail the following contract making sure that it reaches the synagogue office no later than 12 Noon on Thursday, April 18, 2019.

Please detach and return to Rabbi Jonathan Hausman  
Ahavath Torah Congregation, 1179 Central Street, Stoughton, MA 02072

✂.....

### Contract for Authorization to Sell Chametz

I/we understand that Rabbi Hausman is willing to act as my agent for the sale of any Chametz which I shall still have in my possession by Thursday, April 18, 2019. Rabbi Hausman is authorized to sell such Chametz to a non-Jew of his choosing, and the buyer has free access to the "Chametz" acquired by him.

I/we hereby authorize Rabbi Hausman to sell my/our Chametz which is in my/our possession, knowingly or unknowingly, or at my address (please print clearly):

Name \_\_\_\_\_

Signature \_\_\_\_\_

Address \_\_\_\_\_

Rabbi Hausman is fully authorized to sell, lease, dispose of and conduct all transactions that he deems fit and proper in accordance with Torah and Rabbinic regulations and in conformity with the laws of the State of Massachusetts. I/we undertake to store these items under lock and key and NOT to make use of them, or the places in which they are stored, during the Pesach period. I/we understand it is customary to make a donation to the Rabbi's Discretionary Fund at this time. I/we understand that this donation is not obligatory. Donations are used for the local Maot Chittim Fund.

If possible, please itemize your chametz possessions. Please include the contents of your liquor cabinet. You may list the closets in which your chametz has been placed. You may make this listing on the back of this contract.



# MONDAY NIGHT

# BINGO

DOORS OPEN  
4:30 PM  
GAMES START  
6:30 PM

PROGRESSIVE JACKPOT  
DOOR PRIZES • WINNER TAKE ALL  
50/50 GAMES

**Free  
Pasta  
Dinner**  
Once a month

**NEW!**  
Mega-Progressive  
**JACKPOT**  
Prize up to  
**\$3000!**

FREE CAKE, COFFEE & TEA  
ATC CONCESSION AVAILABLE  
NO OUTSIDE FOOD OR DRINKS ALLOWED

LIKE US ON FACEBOOK AT ATC BINGO

## Religious School Play

On February 10, our Hebrew School students presented a play about Rebecca, followed by a delicious breakfast. What a meaningful morning from our students who were so proud with all their handmade costumes and posters. What a warm, wonderful way to start a cold winter Sunday!!

As always, many thanks to Mrs. Lewis, our staff and volunteers, and of course, our audience.





Join your fellow ATC and TBE Members  
Wednesday March 20 at 6 pm for a light dinner



with entertainment by All Hands Drumming  
Megillah reading begins at 7

Celebrate Purim  
with our School Youth!!!

Everyone wear an  
outrageous costume  
and win a prize!!



*A mere \$10.00 per Adult*

*No Charge for children or Students*

*Reservations are required!*

*Please contact our Office by MARCH 15 to reserve  
781-344-8733 or Office@atorah.org*

# Mah Jongg Tournament

A great time was had on January 27, 2019 as 56 men and women gathered together to nibble, nosh and play Mah Jongg! Everyone was "cracking" their "bams" and "dots", while hoping to get as many "jokers" as possible! They even enjoyed those "flowers" that were blowing through their "winds"! Thanks to those that helped us out, and a special thanks to Sue Casey and her kitchen skills! It was a great and successful *FUNdraiser* for ATC, raising funds to go towards USY and the new security system. Dust off your sets or find a friend to teach you to play and join us next time!

*Inez Springer & Marilyn Rabinowitz*



## SAUSY NEWS

South Area USYers at 5 Wits in Foxboro.

5Wits Is a live-action immersive adventure experience within a realistic hands-on setting.

In the white shirt and in a green/blue striped shirt you might recognize Dylan Slotnick and Brent Forman.

Dylan explains, " In Espionage, my favorite part was when the bomb blew up and we had to get out of the bunker. You use a keypad to move through the bunker."

Asked if they got out, Dylan replies, "Yes we were successful!!"

Brent tells us, "I liked doing the adventure with six kids using teamwork instead of doing it alone. It was tough to get through the adventure of Espionage."



### Upcoming:

**Challah Bake** at ATC on March 19 from 6:30-8:30. All ages welcome.

**Tikun Olam Semi-Formal Dance** on March 2 at Temple Israel of Natick for grades 8 - 12. THIS event USYers never miss.

For further information and to join us in SAUSY, please connect with our Youth Director Jessica Leigh at [jessica.sausy@gmail.com](mailto:jessica.sausy@gmail.com).

Applications are located in the lobby outside the ATC office.



## Donations

The staff at Center for Substance Abuse Research (CESAR) at the University of Maryland College Park, in memory of Ann-Carol Lipshires

Lawrence and Sandra Bornstein, in honor of Stephanie Rubin's Bat Mitzvah

Elaine Robinson, in memory of Richard

Karl and Marcia Flanzer, in memory of Nathan Flanzer

Warren and Marjorie Freshman, in memory of Samuel Freshman

Kimberli and Dean Thornton

Laurence Perlmutter, in memory of Marion Speyer

Michael Metrick

Beverly Barbell, in memory of Samuel Barbell

Michelle Indeck, in memory of David Swerdlick

Howard Swerdlick, in memory of David Swerdlick

Marjorie and Allan Slotnick

Norm and Susan Gotshalk, in memory of Celia Gotshalk

Alan and Ann Paskind, in memory of Harry Paskind

Beverly Barbell, in memory of Gertrude Goodman

Sam and Carol Denbo

Ed and Sandy Shifman, in memory of Lawrence Shifman

Karl and Marcia Flanzer, in memory of Rose and Louis Silverman

Alan and Judy Litwack, in memory of Phyllis and Jack Shulman

Hap and Beverly Leven, in memory of Vicki Waxman

Hap and Beverly Leven, in memory of Max Waxman

Warren and Linda Keller, in memory of Evelyn Figure

Rick and Donna Sandler

Allan and Marjorie Slotnick, in memory of Sylvia Close

Harry and Carol Savas, in memory of Jack and Jene Grossman

Paul and Toby Barbell, in memory of Gertrude Goodman and A. Lifszitz

Michael Tesler

*Donations received after February 20th will be acknowledged in the next issue.*

## Under New Ownership!



**Complete detail  
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collision work!**

**53 Tosca Drive, Stoughton 781-297-7878**



## Rabbi's Discretionary Fund

Lynne Rosenbloom, in memory of beloved father,  
Stanley Myerow

Marilyn and Marty Franklin, in memory of our  
beloved parents

Melissa Crane, in memory of my beloved grandparents,  
Rose and Isadore Crane

Melissa Crane, in memory of my beloved aunt,  
Annette Crane Tobin Feldman

Melissa Crane, in memory of my great-aunt,  
Sarah Mooshel Kreinowicz

Melissa Crane, in memory of my beloved family members,  
Rabbi and Ada Gerson

Shaun Weston, with thanks

Roz Nadler, in memory of beloved father, Sidney Nadler

Milton Crane, in memory of beloved father, Isadore Crane

David and Susan Bernstein, in memory of beloved father,  
Myer Bernstein

Peter Sylvia, in memory of beloved friend and Holocaust  
survivor, Rabbi Eric I. Lowenthal

Donna and Rich Sandler, in memory of our beloved parents,  
Rosalyn and Harold Sandler, and Judy and Bob Gold

Eleanor Gallerani, in memory of Hyman Kaminsky

Stacy and Howard Andler, in memory of beloved father,  
Harvey Freedman

Sheila and Gerald Sheff

Paula and Bill Manburg, in memory of beloved father,  
David Feinstein

*Donations received after February 20th will be  
acknowledged in the next issue.*

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Stoughton's ONLY Jewish Nursery school  
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**Shaloh House**  
Preschool, Kindergarten & Infant Care  
Stoughton, MA 781-344-6334

currently scheduling tours & accepting registration for the current school year.

- Ages: 2months through Kindergarten
- Open 7:30am—6:00pm (3pm Fri) Part day, Half day & Full day options
  - Infant, Toddler, Preschool, PreKindergarten, T-K & Kindergarten
  - Weekly music, art & creative enrichment programs
  - Small class size with intimate teacher/child ratios
    - Nutritious fruit & veggie snack program

Shaloh House provides the foundation to build your child's lifelong love of learning. **Need a reference? Ask Rabbi J; his daughter came here for Preschool, Prek & Kindergarten!**

We invite you to tour our school and meet our caring staff  
781-344-6334  
DEEC licensed school & staff



## March Yahrzeit Calendar

### *March 1*

Mary Chandler  
Martha Fogel  
Abraham Harfield  
Nathan Kramer  
Elizabeth Lipman

### *March 2*

Dora Smith

### *March 3*

Charles Pearlstein  
Richard Barry Wallace  
Lt. Bernard Wilensky

### *March 4*

Louis Rostoff

### *March 5*

Sally Lemkin  
Jacob Lipsky  
Samuel Slotnick

### *March 6*

Deborah Jane Gould  
Alex Kostick  
Paul E. Policow

### *March 7*

Hannah Goodman  
Bessie Olstein

### *March 8*

Edward A. Sandler

### *March 11*

Stephen Metrick

### *March 12*

David Feldman  
Esther Norris

### *March 13*

Pearl Pachter

### *March 14*

Morris Shultz

### *March 15*

Gloria Bromberg  
Samuel Steinberg

### *March 16*

Coleman Goldstein

### *March 17*

Hyman Frank

### *March 19*

Raymond Gootzit  
Ruth S. Gootzit

### *March 20*

Bonnie Gertrude Goldowsky

### *March 21*

Jeffrey Evenson

### *March 22*

Minnie Davis

### *March 24*

Ethel Carlin

### *March 25*

Oscar Thaler

### *March 26*

Frances Opper

### *March 30*

Jeanette Berman



## April Yahrzeit Calendar

### *April 1*

Blanche Drobnis

### *April 4*

Donald Mark Berkovitz  
William Lipson  
Sheldon Murray Moonay  
Martin Stroll

### *April 5*

Martin Lerner  
Albert Rosen

### *April 6*

David Weiner

### *April 7*

Irv Dembling  
Morris Heller  
Mary Zeidman

### *April 8*

Sylvia Kandler  
George Litwack  
Howard Weinstein

### *April 9*

Fannie Adleman  
Milton Bailet  
Steven Slotnick

### *April 10*

June Dulman  
Lillian Figure  
Sam Komrower

### *April 11*

Solomon Franklin

### *April 12*

Mildred Goldstein  
Ester Green  
Minnie Kerner  
Alvin Kostick  
Philip Musman

### *April 13*

Paul Jaffe  
Louis Kellner  
Harold Krasnoff

### *April 14*

Abraham Fruit  
Ethel Goodman  
Shayna Rose Guarino  
Beatrice Sandler

### *April 15*

Shayna Rose Guarinod  
Leonard Leppo  
Joanne Rice

### *April 16*

Bernice Bauman  
Fishel Fisher  
Alan Goldstein  
Annette Silverstein

### *April 17*

Shoshana Grushow  
Jacob Schwalbe

### *April 18*

Samuel Smith

### *April 19*

Stanley Blumenthal  
Bernice Spigel

### *April 20*

Tina Katz  
Israel Shterental

### *April 21*

George Arbit  
Arnold Glasser  
Abraham Silverman

### *April 22*

Elyse Enman  
Alexander Reinstein  
Ruby Soloway

### *April 23*

Goldie Hoffstein  
Molly Popper

### *April 24*

Rose Levine

### *April 25*

Diana Beth Cooper  
Rose Sibulkin  
Sarah Tattlebaum

### *April 26*

Lillian Bennett  
Harry Gotshalk  
Jordan Sandman

### *April 27*

Abraham Brezner  
Morel Kessel  
Gertrude Schwalbe  
Hyman Worobey  
Joseph L Zeidman

### *April 28*

Carl Sorin  
Israel Zebow

### *April 29*

Louis Baker  
Kenneth Paul Glasser  
Zev Grossman  
Tillie Grubert  
Mildred Lipshires  
Israel Morris  
Morris Tofsky  
Bessie M. Waterman

### *April 30*

Louis Kurlansky  
Leona Worobey

Ahavath Torah Congregation  
1179 Central Street  
Stoughton, MA 02072

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### ***Dates to Save***

- 3/10 Joint Brotherhood Brunch (w/ITBE)
- 3/16 Trivia Night
- 3/18 Rosh Chodesh Group
- 3/20 Purim palooza
- 4/3 Women's Seder
- 4/28 Brotherhood Brunch

Board of Directors Meetings:

Wednesday, March 13, 2019, 7:30 PM  
Wednesday, April 10, 2019, 7:30 PM