סידור עץ חיים

Siddur Etz Chaim

Ritual Committee of Congregation Etz Chaim/MTJC

Rabbi BENJAMIN LEVY

5781



General Introduction

This Siddur Etz Chaim represents the combined efforts and input of the members of Congregation Etz Chaim/MTJC; the synagogue where everyone is welcome. We are grateful for the hard-work and dedication of our Ritual Committee under the direction of Robynn Mann, and continued interest and support of the entire community.

This prayer book reflects the liturgy and choreography of the divine service such as we currently practice here in Monroe Township, NJ; a ritual which has evolved over the preceding twenty-five years. In addition, this siddur presents paths of alternatives which we hope will lead to an enhancement of our *Kavana*, our sacred focus. It seeks to accomplish this by helping to organize the various rubrics of the traditional Jewish prayer service for the worshipper, by providing scholarly insight into the history and meaning of the liturgy, by indicating the Biblical origins of the various prayer texts, by the inclusion of gender-neutral language, and by directly addressing the Eternal. The latter, of course assumes God listens to our prayers; a bold theological statement apparently at odds with the outlook of previous prayer books we have used.

Pirkei Avot, the Mishnaic compendium of ethical behavior presents the words of Simon the Righteous (Avot 1:2): "The world stands upon three things; upon the Torah, and upon Worship and upon Deeds of Loving Kindness."

This volume attempts to move us closer together as a holy community, to teach Torah and Mitzvot through prayer, provide members and visitors with a user-friendly guide to worship the Divine, and inspire all of us to faithfully perform Deeds of Loving Kindness.

BML, Monroe Township, NJ 5781

Introduction to the Evening Service

The Talmud presents a debate concerning the nature of Jewish prayer: "Rabbi Yosi ben Rabbi Chanina said, 'The prayers were instituted by the Patriarchs.' Rabbi Yehoshua ben Levi said, 'The prayers were instituted to replace the daily sacrifices'" (*B'rachot* 26b).

Who is right? Why, both of them, of course!

The Patriarchs were prophets who through their extraordinary religious sensitivity individually spoke and listened to G-d as the need arose. They prayed from the depths of their hearts and souls. No two prayers were the same.

On the other hand, a hereditary priesthood brought the sacrifices publicly to the Tabernacle in the Wilderness and then to the Temple in Jerusalem on behalf of the people. The service followed a strict structure. The actions of the service and the words of prayer remained the same day after day. The priests presided over two worship services daily, one in the morning and one in the afternoon. At night they burned sacrificial meats upon the altar.

Jewish prayer emerges from both these traditions; the patriarchal-prophetic and the priestly. We seek the spontaneity of the patriarchs, the ability to speak and listen to God as individuals with all our hearts and souls. But at the same time we come before the Master of the Universe as a holy congregation of Jews. As a "kingdom of priests" (Exodus 19:6) we pray at specific times and on a regular basis with a set liturgy. We voice most of our prayers in the collective "we;" and we reserve the utterance of certain holy words for the presence of a *minyan*, a quorum of ten adult Jews that represents a community.

It has been taught in accordance with Rabbi Yosi ben Rabbi Chanina that the biblical Ya'akov established the evening prayer, as it says: "He encountered the Place" (Genesis 28:11). Since the Place constitutes one of the Divine names, Ya'akov's encounter was one of prayer and perhaps unexpected connection. Afraid and alone he happens upon the Divine. He bumps into God, as it were.

From the divine perspective, the Eternal seeks Ya'akov out and provides him the image of a ladder connecting heaven and earth, a nighttime epiphany in the midst of

Ya'akov's fearful flight from his brother Eisav's wrath. Ya'akov awakens as from a spiritual malaise to exclaim: "Surely the Eternal is in this place and I didn't know it! ... How awesome is this place, this is none other than the House of God and this is the gate of the heavens!" (Genesis 28: 16-17).

As we move to engage the evening service, may we understand and fulfill the potential of both strains of Jewish prayer tradition. May we remain open to the personal encounter with the Eternal championed by our Patriarchs and prophets. And, at the same time, may we prove consistent with our priestly tradition; coming before God on a regular basis as a holy congregation of Jews, devoted to Divine service through awareness of and dedication to the details our sacred Scriptures reveal.

Opening Song	שיר
Candles	נרות
L'cha Dodi	לכה דודי
Chatzi Kaddish	חצי קדיש



J'Hinei ma tov u'ma nayim, shevet achim gam yachad!

ל הנה מה-טוב ומה-נעים שַׁבֶת אַחִים גַם-יָחַד!

Behold how good and how pleasant it is when brothers and sisters can sit down together (and worship) in peace!1

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JAI shlosha d'varim ha-olam omeid: al haTorah, v'al ha-avoda, v'al g'milut Chasadim

על שְלשָה דְבָרִים הָעוֹלָם עוֹמֵד: על התורה, ועל העבודה, ועל גמילות חסדים.

Upon three things does the world stand:

upon the Torah, and upon Worship, and upon Acts of Loving Kindness.²

Pirkei Avot 1:2.2

Welcoming the Sabbath: The sixteenth century Kabbalists of Tzfat in northern Israel originated this preliminary service to the Evening Service proper as a way of accepting upon themselves the Sabbath and immersing themselves in its spirit, as it were.

¹ Psalm 133:1.

Opening Song	שיר
Candles	נרות
L'cha Dodi	לכה דודי
Chatzi Kaddish	חצי קדיש

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\$Mah ya-feh ha-yom; Shabbat shalom!

ל מַה יַפֵּה הַיּוֹם, שַׁבַּת שַׁלוֹם!

How beautiful is this day; a Sabbath of peace!

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♪Shalom Aleichem, Malachei hashareit, Malachei Elyon, MiMelech Malachei Ha'mlachim, HaKadosh baruch Hu. נּשְׁלוֹם עֲלֵיכֶם, מַלְאֲכֵי הַשְּׁרֵת, מַלְאֲכֵי עֶלְיוֹן, מִמֶּלֶדְ מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בַּרוּדְ הוּא.

Peace be to you, O ministering angels, messengers of the Most High, From the King of Kings, the Holy One, blessed be He.

Bo-achem l'shalom, Malachei Hashalom, Malachei Elyon MiMelech Malachei Ha'm'lachim, HaKadosh baruch Hu. בּוֹאֲכֶם לְשָׁלוֹם, מַלְאֲכֵי הַשָּׁלוֹם, מַלְאֲכֵי עֶלְיוֹן מִמֶּלֶךְ מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בַּרוּךְ הוּא.

Enter in peace, O angels of peace, messengers of the Most High, From the King of Kings, the Holy One, blessed be He.

Ba'r'chuni l'shalom, Malachei Hashalom, Malachei Elyon MiMelech Malachei Ha'm'lachim, HaKadosh baruch Hu. בָּרְכוּנִי לְשָׁלוֹם, מַלְאֲכֵי הַשָּׁלוֹם, מַלְאֲכֵי עֶלְיוֹן, מִמֶּלֶךְ מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בַּרוּךְ הוּא.

Bless me with peace, O angels of peace, messengers of the Most High, From the King of Kings, the Holy One, blessed be He.

Tzeitchem l'shalom, Malachei Hashalom, Malachei Elyon MiMelech Malachei Ha'm'lachim, HaKadosh baruch Hu. צֵתְכֶם לְשָׁלוֹם, מַלְאֲכֵי הַשְּׁלוֹם, מַלְאֲכֵי עֶלְיוֹן, מִמֶּלֶךְ מַלְכֵי הַמְּלָכִים, הַקָּדושׁ בַּרוּךְ הוּא.

Depart in peace, *O angels of peace*, messengers of the Most High, From the King of Kings, the Holy One, blessed be He.

Opening Song	שיר
Candles	נרות
L'cha Dodi	לכה דודי
Chatzi Kaddish	חצי קדיש

A member of the congregation customarily steps forward to bless the lamps of Shabbat and lead the community in the following responsive reading:

Come let us welcome Shabbat.

May its radiance illumine our hearts.

Light is the symbol of the divine.

"The Eternal is my light and my salvation."

Light is the symbol of the divine within us.

"The human spirit is the light of the Eternal."

Light is the symbol of the divine law.

"For the Mitzvah is a lamp and the Torah a light."

Light is the symbol of Israel's mission.

"I, the Eternal, have made you a covenant people, a light to the nations."

Opening Song	שיר
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Baruch Atah Adonai, Eloheinu Melech Ha'olam asher ki-d'shanu b'mitzvotav v'tzivanu l'hadlik neir shel Shabbat. בָּרוּדְ אֲתָּה יְהֹוָה אֱלֹהֵינוּ מֱלֶדְ הָעוֹלָם אֲשֶׁר קִדְשָׁנוּ בְּמִצְוֹתָיוּ וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַבָּת.

Blessed are You, O Eternal, our God who makes our lives holy through Divine Mitzvot and has commanded us to kindle the Shabbat lamp.

May the Eternal bless us with Shabbat joy. Amein

May the Eternal bless us with Shabbat peace. *Amein*

May the Eternal bless us with Shabbat holiness. Amein

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In ancient days the concept of the Shabbat lamp stood as a point of contention. The Saducees and their successors, the Karaites, in rejecting the Rabbinic interpretation of the Torah took the commandment, "לא תבערן אש בכל משבותיכם ביום השבת", "You shall not burn fire in any of your dwellings on the Sabbath day" (Exodus 35:3) to mean one must sit in the dark on the Sabbath. The Rabbis, on the other hand, understood the verse not only to promulgate a prohibition solely upon kindling light during any part of the Seventh Day but as a requirement to enjoy light on Shabbat kindled prior to the holy day. They therefore established the practice of lighting the Sabbath lamp eighteen minutes before sundown on Friday afternoon to protect the Shabbat from violation via forbidden kindling, and to assert their right to interpret Torah for all Judaism. Speaking for the Eternal they established the kindling of the Shabbat lamp as one of the seven Rabbinic "mitzvot," and they sanctified the task with the blessing that appears above. The Reform practice of blessing the Sabbath candles in the sanctuary points to our embrace of light as a symbol of Shabbat and our heritage as Rabbinic Jews.

Opening Song	שיר
Candles	נרות
L'cha Dodi	לכה דודי
Chatzi Kaddish	חצי קדיש

L'cha dodi likrat kala, p'nei Shabbt n'kabla. L'cha... לְכָה דוֹדִי לִקְרַאת כַּלָּה. פְּנֵי שַׁבָּת נְקַבְּלָה: לכה

Come my beloved to greet the bride. The Sabbath presence let us welcome!

Shamor v'zachor b'dibur Echad. Hishmi'anu Eil ha-m'yuchad. Adonai Echad u'shmo Echad. L'sheim ultiferet v'lithilah. שָׁמוֹר וְזָכוֹר בְּדָבּוּר אֶחָד. הִשְׁמִיעָנוּ אֵל הַמְיַחָד. יְהֹוָה אֶחָד וּשְׁמוֹ אֶחָד. לִשֵׁם וּלִתְפָאֵרֶת וְלִתְהַלֵּה: לכה

"Observe" and "Remember" in a single utterance the One and Only God made us hear
The Eternal is one and God's name is one; for renown and for splendor and for praise.

Enter in peace, O crown of her husband, even in gladness and good cheer. In the midst of the treasured nation's faithful;
come O bride, come O bride!

Likrat Shabbat l'chu v'neilchah. Ki hi m'kor habrachah. Mei-rosh mi-kedem n'suchah. Sof ma'aseh b'mach-shavah t'chilah. לִקְרַאת שַׁבָּת לְכוּ וְנֵלְכָה. כִּי הִיא מְקוֹר הַבְּרָכָה. מֵרֹאשׁ מִקְדֶם נְסוּכָה. סוֹף מַעֵשֵּׁה בִּמַחֵשָׁבָה תִּחִלָּה: לכה

To welcome Shabbat, come let us go; for she is the source of blessing! From the beginning, from antiquity she was honored; last to be created, first in thought.

Hit-o-r'ri, hit-o-r'ri. ki va o-reich kumi ori. Uri, uri shir da-beiri. K'vod Adonai ala-yich niqlah. הָתְעוֹרְרִי , הִתְעוֹרְרִי. כִּי בָּא אוֹרֶךּ קוֹמִי אוֹרִי. עוּרִי שִׁיר דַּבֵּרִי. כִּבוֹד יִהוָה עָלַיִךְ נִגְּלָה: לכה

Awake, awake for your light has come; rise up and shine. Awaken, awaken and sing a song; the glory of the Eternal is revealed upon you.

Opening Song	שיר
Candles	נרות
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^{*}The congregation customarily rises at this point and faces the sanctuary entrance. Upon the phrase

*Bo-i v'shalom ateret ba-alah. Gam b'shimcha uv'tza-halah. Toch emunei am s'gulah. **Bo-i chalah, bo-i chalah. *בּוֹאִי בְשָׁלוֹם עֲטֶרֶת בַּעְלָהּ. גַּם בְּשִׁמְחָה וּבְצָהֲלָה. תּוֹך אֱמוֹנֵי עַם סְגֻלָּה. בּוֹאִי כַלָּה. בּוֹאִי כַלַה: לכה**

Enter in peace, O crown of her husband, even in gladness and good cheer. In the midst of the treasured nation's faithful; come O bride!

L'cha dodi likrat kala, p'nei Shabbt n'kabla. L'cha... לְּכָה דוֹדִי לִקְרַאת כַּלָה. פְּנֵי שַׁבָּת נְקַבְּלָה: לכה

Come my beloved to greet the bride. The Sabbath presence let us welcome!

Rabbi Sh'lomo Alkabetz, a sixteenth century Tz'fat Kabbalist, penned, "L'cha Dodi." The hymn reflects the practice of his community to don white wedding clothing and go out into the fields to welcome the Sabbath Bride; hence the lyric, "Come my beloved let us greet the Sabbath Bride." On one level, the hymn depicts the marriage between the Sabbath and the Jewish people, a concept well attested to in midrashic literature. On another level, the composition reflects the mystical belief certain aspects of the Godhead (or *Sephirot*) are masculine and others feminine. According to this belief the oceanic experience of Shabbat emerges from the wedding of God's feminine and masculine aspects.

The lyrics reflect Biblical allusions to the Sabbath as a time of redemption and a testimony to Creation. "Observe and Remember" (שָׁמוֹר וְזָכוֹר) refers to the two versions of the Sabbath commandment appearing in the two versions of the Ten Statements, Deuteronomy 5:12 and Exodus 20: 8, respectively. The Talmud (Shavuot 20b) teaches God uttered both these versions in a single mystical utterance to reveal various aspects of the Shabbat.

^{** &}quot;Bo-i chalah, bo-i challah" (Come O bride, Come O bride!) the worshippers bow in welcome:

Welcoming the Sabbath/קבלת שבת

Opening Song	שיר
Candles	נרות
L'cha Dodi	לכה דודי
Chatzi Kaddish	חצי קדיש

*The Congregation Rises (Congregational responses in large print.):

יִתְגַּדֵל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא. (אָמֵן) בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵהּ וְיַמְלִידְּ מֵלְכוּתֵהּ. בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בַּעֲגָלָא וּבִזְמַן קָרִיב. וְאִמְרוּ: אָמֵן:

יָהֵא שְׁמֵהּ רַבָּא מְבָרַדְּ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא!

יִתְבָּרַדְּ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנֵשֵׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקִדְשָׁא, בְּרִידְ הוּא. לְעֵלָּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא תַּשְׁבְּחָתָא וְנֶחֱמָתָא דַּאֲמִירָן בְּעָלְמָא. וְאִמְרוּ: **אָמֵן**:

May God's great name be magnified and sanctified (**Amen**) in the world willingly created. May God establish God's kingdom in your lifetime, in your days and in the days of the entire House of Israel, speedily and soon, and say: **Amen**.

May God's great name be blessed for ever and ever!

Blessed and praised, glorified and exalted, raised and honored, uplifted and lauded be the name of the Holy One, **Blessed be God**, beyond any blessing, song, praise and consolation uttered in the world; and let us say: **Amen**.

Hebrew responses: *Amein. Y'hei sh'mei raba m'varach l'alam ul-almay almaya.*

B'rich Hu. Amein.

Contrary to popular belief the Kaddish (or Sanctification in Aramaic) does not directly mention the dead. Rather, the prayer is a doxology, an unadulterated praise of God calling for the magnification and sanctification of the Eternal's great name in the Time to Come. While in some cases worshippers will say Kaddish in honor of their deceased loved ones, in this instance the *chazzan* leads the prayer which functions as a sort of comma between sections of the service. That is, it calls attention to the fact the Welcoming the Sabbath rubric has been completed and now the congregation will begin the Evening Service proper.

Value of the Sabbath Evening Service ערבית לשבת/Shema and its Blessings

Barchu	ברכו
Creation	מעריב ערבים
Revelation	אהבת עולם
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה
The Shadow of Your Wings	השכיבנו
V'shamru	ושמרו



The Leader begins (bending the knee on "Bless" and rising upon utterance of God's name):



Barchu et Adonai Ham'vorach!

Bless the Eternal, to Whom our praise is due! The Congregation responds (bending the knee on "Blessed" and rising upon utterance of God's name):

ברוך יְהוָה הַמְבֹרָךְ לְעוֹלָם וָעֶד! \$

Baruch Adonai Ham'vorach l'olam va-ed!

Blessed is the Eternal, to Whom our praise is due,

now and forever!

The *Barchu*, often referred to as the "call to worship" stems from an ancient formula perhaps based upon Nehemiah 9:5 that depicts the Levites calling the congregation to communal prayer during the early days following the return from Babylonian exile, "Bless the Eternal." In addition, Mishnah B'rachot 5:1 states, "The pious men of old used to wait an hour before prayer in order that they might concentrate their thoughts upon their Parent in Heaven." This "waiting" however, was not passive. The pious would gather before the beginning of communal prayers to prepare by reciting psalms. The prayer leader's announcement to "Bless" signaled the formal commencement of the community's worship service.

According to custom, worshippers bend the knees and bow when they utter the words, "Bless" or "Blessed," and return to stand erect upon vocalizing God's name. The Hebrew word, Barchu (בַּרְכוֹ) or Bless comes from the word for knee (בַּרְכוֹ), hence the gesture of bending the knee to bless.

ערבית לשבת/Sabbath Evening Service שמע וברכותיה/Shema and its Blessings

Barchu	ברכו
Creation	מעריב ערבים
Revelation	אהבת עולם
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה
The Shadow of Your Wings	השכיבנו השכיבנו
V'shamru	וושפרו

Creation

בָּרוּךְ אַתָּה יְהוָה. אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם. אֲשֶׁר בִּדְבָרוֹ מַעֲרִיב עֲרָבִים. בְּּחְכְמָה פּוֹתֵחַ שְׁעָרִים. וּבִתְבוּנָה מְשַׁנֶּה עִתִּים וּמַחֲלִיף אֶת הַזְּמַנִּים. וּמְסַדֵּר אֶת הַכּוֹכָבִים בְּמִשְׁמְרוֹתֵיהֶם בָּרָקִיעַ, כִּרְצוֹנוֹ. בּוֹרֵא יוֹם וָלָיְלָה. גּוֹלֵל אוֹר מִפְּנֵי חשֶׁךְ וְחשֶׁךְ מִפְּנֵי אוֹר. וּמַעֲבִיר יוֹם וּמֵבִיא לָיְלָה. וּמַבְדִּיל בֵּין יוֹם וּבֵין לָיְלָה. יְהוָה צְבָאוֹת שְׁמוֹ : אֵל חֵי וְקַיָּם תָּמִיד יִמְלוֹךְ עָלֵינוּ לְעוֹלָם וָעֶד :

Eternal God, Your majesty is proclaimed by the marvels of earth and sky. Sun, moon, and stars testify to Your power and wisdom. Day follows day in endless succession, and the years vanish, but Your sovereignty endures.

Though all things pass, let not Your glory depart from us. Help us to become co-workers with You and endow our fleeting days with abiding worth.

Baruch Ata Adonai, ha-ma'ariv aravim!

בָּרוּךְּ אַתָּה יְהוָה. הַפַּעֲרִיב עֲרָבִים!

Blessed are you, O Eternal, Who brings on the evening!

The rubric known as the "Shema and its Blessings" begins with *Barchu* and then proceeds to declare four blessings relating to four aspects of our faith: the above blessing concerning Creation, a blessing thanking the Eternal for Revelation, and then blessings about Redemption and Divine Providence. The *Shema* and *V'ahavta*, the Biblical high point of the Evening Service, appear in the midst of these blessings, after those for Creation and Revelation and prior to those concerning Redemption and Providence.

ערבית לשבת/Sabbath Evening Service שמע וברכותיה/Shema and its Blessings

Barchu	ברכו
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V'shamru	ושמרו

Revelation

∫Ahavat olam Beit Yisra-el am-cha ahavta.

Torah u'mitzvot, Chukim u'mishpatim otanu lamad'ta.

Al kein Adonai Eloheinu b'shochbeinu uv'kumeinu nasiach b'chukecha.

V'nismach b'divrei Tora-techa uv'mitzvotecha l'olam va-ed.

Ki heim cha-yeinu v'orech ya-meinu u'vahem ne-h-geh yomam va'leilah.

V'ahavat-cha al tasir mi-menu l'olamim. Baruch Atah Adonai oheiv amo Yisrael. לּאַהְבָּת עוֹלָם, בֵּית יִשְּׂרָאֵל עַמְּדְּ, אָהָבְתָּ. תּוֹרָה וּמִצְּוֹת חֻקִּים וּמִשְׁפָּטִים אוֹתָנוּ לִמַּדְתָּ. וּמִשְׁפְּטִים אוֹתָנוּ לִמַּדְתָּ. וּבְקוּמֵנוּ נָשִׁיחַ בְּחָקֶיךְ. וְנִשְׁמַח בְּדִבְרֵי תוֹרָתֶדְ וּבְמִצְוֹתֶידְ לְעוֹלָם וָעֶד: כִּי הֵם חַיֵּינוּ וְאֹרֶדְ יְמֵינוּ וּבָהֶם נֶהְנֶּה יוֹמָם וָלִיְלָה: וְאַהֲבָתְדְּ אַל תָּסִיר מִמְּנוּ לְעוֹלָמִים. בְּרוּדְ אַתָּה יְהֹוָה. אוֹהֵב עַמּוֹ

With eternal love have You loved Your people, the House of Israel. Torah and Commandments, statutes and judgements have You taught us. Therefore O Eternal our God, when we lay down and when we rise up we will discuss your statutes; and rejoice in the words of Your Torah and your Commandments forever. For they are our lives and the length of our days, and we will meditate upon them day and night. May You never remove Your love from us forever and ever. Blessed are You O Eternal, Who loves God's people, Israel.

The above prayer recognizes and thanks the Eternal for the Revelation of the Torah. Although some outside of Judaism decry the Torah, opining its six-hundred-thirteen commandments levy a terrible burden, we the faithful thank God for these spiritually uplifting rules to live by. Our Sages teach the Torah's promulgation of these laws constitute a sign of Divine love for the Jewish people. Included amongst these holy commandments, of course, are those of Sabbath observance.

Very Sabbath Evening Service/ערבית לשבת Shema and its Blessings/שמע וברכותיה

Barchu	ברכו
Creation	מעריב ערבים
Revelation	אהבת עולם
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה
The Shadow of Your Wings	השכיבנו
V'shamru	ושמרו

יִשְׁרָאֵל יְהֹוָה אֱלֹהֵינוּ יְהֹוָה אֶחָ 🕽 עָׁ שְׁרָאֵל יְהוָה אֶחָ 🕽 יִשְׁרָאֵל יְהוָה אֶחָ

♪ Shema Yisrael Adonai Eloheinu, Adonai Echad!

Hear O Israel, the Eternal is our God, the Eternal is One!³

לַבְּרוּדְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד:

♪Baruch sheim k'vod malchuto l'olam va-ed.

Blessed be the glorious name of the One Whose kingdom is for ever and ever.

Jewish tradition calls upon the worshipper to concentrate upon the words "Shema Yisrael" with undivided attention as the Hebrew word shema not only means to hear, but to understand, internalize and hearken to. Hence, many have adopted the custom of covering their eyes to aid such concentration. In addition, the Rabbis see "Shema Yisrael" as the ultimate statement of the acceptance of the Yoke of Heaven. That is, they regard the recitation of the Shema as a declaration of the unique authority of the Eternal God in our lives and our loyalty to the covenant between God and the Jewish people; which of course implies our commitment the moral behavior the Covenant demands. In Reform practice the Shema has come to be known as the "watchword of our faith." As Reform Judaism has consistently valued acts of faith, Reform practice has it that the congregation stands while uttering these words. Some regard the Shema as the "pledge of allegiance" of the Jewish people.

We customarily recite the words "Baruch Sheim Kavod" in an undertone to indicate they are not part of the Biblical text. Rather, these words constitute the liturgical formula worshippers in the Jerusalem Temple would utter as they prostrated themselves upon hearing the Tetragrammaton, the four-letter name of God. In memory of this liturgical moment we still utter these words today.

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³ Deuteronomy 6: 4.

Very Sabbath Evening Service/ערבית לשבת Shema and its Blessings/שמע וברכותיה

Barchu	ברכו
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V'shamru	ושמרו

*The congregation is seated:

V'ahavta eit Adonai Elohecha,

b'col l'vav'cha uv'chol naf'sh'cha uv'chol m'odecha. V'hayu ha'd'varim ha'eileh asher Anochi m'tzav'cha hayom al l'vavecha. V'shinantam l'vanecha v'debarta bam, b'shivt'cha b'veitecha uv'lech-t'cha vaderch, uv'shoshbcha uv'kumecha. Ukshartam l'ot al yadecha, v'hayu l'totafot bein einecha. Uchtavtam al m'zuzot beitecha u'visharecha. וְאָהַבְּתָּ אָת יְהְוָה אֶלהֵידּ, בְּכָל-לְבָבְּךְּ וּבְכָל-נַפְשְׁךְ וּבְכֵל מְאֹדֶדְ: וְהִיוֹּ הַדְּבָרִים הָאֵלֶה אֲשֶׁר אָנֹכִי מְצַוְּךָּ הַיּוֹם עַל לְבָבֵּך: וְשִׁנַנְתָּם לְבָנֵידְּ, וְדִבּּרְתָּ בָּם, בְּשִׁרְתְּדְ בְּבֵיתֶּדְ וּבְלֶבְתְּדְ בַדֶּרֶדְ וּבְשָׁכְבְּדָּ וּבְקוֹמֶדְ: וּקְשַׁרְתָּם לְאֹוֶת עַל-יָדֶדְ, וְהָיוּ לְטֹטְפָת בֵּיוֹ עֵינֵידְ: וּכְתַבְתָּם עַל-מִזֵּזוֹת בֵּיתֵּדְ וּבִשְׁעֲרֵידְ:

You shall love the Eternal your God with all your heart and with all your soul and with all your might. These words which I command you today shall be upon your heart. Teach them diligently to your children; speak of them when sitting in your home and in your traveling on the way, and when you lie down and when you rise up. And you shall bind them as a sign upon your hand and they shall be emblems between your eyes; and write them upon the doorposts of your house and upon your gates.⁴

L'ma'an tiz-k'ru va-asitem et kol mitzvotai. Vi-h'yitem k'doshim lei-lo-heichem. Ani Adonai Eloheichem asher hotzeiti et-chem me-eretz Mitzrayim li-h'yot lachem lei-lo-him. Ani Adonai Eloheichem. לְמַעַן תּזְּכְּרוּ, וַעֲשִּׁיתֶם אֶת-כָּל-מִצְוֹתֻּי. וִהְיִיתֶם קְדשִׁים לֵאלֹהֵיכֶם: אֲנִּי יְהֹוָה אֱלֹהֶיכֶם, אֲשֶׁר הוֹצֵאִתִּי אֶתְכֶם מֵאָרֶץ מִצְרִים לִהְיוֹת לָכֶם לֵאלֹהֵים. אֲנִי יִהֹוָה אֵלֹהֵיכֵם: אֱמֶת...

In order that you remember My Mitzvot and do them; so shall you consecrate yourselves to your God. I, the Eternal, am your God who took you out of Egypt to be your God; I the Eternal am your God. 5 True...

⁴ Deuteronomy 6: 5-9.

⁵ Numbers 15:40-41.

ערבית לשבת/Sabbath Evening Service שמע וברכותיה/Shema and its Blessings

Barchu	ברכו
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V'shamru	ושמרו

Redemption

אֱמֶת וֶאֱמוּנָה כָּל זֹאת וְקַיָּם עָלֵינוּ. כִּי הוּא יְהֹוָה אֱלֹהֵינוּ וְאֵין זוּלָתוֹוֹ. וַאֲנַחְנוּ יִשְׂרָאֵל עַמּוֹ : הַפּּוֹדֵנוּ מִיַּד מְלָכִים. מַלְבֵנוּ הַגּוֹאֲלֵנוּ מִכַּף כָּל הֶעְרִיצִים. הָאֵל הַנִּפְּרָע לָנוּ מִצְּרֵינוּ. וְהַמְשַׁלֵּם גְּמוּל לְכָל אוֹיְבֵי נַפְשֵׁנוּ : הְעוֹשֶׁה גְּדוֹלוֹת עַד אֵין חֵקֶר. וְנִפְּלָאוֹת עַד אֵין מִסְפָּר. הַשָּׁם נַפְשֵׁנוּ בַּחַיִּים. וְלֹא נָתַן לַמּוֹט רַגְּלֵנוּ עַל כָּל שוֹנְאֵינוּ : הָעוֹשֶׁה לָנוּ נִסִים וּנְקָמָה בְּפַרְעֹה. אוֹתוֹת הַמַּדְרִיכֵנוּ עַל בָּמוֹת אוֹיְבֵינוּ. וַיָּיֶבְם קַרְנֵנוּ עַל כָּל שוֹיְאֵינוּ : הָעוֹשֶׁה לָנוּ נִסְים וּנְקָמָה בְּעָרְתוֹ בָּל בְּכוֹרֵי מִצְּרָיִם. וַיּוֹצֵא אֶת עַמּוֹ יִשְׂרָאֵל מִתּוֹכְם לְחֵרוּת עוֹלֶם : וְרָאוּ בָנִיוֹ גְּבוּרָתוֹ. שִׁבְּחוּ וְהוֹדוּ לִשְׁמוֹ, וּמַלְכוּתוֹ, בְּרְצוֹן קִבְּלוּ עֲלֵיהֶם : מֹשֶׁה וּבְנֵי יִשְׂרָאֵל לְךְּ עָנוּ שִׁירָתוֹ רַבָּה. וִאָּמְרוּ כַּלֶּם :

Eternal truth it is that You alone are God, and there is none else. May the righteous of all nations rejoice in Your love and exult in Your justice.

Let them beat their swords into plowshares; Let them beat their spears into pruning hooks.⁶

Let nation not lift up sword against nation; let them study war no more.⁷ You shall not hate another in your heart;⁸ you shall love your neighbor as yourself.⁹

Let the stranger in your midst be to you as the native; for you were strangers in the land of Egypt. ¹⁰ From the House of Bondage we went forth to freedom, So let all be free to sing with joy:

⁶ Isaiah 2:4; Micah 4:3.

⁷ Isaiah 2:4; Micah 4:3.

⁸ Leviticus 19:17.

⁹ Leviticus 19:18.

¹⁰ A paraphrase of Leviticus 19: 33-34. One of thirty-three times Scripture commands justice and compassion for the stranger. The Rabbis point to kindness towards the stranger being one of the Eternal's prime concerns; along with kindness toward the widow, orphan and the poor.

Value of the Sabbath Evening Service ערבית לשבת/Shema and its Blessings

Barchu	ברכו
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√ Mi cha-mocha ba-eilim Adonai? Mi ka-mocha ne-dar ba-kodesh, norah t'hilot o-seih fe-leh?

Malchut-cha ra-u va-necha bo-ke-a yam lifnei Moshe. Zeh Eili anu v'amru:

Adonai yim-loch l'olam va-ed. V'ne-e-mar: Ki fada Adonai et Ya'akov ug'a-lo miyad chazak mi-men-u.

Baruch Atah Adonai ga'al Yisrael!

ל מִי כְמֹכָה בָּאֵלִם יְהֹוָה. מִי כְּמֹכָה נֶאְדָּר בַּקּדֶשׁ. מִי כְּמֹכָה נֶאְדָּר בַּקּדֶשׁ. מַלְכוּתְךְּ רָאוּ בָנֶיךְּ. בּוֹקֵעַ יָם לִפְנֵי מֹשֶׁה. זָה אֵלִי עְנוּ וְאָמְרוּ: יְהֹוָה יִמְלֹךְ לְעַלָם וְעֶד: וְנֵאֱמֵר: כִּי פָדָה יְהוָה אֶת יַעֲקב. וּגְאָלוֹ מִיַּד חָזָק מִמֶּנוּ: בָּרוּךְ אַתָּה יִהוָה. נָאַל יִשְׁרָאֵל:

Who is like You among the gods that are worshipped, O Eternal? Who is like You, majestic in holiness? Awesome in praises; doing wonders!¹¹

Your children saw Your kingdom, the splitting of the sea before Moses. They exclaimed, "This is my God!" 12 and continued: "The Eternal will rule forever and ever!" 13

As it is said: "For the Eternal has redeemed Jacob and has delivered him from the hand of one stronger than him." 14

The section on Redemption culminates in the rhetorical question, "Mi chamocha," "Who is like you?" This question along with the statement, "The Eternal will rule forever and ever" arguably constitute the essence of the Song of the Sea (Exodus 15), the song our ancestors sang as they crossed the midst of the Reed Sea "on dry land," the Redemption from Egypt in ancient days. The Rabbis teach we will again sing the Song of the Sea at the time of the Ingathering of the Exiles in the Messianic Era, the Redemption at the End of Days. Not only has the Eternal redeemed Israel in ancient days, but God does so today and will bring redemption in the future!

¹¹ Exodus 15:11

¹² Exodus 15: 2

¹³ Exodus 15:18

¹⁴ Jeremiah 31: 10

Value Sabbath Evening Service/ערבית לשבת Shema and its Blessings/שמע וברכותיה

Barchu	ברכו
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V'shamru	ושמרו

הַשְׁפִּיבֵנוּ יְהוָה אֱלֹהֵינוּ לְשָׁלוֹם. וְהַעֲמִידֵנוּ מֵלְפֵּנוּ לְחַיִּים. וּפְרוֹשׁ עָלֵינוּ סֻכַּת שְׁלוֹמֶדְּ. וְתַקְנֵנוּ בְּעֵצָה טוֹבָה מִלְפָנֶידְּ. וְהוֹשִׁיעֵנוּ לְמַעַן שְׁמֶדְּ וְהָגֵן בַּעֲדֵנוּ. וְהָסֵר מֵעַלֵינוּ אוֹיֵב דָּבֵר וְחֵרֵב וְרַעַב וְיֵגוֹן.

Cause us, O Eternal our God, to lie down in peace and to awaken each morning to renewed life and strength. Spread over us the holy shelter of Your Peace.

Help us to order our lives by your counsel and lead us in the paths of righteousness. Be a shield about us, protecting us from hate and war, from pestilence and sorrow.

ְוְהָסֵר שָּׁטָן מִלְּפְנֵינוּ וּמֵאַחֲרֵינוּ. וּבְצֵל כְּנְפֶיךּ תַּסְתִּירֵנוּ. כִּי אֵל שׁוֹמְרֵנוּ וּמַצִּילֵנוּ אָתָּה. כִּי אֵל מֶלֶךְ חַנּוּן וְרַחוּם אָתָּה. וּשְׁמוֹר צֵאתֵנוּ וּבוֹאֵנוּ לְחַיִּים וּלְשָׁלוֹם מֵעַתָּה וְעַד עוֹלָם: וּפְרוֹש עָלֵינוּ סֻכַּת שְׁלוֹמֶךּ: בָּרוּךְּ אַתָּה יְהוָה הַפּוֹרֵשׁ סֻכַּת שָׁלוֹם עָלֵינוּ וְעַל כָּל עַמּוֹ יִשְׂרָאֵל וְעַל יְרוּשָׁלָיִם:

Curb also within us the inclination to do evil and shelter us beneath the shadow of Your wings. Guard our going out and our coming in unto life and peace, from this time forth and forever.

Blessed are You O Eternal, Whose holy shelter of Peace is spread over us, over all God's people Israel, and over Jerusalem!

The Talmud (*B'rachot* 4a) considers this prayer an extension of the previous liturgy concerning Redemption. Just as we look for Divine help in bringing the Messianic Age we seek the Eternal as our Savior from the "terrors of the night."

Value of the Sabbath Evening Service ערבית לשבת/Shema and its Blessings

Barchu	ברכו
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✓ V'shamru v'nei Yisrael et ha-Shabbat. La-a-sot et ha-Shabbat l'doro-tam b'rit o-lam: V'shamru...

ן וְשָׁמְרוּ בְנֵי יִשְׁרָאֵל אֶת הַשַּׁבָּת. לַצְשׁוֹת אֶת הַשַּׁבָּת לְדֹרתָם בְּרִית עוֹלָם: וְשָׁמְרוּ...

Bei-ni u'vein B'nei Yisrael ot hi l'olam: V'shamru...

בֵּינִי וּבֵין בְּנֵי יִשְרָאֵל אוֹת היא לְעוֹלָם: וְשַׁמִרוּ...

Ki shei-shet yamim asah Adonai et hashamyim v'et ha-aretz: VShamru...

בִּי שֵׁשֶׁת יָמִים עָשָׂה יְהֹוָה אֶת הַשְּׁמֵיִם וְאֶת הָאָרֵץ: וְשַׁמִרוּ...

U'va-Yom ha-Sh'vi-i shavat v'yi-na-fash: V'shamru...

וּבִיוֹם הַשְּׁבִיעִי שְׁבַת וַיִּנְּפַשׁ: וַשַּׁמִרוּ...

And the Children of Israel shall observe the Sabbath; to make the Sabbath throughout their generations as an eternal covenant. Between Me and the Children of Israel it shall be a sign forever. For in six days did the Eternal make the heavens and the earth. And on the Seventh Day God rested and refreshed the Divine soul!¹⁵

The insertion of the Biblical paragraph, *V'shamru*, at this point in the liturgy serves a practical purpose. It immediately precedes the *Amidah* to remind the worshipper the upcoming *Amidah* is the Sabbath version of the prayer containing seven blessings, and not the weekday version of nineteen blessings. The paragraph itself, taken from the Biblical epic of the building of the *Mishkan*, the Sanctuary in the Wilderness, again reminds the congregation of forbidden categories of Sabbath work as the Rabbis derive the definition of "work" (מלאכה) from this text as any of the thirty-nine classifications of activities associated with the building of the Sanctuary. The paragraph famously describes the Shabbat as rest for the body and refreshment for the soul.

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¹⁵ Exodus 31: 16-17.

Sabbath Evening Service/ערבית לשבת <u>Amidah/עמידה</u>

Avot (Ancestors)	אבות
G'vurot (Strengths)	גבורות
K'dushat Hashem (Holiness of the Name)	קדושת השם
Holiness of the Day	, קדושת היום
Acceptance of Worship	, עבודה
Thanksgiving	הודאה
Peace	שלום

The congregation takes three steps back, then forward, stands at attention to pray in silent devotion:

אַדנָי שִׁפָתַי תִּפְתָּח וֹפִי יַגִּיד תִּהְלֶּתֵדְּ:

O God open up my lips that my mouth may declare Your glory! 16

בְּרוּךְ אַפָּה, יְהֹוָה, אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וֵאלֹהֵי אָפּוֹתֵינוּ. אֱלֹהֵי אַבְּרָהָם. אֱלֹהֵי יִצְחָק. וֵאלֹהֵי יַצְקָב. אֱלֹהֵי שְׁרָה. אֱלֹהֵי רְבְקָה. אֱלֹהֵי רָחֵל. וֵאלֹהֵי לֵאָה. הָאֵל יַצְּחְק. וֵאלֹהֵי יַצְקָב. וְאלֹהֵי שְׁרָה. הְאֵל הַצְּדִיל הַגִּבּוֹר וְהַנּוֹרָא אֵל עֶלְיוֹן. גּוֹמֵל חֲסְדִים טוֹבִים. וְקוֹנֵה הַכּּל. וְזוֹכֵר חַסְדֵּי אְבוֹת וְאִפְּהוֹת. וּמֵבִיא גוֹאֵל לִבְנֵי בְנֵיהֶם לְמֵעַן שְׁמוֹ בְּאַהְבָה:
בעשיית: זָכְרֵנוּ לְחַיִּים. מֶלֶךְ חָפֵץ בַּחִיִּים. וְכָתְבֵנוּ בְּסֵפֶר הַחַיִּים. לְמַעַנְךְּ אֱלַהִים חַיִּים:
מֵלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמָגַן: בָּרוּדְ אַתָּה יִהוֹה, מָגֵן אַבְרָהָם וִשְּׁרָה:

Blessed are You, O Eternal our God and God of our Patriarchs and God of our Matriarchs: God of Abraham, God of Isaac and God of Jacob, God of Sarah, God of Rebecca, God of Rachel and God of Leah. The great, mighty and awesome God, God Most High! Who bestows loving kindness and creates all and remembers the loving deeds of the Patriarchs and Matriarchs, and in love brings a redeemer to the children of their children for the sake of the Divine name. (On Shabbat Shuvah: Remember us for good, Ruler Who delights in life; and inscribe us in the Book of Life for Your sake, O God of Life!) Ruler, Helper, and Savior, and Shield. Blessed are You, Eternal, Shield of Abraham and Sarah.

We sometimes call the *Amidah* ("Standing Prayer") the *T'fillah* ("The Prayer" par excellence) because it constitutes the main Rabbinic prayer of the worship service. Many also refer to the prayer as the *Sh'moneh Esrei* which means "Eighteen" because its weekday version originally contained eighteen blessings (the weekday version now contains nineteen blessings). The Shabbat *Amidah* consists of seven blessings. The first three and final three remain standard to all versions of the prayer, while the middle one specifically blesses the holiness of the Sabbath. As noted in the Introduction, from ancient days a debate has ensued as to the origins of the worship service. Some attach its beginnings to the prayers of the Patriarchs. Others argue the prayer service and, in particular, the *Amidah* actually takes the place of the daily sacrifices. Since the priests made only two daily sacrifices, morning and afternoon, the Rabbis ruled the morning and afternoon *Amidah* obligatory. However, because the sacrificial meats etc. remained on the altar all night, there are those who declared the praying of the evening *Amidah* preferable but not a must. Hence neither the prayer leader nor the congregation chants the prayer aloud, as would be the case in the morning and the afternoon. By the Middle Ages the Rambam opined the evening *Amidah* had become so ingrained a custom its silent evening offering had become obligatory.

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¹⁶ Psalm 51:17.

Sabbath Evening Service/ערבית לשבת Amidah/עמידה

Avot (Ancestors)	אבות
G'vurot (Strengths)	גבורות
K'dushat Hashem (Holiness of the Name)	קדושת השם
Holiness of the Day	קדושת היום
Acceptance of Worship	עבודה
Thanksgiving	пітя
Peace	שלום

אַתָּה גְבּוֹר לְעוֹלָם, אֲדֹנָי, מְחַיֵּה הַכּּל (מֵתִים) אַתָּה. רַב לְהוֹשֵׁיעֵ:
בקיץ: מוֹרִיד הַשָּל.
בקיץ: מוֹרִיד הַשָּל.
מְכַלְכֵּל חַיִּים בְּחֶסֶד. מְחַיֵּה הַכּּל (מֵתִים) בְּרַחֲמִים רַבִּים. סוֹמֵך נוֹפְלִים וְרוֹפֵא חוֹלִים וּמַתִּיר אֲסוּרִים. וּמְקַיֵּם אֱמוּנְתוֹ לִישֵׁנִי עָפָר. מִי כָמוֹדְּ בַּעַל גְּבוּרוֹת וּמִי
דוֹמֶה לָּדְ. מֶלֶדְ מֵמִית וּמְחַיֶּה וּמֵצְמִיחַ יְשׁוּעָה:
(בעשרת ימי תשובה: מי כָמוֹדְ אָב הָרַחֲמִים. זוֹכֵר יְצוּרָיו לְחַיִּים בְּרַחֲמִים.)
וְנָאֱמֶן אַתָּה לְהַחֲיוֹת הַכּּל (מֵתִים):
בָּרוּדְ אַתָּה יִהֹוָה, מְחַיֵּה הַכּּל (הַמֵּתִים):

You are eternally mighty, my Lord. You give life to all (the dead) and have great power to save.

In summer: God causes dew to fall. In winter: God makes the wind blow and causes rain to fall.

God sustains the living with loving-kindness, and with great compassion gives life to all (the dead). God supports the fallen, heals the sick, sets captives free and keeps faith with those who sleep in the dust. Who is like among the mighty and who may be compared to You; Ruler who brings death and gives life and makes salvation grow. (Ten Days of Teshuvah: Who is like You, Parent of mercy who remembers God's creatures with mercy for life?) Faithful are You to give life to all (revive the dead).

Blessed are You, Eternal, Who gives life to all (revives the dead).

אַתָּה קָדוֹשׁ וְשִׁמְדְּ קָדוֹשׁ. וּקְדוֹשִׁים בְּכָל יוֹם יְהַלְלוּדְּ שֶּלָה. בַּרוּדְ אַתַּה יִהֹוָה הַאֵל (בעשיית: הַמֵּלֶדְ)הַקְּדוֹשׁ:

You are holy and Your name is holy; the holy ones everyday praise You forever.

Blessed are You O Eternal, *the Holy God! (*Ten Days of Teshuvah: the Holy King!)

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Holiness of the Day	קדושת היום
Acceptance of Worship	עבודה
Thanksgiving	ытия
Peace	שלום

אַתָּה קְדַּשְׁתָּ אֶת יוֹם הַשְּׁבִיעִי לִשְׁמֶדְּ. תַּכְלִית מֵעֲשֵׁה שָׁמֵים וָאָרֶץ. וּבֵרַכְתּוֹ מִפָּל הַיָּמִים. וְקִדַּשְׁתּוֹ מִפָּל הַוְּמֵנִים. וְכֵן כָּתוּב בְּתוֹרָתֶדְּ: וַיְכֵלוּ הַשְּׁמֵיִם וְהָאָרֶץ וְכָל צְבָאָם: וַיְכַל אֱלֹהִים בִּיּוֹם הַשְּׁבִיעִי מְלָּאכְתּוֹ אֲשֶׁר עָשָׁה. וַיִּשְׁבּת בִּיּוֹם הַשְּׁבִיעִי מִפָּל מְלַאכְתּוֹ אֲשֶׁר עָשָׁה: וַיְבָרֶדְ אֶלֹהִים אֶת יוֹם הַשְּׁבִיעִי וַיְקַדֵּשׁ אֹתוֹ. כִּי בוֹ שָׁבַת מִכָּל מְלַאכְתּוֹ אֲשֶׁר בָּרָא אֱלֹהִים לַעֲשוֹת:

You have sanctified the seventh day for the sake of Your name; the culmination of the making of heaven and earth. Of all days You blessed it. And of all seasons You sanctified it. As it written in Your Torah: "Thus, the heavens and the earth and all their hosts were completed. And God finished the work He had done on the seventh day. And He rested on the seventh day from all the work He had done. And God blessed the seventh day and sanctified it. For on it God rested from all the work He had created to do.^{17"}

Each Shabbat *Amidah*, as well as each Sabbath meal, reflects a theme. Creation stands as the theme of Friday night. The theme of Shabbat morning is Revelation. Redemption characterizes Shabbat afternoon. Consistent with the theme of Creation the Friday night *Amidah* quotes Genesis 2: 1-3, depicting the Sabbath as the culmination of the seven days of Creation. Biblical commentators note Scripture mentions holiness for the first time in the verse quoted above in relation to the Sabbath. Others ask: if God accomplishes Creation in seven days, what does the deity create on the Shabbat? They answer: why, rest, of course! God builds the principle of rest into the very fabric of Creation. That is, our Creator designed all created things to possess two complementary phases, a diastolic and systolic, or a flexing and a relaxation. A muscle that attempts only to flex, for instance, will not be able to function for very long. Rather, the muscle requires a relaxation. God builds this need to relax into the very fabric of Creation. Just as the muscle needs to let go in order to function, so do we as human beings as part of God's Creation require rest in order to function properly. The Torah teaches Shabbat is the time to relax, par excellence! Hence, the Friday night *Amidah* in its emphasis upon Creation reflects these concepts.

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¹⁷ Genesis 2:1-3.

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Thanksgiving	הודאה
Peace	שלום

אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ רְצֵה בִמְנוּחָתֵנוּ. קַדְּשֵׁנוּ בְּמִצְוֹתֶּדּ וְתֵּן חֶלְקֵנוּ בְּתוֹרָתֶדְּ. שַּבְּצֵנוּ מִטוּבֶדְ וְשַׁמְּחֵנוּ בִּישׁוּעָתֶדְּ וְטַהֵּר לִבֵּנוּ לְעָבְדְדְ בָּאֲמֶת. וְהַנְחִילֵנוּ יְהֹוָה אֱלֹהֵינוּ בְּאַהֲבָה וּבְרָצוֹן שַׁבַּת קָדְשֶׁדְ. וְיָנוּחוּ בוֹ יִשְׂרָאֵל מְקַדְּשֵׁי שְׁמֶדְ: בָּרוּדְ אַתָּה יִהֹוָה מִקַדֵּשׁ הַשַּׁבָּת:

Our God and God of our ancestors, find favor in our rest. Sanctify us with your Mitzvot and grant us our share in Your Torah. Satisfy us with Your goodness and grant us joy in Your salvation and purify our hearts so we may serve You in truth. In love and favor Eternal our God grant us as a heritage Your holy Sabbath so that Israel who sanctifies Your name may find rest during it. Blessed are You, Eternal, Who sanctifies the Sabbath.

רְצֵה יְהֹוָה אֱלֹהֵינוּ בְּעַמְּךּ יִשְּׂרָאֵל וּבְתְפִלְּתָם. וְהָשֵׁב אֶת הָעֲבוֹדָה לִדְבִיר בִּיתֶדְּ. וְאִשֵּׁי יִשְּׂרָאֵל וּתְפִלְּתָם. בְּאַהֲבָה תְקַבֵּל בְּרָצוֹן. וּתְהִי לִרָצוֹן תָּמִיד עֵבוֹדַת יִשִּׁרָאֵל עַמֵּך:

May You take delight in Your people Israel and their prayer. May You return the service to the shrine of Your House. And may You accept the devotions and prayer of Israel with favor in love. O may the worship of Your people Israel always be acceptable to You!

The final three blessings of the *Amidah* begin with *R'tzei* (רצה), "May You take delight." As we near the end of the *Tefillah* this section of the liturgy gives voice to our prayer that the Eternal accepts our worship. Since the destruction of the Jerusalem Temple in 70 C.E. the blessing has contained a phrase expressing our desire to return to the Temple's inner sanctum for worship there in fulfillment the Torah's prescription. As the rebuilt or Third Temple stands as a symbol of the Messianic Age, the prayer reflects our yearning for the Redemption of humanity in the End of Days. The resumption of the sacrificial cult, however, remains a matter of debate.

The blessings for Thanksgiving and Peace follow R'tzei.

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On Rosh Chodesh and Chol Hamoed we add:

אֶלהֵינוּ וֵאלהֵי אֲבוֹתֵינוּ. יַעֲלֶה וְיָבוֹא וְיַגִּיעַ. וְיֵרְאֶה וְיֵרְצֶה וְיִשְּׁמֵע. וְיִפְּקֵד וְיִזְּכֵר זִּכְרוֹנֵנוּ וּפִּקְדוֹנֵנוּ וְזִכְרוֹן אֲבוֹתֵינוּ. וְזִכְרוֹן מָשִיחַ בֶּן דְּוִד עַבְדֶּדְ. וְזִכְרוֹן יְרוּשָׁלֵיִם עִיר קִדְשֶׁדְּ. וְזִכְרוֹן כָּל עַמְּדְּ בֵּית יִשְׂרָאֵל. לְפָנֵידְּ. לִפְלֵיטָה לְטוֹבָה. לְחֵן וּלְחֶסֶד וּלְרַחֵמִים, לָחַיִּים טוֹבִם וּלִשָּׁלוֹם בִּיוֹם

בראש חדש: ראשׁ הַחֹדֶשׁ הַזֶּה בחוחמיים: חֵג הַמַּצוֹת הַזֶּה בחוחמייס: חַג הַסֻּכּוֹת הַזֶּה. זָכְרֵנוּ יְהוָה אֱלֹהֵינוּ בּוֹ לְטוֹבָה. וּפְקְדֵנוּ בוֹ לִבְרָכָה. וְהוֹשִׁיעֵנוּ בוֹ לְחַיִּים. וּבִדְבַר יְשׁוּעָה וְרַחֲמִים חוּס וְחָנֵנוּ וְרַחֵם עָלֵינוּ וְהוֹשִׁיעֵנוּ. כִּי אֵלֶיךְ עֵינֵינוּ. כִּי אֵל מֶלֶךְ חַנּוּן וְרַחוּם אָתָּה:

Our God and God of our ancestors may there rise and come and reach, and appear, and be favored and heard, and regarded and remembered before You: our recollection and our remembrance, as well as the remembrance our ancestors and the remembrance of the Davidic Messiah Your servant, and the remembrance of Jerusalem Your holy city and the remembrance of all of Your people the House of Israel -- for deliverance, for good, for grace and love and compassion, for a good life and peace on this day of

(on first day of the new month) Rosh Chodesh

(on Chol Hamoed Pesach) the Festival of Unleavened Bread

(on Chol Hamoed Succot) the Festival of Succot

Remember us O Eternal our God for good, and be mindful of us for blessing, and deliver us for life. In accordance with Your promise of deliverance and compassion, have mercy upon us and be gracious to us and have compassion upon us and save us; for our eyes are turned to You for You are a gracious and compassionate Ruler.

On all days we continue:

וְתֶּחֱזֶינָה עֵינֵינוּ בְּשׁוּבְדְּ לְצִיּוֹן בְּרַחֲמִים: בָּרוּדְ אַתָּה יְהֹוָה. הַמַּחֲזִיר שְׁכִינָתוֹ לְצִיּוֹן:

May our eyes witness Your return to Zion in mercy. Blessed are You, Eternal, Who returns the Divine Presence to Zion.

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*One bows on "Modim" or "We give thanks" and rises on God's name:

*מוֹדִים אֲנַחְנוּ לֶדְ. שָׁאַתָּה הוּא יְהֹוָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ לְדְּיֹר לְדִּוֹר יְדִּוֹר: נוֹדֶה לְדְּ
לְעוֹלָם וָעֶד. צוּר חַיֵּינוּ מָגְּן יִשְׁעֵנוּ אַתָּה הוּא לְדוֹר וְדוֹר: נוֹדֶה לְדְּ
וּנְסַפֵּר תְּהִלֶּתֶדְּ עֵל חַיֵּינוּ הַמְּסוּרִים בְּיָדֶדְּ. וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לֶדְ. וְעַל נִפֶּידְ שֶׁבְּכָל
עֵת. עֶרֶב וְבֹקֶר וְצְהְרָיִם:
עַת. עֶרֶב וָבֹקֶר וְצְהְרָיִם:
הַטוֹב כִּי לֹא כָלוּ רַחֲמֶידְ.
וְמַטוֹלֵם קּוִינוּ לַדְ:

We give thanks to You, for You are the Eternal our God and God of our ancestors for ever and ever. You are the Rock of our lives, the Shield of our salvation from generation to generation. We will give thanks to You and recount Your praise for our lives which are entrusted to Your hand; and for our souls, which are placed in Your charge, and upon Your miracles which are with us every day, and Your wonders and Your acts of goodness which are with us at all times, evening and morning and afternoon.

You are the Good – Your compassion never ends.

You are Compassion – Your love never ceases.

We have always placed our hope in You.

According to Rabbi Lawrence Hoffman the liturgy מּרְדִּים אֲבַּחְנוּ לָּדָּ (Modim anachnu Lach) translated above, "We give thanks to you," may also be construed not only as Thanksgiving but a praise of the Holy Blessed One. The word מּרֹדִים (Modim) can mean to confess or acknowlege. The greatness of God and our dependence upon the Eternal's compassion and goodness move us to the point of acknowledgment at this point in the liturgy.

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Peace	שלום

For Chanukah:

עַל הַנִּסִּים וְעַל הַפֵּּרְקָן וְעַל הַנְּבוּרוֹת וְעַל הַתְּשׁוּעוֹת וְעַל הַמִּלְחָמוֹת שֶׁעָשִׂיתָ לַאֲבוֹתֵינוּ בַּיָּמִים הָהֵם בִּוְּמַן הַזֶּה:

בִּימִי מַתִּתְיָהוּ בֶּן יוֹחָנָן כּהֵן נְּדוֹל חַשְׁמוֹנָאִי וּבָנָיו. כְּשְׁעִמְדָה מַלְכוּת יָוָן הָרְשָׁעָה עַל בִּימִי מַתִּקְיָהוּ בֶּן יוֹחָנָן כּהֵן נְּדוֹל חַשְׁמוֹנָאִי וּבָנִיו. כְּשְׁעִמְדָה מַלְכוּת יָוָן הָרְשָׁעָה עַל עַמְדְתָּ לְהַשְּׁכִּיחָם תּוֹרָתֶךְ וּלְהַעְבִירָם מֵחֻקֵּי רְצוֹנֶךְ: וְאַתָּה בְּרַחֲמֶיךְ הָרָבִּים עְמַדְתָּ לֶהַיְ לָהָם בְּעֵת צָרְתָם. רַבְּתָּ אֶת רִיבָם. דַנְתָּ אֶת דִינָם. נְקַמְתָּ אֶת נִקְמָתְם. וּרְשָׁעִים בְּיֵד עִוֹסְקֵי תוֹרָתֶךְ. וּלְךְ עָשִׁיתָ שֵׁם נָּדוֹל וְקְדוֹשׁ בְּעוֹלָמֶךְ. בְּיִד עוֹסְקֵי תוֹרָתֶךְ. וּלְךְ עָשִׂיתָ שֵׁם נָּדוֹל וְקְדוֹשׁ בְּעוֹלָמֶךְ. וּלְבִיר לְּהַבְּיךְ כְּהַיִּוֹם הַנֻּהִי וְנִלְיתִר בְּּךְ בָּאוּ בְנֶיךּ לִדְבִיר בִּיתְרָ. וְשְׁרָתֵל עְשִׂיתָ הְּשׁוּעָה נְדוֹלָה וּבְּרְקוֹ כְּהַיִּוֹם הַנָּהוֹ נֵרוֹת בְּחַצְרוֹת קִדְשֶׁךְ. וְקְבְעוּ בְּיִרְ לִישְׁרְ. וְהִדְלִיקוּ נֵרוֹת בְּחַצְירוֹת קִדְשֶׁךְ. וְקְבְעוּ בְּתִיוֹם הַנָּית חֲנֻכָּה אֵלּוּ. לְחִדְּוֹת וּלְהָבֵּל לְשִׁמְךְ הַנְּלִיקוּ נֵרוֹת בְּחַצְרוֹת קִדְשֶׁךְ. וְקְבְעוּ שְׁמִוֹת יְמֵי חֲנָכָּה אֵלּוּ. לְחוֹדוֹת וּלְהַבֵּל לְשִׁמְךְ הַנְּיִרְלִים וּ בַּנְיוֹת בְּחַבְיוֹת מְלְבָּבְיוֹ בְּתוֹת בְּחָבְיוֹת וּלְבָּוֹת וְנִבְיוֹת וֹבְיִבְיוֹת בְּיִבְיוֹת בְּבִיוֹם בְּיִבְיוֹם בְּנִיוֹם בְּיִים בְּיִינִם בְּיִבְּיוֹם הְּבָּבְיוֹם הְנִבְּוֹם הְעִבְּהוֹת בְּרְתִּיךְ בְּבִיוֹם בְּנִידְם בְּבְיוֹים בְּבְיוֹים בְּחָבְיוֹם בְּעוֹים בְּבְּיוֹם בְּבְּתוֹים בְּבִיוֹם בְּבְיוֹם בְּעִיבְּים בְּבִיוּם בְּיִבְיוֹם בְּיוֹבְם בְּבְיוֹם בְּשִׁית חָבְנָבְיוֹ בְּחְבִּיוֹם בְּעוֹבְם בְּבִּיוֹם בְּיִבְיוֹת בְּיִבְיתוֹת בְּיִבְּיוֹם בְּנִבְיוֹת בְּיוֹם בְּעוֹים בְּיוֹבְיוֹם בְּיִבְּים בְּבְּיוֹם בְּיִבְּיתְים בְּנִים בְּבְּיוֹם בְּיוֹבְיוֹם בְּנִייְים בְּבְיוֹם בְּבְיוֹים בְּנִים בְּבְיוֹם בְּיוֹם בְּבְּיוֹם בְּיוֹים בְּיוֹבְיוֹם בְּיוֹת בְּיוֹים בְּיוֹבְיוֹים בְּיוֹבְיתְים בְּיוֹם בְּבְיוֹם בְּיִבְיוֹם בְּבְּיתְבְיוֹם בְּיִים בְּיִים בְּיִבְיתְם בְּיוֹם בְּיוֹבְיתְים בְּיוֹם בְּיִים בְּיבְּים בְּעִיבְּים בְּיבְּים בְּיבְים בְּיבְים בְּיבְּים בְּיוֹם בְּיוֹים בְּיבְם בְּיבְנְבְּים בְּיִבְים בְּיוֹם בְּיִבְּלְי

For the miracles, and for the deliverance and for the mighty acts and for the acts of salvation and for the battles that You performed for our ancestors in those days at this season: In the days of Mattathias son of Yochanan the High Priest the Hasmonean and his sons; when the evil Greek kingdom stood against Your people Israel to make them forget Your Torah and force them to transgress the statutes of Your will. You in your great compassion stood by them in the time of their tribulation. You championed their cause. You judged their claim. You avenged their wrong. You delivered the powerful into the hands of the weak, the many into the hands of the few, the impure into the hands of the pure, the evil into the hands of the righteous, and the arrogant into the hands of those engaged in Your Torah. For Your sake You made Your name great and holy in Your world. And for Your people Israel you performed a great salvation and redemption that still affects us today. Afterwards your children entered the holiest part of Your House and cleansed Your Temple and purified Your Sanctuary and kindled the lamps in Your holy courts; and set these eight days of Chanukah to thank and praise Your great name.

"For the miracles," the special prayer for Chanukah inserted into the *Amidah*, reminds the worshipper not only of the story of the holiday but of the overarching theme of the eight day Rabbinic festival is the amazing survival of the Jewish people and Judaism against fantastic odds. This survival is not the result of coincidence and is not a product of sociology. Rather, God authors our redemption in the days of the Hasmoneans and in every age.

Sabbath Evening Service/ערבית לשבת <u>Amidah/עמידה</u>

Avot (Ancestors)	אבות
G'vurot (Strengths)	גבורות
K'dushat Hashem (Holiness of the Name)	קדושת השם
Holiness of the Day	קדושת היום
Acceptance of Worship	עבודה
Thanksgiving	הודאה
Peace	שלום

וְעַל בֻּלָם יִתְבָּרַך וְיִתְרוֹמַם שִׁמְדָּ מַלְבֵּנוּ תָּמִיד לְעוֹלָם וָעֶד:

For all these things may Your name be blessed and exalted our Ruler continually for all time.

בשיית וּכָתב לְחַיִּים טוֹבִים כָּל בָּגֵי בִרִיתֵדְ:

(Ten Days of Teshuvah: And may You inscribe all the Children of Your Covenant for a good life.)

*One bows on "Baruch" and rises upon the mention of God's name:

Let all that lives thank You, forever, and praise Your name in truth, God our Savior and Help. Blessed are You, Eternal, Whose name is Good and to Whom it is fitting to give thanks.

May You grant abundant Peace upon Israel forever, for You are the Master of all Peace. May it be good in Your eyes to bless Your people Israel with Your Peace at all times and in every hour.

During the Ten Days of Repentance one adds:

בעשי״ת : בְּסֵפֶר חַיִּים. בְּרֶכָה וְשָׁלוֹם. וּפַרְנָסָה טוֹבָה נִזָּכֵר וְנִכָּתֵב לְפָנֶיךּ. אֲנַחְנוּ וְכָל עַמְּדְּ בֵּית יִשְׂרָאֵל לְחַיִּים טוֹבִים וּלְשַׁלוֹם :

May we be remembered and inscribed before You in the Book of Life, Blessing and Peace, and ample Sustenance...we and Your entire people, the Family of Israel, for a good life and Peace.

בָּרוֹדְ אַתָּה יִהֹוָה. הַמְבָרֵדְ אֶת עַמּוֹ יִשְׂרָאֵל בַּשְׁלוֹם:

Blessed are You, O Eternal, Who blesses the Godly people Israel with Peace!

Sabbath Evening Service/ערבית לשבת <u>Amidah/עמידה</u>

Avot (Ancestors)	אבות
G'vurot (Strengths)	גבורות
K'dushat Hashem (Holiness of the Name)	קדושת השם
Holiness of the Day	י קדושת היום
Acceptance of Worship	, עבודה
Thanksgiving	הודאה
Peace	שלום

אֱלֹהַיֹּ. נְצֹר לְשׁוֹנִי מֵרָע וּשְׂפָתֵי מִדַּבֵּר מִרְמָה. וְלִמְקַלְלֵי נַפְשִׁי תִּדֹּם. וְנַפְשִׁי כֶּעָפָר לַכֹּל תִּהְיֶה. פְּתַח לִבִּי בְּתוֹרָתֶדְּ. וּבְמִצְוֹתֶיךְ תִּרְדֹּף נַפְשִׁי. וְכָל הַחוֹשְׁבִים עָלֵי רָעָה. מְהֵרָה הָפֵר עֲצָתָם וְקַלְקֵל מַחֲשַׁבְתָּם: עֲשֵׁה לְמַעַן שְׁמֶדְּ. עֲשֵׁה לְמַעַן שְׁמֶדְ. עֲשֵׁה לְמַעַן הְּוֹרְתֶדְ. עֲשֵׁה לְמַעַן תִּוֹרְתֶדְ. עְשֵׁה לְמַעַן תְּוֹבְעָה יְמִינְדְּ וַעֲנֵנִי: יִהְיוּ לְרָצוֹן אִמְרֵי פִי וְהֶגְיוֹן לִבִּי לְפָנֶידְ. יְהֹוָה צוּרִי וְגוֹאֲלִי:

The worshipper takes three steps back; bows left on "Oseh," right on "Hu," and center on "Aleinu": עשֵׁה שָׁלוֹם בִּמְרוֹמִיו. הוּא יַעֲשֶׁה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל. וְאִמְרוּ אָמֵן:

My God, guard my tongue from evil and my lips from speaking deceit. To those who curse me, let my soul be silent; may my soul be to all like the dust. Open my heart to Your Torah and let my soul pursue Your Mitzvot. And for all who plan evil against me, swiftly thwart their counsel and frustrate their plans¹⁸. Act for the sake of Your name. Act for the sake of Your right hand. Act for the sake of Your Torah. Act for the sake of Your holiness. That Your beloved ones may be delivered, save with Your right hand and answer me¹⁹. May the words of my mouth and the meditations of my heart be acceptable unto You, O Eternal, my Rock and my Redeemer²⁰. May the One who makes peace in God's highest heavens make peace for us and for all Israel; and let us say: Amen.

Once all have completed the Amida we customarily sing "Oseh Shalom," together:

Oseh shalom bimromav.

Hu ya-aseh shalom aleinu
v'al kol Yisrael. V'imru Amein.

€ עשֶׁה שָׁלוֹם בִּמְרוֹמָיו. הוא יַצְשֶׁה שָׁלוֹם עָלֵינוּ ועל כּל ישראל. ואמרוּ אמן:

The Amidah ends with a personal meditation composed in the fourth century by the school of Mar son of Ravina. This meditation highlights the importance of proper speech before our fellow human beings and thus forms a counterpoint to the opening focus of proper speech before God.

¹⁸ Talmud B'rachot 17a

¹⁹ Psalm 60:7.

²⁰ Psalm 19: 15.

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר
Simcha Shabbat	שמחה שבת
Counting of the Omer	ספירת העומר
Kiddush	קידוש
Hamotz	המוציא

During the days between Pesach and Shavuot we customarily Count the Omer, p. 41.

On the first Sabbath of the month we celebrate Simcha Shabbat, p. 34.



The congregation rises:

Aleinu l'shabeirach la-don hakol, lateit g'dulah l'yotzeir b'reishit, shelo asanu k'goyei ha-aratzot v'lo samanu k'mish'p'chot ha-adamah, shelo sam chelkeinu kahem v'goraleinu k'chol ha-monam.

ל עָלֵינוּ לְשַׁבֵּחַ לַאְדוֹן הַכּּל. לָתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית. שֶׁלֹא עָשָׁנוּ כְּגוֹיֵי הָאֲרָצות. וְלֹא שָׁמֲנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה. שֶׁלֹא שָׁם חֶלְקִנוּ כְּהֶם וְגוֹרָלֵנוּ כִּכָל-הַמוֹנָם:

It is incumbent upon us to praise the Master of all, to ascribe greatness to the One who accomplishes Creation. For God did not make us as the nations of the lands, and did not place us according to the families of the earth, and did not place our portion as theirs, nor our lot according to their multitude:

*Worshippers bends their knees and bow:

Va'anachnu ko-r'im umishtachavim umodim lifnei Melech malchei hamlachim HaKadosh Baruch Hu. וַאֲנַחְנוּ *כּוֹרְעִים וֹמִשְׁתַּחֲוִים וּמוֹדִים לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים הַקָּדוֹשׁ בָּרוּדְ הוּא:

We therefore bend our knees and bow in worship and give thanks before the Ruler of Rulers the Holy and Blessed One.

Originally part of the Rosh Hashanah shofar service emphasizing the sovereignty of the Holy One, Jews have employed the *Aleinu* as a closing prayer for the morning, afternoon and evening services since the Middle Ages. The prayer not only recognizes God, but also the role of the Jewish people in bringing about the Eternal's vision of a world redeemed. This prayer brings the first example of the term *Tikkun Olam* (מיקון עולם), Healing the World as a Jewish responsibility.

Very Sabbath Evening Service/ערבית לשבת Concluding Prayers סיום תפילה

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר
Simcha Shabbat	שמחה שבת
Counting of the Omer	ספירת העומר
Kiddush	קידוש
Hamotz	המוציא

She-hu noteh shamayim v'yoseid aretz.

U'moshav y'karo ba-shamayim mi-ma'al ushchinat uzo b'govhei m'romim. Hu

Eloheinu ein od, emet Malkeinu efes zulato, ka-katuv b'Torato:

v'yadata hayom, va-hashevota el l'vavecha. Ki Adonai hu haElohim ba-shamayim mi-ma'al v'al ha'aretz mi-tachat ein od.

ַלְּשֶׁהוּא נוֹטֶה שְׁמֵים וְיוֹמֵד אָרֶץ. וּמוֹשַׁב יְקָרוֹ בַּשְּׁמֵיִם מִמְּעַל. וּשְׁכִינַת עֻזּוֹ בְּגָבְהֵי מְרוֹמִים: הוּא אֱלֹהֵינוּ אֵין עוד. אֱמֶת מַלְכֵּנוּ. אֱפֶס זוּלָתוֹ. כַּכָּתוּב בְּתוֹרָתוֹ: וְיָדַעְתָּ הַיּוֹם וַהֲשֵׁבַתָּ אֶל לְבָבֶדְ. כִּי יְהֹוָה הוּא הָאֱלֹהִים בַּשְּׁמֵיִם מִמַּעַל וְעַל הָאֵרֶץ מִתָּחַת. אֵין עוֹד:

For God spreads forth the heavens and establishes the earth,²¹ and God's essence dwells in the heavens above and strength resides in the highest heights. There is no other God; our Ruler is faithful and there is none to compare as is written in the Torah: Know then today and take it to your heart, the Eternal is God in the heavens above and the earth below, there is none other.²²

ְוְעַל כֵּן נְקַנָּה לְּדְּ יְהֹנָה אֱלֹהֵינוּ לִרְאוֹת מְהֵרָה בְּתִפְּאֶרֶת עֻזֶּדְּ. לְהַעֲבִיר גִּלּוּלִים מִן הָאֶרֶץ. וְהָאֱלִילִים כָּרוֹת יִכָּרַתוּן. לְתַקֵּן עוֹלָם בְּמֵלְכוּת שַׁדֵּי. וְכָל בְּנֵי בָשָׁר יִקְרְאוּ בִשְּׁמֶדְ לְהַפְּנוֹת אֵלֶידְ כָּל רִשְׁעֵי אָרֶץ. יַכִּירוּ וְיִדְעוּ כָּל יוֹשְׁבֵי תֵבֵל. כִּי לְדְּ תִּכְרַע כָּל בֶּרֶדְ. תִּשָּׁבַע כָּל לְשׁוֹן. לְפָנֶידְ יְהֹוָה אֱלֹהֵינוּ יִכְרְעוּ וְיִפּּלוּ. וְלִכְבוֹד שִׁמְדְּ יְקָר יִתֵּנוּ. וִיקַבְּלוּ כֻלָּם אֶת עֹל מַלְכוּתָדְ. וְתִמְלדְּ עֲלֵיהֶם מְהֵרָה לְעוֹלָם וָעֶד. כִּי הַמַּלְכוּת שֶׁלְדְּ הִיא וּלְעוֹלְמֵי עַד תִּמְלדְּ בְּכָבוֹד. כַּכָּתוּב בְּתוּרְתֶדְ. יְהוָה יִמְלדְּ לְעוֹלָם וָעֶד:

We therefore, hope in You, O Eternal our God, soon to behold the splendor of Your might. Then will false gods vanish from the earth and the idols will be utterly cut off; to heal the world through the sovereignty of the Almighty!

²¹ Isaiah: 51:13.

²² Deuteronomy 4:39.

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Then will all acclaim You as their God, and forsaking evil, turn to You alone.

Let all who dwell on earth acknowledge that unto You every knee must bend, and every tongue swear loyalty.²³

Before You, O Eternal our God let them humble themselves.

To Your glorious name let them give honor.

Let all accept the yoke of Your dominion, that You may rule over them soon and forever. For the dominion is Yours and You will rule in glory, as it is written: "The Eternal will reign forever and ever." ²⁴

V'ne'emar: v'haya Adonai I'melech al kol ha'aretz. Ba-yom ha-hu yi-h'yeh Adonai Echad u'shmo Echad! ן וְנֶאֱמֵר: וְהָיָה יְהֹוָה לְמֶלֶךְ עַל כָּל הָאָרֶץ. בַּיוֹם הַהוּא יִהְיָה יְהֹוָה אֶחָד וּשִׁמוֹ אֵחָד!

As it is said: "And it shall be that the Eternal will reign over all the earth; on that day the Eternal shall be One and God's name shall be One." 25

The prophet Zechariah's vision of a day when the Eternal shall be One and God's name shall be one does not indicate one day all the earth shall be Jewish. Rather, it points to a Messianic Age when all good people will have joined together to redeem the world. The symbol of that era of perfection will be the rebuilt Third Temple in which we will once again prounounce the Tetragrammaton, the four-letter name of God currently unutterable. Hence, God's name will be one!

²⁴ Exodus 15: 18.

²³ Isaiah 45:23.

²⁵ Zechariah 14:9.

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Yitgadal v'yitkadash sh'mei rabbah. (**Amein**) b'alma divra chi-rutei v'yamlich malkchutei,

b'chayeichon uv-yomeichon uv-chayei d'chol beit Yisrael, ba-agala u'vizman kariv, v'imru: **Amein**. **Y'hei sh'mei rabbah m'varach l'alam ulalmei almaya**!

Yitbarach v'yishtabach, v'yit-pa'ar v'yit-romam v'yit-nasei v'yit-hadar v'yit-haleh v'yit-halal sh'mei d'kudshah, b'rich Hu, l'eilah min kol birchata v'shirata tushb'chata v'nechemata da-amiran b'alma, v'imru: Amein. Y'hei sh'lama rabah min sh'maya v'chayim aleinu v'al kol Yisrael, v'imru: Amein. Oseh shalom bim-romav Hu ya'aseh shalom aleinu v'al kol Yisrael, v'imru: Amein.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.(**אָמֵן)** בְּעָלְמָא דִּי בְרָא כִרְעוּתֵהּ וְיַמְלִידְ מַלְכוּתֵיהּ. בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׁרָאֵל בַּעְגָלָא וּבִזְמַן קָרִיב. וָאִמָרוּ: **אָמֵן**:

ֹיְהֵא שְׁמֵה רַבָּא מְבָרַך לְעָלַם וּלְעָלְמֵי עלמיא!

יִתְבָּרַךְּ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵּׁא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלֶּל שְׁמֵהּ דְּקֵדְשָׁא. **בְּרִידְּ הוּא**. לְעֵלָּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא תֻּשְׁבְּחָתָא וְנֵחֱמָתָא דַּאֲמִירָן בְּעַלְמָא. וְאִמְרוּ : אָמֵן: יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל. וְאִמְרוּ : אָמֵן: עוֹשֶׂה שָׁלוֹם בִּמְרוֹמִיו הוּא יַצְשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְאָמָרוּ: אַמֵּן:

May God's great name be magnified and sanctified (Amen) in the world willingly created. May God establish God's dominion in your lifetime, in your days and in the days of the entire House of Israel, speedily and soon, and say: Amen. May God's great name be blessed for ever and ever! Blessed and praised, glorified and exalted, raised and honored, uplifted and lauded be the name of the Holy One, Blessed be God, beyond any blessing, song, praise and consolation uttered in the world; and let us say: Amen. May there be abundant peace from heaven and life for us and all Israel; and let us say: Amen. May the One Who makes peace in the celestial heights make peace for us and all Israel; and let us say: Amen.

May the Source of Peace send peace to all who mourn and comfort to all who are bereaved!

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Bim Bam, Shabbat shalom!

א) 🕽 בִּים בָּם, שַׁבָּת שַלוֹם!

Bim Bam, a Sabbath of peace!

Adon olam asher Malach. B'terem kol y'tzir nivrah. L'eit na'asah v'chef-tzo kol. Azai Melech sh'mo nikrah.

ב) 🎝 אֲדוֹן עוֹלָם אֲשֶׁר מְלַדְּ. בְּּטֶרֶם כָּל יְצִיר נִבְרָא: לְעֵת נַעֲשָׂה בְּחֶפְצוֹ כֹּל. אֲזַי מֶלֶדְ שְׁמוֹ נִקְרָא:

Master of the universe Who ruled before all Creation was formed. When by the Creator's will all things were made, then God's name was declared Ruler.

V'acharie kichlot hakol. L'vado yimloch nora. V'Hu haya, v'Hu hoveh, v'Hu yih'yeh b'tif-arah. וְאַחֲרֵי כִּכְלוֹת הַכּּל. לְבַדּוֹ יִמְלֹדְּ נוֹרָא: וְהוֹא הָיָה וְהוֹא הֹוֶה. וְהוֹא יִהְיֶה בְּתִפְאָרָה:

And when all things shall cease to be, God alone will reign in awe. God was, and God is, and God shall be splendid forever.

V'Hu Echad v'ein Sheini. L'shamshil Lo l'hach-birah. B'li reishit, beli tachlit. V'Lo ha-oz v'ha-misrah. וְהוּא שֶּחָד וְאֵין שֵׁנִי. לְהַמְשִׁיל לוֹ לְהַחְבִּירָה: בְּלִי רֵאשִׁית בְּלִי תַּכְלִית. וְלוֹ הָעֹז וְהַמִּשְׂרָה:

The Eternal is One, beyond compare, unique; without beginning or end. Ultimate strength and authority are the Eternal's.

V'Hu Eile v'chai Go-ali. V'Tzur chevli b'eit tzarah. V'Hu nisi u'manos li. M'nat kosi b'yom ekrah. וְהוּא אֵלִי וְחֵי גּוֹאֲלִי. וְצוּר חֶבְלִי בְּעֵת צָרָה: וְהוּא נִסִי וֹמָנוֹס לִי. מְנָת כּוֹסִי בְּיוֹם אֶקְרָא:

And the Eternal is my God; my redeemer lives. And the Eternal is the Rock on whom I rely in time of distress. And the Eternal is my banner and my refuge, my overflowing cup when I call.

B'yado afkid ruchi. B'eit Ishan v'a-i-rah. V'im ruchi g'viyati. Adonai li v'lo i-ra. בְּיָדוֹ אֵפְקִיד רוּחִי. בְּעֵת אִישְׁן, וְאָעִירָה: וְעִם רוּחִי גְּוִיָּתִי. יִהוָה לִי וִלֹא אִירָא:

Into the Eternal's hand I place my soul, awake and sleeping. Soul and body, the Eternal is with me I shall not fear.

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Yigdal Elohim chai v'yish-ta-bach, nimtzah v'ein eit el m'tzi-u-to. Echad v'ein yachid k'yichudo, ne-lam v'ein sof l'ahch-du-to.

דׄ) ۗ נְגְדַּל אֱלהִים חַי וְיִשְׁתַּבַּח, נִמְצָא וְאֵין עֵת אֶל-מְצִיאוּתוֹ. אֶחָד וְאֵין יָחִיד כְּיִחוּדוֹ, נֶעְלָם וְגַם אֵין סוֹף לְאַחְדּוּתוֹ.

Magnified and praised be the living God; Divine existence is eternal. One and unique like none other; unfathomable and unending in oneness.

Ein lo d'mut ha-guf v'eino guf, lo na'aroch eilav k'dusha-to. kadmon l'chol davar asher nivra, Rishon v'ein reishit l'rei-shito. אֵין לוֹ דְמוּת הַגּוּף וְאֵינוֹ גוּף, לא נַעֲרֹדְּ אֵלָיו קְדָשְׁתוּ. קַדְמוֹן לְכָל דָּבָר אֲשֶׁר נִבְרָא, רִאשׁוֹן וְאֵין רֵאשִׁית לְרֵאשִׁיתוֹ.

No bodily form and incorporeal; holiness without compare. Preceding all creation; the First without finite beginning.

Hino Adon Olam l'chol no-tzar, yo-reh g'dula-to u'mal-chu-to. shefa n'vu-a-to n'tano, el anshei s'qula-to v'tif-ar-to. הָנּוֹ אֲדוֹן עוֹלָם לְכָל נוֹצְר, יוֹרֶה גְדֻלָּתוֹ וּמֵלְכוּתוֹ. שֶׁפַע נְבוּאָתוֹ נְתָנוֹ, אֶל אַנְשֵׁי סִגְלָתוֹ וְתָפִאַרְתּוֹ.

Behold the Ruler of the World to all created; making known to them greatness and realm.

An abundance of Divine prophecy given to the treasured and glorious people.

Lo ya-cha-lif ha-El v'lo yamir dat-o, l'olamim l'zu-la-to. Tzo-feh v'yo-dei-a s'tarei-nu, mabit l'sof davar b'kad-ma-to. לא יַחֲלִיף הָאֵל וְלֹא יָמִיר דָּתוֹ, לְעוֹלָמִים לְזוּלָתוֹ. צוֹפֶה וְיוֹדֵעַ סְתָרֵינוּ, מַבִּיט לִסוֹף דָּבָר בִּקַדְמוּתוֹ.

God does not change nor the Divine Law; always to remain unchanged, God sees and knows our secrets; God perceives the end of a matter before it begins.

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Lo kam b'Yisrael k'Moshe od, navi u'mabit et t'mu-na-to. Torah emet natan l'amo Eil, al yad n'vi-o ne-e-man beit-o. לא קָם בְּיִשְׂרָאֵל כְּמשָׁה עוֹד, נָבִיא וּמַבִּיט אֶת הְמוּנָתוֹ. תּוֹרַת אֱמֶת נָתַן לְעַמוֹ אֵל, עַל יַד נְבִיאוֹ נָאֱמֵן בֵּיתוֹ.

There has never arisen a prophet like Moses; a prophet who perceived Divine essence.

A Torah of truth did God give to the Godly people; through the faithful prophet of God's house.

Go-meil l'ish chesed k'mif-a-lo, no-tein l'rasha ra k'rish-a-to. Yishlach l'keitz ya-min m'shi-chei-nu, lif-dot m'cha-kei keitz y'shu-a-to. גּוֹמֵל לְאִישׁ הֶסֶד בְּמִבְּעָלוֹ, נוֹתֵן לְרָשָׁע רָע כְּרִשְׁעָתוֹ. יִשְׁלַח לְקֵץ יָמִין מְשִׁיחֵנוּ, לִפִדּוֹת מִחַכֵּי קֵץ יִשׁוּעָתוֹ.

Bestowing love commensurate with one's good deeds; recompensing the wicked person according to his wickedness. Sending our annointed in the end of days; to redeem those longing for salvation.

Meitim y'cha-yeh b'rov chas-do; baruch adei ad sheim t'hi-la-to. מֵתִּים יְחַיֶּה אֵל בְּרֵב חַסְדּוֹ, בָּרוּדְּ עֲדֵי עַד שֵׁם תְּהִלָּתוֹ.

Reviving the dead in abundant love; blessed is God's glorious name forever and ever!

A hymn of uncertain authorship, *Yigdal* (Magnified) reflects Maimonides' thirteen principles of faith as delineated in his commentary to Mishnah *Sanhedrin*, chapter ten. The principles include the Oneness, eternality and incorporeal nature of the deity; the reality of prophecy, the singular nature of Moses' prophecy, the timelessness and unchanging nature of the Torah, the bringing of Mashiach and the Resurrection of the Dead in the end of days. According to the Rambam, denial of any of these principles constitutes heresy. In certain siddurim this hymn also appears as part of the Birchot HaShachar, the Morning Blessings section of the morning service as a statement of faith.

Aleinu	עלינו
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Kiddush	שמחה שבת
Hamotzi	קידוש
Simcha Shabbat	המוציא
Counting of the Omer	ספירת העומר

Kiddush

The leader begins:

Savri maran, v'rabbanan, v'rabotai:

סַבְרִי מִרָנָן וְרַבָּנָן וְרַבּוֹתָי:

With your permission our masters, and our rabbis, and my betters:

The congregation responds:

L'chaim!

To Life!

Baruch Atah Adonai, Eloheinu Melech Ha'olam. borei p'ri hagafen. Baruch Atah Adonai. Eloheinu Melech Ha'olam Asher kid'shanu b'mitzvotav v'ratzah vanu v'Shabbat kodsho b'ahavah u'v'ratzon hinchilanu, zikaron l'ma'aseh v'reishit. Ki hu yom techilah l'mikra-eih kodesh, zecher L'tziat Mitzraim. Ki vanu v'charta v'otanu kidashta mekol ha'amim. v'Shabbat kod'sh'cha b'ahavah u'v'ratzon hinchaltanu. Baruch Atah Adonai. m'kadesh haShabbat!

ברוך אתה יהוה, אַלהֵינוּ מֵלֶדְ הַעוּלֶם בּוֹרֵא פִּרִי תַּגָּפֵן. בַּרוּדְ אַתַּה יהוה, אַלהֵינו מֵלֶדְ הַעוּלָם, אֲשֶׁר קַדְּשָׁנוּ בִּמִצְווֹתַיו ורַצַה בַנוּ, ושבת קדשו באהבה וברצון הנחילנו, זכרון למעשה בראשית. כִּי הוא יום תחלה למקראי קדש, זכר לציאת מצרים. כי בנו בחרת ואותנו קדשת מכל-הַעַמִּים,ושַׁבַּת קַדְשְׁדְּ בְּאַהֲבָה וברצון הנחלתנו. בַרוּדְ אַתַּה יהוה, מקדש השבת!

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Kaddish	קדיש
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Kiddush	שמחה שבת
Hamotzi	קידוש
Simcha Shabbat	המוציא
Counting of the Omer	ספירת העומר

Blessed are You O Eternal, our God, Ruler of the Universe, Who creates the fruit of the vine.

Blessed are You O Eternal, our God, Ruler of the Universe, Who sanctifies us with His Mitzvot and takes delight in us and has bequeathed to us His holy Shabbat with love and favor, a memorial to the work of Creation. For it is first among our sacred days, a remembrance of the Exodus from Egypt. For You have chosen us and set us apart from all the peoples, and Your holy Shabbat in love and favor have you bequeathed to us.

Blessed are You, Who makes holy the Shabbat!

<u>Hamotzi</u>

The person blessing the Challah uses the laver to wash his/her hands, and while drying them says:

ָּבָרוּדְ אַתָּה ה׳ אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם אֲשֶׁר קִדְשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל נְטִילַת יָדַיִם.

Baruch ata Adonai, Eloheinu Melech ha-olam,

asher kidshanu b'mitzvotav vitzivanu al n'tilat yadayim.

Blessed are You, Eternal our God, Ruler of the universe, Who has sanctified us with Godly commandments, and commanded us concerning the lifting of the hands.

He/she uncovers the Challah and recites the following blessing:

Baruch ata Adonai, Eloheinu Melech ha-olam, hamotzi lechem min ha'aretz.

Blessed are You, Eternal our God, Ruler of the universe,

Who brings forth bread from the earth.

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר
Kiddush	שמחה שבת
Hamotzi	ן קידוש
Simcha Shabbat	המוציא
Counting of the Omer	ספירת העומר



Congregation Etz Chaim/ MTJC Welcomes you to תַּבְּעַ הַּיִּבְּעַיּ SIMCHA SHABBAT



ערבית לשבת/Sabbath Evening Service סיום תפילה /Concluding Prayers

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר
Kiddush	שמחה שבת
Hamotzi	ן קידוש
Simcha Shabbat	המוציא
Counting of the Omer	ספירת העומר

We cusomarilly invite all who will be celebrating a simcha in the coming month to the bima:

Shout joyfully to the Eternal, all the earth!

Serve the Eternal with joy!

Come into God's presence with singing!

Acknowledge that the Eternal is God.

God made us and we are God's,

God's people, God's beloved flock.

We enter God's gates with thanksgiving;

And God's courts with praise.

Give thanks to God, bless God's holy name!

For the Eternal is good,

God's love is everlasting,

God's faithfulness goes from generation to generation.²⁶

You are my God, and I will thank you.

You are my God, and I will exalt you.

O give thanks to the Eternal, for God is good!

For God's love is everlasting.²⁷

²⁶ Psalm 100: 1-5.

²⁷ Psalm 118: 28-29.

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר
Kiddush	שמחה שבת
Hamotzi	קידוש
Simcha Shabbat	המוציא
Counting of the Omer	ספירת העומר

Tonight we gather with our family of families in gratitude.

Tonight we celebrate the goodness of life;

The milestones: the birthdays, the anniversaries, the graduations,

the commencements, the fresh ventures, the births of new lives.

Tonight we celebrate Simcha Shabbat!

Our family of families is certainly there for us in times of need!

Their empathy and kindness makes those times easier to bear.

Our family of families is also here for us in times of joy!

Your presence makes the wine taste sweeter and the Challah more delicious! Tonight we celebrate Simcha Shabbat!

O God, we joyously welcome all who come to Your house to celebrate and gratefully acknowledge Your ongoing blessings in the following Simchas....

At this point the celebrants customarily announce the nature of their celebrations (birthday, graduation, anniversary, new job, trip to Israel, etc.).

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר
Kiddush	שמחה שבת
Hamotzi	קידוש
Simcha Shabbat	המוציא
Counting of the Omer	ספירת העומר

We pray:

יָבָרֶכְדְּ יהוֹה וְיִשְׁמְרֵדְּ.

May the Eternal bless you and keep you.

יָאֵר יהוה פָּנָיו אֵלֵיךּ וִיחַנֵדָ.

May the Eternal shine the Divine countenance upon you, and be gracious unto you.

יִשְׂא יהוה פָּנָיו אֵלֶידְּ וְיָשֵׁם לְדְּ שְׁלוֹם!

May the Eternal continue to show you favor and grant you Peace! Amen.²⁸

לַסְמָן טוֹב וּמַזָל טוֹב, יְהֵא לָנוֹ וּלְכָל-יִשְּׁרָאֵל!

Siman tov u'mazal tov, y'hei lanu u'lchol Yisrael!

May this be a good sign and good fortune for us and all Israel!²⁹

²⁸ Numbers 6: 24-26.

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²⁹ From the traditional Sanctification of the Moon ceremony offered at the sight of the New Moon. This ceremony celebrates the ongoing nature of not only Jewish survival, but the Mission of Israel to make this world a better and more holy place; to heal the world in the name of the Almighty.

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר
Kiddush	שמחה שבת
Hamotzi	קידוש
Simcha Shabbat	המוציא
Counting of the Omer	ספירת העומר

We ritually count the days from the second day of Pesach until the day before Shavuot.

We read in the Torah:

"You shall count seven weeks from the day after the sabbath, from the day you will have brought an omer as a wave-offering, so that the day ofter the seventh week will make it fifty days."³⁰ וּסְפַּרְתֶּם לָכֶם מִמְּחֲרֵת הַשַּׁבְּת מִיוֹם הֲבִיאֲכֶם אֶת עוֹמֶר הַתְּנוּפָה. שֶׁבַע שַׁבָּתוֹת תְּמִימוֹת תִּהְיֶינָה. עַד מִמְחֲרַת הַשַּׁבָּת הַשְׁבִיעִית תִּסְפְּרוּ חֲמִשִּׁים יוֹם.

In observance of this Mitzvah we count the days of the early harvest season of ancient Israel, from Pesach till Shavuot. So once more we walk the road from Egypt to Mount Sinai, from liberty to law, from freedom to responsibility.

בָּרוּדְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם. אֲשֶׁר קַדְּשָׁנוּ בְּמִצְוֹתָיוּ וִצְוָנוּ עַל סְפִירַת הַעוֹמֵר:

Blessed are You, O Eternal, our God, Ruler of the Universe Who makes our lives holy through Divine Mitzvot and has commanded us concerning the Counting of the Omer.

Today is day one of the Omer.
Today is two days of the Omer.
Today is three days of the Omer.
Today is eight days, which are one week and one day of the Omer...

הַיּוֹם יוֹם אֶחָד לָעוֹמֶר: הַיּוֹם שְׁנֵי יָמִים לָעוֹמֶר: הַיּוֹם שְׁלשָׁה יָמִים לָעוֹמֶר... הַיּוֹם שְׁמוֹנָה יָמִים שְׁהֵם שְׁבוּעַ אֶחָד וְיוֹם אֶחָד לָעוֹמֶר... שְׁהֵם שָׁבוּעַ אֶחָד וְיוֹם אֶחָד לָעוֹמֶר...

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³⁰ Leviticus 23: 15-16.

Introduction to the Morning Service

As with the Evening Service previously discussed, the Rabbis stand divided as to the origins of the Morning Prayer service. Some teach the morning prayer service grows out of the priestly tradition of the daily morning sacrifice our ancestors brought to the Tabernacle in the Wilderness, and then to the Temple in Jerusalem. Others teach Abraham, our Patriarch, originates the morning service when in Genesis 18:22 he "stands before the Eternal" to discuss the issue of justice for Sodom. Abraham's intricate conversation with the Eternal indicates the ethical-prophetic function within monotheism and speaks to us of an ongoing relationship between humanity and the Holy One.

But again, who is right? Does the Morning Worship service stem from Abraham's conversation with God over the deity's exercise of justice or from the daily morning sacrifice of the ancient Tabernacle and Temple?

And again the answer is: Yes! Our morning worship owes its origin to both sources. In truth, like the daily sacrifice, we offer our service on a regular basis. The community gathers at specific times to share in the ritual. And just as our ancestors regarded the daily sacrifice as necessary for the continuity of the world, so do we regard our regular ritual as necessary to the ongoing nature of our Jewish commitment. Our service then represents the democratization of holiness in this post-Temple era, a manifestation of our role as a "kingdom of priests and a holy people" (Exodus 19:6).

On the other hand, despite the regularity of our devotion, we know our prayers must never become rote. Just as Abraham stands before the Eternal with passion born of relationship and moral conviction and engages the Most High in meaningful conversation, so do we.

Tallit	טלית
Opening Song	שיר
I Thank	מודה אני
Health	אשר יצר
Soul	נשמה
Torah	תורה
Blessings	ברכות

For donning the Tallit:

Bless the Eternal, O my soul!
O Eternal, You are very great!
You are robed in glory and majesty.
You wrap yourself in light as a garment. You spread out the heavens like a curtain.³¹

בָּרְכִי נַפְּשִׁי אֶת יְהֹוָה! יְהֹוָה אֱלֹהַי נְּדֵלְתָּ מְאֹד! הוד וְהָדָר לָבָשְׁתָּ: עוֹטֶה אור כַּשַּלְמָה. נוֹטֵה שָׁמֵיִם כַּיִרִיעָה:

Blessed are You, O Eternal our God, Sovereign of the universe who hallows us with *Mitzvot* and has commanded us to wrap ourselves in the *Tzitzit*. בָּרוּדְ אַתָּה יְהֹוָה. אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהִתְעַטֵּף בַּצִיצִית:

Tzitzit: The Tallit or prayer shawl bears ritual fringes called, Tzitzit. As all Hebrew letters not only bear sound but represent numbers, the numerical value of the word, Tzitzit stands at 600. Add the five knots and eight strings of each fringe and the total comes to 613. The Rabbis teach the Torah reveals 613 Mitzvot (commandments). Hence, the Tallit serves as a symbol of the Torah's Mitzvot incumbent upon Jews. The custom of our community requires all Jews who ascend the Bimah (raised platform) don a Tallit as a symbol of their devotion to and respect for the Covenant between God and the Jewish people. Both men and women wear the Tallit in our synagogue. Numbers 15: 37-41 reveal the commandment to attach fringes to four-cornered garments in order that "you remember and do all My commandments and you become holy to your God."

The above blessing takes the standard form of those we say before the performance of a Mitzvah: The first ten words proclaim the holiness instilled the by commandment one is about to perform. The final words specifically mention the nature of the commandment; in this case "to wrap ourselves in the *Tzitzit*.

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³¹ Psalm 104: 1-2.

Tallit	טלית
Opening Song	שיר
I Thank	מודה אני
Health	אשר יצר
Soul	נשמה
Torah	תורה
Blessings	ברכות



ĴḤinei ma tov

u'mah nayim, shevet achim gam yachad! א) ∫ הְנֵּה מַה-טוֹב וּמַה-נָּעִים שֵׁבֶת אַחִים גַם-יַחַד! שֵׁבֶת אַחִים נַם-יַחַד!

Behold how good and how pleasant it is when brothers and sisters can sit down together (and worship) in peace!³²

♣ Al shloshah d'varim ha-olam omeid: al haTorah, v'al ha-avodah,

v'al G'milut Chasadim.

ב) ל על שְלשָה דְבָּרִים הָעוֹלָם עוֹמֵד: עַל הַתּוֹרָה, וְעַל הָעֲבוֹדָה, וְעַל גְּמִילוּת חֲסָדִים. וְעַל גְּמִילוּת חֲסָדִים.

Upon three things does the world stand: upon the Torah, and upon Worship, and upon Acts of Loving Kindness.³³

Bim Bam, Shabbat shalom!

ג) ל בִּים בַּם, שַׁבַּת שַלוֹם!

Bim Bam, a Sabbath of peace!

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³² Psalm 133:1. Pirkei Avot 1:2.³³

Tallit	טלית
Opening Song	שיר
I Thank	מודה אני
Health	אשר יצר
Soul	נשמה
Torah	תורה
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♪ Ma tovu ohalecha

ל) ∫ מַה טֹבוּ אֹהָלֶידְּ יַצְקֹב, מִשְׁכְּנֹתֵידְּ יִשְׂרָאֵל! מִשְׁכְּנֹתֵידְּ יִשִּׂרָאֵל!

Ya'akov, mishk'notecha Yisrael!

How goodly are your tents O Jacob, your dwelling places O Israel!34

Va'ani b'rov chas-d'cha avo beitecha, eshtachave el heichal kodsh'cha b'yiratecha. וַאֲנִי, בְּרֹב חַסְדְּךּ אָבֹא בִיתֶּדּ, אֶשְׁתַּחֲוֶה אֶל הֵיכַל קַדְשְׁךּ בִּיִרָאַתֵּד:

As for me, I will come into Your house because of Your abundant love, I will prostrate towards your holy sanctuary in awe of You. 35

Adonai ahavti m'on beitecha um'kom Mishkan k'vodecha. Va'ani eshtachave v'echra'a lifnei Adonai Osi. יְהֹוָה, אָהַבְּתִּי מְעוֹן בֵּיתֶדְּ וֹמְקוֹם מִשְׁכַּן כְּבוֹדֶדְּ: וַאֲנִי, אֶשְׁתַּחֲוֶה וְאֶכְרָעָה, אֶבְרְכָה לִפְנֵי יְהוָה עשִי:

Eternal, I have loved your Temple abode, the place where Your glory dwells. As for me, I will prostrate and bow and bend the knee before the Eternal, my Creator.³⁶

Va'ani t'filati l'cha Adonai eit ratzon. Elohim b'rov chas'decha aneini be'emet yishecha. וַאֲנִי תְפִּלָתִי לְדְּ יְהֹוָה עֵת רָצוֹן, אֱלֹהִים בְּרָב חַסְדֶּךְּ עֵנֵנִי בָּאֲמֵת יִשְׁעֵךְּ:

As for me, may my prayer come before You, Eternal at a time of favor. God in Your great love answer me with the truth of Your salvation.³⁷

The Torah depicts (Numbers 24:5) the gentile prophet Bilam looking out over the Israelite encampment in the Wilderness and uttering the phrase: "How goodly are your tents O Jacob, your dwelling places O Israel!" The Talmud (Bava Batra 60a) teaches Bilam saw our ancestors did not align the entrances of their tents directly opposite one another; a sign of consideration, respect, modesty and peace. Rashi comments "Your dwelling places" refers to the places the Shechinah (God's earthly presence) dwells; the Temple of ancient days, and by extension the modern synagogue. The words "Your dwelling places," Mishkan (the Sanctuary in the Wilderness) and Shechinah all share the same Hebrew root (ט כ ני).

³⁴ Numbers 24:5

³⁵ Psalm 5:8

³⁶ Psalm 26:8, the second half based upon Psalm 95:6, which is couched in the plural.

³⁷ Psalm 69:14

Tallit	טלית
Opening Song	שיר
I Thank	מודה אני
Health	אשר יצר
Soul	נשמה
Torah	תורה
Blessings	ברכות

Thanks

Modeh Ani l'fanechah Melech chai v'kayam she-he-che-zarta bi nishmati b'chemlah, rabah emunatechah!

ַ מוֹדֶה אֲנִי לְפָנֶיףּ מֶלֶף חֵי וְקַיָּם שְׁ מֶּלֶף חֵי וְקַיָּם שֶׁ הֶחֶזְרְתָ בִּי נִשְׁמָתִי בְּחֶמְלָה, רַבָּה אֵמוּנַתֵּךּ!

I thank You, living and eternal Sovereign, for returning my soul unto me in mercy.

Great is Your faithfulness!

For Health

בָּרוּדְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם אֲשֶׁר יָצֵר שֶת הָאָדָם בְּּחָכְמָה וּבָרָא בוֹ נְקָבִים חֲלוּלִים. גָּלוּי וְיָדוּעַ לְפְנֵי כִּפֵּא כְבוֹדֶדְּ שֶׁאִם יִפְּתֵחַ שֶּחָד מֵהֶם אוֹ יִפְתֵם שֶּחָד מֵהֶם אִי שֶּפְשַׁר לְהִתְקַיֵּם וְלַעֲמוֹד לְפָנֶידְּ אֲפִילוּ שַׁעֵה אֵחַת:

נָרוּדְ אַתָּה יְהֹוָה רוֹפֵא כָל בָּשָׂר וּמַפְלִיא לַעֲשוֹת !

Blessed are You O Eternal our God, Ruler of the Universe, Who has made our bodies with wisdom; combining veins, arteries and vital organs into a finely balanced network. Wondrous Fashioner and Sustainer of life, Source of our health and our strength, we give You thanks and praise!

Blessed are You, O Eternal, Who heals all flesh and does wonders!

שחרית לשבת/Sabbath Morning Service <u>Morning Blessings</u>

Tallit	טלית
Opening Song	שיר
I Thank	מודה אני
Health	אשר יצר
Soul	נשמה
Torah	תורה
Blessings	ברכות

For the Soul

אֱלֹהַי. נְשָׁמָה שָׁנְתַתָּ בִּי טְהוֹרָה הִיא! אַתָּה בְרָאתָהּ. אַתָּה יְצַרְתָּהּ. אַתָּה נְפַחְתָּהּ בִּי וְאַתָּה מְשַׁמְּרָהּ בְּקַרְבִּי. וְאַתָּה עָתִיד לִשְׁלָהּ מִפֶּנִי. וּלְהַחֲזִירָהּ בִּי לֶעָתִיד לָבוּא. כָּל זְמֵן שֶׁהַנְשָׁמָה בְּקַרְבִּי מוֹדֶה אֲנִי לְפָנֶיךּ יְהוָה אֱלֹהֵי וֵאלֹהֵי אֲבוֹתֵי. רְבּוֹן כָּל הַמַּעֲשִׁים אֲדוֹן כָּל הַנִּשָׁמוֹת:

בָּרוּדְ אַתָּה יְהֹוָה הַמַּחֲזִיר נְשָׁמוֹת לִפְגָרִים מֵתִים:

The soul that You have given me, O God, is a pure one! You have created and formed it, breathed it into me, and within me You sustain it; and You will hereafter take my soul to life everlasting.

So long as I have breath, therefore, I will give thanks to You, O Eternal my God and God of all ages, Master of all Creation, Ruler of every human spirit.

Blessed are You, O Eternal, in Whose hands are the souls of all the living and the spirits of all flesh.³⁸

Judaism recognizes and celebrates the value and integration of both body and soul, hence the blessings acknowledging the divine origins of and gratitude for both. The morning ritual continues with blessings over Torah. Talmud Torah or the Study of Torah nourishes both body and soul, as we learn in Pirkei Avot 3:17, "Rabbi Elazar ben Azariah says: If there is no flour there can be no Torah, if there is not Torah there cannot be any flour." That is, both body (symbolized by flour) and soul (represented by Torah), the physical and the spiritual, prove vital to successful living. Shabbat celebrates both relaxation and pleasure for the body, as well as spiritual refreshment for the soul; "And on the seventh day, God rested [from the work of Creation] and refreshed the Divine soul" (Exodus 31: 17).

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³⁸ Talmud B'rachot 60b

Tallit	טלית
Opening Song	שיר
I Thank	מודה אני
Health	אשר יצר
Soul	נשמה
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For Torah

בָּרוּדְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם אֲשֶׁר קִדְּשְׁנוּ בְּמִצְוֹתָיו וְצְוָנוּ לַעֵּסוֹק בִּדְבָרִי תוֹרָה:

Blessed are You, Eternal our God, Ruler of the Universe, Who hallows us with Mitzvot and has commanded us to engage in words of Torah.

ְוָהַעֲרֶב נָא יְהֹוָה אֱלֹהֵינוּ אֶת דִּבְרֵי תוֹרְתְךּ בְּפִינוּ וּבְפִי עַמְּךּ בֵּית יִשְׂרָאֵל. וְנִהְיֶה אֲנַחְנוּ וְצֶאֱצָאֵינוּ. (וְצֶאֱצָאֵי צֶאֱצָאֵינוּ) וְצֶאֱצָאֵי עַמְּךּ בֵּית יִשְׂרָאֵל. כַּלָנוּ יוֹדְעֵי שְׁמֶדּ וְלוֹמְדֵי תוֹרָתֶךּ לִשְׁמָה: בָּרוּךְ אַתָּה יִהוָה הַמִּלֵמֵד תּוֹרָה לִעַמּו יִשִּׁרָאֵל:

Eternal our God, make the words of Your Torah sweet to us and to the House of Israel, Your people, that we and our children may be lovers of Your name and students of Your Torah for its own sake.

Blessed are You, O Eternal, the Teacher of Torah to God's people Israel.

The word לעסוק (la'a'sok), translated above as "to engage" also serves as the language of business. That is, we fulfill the divine will when we engage in Torah study as we would our business pursuits. By identifying Torah Study as a divine commandment and depicting God as the Teacher of Torah we raise Torah study as a supreme religious value.

Tallit	טלית
Opening Song	שיר
I Thank	מודה אני
Health	אשר יצר
Soul	נשמה
Torah	תורה
Blessings	ברכות

אַלוּ דָבָרִים שַאָדָם אוֹכֶל פֵּרוֹתֵיהֵם בָּעוֹלָם הַזָּה וְהַקַּרֵן קַיֵּמֶת לוֹ לָעוֹלָם הַבָּא וְאֵלוּ הֵן.

These are the obligations of whose fruit we eat in this world and whose full reward awaits us in the World to Come:

To honor father and mother; כבוד אַב וַאֶם. To perform acts of loving kindness; וגמילות חסדים. *To attend the House of Study daily;* והשכמת *To welcome the stranger;* ּוְעַרְבִית. וְהַכְנָסַת אוֹרְחִים. *To visit the sick:* ובקור חולים. To welcome bride and groom; וְהַכְנָסַת כַּלָּה. To accompany the deceased; ולוית המת. To pray with sincerity; ועיון תפלה. To bring peace when there is strife; וַהַבַאַת שַלום בֵּין אָדָם לַחֲבֵרוּ. But the study of Torah is equal to them ותלמוד תורה כנגד כַּלָם! all because it leads to them all!

Having declared the supreme value of Torah study through the verbalization of the above blessing we immediately fulfill its message by engaging in words of Torah. The traditional siddur contains three examples of Torah: Written Torah from the Book of Numbers (the Priestly Blessing), Oral Torah from the Mishnah (Peah 1:1; "These are the obligations without measure: the corner of the field [which must be left for the poor], and the first-fruits offering, and the pilgrimage, and acts of loving kindness, and the study of Torah"), and the Talmud. The Talmud selection, which contains some of the identical elements to those of Mishnah *Peah*, appears in the liturgy above.

Tallit	טלית
Opening Song	שיר
I Thank	מודה אני
Health	אשר יצר
Soul	נשמה
Torah	תורה
Blessings	ברכות

For Our Blessings

: בִּרוּדְ אַתָּה יְהֹנָה אֱלֹהֵינוּ מֱלֶדְ הָעוֹלֶם. אֲשֶׁר נָתַן לַשֶּׂכְוִי בִינָה לְהַבְחִין בֵּין יוֹם וּבֵין לָיְלָה Blessed are You, Eternal our God, Ruler of the universe, Who has implanted mind and instinct within every living being. *Amein!*

בָּרוּךְ אַתָּה יִהֹוָה אֱלֹהֵינוּ מֱלֶךְ הָעוֹלֶם. שֵׁעָשַׂנִי יִשֹׁרָאֵל:

Blessed are You, Eternal our God, Ruler of the universe, Who has made me Israel. Amein!

בָּרוּדְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֱלֶדְ הָעוֹלָם. שֶׁעְשַׂנִי בֶּן חוֹרִין:

Blessed are You, Eternal our God, Ruler of the universe, Who has made me to be free. *Amein!*

בַּרוּךְ אַתַּה יָהוָה אֱלֹהֵינוּ מֵלֶךְ הַעוֹלֶם. שֶׁעֲשַׂנִי בְצַלְמוֹ:

Blessed are You, Eternal our God, Ruler of the universe, Who has made me in the Divine image. Amein!

בַּרוּדְ אַתַּה יָהוָה אֱלֹהֵינוּ מֵלֶדְ הַעוֹלֶם. פּוֹקֶחַ עְוְרִים:

Blessed are You, Eternal our God, Ruler of the universe, Who opens the eyes of the blind. *Amein!*

ָּבָרוּדְ אַתָּה יְחֹנָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם. מַלְבִּישׁ עֲרֻמִּים:

Blessed are You, Eternal our God, Ruler of the universe, Who provides clothes for the naked. Amein!

ַ בַּרוּדְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֱלֶדְ הָעוֹלָם. מַתִּיר אֲסוּרִים:

Blessed are You, Eternal our God, Ruler of the universe, Who brings freedom to the captive. *Amein!*

בַּרוּדְ אַתַּה יָהוָה אֱלֹהֵינוּ מֱלֶדְ הַעוֹלֶם. זוֹקֶף כְּפוּפִים:

Blessed are You, Eternal our God, Ruler of the universe, Who lifts the fallen. Amein!

שחרית לשבת/Sabbath Morning Service <u>Morning Blessings</u>

Tallit	טלית
Opening Song	שיר
I Thank	מודה אני
Health	אשר יצר
Soul	נשמה
Torah	תורה
Blessings	ברכות

ּבָרוּדְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֱלֶדְ הָעוֹלָם. הַמֵּכִין מִצְעֲדִי גָבֶר:

Blessed are You, Eternal our God, Ruler of the universe, Who makes firm each person's steps. *Amein!*

בַרוּך אַתַּה יָהוָה אֱלֹהֵינוּ מֱלֶךְ הַעוֹלֶם. אוֹזֵר יִשְּׂרָאֵל בִּגְבוּרָה:

Blessed are You, Eternal our God, Ruler of the universe, Who girds our people Israel with strength. Amein!

בַּרוּךְ אַתַּה יָהוָה אֱלֹהֵינוּ מֱלֶךְ הַעוֹלָם. עוֹטֵר יִשְׂרָאֵל בִּתְפָאַרָה:

Blessed are You, Eternal our God, Ruler of the universe, Who crowns our people Israel with glory. *Amein!*

בָּרוּדְ אַתָּה יְהוָה אֱלֹהֵינוּ מֱלֶדְ הָעוֹלָם. הַנּוֹתֵן לַיָּעֵף כֹּחַ:

Blessed are You, Eternal our God, Ruler of the universe, Who gives strength to the weary. Amein!

ָּבָרוּדְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם. הַמַּעֲבִיר שֵׁנָה מֵעֵינָי וּתְנוּמָה מֵעַפְעַפָּי

Blessed are You, Eternal our God, Ruler of the universe, Who removes sleep from the eyes, and slumber from the eyelids. *Amein!*

The above benedictions call attention to the everyday blessings our Creator provides that we may otherwise overlook. Rabbi Joshua Abraham Heschel lists among his paths to God, "radical amazement." That is, the ability to maintain perception of and perspective upon the power of the Divine gifts that daily characterize and deepen our lives. This sense of wonder at everyday "miracles" provides strength to help recognize the ongoing Divine role in Creation, encounter God, generate profound gratitude and thereby immeasurably enrich our lives and the lives of others. In addition to finding "radical amazement" in Creation, Heschel also champions the idea of finding the divine in Revelation, the holy texts of our tradition, and Redemption, God's compassionalte and just incursions into human affairs.

שחרית לשבת/Sabbath Morning Service ברכות השחר/Morning Blessings

Tallit	טלית
Opening Song	שיר
I Thank	מודה אני
Health	אשר יצר
Soul	נשמה
Torah	תורה
Blessings	ברכות

For Conscience

ּוִיהִי רָצוֹן מִלְפָנֶידְּ יְהוָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ שֶׁתַּרְגִּילֵנוּ בְּתוֹרָתֶדְ. וְדַבְּקֵנוּ בְּמִצְוֹתֵידְ.

May it be Your will O Eternal our God and God of our ancestors to lead us in Your Torah and bind us to Your Mitzvot.

ְוְאַל תְּבִיאֵנוּ לֹא לִידֵי חֵטְא. וְלֹא לִידֵי עֲבֵרָה וְעָוֹן. וְלֹא לִידֵי נִסְּיוֹן. וְלֹא לִידֵי בִּזְּיוֹן. וְאַל יִשְׁלֹט בָּנוּ יֵצֵר הָרָע. וְהַרְחִיקֵנוּ מֵאָדָם רָע וּמֵחָבֵר רָע.

Help us to keep far from sin, to master temptation and to avoid falling under its spell. May our darker passions not rule us, nor evil companions lead us astray.

ְדַבְּקֵנוּ בַּיֵּצֶר הַטּוֹב וּבְמַעֲשִּׁים טוֹבִים. וְכֹף אֶת יִצְרֵנוּ לְהִשְּׁתַּעְבֶּד לָךְ. וּתְנֵנוּ הַיּוֹם וּבְכָל יום לְחֵן וּלְחֶסֶד וּלְרַחֲמִים בְּעֵינֶיךּ וּבְעִינֵי כָל רוֹאֵינוּ. וְתִגְמְלֵנוּ חֲסָדִים טוֹבִים : בָּרוּדְ אַתָּה יְהוָה הַגּוֹמֵל חֲסָדִים טוֹבִים לְעַמּוֹ יִשְׂרָאֵל:

Bind us to the impulse for good and to virtuous deeds. Bend our every impulse to Your service, so that this day and every day we may find grace, love and mercy in Your eyes and in the eyes of all who behold us; and bestow upon us loving kindness.

Blessed are You, O Eternal, Who bestows loving kindness upon the people Israel.

At all times let us revere God inwardly as well as outwardly, acknowledge the truth and speak it within our hearts.

Blessed is the One	ברוך שאמר
Psalm 92	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	' נשמת
Chatzi Kaddish	חצי קדיש חצי קדיש

Blessed is the One/For Life

בָּרוּךְ שָׁאָמַר וְהָיָה הָעוֹלָם. בָּרוּךְ הוּא. בָּרוּךְ אוֹמֵר וְעוֹשֶׂה. בָּרוּךְ גּוֹזֵר וּמְקַיֵּם. בָּרוּךְ עושֶה בְרֵאשִׁית. בָּרוּךְ מְרַחֵם עַל הָאָרֶץ. בָּרוּךְ מְרַחֵם עַל הַבְּרִיּוֹת. בָּרוּךְ מְשַׁלֵּם שָׁכָר טוֹב לִירָאֵיו. בַּרוּךְ חֵי לַעַד וְקַיַּם לַנֵצֵח. בַּרוּךְ פּוֹדֶה וּמַצִיל. בַּרוּךְ שָׁמוֹ:



Blessed is the One Who spoke and the world came to be.

Blessed is God.

Blessed is the source of Creation.

Blessed is the One Who says and does.

Blessed is the One Who decrees and fulfills.

Blessed is the One Whose compassion covers the earth and all its creatures.

Blessed is the One Who pays proper reward to those who revere God.

Blessed is the One Who lives and endures forever.

Blessed is the One Who redeems and saves.

Blessed be God's name.

The Verses of Song or *P'sukei d'Zimra* constitutes the second preparatory rubric of prayer (the Morning Blessings or *Birchot HaShachar* is the first) leading to the Morning Service proper. In ancient days worshippers would arrive early and on their own prepare to pray by reciting verses of praise in consonance with the teaching of Talmud *B'rachot* 32b, "A person should first recount the praise of the Holy Blessed One and [only] then pray." The Verses of Song serve this function today.

Blessed is the One	ברוך שאמר
Psalm 92	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	נשמת '
Chatzi Kaddish	חצי קדיש

בָּרוּךְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם. הָאֵל הָאָב הָרַחֲמָן הַמְהֻלָּל בְּפֶה עַמּוֹ. מְשֵׁבָּח וּמְפֹאָר בִּלְשׁוֹן חֲסִידָיוּ וַעְבָדָיוּ. וּבְשִׁירֵי דָוִד עַבְדֶּךְּ. נְהַלֶּלְדְּ, יְהֹוָה אֱלֹהֵינוּ, בִּשְׁבְחוֹת וּבִּזְמִרוֹת. וּנְגַדֶּלְדְּ וּנְשַׁבֵּחֲדְּ וּנְפָאֶרְדְּ וְנַמְלִיכְדְּ וְנַזְּכִּיר שִׁמְדְּ מַלְכֵּנוּ אֱלֹהֵינוּ. יָחִיד חֵי הָעוֹלָמִים. מֶלֶדְ מְשֻׁבָּח וּמְפֹאָר עֲדֵי עַד שְׁמוֹ הַנְּדוֹל: בָּרוּדְ אַתָּה יְהֹוָה מֶלֶדְ מְהֻלָּל בַּתִּשְׁבָּחוֹת:

Blessed are You, Eternal our God Ruler of the Universe the merciful Parent extolled by the words of God's people, praised and glorified by words of pious servants; and with the songs of David your servant we will praise You, O Eternal our God.

With praises and psalms we will magnify, and laud, and glorify, and declare Your sovereignty and proclaim Your name, our Ruler, our God.

The only One, the Source of life in the universe.

The Sovereign Whose great name is praised and glorified to all eternity.

Blessed are You, Eternal, Sovereign extolled with songs of praise!

Blessed is the One or *Baruch Sh'amar*, a compound (two-part) blessing introduces the second rubric of the Shabbat morning service, the Verses of Song. The prayer begins with ten utterances of the word, "Blessed," corresponding to the ten statements with which God creates the world. In its second part, *Baruch Sh'amar* specifies the featured Verses of Song as those of the Book of Psalms, the ancient Biblical prayer book, songs of praise associated with King David as author and/or patron. *Baruch Sh'amar* first appears in print in Rav Amram Gaon's ninth century Siddur.

Blessed is the One	ברוך שאמר
Song of Thanksgiving	מזמור לתודה
A Song for the Sabbath Day	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	' נשמת
Chatzi Kaddish	חצי קדיש

Psalm 100

מִזְמוֹר לְתוֹדָה. ↑ הָרִיעוּ לֵיהוֹה כָּל הָאָרֶץ: עִבְדוּ אֶת יְהֹוָה בְּשִׂמְחָה. בֹּאוּ לְפָנָיו בִּרְנָנָה: דְּעוּ כִּי יִהֹוָה הוּא אֱלֹהִים.

הוא עשְּׁנוֹּ. וְלוֹ אֲנֵחְנוֹּ, עַמּוֹ וְצאן מַרְעִיתוֹ: בֹּאוּ שְׁעָרְיוֹ בְּתוֹדָה. חֲצֵרֹתָיוֹ בִּתְהָלָּה. הודוּ לוֹ בָּרְכוּ שְׁמוֹ: כִּי טוֹב יְהוָה. לְעוֹלָם חַסְדּוֹ. וְעַד דֹּר וְדֹר אֱמוּנָתוֹ:

A Psalm of Thanksgiving:³⁹ Let all the earth sing out to God in gladness!

Worship God in pure joyful service.

Gather before God...

In happy song!

Know that the Eternal is God.

God made us and we belong to God.

We are God's people, the flock the Divine tends.

Enter God's gates with thanksgiving, God's courts with praise.

Thank God and bless God's name.

The goodness and mercy of God before...

Shall bless all generations for ever more.

Lai. Hariu ladonai kol ha'aretz. Ivdu et Adonai b'simcha. Bo'u l'fanav birnanahh. Let all the earth sing out to God in gladness! Worship God in pure joyful service. Gather before God in happy song. Kitov Adonai l'olam chasdo. V'ad dor va-dor emunato! The goodness and mercy of God before...Shall bless all generations for ever more.

³⁹ Psalm 100.

שחרית לשבת/Sabbath Morning Service Verses of Song/פסוקי דזמרה

Blessed is the One	ברוך שאמר
Song of Thanksgiving	מזמור לתודה
A Song for the Sabbath Day	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	נשמת
Chatzi Kaddish	חצי קדיש

Psalm 92

A song for the Sabbath Day:40 בַּשַּבַת:

מזמור שיר ליום

♪ Tov l'hodot ladonai. U'l'zameir l'shimcha Elyon! L'hagid baboker chasdecha ve'emunatcha ba'leilot.

נוב להודות ליהוה.

√ וּלְזַמֵּר לִשְׁמְדָּ עֵלִיוֹן: לְהַגִּיד בַּבּוֹקֵר חַסְדֵּךְ. ואמונתד בלילות:

צַלֵי עָשוֹר וַעֲלֵי נָבֵל. עַלֵי הְנָּיוֹן בְּכְנוֹר:

It is good to give thanks to the Eternal, To sing hymns to Your name, O Most High! To tell of your love in the morning, To sing at night of Your faithfulness; To pluck the strings, to sound the lute, To make the harp vibrate.

> בִּי שִּׁמַחְתַּנִי יְהוָה בְּפָעֲלֶדְּ. בְּמַעֲשֵׁי יָדֶידְּ אֲרַנֵּן: מַה גַּדְלוּ מַעֲשֵיך יהוָה. מִאד עַמִקוּ מַחְשִבתִיך:

Your deeds, O Eternal, fill me with gladness, Your work moves me to song. How great are Your works, O Eternal. How profound Your design!

⁴⁰ Psalm 92.

Blessed is the One	ברוך שאמר
Song of Thanksgiving	מזמור לתודה
A Song for the Sabbath Day	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	נשמת '
Chatzi Kaddish	חצי קדיש חצי קדיש

אִישׁ בַּעַר לֹא יֵדָע. וּכְסִיל לֹא יָבִין אֶת זֹאת: בִּפְרַחַ רְשָׁעִים כְּמוֹ עֵשֶב. וַיָּצִיצוּ כָּל פּעֲלֵי אָוֶן. לִהְשָּׁמְדָם עֲדֵי עַד: וְאַתָּה מָרוֹם לְעוֹלָם יְהוָה:

The fool will never learn,
The dullard will never grasp this:
The wicked may flourish like grass,
All who do evil may blossom,
Yet they are doomed to destruction,
While You, O Eternal, are exalted for all time.

פִּי הִנֵּה אֹיְבֶיךּ יְהֹוָה. כִּי הִנֵּה אֹיְבֶיךּ יאֹבֵדוּ. יִתְפָּרְדוּ כָּל פֹּעֲלֵי אָנֶן: וַתָּרֶם כִּרְאֵים קַרְנִי. בַּלֹתִי בְּשֶׁמֶן רַעֲנָן: וַתַּבֵּט עֵינִי בְּשׁוּרָי. בַּקְמִים עָלַי מְרֵעִים תִּשְׁמֵעְנָה אָזְנָי:

See how Your enemies, O Eternal, See how Your enemies shall perish, How all who do evil shall be scattered. You lift up my head in pride, I am bathed in freshening oil. I shall see the defeat of my foes, My ears shall hear of their fall.

Blessed is the One	ברוך שאמר
Song of Thanksgiving	מזמור לתודה מדייר לתודה
A Song for the Sabbath Day	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	נשמת '
Chatzi Kaddish	חצי קדיש

צַדִּיק כַּתְּמָר יִפְרָח. כְּאֶרָז בַּלְּבָנוֹן יִשְׂגָּה: שְׁתוּלִים בְּבֵית יְהֹוָה. בְּחַצְרוֹת אֱלֹהֵינוּ יַפְרִיחוּ: עוֹד יְנוּבוּן בְּשֵיבָה. דְּשֵׁנִים וְרַעֲנַנִּים יִהְיוּ: לִהַגִּיד כִּי יַשַּׁר יִהוָה. צוּרִי וִלֹא עַוְלָתָה בּוֹ:

The righteous shall flourish like palms, Grow tall like cedars in Lebanon. Rooted in the house of the Eternal, They shall be ever fresh and green. Proclaiming that the Eternal is just, My Rock in Whom there is no wrong.

Ashrei/Happy are Those

אַשְׁרֵי יוֹשְׁבֵי בֵיתֶדְּ. עוֹד יְהַלְלוּדְּ שֶּׁלָה:

אַשְׁרֵי הָעָם שֶׁכָּכָה לוֹ. אַשְׁרֵי הָעָם שֶׁיְהֹוָה אֱלֹהָיו:

Happy are those who dwell in Your house; They will sing Your praise for ever.⁴¹

Happy the people to whom such blessing falls; Happy the people whose God is the Eternal.⁴²

"Happy are those": The liturgist has appended verses from Psalms 84 and 144 to Psalm 145 so that the word, "Happy" or "Ashrei" appears three times, perhaps a reminder that this prayer should be offered three times daily by the faithful. The prominence of the word Ashrei has given the prayer its title. Psalm 145, which follows is a Hebrew alphabetic acrostic praising God from A to Z, as it were (or more accurately from aleph to

⁴¹ Psalm 84:5

⁴² Psalm 144:15.

tav). Ashrei introduces the unit sometimes known as the Daily Praise or Hallel which includes the final six chapters of the Book of Psalms, Psalms 145-150.

שחרית לשבת/Sabbath Morning Service Verses of Song/פסוקי דזמרה

Blessed is the One	ברוך שאמר
Song of Thanksgiving	מזמור לתודה
A Song for the Sabbath Day	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	נשמת '
Chatzi Kaddish	חצי קדיש

A Psalm of David.

אֲרוֹמִמְךְּ אֲלוֹהַי הַמֶּלֶדְ. וַאֲבָרְכָה שִׁמְדְּ לְעוֹלָם וַעֶד: בְּכָל יוֹם אֲבָרְכֶדָ. וַאֲהַלְלָה שִׁמְדְּ לְעוֹלָם וָעֶד:

I will exalt You, my Sovereign God; I will bless Your name for ever.

Every day will I bless You; I will extol Your name for ever.

נָדוֹל יְהֹוָה וּמְהֻלָּל מְאֹד. וְלִנְדֻלָּתוֹ אֵין חֵקֶר: דור לדור ישבח מעשיד. וגבורתיד יגידו:

Great is the Eternal and worthy of praise; God's greatness is infinite.

One generation shall acclaim Your work to the next; They shall tell of Your mighty acts.

וַדְבָרֵי נְפָלָאֹתֵיךְּ אֲשִׂיחַה:

They shall consider Your radiant glory;

They shall reflect on Your wondrous works.

ַוַעֵזוּז נוֹרָאֹתֵיךּ יאמֵרוּ. וּגְדֻלָּתִדְּ אֲסַפְּרַנָּה: זָבֶר רַב טוּבָדְּ יַבִּיעוּ. וְצִדְקָתְדְּ יְרַנֵּנוּ:

They shall speak of Your awesome might, And make known Your greatness.

They shall tell the world of Your great goodness,

Blessed is the One	ברוך שאמר
Song of Thanksgiving	מזמור לתודה
A Song for the Sabbath Day	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	' נשמת
Chatzi Kaddish	חצי קדיש

חַנּוּן וְרַחוּם יְהֹוָה. אֶרֶךְ אַפַּיִם וּגְדָל חָסֶד: טוֹב יְהֹוָה לַכַּל. וְרַחֲמֵיו עַל כַּל מַעֲשַיו:

"The Eternal is gracious and compassionate, Endlessly patient, overflowing with love."

"The Eternal is good to all: God's compassion Shelters all God's creatures."

> יודוד יהוָה כָּל מַעֲשֶׁידָּ. וַחָסִידִידְּ יִבַרְכוּכַה:

All Your works, O Eternal, shall thank You;

Your faithful shall bless You.

ּכְּבוֹד מַלְכוּתְדְּ יאמֵרוּ. וּגְבוּרָתְדְּ יְדַבֵּרוּ: לְהוֹדִיעַ לִבְנֵי הָאָדָם גְּבוּרֹתָיו. וּכְבוֹד הֲדַר מַלְכוּתוֹ:

They shall speak of the glory of Your realm and tell of Your strength:

To reveal Your power to the world, and The glorious splendor of Your realm.

> מַלְכוּתְךָּ מַלְכוּת כָּל עוֹלָמִים. וּמֶמְשַׁלְתְּךָּ בְּכָל דּוֹר וָדֹר:

Your realm is everlasting.

Your dominion endures through all generations.

סוֹמֵדְ יְהוָה לְכָל הַנֹּפְלִים. וְזוֹקֵף לְכָל הַכְּפוּפִים: עִינֵי כֹל אֲלֵידְ יִשְבָּרוּ. וְאֲתָּה נוֹתֵן לַהֶם אֶת אֲכָלֶם בְּעִתּוֹ:

Sabbath Morning Service/שחרית לשבת Verses of Song/פסוקי דזמרה

Blessed is the One	ברוך שאמר
Song of Thanksgiving	מזמור לתודה
A Song for the Sabbath Day	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	נשמת [']
Chatzi Kaddish	חצי קדיש

Eternal, You support the falling; You raise up all who are bowed down.

The eyes of all are turned to You in hope; You sustain them in time of need.

פּוֹתֵחַ אֶת יָדֶדְּ. וּמַשְׂבִּיעַ לְכָל חֵי רָצוֹן: צַדִּיק יִהוָה בְּכַל דְרַכִיוּ. וְחַסִיד בְּכַל מַצַשַיוּ:

You open Your hand to satisfy every living thing with favor.

Eternal, You are just in all Your ways, and loving in all your deeds.

קרוב יְהוָה לְכָל קרְאָיו. לְכֹל אֲשֶׁר יִקְרָאָהוּ בֶאֶמֶת: רְצוֹן יִרְאָיו יַעֲשֶׁה. וְאֵת שַׁוְעָתָם יִשְׁמֵע וְיוֹשִׁיעֵם:

The Eternal is near to all who call, to all who call in truth.

Fulfilling the hope of all who revere the Divine, God will hear their cry and save them.

שׁוֹמֵר יְהֹוָה אֶת כָּל אֹהֲבִיוּ. וָאֵת כָּל הָרְשְׁעִים יַשְׁמִיד:

The Eternal guards all those who love the Divine,

But will destroy those who insist upon evil.

ּתְּהָלַת יְהֹוָה יְדַבֶּר פִּי. וִיבָרֵךְ כָּל בָּשָׂר שֵׁם קַדְשׁוֹ לְעוֹלָם וָעֶדֹּ: וַאֵּנַחִנוּ נִבָּרֵךְ יָהֹ מֵעַתָּה וְעַד עוֹלָם. הַלְלוּיָה:

My mouth shall speak the praise of the Eternal; let all flesh bless God's holy name for ever and ever.

Blessed is the One	ברוך שאמר
Song of Thanksgiving	מזמור לתודה
A Song for the Sabbath Day	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	. נשמת
Chatzi Kaddish	חצי קדיש

🎝 Halleluyah! Halelu Eil b'kodsho. Halleluhu

birkiya uzo. Halleluhu bigvurotav.

Halleluhu k'rov gudlo.

Halleluhu b'teika shofar.

Halleluhu b'neivel v'chinor.

Halleluhu b'tof u'machol.

Halleluhu b'minim v'ugav.

Halleluhu b'tziltzilei shama.

Halleluhu b'tziltzilei t'ruah.

Kol ha-nishama t'haleil Ya, Halleluyah!

Kol ha-nishama t'haleil Ya, Halleluyah!

ל הַלְלוּיָה. הַלְלוּ אֵל בְּקָדְשׁוֹ.

הַלְלוּהוּ בִּרְקִיעַ עִזּוּ.

הַלְלוּהוּ בִּגְבוּרְתָּיוּ.

הַלְלוּהוּ כְּרִב גִּדְלוֹ: הללוּהוּ בּתקע שופר.

הללוהו בנבל וכנור: הללוהו בנבל וכנור:

הַלְלוּהוּ בְּנֵבֶּל וְכִּנּוּ : הללוּהוּ בּתנף ומחול.

הַלְלוּהוּ בְּתף וּמְחוּכ. הללוּהוּ בּמנּים ועגב:

הַלְלוּהוּ בְּצִלְצְלֵי שַׁמֵע.

הַלְלוֹהוֹ בְּצִלְצְלֵי תְרוֹעַה:

כל הַנְשָׁמָה תְהַלֵּל יָה. הַלְלוּיָה:

בֹּל הַנְּשָׁמָה תְּהַלֵּל יָה. הַלְּלוּיָה:

Halleluyah!⁴⁴ Praise God in God's sanctuary; Praise God whose power the heavens proclaim;

Praise God for God's mighty acts; Praise God for God's surpassing greatness;

Praise God with shofar blast; Praise God with harp and lute; Praise God with drum and dance;

Praise God with strings and pipe; Praise God with clashing cymbals;

Praise God with resounding cymbals.

Let every soul praise the Eternal. Halleluyah! Let every soul praise the Eternal. Halleluyah!⁴⁵

Each Biblical Psalm features a signature verse appearing at the song's end. In some way each signature verse sums up what has been said in the body of the hymn. Psalm 150, the final in the Book of Psalms, functions as a signature to the entire book; concluding as it does with a resounding

⁴³ Psalm 115:18.

⁴⁴ Psalm 150.

praise of the Eternal. The instruments mentioned may reflect the musical traditions of the ancient Jerusalem Temple.

שחרית לשבת/Sabbath Morning Service Verses of Song

Blessed is the One	ברוך שאמר
Song of Thanksgiving	מזמור לתודה
A Song for the Sabbath Day	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	נשמת
Chatzi Kaddish	חצי קדיש

Nishmat/Let Every Living Soul

נִשְׁמַת כָּל חַי תְּבָרֵךְ אֶת שִׁמְךּ יְהֹוָה אֱלֹהֵינוּ, וְרוּחַ כָּל בָּשָׂר תְּפָאֵר וּתְרוֹמֵם זִכְרְךּ מַלְבֵּנוּ תָּמִיד: מָן הָעוֹלָם וְעַד הָעוֹלָם אַתָּה אֵל, וּמִבַּלְעָדֶיךּ אֵין לָנוּ מֶלֶךְ גּוֹאֵל וּמוֹשִׁיעַ, פּוֹדֶה וּמַצִּיל, עוֹזֵר וְסוֹמֵךְ אֵלָא אָתָּה:

Let every living soul bless Your name, O Eternal our God, and let every human being acclaim Your majesty, for ever and ever. Through all time and space You are God; ⁴⁶ we have no Sovereign Who redeems and saves, helps and supports but You.

ּ אֱלֹהֵי הָרָאשׁוֹנִים וְהָאַחֲרוֹנִים, אֱלוֹהַ כָּל בְּרִיוֹת, אֲדוֹן כָּל תּוֹלֶדוֹת, הַמְּהֻלָּל בְּרוֹב הַתִּשְׁבָּחוֹת, הַמְנַהֵג עוֹלָמוֹ בְּחֶסֶד וּבְרִיּוֹתָיו בְּרַחֲמִים: וַיהוֹה לֹא יָנוֹם וְלֹא יִישָׁן, הַמְעוֹרֵר יְשֵׁנִים, וְהַמֵּקִיץ נִרְדָּמִים, וְהַמֵּשִית אִלְמִים, וְהַמַּתִּיר אֲסוּרִים, וְהַסּוֹמֵך נוֹפְלִים, וְהַזּוֹקֵף כְּפוּפִים, לְדְּ מוֹדִים:

God of all ages, Ruler of all creatures, Master of all generations; extolled by a multitude of praises, the One Who guides the world with loving kindness and the creatures with tender mercy. The Eternal neither slumbers nor sleeps;⁴⁷ but rather, wakes the sleeping and arouses the dormant, gives speech to the silent, and releases the bound,⁴⁸ and supports the fallen and raises those who are bowed down.⁴⁹ To You alone we give thanks.

ְוְאִלּוּ פִינוּ מְלֵא שִׁירָה כַּיָּם, וּלְשׁוֹנֵנוּ רְנָּה כַּהְמוֹן גַּלָּיוּ, וְשִּׁפְתוֹתֵינוּ שֶׁבַח כְּמֶרְחֲבֵי רָקִיעַ, וְעֵינֵינוּ מְאִירוֹת כַּשֶּמֶשׁ וְכַיָּרֵחַ, וְיָדֵינוּ פְרוּשוֹת כְּנִשְׁרֵי שְׁמִים, וְרַגְלֵינוּ קַלּוֹת כָּאַיָּלוֹת, אֵין אֲנַחְנוּ מַסְפִּיקִים לְהוֹדוֹת לְךְּ יְהוָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ, וּלְבָרַדְּ אֶת שִׁמְךְּ מַלְכֵּנוּ, עַל אַחַת מֵאֶלֶף אֶלֶף אַלְפֵי אֵלָפִים וְרָבֵּי רָבָבוֹת פָּעָמִים, הַטוֹבוֹת נִּסִּים וְנִפְּלַאוֹת שְׁעָשִׁיתַ עִם אֲבוֹתֵינוּ וְעְמֵּנוּ:

⁴⁶ Psalm 92:2

⁴⁷ Psalm 121:4

⁴⁸ Psalm 146:7

⁴⁹ Psalm 145: 4

Blessed is the One	ברוך שאמר
Song of Thanksgiving	מזמור לתודה
A Song for the Sabbath Day	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	נשמת
Chatzi Kaddish	חצי קדיש

Though our mouths should overflow with song as the sea, our tongues with melody as the roaring waves, our lips with praise as the heavens' wide expanse; and though our eyes were to shine as the sun and the moon, our arms extend like eagles' wings, our feet speed swiftly as deer – still we could not fully thank You, Eternal our God and God of all ages, or bless Your name enough, for even one of the infinite kindnesses, miracles and wonders You performed for our ancestors and for us.

עַל כֵּן אֵבָרִים שֶׁפְּלַגְתָּ בָּנוּ, וְרוּחַ וּנְשָׁמָה שֶׁנָּפַחְתָּ בְּאֵפֵּינוּ, וְלָשׁוֹן אֲשֶׁר שַׂמְתָּ בְּפִינוּ, הֵן הֵם, יוֹדוּ וִיבָּרְכוּ וִישַׁבְּחוּ וִיפָּאֲרוּ וִישׁוֹרְרוּ וִירוֹמְמוּ וְיַצְרִיצוּ וְיַקְדִּישׁוּ וְיַמְלִיכוּ אֶת שִׁמְךְּ מִלְכֵּנוּ תָּמִיד: כִּי כָל פֶּה לְדָּ יוֹדֶה, וְכָל לָשׁוֹן לְדָּ תִשְּבַע, וְכָל בֶּרֶדְ לְדְּ תִּכְרַע, וְכָל קוֹמְה לְפְנֵידְ תִשְׁתַחְוֶה, וְכָל הַלְּבִבוֹת יִירָאוּדְּ, וְכָל קֶרֶב וּכְלָיוֹת יְזַמְּרוּ לִשְׁמֶדְ, כַּדְּבָר שֶׁכָּתוּב: כָּל עַצְמִוֹתֵי תּאמִרְנָה: ״יְהוָה מִי כְמוֹדְּ?״ כָּאָמוּר ״לְדָוֹד, בְּרְכִי נַפְשִׁי אֶת יְהוָה, וְכָל קְרָבֵי אֶת שֵׁם קִדְשׁוֹ!״

Therefore, limbs and spirit and soul and tongue shall join to thank and bless, praise and extol Your name. For every tongue will yet affirm You, and every knee will bend, all the upright shall bow to You, and every heart will revere You; and our innermost being shall sing praises to Your name, as it is written: "All my bones shall say, 'Eternal who is like you?" And David sang: "Bless the Eternal, O my soul, and let all that is within me bless God's holy name!" 1

ָהָאֵל בְּתַּצְצָמוֹת עֶזֶּךְ, הַגָּדוֹל בִּכְבוֹד שְׁמֶךְ, הַגִּבּוֹר לָנֶצֵח וְהַנּוֹרָא בְּנוֹרְאוֹתֶיךְ: הַמֶּלֶךְ הַיּוֹשֵׁב עַל בָּפֵא רָם וְנִשָּׁא:

God, You are tremendous in Your power, great in the glory of Your name mighty forever and awesome in Your works; the Sovereign supreme and exalted.⁵²

⁵⁰ Psalm 35:10.

⁵¹ Psalm 103·

⁵² The English paraphrases Isaiah 6:1 (הֵּיּוֹשֵׁב עַל בְּפֵא רָם וְנִשְׂא), which describes the prophet's vision of "the Eternal sitting upon a throne supreme and exalted."

Blessed is the One	ברוך שאמר
Song of Thanksgiving	מזמור לתודה
A Song for the Sabbath Day	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	נשמת '
Chatzi Kaddish	חצי קדיש

Shochein Ad/God Abides Forever

שׁוֹכֵן עַד, מֶרוֹם וְקָדוֹשׁ שְׁמוֹ, וְכָתוּב, ״רַנְּנוּ צֵדִּיקִים בַּיהוה, לַיְשָׁרִים נָאוָה תְהָלָּה:״

God abides forever and holy is God's name. Therefore let all who are righteous sing God's song; as it is written: "Sing, you righteous to the Eternal; the upright do well to acclaim the Divine." ⁵³

בְּפִי יְשָׁרִים תִּתְּלֹוֹמָם, וּבְשִׁפְתִי צַׁדִּיִקִים תִּתְּלַּדְדּ, וּבְלְשׁוֹן תְּסִידִים תִּתְלַדָּשׁ, וּבְלָשׁוֹן לְזָסִידִים תִּתְלַלָּדָשׁ,

By the mouths of the upright, You shall be acclaimed. By the words of the righteous, You shall be blessed By the tongues of the pious, You shall be sanctified. And in the midst of the holy, You shall be praised.

וּבְמַקְהַלוֹת רָבִבוֹת עַמִּדְּ בֵית יִשְׂרָאֵל, בִּרְנָה יִתְפַּאֵר שְׁמְדָּ, מַלְכֵּנוּ, בְּכָל דּור וָדוֹר.

And the assembled hosts of Your people, the House of Israel, in every generation glorify Your name in song.

יִשְׁתַּבַּח שִׁמְדְּ לָעַד מַלְבֵּנוּ, הָאֵל הַמֶּלֶדְ הַנָּדוֹל וְהַקָּדוֹשׁ בַּשָּׁמַיִם וּבָאָרֶץ.

May Your name be praised for ever our Sovereign, the great and holy God, Ruler in heaven and earth.

בָּרוּףְ אַתָּה יְהֹוָה, אֵל מֶלֶף נָדוֹל וּמְהֻלֶּל בַּתִּשְׁבָּחוֹת, אֵל הַהוֹדָאוֹת, אֲדוֹן הַנִּפְלָאוֹת, בּוֹרֵא כָּל הַנְּשָׁמוֹת, הַבּּוֹחֵר בְּשִׁירֵי זִמְרָה, מֶלֶף יָחִיד אֵל חֵי הָעוֹלָמִים:

Blessed are You, Eternal, God and Sovereign exalted in praises, God of Thanksgivings, Master of Wonders, Creator of Souls, Who delights in hymns of song, the Only Ruler, the Life of the Universe.

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⁵³ Psalm 33:1.

Blessed is the One	ברוך שאמר
Song of Thanksgiving	מזמור לתודה מזמור לתודה
A Song for the Sabbath Day	מזמור שיר ליום השבת
Ashrei	אשרי
Psalm 150	תהילה קנ
Nishmat	נשמת '
Chatzi Kaddish	חצי קדיש

*The Congregation Rises (Congregational responses in large print.):

יִתְגַּדַל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. (אָמֵן) בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵהּ וְיַמְלִידְּ מַלְכוּתֵהּ. בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בַּעֲגָלָא וּבִּזְמַן קָרִיב. וִאִמָרוּ: אָמֵן:

יָהֵא שְׁמֵהּ רַבָּא מְבָרַדְּ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא!

יִתְבָּרַדְּ וְיִשְׁתַּבַּח וְיִתְבָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלֶּל שְׁמֵהּ דְקַדְשָׁא, בְּרִידְ הוֹא. לְעַלָּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא תֻּשְׁבְּחָתָא וְנֶחֱמָתָא דַּאֵמִירָן בְּעַלְמֵא. וִאִמִרוּ: אֲמֵן:

May God's great name be magnified and sanctified (**Amen**) in the world willingly created. May God establish God's kingdom in your lifetime, in your days and in the days of the entire House of Israel, speedily and soon, and say: **Amen**.

May God's great name be blessed for ever and ever!

Blessed and praised, glorified and exalted, raised and honored, uplifted and lauded be the name of the Holy One, **Blessed be God**, beyond any blessing, song, praise and consolation uttered in the world; and let us say: **Amen**.

Hebrew responses: Amein. Amein. Y'hei sh'mei raba m'varach l'alam ul-almay almaya. B'rich Hu. Amein.

Scholars classify the Kaddish a doxology, an unadulterated praise of God. That is, the prayer offers general praise of the Eternal without specifying any particular reason for such. The Kaddish does however possess a direction in that it prays for the speedy advent of God's Realm, the Messianic Age, the time when God's name will be "magnified and sanctified." The Kaddish at this point in the worship service functions to mark a transition between one rubric of the worship service to the next, from the *P'sukei D'zimra* to Shacharit, the Morning Service proper. The Morning Service proper begins with the Call to Worship, *Barchu*.

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שחרית לשבת/Sabbath Morning Service שמע וברכותיה/Shema and it's Blessings

Barchu	ברכו
Creation	יוצר
Revelation	אהבה רבה
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה



The Leader begins (bending the knee on "Bless" and rising upon utterance of God's name):

בָּרְכוּ אֶת יְהֹוָה הַמְבֹּרָדְ!

Barchu et Adonai Ham'vorach!

Bless the Eternal, to Whom our praise is due!

The Congregation responds (bending the knee on "Bless" and rising upon utterance of God's name):

בָרודְ יְהוָה הַמְברָדְ לְעוּלָם וָעֶד!

Baruch Adonai Ham'vorach l'olam va'ed!

Blessed is the Eternal, to Whom our praise is due, now and forever!

The *Barchu*, often referred to as the "call to worship" stems from an ancient formula perhaps based upon Nehemiah 9:5 that depicts the Levites calling the congregation to communal prayer during the early days following the return from Babylonian exile, "Bless the Eternal." In addition, Mishnah B'rachot 5:1 states, "The pious men of old used to wait an hour before prayer in order that they might concentrate their thoughts upon their Parent in Heaven." This "waiting" however, was not passive. The pious would gather before the beginning of communal prayers to prepare by reciting psalms. The prayer leader's announcement to "Bless" signaled the formal commencement of the community's worship service.

According to custom, worshippers bend the knees and bow when they utter the word, "Bless" or "Blessed," and return to stand erect upon vocalizing God's name. The Hebrew word, Barchu (בַּרְכוֹ) or Bless comes from the word for knee (בְּרֶכוֹ), hence the gesture of bending the knee to bless.

שחרית לשבת/Sabbath Morning Service שמע וברכותיה/Shema and it's Blessings

Barchu	ברכו
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Creation

בָּרוּדְ, אַתָּה, יְהֹוָה, אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם. יוֹצֵר אוֹר וּבוֹרֵא חֹשֶׁדְ. עשֵׂה שָׁלוֹם וּבוֹרֵא אֵת הַכּּל:

Baruch Ata Adonai Eloheinu Melech ha-olam yotzeir or u'vorei choshech, oseh shalom u'vorei et a kol.

Blessed are You, O Eternal our God, Ruler of the Universe Who forms light and creates darkness, Who makes peace and creates all things.⁵⁴

הַמֵּאִיר לָאָרֶץ וְלַדָּרִים עָלֶיהָ בְּרַחֲמִים. וּבְטוּבוֹ מְחַדֵּשׁ בְּכָל יוֹם תָּמִיד מַעֲשֵׂה בְרֵאשִׁית. מָה רַבּוּ מַעֲשֶּׁידְּ, יְהֹוָה. כֵּלֶּם בְּחָכְמָה עָשִיתָ. מָלְאָה הָאָרֶץ קִנְיָנֶדְּ: כָּאָמוּר: לְעשֵׁה אוֹרִים גְּדֹלִים. כִּי לְעוֹלָם חַסְדּוֹ. בָּרוּדְּ אַתָּה יְהוָה. יוֹצֵר הַמְּאוֹרוֹת:

With compassion God gives light to the earth and all who dwell there; with goodness God renews the work of Creation continually day by day. How manifold are Your works O Eternal! In wisdom You have made them all. The earth is full of Your creations. 55 As it says: Praise the One Who makes the great luminaries, for God's love endures forever! 56

Blessed are You, O Eternal, Who forms the radiant lights.

The Morning Service consists of three blessings, two preceding the Shema and one after. This first section of the Morning Service, *Yotzeir*, concerns God as Creator. The second *Ahavah Rabbah* will address the Eternal as Revealer of Torah. The third will regard the Divine as Redeemer, focusing upon God having saved our ancestors and us from slavery in Egypt. The Rabbis see these three Godly roles as paths to recognizing the reality of the Omnipresent in our lives.

⁵⁴ Based upon Isaiah 45:7 which includes the phrase, "and creates evil." The liturgist has substituted "and creates all things" for the sake of the mood and emotional impact of the worship service.

⁵⁵ Psalm 104: 24.

⁵⁶ Psalm 136: 7.

שחרית לשבת/Sabbath Morning Service שמע וברכותיה/Shema and it's Blessings

Barchu	ברכו
Creation	יוצר
Revelation	אהבה רבה
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה

Revelation

אַהֲבָה רַבָּה אֲהַבְּתָּנוּ, יְהֹוָה אֱלֹהֵינוּ. חֶמְלָה נְדוֹלָה וִיתֵּרָה חָמֵלְתָּ עָלֵינוּ: אָבִינוּ מַלְבֵּנוּ. בַּעֲבוּר אֲבוֹתֵינוּ שֶׁבָּטְחוּ בְדָּ. וַתְּלַמְדֵם חָקֵי חַיִּים כֵּן תְּחָנֵנוּ וּתְלַמְדֵנוּ:

You have loved us with a great love, Eternal our God. With surpassing compassion have You had compassion upon us. Our Parent and Ruler for the sake of our ancestors who trusted in You, and to whom You taught the ways of life, bestow grace upon us and teach us.

אָבִינוּ הָאָב הָרַחֲמָן, הַמְרַחֵם, רַחֵם עָלֵינוּ. וְתֵּן בְּלְבֵּנוּ לְהָבִין וּלְהַשְּׂכִּיל. לִשְׁמֹעַ. לְלְמֹד וּלְלַמֵּד. לִשְׁמֹר וְלַעֲשׁוֹת וּלִקַיֵּם אֵת כָּל דְּבָרֵי תַּלְמוּד תּוֹרָתַדְּ בְּאַהַבָּה:

Our Parent, the Merciful One, Who performs acts of kindness; have compassion upon us. And instill in our hearts the desire to understand and discern, to hear, learn and teach, observe and perform and fulfill all the teachings of Your Torah with love:

It is our custom to sing the following Hebrew paragraph together as a congregation:

√ V'ha'eir eineinu b'Toratecha v'dabeik libeinu b'Mitzvotecha, v'yacheid l'vaveinu l'ahava u'l'yirach et shemecha. V'lo neivosh l'olam va-ed. Ki v'sheim kodshecha hagadol v'hanora batachnu. Nagila v'nis'm'cha bishuatecha!

ְלְבָּנִוּ בְּתִוֹרָתֶּךְ. וְדַבֵּקּ לְבָּנוּ בְּמִצְוֹתֶּיךְ. וְיַחֵד לְבָבֵנוּ לְאַהֲבָה וּלְיִרְאָה אֶת שְׁמֶדְ. וְלֹא נֵבושׁ לְעוֹלָם וְעֶד: כִּי בְשֵׁם קָדְשְׁךְּ הַגָּדוֹל וְהַנוֹרָא בָּטְחְנוּ. נָגִילָה וְנִשְׁמְחָה בִּישׁוּעָתֶּדְ!

Enlighten our eyes with Your Torah and let our hearts cling to Your Mitzvot. Unite our hearts to love and revere Your name, so that we may never be shamed. And because we have trusted in Your great, holy and awesome name may we be glad and rejoice in Your salvation!

Barchu	ברכו
Creation	יוצר
Revelation	אהבה רבה
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה

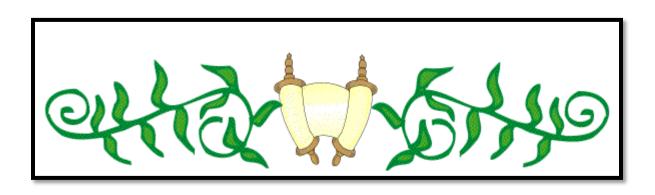
Some customarily take hold of the *Tzitzit* (Fringes) of the *Talit gathering them together in the left hand:*

וַהְבָּאֵינוּ לְשָׁלוֹם מֵאַרְבַּע כַּנְפוֹת הָאָרֶץ. וְתוֹלִיכֵנוּ קוֹמְמִיּוּת לְאַרְצֵנוּ: כִּי אֵל פּוֹעֵל יְשׁוּעוֹת אָתָּה. וּבָנוּ בָחַרְתָּ מִכָּל עַם וְלָשׁוֹן. וְקֵרַבְתָּנוּ לְשִׁמְדְּ הַגָּדוֹל, סֶלָה בָּאֲמֶת, לְהוֹדוֹת לְדְּ וּלְיַחֶדְךְּ בְּאַהֲבָה: בָּרוּדְ אַתָּה יְהוָה. הַבּוֹחֵר בְּעַמּוֹ יִשְׂרָאֵל בְּאַהֲבָה!

Bring us in peace from the four corners of the earth and lead us upright to our Land. For You are God Who performs acts of salvation, as You have chosen us from all people and tongues, bringing us close to Your great name for ever in truth that we may thank You and proclaim Your unity in love.

Blessed are You, O Eternal, Who chooses the people Israel in love!





Barchu	ברכו
Creation	יוצר
Revelation	אהבה רבה
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה

Some practice the custom of covering their eyes with the right hand in order to better concentrate on the words: "Shema Yisrael..."

יִשְׁרָאֵל יְהֹוָה אֱלֹהֵינוּ יְהוָה אֶחָ**ד ! עִ**ישְׁרָאֵל יְהוָה אֱחָ**ד ! עִ**

Shema Yisrael Adonai Eloheinu, Adonai Echad!

Hear O Israel, the Eternal is our God, the Eternal is One!⁵⁷

The congregation customarily chants "Baruch Sheim..." in an undertone:

בָּרוּדְ שֵם כִּבוֹד מַלְכוּתוֹ לְעוֹלָם וַעֵד:

Baruch sheim k'vod malchuto l'olam va-ed.

Blessed be the glorious name of the One Whose kingdom is for ever and ever.

Known colloquially as the "watchword of our faith" the *Shema* may be considered a pledge of allegiance of the Jewish people to divine authority and the yoke of the Mitzvot this authority implies. The word *Shema* itself means to hear, listen, meditate upon, declare, internalize, understand and respond.

"Blessed be the glorious name..." is the ancient liturgical response to hearing the Tetragrammaton (the four letter name of the Eternal, ¬-1-¬-1) as it was pronounced in the Temple. Today we generally substitute the word Adonai, "My Lord," or Hashem, literally, "The Name" for the Tetragrammaton. The Rabbis not only consider it too holy to pronounce in our world yet unredeemed, but the correct pronunciation remains unknown and a matter of debate. We customarily chant "Blessed be the glorious name..." in an undertone to indicate this sentence is not part of the Biblical text, but rather a response recalling the liturgical moment as practiced in the ancient Jerusalem Temple.

⁵⁷ Deuteronomy 6: 4.

Barchu	ברכו
Creation	יוצר
Revelation	אהבה רבה
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה

*The congregation is seated and chants in unison:

V'ahavta eit Adonai Elohecha, b'chol l'vav'cha uv'chol naf'sh'cha uv'chol m'odecha. V'hayu ha'd'varim ha'eileh asher Anochi m'tzav'cha hayom al l'vavecha. V'shinantam l'vanecha v'debarta bam, b'shivt'cha b'veitecha uv'lech-t'cha vaderch, uv'shoshbcha uv'kumecha. Ukshartam l'ot al yadecha, v'hayu l'totafot bein einecha. Uchtavtam al m'zuzot beitecha u'visharecha.

ְוְאֲהַבְּתָּ אֶת יְהְוָה אֱלֹהֻיְדּ, בְּכָל-לְבָבְךָּ וּבְכָל-נַפְשְׁדָּ וּבְכֵל מְאֹדֶדְּ: וְהָיוֹ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אִנֹכְי מְצַּוְדֶּ הַיִּוֹם עַל לְבָבֶדְ: וְשִנֵּנְתָּם וֹבְלֶכְתְּדְּ בַּדֶּרֶדְ וֹבְשָׁכְבְּדָּ וּבְקוֹמֶדְּ: וֹקְשַׁרְתָּם לְאוֹת עַל-יִדֶּדְּ, וְהָיוִ לְטֹטָפָת בֵּיוָ עֵינֵידְ: וּכְתַבְתָּם עַל-מְזָזִוֹת בִּיתֶדְ וּבִשְׁעָרֶידְ:

You shall love the Eternal your God with all your heart and with all your soul and with all your might. These words which I command you today shall be upon your heart. Teach them diligently to your children; speak of them when sitting in your home and in your traveling on the way, and when you lie down and when you rise up. And you shall bind them as a sign upon your hand and they shall be emblems between your eyes; and write them upon the doorposts of your house and upon your gates. 58

As the prelude to the *Shema* concluded with a blessing declaring the Eternal's love for Israel, the Torah now calls the people to mutuality. That is, to respond to God with love. Of course, one may ask how Scripture can command love? After all love constitutes an involuntary emotional reaction, does it not? The Chasidic commentator the *S'fas Emet* teaches each of us possesses a place deep within where he or she truly loves God with all her or his heart and soul and might. One of the purposes of prayer is to find that place so that our love manifests itself in the performance of Mitzvot.

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⁵⁸ Deuteronomy 6: 5-9.

Barchu	ברכו
Creation	יוצר
Revelation	אהבה רבה
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה

L'ma'an tiz-k'ru va-asitem et kol mitzvotai. Vi-h'yitem k'doshim lei-lohei-chem. Ani Adonai Eloheichem asher ho-tzeiti et-chem me-eretz Mitzrayim li-h'yot lachem lei-lo-him. Ani Adonai Eloheichem. לְמַעַן תּזְכְּרוּ, וַעֲשִּׁיתֶם אֶתּ-כְּּלּ-מִצְוֹתֶי. וִהְיִיתֶם קְדשִׁים לֵאלֹהֵיכֶם: אֲנִּי יְהֹוָה אֱלֹהֵיכָּם, אֲשֶׁר הוֹצֵאָתִי אֶתְכֶם מֵאָרֶץ מִצְרַיִם לִהְיוֹת לָכֶם לֵאלֹהֵים. אֲנֵי יְהֹוָה אֵלֹהֵיכֵם: אֱמָת...

In order that you remember My Mitzvot and do them; so shall you consecrate yourselves to your God. I, the Eternal, am your God who took you out of Egypt to be your God; I the Eternal am your God. 59True...

These final words of the Shema/V'ahavta rubric introduce the concept of Redemption: the mention of the divine incursion into history saving the Jewish people from Egyptian slavery. The Rabbis view this miraculous rescue as an act of love, nothing less than the courting of the Jewish people to an intimate relationship consummated in "marriage" between the Eternal God and Israel. The Exodus also declares clearly and for all time that the Eternal is the God of freedom and human rights. The verbalization of this verse fulfills the Mitzvah of recalling (through verbal recognition) the Exodus from Egypt daily. The blessing of Redemption follows the V'ahavta. Mishnah B'rachot 2:2 establishes the rule not to interrupt the connection between the final words of the Shema/V'ahavta rubric, "I am the Eternal your God," and the first word of the Redemption section, "True." Hence, the liturgy in effect reads, "The Eternal your God is true;" a statement of Divine faithfulness. The addition of "True" also connects the Shema/V'ahavta to the third and final blessing before the Amidah, that of Redemption. Hence the three blessings surrounding the Shema/V'ahavta speak of three ways we can come to know the Eternal; through Creation (God created and daily recreates the universe), Revelation (the Eternal reveals Torah) and Redemption (the Exodus from Egypt illustrates divine concern for humanity and its freedom and becomes the model for all other redemptions in every age, including the ultimate Redemption in the end of days, the Messianic Age). The Shema/V'ahavta itself prescribes we maintain a relationship of love with the "Eternal, your God."

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⁵⁹ Numbers 15:40-41.

Barchu	ברכו
Creation	יוצר
Revelation	אהבה רבה
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה

Redemption

אֱמֶת וְיַצִּיב וְנָכוֹן וְקַיָּם וְיָשָׁר וְנֶאֱמָן וְאָהוּב וְחָבִיב וְנֶחְמָד וְנָעִים וְנוֹרָא וְאַדִּיר וּמְתֻקּן וּמְקַבָּל וְטוֹב וְיָפֶה הַדָּבָר הַיֶּה עָלֵינוּ לְעוֹלָם וָעֶד: אֱמֶת. אֱלֹהֵי עוֹלָם, מַלְבֵּנוּ. צוּר יַצְקֹב מגן יִשׁענוּ.

True and enduring, beloved and precious, awesome, good, and beautiful is this eternal teaching.

This truth we hold to be forever certain: the Eternal God is our Ruler, the Rock of Jacob, the Shield of our Salvation.

לְדֹר וָדֹר הוּא קַיָּם וּשְׁמוֹ קַיָּם. וְכִסְאוֹ נָכוֹן. וּמַלְכוּתוֹ וֶאֱמוּנָתוֹ לָעַד קַיֶּמֶת: וּדְבָּרִיו חָיִים וְקַיָּמִים. נֵאֱמָנִים וְנֵחֱמָדִים לָעַד וּלְעוֹלְמֵי עוֹלָמִים.

God abides through all generations and God's name is Eternal. God's throne stands firm; and Divine sovereignty and faithfulness are everlasting.

God's words live and endure, true and precious to all eternity.

מְמְצְרַיִם גְּאַלְתַנוּ, יְהוָה אֱלֹהֵינוּ, ומְבֶּית עֲבַדִּים פְּדִיתַנוּ.

Eternal our God, You redeemed us from Egypt;

You set us free from the house of bondage.

עַל זאת שִׁבְּחוּ אֲהוּבִים וְרוֹמְמוּ אֵל. וְנָתְנוּ יְדִידִים זְמִירוֹת, שִׁירוֹת וְתִשְׁבָּחוֹת, בְּרָכוֹת וְהוֹדֵאוֹת לִמֵלֶךְ אֵל חֵי וְקַיַּם.

For this Your beloved praised You, exalting God in song.

Your dear ones offered hymns, songs, praises, blessings and thanksgiving to You as Sovereign, the living and enduring God.

Barchu	ברכו
Creation	יוצר
Revelation	אהבה רבה
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה

רָם וְנִשָּׂא. גָּדוֹל וְנוֹרָא. מַשְׁפִּיל גֵּאִים. וּמַגְבִּיהַ שְׁפָלִים. מוֹצִיא אֲסִירִים. וּפוֹדֶה עֵנָוִים. וְעוֹזֵר דַּלִּים. וְעוֹנֵה לִעַמּוֹ בִּעֵת שַׁוְעָם אֵלָיו:

High and exalted, mighty and awesome; Who humbles the proud and raises the lowly, who frees the captive and helps the oppressed,

Who Answers God's people when they cry out.

תָּהָלוֹת לְאֵל עַלְיוֹן. בָּרוּדְ הוּא וּמְבֹרָדְ.

משה ובני ישראל לך ענו שירה בשמחה רבה. ואמרו כלם:

All praise to God Most High, the Source of blessing! Like Moses and Israel we raise our voices in the joy of Redemption and sing as one:

 Mi Chamocha ba'eilim Adonai, mi kamocha nedar bakodesh, nora t'hilot osei feleh! מי כָמֹכָה בָּאֵלִם, יְהֹוָה מִּי כָּמֹכָה נָאְדָּר בַּקּדֶשׁ. מִי כָּמֹכָה נֶאְדָּר בַּקּדֶשׁ. נוֹרָא תְהִלֹת, עשה בֶּלֶא:

Shira chadasha shibchu gʻulim I'shimcha al s'fat hayam. Yachad kulam hodu v'himlichu v'amru: שִׁירָה חֲדָשָׁה שִׁבְּחוּ גְאוּלִים לְשִׁמְדְּ עַל שְׁפַת הַיָּם. יַחַד כֵּלָם הוֹדוּ וְהִמְלִיכוּ וְאָמְרוּ :

Adonai yimloch l'olam va-ed!

יְהוָה יִמְלדְּ לְעוֹלָם וָעֶד:

"Who is like You amongst the gods who are worshiped, O Eternal; who is like You majestic in holiness, awesome in praises, doing wonders?" A new song did the redeemed sing to Your name at the shore of the sea. In unison they all gave thanks and acknowledged Your sovereignty when they said: "The Eternal will reign forever and ever! 151

⁶⁰ Exodus 15: 11

⁶¹ Exodus 15: 18

Barchu	ברכו
Creation	יוצר
Revelation	אהבה רבה
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה

*The Congregation rises:

Tzur Yisrael, *kuma b'ezrat Yisrael uf'dei chinumecha Yehudah v'Yisrael. Go-aleinu Adonai Tz'va-ot sh'mo K'dosh Yisrael. Baruch Ata Adonai, Ga'al Yisrael! לצור יִשְּׂרָאֵל. *קוּמְהּ בְּעֶזְרַת יִשְּׁרָאֵל. וּפְדֵה כִּנְאֵמֶךּ יְהוּדָה וְיִשְׁרָאֵל. גּאֲלֵנוּ יְהֹוָה צְבָאוֹת שְׁמוֹ קְדוֹשׁ יִשְׂרָאֵל: בָּרוּדְ אַתָּה יְהֹוָה. נְּאַל יִשְׂרָאֵל!

Rock of Israel, *rise in Israel's help; and as You promised, redeem Judah and Israel. Our Redeemer, Eternal of Legions is God's name, Holy One of Israel. 62

Blessed are You O Eternal, Who redeemed Israel

The *Amidah* or Standing Prayer follows directly. This prayer constitutes the Rabbinic high point of the service. The Talmud knows it by the name, *Tefilla* or The Prayer, par excellence. In our congregation the first three blessings reflect the priestly call to public worship as we pray in unison. We offer the next four blessings in silence, our private moment with God, as it were. The first blessing, the *Avot* (Ancestors), looks to the past as the worshipper approaches God, a link in a chain of tradition going back to the Matriarchs and Patriarch. The second, the *G'vurot* (Powerful Deeds), recognizes Divine strength as we look to the future Redemption. The *K'dushah* (Sanctification), the third benediction, concentrates upon the present as the worshipper joins the angels on high (as the Prophets have conceived them) and Jews around the world in praising the Eternal's holiness.

⁶² Isaiah 47: 4

Avot	אבות
G'vurot	גבורות
K'dushah	קדושה
Kedushat Hayom	קדושת היום
Worship	עבודה
Thanksgiving	הודאה
Peace	שלום

^{*}Worshippers take three steps forward, stand at attention and bow at "Blessed." The congregation customarily chants the first three blessings of the Amidah in unison, then concludes in silent devotion:

: אֲדֹנָי שְׂפָתֵי תִּפְתָּח וּפִי יַגִּיד תְּהְלֶּתֶךְ

Adonai s'fatai tiftach u'fi yagid t'hilatecha!

O God open up my lips that my mouth may declare Your glory!⁶³

Baruch Ata Adonai. Eloheinu

Velohei Avoteinu Velohei Imoteinu.
Elohei Avraham. Elohei Yitzchak. Velohei
Ya'akov. Elohei Sara.
Elohei Rivka. Elohei Ra-cheil. Velohei Leah.
HaEil Hagadol Hagibor v'Hanora
Eil Elyon. Gomeil chasadim tovim.
V'konei hakol.
V'zocheir chasdei Avot v'Imahot.
U'meivi go-eil liv'nei v'neihem
I'ma'an shmo b'ahava:
(During the Ten Days of T'shuvah: Zochreinu
I'chayim. Melech chafetz bachayim. V'chot'veinu
b'seifer Hachayim. L'ma'ancha Elohim Chayim.)

Melech Ozeir u'Moshia u'Magein:

Baruch Ata Adonai, Magein Avraham v'Sara: ל בְּרוּךְ אַתָּה, יְהוָה, אֱלֹהֵינוּ
וֵאלֹהֵי אֲבוֹתֵינוּ וֵאלֹהֵי אִמּוֹתֵינוּ.
אֱלֹהֵי אַבְּרָהָם. אֱלֹהֵי יִצְחָק.
וֵאלֹהֵי יַצְקֹב. אֱלֹהֵי שְׂרָה. אֱלֹהֵי
רְבְקָה. אֱלֹהֵי רָחֵל. וֵאלֹהֵי לֵאָה.
רְבְקָה. אֱלֹהֵי רָחֵל. וֵאלֹהֵי לֵאָה.
לְאֵל הַנְּיְדוֹל הַנְּבּוֹר וְהַנּוֹרָא אֵל
וְאַלְיוֹן. גּוֹמֵל חֲסָדִים טוֹבִים.
וְאַמְּהוֹת. וּמֵבִיא גוֹאֵל לִבְנִי
רְעִשִית יִּבְּרִנִּי לְחַיִּים. מֶלֶּדְ חָפֵץ בַּחִיִּם. וְכְּתְבֵּנִי בְּעִשִׁין שְׁמוֹ בְּאַהְבָּר:
בעשית יְבְּרִנִי לְחַיִּים. מֶלֶדְ חָפֵץ בַּחִיִּם. וְכְּתְבֵּנִי בְּעִשִׁיוֹ וְשְׁמוֹ בְּאַהְבָּה:
בְּעשִית יִבְּרִנִי וְמִישׁ וְשְׁמוֹ בְּאַהְבָּר:
בְּעִלְיִדְ עוֹזֵר וּמוֹשִיע וּמְגַן:
בְּרוּדְ אַתְּה יְהוֹה,
מגן אברהם ושרה:

⁶³ Psalm 51:17.

שחרית לשבת/Sabbath Morning Service עמידה/Amidah

Avot	אבות
G'vurot	גבורות
K'dushah	קדושה
Kedushat Hayom	קדושת היום
Worship	עבודה
Thanksgiving	הודאה
Peace	שלום

Blessed are You, O Eternal our God and God of our Patriarchs and God of our Matriarchs: God of Abraham, God of Isaac and God of Jacob, God of Sarah, God of Rebecca, God of Rachel and God of Leah. The great, mighty and awesome God, God Most High! Who bestows loving kindness and creates all and remembers the loving acts of the Patriarchs and Matriarchs, and in love brings a redeemer to the children of their children for the sake of his name. (During the ten days of Teshuvah: Remember us for good, Ruler Who delights in life; and inscribe us in the Book of Life for Your sake, O God of Life!) Ruler, Helper, and Savior, and Shield. Blessed are You, Eternal, Shield of Abraham and Sarah.

Ata gibor l'olam Adonai m'chayei

hakol (meitim) Ata rav l'hoshia.
Summer: Morid hatal. Winter: Mashiv haruach u'morid hageshem.
M'chalkeil chaim b'chesed. M'chayei hakol (meitim) b'rachamim rabim.
Someich noflim v'rofei cholim u'matir asurim. U'm'kayiem emunato lisheinei afar. Mi Chamocha ba'al g'vorot u'mi domeh Lach? Melech meimit u'm'chayeh u'matzmiach y'shua. (Ten Days of Teshuvah: Mi Chamocha Av Harachamim. Zocheir y'tzurav l'chaim b'rachamim.) V'ne'eman Ata l'chayot hakol (meitim). Baruch Ata Adonai, m'chayei hakol (Hameitim).

אַתָּה גִּבּוֹר לְעוֹלֶם, אֲדֹנָי, מְחַיֵּה הַכֹּל (מֶתִים) אַתָּה. רַב לְהוֹשִׁיעַ: הַכֹּל (מֶתִים) אַתָּה. רַב לְהוֹשִׁיעַ:

בקיץ : מוֹרִיד הַשָּל : בחורף : מַשִּּיב הָרוּחַ וּמוֹרִיד הַגֵּשָׁם :

מְכַלְכֵּל חַיִּים בְּחֲסֶד. מְחַיֵּה הַכּּל (מֵתִים) בְּרַחֲמִים רַבִּים. סוֹמֵךְ נוֹפְלִים וְרוֹפֵא חוֹלִים וּמַתִּיר אֲסוּרִים. וּמְקַיֵּם אֱמוּנָתוֹ לִישֵׁנֵי עָפָר. מִי כָמוֹךְּ בַּעַל גְּבוּרוֹת וּמִי דוֹמֶה לָּךְ. מֶלֶךְ מֵמִית וּמְחַיֶּה וּמֵצִמִיחַ יִשׁוּעָה:

(בשיית :מִי כָמוֹךּ אָב הָרַחֲמִים. זוֹכֵר יְצוּרָיו לְחַיִּים בַּרַחַמִים.)

וְנֶאֲמֶן אַתָּה לְהַחֲיוֹת הַכֹּל (מֵתִים): בָּרוּדְ אַתָּה יְהֹוָה, מְחַיֵּה הַכֹּל (הַמֵּתִים):

You are eternally mighty, my Lord. You give life to all (the dead) and have great power to save. (In summer: Who causes dew to fall.) (In winter: Who makes the wind blow and causes rain to fall.) God sustains the living with loving-kindness, and with great compassion gives life to all (the dead). God supports the fallen, heals the sick, sets captives free and keeps faith with those who sleep in the dust. Who is like among the mighty and who may be compared to You; Ruler who brings death and gives life and makes salvation grow. (Ten Days of Teshuvah: Who is like You, Parent of mercy who remembers God's creatures with mercy for life?) Faithful are You to give life to all (revives the dead).

Avot	אבות
G'vurot	גבורות
K'dushah	קדושה
Kedushat Hayom	קדושת היום
Worship	י עבודה
Thanksgiving	הודאה
Peace	שלום

With a *minyan* present the congregation chants the Kedushah below, rising to their toes on the congregational responses: "Kadosh," "Baruch," and "Yimloch":

N'kadeish et shimcha ba-olam, k'sheim Sh'makdishim oto bishmei marom, ka-katuv Al yad n'vi-echa, v'kara zeh el zeh v'amar:

Kadosh, Kadosh, Kadosh Adonai Tziva'ot m'lo chol ha'aretz k'vodo!

Adir adireinu, Adonai Adoneinu, mah adir Shimcha b'chol ha'artez!

Baruch k'vod Adonai mimkomo.

Echad hu Eloheinu, hu Avinu, hu Malkeinu, hu moshieinu. V'hu yash-mi-einu b'rachamav sheinit L'einei kol chai: Ani Adonai Eloheichem!

Yimloch Adonai l'olam, Elohaiyich Tzion l'dor vador Halleluyah!

ל נְקַדֵּשׁ אֶת שִׁמְדְּ בָּעוֹלָם, כְּשֵׁם שֶׁמֵּקְדִישִׁים אותו בִּשְׁמֵי מָרוֹם, כַּכָּתוֹב עַל יַד נְבִיאֶדְּ. וְקָרָא יֶה אֶל יֶה וְאָמֵר: קָדוֹשׁ קָדוֹשׁ קָדוֹשׁ יְהוָה צְבָּאוֹת. מְלֹא כָל הָאָרֶץ כְּבוֹדוֹ: אַדְיר אַדִירֵנוּ יְיָ אֲדֹנֵינוּ, מָה אַדִּיר שִׁמְדְּ בְּכָל-הָאָרֶץ! שֶׁמְדְ הוּא אֱלֹהֵינוּ הוּא אָבִינוּ. הוּא מַלְבֵּנוּ הוּא אֱלֹהֵינוּ הוּא אָבִינוּ. הוּא מַלְבֵּנוּ הוּא מושִׁיעֵנוּ. וְהוּא יַשְׁמִיעֵנוּ יְהוָה אֱלֹהֵיכֶם! יִמְלֹדְ יְהוָה לְעוֹלְם. אֱלֹהַיִּךְּ

We sanctify Your name in the world just as they proclaim Your holiness in the highest heavens, as it is written by the hand of Your prophet: "And they called to one another and said, Holy, Holy, Holy is the Eternal of Legions; the entire earth is full of G-d's glory! ⁶⁴ Strength of our strength, Eternal our Sovereign, how majestic is Your name in all the earth. Blessed is the Eternal's glory from God's place. ⁶⁵ The One is our God, the One is our Parent, the One is our Ruler, the One is our Savior; and in compassion will save us a second time in the eyes of all the living: "I am the Eternal, your God!" The Eternal shall reign forever; your God, O Zion, from generation to generation, Halleluyah! ⁶⁶

⁶⁴ Isaiah 6:3.

⁶⁵ Ezekiel 3: 12.

⁶⁶ Psalm 146:10.

Avot	אבות
G'vurot	גבורות
K'dushah	
	קדושה
Kedushat Hayom	קדושת היום
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L'dor vador nagid godlecha. Ul'neiztach n'tzachim k'dushatcha nakdish. V'shiv-chacha Eloheinu mipinu lo yamush l'olam va'ed.

Baruch Atah Adonai HaEil hakadosh. לְדוֹר וָדוֹר נַגִּיד גְּדְלֶךְ. וּלְנֵצֵח נְצָחִים קְדָשָּׁתְּךָּ נַקְדִּישׁ. וְשִׁבְחֲךְּ אֱלֹהֵינוּ מִפִּינוּ לֹא יָמוּשׁ לְעוֹלָם וָעֶד: בָּרוּךְ אַתָּה יְהֹוָה. הָאֵל (בשית: חַמֵּלֶדְ) הַקַּדוֹשׁ:

From generation to generation we will declare Your greatness, and we will proclaim Your holiness for evermore. Your praise, our God, shall never depart from our mouths for ever and ever, for You, God, are a great and holy Sovereign. Blessed are You, Eternal, the holy God (Ten Days of Teshuvah: Sovereign).

If no *minyan* is present:

אַתָּה קָדוֹשׁ וִשְׁמְדְּ קַדוֹשׁ. וּקְדוֹשִׁים בְּכָל יוֹם יְהַלְלוּדְּ חֱלָה. בָּרוּדְ אַתָּה יְהוַה הָאֵל (בש״ת: הַמֶּלֶדְ)הַקָּדוֹשׁ:

You are holy and Your name is holy; the holy ones everyday praise You forever. Blessed are You O Eternal, the Holy God!

On all days continue here:

יִשְׂמַח משֶׁה בְּמַקְּנַת חֶלְקוֹ. כִּי עֶבֶד נָאֲמָן קְרָאתָ לוֹ. כְּלִיל תִּפְאֶרֶת בְּראשׁוֹ נָתַתָּ לוֹ. בְּעָמְדוֹ לְפָנֶיךּ עַל הַר סִינֵי. וּשְׁנֵי לַחוֹת אֲבָנִים הוֹרִיד בְּיָדוֹ. וְכָתוֹב בַּהֶם שִׁמִירַת שַׁבַּת. וְכֵן כַּתוֹב בְּתוֹרָתֵדְ:

Moses rejoiced at the gift of his portion when You called him "faithful servant." A crown of glory You placed upon his head when he stood before You on Mount Sinai. And two tablets of stone he brought down in his hand;⁶⁷ and written upon them was the observance of Sabbath. And so it is written in Your Torah:

This next section of the Amidah, the Holiness of the Day (קְּדוֹשַׁת הַיּוֹם), speaks of the Shabbat. For each of the three daily prayers of the Sabbath the Holiness of the Day section maintains a distinct focus. The liturgy of the Morning Service concentrates upon Divine Revelation of the Shabbat through Torah, hence the depiction above of the Revelation at Sinai and the Scriptural instructions received upon the building of the Sanctuary in the Wilderness, a portable Mt. Sinai, as it were. The Mishnah looks to the revelation concerning the construction of the Sanctuary as providing the definition of prohibiting work on the Sabbath.

⁶⁷ Exodus 32:15.

שחרית לשבת/Sabbath Morning Service עמידה/Amidah

Avot	אבות
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Peace	שלום

ְּוֹשְׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת. לַצְשוֹת אֶת הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלָם: בִּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אוֹת הִיא לְעוּלָם. כִּי שֵׁשֶׁת יָמִים עָשָׂה יְהוָה אֶת הַשָּׁמֵיִם וָאֵת הָאָרֵץ. וּבַיּוֹם הַשִּׁבִיעִי שָׁבַת וַיִּנָּפַשׁ:

The Children of Israel shall observe the Sabbath, to make the Sabbath throughout their generations as an eternal covenant. Between Me and the Children of Israel she is a sign for ever. For in six days did the Eternal make the heavens and the earth, but on the seventh day rested and refreshed God's soul.⁶⁸

וְלֹא נְתַתּוֹ יְהֹוָה אֱלֹהֵינוּ לְגוֹיֵי הָאֲרָצוֹת. וְלֹא הִנְחַלְתּוֹ מַלְכֵּנוּ לְעוֹבְדֵי פְּסִילִים. וְגֵם בִּמְנוּחָתוֹ לֹא יִשְׁכְּנוּ עֲרֵלִים. כִּי לְיִשְׁרָאֵל עַמְּדְּ נְתַתּוֹ בְּאַהְבָה. לְזֶרַע יַעֲקֹב אֲשֶׁר בָּם בָּחֲרְתָּ: עַם מְקַדְשֵׁי שְׁבִיעִי. כִּלָּם יִשְׁבְּעוּ וְיִתְעַנְּגוּ מִטוּבֶדְ. וּבַשְּׁבִיעִי רָצִיתָ בּוֹ וְקִדַּשְׁתּוֹ. חֶמְדַת יָמִים אוֹתוֹ קָרָאתָ. זֵכֶר לְמַעֲשֶׂה בִרֵאשִׁית:

The Eternal our God did not give it to the nations of the world, nor did our Sovereign give it as a heritage to those who worship idols. In its rest the uncircumcised do not dwell. For You gave it in love to Your people Israel, to the seed of Jacob whom You chose. May the people who sanctify the seventh day all find satisfaction and delight in Your goodness, for you favored the seventh day and made it holy. You called it the most cherished of all days, a remembrance of the act of Creation.

⁶⁸ Exodus 31:16-17.

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אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתִינוּ רְצֵה בִמְנוּחָתֵנוּ. קַדְּשֵׁנוּ בְּמִצְוֹתֶּךּ וְתֵּן חֶלְּקֵנוּ בְּתוֹרָתֶדְּ. שַּבְּצֵנוּ מִטּוּבֶדְּ וְשַּמְחֵנוּ בִּישׁוּעָתֶדְּ וְטַהֵּר לִבֵּנוּ לְעָבְדְּדְּ בָּאֱמֶת. וְהַנְחִילֵנוּ יְהוָה אֱלֹהֵינוּ בְּאַהֲבָה וּבְרָצוֹן שַׁבַּת קַדְשֶׁדְּ. וְיָנוּחוּ בוֹ יִשְׂרָאֵל מְקַדְשֵׁי שְׁמֶדְ: בַּרוּדְ אַתַּה יִהוֹה מִקָדֵשׁ הַשַּׁבַּת:

Our God and God of our ancestors, find favor in our rest. Sanctify us with your Mitzvot and grant us our share in Your Torah. Satisfy us with Your goodness and grant us joy in Your salvation and purify our hearts so we may serve You in truth. In love and favor Eternal our God grant us as a heritage Your holy Sabbath so that Israel who sanctifies Your name may find rest during it. Blessed are You, Eternal, Who sanctifies the Sabbath.

ּרְצֵה יְהֹוָה אֱלֹהֵינוּ בְּעַמְּךּ יִשְּׂרָאֵל וּבִתְפִלֶּתָם שְׁעֵה. וְהְשֵׁב אֶת הָעֲבוֹדָה לִדְבִיר בֵּיתֶדְּ. וְאִשֵּׁי יִשְׁרָאֵל וּתְפִלְּתָם. בְּאַהֲבָה תְקַבֵּל בְּרָצוֹן. וּתְהִי לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל עַמֶּך:

May You take delight in Your people Israel and turn toward their prayer. May You return the service to the shrine of Your House. And may You accept the fires and prayer of Israel with favor in love. O may the worship of Your people Israel always be acceptable to You.

On Rosh Chodesh and Chol Hamoed:

אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ. יַעֲלֶה וְיָבוֹא וְיַגִּיעַ. וְיֵרָאֶה וְיֵרְאֶה וְיִשְׁמַע. וְיִפְּקֵד וְיִזְבֵּר זִּכְרוֹנֵנוּ וּפִקְדוֹנֵנוּ וְזִּכְרוֹן אֲבוֹתֵינוּ. וְזִכְרוֹן מָשִׁיחַ בֶּן דְּוִד עַבְדֶּדְּ. וְזִכְרוֹן יְרוּשְׁלֵיִם עִיר קְדְשֶׁדְּ. וְזִּכְרוֹן כָּל עַמְּדְ בֵּית יִשְׁרָאֵל. לְפָנֶידְּ. לִפְלֵיטָה לְטוֹבָה. לְחֵן וּלְחֶסֶד וּלְרַחֲמִים. לְחַיִּים טוֹבִם וּלְשָׁלוֹם בְּיוֹם

בראש חדש ראשׁ הַחֹדֵשׁ בחוהמייפ חַג הַמַּצוֹת בחוהמייס חַג הַסְּכּוֹת הַּיָּה.

זָכְרֵנוּ יְהֹוָה אֱלֹהֵינוּ בּוֹ לְטוֹבָה. וּפָּקְדֵנוּ בוֹ לִבְרָכָה. וְהוֹשִׁיעֵנוּ בוֹ לְחַיִּים. וּבִדְבַר יְשׁוּעָה וְרַחֲמִים חוּס וְחָנֵנוּ וְרַחֵם עָלֵינוּ וְהוֹשִׁיעֵנוּ. כִּי אֵלֶידְּ עֵינֵינוּ. כִּי אֵל מֶלֶדְ חַנּוּן וְרַחוּם אָתָּה:

שחרית לשבת/Sabbath Morning Service עמידה/Amidah

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Our God and God of our ancestors may there rise and come and reach, and appear, and be favored and heard, and regarded and remembered before You: our recollection and our remembrance, as well as the remembrance our ancestors and the remembrance of the Davidic Messiah Your servant, and the remembrance of Jerusalem Your holy city and the remembrance of all of Your people the House of Israel -- for deliverance, for good, for grace and love and compassion, for a good life and peace on this day of

(on first day of the new month) Rosh Chodesh

(on Chol Hamoed Pesach) the Festival of Unleavened Bread

(on Chol Hamoed Succot) the Festival of Succot

Remember us O Eternal our God for good, and be mindful of us for blessing, and deliver us for life. In accordance with Your promise of deliverance and compassion, have mercy upon us and be gracious to us and have compassion upon us and save us; for our eyes are turned to You for You are a gracious and compassionate Ruler.

וְתֶּחֱזֶינָה עֵינֵינוּ בְּשׁוּבְךְּ לְצִיּוֹן בְּרַחֲמִים: בָּרוּדְ אַתָּה יְהֹוָה. הַמַּחֲזִיר שְׁכִינָתוֹ לְצִיּוֹן:

May our eyes witness Your return to Zion in mercy. Blessed are You, Eternal, Who returns the Divine Presence to Zion.

*One bows on "Modim" or "We give thanks" and rises on God's name:

*מוֹדִים אֲנַחְנוּ לָדְ. שָׁאַתָּה הוּא יְהֹוָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ לְעוֹלָם וָעֶד. צוּר חַיֵּינוּ. מָגֵן יִשְׁעֵנוּ אַתָּה הוּא לְדוֹר וְדוֹר: נוֹדֶה לְדְּ וּנְסַפֵּר תְּהִלְּעֶדְּ עַל חַיֵּינוּ הַמְּסוּרִים בְּיָדֶדְּ. וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לָדְ. וְעַל נִשְּׁידְּ שֶׁבְּכָל-יוֹם עִמְנוּ. וְעַל נִפְלְאוֹתֶידְּ וְטוֹבוֹתֵידְ שֶׁבְּכָל עֵת. עֶרֶב וְבַקֶר וְצְהְרָיִם: הַטוֹב כִּי לֹא כָלוּ רַחֲמֶידְ. וְהַמְרַחֵם כִּי לֹא תַמּוּ חֲסְדֶידְ. מֵעוֹלָם קִוִּינוּ לְדְּ:

We give thanks to You, for You are the Eternal our God and God of our ancestors for ever and ever. You are the Rock of our lives, the Shield of our salvation from generation to generation. We will give thanks to You and recount Your praise for our lives which are entrusted to Your hand; and for our souls, which are placed in Your charge, and upon Your miracles which are with us every day, and Your wonders and Your acts of goodness which are with us at all times, evening and morning and afternoon. You are the Good – Your compassion never ends. You are Compassion – Your love never ceases. We have always placed our hope in You.

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For Chanukah:

עַל הַנִּסִּים וְעַל הַפָּרְקָן וְעַל הַגְּבוּרוֹת וְעַל הַתְּשׁוּעוֹת וְעַל הַמִּלְחָמוֹת שֶׁעָשִּׁיתָ לַאֲבוֹתֵינוּ בַּיַּמִים הַהֵּם בִּזְּמֵן הַזָּה:

בִּימֵי מַתִּתְיָהוֹ בֶּן יוֹחָנָן כֹּהֵן גְּדוֹל חַשְׁמוֹנָאִי וּבָנָיוּ. כְּשֶׁעְמְדָה מַלְכוּת יָוֶן הָרְשָׁעָה עַל עַמְדְּ יִשְׂרָאֵל לְהַשְׁכִּיחָם תּוֹרָתֶּדְּ וּלְהַעֲבִירָם מֵחֻקֵּי רְצוֹנֶדְ: וְאַתָּה בְּרַחֲמֶידְ הָרַבִּים עַמְדְתָּ לֶהֶם בְּעֵת צָרָתָם. רַבְּתָּ אֶת רִיבָם. דַנְתָּ אֶת דִינָם. נָקַמְתָּ אֶת נִקְמָתָם. מָסַרְתָּ גְּבּוֹרִים בְּיֵד חַלְּשִׁים. וְרַבִּים בְּיֵד מְעִטִּים. וּטְמֵאִים בְּיֵד טְהוֹרִים. וּרְשָׁעִים בְּיֵד עִוּסְקֵי תּוֹרָתֶדְ. וּלְדְּ עָשִיתָ שֵׁם גְּדוֹל וְקְדוֹשׁ בְּעוֹלְמֶדְ. וּלְעַמְּדְּ יִשְׂרָתֵּ שִׁם גְּדוֹל וְקְדוֹשׁ בְּעוֹלְמֶדְ. וּלְעַמְּדְּ יִשְׂרָתֵּל עָשִיתְ תְּשׁוּעָה גְּדוֹלָה וּפְּרְקוֹ כְּהַיּוֹם הַיֶּיָה: וְאַחַר כַּדְּ בָּאוּ בְנֶיִדְּ לִדְבִיר בִּיתֶדְ. וְמְבִּיר שְׁמוֹנַת יִפְרָתְן בְּהִיוֹם הַיָּיְהוֹ בְּחַצְרוֹת קְדְשֶׁדְ. וְקְבְעוּ שְׁמוֹנַת יְמִירְ תְּשׁיִּבְ וְשִׁבְּרוֹ שְׁמוֹנַת יְמִבְּרוֹ שְׁמוֹנַת יְמִיךְ עָּבְיוֹ בְּחָבְיוֹת בְּרְבְיִיךְ בְּמִּיְים בְּיִיבְיוֹ שְׁמוֹנַת יְמִבְּיוֹ שְׁבְּיוֹ בְּחָבְיוֹים הְנִיְבְיוֹ בְּבְּוֹי שְׁמוֹנַת יְמִרְים בְּנִייְבְּי וְמִבְּרוֹ שְׁמוֹנֵת בְּתְבְּרוֹת מְדְשֶׁךְ. וְטְהְרוֹ מְלְיִים בְּעִוּ שְׁבְּרוֹ בְּיִים בְּנִידְ בְּתִיבְים בְּנִים בְּחָבְיוֹ בְּבְיוֹ בְּבְּרִוּ בְּבְּיִים בְּבָּיִים בְּנִידְ בְּתְיִבְּתוֹ בְּרְקוֹן בְּהַיִּם הְיָבְיִם בְּנִידְ שְׁבִּים בְּמָיִים בְּבְיִים בְּבְּיוֹ בְּתְּבִילוּ וּבְּרְבְּיִים בְּבְיוֹ בְּבִיים בְּבְיוֹם בְּבְיוֹם בְּבְּיוֹם בְּבְיוֹם בְּבְיוֹם בְּבִים בְּבְיוֹם בְּבְיוֹם בְּבְיוֹב בְּיִבְים בְּבִיים בְּבְיוֹם בְּבְיוֹם בְּעִים בְּבְּיוֹם בְּיִבְיִים בְּבִיוֹם בְּבִיוֹם בְּבְיוֹים בְּבְּיִבְּם בְּבְּבְיוֹם בְּבְיוֹם בְּבְיוֹים בְּנִים בְּבְעוֹים בְּבְּיִבְים בְּבְיוֹם בְּיִבְים בְּבְּיוֹם בְּבְיוֹם בְּנְיוֹים בְּיְבִים בְּבְּיוֹם בְּבְיוֹם בְּבְיוֹם בְּבְּיוֹים בְּבְיוֹים בְּבְיוֹם בְּבְיוֹם בְּיִבְּים בְּבְעוֹבְים בְּבְיוֹם בְּבְיוֹם בְּבְיוֹם בְּבְּיוֹם בְּבְיוֹם בְּבְּבְיוֹם בְּבְיוֹם בְּבְיוֹם בְּבְיוֹם בְּבְּיוֹם בְּבְּיוֹם בְּבְּבְיוֹם בְּבְיוֹם בְּבְּבְיוֹים בְּיִים בְּבְּבְים בְּבְּבְים בְּבְיוֹים בְּבְּבְיוֹבְיוֹם בְּבְים בְּעִים בְּבְיוּבְיוֹם בְּבְיוֹם בְּבְ

For the miracles, and for the deliverance and for the mighty acts and for the acts of salvation and for the battles that You performed for our ancestors in those days at this season: In the days of Mattathias son of Yochanan the High Priest the Hasmonean and his sons; when the evil Greek kingdom stood against Your people Israel to make them forget Your Torah and force them to transgress the statutes of Your will. You in your great compassion stood by them in the time of their tribulation. You championed their cause. You judged their claim. You avenged their wrong. You delivered the powerful into the hands of the weak, the many into the hands of the few, the impure into the hands of the pure, the evil into the hands of the righteous, and the arrogant into the hands of those engaged in Your Torah. For Your sake You made Your name great and holy in Your world. And for Your people Israel you performed a great salvation and redemption that still affects us today. Afterwards your children entered the holiest part of Your House and cleansed Your Temple and purified Your Sanctuary and kindled the lamps in Your holy courts; and set these eight days of Chanukah to thank and praise Your great name.

"For the miracles," the special prayer for Chanukah inserted into the Amidah, reminds the worshipper not only of the story of the holiday, but of the overarching theme of the eight day Rabbinic festival: The amazing survival of the Jewish people and Judaism against fantastic odds. This survival is not the result of coincidence and is not a product of sociology. Rather, God authors our redemption in the days of the Hasmoneans and in every age.

Avot	אבות
G'vurot	גבורות
K'dushah	קדושה
Kedushat Hayom	קדושת היום
Worship	עבודה
Thanksgiving	הודאה
Peace	שלום

ּוְעַל כֵּלָם יִתְבָּרַדְ וְיִתְרוֹמֵם שִׁמְדְּ מַלְכֵּנוּ תָּמִיד לְעוֹלָם וָעֶד:

For all these things may Your name be blessed and exalted our Ruler continually for all time. : בשיית וּכִתֹב לָחַיִּים טוֹבִים כָּל בָּגֵי בִרִיתֵךּ

(Ten Days of Teshuvah: And may You inscribe all the Children of Your Covenant for a good life.)

*One bows on "Baruch" and rises upon God's name:

וְכֹל הַחַיִּים יוֹדוּךְ פֶּלָה. וִיהַלְלוּ אֶת שִׁמְךְּ בֶּאֱמֶת. הָאֵל יְשׁוּעָתֵנוּ וְעֶזְרָתֵנוּ סֵלַה. *בָּרוּךְ אַתָּה יִהֹוָה. הַטוֹב שִׁמְךּ וּלְדְּ נָאֵה לְהוֹדוֹת:

Let all that lives thank You, forever, and praise Your name in truth, God our Savior and Help. Blessed are You, Eternal, Whose name is Good and to Whom it is fitting to give thanks.

שִּׁים שָׁלוֹם טוֹבָה וּבְרָכָה. חֵן וְחֶסֶד וְרַחֲמִים עָלֵינוּ וְעַל כָּל יִשְּׂרָאֵל עַבְּּוּדְ. בִּי בְאוֹר בְּנֵידְ נְתַתָּ לָנוּ יְהִוָּה אֱלֹחֵינוּ בְּרְבֵנוּ אָבִינוּ בִּלָנוּ בְּאָחָד בְּאוֹר בְּנֵידְ. כִּי בְאוֹר בְּנֵידְ נְתַתָּ לָנוּ יְהִוָה אֱלֹחֵינוּ תּוֹרַת חַיִּים וְאַלוֹם. וְטוֹב בְּעִרֶת חַיִּים וְשָׁלוֹם. וְטוֹב בְּעֵינֵידְ לְבָרֵדְ אֶת עַמְּדְ יִשְׂרָאֵל בְּכָל עֵת וּבְכָל שָׁעָה בִּשְׁלוֹמֶדְ. (בשיית: בְּסֵבֶר חַיִּים. בְּרָכָה וְשָׁלוֹם. וּפַרְנָסָה טוֹבָה. נִזָּכֵר וְנִכְּתֵב לְפָנֶידְ. אֲנַחְנוּ וְכָל עַמָּדְ בִּית יִשְׂרָאֵל. לַחַיִּים טוֹבִים וּלְשֵׁלוֹם:)

בָּרוֹדְ אַתָּהֹ יִהֹוָה. הַמִּבָרַדְ אֵת עַמוּ יִשְּׂרָאֵל בַּשַּׁלום.

Grant peace, goodness and blessing, grace and love and compassion to us and all Israel, Your people. Bless us our Parent, one and all in the light of Your presence; for in the light of your presence did You give us, O Eternal our God, the Torah of life and loving compassion, and justice and blessing and mercy and life and peace. May it be proper in Your eyes to bless Your people Israel at all times and every hour with Your peace. (Ten Days of Teshuvah: In the book of life, blessing and peace, and prosperity may we and all Your people the House of Israel be remembered and written before You for a good life, and for peace.)

Blessed are You, Eternal, Who blesses God's people Israel with peace.

Avot	אבות
G'vurot	גבורות
K'dushah	קדושה
Kedushat Hayom	קדושת היום
Worship	י עבודה
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אֱלֹהַי. נְצֹר לְשׁוֹנִי מֵרָע וּשְׂפָתַי מִדַּבֵּר מִרְמָה. וְלִמְקַלְלֵי נַפְשִׁי תִּדֹּם. וְנַפְשִׁי כֶּעָפָר לַכּּל תִּהְיֶה. פְּתַח לִבִּי בְּתוֹרָתֶדְ. וּבְמִצְוֹתֶידְּ תִּרְדֹּף נַפְשִׁי. וְכָל הַחוֹשְׁבִים עָלַי רָעָה. מְהֵרָה הָבֵּר עֲצָתָם וְקַלְקֵל מַחֲשַׁבְתָּם: עֲשֵה לְמֵעַן שְׁמֶדְ. עֲשֵה לְמֵעַן יְמִינֶדְ. עֲשֵה לְמֵעַן קְדָשְׁתֶדְ. עֲשֵה לְמֵעַן תּוֹרָתֶדְ. לְמֵעַן יִחָלְצוּן יִדִידֶידְּ הוֹשִׁיעָה יְמִינְדְּ וַעֲנֵנִי:

My God, guard my tongue from evil and my lips from speaking deceit. To those who curse me, let my soul be silent; may my soul be to all like the dust. Open my heart to Your Torah and let my soul pursue Your Mitzvot. And for all who plan evil against me, swiftly thwart their counsel and frustrate their plans⁶⁹. Act for the sake of Your name. Act for the sake of Your right hand. Act for the sake of Your holiness. Act for the sake of Your Torah. That Your beloved ones may be delivered, save with Your right hand and answer me⁷⁰.

יָהִיוּ לַרַצוֹן אִמְרֵי פִי וְהֶגְיוֹן לִבִּי לְפָנֵיךְ. יְהוָה צוּרִי וְגוֹאֲלִי:

May the words of my mouth and the meditations of my heart be acceptable unto You, O Eternal, my Rock and my Redeemer⁷¹.

The worshipper takes three steps back and bows left on "Oseh, right on "Hu"and center on "Aleinu":

עּשֶׂה שָׁלוֹם בָּמְרוֹמָיו. הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ זְעִשֶּׁה שָׁלוֹם עָלֵינוּ יְעַלְּה שָׁלוֹם עָלֵינוּ יְעַלְר בָּל יִשְׂרָאֵל. וְאִמְרוּ אָמֵן:

♪ Oseh shalom bimromav Hu ya-aseh shalom aleinu v'al kol Yisrael. V'imru Amein.

May the One who makes peace in God's highest heavens make peace for us and for all Israel; and let us say: Amen.

When all have concluded the Amidah we customarily sing "Oseh Shalom."

The Amidah ends with a personal meditation composed in the fourth century by the school of Mar son of Ravina. This meditation serves as a counter-point to the one with which we began the Amidah. There at the beginning we prayed to God to "Open my lips" in order to say the proper things before the Holy One. Now we pray for divine assistance in order to keep from saying anything improper before our fellow human beings.

⁶⁹ Talmud *B'rachot* 17a

⁷⁰ Psalm 60:7.

⁷¹ Psalm 19: 15.

Sabbath Morning Service/שחרית לשבת Short Hallel הלל קצר

Psalm 117	תהילה קיז
Psalm 118	תהילה קיח



On Rosh Chodesh and Chol Hamoed we recite a short Hallel:

€ הַלְלוּ אֶת-יְהֹוָה כָּל-גּוֹיִם! שַׁבְּחוּהוּ כָּל-הָאֻמִים! כִּי גָבַר עָלִינוּ חַסְדּוֹ, וֵאֲמֶת יְהֹוָה לְעוֹלָם. הַלְלוּיָה!

Praise the Eternal all nations!

Extol God all peoples!

For great is God's love for us,

And everlasting is the Eternal's faithfulness.

Halleluyah! (Praise the Eternal!)⁷²

In ancient times, pilgrims from all over the world would visit the holy Temple in Jerusalem to worship on Rosh Chodesh, Pesach, Shavuot, Succot and Chanukah. The psalms of the Hallel or Praise recall the experience of visiting the Temple during these holy days in ancient times. The recitation of Hallel during Rosh Chodesh, Pesach, Shavuot, Succot and Chanukah constitutes one of the seven "mitzvot" established by authority of the Rabbis (in addition to the 613 Mitzvot revealed in the Torah, "the word of God").

Psalm 117 is the Bible's shortest, at just two verses. It simply invites all the nations of the earth to recognize the universality of the Eternal's goodness. Psalm 118 literally calls for Israel, the House of Aaron, and all who revere the Eternal to exclaim, "God's love is everlasting (בֵּי לְעוֹלֶם חַסְדוֹ)." One may also interpret this final phrase to indicate thanks that the Master of the Universe cares about us and thus turns to the world with covenantal love.

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⁷² Psalm 117.

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Sabbath Morning Service/שחרית לשבת Short Hallel הלל קצר/

Psalm 117	תהילה קיז
Psalm 118	תהילה קיח

♪ Hodu Ladonai ki tov,

ki l'olam chasdo.

ת הודו לַיְיָ כִּי-טוֹב, כִּי לְעוֹלָם חַסְדּוֹ.

Yomar na Yisrael:

ki l'olam chasdo.

יֹאמֵר-נָא יִשְרָאֵל: כִּי לִעוֹלַם חַסִדּוֹ.

Yomru na veit Aharon:

ki l'olam chasdo.

יֹאמְרוּ-נָא בִיתּ-אַהְרוֹן: בִּי לִעוֹלֵם חֵסְדּוֹ.

Yomru na yirei Adonai:

ki l'olam chasdo.

יֹאמְרוּ-נָא יִרְאֵי יְהֹוָה: בִּי לְעוֹלָם חַסְדּוֹ.

O give thanks to the Eternal for God is good, *God's love is everlasting.*

Let Israel now say: *God's love is everlasting.*

Let the House of Aaron now say: *God's love is everlasting*.

Let all who revere the Eternal now say: *God's love is everlasting.*

$\rho_{\rm age}$

Sabbath Morning Service/שחרית לשבת Short Hallel _ הלל קצר

Psalm 117	תהילה קיז
Psalm 118	תהילה קיח

Open the gates of righteousness, That I may enter and praise the Eternal.

This is the gateway of the Eternal, The righteous shall enter through it.

This is the day the Eternal has made;

Let us rejoice and be glad in it!

Blessed is the one who comes to seek the Eternal; We bless you from the house of the Eternal.

> You are my God and I will thank You; You are my God and I will exalt you.

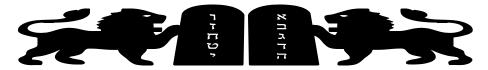
O give thanks to the Eternal, for God is good.

God's love is everlasting!⁷³

Hodu Ladonai ki tov, ki l'olam chasdo. הודו לַיְיָ כִּי-טוֹב, כִּי לְעוֹלֶם חַסְדּוֹ.

⁷³ Psalm 118: 1-4, 19-20, 24, 26-29.

Removalהוצאת ספר תורהTorah Blessingsברכות התורהMi Shebeirachמי שברךHaftarah Blessingsברכות ההפטרהBlessing the new monthברכת החדשReturnהכנסת ספר תורה



Chazzan and Congregation:

Ein kamocha vaElohim Adonai, v'ein k'ma'asecha. Malchutcha malchut kol olamim u'memshaltcha b'chol dor vador. Adonai Melech, Adonai Malach, Adonai yimloch l'olam va-ed. Adonai oz l'amo yitein, Adonai y'vareich et amo vashalom:

עוּלְהִים אֲדֹנִי. וְאֵין כְּמוֹךְּ בָּאֱלֹהִים אֲדֹנִי. וְאֵין כְּמַעֲשֶׂידְּ: מַלְכוּתְדְּ מַלְכוּת כְּל עוּלָמִים. וּמֶמְשַׁלְתְּדְּ בְּכָל דּוֹר וְדוֹר: יְהוָה מֶלֶדְ. יְהוָה מְלָדְ. יְהוָה יִמְלֹדְ לְעוֹלָם וְעֶד: יְהוָה עז לְעַמוֹ יִתֵּן. יְהוָה יְבָרֵדְ אֶת עַמוֹ בַשְׁלוֹם:

There is none like You among the gods, O Eternal, and no deeds like Yours⁷⁴. Your reign is an everlasting reign, and Your dominion endures through all generations⁷⁵. The Eternal reigns. The Eternal has reigned. The Eternal will reign forever and ever. The Eternal will give strength to His people; the Eternal will bless His people with peace⁷⁶.

The public reading of the Torah stands at the center of the Shabbat Morning Service. It serves at once as an excercise in *Talmud Torah* (Torah learning), and a congregational reenactment of *Ma'amad Har Sinai* (the Standing at Sinai), the moment of Revelation. The Jews of ancient Israel read the Torah on a triennial cycle. That is, they divided the Five Books of Moses into approximately 150 *sidrot*, completing all five books each three years. In modern times the Jewish world has adopted the ancient Babylonian custom of dividing the Torah into 54 *parashiyot*, reading two portions on some Shabbatot in order to complete the Pentateuch yearly at Simchat Torah. The Rabbis regard the Torah the "constitution" of the Jewish people. Certainly all would agree the Torah not only chronicles our people's early encounters with the divine, but in its revelation of the 613 commandments and their eternal religious truth serves as the sourcebook for Judaism.

⁷⁴ Psalm 86:8.

⁷⁵ Psalm 145:13.

⁷⁶ Psalm 29: 11.

Removal	הוצאת ספר תורה
Torah Blessings	ברכות התורה
Mi Shebeirach	מי שברך
Haftarah Blessings	ברכות ההפטרה
Blessing the new month	ברכת החדש
Return	הכנסת ספר תורה

The Congregation rises:

Av harachamim heitiva virtzoncha et Tziyon. Tivneh chomot Yerushalayim ki v'cha l'vad batachnu, Melech Eil ram v'nisa, Adon olamim.

€ אָב הָרַחֲמִים. הֵיטִיבָה בִּרְצוֹנְדְּ אֶת צִיּוֹן. תִּבְנֶה חוֹמוֹת יְרוּשְׁלֵיִם: כִּי בְדָּ לְבַד בָּטָחְנוּ. מֶלֶדְ אֵל רָם וְנִשָּׁא אֲדוֹן עוֹלָמִים:

Parent of compassion, may it be Your will to favor Zion with Your goodness; may You build the walls of Jerusalem. For we trust in You alone, O Sovereign, God, exalted and uplifted, Master of Worlds.

We open the Ark:

Va-y'hi binsoa ha-aron vayomer
Moshe: kuma Adonai v'yafutzu oy'vecha v'yanusu m'sanecha
mipanecha.
Ki mitziyon Teitzei Torah
u'd'var Adonai mirushalyim.
Baruch she-natan Torah
l'amo Yisrael bikdushato.

€ וַיְהִי בִּנְסֹעַ הָאָרֹן וַיּאׁמֶר משֶׁה: קוּמָה יְהוָה וְיָפֵצוּ איְבֶיךּ. וְיָנֵסוּ מְשַנְאֶיךּ מִפָּנֶידִּ:

> כִּי מִצִּיוֹן תֵּצֵא תּוֹרָה. וּדְבַר יְהֹוָה מִירוּשֶׁלָיִם: בָּרוּךְ שֶׁנָתַן תּוֹרָה לְעַמּוֹ יִשְׁרָאֵל בִּקְדֻשָּׁתוֹ:

"When the Ark would travel, Moses would say, 'Arise O Eternal, and let Your foes be scattered, let those who hate You flee before You." ⁷⁷For out of Zion shall go forth Torah and the word of the Eternal from Jerusalem." ⁷⁸ Blessed is the One Who in holiness gave Torah to the people Israel.

The initial quotation, "When the Ark would travel" chronicles life in the unredeemed world of the Wilderness. The foes cited might be double-fold: the enemy nations the Children of Israel face in their conquest of the Land, as well as the obstacles to the observance of the Torah. The second verse, "For out of Zion," presents a prophetic vision for the Messianic Age. This verse highlights our faith that the Torah remains the vehicle that will lift us from an age of enmity to one of peace.

⁷⁷ Numbers 10:35.

⁷⁸ Isaiah 2:3.

Sabbath Morning Service/שחרית לשבת סדר קריאת התורה/Order for the Reading of the Torah

Removal	הוצאת ספר תורה
Torah Blessings	ברכות התורה
Mi Shebeirach	מי שברך
Haftarah Blessings	ברכות ההפטרה
Blessing the new month	ברכת החדש
Return	הכנסת ספר תורה

On Yom Tov we call out the attributes of the Eternal's mercy three times:

Adonai, Adonai, Eil rachum v'chanun. Erech a-pa-yim v'rav chesed v'emet. No-tzeir chesed la-a-la-fim, no-sei avon va-fesha v'chata-ah v'na-kei. יְהֹוָה. אֵל רַחוּם וְחַנּוּן. אֶרֶךְ אַפַּיִם וְרַב חֶסֶד וֶאֲמֶת: נֹצֵר חֶסֶד לָאֲלָפִים. נֹשֵא עְוֹן וַבֵּשָׁע וְחַטַּאֵה וְנַקָּה:

The Eternal, the Eternal, merciful and gracious God, slow to anger, and bounding in love and truth. Who guards loving kindness to the thousands of generations, forgiving iniquity and willful transgression and sin, and acquitting the penitent.⁷⁹

We take the Torah from the Ark; prayer leader and congregation:

ישְׁמַע ישְּׁרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֱחָד! ♪

Sh'ma Yisrael Adonai Eloheinu, Adonai Echad!Hear O Israel, the Eternal is our God, the Eternal is One⁸⁰.

ל אחד אלהינו. גדול אדונינו. קדוש שמו!

Echad Eloheinu. Gadol Adoneinu. Kadosh sh'mo!
Our God is unique, great is our Master, holy is God's name!

The prayer leader faces the Ark, bows and declares: נְּדְלוּ לֵיהוָה אָתִּי. וְנְרוֹמְמָה שָׁמוֹ יַחְדָּוֹ:

Magnify the Eternal with me; and let us exalt the divine name together.⁸¹

⁷⁹ Exodus 34: 6-7.

⁸⁰ Deuteronomy 6:4.

⁸¹ Psalm 34: 4.

Sabbath Morning Service/שחרית לשבת Order for the Reading of the Torah)

Removal	הוצאת ספר תורה
Torah Blessings	ברכות התורה
Mi Shebeirach	מי שברך
Haftarah Blessings	ברכות ההפטרה
Blessing the new month	ברכת החדש
Return	הכנסת ספר תורה

The leader and honorees parade the Torah scroll around the sanctuary, all sing:

♪ L'cha Adonai ha-g'dulah v'hag'vurah v'ha-tiferet v'ha-netzach v'ha-hod ki chol bashamayim uvaaretz. L'cha Adonai ha-mamlacha v'ha-mitnasei l'chol l'rosh. ַּ לְדָּ יְהֹוָה הַגְּדֵּלָּה וְהַגְּבוּרָה וְהַתּפְאֶרֶת וְהַנֵּצֵח וְהַהוֹד כִּי כל בַּשְׁמֵים וּבָאָרֶץ: לְדְּ יְהֹוָה הַמַּמְלָכָה וְהַמְּתְנֵשֵׁא לְכל לְראש:

Ro-m'mu Adonai Eloheinu v'hishtachavu l'hadom raglav kadosh hu. Ro-m'mu Adonai Eloheinu v'hishtachavu l'har kodsho ki kadosh Adonai Eloheinu.

רוֹמְמוּ יְהֹוָה אֱלֹהֵינוּ וְהִשְׁתַּחֲוּוּ לַהְדם רַגְלָיו קְדוֹשׁ הוּא: רוֹמְמוּ יְהֹוָה אֱלֹהֵינוּ וְהִשְׁתַּחֲוּוּ לְהַר קִדְשׁו כִּי קָדושׁ יְהוָה אֱלֹהֵינוּ.

Yours, O Eternal is the greatness, and the power, and the splendor, and the triumph and the majesty; for all that is in heaven and earth is Yours; Yours O Eternal is the dominion, and You are supreme over all⁸². Exalt the Eternal our God, and worship at his footstool; holy is God. Exalt the Eternal our God, and worship at the Divine's holy mountain; for holy is the Eternal our God⁸³.

The Gabbai helps remove the Torah's garments, places the scroll on the reading table, and begins calling the honorees to the Torah:

Jewish tradition refers to each honoree called to the Torah as an *Aliyah*, One Who Ascends as the honoree not only steps up to the *Bimah* (raised reading platform) but rises spiritually by helping to promulgate the sacred words of Torah. In this way the *Aliyah* also lifts the others present in holiness.

⁸² I Chronicles 29:11.

⁸³ Psalm 99:5, 9.

Removal	הוצאת ספר תורה
Torah Blessings	ברכות התורה
Mi Shebeirach	מי שברר
Haftarah Blessings	י ברכות ההפטרה
Blessing the new month	ברכת החדש
Return	הכנסת ספר תורה

The Aliyah ascends the Bimah, stands to the rights of the Torah Reader, touches the *Tzitzit* to the Torah scroll, kisses the *Tzitzit*, grabs hold of the Torah rollers and blesses:

Bar'chu et Adonai ha-m'vorach!

בַּרָכוּ אֶת יהוַה הַמִּברַדְּ!

Bless the Eternal Who is to be blessed!

The congregation responds, and then the Aliyah repeats:

Baruch Adonai ha-m'vorach l'olam va-ed. בָּרוּדְ יְהוָה הַמְבֹרָדְ לִעוֹלַם וַעָד:

Bless the Eternal Who is to be blessed forever and ever.

The Aliyah continues:

Baruch Atah Adaonai,
Eloheinu Melech Ha-olam,
asher bachar banu mikol ha-amim
v'natan lanu et Torato.
Baruch Atah Adaonai,
notien haTorah.

בָּרוּךְ אַתָּה יְהֹוָה, אֱלהֵינוּ מֱלֶךְ הָעוּלֶם, אֲשֶׁר בָּחַר בְּנוּ מִכָּל הָעַמִּים וְנָתַן לֵנוּ אֶת תּוֹרָתוֹ. בָּרוּךְ אַתְּה יְהֹוָה, נותן הַתּוֹרָה:

Blessed are You O Eternal our God Ruler of the Universe Who has chosen us from all the peoples and gave us the Divine Torah. Blessed are You, Eternal, Who gives the Torah.

The blessing begins with "Barchu," an invitation to the congregation to participate in the blessing, similar to the one which introduces the Morning Service proper. The blessing goes on to address the concept of Choseness: The Creator has chosen all peoples for a role in this world. The role of the Jewish people is to preserve and promote the Torah. Pursuent to this role the blessing intitially calls attention to the fact the Eternal first gave the Torah thousands of years ago, and the blessing ends with the assurance God still in effect gives the Torah today, whenever we read it.

Removal	הוצאת ספר תורה
Torah Blessings	ברכות התורה
Mi Shebeirach	מי שברך
Haftarah Blessings	ברכות ההפטרה
Blessing the new month	ברכת החדש
Return	הכנסת ספר תורה

Following the reading the Aliyah blesses:

Baruch Atah Adonai,
Eloheinu Melech Ha-olam,
asher natan lanu Torat emet
v'chayei olam nata b'tocheinu.
Baruch Atah Adonai,
notien HaTorah.

בְּרוּדְ אַתָּה יְהֹוָה, אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת וְחַיֵּי עוֹלָם נָטַע בְּתוֹבֵנוּ. בָּרוּדְ אַתָּה יְהֹוָה, נוֹתֵן הַתּוֹרָה:

Blessed are You, O Eternal our God, Ruler of the Universe Who has given us a Torah of truth and implanted eternal life within us.

Blessed are You O Eternal, Who gives the Torah.

Gabbai's prayer:

Bless, O God this congregation, those who lead and serve it, those who contribute to its strength. Bless all who enter this House, that the worship offered within its walls may be worthy of Your greatness and Your love, and that all who seek Your presence here may find it. For the joy of community, the gift of diversity, and the vision of harmony, we offer our grateful thanks.

Bless our land and all its inhabitants. Prosper us in all our undertakings. Be with those whom we have chosen to lead us that they may strive to establish justice and opportunity for all, and labor to bring peace to the family of nations.

Bless the household of Israel wherever they dwell. Be with us here, where we worship You in freedom. And may those who live under oppressive rule find release and liberty speedily, in our own day.

May Your favor rest upon Israel, her land, her people. Protect her against hatred and war. Grant that the promise of her beginning may ripen into fulfillment, bringing comfort to those who seek refuge, light to those who dwell in darkness, new hope to all humanity. And let us say: Amen.

Removal	הוצאת ספר תורה
Torah Blessings	ברכות התורה
Mi Shebeirach	מי שברך
Haftarah Blessings	ברכות ההפטרה
Blessing the new month	ברכת החדש
Return	הכנסת ספר תורה

For those in need of healing:

מִי שֶׁבֵּרַדְּ אֲבוֹתֵינוּ אַבְרָהָם, יִצְחָק, וְיַצְקֹב שְׂרָה, רְבְקָה, לֵאָה וְרָחֵל הוּא יְבָרַדְּ וִירָפֵּא אֶת הַחוֹלִים הָאֵלֶה... הַקָּדוֹשׁ בָּרוּדְ הוּא יִשְׁלַח לָהֶם רְפוּאָה שְׁלֵמָה מִן הַשְּׁמֵים, רְפוּאַת הַגָּבֶשׁ וּרְפוּאַת הַגּוּף בַּעָבוּר שְׁאֲנַחְנוּ מִתְפַלְלִים בַּעֲבוּרָם כָּאן בַּיּוֹם שַׁבָּת קוֹדֶש הַזֶּה בִּתוֹדְ שָׁאָר הַחוֹלִים. וְנֹאמֵר אָמֵן:

May the One Who blessed our ancestors Abraham, Isaac and Jacob, Sarah, Rebecca, Leah and Rachel bless and heal the aforementioned. May the Holy One send them a "*r'fuah sh'leimah*" a complete and a speedy recovery from Heaven; a recovery not only of body and mind, but of spirit and soul as we all pray for them here on this holy Shabbat morning, amongst the rest who are stricken. And let us say: Amen.

A Mi Shebeirach for our world:

Bless this planet and all things on it...

Bless our human family that we bind together in peace, and understanding, As we are all from the same Creator...

Watch over those born at this time and let the generation of survivors Truly bring this world to fruition, as it is written, So You may be with us in peace, harmony, prosperity, fulfillment and spirituality...

Help our leaders be Wise, Compassionate, and Understanding, God don't let Democracy end!
Let us have leadership at every level that respects the humanity of all.
Let our country become a true United States of America.

Hashem, let us be able to do for You, as You do for us! Baruch Hashem! And let us say: *Amein*!

Removal	הוצאת ספר תורה
Torah Blessings	ברכות התורה
Mi Shebeirach	מי שברך
Haftarah Blessings	ברכות ההפטרה
Blessing the new month	ברכת החדש
Return	הכנסת ספר תורה

When the Magbihah (Torah Lifter) raises the Torah Scroll, the congregation declares:

V'zot HaTorah asher sam Moshe lifnei b'nei Yisrael. Al pi Adonai b'yad Moshe. ן זאת הַתּוֹרָה אֲשֶׁר שָׁם מֹשֶׁה לְפְנֵי בְּנֵי יִשְׂרָאֵל: לִפְנֵי בְּנֵי יִשְׂרָאֵל: עַל-פִּי יְהֹוֶה בְּיַד מֹשֶה:

This is the Torah that Moses placed before the Children of Israel⁸⁴. From the mouth of the Eternal, through the hand of Moses⁸⁵.

As the Golellet (Torah Dresser) rolls and dresses the Scroll the congregation sometimes sings:

♪ Yisrael v'Oraita

v'Kudsha b'rich Hu chad hu,

Torah orah!

יִשְׂרָאֵל וְאוֹרַייְתָא ှ יִשְׂרָאֵל וְאוֹרַייְתָא וְקוּדְשָׁא בְּרִידְ הוּא חָד הוּא, תּוֹרָה אוֹרָה!

Israel and the Torah and the Holy One are one: Torah is light!

Blessing before the recitation of the Haftarah:

בְּרוּדְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם. אֲשֶׁר בְּחַר בִּנְבִיאִים טוֹבִים. וְרְצָה בְדִּבְרִיהֶם הַנָּאֱמְרִים בָּאֱמֶת. בָּרוּדְ אַתָּה יְהֹוָה. הַבּוֹחֵר בַּתּוֹרָה וּבְמשֶׁה עַבִדּוֹ. וּבִיִשְׂרָאֵל עַמּוֹ. וּבִנְבִיאֵי הָאֵמֵת וָצֵדֵק:

Blessed are You, O Eternal our God, Ruler of the Universe Who has chosen good prophets and has taken delight in their words spoken in truth. Blessed are You, Eternal Who chooses the Torah and Moses, servant of the Divine, and Israel, the Godly people and the prophets of truth and righteousness.

⁸⁴ Deuteronomy 4:44.

⁸⁵ Numbers 9:23.

Removal	הוצאת ספר תורה
Torah Blessings	ברכות התורה
Mi Shebeirach	מי שברר
Haftarah Blessings	ברכות ההפטרה
Blessing the new month	ברכת החדש
Return	בי פול ווווי ס הכנסת ספר תורה

Blessing following the recitation of the Haftarah:

בָּרוּדְּ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם. צוּר כָּל הָעוֹלָמִים. צַדִּיק בְּכָל הַדּוֹרוֹת. הָאֵל הַנָּאֱמָן הָאוֹמֵר וְעוֹשֶׂה. הַמְדַבֵּר וּמְקַיֵּם שֶׁכָּל דְּבָרִיו אֱמֶת וַצֵדֵק:

עַל הַתּוֹרָה וְעַל הָעֲבוֹדָה וְעַל הַנְּבִיאִים וְעַל יוֹם הַשַּׁבָּת הַזֶּה שֶׁנְתַתָּ לָנוּ יְהוְה אֵלהֵינוּ לִקְדָשָׁה וִלִמְנוּחָה לִכָבוֹד וּלִתִפְאֵרֵת:

עַל הַכּּל. יְהֹוָה אֱלֹהֵינוּ אֲנַחְנוּ מוֹדִים לָךְ וּמְבָרְכִים אוֹתָךְ. יִתְבָּרַךְ שִׁמְךְּ בְּפִי כָּל חַי תָּמִיד לְעוּלָם וָעֶד: בַּרוּךְ אַתָּה יִהוַה. מִקַדֵּשׁ הַשַּׁבָּת:

Blessed are You, O Eternal our God, Ruler of the Universe, Rock of all worlds, righteous for all generations, the faithful God who says and does, speaks and fulfills, all of Whose words are truth and righteousness.

For the Torah, and for Worship, and for the prophets, and for this Sabbath day that You have given us, Eternal our God for holiness and rest, for honor and splendor – for everything do we thank and bless You, Eternal our God. May Your name be blessed by the mouths of all who live, continually, forever and ever.

Blessed are You, Eternal, Who sanctifies the Sabbath.

Blessing the New Month:

According to our calendar, the month of...begins on...

יְהִי רָצוֹן מִלְּפָנֵיךּ יְהֹוָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ. שֶׁתְּחַדֵּשׁ עָלֵינוּ אֶת הַחוֹדֶשׁ הַזֶּה לְטוֹבָה וְלִבְרָכָה. וְתִּתֶּן לְנוּ חַיִּים אֲרוּכִים. חַיִּים שֶׁל שִׁלוֹם. חַיִּים שֶׁל טוֹבָה. חַיִּים שֶׁל בְּרָכָה. חַיִּים שֶׁל פַּרְנָסָה. חַיִּים שֶׁל חִלּוּץ עֲצָמוֹת. חַיִּים שֶׁיֵשׁ בָּהֶם יִרְאַת שְׁמַיִם וְיִרְאַת חֵטְא. חַיִּים שְׁאֵין בָּהֶם בּוּשָׁה וּכְלִמָּה. חַיִּים שֶׁל עשֶׁר וְכָבוֹד. חַיִּים שֶׁתְּהֵא בָנוּ אַהַבַּת תּוֹרָה וִיִרְאַת שְׁמַיִם. חַיִּים שִׁיִּמֵּלִא יִהוֹה מִשְׁאֵלוֹת לִבֵּנוּ לִטוֹבָה:

Removal	הוצאת ספר תורה
Torah Blessings	ברכות התורה
Mi Shebeirach	מי שברך
Haftarah Blessings	ברכות ההפטרה
Blessing the new month	ברכת החדש
Return	הכנסת ספר תורה

O Eternal our God and God of our ancestors, may it be Your will to renew for us this month, for good and blessing. May You grant us long life; a life of peace, good, blessing, sustenance and good health, a life marked by reverence for Heaven and fear of sin, a life free from shame or disgrace, a life of plenty and honor, a life characterized by our love of Torah and reverence for Heaven. May You Eternal fulfill our hearts' desires for truth.

מִי שֶׁעְשָּׁה נִסִּים לַאֲבוֹתֵינוּ וְגָאַל אוֹתָם מֵעַבְדוּת לְחֵרוּת. הוּא יִגְאַל אוֹתָנוּ בְּקְרוֹב וִיקַבֶּץ נִדְּחֵינוּ מֵאַרְבַּע כַּנְפוֹת הָאָרֵץ. חֲבָרִים כַּל יִשְׁרָאֵל וְנֹאמֵר אָמֵן:

May the One Who performed miracles for our ancestors and redeemed them from slavery to freedom redeem us speedily and gather our dispersed from the four corners of the earth making all Israel one united people. And let us say: Amen.

ראשׁ חֹדֶשׁ... יִהְיֶה בְּיוֹם ... הַבָּא עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל לְטוֹבָה:

יְחַדְּשֵׁהוּ הַקְּדוֹשׁ בָּרוּדְ הוּא עָלֵינוּ וְעַל כָּל עַמּוֹ בֵּית יִשְׂרָאֵל לְטוֹבָה וְלִבְּרָכָה. לְשָׁשוֹן וּלְשִּמְחָה. לִישׁוּעָה וּלְנֶחָמָה. לְפַרְנָסָה וּלְכַלְכָּלָה. לְחַיִּים וּלְשָׁלוֹם: וִנֹאמֵר אָמֵן:

May the Holy One renew the next month, for us and the entire Godly people Israel, with good and blessing, joy and happiness, deliverance and comfort, livelihood and sustenance, life and peace. And let us say: Amen.

Let us praise the name of the Eternal Whose name alone is exalted. God's splendor covers heaven and earth and has lifted the horn of God's people for all the pious of the Children of Israel, the people close to the Divine; Halleluyah!⁸⁶

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⁸⁶ Psalm 148: 13-14.

Sabbath Morning Service/שחרית לשבת סדר קריאת התורה/Order for the Reading of the Torah

Removal	הוצאת ספר תורה
Torah Blessings	ברכות התורה
Mi Shebeirach	מי שברך
Haftarah Blessings	ברכות ההפטרה
Blessing the new month	ברכת החדש
Return	הכנסת ספר תורה

The congregation rises and sings together:

Y'hallelu et sheim Adonai
ki nisgav sh'mo l'vado.
Hodo al Eretz v'shamayim,
va-yarem keren l'amo
t'hilah l'chol chasidav livnei Yisrael am
k'rovo, Halleluyah!

יְהַלְּלוּ אֶת שֵׁם יְהֹוָה כִּי נִשְׁגָּב שְׁמוֹ לְבַדּוֹ: הודו עַל אֶרֶץ וְשָׁמָיִם: וַיָּרֶם קֶרֶן לְעַמּוּ, תְּהָלָּה לְכָל חֲסִידִיו לִבְנִי יִשְׂרָאֵל עַם קְרֹבוּ, הַלְלוּיָהֹ:

We return the Scroll to the Ark, the Magbihah facing the open Ark leads the following prayer:

The Torah of the Eternal is perfect, reviving the soul.

The teaching of the Eternal is sure, making wise the simple.

The precepts of the Eternal are right, delighting the mind.

The Mitzvah of the Eternal is clear, giving light to the eyes.

The word of the Eternal is pure, enduring forever.

The judgments of the Eternal are true, and altogether just. 87

Behold, a good doctrine has been given you, My Torah; do not forsake it⁸⁸. It is a tree of life to those who hold it fast, and all who support it find happiness. Its ways are ways of pleasantness, and all its paths are peace.⁸⁹

⁸⁷ Psalm 19: 9-10.

⁸⁸ Proverbs 4:2.

⁸⁹ Proverbs: 3: 18, 17.

Removal	הוצאת ספר תורה
Torah Blessings	ברכות התורה
Mi Shebeirach	מי שברך
Haftarah Blessings	ברכות ההפטרה
Blessing the new month	ברכת החדש
Return	הכנסת ספר תורה

♪ Eitz Chaim hi

la-machazikim bah,

v'tom-che-ha m'ushar.

D'ra-che-hah darchei no-am

v'chol n'ti-vo-te-ha shalom.

Hashiveinu Adonai

eileicha v'na-shuvah.

Chadeish yameinu k'kedem.

ל עץ חַיִּים הִיא לַמַּחֲזִיקִים בָּה. וְתֹמְכֶיהָ מְאֲשָׁר: דְּרָכֶיהָ דַּרְכֵי-נעַם וְכָל נְתִיבֹתֶיהָ שָׁלום: הֲשִׁיבֵנוּ יְהוָה אֵלֶידְּ וְנְשׁוּבָה. חַדֵּשׁ יָמֵינוּ כְּקֶדֶם:

Turn us toward You, Eternal and we shall return. Renew our days as of old. 90

We close the Ark.

Just as we remove the Torah from the Ark with pomp and circumstance, so too do we return the Scroll with great ceremony. When we took the Torah initially, we noted the disparity between the unredeemed nature of the world in which we live and the moral glory of the Messianic Age. We further took note of the advent of Torah, the vehicle divinely assigned to bridge the gap between our present circumstance and the End of Days. Here too, the liturgy our sages take from the Book of Lamentations points to the unredeemed nature of our world. And again we look to our Torah as a "Tree of Life," providing spiritiual sustainence in this world and the World to Come; and representing God's stimulus to turn and "return;" that is, to perfect humanity and change the very nature of this world through our guardianship, observance and sharing of Torah and its tennets. In addition, the placing of the Torah in the Ark recalls the Ark of ancient days reminding us of our spiritual-moral heritage and responsibilities thereof as the world's oldest ethical-monotheistic faith.

⁹⁰ Lamentations 5: 21.

שחרית לשבת/Sabbath Morning Service סיום תפילה/ Concluding Prayers

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר

The congregation rises:

Aleinu l'shabei-ach la-adon hakol, lateit g'dulah l'yotzeir b'reishit, shelo asanu k'goyei ha-aratzot v'lo samanu k'mish'p'chot ha-adamah, shelo sam chelkeinu kahem v'goraleinu k'chol ha-monam.

ל עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכּּל. לָתֵת גְּדָלָה לְיוֹצֵר בְּרֵאשִׁית. שָׁלֹא עָשֶׁנוּ כְּגוֹיֵי הָאֲרָצוֹת. וְלֹא שָׁמֲנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה. שֶׁלֹא שָׁם חֶלְקֵנוּ כָּהֶם וְגוֹרָלֵנוּ כְּכָל-הַמוֹנָם:

It is incumbent upon us to praise the Master of all, to ascribe greatness to the One who accomplishes Creation. For God did not make us as the nations of the lands, and did not place us according to the families of the earth, and did not place our portion as theirs, nor our lot according to their multitude:

*Worshippers bend the knees and bows:

Va'anachnu *ko-r'im umishtachavim umodim lifnei Melech malchei hamlachim HaKadosh Baruch Hu. וַאֲנַחְנוּ *כּוֹרְעִים וֹמִשְׁתַּחֲוִים וּמוֹדִים לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים הַקָּדוֹשׁ בַּרוּךְ הוֹא:

We therefore bend our knees and bow in worship and give thanks before the Ruler of Rulers the Holy and Blessed One.

The word משתחוים (umishtachavim) translated above as "we bow in worship" literally means "we prostrate ourselves." An ancient prayer posture, prostration indicates a surrender to the will of the Eternal, author of the Covenant. The Bible repeatedly depicts prostration. Exodus 24: 2 for instance chronicles the prostration of Israel's leadership upon Mt. Sinai. While today we bow befoe the Holy One, our ancestors practiced prostration in the ancient Temple.

Sabbath Morning Service/שחרית לשבת Concluding Prayers סיום תפילה

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר

She-hu noteh shamayim v'yoseid aretz. U'moshav y'karo ba-shamayim mi-ma'al ushchinat uzo b'govhei m'romim. Hu Eloheinu ein od, emet Malkeinu efes zulato, ka-katuv b'Torato: v'yadata hayom, va-hashevota el l'vavecha. Ki Adonai hu haElohim ba-shamayim mi-ma'al v'al ha'aretz mi-tachat ein od.

לּשֶׁהוּא נוֹטֶה שְׁמֵים וְיוֹסֵד אֶרֶץ. וּמוֹשַׁב יְקָרוֹ בַּשְּׁמֵים מְמֵעַל. וּשְׁכִינַת עֻזּוֹ בְּגְבְהֵי מְרוֹמִים: הוּא אֱלֹהֵינוּ אֵין עוֹד. אֱמֶת מַלְכֵּנוּ. אֱפֶס זוּלָתוֹ. כַּפְּתוּב בְּתוֹרְתוֹ: וְיָדַעְתָּ הַיוֹם וַהְשֵׁבֹת אֶל לְבְבֶּדְ. כִּי יְהֹוָה הוּא הָאֱלֹהִים בַּשְּׁמִים מִמְּעַל וְעַל הָאֶרֵץ מִתְּחַת. אֵין עוֹד:

For God spreads forth the heavens and establishes the earth, ⁹¹ and God's essence dwells in the heavens above and strength resides in the highest heights. There is no other God; our Ruler is faithful and there is none to compare as is written in the Torah: Know then today and take it to your heart, the Eternal is God in the heavens above and the earth below, there is none other. ⁹²

ְוְעַל כֵּן נְקַנָּה לְּךְּ יְהֹנָה אֱלֹהֵינוּ לִרְאוֹת מְהֵרָה בְּתִפְּאֶרֶת עָזֶדְּ. לְהַעְּבִיר גִּלּוּלִים מִן הָאָרֶץ. וְהָאֱלִילִים כָּרוֹת יִכְּרֵתוּוּ. לְתַקֵּן עוֹלָם בְּמַלְכוּת שַׁדֵּי. וְכָל בְּנֵי בָשְׁר יִקְרְאוּ בִשְׁמֶךְ לְהַפְנוֹת אֵלֶיךְ כָּל רִשְׁעֵי אָרֶץ. יַכִּירוּ וְיִדְעוּ כָּל יוֹשְׁבֵי תֵבֵל. כִּי לְךְּ תִּכְרַע כָּל בֶּרֶךְ. תִּשְׁבַע כָּל לָשׁוֹן. לְפָנֶידְּ יְהֹנָה אֱלֹהֵינוּ יִכְרְעוּ וְיִפֹּלוּ. וְלִכְבוֹד שִׁמְדְּ יְקָר יִתֵּנוּ. וִיקַבְּלוּ כֵּלֶם אֶת עֹל מַלְכוּתֶךְ. וְתִמְלֹךְ עֲלֵיהֶם מְהֵרָה לְעוֹלָם וָעֶד. כִּי הַמַּלְכוּת שֶׁלְּךְ הִיא וּלְעוֹלְמֵי עַד תִּמְלֹדְ בְּכָבוֹד. כַּכָּתוּב בְּתוֹרָתֶדְ. יְהֹנָה יִמְלֹדְ לְעוֹלָם וְעֶד:

We therefore, hope in You, O Eternal our God, soon to behold the splendor of Your might. Then will false gods vanish from the earth and the idols will be utterly cut off; to heal the world through the sovereignty of the Almighty!

⁹¹ Isaiah: 51:13.

⁹² Deuteronomy 4:39.

Sabbath Morning Service/שחרית לשבת Concluding Prayers סיום תפילה

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר

Then will all acclaim You as their God, and forsaking evil, turn to You alone.

Let all who dwell on earth acknowledge that unto You every knee must bend, and every tongue swear loyalty. 93
Before You, O Eternal our God let them humble themselves.
To Your glorious name let them give honor.
Let all accept the yoke of Your dominion, that You may rule over them soon and forever. For the dominion is Yours and You will rule in glory, as it is written: "The Eternal will reign forever and ever."

V'ne'emar: v'haya Adonai I'melech al kol ha'aretz. Ba-yom ha-hu yi-h'yeh Adonai Echad u'shmo Echad!

∫ וְנֶאֶמֵר: וְהָיָה יְהֹוָה לְמֶלֶךְ עַל כָּל הָאָרֶץ. בַּיּוֹם הַהוּא יִהְיֶה יְהוָה אֶחָד וּשְׁמוֹ אֶחָד!

As it is said: "And it shall be that the Eternal will reign over all the earth; on that day the Eternal shall be One and God's name shall be One." 95



⁹³ Isaiah 45:23.

⁹⁴ Exodus 15: 18.

⁹⁵ Zechariah 14:9.

שחרית לשבת/Sabbath Morning Service סיום תפילה/ Concluding Prayers

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר

קדיש יתום

Yitaadal v'yitkadash sh'mei rabbah. (Amein) b'alma divra chi-rutei v'yamlich malkchutei, b'chayeichon uv-yomeichon uv-chayei d'chol beit Yisrael, ba-agala u'vizman kariv, v'imru:

Amein. Y'hei sh'mei rabbah m'varach l'alam ul-almei almava!

Yitbarach v'yishtabach, v'yit-pa'ar v'yit-romam v'yit-nasei v'yit-hadar v'yit-haleh v'yit-halal sh'mei d'kudshah, **b'rich Hu,** l'eilah min kol birchata v'shirata tush-b'chata v'nechemata da-amiran b'alma, v'imru: **Amein.** Y'hei sh'lama rabah min sh'maya v'chayim aleinu v'al kol Yisrael, v'imru: Amein. Oseh shalom bim-romav Hu ya'aseh shalom aleinu v'al kol Yisrael, v'imru: Amein.

יִתגַּדַל וִיתקַדַש שִמֶה רַבָּא.(אָמֵן) בְּעַלְמַא דִי בָרַא כָרְעוּתֵה וְיַמִלִידְ מַלְכוּתֵיהּ. בַּחַיֵּיכוֹן וּבִיוֹמֵיכוֹן ובחיי דכל בית ישראל בעגלא ובומן קריב. ואמרו: **אַמֵּן**: יהא שמה רבא מברד לעלם וּלְעַלְמֵי עַלְמֵיַא! יִתְבַּרַדְּ וִיִשְׁתַבַּח וִיִתְפַּאַר וִיִתְרוֹמַם וִיתְנַשֵּׁא וִיתְהַדָּר וִיתְעַלֵּה וִיתְהַלָּל שְׁמֶה דְּקָדְשָׁא. **בִּרִידְ הוּא**. לְעֵלַא מְן כַּל בִּרְכַתָא וְשִׁירַתָא תַּשִּבְּחַתָא וְנֵחֱמַתָּא דַּאָמִירָן בְּעַלְמַא. וְאָמָרוּ : אָמֶן: יָהֶא שָׁלַמַא רַבַּא מִן שָׁמַיַּא **אַמֵן**: אָמֶא שָׁלַמַא בַּאַ וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְרָאֵל.

ַנְאַמָרוּ : **אַמֵּן** עוֹשֵה שָלוֹם בַּמְרוֹמָיו הוּא יַעֲשֶה שַלום עַלֵינו ועַל כַּל ישַרָאֵל ואמרו: אמן:

May God's great name be magnified and sanctified (Amen) in the world willingly created. May God establish God's dominion in your lifetime, in your days and in the days of the entire House of Israel, speedily and soon, and say: Amen. May God's great name be blessed for ever and ever! Blessed and praised, glorified and exalted, raised and honored, uplifted and lauded be the name of the Holy One, Blessed be God, beyond any blessing, song, praise and consolation uttered in the world; and let us say: Amen. May there be abundant peace from heaven and life for us and all Israel; and let us say: Amen. May the One Who makes peace in the celestial heights make peace for us and all Israel; and let us say: Amen.

Sabbath Morning Service/שחרית לשבת Concluding Prayers (סיום תפילה

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר

Ein Keiloheinu, Ein Kadoneinu,

Ein K'malkeinu, Ein K'moshi-einu.

א) √ אֵין כֵּאלֹהֵינוּ. אֵין כַּאדוֹנֵינוּ. אֵין כְּמַלְבֵּנוּ. אֵין כְּמוֹשִׁיעֵנוּ.

There is none like our God, There is none like our Master, There is none like our Sovereign,

There is none like our Savior!

Mi Keiloheinu, Mi Kadoneinu, Mi K'malkeinu, Mi K'moshi-einu. מִי כֵאלהֵינוּ. מִי כַאדונֵינוּ. מי כמלכנוּ. מי כמושיענוּ.

Who is like our God, Who is like our Master, Who is like our Sovereign, Who is like our Savior?

Nodeh Leiloheinu, Nodeh Ladoneinu, Nodeh L'malkeinu, Nodeh L'moshi-einu. נוֹדֶה לֵאלהֵינוּ. נוֹדֶה לַאדוֹנֵינוּ. נוֹדֵה לִמַלְבֵּנוּ. נוֹדֵה לִמוֹשִׁיצֵנוּ.

We will give thanks to our God, We will give thanks to our Master, We will give thanks to our Sovereign, We will give thanks to our Savior.

Baruch Eloheinu, Baruch Adoneinu, Baruch Malkeinu, Baruch Moshi-einu.

בָּרוּדְ אֱלֹהֵינוּ. בָּרוּדְ אֲדוֹנֵינוּ. בַּרוּדְ מַלְכֵּנוּ. בַּרוּדְ מושִׁיעֵנוּ.

Blessed is our God, Blessed is our Master, Blessed is our Sovereign, Blessed is our Savior.

Atah Hu Eloheinu, Atah Hu Adoneinu,

Atah hu Malkeinu, Atah Hu Moshi-einu.

Atah hu Malkeinu, Atah Hu Moshi-einu.

You are our God, You are our Master, You are our Sovereign, You are our Savior!

ב) בּים בָּם, שַׁבָּת שָלוֹם!

Bim Bam, Shabbat shalom!

Bim Bam, a Sabbath of peace!

ג) דָוִד מֵלֶדְּ יִשְׂרָאֵל חַי וְקַיָם! 🕽 ג)

David Melech Yisrael chai v'kayam!

David king of Israel lives and endures!

Sabbath Morning Service/שחרית לשבת Concluding Prayers סיום תפילה

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר

Adon olam asher Malach.

B'terem kol y'tzir nivrah. L'eit na'asah v'chef-tzo kol. Azai Melech sh'mo nikrah. אָדון עוֹלָם אֲשֶׁר מְלַדְּ. בְּטֶרֶם כָּליְצִיר נִבְרָא: לְעֵת נַעֲשָׁה בְחֶפְצו כֹּל. אֲזַי מֶלֶדְ שְׁמוֹ נִקְרָא:

Master of the universe Who ruled before all Creation was formed. When by the Creator's will all things were made, then God's name was declared Ruler.

V'acharei kichlot hakol. L'vado yimloch nora. V'Hu haya, v'Hu hoveh, v'Hu yi-h'yeh b'tif-arah. וְאַחֲרֵי כִּכְלוֹת הַכּּל. לְבַדּוֹ יִמְלדְּ נוֹרָא: וְהוּא הָיָה וְהוּא הֹוֶה. וְהוּא יִהְיֶה בְּתִפְאָרָה:

And when all things shall cease to be, God alone will reign in awe. God was, and God is, and God shall reign in splendor forever.

V'Hu Echad v'ein Sheini. L'shamshil Lo l'hach-birah. B'li reishit, beli tachlit. V'Lo ha-oz v'ha-misrah. וְהוּא שֶּחָד וְאֵין שֵׁנִי. לְהַמְשִׁיל לוֹ לְהַחְבִּירָה: בְּלִי רֵאשִׁית בְּלִי תַּכְלִית. וְלוֹ הָעֹז וְהַמִּשְׂרָה:

The Eternal is One, beyond compare, unique; without beginning or end. Ultimate strength and authority are the Eternal's.

V'Hu Eili v'chai Go-ali. V'Tzur chevli b'eit tzarah. V'Hu nisi u'manos li. M'nat kosi b'yom ekrah. וְהוּא אֵלִי וְחֵי גּוֹאֲלִי. וְצוּר חֶבְלִי בְּעֵת צָרָה: וְהוּא נִסִּי וּמָנוֹס לִי. מְנָת כּוֹסִי בְּיוֹם אֶקְרָא:

And the Eternal is my God; my redeemer lives. And the Eternal is the Rock on whom I rely in time of distress. And the Eternal is my banner and my refuge, my overflowing cup when I call.

B'yado afkid ruchi. B'eit ishan v'a-i-rah. V'im ruchi g'viyati. Adonai li v'lo i-ra. בְּיָדוֹ אַפְקִיד רוּחִי. בְּעֵת אִישָׁן, וְאָעִירָה: וְעִם רוּחִי גְּוִיָּתִי. יְהוָה לִי וְלֹא אִירָא:

Into the Eternal's hand I place my soul, awake and sleeping. Soul and body, the Eternal is with me I shall not fear.

Avot	אבות
G'vurot	גבורות
K'dushah	קדושה
Kedushat Hayom	קדושת היום
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Peace	שלום

^{*}Worshippers take three steps forward, stand at attention and bow at "Blessed." The congregation customarily chants the first three blessings of the Amidah in unison, then concludes in silent devotion:

: אֲדֹנָי שְׂפָתֵי תִּפְתָּח וּפִי יַגִּיד תְּהָלֶּתֶךְ

Adonai s'fatai tiftach u'fi yagid t'hilatecha!

O God open up my lips that my mouth may declare Your glory!

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Baruch Ata Adonai, Eloheinu

Velohei Avoteinu Velohei Imoteinu.
Elohei Avraham. Elohei Yitzchak. Velohei
Ya'akov. Elohei Sara.
Elohei Rivka. Elohei Ra-cheil. Velohei Leah.
HaEil Hagadol Hagibor v'Hanora
Eil Elyon. Gomeil chasadim tovim.
V'konei hakol.
V'zocheir chasdei Avot v'Imahot.
U'meivi go-eil liv'nei v'neihem
I'ma'an shmo b'ahava:

Melech Ozeir u'Moshia u'Magein:

Baruch Ata Adonai, Magein Avraham v'Sara: ל בָּרוּדְ אַתָּה, יְהוָה, אֱלֹהֵינוּ
וֵאלֹהֵי אֲבּוֹתֵינוּ וֵאלֹהֵי אִמּוֹתֵינוּ.
אֱלֹהֵי אַבְּרָהָם. אֱלֹהֵי יִצְחָק.
וֵאלֹהֵי יַצְקֹב. אֱלֹהֵי שָׂרָה. אֱלֹהֵי
רְבְקָה. אֱלֹהֵי רָחֵל. וֵאלֹהֵי לֵאָה.
הָאֵל הַנְּדְוֹל הַנְּבּוֹר וְהַנּוֹרָא אֵל
יְמְלִיוֹן. גּוֹמֵל חֲסְדִים טוֹבִים.
יְמְלִיוֹן. גּוֹמֵל חֲסְדִים טוֹבִים.
יְמְלֵנְה הַכּּל. וְזוֹכֵר חַסְדֵּי אָבוֹת
יְמִבְית נִמֹבִיא גוֹאֵל לִבְנִי

מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגֵּן: בָּרוּךְ אַתָּה יְהֹוָה, מָגֵן אַבְרָהָם וְשָׁרָה:

⁹⁶ Psalm 51:17.

Avot	אבות
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Blessed are You, O Eternal our God and God of our Patriarchs and God of our Matriarchs: God of Abraham, God of Isaac and God of Jacob, God of Sarah, God of Rebecca, God of Rachel and God of Leah. The great, mighty and awesome God, God Most High! Who bestows loving kindness and creates all and remembers the loving acts of the Patriarchs and Matriarchs, and in love brings a redeemer to the children of their children for the sake of his name. (During the ten days of Teshuvah: Remember us for good, Ruler Who delights in life; and inscribe us in the Book of Life for Your sake, O God of Life!) Ruler, Helper, and Savior, and Shield. Blessed are You, Eternal, Shield of Abraham and Sarah.

Ata gibor l'olam Adonai m'chayei

hakol (meitim) Ata rav l'hoshia.
Summer: Morid hatal. Winter: Mashiv
haruach u'morid hageshem.
M'chalkeil chaim b'chesed. M'chayei
hakol (meitim) b'rachamim rabim.
Someich noflim v'rofei cholim u'matir
asurim. U'm'kayiem emunato lisheinei
afar. Mi Chamocha ba'al g'vorot u'mi
domeh Lach? Melech meimit
u'm'chayeh u'matzmiach y'shua.

V'ne'eman Ata l'chayot hakol (meitim). Baruch Ata Adonai, m'chayei hakol (Hameitim). אַתָּה גִּבּוֹר לְעוֹלָם, אֲדֹנָי, מְחַיֵּה זַּ בּוֹר לְעוֹלָם, אֲדֹנָי, מְחַיֵּה הַכֹּל (מֵתִים) אַתָּה. רַב לְהוֹשִׁיעַ:

בקיץ : מוֹרִיד הַטֶּל : . בחורף : מַשִּׁיב הָרוּחַ וּמוֹרְיד הגשם :

מְכַלְכֵּל חַיִּים בְּחֶסֶׁד. מְחַיֵּה הַכּּל (מֵתִים) בְּרַחֲמִים רַבִּים. סומֵך נוֹפְלִים וְרוֹפֵא חוֹלִים וּמַתִּיר אֲסוּרִים. וּמְקַיֵּם אֱמוּנָתוֹ לִישֵׁנֵי עָפָר. מִי כָמוֹךְ בַּעַל גְּבוּרוֹת וּמִי דוֹמֶה לָּךְ. מֶלֶךְ מֵמִית וּמְחַיֶּה וּמֵצִמִיחַ יִשׁוּעָה:

וְנֶאֱמֶן אַתָּה לְהַחֲיוֹת הַכֹּל (מֵתִים): בָּרוּךְ אַתָּה יְהֹוָה, מְחַיֵּה הַכֹּל (הַמֵּתִים):

You are eternally mighty, my Lord. You give life to all (the dead) and have great power to save. (In summer: Who causes dew to fall.) (In winter: Who makes the wind blow and causes rain to fall.) God sustains the living with loving-kindness, and with great compassion gives life to all (the dead). God supports the fallen, heals the sick, sets captives free and keeps faith with those who sleep in the dust. Who is like among the mighty and who may be compared to You; Ruler who brings death and gives life and makes salvation grow. (Ten Days of Teshuvah: Who is like You, Parent of mercy who remembers God's creatures with mercy for life?) Faithful are You to give life to all (revive the dead). Blessed are You, Eternal, Who gives life to all (revives the dead).

Avot	אבות
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With a *minyan* present the congregation chants the Kedushah below, rising to their toes on the congregational responses: "Kadosh," "Baruch," and "Yimloch":

N'kadeish et shimcha ba-olam, k'sheim Sh'makdishim oto bishmei maron, ka-katuv Al yad n'vi-echa, v'kara zeh el zeh v'amar:

Kadosh, Kadosh, Kadosh Adonai Tziva'ot m'lo chol ha'aretz k'vodo!

Adir adireinu, Adonai Eloheinu, mah adir Shimcha b'chol ha'artez!

Baruch k'vod Adonai mimkomo.

Atah hu Eloheinu, hu Avinu, hu Malkeinu, hu moshieinu. V'hu yash-mi-einu b'rachamav sheinit L'einei kol chai: Ani Adonai Eloheichem!

Yimloch Adonai l'olam, Elohaiyich Tzion l'dor vador Halleluyah!

ל נְקֵדֵּשׁ אֶת שִׁמְדְּ בָּעוֹלְם, כְּשֵׁם שֶׁמַקְדִּישִׁים אותו בִּשְׁמֵי מָרוֹם, כַּכָּתוֹב עַל יַד נְבִיאֶדָּ. וְקָרָא זֶה אֶל זֶה וְאָמֵר: קְדוֹשׁ יְהֹוָה צְּבָאוֹת. מְלֹא כָל הָאָרֶץ כְּבוֹדוֹ: שִׁמְךָּ בְּבוֹד יְהֹוָה מִמְּקוֹמוֹ: שִׁמְדְּבְּוֹד יְהֹוָה מִמְּקוֹמוֹ: בְּרוֹדְ כְּבוֹד יְהֹוָה מִמְּקוֹמוֹ: מֵלְבֵּנוֹ הוּא אֱלֹהֵינוּ הוּא אָבִינוּ. הוּא מַלְבֵּנוֹ הוּא מוֹשִׁיצֵנוּ הוֹא אָבִינוּ. הוּא בְּרְחַמִיוֹ שֵׁנִית לְעִינִי כָּל חַי :אֲנִי יְהֹוָה אֱלֹהֵיכֶּם! יִמְלֹךְ יְהֹוָה לְעוֹלְם. אֱלֹהַיִּךְ

We sanctify Your name in the world just as they proclaim Your holiness in the highest heavens, as it is written by the hand of Your prophet: "And they called to one another and said, *Holy, Holy, Holy is the Eternal of Legions; the entire earth is full of G-d's glory* "Strength of our strength, Eternal our Sovereign, how majestic is Your name in all the earth. Blessed is the Eternal's glory from God's place. "B The One is our God, the One is our Parent, the One is our Ruler, the One is our Savior; and in compassion will save us a second time in the eyes of all the living: "I am the Eternal, your God!" The Eternal shall reign forever; your God, O Zion, from generation to generation, Halleluyah "9"!

⁹⁷ Isaiah 6:3.

⁹⁸ Ezekiel 3: 12.

⁹⁹ Psalm 146:10.

Avot	אבות
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↓ L'dor vador nagid godlecha. Ul'neiztach n'tzachim k'dushatcha nakdish. V'shiv-chacha Eloheinu mipinu lo yamush l'olam va'ed.

לְדוֹר וָדוֹר נַגִּיד גָּדְלֶךְּ. וּלְנֵצֵח נְצָחִים קְדָשְׁתְךְּ נַקְדִּישׁ. וְשִּבְחֲךְּ אֱלֹהֵינוּ מִפִּינוּ לֹא יָמוּשׁ לְעוֹלָם וָעֶד: בַּרוּךְ אַתַּה יִהֹוָה.

Baruch Atah Adonai HaEil hakadosh.

From generation to generation we will declare Your greatness, and we will proclaim Your holiness for evermore. Your praise, our God, shall never depart from our mouths for ever and ever, for You, God, are a great and holy Sovereign. Blessed are You, Eternal, the holy God (Ten Days of Teshuvah: Sovereign).

If no *minyan* is present:

אַתָּה קָדוֹשׁ וִשְׁמִדְ קַדוֹשׁ. וקדוֹשִׁים בְּכַל יוֹם יְהַלְלוּדְּ פֻּלָה. בַּרוּדְ אַתָּה יְהוַה הָאֵל (בש״ת: הַמֵּלֶדְ)הַקְּדוֹשׁ:

You are holy and Your name is holy; the holy ones everyday praise You forever. Blessed are You O Eternal, the Holy God!

On all days continue here:

אַתָּה בְחַרְתָּנוּ מִפָּל הָעַמִּים אָהַבְתָּ אוֹתָנוּ וְרָצִיתָ בָּנוּ. וְרוֹמֵמְתְּנוּ מִכָּל-הַלְשׁוֹנוֹת. וְקִדֵּשְׁתָּנוּ בְּמִצְוֹתֶידְּ. וְקֵרַבְתָּנוּ מַלְכֵּנוּ לַעֲבוֹדָתֶדְּ. וְשִׁמְדְּ הַגְּדוֹל וְהַקָּדוֹשׁ עָלֵינוּ קָרָאֵתָ:

וַתְּבֶּעוֹת לְמְנוֹיְהְוָה אֱלֹהֵינוּ בְּאַהְּכָה (לשבת ישַבְּתוֹת לִמְנוּחָה וּ)מוֹעֲדִים לְשִּׁמְחָה חַגִּים וּזִּמֵנִים לִשְּשוֹן אֵת יוֹם (לשבת יהַשַּׁבָּת הַזֵּה. וְאֵת יוֹם)

לפסח י**חַג הַפַּצּוֹת הַיֶּהֹ. זְמַן חֵרוּתֵנוּ:** לשבועות **ּחַג הַשְּׁבוּעוֹת הַיֶּה. זְמַן מַתּן** תּוֹרָתֵנוּ: לסוכות י**חַג הַפֻּפּוֹת הַיֶּה. זְמַן שִּׁמְחָתֵנוּ:** לשמייע ושיית ישְׁמִינִי חַג הָעֲצֶרֶת הַיֶּה. זְמַן שִּׁמְחָתֵנוּ:(לשבת :בְּאַהֲבָה)

מִקְרָא קֹדֶשׁ.

:האל הקדוש

זֶבֶר לִיצִיאַת מִצְרַיִם:

Avot	אבות
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You have chosen us from all the peoples and loved us. You have taken delight in us and exalted us from among the speakers of all tongues; and sanctified us through Your commandments and brought us close O Soverign to Your service. And You have called us by Your great and holy name.

And You have given us in love, O Eternal our God, (on Shabbat: Sabbaths for rest, and)
Festivals for joy, feasts and seasons for rejoicing, this day of (on Sabbath: Shabbat and this day of)

(on Pesach: the Festival of Unleavened Bread, Season of our Freedom),

(on Succot: This feast of Tabernacles, Season of our Joy),

(on Sh'mimi Atzeret: This feast of Completion, Season of our Joy),

A sacred assembly

(on Sabbath: with love) a remembrance of the Exodus from Egypt.

אֶלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ. יַעֲלֶה וְיָבוֹא וְיַגִּיעַ. וְיֵרָאֶה וְיֵרְאֶה וְיִּשְׁמֵע.
וְיִפְּקֵד וְיִזָּכֵר זִכְרוֹנֵנוּ וּפִקְדוֹנֵנוּ וְזִכְרוֹן אֲבוֹתֵינוּ. וְזִּכְרוֹן מְשִׁיחַ בֶּּן דָּוִד
עַבְדֶּדְּ. וְזִּכְרוֹן יְרוּשָׁלַיִם עִיר קִדְשֶׁדְּ. וְזִּכְרוֹן כָּל עַמְּדְּ בֵּית יִשְׂרָאֵל.
לְפְנֵידְּ. לִפְלֵיטָה לְטוֹבָה. לְחֵן וּלְחֶסֶד וּלְרַחֲמִים. לְחַיִּים וּלְשְׁלוֹם
בְּיוֹם (לְפָסֵח:חֵג הַשָּׁבוֹת הַיֶּה)
(לִשְׁבוּעוֹת: חַג הַשָּׁבוּעוֹת הַיֶּה)
(לְטִוּכּוֹת: חַג הַשְּבוֹת הַיֶּה)
(לִשְׁמִינִי עֲצֶרֶת וְשִׁמְחַת תּוֹרְה: שְׁמִינִי חַג הְעֲצֶרֶת הַזָּה)

זָּכְרֵנוּ יְהֹוָה אֱלֹהֵינוּ בּוֹ לְטוֹבָה. וּפָּקְדֵנוּ בוֹ לִבְרָכָה. וְהוֹשִׁיעֵנוּ בוֹ לְחַיִּים. וּבִדְבַר יְשׁוּעָה וְרַחֲמִים חוּס וְחָנֵנוּ וְרַחֵם עָלֵינוּ וְהוֹשִׁיעֵנוּ. כִּי אֵלֶידְּ עֵינֵינוּ. כִּי אֵל מֶלֶדְ חַנּוּן וְרַחוּם אָתָּה:

Avot (Ancestors)	אבות
G'vurot (Strengths)	גבורות
K'dushat Hashem (Holiness of the Name)	קדושת השם
Holiness of the Day	קדושת היום
Acceptance of Worship	עבודה
Thanksgiving	הודאה
Peace	שלום

Our God and God of our ancestors, may the remembrance of us, of our ancestors, of the Messiah scion of David Your servant, of Jerusalem Your holy city, and all Your people the House of Israel ascend, and come, and arrive, and be seen, and be accepted, and be heard, and be noted, and be recalled before You for deliverance and for good, for grace and love and mercy, for life and peace. On this day of

Pesach: the Feast of Unleavened Bread

Shavuot: the Feast of Weeks
Succot: the Feast of Tabernacles

Sh'mini Atzeret and Simchat Torah: the Feast of the Eighth Day of Completion remember us, O Eternal our God for good, and be mindful of us for blessing, and deliver us to life. With promise of salvation and compassion have pity and behave gracefully toward us, and have mercy and save us. For our eyes look to You, because You are a gracious and merciful God and Soveriegn.

ְוְהַשִּׁיאֵנוּ יְהֹוָה אֱלֹהֵינוּ אֶת בִּרְכַּת מוֹעֲדֶידְ. לְחַיִּים וּלְשָׁלוֹם לְשִׁמְחָה וּלְשָׁשוֹן. כַּאֲשֶׁר רָצִיתָ וְאָמֵרְתָּ לְבָרְבֵנוּ. אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ (לְשַׁבְּת:רְצֵה בִמְנוּחָתֵנוּ) קַדְשֵׁנוּ בְּמִצְוֹתֶידְ. וְתֵן חֶלְקֵנוּ בְּתוֹרָתֶדְ. שַבְּצֵנוּ מְטוּבֶדְ וְשַׁמְחֵנוּ בִּישׁוּעֶתֶדְ. וְטַהֵר לִבֵּנוּ לְעָבְדְדְ בָּאֱמֶת. שַבְּצֵנוּ מְטוּבֶדְ וְשַׂמְחֵנוּ בִּישׁוּעֶתֶדְ. וְטַהֵר לִבֵּנוּ לְעָבְדְדְ בָּאֱמֶת. וְהַנְחִילֵנוּ יְהֹוָה אֱלֹהֵינוּ (לְשַבְּת בְּאַהֲבָה וּבְרָצוֹן) בְּשִׁמְחָה וּבְשָׁשוֹן (שַׁבָּת וּ) מוֹעֲדֵי קְדְשֶׁדְ. וְיִשְׁמְחוּ בְדְּ יִשְׁרָאֵל וְהַיְּעֵל מְקַדְשׁי שְׁמֶדְ: בָּרוּדְּ אַתָּה יְהוָה. מְקַדֵּשׁ (הַשַּבְּת וְ)יִשְׂרָאֵל וְהַיְּמֵנִים:

And bestow upon us, O Eternal our God, the blessing of your Festivals; for life and for peace, for joy and gladness as You have desired to and promised to bless us. Our God and God of our ancestors (On Sabbath: be satisfied with our rest), sanctify us through Your commandments, and grant us our portion of Your Torah. Satisfy us with Your goodness, and gladden us with Your salvation, and purify our heart to serve You in truth. And grant as our heritage, O Eternal our God, (on Sabbath: in love and favor) with gladness and joy (on Sabbath: Sabbath and) Your holy Festivals, and may Israel, the santifyers of Your name rejoice in You. Blessed are You, O Eternal, Who sanctifies (on Sabbath: the Sabbath and) Israel and the Festivals.

Avot (Ancestors)	אבות
G'vurot (Strengths)	גבורות
K'dushat Hashem (Holiness of the Name)	קדושת השם
Holiness of the Day	י קדושת היום
Acceptance of Worship	עבודה
Thanksgiving	הודאה
Peace	שלום
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רְצֵה יְהֹוָה אֱלֹהֵינוּ בְּעַמְּךְ יִשְׂרָצֵל וּבִתְּפִלֶּתָם. וְהָשֵׁב אֶת הָעֲבוֹדָה לִדְבִיר בֵּיתֶךְ. וְאִשֵּׁי יִשְּׁרָצֵל וּתְפִלֶּתָם. בְּאַהֲבָה תְקַבֵּל בְּרָצוֹן. וּתְהִי לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׁרָצֵל עַמֶּך: וְתֶחֶזֶינָה עֵינֵינוּ בְּשׁוּבְךְּ לְצִיּוֹן בְּרַחֲמִים: בָּרוּךְ אַתָּה יְהֹוָה. הַמַּחֲזִיר שָׁכִינֵתוֹ לִצִיוֹן:

Favor, O Eternal our God, Your people, Israel and their prayer; and restore the Worship service to Your most holy shrine. Accept with favor Israel's devotions and their prayer. And may the worship of Your people always be favorable to You. Blessed are You O Eternal, Who returns the Divine Presence to Zion.

וְתֶּחֲזֶינָה עֵינֵינוּ בְּשׁוּבְדְּ לְצִיּוֹן בְּרַחֲמִים: בָּרוּדְ אַתָּה יְהֹוָה. הַמַּחֲזִיר שְׁכִינָתוֹ לְצִיּוֹן:

May our eyes witness Your return to Zion in mercy. Blessed are You, Eternal, Who returns the Divine Presence to Zion.

*One bows on "Modim" or "We give thanks" and rises on God's name:

*מוֹדִים אֲנַחְנוּ לָדְ. שְׁאַתָּה הוּא יְהֹוָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ לְעוֹלָם וָעֶד. צוּר חַיֵּינוּ. מָגֵן יִשְׁעֵנוּ אַתָּה הוּא לְדוֹר וְדוֹר: נוֹדֶה לְדְּ וּנְסַפֵּר תְּהִלָּתֶדְּ עַל חַיֵּינוּ הַמְּסוּרִים בְּיָדֶדְ. וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לָדְ. וְעַל נִפֶּידְ שֶׁבְּכָל-יוֹם עִמְנוּ. וְעַל נִפְלְאוֹתֶידְ וְטוֹבוֹתֵידְ שָׁבְּכָל עֵת. עֶרָב וְבֹקֶר וְצְהָרְיִם: הַטוֹב כִּי לֹא כָלוּ רַחֲמֶידְ. וְהַמְרַחֵם כִּי לֹא תַמּוּ חֲסְדֶידְ. מֵעוֹלָם קִוִּינוּ לָדְ:

We give thanks to You, for You are the Eternal our God and God of our ancestors for ever and ever. You are the Rock of our lives, the Shield of our salvation from generation to generation. We will give thanks to You and recount Your praise for our lives which are entrusted to Your hand; and for our souls, which are placed in Your charge, and upon Your miracles which are with us every day, and Your wonders and Your acts of goodness which are with us at all times, evening and morning and afternoon. You are the Good – Your compassion never ends. You are Compassion – Your love never ceases. We have always placed our hope in You.

Avot	אבות
G'vurot	גבורות
K'dushah	קדושה
Kedushat Hayom	קדושת היום
Worship	עבודה
Thanksgiving	הודאה
Peace	שלום

וְעַל כָּלָם יִתְבָּרַדְ וְיִתְרוֹמֵם שִׁמְדְּ מַלְכֵּנוּ תָּמִיד לְעוֹלָם וָעֶד:

For all these things may Your name be blessed and exalted our Ruler continually for all time.

*One bows on "Baruch" and rises upon God's name:

וְכֹל הַחַיִּים יוֹדוּךְ פֶּלָה. וִיהַלְלוֹ אֶת שִׁמְךְ בֶּאֱמֶת. הָאֵל יְשׁוּעָתֵנוּ וְעָזְרָתֵנוּ סֵלָה. *בָּרוּךְ אַתָּה יִהֹוָה. הַטוב שִמְךּ וּלִדְּ נָאֵה לְהוֹדוֹת:

Let all that lives thank You, forever, and praise Your name in truth, God our Savior and Help. Blessed are You, Eternal, Whose name is Good and to Whom it is fitting to give thanks.

שִּׁים שָׁלוֹם טוֹבָה וּבְרָכָה. חֵן וָחֶסֶד וְרַחֲמִים עָלֵינוּ וְעַל כָּל יִשְּׂרָאֵל עַמֶּךְ. בָּרְבֵנוּ אָבִינוּ כֻּלְנוּ כְּאֶחָד בְּאוֹר פָּנֶידְ. כִּי בְאוֹר פָּנֶידְ נָתַתְּ לֵנוּ יְהוָה אֱלֹחֵינוּ תּוֹרַת חַיִּים וְאַהְבַת חֱסֶד. וּצְדָקָה וּבְרָכָה וְרַחֲמִים וְחַיִּים וְשָׁלוֹם. וְטוֹב בְּעִינֵידְ לְבָרֵדְ אֶת עַמְּךְ יִשְׂרָאֵל בְּכָל עֵת וּבְכָל שָׁעָה בִּשְׁלוֹמֶדְ. בָּרוּדְ אַתָּה יִהוָה. הַמִּבָרֵךְ אֵת עַמּוֹ יִשְׂרָאֵל בַּשָׁלוֹם.

Grant peace, goodness and blessing, grace and love and compassion to us and all Israel, Your people. Bless us our Parent, one and all in the light of Your presence; for in the light of your presence did You give us, O Eternal our God, the Torah of life and loving compassion, and justice and blessing and mercy and life and peace. May it be proper in Your eyes to bless Your people Israel at all times and every hour with Your peace.

Blessed are You, Eternal, Who blesses God's people Israel with peace.

Avot	אבות
G'vurot	גבורות
K'dushah	קדושה
Kedushat Hayom	קדושת היום
Worship	, עבודה
Thanksgiving	הודאה
Peace	שלום

אֱלֹהַי. נְצֹר לְשׁוֹנִי מֵרָע וּשְּׁפָתֵּי מִדַּבֵּר מִרְמָה. וְלִמְקַלְלֵי נַפְשִׁי תִּדֹּם. וְנַפְשִׁי כֶּעָפָר לַכּּל תִּהְיֶה. פְתַח לִבִּי בְּתוֹרָתֶּדְ. וּבְמִצְוֹתֶידְ תִּרְדֹּף נַפְשִׁי. וְכָל הַחוֹשְׁבִים עָלַי רָעָה. מְהֵרָה הָבֵּר עֲצָתָם וְקַלְקֵל מַחֲשַׁבְתָּם: עֲשֵׁה לְמֵעַן שְׁמֶדְ. עֲשֵׁה לְמֵעַן יְמִינֶדְ. עֲשֵׁה לְמֵעַן קָדָשַׁתֵּדְ. עֲשֶׁה לִמֵען תּוֹרָתֶדְ. לִמֵען יֶחַלְצוּון יִדִידֵידְ הוֹשִׁיעָה יִמִינְדְּ וַעֲנֵנִי:

My God, guard my tongue from evil and my lips from speaking deceit. To those who curse me, let my soul be silent; may my soul be to all like the dust. Open my heart to Your Torah and let my soul pursue Your Mitzvot. And for all who plan evil against me, swiftly thwart their counsel and frustrate their plans¹⁰⁰. Act for the sake of Your name. Act for the sake of Your right hand. Act for the sake of Your holiness. Act for the sake of Your Torah. That Your beloved ones may be delivered, save with Your right hand and answer me¹⁰¹.

יָהִיוּ לַרַצוֹן אִמְרֵי פִי וְהֶגְיוֹן לִבִּי לְפָנֵיךְ. יְהוָה צוּרִי וְגוֹאֲלִי:

May the words of my mouth and the meditations of my heart be acceptable unto You, O Eternal, my Rock and my Redeemer¹⁰².

The worshipper takes three steps back and bows left on "Oseh, right on "Hu"and center on "Aleinu":

עּשֶׂה שָׁלוֹם בָּמְרוֹמָיו. הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ זְעִשֶּׁה שָׁלוֹם עָלֵינוּ יְעַלְּה שָׁלוֹם עָלֵינוּ יְעַלְר בָּל יִשְׂרָאֵל. וְאִמְרוּ אָמֵן:

♦ Oseh shalom bimromav Hu ya-aseh shalom aleinu v'al kol Yisrael. V'imru Amein.

May the One who makes peace in God's highest heavens make peace for us and for all Israel; and let us say: Amen.

When all have concluded the Amidah we customarily sing "Oseh Shalom."

¹⁰⁰ Talmud B'rachot 17a

¹⁰¹ Psalm 60:7.

¹⁰² Psalm 19: 15.

שחרית ליום טוב/Yom Tov Morning Service סדר נזכרת נשמות/Yizkor Memorial Service

Prayers and Psalms	תפילות ותהלים
Yizkor	יזכור
God Full of Compassion	אל מלא רחמים

On the final days of Pesach, Shavuot and Succot we customarily say Yizkor in honor and in memory of our departed loved ones:

<u>Psalm 23</u>

The Eternal is my shepherd, I shall not want. God makes me lie down in green pastures.

God leads me beside the still waters. God restores my soul.

God leads me in right paths for the sake of the divine name. Even when I walk in the valley of the shadow of death, I will fear no evil.

For You are with me; Your rod and Your staff comfort me. You have set a table before me in the presence of my enemies.

You have anointed my head with oil, my cup overflows. Surely goodness and mercy shall follow me all the days of my life and I shall dwell in the house of the Eternal forever!

Psalm 121

I lift up my eyes to the mountains; what is the source of my help? My help will come from the Eternal, maker of heaven and earth.

God will not allow your foot to slip; your Guardian will not slumber. Behold, the Guardian of Israel neither slumbers nor sleeps.

The Eternal is your Keeper, the Eternal is your shade at your right hand. The sun will not harm you by day, nor the moon by night.

The Eternal will guard you from all evil, God will protect your being. The Eternal will guard you going and coming, from this time forth and forever.

שחרית ליום טוב/Yom Tov Morning Service <u>סדר נזכרת נשמות/Yizkor Memorial Service</u>

Prayers and Psalms	תפילות ותהלים
Yizkor	יזכור
God Full of Compassion	אל מלא רחמים

O God, this hour revives in us memories of loved ones who are no more. What happiness we shared when they walked among us! What joy, when, loving and loved, we lived our lives together!

Their memory is a blessing for ever.

Months or years may have passed, yet we feel near to them. Our hearts yearn for them. Though the bitter grief has softened, a duller pain abides, for the place where once they stood is empty now forever. The links of life are broken, but the links of love and longing cannot break.

Their souls are bound up in our forever.

We see them now with the eye of memory, their faults forgiven, their virtues grown larger. So does goodness live, and weakness fade from sight. We remember them with gratitude and bless their names.

Their memory is a blessing for ever.

And we remember as well the women and men who but yesterday were part of our congregation and community. To all who cared for us and labored for the well-being of our people and of humanity, we pay tribute. May we prove worthy of carrying on the tradition of our people and our faith, for now the task is ours.

Their souls are bound up with ours forever.

We think, too, of the whole household of Israel and its martyrs. The tragedy of our own age is still a fresh wound within us. And we recall how often in ages past our people walked through the fames of the furnace. Merciful God, let the memory never fade of the faithful and upright who have given their lives to hallow Your name. Even in death they continue to speak to us of faith and courage.

We will remember, and never forget them.

שחרית ליום טוב/Yom Tov Morning Service <u>סדר נזכרת נשמות/Yizkor Memorial Service</u>

Prayers and Psalms	תפילות ותהלים
Yizkor	יזכור
God Full of Compassion	אל מלא רחמים

In gratitude for all the blessings our loved ones, friends, teachers, and the martyrs of our people have brought to us, to our people, and to humanity, we dedicate ourselves anew to the sacred faith for which they lived and died, and to the tasks they have bequeathed to us. Let them be remembered for blessing. O God, together with the righteous of all peoples, and let us say: *Amein*.

Silent Remembrance

For our loved ones

יִזְכּוֹר אֱלֹהִים נִשְׁמוֹת יַקִּירָי שֶׁהָלְכוּ לְעוֹלָמָם בַּעֲבוּר אָנָּא תִּהְיֶינָה נַפְשׁוֹתָם צְרוּרוֹת בִּצְרוֹר הַחַיִּים וּתְהִי מְנוּחָתָם כְּבוֹד. שֹבַע שְׂמְחוּת אֶת-פָּנֶידָ, נְעִימוּת בִּימִינְדָ נֶצַח. אָמֵן.

May God remember forever my loved ones who have gone to their eternal rest. May they be at one with the One who is life eternal May the beauty of their lives shine for evermore, and may my life always bring honor to their memory. Amein.

For the martyrs of our people

יִזְכּוֹר אֱלֹהִים נִשְׁמַת כָּל-אַחֵינוּ בְּנֵי יִשְׂרָאֵל שֶׁמְסְרוּ אֶת-נַפְשׁוֹתֵיהֶם עַל קִדוּשׁ הַשֵּׁם. אָנָּא תִּהְיֶינָה נַפְשׁוֹתָם צְרוּרוֹת בִּצְרוֹר הַחַיִּים וּתְהִי מְנוּחָתָם כָּבוֹד. שֹבַע שְׂמָחוּת אֶת- פָּנֶידָ, נְעִימוּת בִּימִינְדָ נֶצַח. אָמֵן.

May God remember forever our sisters and brothers of the House of Israel who gave their lives for the Sanctification of the Divine Name. May they be at one with the One who is life eternal. May the beauty of their lives shine for evermore, and may my life always bring honor to their memory. Amein.

שחרית ליום טוב/Yom Tov Morning Service <u>סדר נזכרת נשמות/Yizkor Memorial Service</u>

Prayers and Psalms	תפילות ותהלים
Yizkor	יזכור
God Full of Compassion	אל מלא רחמים

In the rising of the sun and in its going down, we remember them.

In the blowing of the wind and in the chill of winter, we remember them.

In the opening of buds and in the rebirth of spring, we remember them.

In the blueness of the sky and in the warmth of summer, we remember them.

In the rustling of leaves and in the beauty of autumn, we remember them.

In the beginning of the year and when it ends, we remember them.

When we are weary and in need of strength, we remember them.

When we are lost and sick at heart, we remember them.

When we have joys we yearn to share, we remember them.

So long as we live, they too shall live, for they are now a part of us, as we remember them.

The congregation rises:

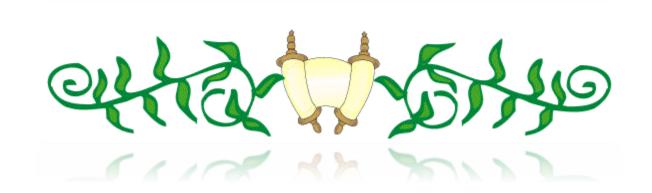
God Full of Compassion

אֵל מָלֵא רַחֲמִים שׁוֹכֵן בַּמְרוֹמִים, הַמְצֵא מְנוּחָה נְכוֹנָה עֵל בַּנְפֵי הַשְּׁכִינָה עִם קְדוֹשִׁים וּטְהוֹרִים כְּזֹהַר הָרָקִיעַ מַזְּהִירִים בְּנְפֵי הַשְּׁכִינָה עִם קְדוֹשִׁים וּטְהוֹרִים כְּזֹהַר הָרָקִיעַ מַזְּהִירִים לְנִשְׁמוֹת יַקִּירִינוּ שֶׁהָלְכוּ לְעוֹלָמְם. בְּגַן עֵדֶן תִּהְיוּ מְנוּחְתָם, לְנִשְׁמוֹת יַקִּתִּים נְסְתִּיר בְּנָפִיו לְעוֹלָמִים וְיִצְרֹר בְּצֵעֹל הְרַחְמִים עָת נִשְׁמְתָם יְהֹוָה הוּא נַחֲלָתָם וְיָנוּחוּ בְּשְׁלוֹם עַל מִשְׁכַּבָם וְנֹאמֵר אֲמֶן:

שחרית ליום טוב/Yom Tov Morning Service סדר נזכרת נשמות/Yizkor Memorial Service

Prayers and Psalms	תפילות ותהלים
Yizkor	יזכור
God Full of Compassion	אל מלא רחמים

God full of compassion, Eternal spirit of the universe, grant perfect rest under the wings of Your Presence to our loved ones who have entered eternity. Master of Mercy, let them find refuge for ever in the shadow of Your wings, and let their souls be bound up in the bond of eternal life. The Eternal God is their inheritance. And may they rest in peace! And let us say: Amein.



ערבית ליום טוב/Evening Service for Festivals מבוא תפילה/Introductory Prayers

Opening Song	שיר
Candles	נרות
Chatzi Kaddish	חצי קדיש



J'Hinei ma tov u'ma nayim, shevet achim gam yachad!

ל הנה מה-טוב ומה-נעים שַׁבַת אַחִים גַם-יָחַד!

Behold how good and how pleasant it is when brothers and sisters can sit down together (and worship) in peace!103

JAI shlosha d'varim ha-olam omeid: al haTorah, v'al ha-avoda, v'al g'milut Chasadim

על שְלשָה דְבָרִים 🕽 הָעוֹלֶם עוֹמֵד: עַל הַתּוֹרָה, וְעַל הָעֲבוּדָה, ועל גמילות חַסְדים.

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Upon three things does the world stand:

upon the Torah, and upon Worship, and upon Acts of Loving Kindness. 104

¹⁰³ Psalm 133:1. Pirkei Avot 1:2.104

Opening Song	שיר
Candles	נרות
Chatzi Kaddish	חצי קדיש

A congregational member customarily comes forward to bless the Yom Tov lights and share the following reading:

It has been said:
"You shall keep
the flame burning
upon the Altar
continually;
it shall not go out." 105

In this spirit would we keep alive within us the flame of faith.

And in this spirit we kindle and bless the Yom Tov lights.

Opening Song	שיר
Candles	נרות
Chatzi Kaddish	חצי קדיש

Baruch Atah Adonai, Eloheinu Melech Ha'olam asher ki-d'shanu b'mitzvotav v'tzivanu l'hadlik neir shel (Shabbat v'shel) Yom Tov . בָּרוּדְ אֲתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם אֲשֶׁר קִדְשְׁנוּ בְּמִצְוֹתָיו וְצִוָנוּ לְהַדְלִיק נֵר שֶׁל (שַׁבָּת וְשֵׁל) יוֹם טוֹב.

Blessed are You, O Eternal, our God who makes our lives holy through Divine Mitzvot and has commanded us to kindlethe lamp of (Shabbat and of) Yom Tov.

May the Eternal bless us with joy. Amein

May the Eternal bless us with peace. Amein

May the Eternal bless us with holiness. Amein

If Shabbat coincides with Yom Tov we share the following psalm:

מִזְמוֹר שִׁיר לְיוֹם הַשַּׁבָּת:

טוֹב לְהוֹדוֹת לֵיהוָה. וּלְזַמֵּר לְשִׁמְדּ עֶלְיוֹן: לְהַגִּיד בַּבּוֹקֶר חַסְדֶּךּ. וֱאֱמוּנְתְּדְּ בַּלֵּילות: עֵלֵי עַשוֹר וַעֲלֵי נַבֶּל. עֵלֵי הָגִּיוֹן בְּכִּנוֹר:

A song for the Sabbath Day: 106

It is good to give thanks to the Eternal, To sing hymns to Your name, O Most High! To tell of your love in the morning, To sing at night of Your faithfulness; To pluck the strings, to sound the lute, To make the harp vibrate.

126

¹⁰⁶ Psalm 92.

Opening Song	שיר
Candles	נרות
Chatzi Kaddish	חצי קדיש

בִּי שִׁמַחְתַּנִי יְהֹוָה בְּפָעֵלֶדְ. בְּמַעֲשֵׁי יָדֶידְ אֲרַגֵּן: מַה גַּדְלוּ מַעֲשֵׁידְּ יְהֹוָה. מָאד עַמָקוּ מַחְשָׁבֹתֵידְ:

Your deeds, O Eternal, fill me with gladness, Your work moves me to song. How great are Your works, O Eternal. How profound Your design!

> אִישׁ בַּעַר לֹא יֵדָע. וּכְסִיל לֹא יָבִין אֶת זֹאת: בִּפְרֹחַ רְשִׁעִים כְּמוֹ עֵשֶׁב. וַיָּצִיצוּ כָּל פֹּעֲלֵי אֲוֶן. לִהְשַּׁמִדֶם עֲדֵי עַד: וָאָתַּה מַרוֹם לִעוֹלָם יָהוַה:

The fool will never learn, and the dullard will never grasp this: The wicked may flourish like grass, All who do evil may blossom, Yet they are doomed to destruction, While You, O Eternal, are exalted for all time.

> פִּי הָנֵּה אֹיְבֶיךּ יְהֹוָה. כִּי הָנֵּה אֹיְבֶיךּ יאבדוּ. יִתְפָּרְדוּ כָּל פִּצְלֵי אָוֶן: וַתָּרֶם כִּרְאֵים קַרְנִי. בַּלֹתִי בְּשֶׁמֶן רַעְנָן: וַתָּבֵּט עִינִי בִּשׁוּרֵי. בַּקְמִים עַלֵי מִרְעִים תִּשְׁמֵעְנַה אַזְנֵי:

See how Your enemies, O Eternal, See how Your enemies shall perish, How all who do evil shall be scattered. You lift up my head in pride, I am bathed in freshening oil. I shall see the defeat of my foes; My ears shall hear of their fall.

צַדִּיק כַּתָּמֶר יִפְרָח. כְּאֶרֶז בַּלְבָנוֹן יִשְׂגָה: שְׁתוּלִים בְּבֵית יְהוָה. בְּחֵצְרוֹת אֱלֹהֵינוּ יַפְרִיחוּ: עוד יְנוּבוּן בְּשֵׁיבָה. דְשֵׁנִים וְרַעֲנַנִּים יִהְיוּ: לִהַגִּיד כִּי יָשֵׁר יְהוַה. צוּרִי וְלֹא עַוְלָתָה בּוֹ:

The righteous shall flourish like palms, Grow tall like cedars in Lebanon. Rooted in the house of the Eternal, They shall be ever fresh and green, Proclaiming that the Eternal is just, My Rock, in Whom there is no wrong.

Opening Song	שיר
Candles	נרות
Chatzi Kaddish	חצי קדיש

*The Congregation Rises (Congregational responses in large print.):

יִתְצַּדֵל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא. (אָמֵן) בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵהּ וְיַמְלִידְּ מֵלְכוּתֵהּ. בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בַּעַגַלָא וּבִזְמֵן קַרִיב. וְאִמְרוּ: אֲמֵן:

יָהֵא שְׁמֵהּ רַבָּא מְבָרַדְּ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא!

יִתְבָּרַדְּ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׁא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקַדְשָׁא, בְּרִידְּ הוּא. לְעֵלָּא מִן כָּל בִּרְכָּתָא וְשִׁירָתָא תִּשְׁבְּחָתָא וְנֶחֱמָתָא דַּאֲמִירָן בְּעָלְמָא. וְאִמְרוּ: אָמֵן:

May God's great name be magnified and sanctified (**Amen**) in the world willingly created. May God establish God's kingdom in your lifetime, in your days and in the days of the entire House of Israel, speedily and soon, and say: **Amen**.

May God's great name be blessed for ever and ever!

Blessed and praised, glorified and exalted, raised and honored, uplifted and lauded be the name of the Holy One, **Blessed be God**, beyond any blessing, song, praise and consolation uttered in the world; and let us say: **Amen**.

Hebrew responses: Amein. Amein. Y'hei sh'mei raba m'varach l'alam ul-almay almaya.

B'rich Hu. Amein.

There are five versions of the Kaddish. While in some cases worshippers will say the "Mourner's Kaddish" (literally, "the Orphan's Kaddish, קדיש יתום) in honor of their deceased loved ones, in this instance the *chazzan* leads the version of the prayer known as the "Half Kaddish" or "Reader's Kaddish." This Kaddish is again a doxology, an unadulterated praise of God that in its present position in the service functions as a sort of comma between two sections of the service. That is, this Kaddish calls attention to the fact the introductory prayers have been completed and now the congregation will begin the Evening Service proper with the next section known as the "Shema and its Blessings."

ערבית לשבת/Evening Service for Festivals Shema and its Blessings

Barchu	ברכו
Creation	מעריב ערבים
Revelation	אהבת עולם
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה
The Shadow of Your Wings	השכיבנו
Va-y'daber	וידבר



The Leader begins (bending the knee on "Bless" and rising upon utterance of God's name):

ל בָּרְכוּ אֶת יְהוָה הַמְבֹרָדְ!

Barchu et Adonai Ham'vorach!

Bless the Eternal, to Whom our praise is due! The Congregation responds (bending the knee on "Blessed" and rising upon utterance of God's name):

יַרוּדְ יְהוָה הַמְברָדְ לְעוֹלָם וָעֶד! 🗸 בַּרוּדְ יְהוָה

Baruch Adonai Ham'vorach l'olam va-ed!

Blessed is the Eternal, to Whom our praise is due, now and forever!

The Barchu, often referred to as the "call to worship" stems from an ancient formula perhaps based upon Nehemiah 9:5 that depicts the Levites calling the congregation to communal prayer during the early days following the return from Babylonian exile, "Bless the Eternal." In addition, Mishnah B'rachot 5:1 states, "The pious men of old used to wait an hour before prayer in order that they might concentrate their thoughts upon their Parent in Heaven." This "waiting" however, was not passive. The pious would gather before the beginning of communal prayers to prepare by reciting psalms. The prayer leader's announcement to "Bless" signaled the formal commencement of the community's worship service.

According to custom, worshippers bend the knees and bow when they utter the words, "Bless" or "Blessed," and return to stand erect upon vocalizing God's name. The Hebrew word, Barchu (בֶּרֶר) or Bless comes from the word for knee (בֶּרֶר), hence the gesture of bending the knee to bless.

Evening Service for Festivals/ערבית לשבת Shema and its Blessings/שמע וברכותיה

Barchu	ברכו
Creation	מעריב ערבים
Revelation	אהבת עולם
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה
The Shadow of Your Wings	השכיבנו
Va-y'dabeir	וידבר

Creation

בָּרוּךְ אַתָּה יְהוָה. אֱלֹהֵינוּ מֶֶלֶךְ הָעוֹלֶם. אֲשֶׁר בִּדְבָרוֹ מֵעֲרִיב עֲרָבִים. בְּחָכְמָה פּוֹתֵחַ שְׁעָרִים. וּבִתְבוּנָה מְשַׁנָּה עִתִּים וּמַחֲלִיף אֶת הַוְּמַנִּים. וּמְסַדֵּר אֶת הַכּוֹכָבִים בְּמִשְׁמְרוֹתֵיהֶם בָּרָקִיעַ, כִּרְצוֹנוֹ. בּוֹרֵא יוֹם וָלָיְלָה. גּוֹלֵל אוֹר מִפְּנֵי חשֶׁךְ וְחשֶׁךְ מִפְּנֵי אוֹר. וּמַעְבִיר יוֹם וּמֵבִיא לַיְלָה. וּמַבְדִּיל בִּין יוֹם וּבֵין לַיְלָה. יְהוָה צְבָאוֹת שְׁמוֹ : אֵל חֵי וְקַיָּם תָּמִיד יִמְלוֹךְ עָלֵינוּ לְעוֹלָם וָעֶד :

Eternal God, Your majesty is proclaimed by the marvels of earth and sky. Sun, moon, and stars testify to Your power and wisdom.

Day follows day in endless succession, and the years vanish, but Your sovereignty endures.

Though all things pass, let not Your glory depart from us. Help us to become co-workers with You, and endow our fleeting days with abiding worth.

> Baruch Ata Adonai, ha-ma'ariv aravim!

בְּרוּךְּ אַתָּה יְהוָה, הַמַּעַרִיב עַרַבִּים!

Blessed are you, O Eternal, Who brings on the evening!

The rubric known as the "Shema and its Blessings" begins with *Barchu* and then proceeds to declare four blessings relating to four aspects of our faith: the above blessing concerning Creation, a blessing thanking the Eternal for Revelation, and then blessings about Redemption and Divine Providence. The *Shema* and *V'ahavta*, the Biblical high point of the Evening Service, appear in the midst of these blessings, after those for Creation and Revelation and prior to those concerning Redemption and Providence.

Evening Service for Festivals/ערבית לשבת Shema and its Blessings/שמע וברכותיה

Barchu	ברכו
Creation	מעריב ערבים
Revelation	אהבת עולם
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה
The Shadow of Your Wings	השכיבנו
Va-y'dabeir	יידבר וידבר

Revelation

SAhavat olam Beit Yisra-el am-cha ahavta.

Torah u'mitzvot, Chukim u'mishpatim otanu lamad'ta.

Al kein Adonai Eloheinu b'shochbeinu uv'kumeinu nasiach b'chukecha.
V'nismach b'divrei Tora-techa uv'mitzvo-techa l'olam va-ed.
Ki heim cha-yeinu v'orech ya-meinu u'vahem ne-h-geh yomam va'leilah.
V'ahavat-cha al tasir mi-menu l'olamim.

Baruch Atah Adonai oheiv amo Yisrael.

לּאַהְבַּת עוֹלָם, בּית ישְּׁרָאֵל עַמְּךָ, אָהָבְתָּ. תּוֹרָה וּמִצְוֹת חַקִּים וּמִשְׁפָּטִים אוֹתָנוּ לִמַּדְתָּ. וּבְקוּמֵנוּ נָשִׁיחַ בְּחָקֶיךְ. וְנִשְׁמֵח בְּדִבְרֵי תּוֹרָתֶךְ וּבְמִצְוֹתֶיךְ לְעוֹלָם וָעֶד: כִּי הֵם חַיֵּינוּ וְאֹרֶךְ וְאַהֲבְתְךְ אַל תָּסִיר מִמֶּנוּ לְעוֹלָמִים. בְּרוּךְ אַתָּה יְהֹוָה. אוֹהֵב עַמּוֹ יִשְׁרָאֵל:

With eternal love have You loved Your people, the House of Israel. Torah and Commandments, statutes and judgements have You taught us. Therefore O Eternal our God, when we lay down and when we rise up we will discuss your statutes; and rejoice in the words of Your Torah and your Commandments forever. For they are our lives and the length of our days, and we will meditate upon them day and night. May You never remove Your love from us forever and ever.

Blessed are You O Eternal, Who loves God's people, Israel.

ערבית לשבת/Evening Service for Festivals Shema and its Blessings

Barchu	ברכו
Creation	מעריב ערבים
Revelation	אהבת עולם
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה
The Shadow of Your Wings	השכיבנו
Va-y'dabeir	וידבר

יִשְׁרָאֵל יְהֹוָה אֱלֹהֵינוּ יְהֹוָה אֶחָ לֹ יִשְׁרָאֵל יְהֹוָה אֱחָ לֹ

♪ Shema Yisrael Adonai Eloheinu, Adonai Echad!

Hear O Israel, the Eternal is our God, the Eternal is One!¹⁰⁷

נְצֶרוּדְ שֵׁם כְּבוֹד מֵלְכוּתוֹ לְעוֹלָם וָצֵד: סַּבְּרוּדְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָצֵד:

♪Baruch sheim k'vod malchuto l'olam va-ed.

Blessed be the glorious name of the One Whose kingdom is for ever and ever.

Jewish tradition calls upon the worshipper to concentrate upon the words "Shema Yisrael" with undivided attention as the Hebrew word shema not only means to hear, but to understand, internalize and hearken to. Hence, many have adopted the custom of covering their eyes to aid such concentration. In addition, the Rabbis see "Shema Yisrael" as the ultimate statement of the acceptance of the Yoke of Heaven. That is, they regard the recitation of the Shema as a declaration of the unique authority of the Eternal God in our lives and our loyalty to the covenant between God and the Jewish people; which of course implies our commitment the moral behavior the Covenant demands. In Reform practice the Shema has come to be known as the "watchword of our faith." As Reform Judaism has consistently valued acts of faith, Reform practice has it that the congregation stands while uttering these words. Some regard the Shema as the "pledge of allegiance" of the Jewish people.

We customarily recite the words "Baruch Sheim Kavod" in an undertone to indicate they are not part of the Biblical text. Rather, these words constitute the liturgical formula worshippers in the Jerusalem Temple would utter as they prostrated themselves upon hearing the Tetragrammaton, the four-letter name of God. In memory of this liturgical moment we still utter these words today.

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¹⁰⁷ Deuteronomy 6: 4.

Evening Service for Festivals/ערבית לשבת Shema and its Blessings/שמע וברכותיה

Barchu	ברכו
Creation	מעריב ערבים
Revelation	אהבת עולם
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה
The Shadow of Your Wings	השכיבנו
Va-y'dabeir	וידבר

*The congregation is seated:

V'ahavta eit Adonai Elohecha, b'col l'vav'cha uv'chol naf'sh'cha uv'chol m'odecha. V'hayu ha'd'varim ha'eileh asher Anochi m'tzav'cha hayom al l'vavecha. V'shinantam l'vanecha v'debarta bam, b'shivt'cha b'veitecha uv'lech-t'cha vaderch, uv'shoshbcha uv'kumecha. Ukshartam l'ot al yadecha, v'hayu l'totafot bein einecha. Uchtavtam al m'zuzot beitecha u'visharecha. ְּוְאֲהַבְּתָּּ אֶת יְהְוָה אֱלֹהֻיְּהּ, בְּכָּלּ-לְבָבְךָּ וּבְכָלּ-נַפְשְׁךָּ וּבְכֵל מְאֹדֵדְּ: וְהָיוֹ הַדְּבָרִים הָאֵּלֶּה אֲשֶׁר אִנֹכְי מְצַיְּךָּ חִיִּם עַל לְבָבֶדְ: וְשִׁנַּנְתָּם וְבְלֵּכְתְּךָּ בַּדֶּרֶדְ וּבְשָׁכְבְּדָּ וּבְקוּמֶדְּ וּבְלֵכְתְּךְתָּם לְאוֹת עַל-יָדֶדְ, וְהָיוִ לְטִטְפָת בֵּיוָ עֵינֶידְ: וּכְתַבְתָּם עַל-מְזָזִוֹת בִּיתֶדְ וּבִשְׁעָרֶידְ:

You shall love the Eternal your God with all your heart and with all your soul and with all your might. These words which I command you today shall be upon your heart. Teach them diligently to your children; speak of them when sitting in your home and in your traveling on the way, and when you lie down and when you rise up. And you shall bind them as a sign upon your hand and they shall be emblems between your eyes; and write them upon the doorposts of your house and upon your gates 108.

L'ma'an tiz-k'ru va-asitem et kol mitzvotai. Vi-h'yitem k'doshim lei-lohei-chem. Ani Adonai Eloheichem asher ho-tzeiti et-chem me-eretz Mitzrayim li-h'yot lachem lei-lo-him. Ani Adonai Eloheichem. לְמֵעֵן תִּזְכְּרוּ, וַעֲשִּׁיתָם אֶת-כָּל-מִצְוֹתָּי. וְהְיִיתֶם קְדשִׁים לֵאלהֵיכֶם: אֲנִי יְהֹוָה אֱלהֵיכָּם, אֲשֶׁר הוצאָתי אֶתְכָם מֵאָרֶץ מִצְרִים לִהְיוֹת לָכֶם לֵאלהֵים. אֲנֵי יְהֹוָה אֵלהִיכֵם: אֱמֶת...

In order that you remember My Mitzvot and do them; so shall you consecrate yourselves to your God. I, the Eternal, am your God who took you out of Egypt to be your God; I the Eternal am your God. 109 True...

¹⁰⁸ Deuteronomy 6: 5-9.

¹⁰⁹ Numbers 15:40-41.

Evening Service for Festivals/ערבית לשבת Shema and its Blessings/שמע וברכותיה

Barchu	ברכו
Creation	מעריב ערבים
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Va-y'dabeir	וידבר

Redemption

אֱמֶת וֶאֱמוּנָה כָּל זֹאת וְקַיָּם עָלֵינוּ. כִּי הוּא יְהֹוָה אֱלֹהֵינוּ וְאֵין זוּלָתוֹוֹ. וַאֲנַחְנוּ יִשְׂרָאֵל עַמּוֹ : הַפּוֹדֵנוּ מְיַּדְ מְלָכִים. מַלְבֵּנוּ הַגּוֹאֲלֵנוּ מִפַּף כָּל הֶעָרִיצִים. הָאֵל הַנִּפְּרָע לָנוּ מִצְּרֵינוּ. וְהַמְשַׁלֵּם גְּמוּל לְכָל אוֹיְבֵי נַפְשֵׁנוּ : הָעוֹשֶׁה גְּדוֹלוֹת עַד אֵין חֵקֶר. וְנִפְּלָאוֹת עַד אֵין מִסְפָּר. הַשָּׁם נַפְשֵׁנוּ בַּחַיִּים. וְלֹא נָתַן לַמּוֹט רַגְּלֵנוּ : הַמַּדְרִיכֵנוּ עַל בָּמוֹת אוֹיְבֵינוּ. וַיְּרֶם קַרְנֵנוּ עַל כָּל שוֹנְאֵינוּ : הָעוֹשֶׁה לָנוּ נִסִים וּנְקָמָה בְּפַרְעֹה. אוֹתוֹת וּמוֹפְתִים בְּאַדְמַת בְּנִי חָם. הַמַּבֶּה בְעֶבְרָתוֹ כָּל בְּכוֹרֵי מִצְרָיִם. וִיּוֹצֵא אֶת עַמּוֹ בְּפְרְעֹה. אוֹתוֹת וּמוֹפְתִים בְּאַדְמַת בְּנִי וְבְבּוֹרְתוֹ. שִׁבְּחוּ וְהוֹדוּ לִשְׁמוֹ, וּמַלְכוּתוֹ, בְּרָצוֹן קִבְּלוּ אֵלְרִת בְּבָּוֹי וְבְבִיוֹ בְּבִּוֹת הִבְּרָתוֹ . וְאָמְרוּ כָלֶם :

Eternal truth it is that You alone are God, and there is none else. May the righteous of all nations rejoice in Your love and exult in Your justice.

Let them beat their swords into plowshares; Let them beat their spears into pruning hooks. 110

Let nation not lift up sword against nation; let them study war no more. 111

You shall not hate another in your heart; 112 you shall love your neighbor as yourself. 113

Let the stranger in your midst be to you as the native; for you were strangers in the land of Egypt.¹¹⁴

¹¹⁰ Isaiah 2:4; Micah 4:3.

¹¹¹ Isaiah 2:4; Micah 4:3.

¹¹² Leviticus 19:17.

¹¹³ Leviticus 19:18.

¹¹⁴ A paraphrase of Leviticus 19: 33-34. One of thirty-three times Scripture commands justice and compassion for the stranger. The Rabbis point to kindness towards the stranger being one of the Eternal's prime concerns; along with kindness toward the widow, orphan and the poor.

ערבית לשבת/Evening Service for Festivals אוערבית לשבת/Shema and its Blessings

	<u> </u>
Barchu	ברכו
Creation	מעריב ערבים
Revelation	אהבת עולם
Shema-V'ahavta	שמע-ואהבת
Redemption	גאולה
The Shadow of Your Wings	השכיבנו
Va-y'dabeir	וידבר

From the House of Bondage we went forth to freedom, So let all be free to sing with joy:

√ Mi cha-mocha ba-eilim Adonai?

Mi ka-mocha ne-dar ba-kodesh, norah
t'hilot o-seih fe-leh?

ַל מִי כָמכָה בָּאֵלִם יְהֹוָה. מִי כָּמכָה נֶאְדָּר בַּקדֶשׁ. נורָא תִּהְלּוֹת עשֵׁה פֵּלֵא:

Malchut-cha ra-u va-necha bo-ke-a yam lifnei Moshe. Zeh Eili anu v'amru: מַלְכוּתְדָּ רָאוּ בָנֶידְ. בּוֹקֵעַ יָם לִפְנֵי משֶה. זֶה אֵלִי עָנוּ וְאָמְרוּ :

Adonai yim-loch l'olam va-ed.

V'ne-e-mar: Ki fada Adonai et Ya'akov ug'a-lo miyad chazak mi-men-u.

Baruch Atah Adonai ga'al Yisrael!

יְהוָה ימְלדְּ לְעלָם וָעֶד:

ּוְנֶאֱמֵר: כִּי פָדָה יְהֹוָה אֶת יַעֲקֹב. וּגְאָלוֹ מִיַּד חָזָק מִפֶּנוּ: בָּרוּךְ אַתָּה יְהֹוָה. נָּאַל יִשְׂרָאֵל:

Who is like You among the gods that are worshipped, O Eternal? Who is like You, majestic in holiness? Awesome in praises; doing wonders!¹¹⁵

Your children saw Your kingdom, the splitting of the sea before Moses. They exclaimed, "This is my God!" 116 and continued: "The Eternal will rule forever and ever!" 117

As it is said: "For the Eternal has redeemed Jacob, and has delivered him from the hand of one stronger than him." 118

¹¹⁵ Exodus 15:11

¹¹⁶ Exodus 15: 2

¹¹⁷ Exodus 15:18

¹¹⁸ Jeremiah 31: 10

ערבית לשבת/Evening Service for Festivals Shema and its Blessings

ברכו
מעריב ערבים
אהבת עולם
שמע-ואהבת
גאולה
השכיבנו
וידבר

ַהַשְׁפִּיבֵנוּ יְהוָה אֱלֹהֵינוּ לְשָׁלוֹם. וְהַעְמִידֵנוּ מַלְפֵּנוּ לְחַיִּים. וּפְרוֹשׁ עָלֵינוּ סֻכַּת שְׁלוֹמֶה. וְתַקְנֵנוּ בְּעֵצָה טוֹבָה מִלְפָנֶידְּ. וְהוֹשִׁיעֵנוּ לְמַעַן שְׁמֶדְּ וְהָגֵן בַּעֲדֵנוּ. וְהָסֵר מֵעָלֵינוּ אוֹיֵב דֵּבֵר וְחֵרֵב וְרָעָב וְיָגוֹן.

Cause us, O Eternal our God, to lie down in peace and to awaken each morning to renewed life and strength. Spread over us the holy shelter of Your Peace.

Help us to order our lives by your counsel and lead us in the paths of righteousness. Be a shield about us, protecting us from hate and war, from pestilence and sorrow.

ְוֹהֶסֵר שָּׁטָן מִלְפָנֵינוּ וּמֵאַחֲרֵינוּ. וּבְצֵל כְּנָפֶיךּ תַּסְתִּירֵנוּ. כִּי אֵל שׁוֹמְרֵנוּ וּמַצִּילֵנוּ אָתָּה. כִּי אֵל מֶלֶךְ חַנּוּן וְרַחוּם אָתָּה. וּשְׁמוֹר צֵאתֵנוּ וּבוֹאֵנוּ לְחַיִּים וּלְשָׁלוֹם מֵעַתָּה וְעַד עוּלָם: וּפְרוֹשׁ עָלֵינוּ סֻכַּת שְׁלוֹמֶךּ: בָּרוּךְ אַתָּה יְהֹוָה הַפּוֹרֵשׁ סֻכַּת שְׁלוֹם עָלֵינוּ וְעַל כָּל עַמּו יִשְׂרָאֵל וְעַל יְרוּשָׁלָיִם:

Curb also within us the inclination to do evil and shelter us beneath the shadow of Your wings. Guard our going out and our coming in unto life and peace, from this time forth and forever.

Blessed are You O Eternal, Whose holy shelter of Peace is spread over us, over all God's people Israel, and over Jerusalem!

וַיְדַבּר מֹשֶה אֶת מוֹעֲדֵי ה׳ אֶל בְּנֵי יִשְׂרָאֵל!

And Moshe declared the appointed Festivals of the Eternal to the Children of Israel!¹¹⁹

On the Festivals we replace the *V'shamru* of Shabbat (usually uttered at this point in the service) with Leviticus 23: 44 as a reminder of to the congregation that tonight we pray the special Yom Tov *Amida*.

¹¹⁹ Leviticus 23: 44.

Avot (Ancestors)	אבות
G'vurot (Strengths)	גבורות
K'dushat Hashem (Holiness of the Name)	קדושת השם
Holiness of the Day	קדושת היום
Acceptance of Worship	, עבודה
Thanksgiving	- הודאה
Peace	שלום

The congregation takes three steps back, then forward, stands at attention to pray in silent devotion:

אַדני שִׁפַתֵּי תִּפְתַּח וֹפִי יַגִּיד תִּהְלַתֵּדְּ:

O God open up my lips that my mouth may declare Your glory! 120

בָּרוּדְ אַתָּה, יְהֹוָה, אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וֵאלֹהֵי אִמּוֹתֵינוּ. אֱלֹהֵי אַבְרָהָם. אֱלֹהֵי יִצְחָק. וֵאלֹהֵי יַצְקֹב. אֱלֹהֵי שָׁרָה. אֱלֹהֵי רְבְקָה. אֱלֹהֵי רְחַל. וֵאלֹהֵי לֵאָה. הָאֵל הַגְּדוֹל הַגִּבּוֹר וְהַנּוֹרָא אֵל עֶלְיוֹן. גּוֹמֵל חֲסָדִים טוֹבִים. וְקוֹנֵה הַכֹּל. וְזוֹכֵר חַסְדֵּי אָבוֹת וְאִמְּהוֹת. וּמֵבִיא גוֹאֵל לִבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בִּאֵהֵבָה:

מֶלֶךְ עוֹזֶר ומושֵיע ומַגֶן: בַּרוּדְ אַתַּה יְהוַה, מַגֶּן אַבְרַהַם וְשַׁרַה:

Blessed are You, O Eternal our God and God of our Patriarchs and God of our Matriarchs: God of Abraham, God of Isaac and God of Jacob, God of Sarah, God of Rebecca, God of Rachel and God of Leah. The great, mighty and awesome God, God Most High! Who bestows loving kindness and creates all, and remembers the loving deeds of the Patriarchs and Matriarchs, and in love brings a redeemer to the children of their children for the sake of the Divine name.

Ruler, Helper, and Savior, and Shield. Blessed are You, Eternal, Shield of Abraham and Sarah.

Like the *Amidah* of Shabbat, the Festival Standing Prayer consists of seven blessings. The first three; Ancestors, Mighty Acts, and Holiness of the Name are common to all versions of the *Amidah*. So too, do the final three blessings, Acceptance, Thanksgiving, and Peace occur in all versions. The middle section, the Holiness of the Day is specific to the particular Festival we celebrate, Pesach, Shavuot or Succot.

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¹²⁰ Psalm 51:17.

Avot (Ancestors)	אבות
G'vurot (Strengths)	גבורות
K'dushat Hashem (Holiness of the Name)	קדושת השם
Holiness of the Day	קדושת היום
Acceptance of Worship	עבודה
Thanksgiving	הודאה
Peace	שלום

אַתָּה גִבּוֹר לְעוֹלָם, אֲדֹנָי, מְחַיֵּה הַכּּל (מֵתִים) אַתָּה. רַב לְהוֹשִׁיעַ:
בקיץ: מוֹרִיד הַטָּל.
בחורף: מַשִּׁיב הָרוּחַ וּמוֹרִיד הַעָּשֶׁם:
מְכַלְבֵּל חַיִּים בְּחֶסֶד. מְחַיֵּה הַכּּל (מֵתִים) בְּרַחֲמִים רַבִּים. סוֹמֵך נוֹפְלִים
וְרוֹפֵא חוֹלִים וּמַתִּיר אֲסוּרִים. וּמְקַיֵּם אֱמוּנָתוֹ לִישֵׁנֵי עָפְר. מִי כְמוֹדְּ בַּעַל
גְבוּרוֹת וּמִי דוֹמֶה לָךְ. מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה:
נְוְנָאֱמָן אַתָּה לְהַחֲיוֹת הַכּּל (מֵתִים):
בַּרוּךְ אַתָּה יִהֹוָה, מְחַיֵּה הַכּּל (הַמְתִים):

You are eternally mighty, my Lord. You give life to all (the dead) and have great power to save.

In summer: God causes dew to fall. In winter: God makes the wind blow and causes rain to fall.

God sustains the living with loving-kindness, and with great compassion gives life to all (the dead). God supports the fallen, heals the sick, sets captives free and keeps faith with those who sleep in the dust. Who is like among the mighty and who may be compared to You; Ruler who brings death and gives life and makes salvation grow. Faithful are You to give life to all (revive the dead).

Blessed are You, Eternal, Who gives life to all (revives the dead).

אַתָּה קָדוֹשׁ וְשִׁמְדְּ קָדוֹשׁ. וּקְדוֹשִׁים בְּכָל יוֹם יְהַלְלוּדְּ פֶּלָה. בָּרוּדְ אַתָּה יְהֹוָה הָאֵל הַקָּדוֹשׁ:

You are holy and Your name is holy; and the holy ones every day will praise You forever. Blessed are You, O Eternal, the Holy God.

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וֹתְּתֶּן-לָנוּ יְהֹוָה אֱלֹהֵינוּ בְּאַהֲבָה (לשבת יַשַׁבָּתוֹת לִמְנוּחָה וּ)מוֹעֲדִים לְשִׁמְחָה חַגִּים וּזְמַנִּים לְשָׁשוֹן אֶת יוֹם (לשבת יַהַשַּׁבָּת הַיֶּה. וְאֶת יוֹם) לפסח יחַג הַמַּצוֹת הַיֶּה. זְמַן חֵרוּתֵנוּ: לשבועות יחַג הַשְּׁבוּעוֹת הַיֶּה. זְמַן מַתּן תּוֹרָתֵנוּ: לסוכות יחַג הַשְּבּוֹת הַיֶּה. זְמַן שִּמְחָתֵנוּ: לשמייע ושיית יִשְׁמִינִי חַג הָעֲצֶרֶת הַיֶּה. זְמַן שִּמְחָתֵנוּ:(לשבת יִבְּאַהֲבָה) מִקְרָא קֹדֶשׁ. זַבֶּר לִיצִיאַת מִצְרַיִם:

You have chosen us from all the peoples and loved us. You have taken delight in us and exalted us from among the speakers of all tongues; and sanctified us through Your commandments, and brought us close O Soverign to Your service. And You have called us by Your great and holy name.

And You have given us in love, O Eternal our God, (on Shabbat: Sabbaths for rest, and)
Festivals for joy, feasts and seasons for rejoicing, this day of (on Sabbath: Shabbat and this day of)

(on Pesach: the Festival of Unleavened Bread, Season of our Freedom),

(on Succot: This feast of Tabernacles, Season of our Joy),

(on Sh'mimi Atzeret: This feast of Completion, Season of our Joy),

A sacred assembly (on Sabbath: with love) a remembrance of the Exodus from Egypt.

אֶלֹהֵינוּ וֵאלֹהֵי אֲבּוֹתֵינוּ. יַצְלֶה וְיָבוֹא וְיַגִּיעַ. וְיֵרָאֶה וְיֵרָצֶה וְיִשְּׁמֵע.
וְיִפְּקֵד וְיִזְּכֵר זִכְרוֹנֵנוּ וּפִקְדוֹנֵנוּ וְזִכְרוֹן אֲבּוֹתֵינוּ. וְזִכְרוֹן מָשִׁיחַ בֶּן דָּוִד
עַבְדֶּהְ. וְזִּכְרוֹן יְרוּשָׁלַיִם עִיר קִדְשֶׁהְ. וְזִכְרוֹן כָּל עַמְּהְ בֵּית יִשְׁרָאֵל.
לְפְנֶידְּ. לִפְלֵיטָה לְטוֹבָה. לְחֵן וּלְחֶסֶד וּלְרַחֲמִים. לְחַיִּים וּלְשָׁלוֹם
בְּיוֹם (לְפֶּסֵח:חַג הַשַּׁצוֹת הַיֶּה)
(לְשְׁבוּעוֹת: חַג הַשָּׁבוּעוֹת הַיֶּה)
(לְשְׁבוּעוֹת: חַג הַשֻּׁבוֹת הַיֶּה)
(לְשְׁמִינִי עֲצֶרֶת וְשִׁמְחַת תּוֹרְה: שְׁמִינִי חַג הְעֲצֶרֶת הַזֶּה)

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זָכְרֵנוּ יְהֹוָה אֱלֹהֵינוּ בּוֹ לְטוֹבָה. וּפְקְדֵנוּ בוֹ לִבְרָכָה. וְהוֹשִׁיעֵנוּ בוֹ לְחַיִּים. וּבִדְבַר יְשׁוּעָה וְרַחֲמִים חוּס וְחָנֵנוּ וְרַחֵם עָלֵינוּ וְהוֹשִׁיעֵנוּ. כִּי אֵלֵידְּ עֵינֵינוּ. כִּי אֵל מֶלֶדְ חַנּוּן וְרַחוּם אָתָּה:

Our God and God of our ancestors, may the remembrance of us, of our ancestors, of the Messiah scion of David Your servant, of Jerusalem Your holy city, and all Your people the House of Israel ascend, and come, and arrive, and be seen, and be accepted, and be heard, and be noted, and be recalled before You for deliverance and for good, for grace and love and mercy, for life and peace. On this day of

Pesach: the Feast of Unleavened Bread

Shavuot: the Feast of Weeks
Succot: the Feast of Tabernacles

Sh'mini Atzeret and Simchat Torah: the Feast of the Eighth Day of Completion remember us, O Eternal our God for good, and be mindful of us for blessing, and deliver us to life. With promise of salvation and compassion have pity and behave gracefully toward us and have mercy and save us. For our eyes look to You, because You are a gracious and merciful God and Soveriegn.

ְוְהַשִּׂיאֵנוּ יְהֹוָה אֱלֹהֵינוּ אֶת בִּרְכַּת מוֹעֲדֶיךּ. לְחַיִּים וּלְשָׁלוֹם לְשִׁמְחָה וּלְשָׁשוֹן. כַּאֲשֶׁר רָצִיתָ וְאָמֵרְתָּ לְבָרְכֵנוּ. אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ (לְשַׁבְּת:רְצֵה בִּמְנוּחָתֵנוּ) קַדְּשֵׁנוּ בְּמִצְוֹתֶיךּ. וְתֵן חֶלְקֵנוּ בְּתוֹרָתֶדּ. שַבְּצֵנוּ מְטוּבֶדְ וְשַׁמְחֵנוּ בִּישׁוּעֶתֶדְ. וְטַהֵר לִבֵּנוּ לְעָבְדְדְּ בֶּאֱמֶת. שַבְּעֵנוּ מִטוּבֶדְ וְשַׁמְחֵנוּ בִּישׁוּעֶתֶדְ. וְטַהֵר לִבֵּנוּ לְעָבְדְדְּ בָּאֱמֶת. וְהַנְחִילֵנוּ יְהֹוָה אֱלֹהֵינוּ (לְשַׁבְּת בְּאַהֲבָה וּבְרָצוֹן) בְּשִׁמְחָה וּבְשָׁשוֹן (שַׁבָּת וּיִשְׁהָוֹ לְבְיִבִּל מְקַדְשׁי שְׁמֶדְ: בָּרוּדְּ עִּבְּיִה יְהֹוָה. מְקַדֵּשׁ (הַשַּׁבָּת וְ)יִשְׂרָאֵל וְהַזְּמֵנִים:

And bestow upon us, O Eternal our God, the blessing of your Festivals; for life and for peace, for joy and gladness as You have desired to and promised to bless us. Our God and God of our ancestors (On Sabbath: be satisfied with our rest), sanctify us through Your commandments,

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and grant us our portion of Your Torah. Satisfy us with Your goodness, and gladden us with Your salvation, and purify our heart to serve You in truth. And grant as our heritage, O Eternal our God, (on Sabbath: in love and favor) with gladness and joy (on Sabbath: Sabbath and) Your holy Festivals, and may Israel, the santifyers of Your name rejoice in You. Blessed are You, O Eternal, Who sanctifies (on Sabbath: the Sabbath and) Israel and the Festivals.

ְרְצֵה יְהֹוָה אֱלֹהֵינוּ בְּעַמְּךְ יִשְׂרָאֵל וּבִתְפִלֶּתְם. וְהָשֵׁב אֶת הָעֲבוֹדָה לִדְבִיר בֵּיתֶךְ. וְאִשֵּׁי יִשְּׁרָאֵל וּתְפִלֶּתָם. בְּאַהֲבָה תְקַבֵּל בְּרָצוֹן. וּתְהִי לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל עַמֶּך: וְתֶחֶזֶינָה עֵינֵינוּ בְּשׁוּבְךְּ לְצִיוֹן בְּרַחֲמִים: בָּרוּךְ אַתָּה יְהֹוָה. הַמַּחֲזִיר שְׁכִינָתוֹ לִצִיוֹן:

Favor, O Eternal our God, Your people, Israel and their prayer; and restore the Worship service to Your most holy shrine. Accept with favor Israel's devotions and their prayer. And may the worship of Your people always be favorable to You. Blessed are You O Eternal, Who returns the Divine Presence to Zion.

*One bows on "Modim" or "We give thanks" and rises on God's name:

*מוֹדִים אֲנַחְנוּ לָדְ. שָׁאַתָּה הוּא יְהוָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ לְעוֹלֶם וָעֶד. צוּר חַיֵּינוּ. מְגַן יִשְׁעֵנוּ אַתָּה הוּא לְדוֹר וָדוֹר: נוֹדֶה לְּדְּ וּנְסַפֵּר תְּהָלֶתֶדְּ עַל חַיֵּינוּ הַמְּסוּרִים בְּיָדֶדְּ. וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לָדְ. וְעַל נְפֶידְ שֶׁבְּכָל-יוֹם עִמְנוּ. וְעַל נִפְלְאוֹתֶידְ וְטוֹבוֹתֶידְ שָׁבְּכָל עֵת. עֶרֶב וְבֹקֶר וְצְהְרָיִם: הַטוֹב כִּי לֹא כָלוּ רַחֲמֶידְ. מְעוֹלֵם קּוִינוּ לַדְ:

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Acceptance of Worship	י עבודה
Thanksgiving	הודאה
Peace	שלום

We give thanks to You, for You are the Eternal our God and God of our ancestors for ever and ever. You are the Rock of our lives, the Shield of our salvation from generation to generation. We will give thanks to You and recount Your praise for our lives which are entrusted to Your hand; and for our souls, which are placed in Your charge, and upon Your miracles which are with us every day, and Your wonders and Your acts of goodness which are with us at all times, evening and morning and afternoon.

You are the Good – Your compassion never ends.

You are Compassion - Your love never ceases.

We have always placed our hope in You.

For all these things may Your name be blessed and exalted our Ruler continually for all time.

*One bows on "Baruch" and rises upon the mention of God's name:

Let all that lives thank You, forever, and praise Your name in truth, God our Savior and Help. Blessed are You, Eternal, Whose name is Good and to Whom it is fitting to give thanks.

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שָׁלוֹם רָב עַל יִשְׂרָאֵל עַמְּךּ תָּשִׂים לְעוֹלֶם כִּי אַתְּה הוּא מֶלֶדְּ אָדוֹן לְכָל הַשָּׁלוֹם. וְטוֹב בְּעֵינֶיךּ לְבָרֵדְ אֶת עַמְּךּ יִשְׂרָאֵל בְּכָל עֵת וֹבִכָל שַׁעָה בִּשִּׁלוֹמֵך:

May You grant abundant Peace upon Israel forever, for You are the Master of all Peace. May it be good in Your eyes to bless Your people Israel with Your Peace at all times and in every hour.

בָּרוּדְ אַתָּה יְהֹוָה. הַמְבָרֵדְ אֶת עַמּוֹ יִשְׂרָאֵל בַּשִּׁלוֹם:

Blessed are You, O Eternal, Who blesses the Godly people Israel with Peace!

אֱלֹתַּי. נְצֹר לְשׁוֹנִי מֵרָע וּשְּׁפְתֵּי מִדַּבֵּר מִרְמָה. וְלִמְקַלְלֵי נַפְשִׁי תִּדֹּם.
וְנַפְשִׁי כֶּעָפָר לַכֹּל תִּהְיֶה. פְּתַח לִבִּי בְּתוֹרָתֶדְּ. וּבְמִצְוֹתֶידְ תִּרְדִּף נַפְשִׁי. וְכָל
הַחוּשְׁבִים עָלַי רָעָה. מְהֵרָה הָפֵר עֲצָתָם וְקַלְקֵל מַחֲשַׁבְתָּם: עֲשֵׁה לְמַעַן
שְׁמֶדְ. עֲשֵׁה לְמַעַן יְמִינֶדְ. עֲשֵׁה לְמַעַן תּוֹרָתֶדְ. עֲשֵׁה לְמַעַן קְדָשְׁתֶּדְ. לְמַעַן
יַמְינֶדְ. לְמַעַן יְמִינֶדְ. לְמָעַן לִבִּי
לָפְנֵידְ. יִהֹיָה מוּשִׁיעָה יְמִינְדְּ וַעֲנֵנִי: יִהְיוּ לְרָצוֹן אִמְרֵי פִי וְהֶּנְיוֹן לִבִּי
לִפְנֵידְ. יִהֹוָה צוּרִי וְגוֹאֵלִי:

The worshipper takes three steps back; bows left on "Oseh," right on "Hu," and center on "Aleinu":

עשה שַלום בְּמִרומַיו. הוא יַצְשָה שַלום עַלְינוּ וְעַל כָּל יִשְרַאֵל. וְאִמְרוּ אַמֵן:

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My God, guard my tongue from evil and my lips from speaking deceit. To those who curse me, let my soul be silent; may my soul be to all like the dust. Open my heart to Your Torah and let my soul pursue Your Mitzvot. And for all who plan evil against me, swiftly thwart their counsel and frustrate their plans¹²¹. Act for the sake of Your name. Act for the sake of Your right hand. Act for the sake of Your Torah. Act for the sake of Your holiness. That Your beloved ones may be delivered, save with Your right hand and answer me¹²². May the words of my mouth and the meditations of my heart be acceptable unto You, O Eternal, my Rock and my Redeemer¹²³. May the One who makes peace in God's highest heavens make peace for us and for all Israel; and let us say: Amen.

Once all have completed the Amida we customarily sing "Oseh Shalom," together:

♪ Oseh shalom bimromav. Hu ya-aseh shalom aleinu v'al kol Yisrael. V'imru Amein. עשֶׁה שָׁלוֹם בִּמְרוֹמְיוּ. הוּא יַעֲשֶׁה שָׁלוֹםעָלֵינוּ וְעַל כָּל יִשְׂרָאֵל. וָאִמָרוּ אַמֵן:

The Amidah ends with a personal meditation composed in the fourth century by the school of Mar son of Ravina. This meditation highlights the importance of proper speech before our fellow human beings and thus forms a cogent counterpoint to the opening meditation which focuses upon proper speech before God. As the "guarding of our toungues," that is, avoiding lashon hara (לְשׁוֹן הָרֶע) presents a great moral challenge we ask for Divine assistance in the accomplishment of this important Mitzvah.

¹²¹ Talmud B'rachot 17a

¹²² Psalm 60:7.

¹²³ Psalm 19: 15.

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר
Kiddush	קידוש
Hamotzi	המוציא



The congregation rises.

Aleinu l'shabeirach la-don hakol, lateit g'dulah l'yotzeir b'reishit, shelo asanu k'goyei ha-aratzot v'lo samanu k'mish'p'chot ha-adamah, shelo sam chelkeinu kahem v'goraleinu k'chol ha-monam.

€ עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכּּל. לָתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית. שֶׁלֹּא עָשְׁנוּ כְּגוֹיֵי הָאֲרָצוֹת. וְלֹא שָׁמֲנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה. שֶׁלֹּא שָׁם חֶלְקֵנוּ כָּהֶם וְגוֹרָלֵנוּ כְּכָל-הְמוֹנִם:

It is incumbent upon us to praise the Master of all, to ascribe greatness to the One who accomplishes Creation. For God did not make us as the nations of the lands, and did not place us according to the families of the earth, and did not place our portion as theirs, nor our lot according to their multitude:

*Worshippers bends their knees and bow:

Va'anachnu ko-r'im umishtachavim umodim lifnei Melech malchei hamlachim HaKadosh Baruch Hu. וַאֲנַחְנוּ *כּּוֹרְעִים וֹמִשְׁתַּחֲוִים וֹמוֹדִים לִפְנֵי מֶלֶדְ מַלְכֵי הַמְּלָכִים הַקָּדוש בַּרוּדְ הוּא:

We therefore bend our knees and bow in worship and give thanks before the Ruler of Rulers the Holy and Blessed One.

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר
Kiddush	קידוש
Hamotzi	המוציא

She-hu noteh shamayim v'yoseid aretz. U'moshav y'karo ba-shamayim mi-ma'al ushchinat uzo b'govhei m'romim. Hu Eloheinu ein od, emet Malkeinu efes zulato, ka-katuv b'Torato: v'yadata hayom, va-hashevota el l'vavecha. Ki Adonai hu haElohim ba-shamayim mi-ma'al v'al ha'aretz mi-tachat ein od.

ַלְּשֶׁהוּא נוֹטֶה שְׁמֵים וְיוֹסֵד אָרֶץ. וּמִושַׁב יְקָרוֹ בַּשְּׁמִים מִמֵּעַל. וּשְׁכִינַת עֻזּוֹ בְּגָבְהֵי מְרוֹמִים: הוּא אֱלֹהֵינוּ אֵין עוֹד. אֱמֶת מַלְבֵּנוּ. אֶפֶס זּוּלָתוֹ. כַּכְּתוּב בְּתוֹרָתוֹ: בְּיִיְרְתִּוֹ: בִּי יְהוָה הוּא הָאֱלֹהִים בַּשְּׁמִים מִמֵּעַל וְעַל הָאֶרֶץ מִתְּחַת. אֵין עוֹד:

For God spreads forth the heavens and establishes the earth, ¹²⁴ and God's essence dwells in the heavens above and strength resides in the highest heights. There is no other God; our Ruler is faithful and there is none to compare as is written in the Torah: Know then today and take it to your heart, the Eternal is God in the heavens above and the earth below, there is none other. ¹²⁵

ְּוְעַל כֵּן נְקַנֶּה לְּדְּ יְהֹנָה אֱלֹהֵינוּ לִרְאוֹת מְהֵרָה בְּתִּפְאֶרֶת עֲזָדְּ. לְהַעְּבִיר גִּלּוּלִים מִן הָאָרֶץ. וְהָאֱלִילִים כָּרוֹת יִבְּרֵתוּן. לְתַקֵּן עוֹלָם בְּמֵלְכוּת שַׁדֵּי. וְכָל בְּנֵי בָשְׁר יִקְרְאוּ בִשְּׁמֶדְּ לְהַפְנוֹת אֵלֶידְּ כָּל רִשְׁעֵי אָרֶץ. יַכִּירוּ וְיִדְעוּ כָּל יוֹשְׁבֵי תֵבֵל. כִּי לְדְּ תִּכְרַע כָּל בָּרֶדְ. תִּשְׁבַע כָּל לְשׁוֹן. לְפָנֶידְּ יְהוָה אֱלֹהֵינוּ יִכְרְעוּ וְיִפּּלוּ. וְלִכְבוֹד שִׁמְדְּ יְקָר יִתֵּנוּ. וִיקַבְּלוּ כֻלָּם אֶת עֹל מַלְכוּתֶדְ. וְתִמְלדְּ עֲלֵיהֶם מְהֵרָה לְעוּלְם וְעֶד. כִּי הַמַּלְדְ לְעוֹלֶם וָעֶד:

¹²⁴ Isaiah: 51:13.

¹²⁵ Deuteronomy 4:39.

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר
Kiddush	קידוש
Hamotzi	המוציא

We therefore, hope in You, O Eternal our God, soon to behold the splendor of Your might. Then will false gods vanish from the earth and the idols will be utterly cut off; to heal the world through the sovereignty of the Almighty!

Then will all acclaim You as their God, and forsaking evil, turn to You alone. Let all who dwell on earth acknowledge that unto You every knee must bend, and every tongue swear loyalty. Before You, O Eternal our God let them humble themselves. To Your glorious name let them give honor. Let all accept the yoke of Your dominion, that You may rule over them soon and forever. For the dominion is Yours and You will rule in glory, as it is written: "The Eternal will reign forever and ever." 127

V'ne'emar: v'haya Adonai I'melech al kol ha'aretz. Ba-yom ha-hu yi-h'yeh Adonai Echad u'shmo Echad!

∫ וְנֶאֲמֵר: וְהָיָה יְהֹוָה לְמֶלֶךְ עַל כָּל הָאָרֶץ. בַּיּוֹם הַהוּא יִהְיֶה יְהֹוָה אֶחָד וּשְׁמוֹ אֶחָד!

As it is said: "And it shall be that the Eternal will reign over all the earth; on that day the Eternal shall be One and God's name shall be One." 128

¹²⁶ Isaiah 45:23.

¹²⁷ Exodus 15: 18.

¹²⁸ Zechariah 14:9.

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר
Kiddush	קידוש
Hamotzi	המוציא

Yitgadal v'yitkadash sh'mei rabbah.
(Amein) b'alma divra chi-rutei
v'yamlich malkchutei,
b'chayeichon uv-yomeichon
uv-chayei d'chol beit Yisrael,
ba-agala u'vizman kariv, v'imru:

Amein. Y'hei sh'mei rabbah m'varach l'alam ul-almei almaya!

Yitbarach v'yishtabach, v'yit-pa'ar v'yit-romam v'yit-nasei v'yit-hadar v'yit-haleh v'yit-halal sh'mei d'kudshah, b'rich Hu, l'eilah min kol birchata v'shirata tush-b'chata v'nechemata da-amiran b'alma, v'imru: Amein. Y'hei sh'lama rabah min sh'maya v'chayim aleinu v'al kol Yisrael, v'imru: Amein.

Oseh shalom bim-romav Hu ya'aseh shalom aleinu v'al kol Yisrael, v'imru: Amein.

יִתְגַּדֵּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.(אָמֵן)
בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵהּ וְיַמְלִידְ
מַלְכוּתֵיהּ. בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן
וּבְחַיֵּי דְכָל בִּית יִשְׂרָאֵל בַּעֲגָלָא
וּבְיְמֵן קָרִיב. וְאִמְרוּ: אָמֵן:
וּבְּאַלְמֵי שָׁלְמֵיָא!
וּלְעָלְמֵי עָלְמַיָּא!
וְיִתְבָּלַח וְיִתְפָּאַר וְיִתְרוֹמֵם
יִתְבָּרַדְ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמֵם
וְיִתְנַשֵּׁא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְרוֹמֵם
שְׁמֵהּ דְּקִדְשָׁא. בְּרִידְ הוּא. לְעֵלָּא
מִן כָּל בִּרְכָתָא וְשִׁירָתֶא תֻּשְׁבְּחָתָא

שְמֵהּ דְּקִדְשָּא. **בְּרִידְּ הּוּא**. כְעֵכָּא מָן כָּל בִּרְכָתָא וְשִׁירָתָא תִּשְׁבְּחָתָא וְנֶחֱמָתָא דַּאֲמִירָן בְּעָלְמָא. וְאִמְרוּ: אָמֵ**ן**: יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל. וְאִמְרוּ: **אָמֵן**: עושה שלום במרומיו הוּא יעשה

עושה שָׁלוֹם בִּמְרוֹמִיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל

ּ וְאַמְרוּ : **אָמֵן**

May God's great name be magnified and sanctified (Amen) in the world willingly created. May God establish God's dominion in your lifetime, in your days and in the days of the entire House of Israel, speedily and soon, and say: Amen. May God's great name be blessed for ever and ever! Blessed and praised, glorified and exalted, raised and honored, uplifted and lauded be the name of the Holy One, Blessed be God, beyond any blessing, song, praise and consolation uttered in the world; and let us say: Amen. May there be abundant peace from heaven and life for us and all Israel; and let us say: Amen. May the One Who makes peace in the celestial heights make peace for us and all Israel; and let us say: Amen.

May the Source of Peace send peace to all who mourn and comfort to all the bereaved amongst us!

ערבית ליום טוב/Evening Service for Festivals סיום תפילה/Concluding Prayers

Aleir	nu	עלינו
Kado	lish	ן קדיש
Closi	ng Hymn	שיר
Kidd		קידוש
Ham	otzi	המוציא

Adon olam asher Malach. B'terem kol y'tzir nivrah. L'eit na'asah v'chef-tzo kol. Azai Melech sh'mo nikrah.

אַדון עולָם אַשר מַלַדְ. בָּטֵרָם 🕽 בַּל יָצִיר נִבְרַא: לְעֵת נַעֲשַׂה בְחָפָצוֹ כֹּל. אַזַי מֶלֶדְ שְׁמוֹ

Master of the universe Who ruled before all Creation was formed. When by the Creator's will all things were made, then God's name was declared Ruler.

V'acharie kichlot hakol. L'vado yimloch nora. V'Hu haya, v'Hu hoveh, v'Hu yi-h'yeh b'tif-arah. וְאַחֲרֵי כִכְלוֹת הַכּל. לְבַדוֹ ימִלדְ נוֹרַא: וְהוּא הָיָה וְהוּא הוֵה.

And when all things shall cease to be, God alone will reign in awe. God was, and God is, and God shall be splendid forever.

V'Hu Echad v'ein Sheini. L'shamshil Lo l'hach-birah. B'li reishit, beli tachlit. V'Lo ha-oz v'ha-misrah.

וָהוֹא אֶחֶד וָאֵין שַנִי. לְהַמְשִׁיל לוֹ לְהַחָבִּירָה: בְּלִי רֵאשִׁית בְּלִי תכלית. ולו העז והמשרה:

The Eternal is One, beyond compare, unique; without beginning or end. Ultimate strength and authority are the Eternal's.

V'Hu File v'chai Go-ali. V'Tzur chevli b'eit tzarah. V'Hu nisi u'manos li. M'nat kosi b'yom ekrah.

וָהוּא אֵלִי וָחַי גּוֹאַלִי. וָצוּר חֶבְלִי בַעַת צַרַה: וְהוֹא נִסְי ומַנוֹס לִי. מָנָת כּוֹסִי בִּיוֹם אֵקְרָא:

And the Eternal is my God; my redeemer lives. And the Eternal is the Rock on whom I rely in time of distress. And the Eternal is my banner and my refuge, my overflowing cup when I call.

B'yado afkid ruchi. B'eit Ishan v'a- בְּיַדוֹ אַפְקִיד רוֹחִי. בְּעֵת אִישַן, i-rah. V'im ruchi g'viyati. Adonai li ּ וְאָעִירָה: וְעִם רוֹחִי גְּוִיָּתִיּ. יְהֹוָה v'lo i-ra.

Into the Eternal's hand I place my soul, awake and sleeping. Soul and body, the Eternal is with me I shall not fear.

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר
Kiddush	קידוש
Hamotzi	המוציא

Baruch Atah Adonai Eloheinu Melech Ha-olam, borei p'ri ha-gafen.

Baruch Atah Adonai Eloheinu Melech Ha-olam asher bachar banu mi-kol am v'rom'memanu mi-kol lashon, v'kid'shanu b'mitz-votav. Va'ti-ten lanu Adonai Eloheinu b'ahavah (on Sabbath: Shabbatot lim'nucha u') moadim l'simchah. Chagim uz'manim l'sason. Et yom (on Sabbath: Ha-Shabbat hazeh v'et yom)

Pesach: Chag HaMatzot hazeh, z'man

cheiruteinu.

Shavuot: Chag HaShavuot hazeh,

z'man matan Tora-teinu. **Succot**: *Chag Ha-Succot, z'man Simcha-teinu.*

Shmini Atzeret/Simchat Torah:

Sh'mini Chag Ha-Atzeret hazeh, z'man simhca-teinu.

(on Sabbath: b'ahavah) mikra kodesh zei-cher li-tzi-at Mitz-ra-yim. Ki vanu va-char-ta, v'otanu kidashta mi-kol haamim. (on Sabbath: v'Shabbat) u'mo-adei kod-shechah (on Sabbath: b'ahavah uv-ratzon) b'simchah uv'sason hin-chal-tanu.
Baruch Atah Adonai, m'ka-deish (on Sabbath: Ha-Shabbat v')
Yis-ra-eil v'haz-manim.

בְּרוּדְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלֶם בּוֹרֵא פְּרִי הַגְּפֶן:

בְּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם אֲשֶׁר בָּחַר בְּנוּ מִכָּל עָם וְרוֹמְמָנוּ מִכָּל לָשׁוֹן וְקִדְּשָׁנוּ בְּמִצְוֹתִיוּ. וַתִּתֶּן לָנוּ יהוה אֱלֹהֵינוּ בְּאַהֲבָה(לשבת:שַׁבָּתוֹת לִמְנוּחָה וּ)מועֲדִים לְשִׁמְחָה. חַגִּים וּזְמַנִּים לְשָׁשוֹן. אֶת יוֹם (לשבת:הַשַּׁבָּת הַזָּה וְאֵת יוֹם)

לפסח: חַג הַפַּצוֹת הַזֶּה זְמֵן חֵרוּתֵנוּ. לשבועות: חַג הַשְּׁבוּעוֹת הַזֶּה זְמֵן מַתַּן תּוֹרָתַינוּ.

> לסוכות: חַג הַסְּכּוֹת הַזֶּה זְמַן שַמַחתנו.

לשמיע ולשיית: שְׁמִינִי חַג הְעֲצֶרֶת הַזָּה זְמַן שִׁמַחָתנוּ.

(לשבת:בְּאַהֲבָה) מִקְרָא קֹדֶשׁ זֵכֶּר לִיצִיאַת מִצְרִים. כִּי בָנוּ בָחַרְתָּ וְאוֹתָנוּ קִדַּשְׁתָּ מִכָּל הָעַמִּים.(לשבתוְשַׁבָּת) וּמוּעֲדֵי קַדְשָׁךְּ(לשבת:בְּאַהֲבָה וּבְרָצוֹן) בְּשִׁמְחָה וּבְשָׁשוֹן הִנְחַלְתָּנוּ: בָּרוּדְ אַתָּה יהוֹה. מְקַדֵּשׁ(לשבת:הַשַּׁבָּת וְ)יִשְׂרָאֵל וְהַזְּמַנִּים:

Aleinu	עלינו
Kaddish	קדיש
Closing Hymn	שיר
Kiddush	קידוש
Hamotzi	המוציא

Baruch Atah Adonai Elo-hei-nu melech ha-olam, she-he-chiyanu v'ki'y'manu v'hi-gi-yanu laz-man ha-zeh. בָּרוּף אַתָּה יהוה אֱלֹהֵינוּ מֶלֶף הָעוֹלָם שֶׁהֶחֱיָנוּ וְקִיְמָנוּ וְהִגִּיעָנוּ לַזְּמַן הַזָּה:

Blessed are You, O Eternal, our God, ruler of the universe for giving us life, and for sustaining us, and allowing us to reach this season!

לסוכות:בָּרוּדְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם. אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו. וְצִוְּנוּ לֵישֵׁב בַּסֶּכָּה: