

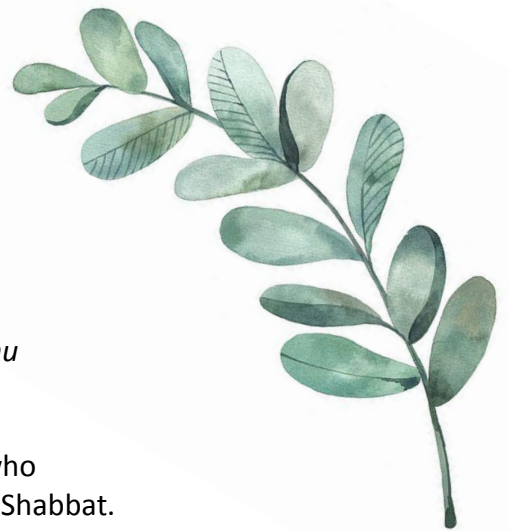
Shabbat Blessings

Blessing Over the Candles

The candles are lit before the blessing is recited.

Baruch atah, Adonai, Eloheinu, melech haolam, asher kid'shanu b'mitzvotav, v'tzivanu l'hadlik ner shel Shabbat.

Blessed are you, Adonai our God, Sovereign of the universe, who hallows us with mitzvot, commanding us to kindle the light of Shabbat.



בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתֶיךָ, וְצִוֵּנוּ
לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

Hamotzi - Blessing Over the bread

Say this blessing before eating bread (challah) at the beginning of a meal on Shabbat:

*Baruch Atah Adonai, Eloheinu Melech haolam,
Hamotzi lechem min haaretz.*

Our praise to You, Eternal our God, Sovereign of the universe,
Who brings forth bread from the earth

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.



Shabbat Blessings

Blessing Over the children

Place your hands on the head of the child and recite:

May God make you like Sarah, Rebecca, Rachel and Leah.

May God make you like Ephraim and Menasheh.

May God Bless you and guard you.

May the light of God shine upon you, and may God be gracious to you.

May the presence of God be with you and give you peace.

Y'simeich Elohim k'Sarah, k'Rivkah, k'Rachel, ooch'Leah.

Y'simcha Elohim k'Efrayim v'chi-Menasheh.

Y'varechecha Adonai V'yish'm'recha.

Ya'er Adonai panav eilecha vichuneka.

Yisa Adonai panav eilecha v'yasem l'cha shalom.

יְשִׁימְךָ אֱלֹהִים
כְּשָׂרָה, כְּרִבְקָה,
כְּרָחֵל וְכִלְאָה.

יְשִׁימְךָ אֱלֹהִים כְּאֶפְרַיִם וְכִמְנַשֶּׁה.

יְבָרְכֶךָ יי וַיְשַׁמְרֶךָ.
יָאֵר יי פָּנָיו אֵלֶיךָ וַיַּחַנְּךָ.
יִשָּׂא יי פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שְׁלוֹם.

