

The prayer of our lips



“Areshet sefateynu ye-erav lefaneha . . .”

“May the prayers of our lips be pleasing to You, O God.”

May our prayers be pleasing to You because they are spoken with sincerity and with truth.

May our prayers be pleasing to You because they are uttered in humility, as we acknowledge our frailty and our need for Your sustaining strength.

May our prayers be pleasing to You because they are offered in gratitude for Your manifold blessings, too numerous to be counted, too constant to be deserved.

May our prayers be pleasing to You because we firmly resolve to take these noble words with us and to permit them to guide our actions in the year ahead.

May our prayers be pleasing to You because the lips which speak them also speak words of hope to the discouraged, cheer to the distressed, solace to the bereaved, and kindness to all.

May our prayers be pleasing to You because they reflect not only our own needs but also the needs of others, and the needs of our people.

May our prayers be pleasing to You because they remind us of what You expect of us and because they challenge us to become all that we are capable of being.