

## Avinu Malkeynu, give us honesty and strength



Avinu Malkeynu, give us the honesty to call a sin a sin.

*Avinu Malkeynu, help us to renounce the idols we worship.*

Avinu Malkeynu, give us the strength to seek forgiveness.

*Avinu Malkeynu, give us the understanding to grant forgiveness.*

Avinu Malkeynu, keep us from being our own worst enemies.

*Avinu Malkeynu, liberate us from the chains we forge for ourselves.*

Avinu Malkeynu, keep us from surrendering our hopes.

*Avinu Malkeynu, help us to use our strength to do Your work.*

Avinu Malkeynu, free us from needless worry and useless anxiety.

*Avinu Malkeynu, keep us mindful of the needs of all Your children.*

Avinu Malkeynu, teach us to cherish the good we have abandoned.

*Avinu Malkeynu, help us to abandon the evil we cherish.*

Avinu Malkeynu, help us to love You with all our hearts.

*Avinu Malkeynu, help us to seek You with all our souls.*

Avinu Malkeynu, help us to serve You with all our might.

*Avinu Malkeynu, help us in our quest for truth and beauty.*

Avinu Malkeynu, teach us the joy of studying Torah.

*Avinu Malkeynu, give us the strength to walk in its ways.*

Avinu Malkeynu, show us the way to harmony and reconciliation.

*Avinu Malkeynu, may our words and deeds proclaim That You are, truly, our Parent and Sovereign.*