

Your JRC Rosh Hashanah Symbols



Fish Heads!

Deuteronomy 28:12 teaches we should be the **Head and not the tail.** For leadership and forward thinking!

Pomegranate/*Rimon*: Bounty! May our good deeds, our mitzvot, be as plentiful as pomegranate seeds and as beautiful!

Beets / *Salka*:

Freedom and Growth. *Salka* is similar to the word *Ihistalek*, to retreat. May obstacles and enemies retreat before us so we can find freedom.

Carrot / *Gezer*:

For increased blessings and positive judgments, *gezer* is similar to the Hebrew word *gzera* or judgment - may we invoke positive judgments!)

Date / *Tamar*:

For peace and ease in relationships. *Tamar* contains the word *tam*, unblemished.

Let's bring in ease, peace, and a fresh, clean slate in our relationships!

Green Beans / *Rubia*:

The Talmud teaches that like the Hebrew word *yirbu*/to increase, so should our prosperity and our sharing of resources

Fish Heads:

What are the parts of yourself that take the strong-willed lead?
What voices within yourself would allow to take the helm?

Using Swedish fish or Goldfish crackers, go around the table and says a trait that makes someone a good leader. Add your most fun fish-like dance move to swim towards those traits!

What is one way you would like to exercise greater leadership towards a cause you support in the coming year?

Who is one leader with a guiding vision you support right now?

Carrots:

What is one way you can judge yourself more favorably in the upcoming year? What do you hope might happen for you or people you care about this year?

Put paper on your table and draw ways you hope to make good decisions this year

What is one law in our country that needs fixing so the coming year will be equitable for all? What can I do to help move this one step closer to becoming a reality?

Green Beans

What kind of prosperity are you working towards? Financial, professional, or emotional? How are you hoping to increase? How can you share what you have? What might you share that is meaningful to the recipient, and how might that help?

Equity means redistributing resources so everyone has what they need. What are you willing to give up so others may prosper?

Beets

What is an inner obstacle to your own happiness that gets in your way? What stands in your way to grow?

What challenges are you facing this year? What could stop doing to make growing easier?

What are the campaigns you are focusing on in the coming year to overcome the social, political, ethical, or moral issues of our time?

Pick one, clear, manageable goal to focus on in this year.

Dates

What is one relationship in your life for which you would like greater ease and gentleness? Imagine the rough patches in the past or present of this relationship becoming smoother.

Discuss one conflict you had in the past year and how you worked it out. What does peace feel like in your body?

Where in your community needs a blessing for peace?

Proclaim “no justice, no peace” by listing the names of people and places deeply in need of justice right now as well (e.g., names of victims of police violence).

Pomegranates

What seeds have I planted this year; what is ready to plant?

What ways have I stretched to do good for others this year?

Can you name one thing you’ve done for each seed you eat?

How will you pray with your feet this year? What have you learned about justice - racial equity, immigrant justice, climate crisis, poverty, LGBTQ+ rights, democracy and voting - that you can commit to putting into action?