

the Ma'alot

February 2016 • SHEVAT~ADAR ALEF 5776



MUSSAR: Judaism's Tools to be Our Best Selves

ORDER/*Seder*

"Take time, be exact, unclutter the mind."

Rabbi Simcha Zissel Ziv,
the Alter of Kelm

Join Us for These Events & Much More!

Family Shabbat Service honoring Jewish Disability Awareness Month with guests from Jeremiah Society and Mandel House

Friday, February 5th at 7:00 pm

Chai Society: Lunch & Speaker, "Defending the Guilty" with guest, Dan Kuperberg

Wednesday, February 17th at 11:30 am

Shabbat Service with Bob Wolf Community Service Award, honoring Ronda Roberts & Laura Van de Merghel

Friday, February 19th at 7:30 pm

NaSHiM: Girls Night Out, "Israeli Dancing"

Wednesday, February 24th at 7:00 pm

Friday Night Live! Shabbat Service "Mussar: Order / Seder"

Friday, February 26th at 7:30 pm

A L I F E T I M E O F B E L O N G I N G

the Ma'alot

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FOUNDING RABBI

SHABBAT SERVICES ~ FEBRUARY 2016

Friday, February 5th

- 7 pm: Family Shabbat Service with Youth Choir & Band, "Honoring Jewish Disability Awareness Month"

Friday, February 12th

- 7:30 pm: Shabbat Service with Adult Choir and Author, Todd Creager "The Long Hot Marriage"

Friday, February 19th

- 6:30 pm: Tot Shabbat Service
- 7:30 pm: Shabbat Service with Temple Musicians and Bob Wolf Community Service Award

Friday, February 26th

- 7:30 pm: Teen Shabbat (Grades 8-12) at Rabbi Steinberg's Home
- 7:30 pm: Friday Night Live! Shabbat Service, Mussar: Order (Seder)



SPIRITUAL FITNESS

As a synagogue, in our study of Mussar this year, I have discovered an insight into the literature, and hence into our own souls, that I had not considered in such a way before.

Human beings, by nature, are reactive. And many of us tend to react with traits other than our best traits. When we are angry, we fight. When we are worried, we fret. When we are challenged, we get defensive. Think of an event or a situation, and then consider how you usually react to it. Mussar teaches that we all possess soul traits. And those traits, or virtues, are as deeply imbedded in us as fight, fret and defensiveness. Instead of using a trait that is destructive, we can choose to respond with equanimity, kindness, or honor. Such traits are built into our DNA as much as the other more negative or less constructive reactions we have.

Mussar teaches us that being a good person takes effort. It would be so much easier to walk through the world being angry, disrespectful, hurtful... fill in the blank, all the time, than actually taking the time to tap into the soul traits of order and compassion and love.

While studying the trait of "honor" in January, a story is told of a rabbi and his students who passed a dead animal. All the students turned away in disgust at the smelling, rotting carcass, but the rabbi commented, "Look how beautifully white the animal's teeth are."

His students questioned him and the rabbi simply taught that in everything we can find honor, even in the body of a dead animal... how much the more so for the living. Think about the "dance" we do with people we don't like. We go in circles with this person because we are both using negative traits that are well honed. What if we used other, more positive traits to relate to this person?

What if we found something in the person, just one thing, that we respected? What if we forced ourselves to always greet them with a smile, despite the mood they are in or the anticipated response we might get. At the very least, Mussar promises that we will feel different about that encounter. At the very most, the "dance" will change and our relationships will be different.

Mussar is the Jewish way of tapping into our best selves. We spend so much time on automatic pilot and such a setting never moves our proverbial needle forward. We need to know that to be holy is to act as we think God would act. And what Mussar teaches is that we are already equipped with such skills and traits. We only need to uncover them through the pain we might feel or find them through the years of dormancy they have spent in our system; but they are there.

We are all familiar with the story of a child who is trapped under a car and his mom witnesses this accident and by some force of nature, she finds the strength within to lift the car off the boy and he is saved. This is physical strength that was deep within her.

We have that spiritual strength within us. We can lift our own lives and our neighbors' spirits by practicing the virtues of our tradition to be our best selves. But it won't happen by itself. We must be dedicated to it. We must work hard at it. However, in the end, while life might throw us curve balls and present us with circumstances we never expected, we will be spiritually fit to handle whatever comes our way. Mussar is one path of Jewish tools to help us become spiritually centered and soulfully strengthened.



Rabbi Richard Steinberg
The Rona Perley Memorial
Senior Rabbinic Chair

EAT, PRAY, L'CHAIM

**Nobody Goes to Services
Alone at SHM!**

Friday, February 12th
6:00 pm dinner at Corner Bakery
7:30 pm Shabbat Service

Make new friends, eat dinner together, attend services! This is a new friendship group designed for members who do not want to go to services alone. This is no longer an issue—there will always be someone to join you.

At SHM, no one has to come to services alone. Contact Stacy at 949-857-2226 for more information.

MUSSAR:

Judaism's Tools to be Our Best Selves

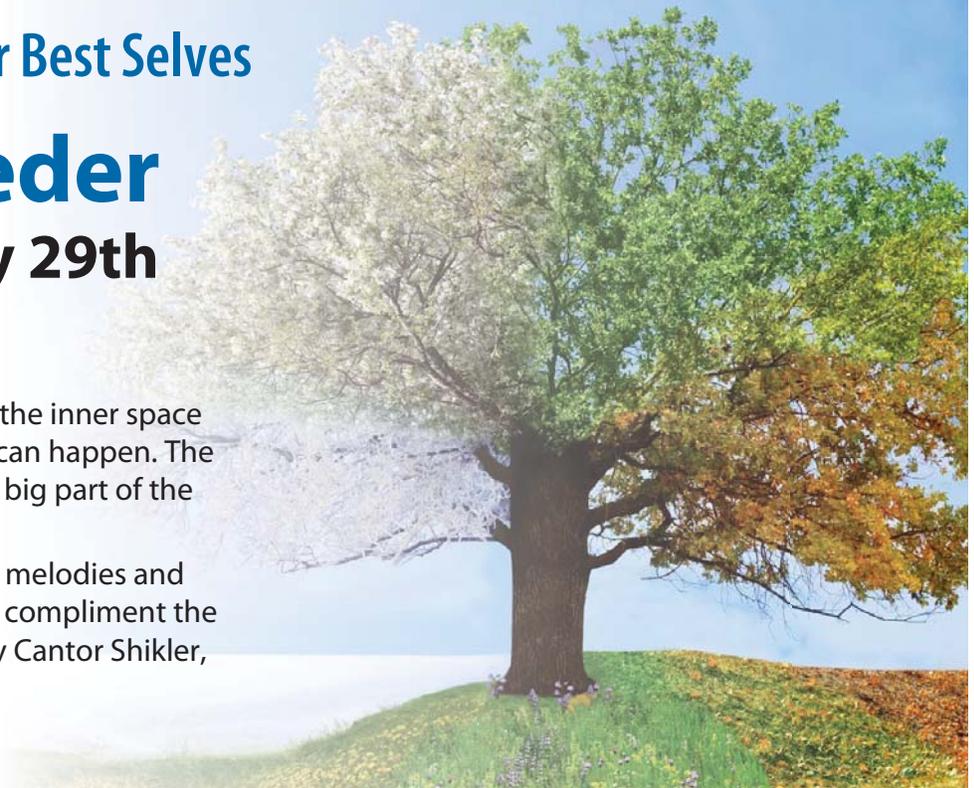
ORDER/Seder

Friday, January 29th

7:30 pm

Music is a powerful tool for evoking the inner space within which transformative prayer can happen. The ancients knew this, and music was a big part of the ancient temple ritual.

This service features congregational melodies and eclectic, contemporary music which compliment the creative service booklet compiled by Cantor Shikler, specifically for this service.



2016 Bob Wolf Community Service Award Recipients honoring SHM's exceptional Chesed Leaders



Ronda Roberts and Laura Van de Merghel

Friday, February 19th at 7:30 pm

Shabbat Service Honoring Jewish Disability Awareness & Inclusion Month sponsored by Brit Tikvah "The 'R' Word is a Very Bad Word" Friday, February 5th at 7:00 pm

When people are labeled rather than humanized, the impact is immense. Come and learn from people who have experienced it first hand. A panel of residents from the Mandel House and the Jeremiah Society will share their personal stories.

Jewish Disability Awareness & Inclusion Month

February 2016



SO MANY WAYS TO CONTRIBUTE...

In the eighties, when I celebrated becoming a Bat Mitzvah, I did so at this time of year. Each year since then when we turn in the Torah to the section that I chanted from the bima during that milestone, I recall the conversations I had with my childhood rabbi in preparation for the 'big day'.

"It is nothing but a list!" I told him, referring to the Torah portion I would chant, "just a list of items that were needed for building the Tabernacle."

Though it was difficult for a not-quite-thirteen year old to grasp the bigger idea, I recall my rabbi trying to challenge my pre-teen judgment. "Gold, silver and copper; blue, crimson and purple yarns; fine linens, goats' hair, tanned ram skins, dolphin skins and acacia wood... it is a list, for sure, but there is more to it. Why do you think the Torah bothers to mention all of those details?"

The older I get, the more my experiences enable me to answer my rabbi's question. Under Divine direction, Moses asked the Israelites to bring these specific items to be used in the construction of this place that would serve both as a dwelling place for God and as a gathering point for the people during their generations of wandering through the wilderness. I am convinced that these items are actually opportunities not only for contributing to the building project, but for participating in the community. And the options for contributing were specific and plentiful to teach us that, just like today, there was a plethora of ways to get involved. There is something for everyone.

During a time when our synagogue community is gearing up to build a new and enhanced 'tabernacle' of our own, the Torah reminds us of an important truth; there are countless ways to get involved. Financial contributions are necessary and important

for the building itself, but they, alone, are not enough. It is the contributions of time and dedication and wisdom that help us to build the community that dwells inside.

In the Talmud, there is a description of a rabbi who had a student who required each lesson to be taught to him 400 times. With incredible dedication and patience (and perhaps a lack of educational vision), this rabbi sat and taught his student over and over again. But when, because his student was distracted, he needed an additional 400 attempts at the same lesson, this rabbi's commitment was rewarded handsomely. He was given a longer life and a place for he and his generation in the World to Come.

In reflecting back on this teaching, one of the Mussar masters, Rabbi Yosef Yozel Hurwitz, provided a different perspective. Knowing that people have long asked how this rabbi could give so much of his free time to one student, he challenged us, "Why do you regard this as sacrifice and wastefulness and loss to oneself? Do you not see that just the opposite is the case? That only through his forbearance and complete commitment did he attain such a high level of Divine service and ennoblement of character?"

The countless members of our congregation who give endless amounts of time, energy, skill and, yes, money, know what Rabbi Hurwitz is trying to explain, because they live it. Given the complexities and stresses of our lives today, the message is simultaneously simple and complicated... the more we put in, the more we get out.

If you have a desire to become more involved—by joining a committee, by participating in a group like Torah study or choir, by helping with an event such as Purim or the Women's Seder, by attending Shabbat services, by volunteering in the office or

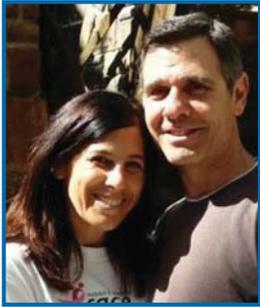


Rabbi Leah Lewis
The Jaffe Family Rabbinic Chair

anything else—not only will the temple benefit, but so will you. I guarantee it. And if you do not know how, let us know. Our clergy and staff are all happy to help you find the opportunity that will enable you to contribute and to benefit, all at the same time.

Finally, you need not wait until we have a new building to make your contributions of self. Our sacred community is always being built and whatever gifts you bring to it will be received with gratitude.

Celebrating the Stars of SHM 2016 GALA



WENDI & BARRY
FAST



KATHERINE & HEATH
LINER



MARCIA & BERNIE
LABOWITZ



RABBI LEAH & DAVID
LEWIS

- Honor Our SHM Star Couples
- Enjoy Dinner and Drinks
- Dancing to Live Music
- Partake in the Silent Auction and other “Fun” fundraising Opportunities

Tickets \$175.00
per person

RSVP to the Temple Office at 949-857-2226
or online at www.shmtemple.org

Saturday,
April 30, 2016
at 6:30pm

Chuck Jones Center
3321 Hyland Ave,
Costa Mesa 92626

A L I F E T I M E O F B E L O N G I N G

FINDING A BALANCE

RACHEL HARMAN-FRIEDMAN

It is fairly amazing how quickly the year is flying by—what a blessing that as Jews we are able to “start fresh” twice. Perhaps with a spiritual renewal at Rosh HaShana in the fall, and a personal and household renewal in January, a new year gives us a chance to evaluate where we are in our lives. For me, January is like my spring cleaning. A time to straighten things up, evaluate what needs to be done, make a personal plan for the year.

It is fitting that the Mussar trait for the month of February, fairly early into our secular year, is “Order” or “Seder”. I have had the pleasure of studying with my small, adult education Mussar group. As we get to know each other and learn from one another, I am finding the practice and discussion truly therapeutic. We came to the “order” chapter in our texts a few weeks ago and I quickly decided that, to date, this is by far my favorite trait to discuss, study and practice.

As our text, *Everyday Holiness*, by Alan Morinis states, “The soul-trait of order is all about the middle way. Too little order gives birth to chaos, while at the other end of the range, too much order ties us up in obsessive rigidity.” What I have discovered is that many of my personal struggles with other soul-traits often stem from an ever present need to find the order of things. I thrive on order—having things in their place, drawers organized neatly, laundry done, dishes done and put away, checking things off my every present “to do” lists. So, as we began this lesson, I quickly jumped into action. Clearing away piles of papers on the kitchen counter, re-organizing clothing and bathroom drawers, even clearing the notorious “junk drawer” in the kitchen. I was feeling so refreshed and productive... and then... my teenagers came home!

As my mother will tell you, I—like my own teenagers—am not a naturally orderly person. I tend to pile, shove things in the drawers and often procrastinate on completing the tasks on my to-do list. I recall her teaching me the word “discombobulated.” I learned this feeling from an early age, as my natural messiness and my urge for order came crashing together. And yes... as my mother threatened, my teens are just like me!

I hear myself echoing my mother’s voice when I plead with them to close a drawer, put away the dishes, clear their papers from the table.

I would love to tell you that after my study of the “order” chapter in our Mussar text, that I am cured of these two opposite ends of the spectrum of order. I wish I could say that I have successfully found the middle ground and live a life of peaceful contentment. However, I am still a busy mom of two teens and clearly that would be asking a bit much.

What I can tell you is that I have reached a bit of an inner peace. Just being aware of the dichotomy of my urge for order and my natural messy self, I can find a sense of humor in it all. When I look upon the pile on the counter just waiting to be sorted, I can find contentment knowing it will get done, rather than stress in the fact that it is not done yet.

I can appreciate the fact that my kids do not feel my sense of discombobulation when their rooms are untidy, and realize that their sense of order has its own middle ground. They do, after all, get their homework done and turned in, find clean clothes to put on every day, and make and follow through with social plans. I can respect their own sense of balance between too much and too little order, even if it does not match my own. When I lose patience over the fact that things are not in exactly the orderly fashion I would like, I can relax a little. And when losing my patience gets the better of me, I can at least realize the triggers and smile a little. A busy life needs to have order or things will of course fall apart, but appreciating that everyone’s own sense of that order differs has helped me to find contentment in my own middle ground.

I look forward to seeing how our students at SHM learn and engage in the study of “Order” this month and cannot wait for Friday Night Live! as Cantor Shikler sets this trait to music. I’m sure he will inspire all of us with tunes to hum when the urge to clean out the drawers and organize next hits. As *Everyday Holiness* states, “Order creates inner alignment, peaceful and prepared.” The study of Mussar leaves it up to each of us to find the balance in our own sense of order.



Beth Carroll &
Rachel Harman-Friedman

Temple Co-Presidents

Building Update Feb. 2016 by Beth Carroll

1. We hope you’ve had an opportunity to see the new conceptual designs that our architects have produced as part of the wrap up of the conceptual design. Their ability to quickly interpret our requirements into a design that is functional, efficient, and gorgeous has been very impressive.
2. The campaign has raised \$9.1m through the end of December 2015. There are still many opportunities to participate, so feel free to reach out to the office, Rabbi Steinberg, our Campaign Chairs: Ken Bassman and Bob Yonowitz, Rachel or Beth Carroll if you have any questions on how you can engage.
3. Each step in the design process involves creating a greater and greater level of detailed information for our project—leading up to a full set of construction documents. Next step in the process is to complete the Schematic Design phase.

More to come next month!

Outdoor Hiking Chavurah?



If you are interested in participating in an Outdoor Hiking Chavurah please

contact Stacy Bleiweis at stacy@shmtemple.org

Welcome New Members

Daryl & Shweta Pearlstein

Michael & Lyubov Kingsbury

Condolences to...

David Saltzer on the death of his stepfather, Gerald Weinstein

Oksana Pariser on the death of her father, Itska Melamed

Dave Bucka on the death of his father, Paul Bucka, Jr.

Long time SHM member, David Joliff

David Bleiweiss on the death of his mother, Dorothy Bleiweiss

Douglas Golden on the death of his father, Samuel Golden

Craig Sachs on the death of his mother, Marilyn Newman

Jayne Ruane on the death of her father, Mark Frisman

Michael Gillman and Adam Gillman on the death of their father, Sherwin Gillman

Dianne Widawsky on the death of her husband, William Widawsky

Barry Fast on the death of his mother, Raya Fast

Chai Society



Lunch & Speaker Series

Wednesday, February 17th at 11:30 am
"Defending the Guilty" with guest, Dan Kuperberg

Join us to hear Dan Kuperberg, defense attorney, talk about the criminal justice system and to explain how a lawyer can defend people they know to be guilty.

Lunch is \$5 per person, RSVP to the Temple office at 949-8527-2226 or online at shmtemple.org

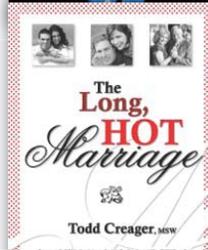
SHM Author Series



TODD CREAGER

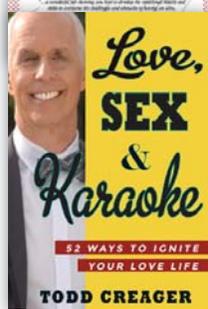
Friday, February 12th at 7:30 pm

Todd Creager is a marriage and sex therapist who has helped thousands of couples heal and thrive. He is also a professor at USC where he teaches graduate students psychological development theory as well as individual, family, and group therapy.



The Long, Hot Marriage

The Long, Hot Marriage is a book that can convince you that long term relationships and passionate sex actually do go together. The book teaches you how to awaken the sleeping marriage, not only in the bedroom, but outside of it as well.



Love, Sex and Karaoke: 52 Ways to Ignite Your Love Life

Why settle for boring, routine intimate relationships when you can take that same relationship and turn it into a stimulating, love-filled, joyful experience? Applying these 52 ways could significantly shift your relationship into one you dream of.

FEBRUARY 2016 ~ ORDER/Seder

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 am - Mah Jongg 6:45 pm - Adult Choir Family Promise	2 4:15 pm - Hebrew School 6 pm - Executive Committee Meeting 7:30 pm - Board of Trustees Meeting Family Promise	3 7:15 pm - Mussar Group C Family Promise	4 12 pm - Mussar Group D Family Promise	5 7 pm - Family Shabbat Service with Youth Choir & Band and 1st & 2nd Grade Participation, "Honoring Jewish Disability Awareness Month" Family Promise	6 8:30 am - Torah Study at Irvine Regional Park 9:30 am - Hike with Alon Rozen and Rabbi Lewis 10 am - Bar Mitzvah of Ethan Ervey 7 pm - SHMoFTY: Game Night Confirmation Retreat Family Promise
7 8 am - Religious School 9:15 am - Torah Time for Tots 9:15 am - Mussar Group A 10:30 am - Adult B'nai Mitzvah 12:45 pm - Mini-MiTY: Sundae Hang Out!	8 9:30 am - Mah Jongg 6:45 pm - Adult Choir SHM Trip to Spain	9 4:15 pm - Hebrew School 5 pm - 7th Grade BMC 5 pm - 8th-10th Grade Classes 6:30 pm - 11th & 12th Grade Class 7:30 pm - SHMoFTY Board SHM Trip to Spain	10 SHM Trip to Spain	11 SHM Trip to Spain	12 6 pm - Eat, Pray, L'Chaim (meet for dinner at Corner Bakery) 7:30 pm - Shabbat Service with Adult Choir and Author, Todd Creager "The Long Hot Marriage" SHM Trip to Spain	13 8:30 am - Torah Study 10 am - Bar Mitzvah of Jonathan Kfir SHM Trip to Spain
14 No Religious School SHM Trip to Spain	15 Presidents Day Office Closed SHM Trip to Spain	16 No Hebrew School 6:30 pm - Board of Education Meeting SHM Trip to Spain	17 11:30 am - Chai Society: Lunch & Speaker, Dan Kuperberg "Defending the Guilty" SHM Trip to Spain	18 12 pm - Mussar Group D 6:00 pm - Brotherhood: Classic Q & Brew SHM Trip to Spain	19 6:30 pm - Tot Shabbat 7:30 pm - Shabbat Service with Temple Musicians and Bob Wolf Community Service Award	20 8:30 am - Torah Study 10 am - Bar Mitzvah of Zachary Cohen 6 pm - JiFTY: Cooking Event
21 8 am - Religious School 8 am - 7th Grade Action Day at Heritage Pointe 9 am - Author: Susan Segel, "Aria" 9:15 am - Torah Time for Tots 9:15 am - Mussar Group B 10:30 am - Adult B'nai Mitzvah	22 9:30 am - Mah Jongg 6:45 pm - Adult Choir	23 4:15 pm - Hebrew School 5 pm - 7th Grade BMC 5 pm - 8th & 9th Grade Classes	24 7 pm - NaSHiM: Girls Night Out, "Israeli Dancing" 7:15 pm - Mussar Group C	25	26 7: pm - Teen Shabbat (Grades 8-12) at Rabbi Steinberg's House 7:30 pm - Friday Night Live! Shabbat Service, "Order/Seder"	27 8:30 am - Torah Study 10 am - Bat Mitzvah of Ashley Dukellis
28 8 am - Religious School with 1st Grade Family Camp 9:15 am - Mussar Group A 10:30 am - Adult B'nai Mitzvah 12:30 pm - MiTY: Mystery Bus Ride!	29 9:30 am - Mah Jongg 6:45 pm - Adult Choir					

Rabbi Bernie King Mitzvah Projects ~ B'nai Mitzvah Students



Ethan Ervey

February 6, 2016
 Son of Chris & Carol Ervey
 I attend: Costa Mesa Middle School
 I enjoy: Playing soccer and hanging out
 with friends and family
 Mitzvah Project: Volunteered at the Santa
 Ana Zoo where I spoke to the public about
 certain animals I am passionate about



Jonathan Kfir

February 13, 2016
 Son of Manashe & Shira Kfir
 I attend: Vista Verde
 I enjoy: Soccer, piano and basketball
 Mitzvah Project: Collected and donated gently
 used soccer jerseys to Israeli kids



Zachary Cohen

February 20, 2016
 Son of Monica & Robert Cohen
 I attend: Corona del Mar Middle School
 I enjoy: Basketball, football, video games,
 playing with friends and traveling with
 family
 Mitzvah Project: Worked with younger kids
 to build confidence through sports and
 donated my Bar Mitzvah money



Ashley Dukellis

February 27, 2016
 Daughter of Greg & Nancy Dukellis
 I attend: Orchard Middle School
 I enjoy: Soccer, surfing, and hanging out
 with friends and family
 Mitzvah Project: Volunteered at Surfrider
 Foundation and conducted fundraiser for
 Donovan's SMILE

Event Photography by Gidon

Over 20 years of experience
 capturing the intimate,
 spontaneous and joyous
 moments of your special day

Gidon Shikler
 gshikler@gmail.com
 407.760.5734



YOUTH GROUPS @ SHM

(Register online at shmtemple.org/Events & RSVP or follow
 the link in your email notice. See you there!)

SHMoFTY 9th-12th Grade Youth Group Game Night! Saturday, Feb. 6th at 7:00 pm

Come join your SHMoFTY friends for a fun and laid-back night filled
 with board games, video games, and delicious food! Bring your favorite
 board games and Wii games! We will have snacks and a dessert buffet
 as well. Hope to see you there!

JiFTY 6th-8th Grade Youth Group Cooking with JiFTY! Saturday, Feb. 20th at 6:00 pm

Spend the evening learning to cook with your JiFTY friends! We will
 have a special class just for us taught by a real chef! More details to
 come soon!

MiTY 4th & 5th Grade Youth Group Mystery Bus Ride! Sunday, Feb. 28th at 1:00 pm

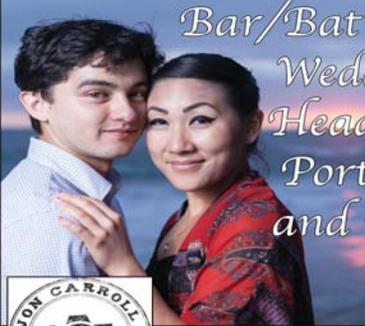
One of the most popular events of the year...our Mystery Bus Ride!
 Where will we be going? You'll have to see for yourself! We will be tak-
 ing a bus around town for a fun and secret afternoon! It's sure to be full
 of awesome surprises. Includes lunch; drop off and pick up at SHM.

Mini-MiTY 2nd & 3rd Grade Youth Group Sundae Hang Out! Sunday, Feb. 7th at 12:00 pm

Come join your Mini-MiTY friends in the Youth Lounge after religious
 school for a fun afternoon filled with movies, games, and a make-your-
 own sundae buffet! Can't wait to see you there!

Teen Shabbat at Rabbi Steinberg's House (Grades 8-12) Friday, Feb. 26th at 7:00 pm

This service is designed with Jewish teens in mind. We fill Shabbat with
 ruach as we pray, sing, and explore through a Jewish lens issues which
 are important to teens.



Bar/Bat Mitzvahs
Weddings
Headshots
Portraits
and more!





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 JonCarrollPhotography.com
 (657) 244-8541

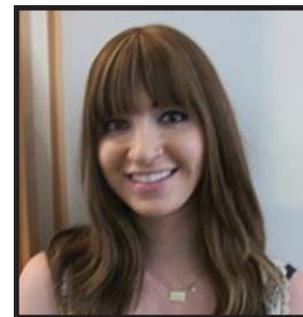
SCHOOL NEWS

Hello SHM Families! For those who I haven't met yet, my name is Lindsey Eskow and I am SHM's Interim Youth Director! I am so thrilled that I have the opportunity to spend time making memories with our remarkable youth through youth group events, the madrichim program, confirmation, and our Tuesday night teen programs. One of the many things SHM is known for is its strong youth programs, but I know that much of this can be attributed to the phenomenal dedication and involvement of our SHM teens and parents. To be able to work alongside such devoted, impassioned, and brilliant people is a true gift and I am so excited for all that is to come!

Over the past few years that I've been teaching here, Shir Ha-Ma'alot has grown very dear to my heart and it truly feels like a second home to me. My hope is for SHM to feel like a second home for our youth as well and that through involvement in youth group and our youth programs, they will feel interconnected

to their peers, make lifelong friendships, grow a strong sense of Jewish identity, and create meaningful experiences that will be remembered for a lifetime.

The year is off to a great start thus far! In January we had an incredibly fun Teen Retreat for our 8th-12th graders at Camp Hess Kramer and a sleepover for MiTYites! February is filled with many other exciting events and programs for each of our youth groups so make sure to sign up so you/your child can experience all the fun that is sure to be had!



Lindsey Eskow
Youth Director



CONGREGATION SHIR HA-MA'ALOT

Tu B'Shevat



Torah Study & Holiday Hike with Alon Rozen and Rabbi Lewis at Irvine Regional Park

Saturday, February 6th
Torah Study at 8:30 am
Hike begins at 9:30 am

Join with clergy and Alon Rozen, Israel Engagement Coordinator at SHM, to strengthen the spirit, the mind, and the body as we celebrate Shabbat and connect with the world around us during this very special holiday hike.

Meet at Irvine Regional Park
1 Irvine Park Road,
Orange CA 92869

Take Jamboree North to Irvine Park Rd and follow to the destination



A L I F E T I M E O F B E L O N G I N G

2016 Congregation Shir Ha-Ma'alot

PURIM

EXTRAVAGANZA

Family Carnival

Sunday, March 20th
10 am: Purim Shpiel featuring Clergy & Staff!
11 am to 1 pm: Carnival
Costumes are encouraged! ~ Parents are invited!

BUY TICKETS ONLINE
at shmtemple.org

Wristbands \$25 (\$30 day of carnival)

- Includes unlimited games & attractions
- Does not include food or beverages

Ticket package: \$15 for 20
(\$20 day of carnival)

Tickets will be available for pick-up at will call at the carnival!!

FUR FOR ALL AGES
Game Truck~Bungee Jump~Inflatables
Bounce Houses & Games!!!
Great Food: Falafel~Hot Dogs~Hamentashen!!!
...And Much More!

Note: If you are interested in volunteering at the Purim Carnival please contact the office at 949-857-2226 for more information




SPECIAL TWEEN ZONE!

Adult Learning

Mussar Groups: ORDER / Seder

GROUP A: Sundays at 9:15 am: Feb. 7th & 28th

GROUP B: Sundays at 9:15 am: Feb. 21st

GROUP C: Wednesdays at 7:15 pm: Feb. 3rd & 24th

GROUP D: Thursdays at 12:00 pm: Feb. 4th & 18th

Adult B'nai Mitzvah

Taught by Rabbi Lewis

Sundays at 10:30 am

Meets: Feb. 7th, 21st & 28th (no class on 2/14)

Torah Study

with Rabbi Steinberg and Rabbi Lewis

Saturdays at 8:30 am

Meets: Feb. 6th at Irvine Regional Park,
Feb. 13th, 20th & 27th at SHM

Each week our Torah portion invites us to search our souls for meaning, memories, mitzvah, and lessons on how to be a mensch. We read the Torah over and over again each year as we gain more insight into its depth. Study with the Rabbis the weekly Torah portion and you will have inspiration for the week to come.

NaSHiM (SHM Women)

Living Room Learning

At the home of Marlene Spiegel

Thursday, March 10th at 10:00 am

These programs, designed for women, will cover issues, concerns and topics in a safe, intimate and warm environment. No fee, however registration is appreciated. RSVP online at www.shmtemple.org or call the Temple at 949-857-2226



NaSHiM: Shir Ha-Ma'alot Women
stronger together

Girl's Night Out Israeli Dancing

Wed., Feb. 24th
7:00 pm
at the Temple



Meet up with old and new friends for a fun evening of Israeli Dancing. We will enjoy traditional snacks and sweet treats straight from the land of milk and honey!

\$15 NaSHiM members / \$20 non-NaSHiM members

Register by Feb. 19th online at

www.shmtemple.org or call the Temple office at 949-857-2226



NaSHiM: Shir Ha-Ma'alot Women
stronger together

JOIN US!

A Special Evening with

Rabbi Steinberg

*“Living Consciously:
Not on Autopilot”*

Wednesday, March 2nd

at 7:00 pm

at the home of Jamie Evans



Come learn with Rabbi Steinberg as he shares his insights on living each day to it's greatest potential, being present in our own lives, and how to tap into our best selves. Followed by a pot luck dessert buffet.

Contact the office for Jamie Evans' address.

There is no fee for this event, however an RSVP is appreciated. Please contact the Temple office at 949-857-2226 and let us know what dessert you are bringing.

SHM Gift Shop

Your Source for Judaica--
AND MORE!

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Bar or Bat Mitzvah coming up?
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SHM Bakes: From our Temple Bakers

Peanut Butter Balls Adapted by Serah Lukoff



INGREDIENTS

- | | |
|---|---|
| 1 box powdered sugar | 2 cups crisp rice cereal
(Rice Krispies) |
| 1 stick melted butter or
margarine | Chocolate coating (recipe
below) |
| 2 cups natural crunchy
peanut butter | |

PREPARATION

Mix sugar, melted butter and peanut butter in container of food processor or mix by hand. Add cereal and mix by hand. Form into balls the size of small walnuts. Place on wax paper lined cookie sheet. Refrigerate or freeze until firm.

Dip each peanut butter ball in the melted chocolate to coat. Return to wax paper and refrigerate or store in the freezer. Enjoy! (Dipping in chocolate works best if you freeze the peanut butter balls for an hour or more first). Using a carving fork works well for dipping. Once made, they can be stored in the frig or freezer.

Chocolate coating: Melt 1 to 2 packages of semi-sweet chocolate chips and 2 Tbsp. grated paraffin (optional) over a double boiler or in the microwave. If microwaving, check and stir every 20 seconds. Chips may not look melted, but will melt quickly. Caution: do not over heat because the chocolate will seize!

Tzedakah Donations

RABBI STEINBERG'S DISCRETIONARY FUND

David & Gail Spivack, thank you for everything you do at the temple and in the community

Eric & Marla Roth, thank you for all your help and support in my mother's passing

Susan Miller, thank you for helping make my Bat Mitzvah and 70th birthday a very special event in my life

Stephanie & Hugh Backer in memory of Bella Stone

Rabbis Lawrence & Linda Seidman, thank you for your help to us and the community

Judith Uttal, thank you for a beautiful service

Pat & Dick Perlman, thank you for all you do for our family

RABBI LEWIS' DISCRETIONARY FUND

Gail & David Spivack, thank you for all you do at the temple and in the community

Linda & Larry Seidman, thank you for your referrals and service to the community

CANTOR SHIKLER'S DISCRETIONARY FUND

Charlotte & Ron Radzinsky in honor of Susan Miller's Bat Mitzvah

Susan Miller, thank you for helping make my Bat Mitzvah and 70th birthday a very special event in my life

Louise Beckerman, congratulations to Susan Miller on her Bat Mitzvah

Judith Uttal, thank you for a beautiful service

Tom & Lynda Armbruster, tzedakah donation

ALEX ZELEZNICK CHILDREN'S FUND

Ina Zeleznick in memory of Toni Faerber

CULTURAL ARTS/FNL FUND

Jeff & Cindy Dreyer in memory of Lorraine Winters, mother of Ellen Winters Miller

The Fleishman Family, congratulations to Susan Miller on her Bat Mitzvah

Gladys Wilson in memory of Samuel Wilson

GENERAL FUND

Tyler Dean, tzedakah donation

Bob & Nancy Wolf in memory of Marjorie Schine

Ike Kempler, tzedakah donation

Lainie Goldstein in honor of Susan Miller's Bat Mitzvah

Edison International from our employee giving program

Lori Schwartz & Bert White in memory of Paul Bucka, Jr., father of Dave Bucka

Ben & Dee Frydman, tzedakah donation

Marvin Kaplan, tzedakah donation

Jeremy & Debra Goldman in memory of Samuel Golden, Doug Golden's father

Alana & Bob Yonowitz in memory of Samuel Golden, father of Doug Golden

Alana & Bob Yonowitz in memory of Samuel Golden, grandfather of Alyssa and Jake Golden

JESSICA HERRON ADOPT-A-FAMILY FUND

Steve & Marsha Bisheff in memory of Rabbi Bernie King

Linda & Gary Greene in memory of Lorraine Winters

Shellie & Jack Diamond in memory of Jessica Herron

The Sandoz Family in memory of Sam Golden, father of Doug Golden

Shelli & Jack Diamond in honor of the birth of our grandchildren, Reid and Radley Diamond

Shelli Diamond in memory of Roy Smith

Jack Diamond in memory of Sidney & Elaine Diamond

ADOPT-A-FAMILY HOLIDAY PROGRAM

Alan & Linda Schwartz

Creia O.C. Chapter

Lawrence & Natalie Rael

Robert & Teresa Lindsay

Deborah Brener

Kris Frederisy from Cross-Fit in Costa Mesa

Lawrence Rael

Ike Kempler

Bruce Miller & Ellen Winters Miller

Cathy & Tim DeCore

Matthew & Jane Brenner

The Perlmutter Family

Howard Serbin

Monica Cohen

Linda Davis

Ellen Breitman

LIBRARY FUND

Larry Thompson Family in memory of Deo Thompson

Maureen Thompson Family in memory of Maureen's mother, Ethel Sandler

Family of Maureen Thompson in appreciation of the care Dr. Melvin Silverstein provided Maureen

ONEG FUND

Alan & Freddie Harvath and Norman & Lani Sussman in honor of the baby naming of our granddaughter, Juliette Harvith

RITUAL FUND

Lois Jacobs in memory of Ron Koblin

YOUTH GROUP FUND

Debbie Spielman in memory of my aunt, Gail Crafton

YAHARZEIT FUND

Jack Selcer in memory of Max Selcer

Lorelee Sheridan in memory of Robert M. Sheridan, MD

Sondra Berman in memory of Morris Schneider

Anatoly Berman in memory of Lev Cohen

Esther Kalin in memory of Dora Leibovich

Richard Sternberg in memory of Kathy Sternberg

Nancy Wolf in memory of my parents, Goldie and Jay Risman

Sondra Berman in memory of Nellie Schneider

Ina Zeleznick in memory of Doris Zeleznick

Hope Sherwood White in memory of Irving Sherwood

Hope Sherwood White in memory of Murray Burka

Norman & Reva Einhorn in memory of Reva's mother, Shirley Schrager

Sara Pulwer in memory of Morris Talerman

Jill Susson in memory of Ira Miller

Alla Berman in memory of Zinaida Moshkovich

Ruth Shulman in memory of Leonard Shulman

Jay & Erin Rindenau in memory of Moshe Rindenau

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Sandy Schekman in memory of George Spiegel

Bunnie Mauldin in memory of Fannie Blatt

Ellen & Bruce Miller in memory of Paul Bucka, Jr., father of Dave Bucka

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Other Donation Opportunities

- Memorial Board \$360 per name
- Tree of Life \$180 per name
- Prayer book Fund \$35 per book

Congregation Shir Ha-Ma'alot has many Sanctuary and Facility Giving and Naming Opportunities. Please contact the Temple office for further information.

Tzedakah Contributions

Please enclose contribution and mail with this form to the Temple office.
 (Minimum \$10.00 per name or occasion)

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City/Zip: _____

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Visa/MC _____ Exp. _____

In Honor of _____

In Memory of _____

Special Occasion _____

Other _____

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- Cultural Arts/Friday Night Live! Fund
- Elana Frenkel Memorial School & Youth Fund
- Florence Ruth King Chesed Fund
- General Fund
- Jessica Herron Adopt-a-Family Fund
- Library Fund
- Oneg Shabbat Fund
- Prayer Book Fund
- Rabbi Lewis' Disc. Fund
- Rabbi Steinberg's Disc. Fund
- Ritual (Jerry Jacobs) Fund
- Special Events Fund (Aaron & Brock Silverstein)
- Todd Evan Ross School Fund
- Yahrzeit Fund
- Youth Group Fund

A Picture is Worth a Thousand Words...

We tell Shir Ha-Ma'alot's story through words and pictures each year in our Event Catalog, website and monthly newsletter.

I collect photos from events throughout the year to use for a variety of printed and online pieces. Quite a few of them are from our Facebook page but many come from you via email. Please feel free to send me any of your favorite SHM photos:

lcline@shmtemple.org
 Lynda Cline, Communications