

MSJC KIDS KESHER

*monthly
news!*

The first issue of MSJC Kids Keshet is sponsored by the Rozenberg family in honor of Koby's 6th birthday!

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WELCOME TO MSJC KIDS KESHER MONTHLY NEWS!

Hey MSJC Kids ! Welcome to our new monthly newsletter designed just for you! We are excited to share with you pictures, stories, and games each month and can't wait for all of you to send in your pictures, stories, and birthdays for us to share!

If you'd like to submit for December's issue, email familylife@mtsinaishul.com or drop your drawing/story in the MSJC mailbox by November 28th!

For December, we are looking for Chanukah related stories and drawings to feature as well as December birthdays!

HAPPY BIRTHDAY TO OUR NOVEMBER KIDS!

17th - Koby Rozenberg
26th - Adam Saks

MAZEL TOV!

Noam and Orli on their new baby sister!

Atir Rieser will be putting tefillin on for the first time on November 8th! Mazel Tov!

Hi from Rabbi Taubes!

Hey everyone! It is so nice that Morah Mirasha has put together this wonderful newsletter for all the kids of the Mount Sinai Jewish Center community to enjoy. Be sure to thank her when you see her! Although we do not have groups right now, it is great seeing so many of you all around Washington Heights, be it in the parks or the building backyards. Come say hello to me, Racheli, Yisrael, Tikki and Perri next time we are nearby!

The Parshiyos this month are some of the most exciting ones. They tell the stories of the Avos, Avraham, Yitzchak and Yaakov and all the amazing ways they served Hashem, even when things were harder. Did you know that each one of them was the first to daven a tefilla that we say nowadays? Avraham was the first to daven Shacharis, the morning tefillah, Yitzchak was the first to daven Mincha, the afternoon tefillah, and Yaakov was the first to daven Maariv, the evening prayer. Each one of them davened to Hashem in his own way and taught us how to daven as well.

Not long ago, there a great rabbi named Rabbi Yosef Dov Soloveitchik who taught Torah at Yeshiva University for many years. He was the rebbe to so many people (including Yisrael's Zaidy!) that people sometimes call him "The Rav." He used to note that the very first bracha of Shemoneh Esrei, is called the Bracha of Avos, the bracha of Avraham, Yitzchak, and Yaakov. The reason, he explained, is because we only know how to daven based on how they davened. Avraham taught Yitzchak who taught Yaakov who taught his children who taught their children who taught their children. This continues even today where we learn how to daven from our parents and teachers. It all goes back to the Avos.

Even if we can't always come to shul these days, we can and should still daven to Hashem in the way we were taught, in the way that Avraham, Yitzchak and Yaakov davened all those years ago.

Parsha Characters

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|---|---|---|---|---|---|---|---|---|---|
| H | E | L | I | E | Z | E | R | M | P |
| E | R | A | C | H | E | L | A | Z | W |
| R | I | V | K | A | Y | H | I | I | N |
| Y | L | S | U | N | A | K | L | L | S |
| A | E | S | A | R | E | K | G | P | N |
| A | A | T | V | V | S | A | R | A | H |
| K | H | A | P | K | L | P | D | H | O |
| O | W | Y | I | T | Z | C | H | A | K |
| V | I | H | L | O | T | B | Z | M | T |
| P | I | B | I | L | H | A | F | C | G |

| | |
|----------|--------|
| AVRAHAM | BILHA |
| SARAH | ZILPAH |
| YITZCHAK | |
| RIVKA | |
| ELIEZER | |
| YAAKOV | |
| EISAV | |
| LOT | |
| RACHEL | |
| LEAH | |

KIDS SPOTLIGHT Featuring Koby R.

Kids Spotlight: Each month we will interview a kid to feature and get to know more about the kids in our community!

Name: Koby

Age: turning 6 in November

Family: two older brothers (Gershon and Tzvi) and one younger brother (Aryeh)

Favorite food: American cheese

Favorite tv show: Wild Kratts or documentaries about space

Favorite color: dark blue

Favorite school subject: lunch

Favorite animal: dog (specifically Avery the dog)

Favorite book: Red Rover: Curiosity on Mars

When I grow up I want to be: An astronaut who travels to Mars.

If you see me on the street ask me about outer space! I would love to tell you all about the planets!



STORY

The Whispering Wind

By Anonymous

One day, I was walking and I noticed the trees. They were swaying in the wind while leaves blew away. I heard a whistle in my ear. My mom said the wind was whispering to me.

The next day when I heard this noise again, I decided I ought to whisper back. It seemed to have listened since suddenly my hat blew off. My sister said it must have not liked what I said.

On the third day, I secured my hat on tight and tried again. This time I whispered, and I heard a real voice speak back. I was a little confused, but then I was lifted up high in the sky. My dad looked up on his shoulders and said, I may not be the wind, but I love you and wanted to make sure even if the wind doesn't answer, your family will.

This month is about being thankful not only one day a year, but remembering to be thankful for what you have everyday!

FALL SCAVANGER HUNT

Acorn



Twig



Yellow Leaf



Flower



Pinecone



Rock



Red Leaf



MAD LIBS

I can't wait for _____ . It's my favorite holiday! I love being
(favorite holiday)
able to wear my _____ _____ and _____
(color) (clothing) (action)
all day long! I know that _____ days is still not today, but I can't
(number)
wait to celebrate and _____ with _____. I hope I
(action) (person)
get to eat _____ because it's my favorite food! And,
(favorite food)
tomorrow when I wake up, it will be one day closer to my favorite
day! I can't wait!

MSJC KIDS

Every month we will interview an adult and learn about their job. This month is all about being thankful, so we interviewed Anat Coleman who works for the Jewish Community Council of Washington Heights.

Name: Anat Coleman

Job Title: Community Affairs Director

What is the JCC? The JCC stands for Jewish Community Council. There are JCC's all over the 5 boroughs in New York. This one specifically helps those living in Washington Heights and Inwood. It has been open since the 1970's!

Where is the JCC? The JCC is located at 121 Bennett Ave, the building right across from shul!

What does the JCC do? The JCC does so many things for our community members:

- Helps seniors get place to place by driving them to where they need to go like the bank or grocery store or doctor appointments.
- Helps community members with apartment issues like leaks.
- Helps community members with their bills when they are having a difficult time (tzedakah).
- Makes sure to support those who may feel lonely, especially now not being able to go out during Covid-19- we have programs on Zoom such as concerts, virtual Chanukah party for seniors, and classes.
- We have a food pantry for those in the community who need it. It is a kosher food pantry.

Can you tell us a little more about the food pantry? The food pantry give food to community members in need. People are able to come in and is like shopping at a grocery store, but they don't have to pay money for the food. The government gives money to help provide food to those in need, but we still run out of food and the JCC depends on our community to help donate food at these times.



Anat at work.



Anat's children, Akiva and Lev, helping out at the food pantry!



How can kids help? There are a few ways kids can help!

Kids can help by donating food such as cereal, pasta, tuna, canned soup (for winter), and oatmeal. In fact, we will be having a food drive to collect food before Thanksgiving. You can drop off these items in front of the shul on Sunday, November 22nd from 10am-1pm or during the week at the MSJC office.

Also, if you have food in your house that you are not using and are new and not expired, you can donate them. Other things you can donate are diapers (maybe you have some leftovers from a baby who is now in the next size) and baby food you no longer need.

If you have a full tzedakah box at home, you can bring it to the JCC and we will buy food for those in need using the tzedakah!

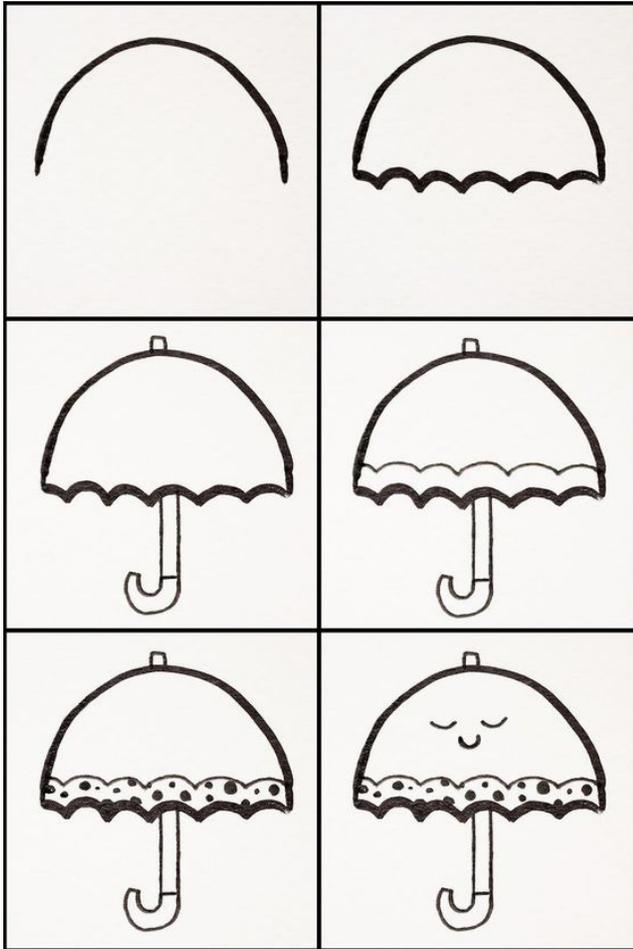
If you have a neighbor who is a senior or living alone, draw them a picture for Shabbat and slip it under their door! And, if you are worried about a neighbor, let the JCC know!

Pre-Covid, volunteers helped with food packaging as well! We can't wait until we can be together in person again!

If you are able to help, or need help, you can always reach out to info@jccwhi.com.



This month's step-by-step drawing is in honor of "Mashiv Ha'Ruach U'Morid HaGeshem"
We are now davening for rain everyday! Try your drawing in the box below!



GUESS WHO OR WHERE!
(ANSWERS ON THE BOTTOM OF THE PAGE)

- 1) I am a place where a camel lives in Washington Heights. Where am I?
- 2) I am the highest point in Manhattan. Where am I?
- 3) I am high, and sometimes low. You must climb 130 of me to get from point A to point B. What am I?
- 4) I have an office and a special chair in shul. I have 3 children. Who am I?
- 5) I make sure the shul building is always safe for everyone to enjoy. Who am I?
- 6) You can find chicken for Shabbos, marshmallows, and sometimes even sushi here. Where am I?
- 7) I am the newest place to be! I have a place to climb and play basketball. Where am I?

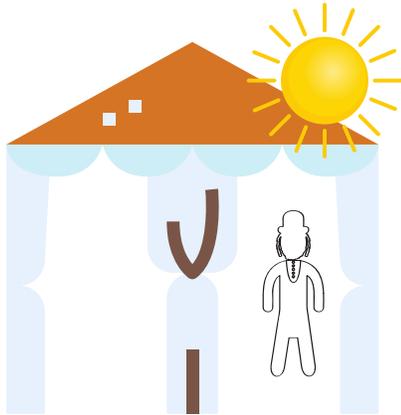
1) Camel park (at the school on 187th street)
2) Bennet Parks big rock 3) 187th street staircase
4) Rabbi Taubes 5) Nike 6) KeyFood 7) Javitz Park

Thanksgiving is November 26th. There are so many things to be thankful for everyday. Design your tree and fill in the leaves with things you are thankful for. Place it in the MSJC mailbox and we will share your trees with the community for Thanksgiving.



This Thanksgiving Tree Belongs To: _____

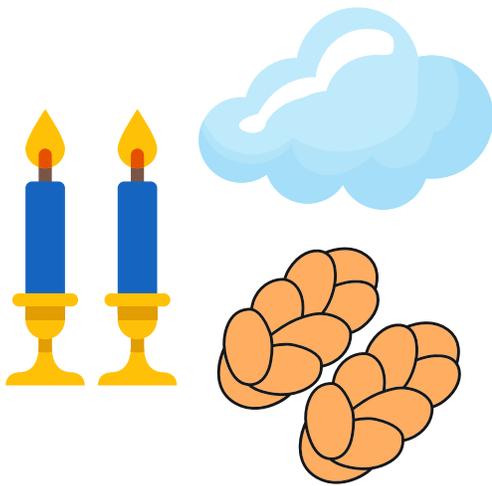
In November, there are four parshiyot we will be reading. Throughout the month, match the parsha name to the correct picture and describe what is happening in the scene.



Vayera

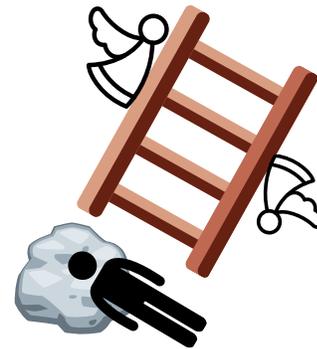


Chayei Sara



Toldot

Vayetzei



MONTHLY RAFFLE!

Submit your December submissions and be entered in a raffle.
Winner will be announced in the December issue!

We hope you enjoyed our first issue of the MSJC Kids Keshar!