



HAR SHALOM

הר שלום

THE TABLET

Congregation Har Shalom
September/October 2023

Volume 56 - Issue 6
Elul/Tishrei/Heshvan 5784

www.HarShalom.org/TheTablet

High Holy Days 5784

MARK YOUR CALENDAR

September 15: Erev Rosh Hashanah

September 16 - 17: Rosh Hashanah

September 24: Kol Nidre

September 25: Yom Kippur

www.HarShalom.org/HHD5784



SAVE THE DATE & JOIN US FOR

SUKKOT WITH HAR SHALOM!

*View the full schedule of
services, programs, and events*

www.HarShalom.org/Sukkot5784

BACK TO SHUL BBQ

Sunday, Sept. 10 at 12:00PM
Har Shalom Parking Lot

Join us for lunch, music, and activities
as we kickoff another great year with
our Har Shalom family and friends!

REGISTER:

www.HarShalom.org/BTS-BBQ

CELEBRATING HAZZAN OZUR BASS' 27 YEARS OF SERVICE



THE HAR SHALOM PLAYERS
PRESENT...

Fiddler on the Roof

AUDITIONS:

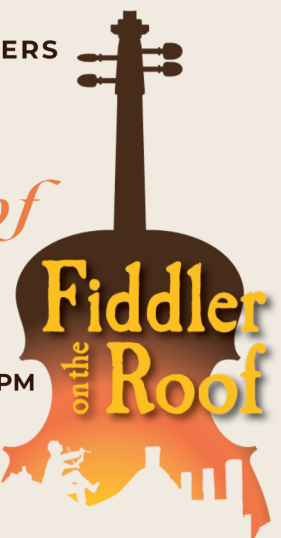
TUESDAY, OCT. 3 AT 7:00PM

WEDNESDAY, OCT. 4 AT 7:00PM

PERFORMANCES:

SATURDAY, FEB. 3 AT 8:00PM

SUNDAY, FEB. 4 AT 4:00PM



For more information including about *Fiddler* roles,
please visit www.HarShalom.org/HSPlayers

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FOR MORE INFORMATION, VISIT WWW.HARSHALOM.ORG/CALENDAR

FROM RABBI RASKIN



Adam J. Raskin
Rabbi

301-299-7087, ext. 1
rabbiraskin@harshalom.org

Dear Friends,

As our guide wrapped up a long day of touring islands along the coast of Italy, Sari and I took him aside to express our appreciation for his knowledge and efficiency. On our wonderful 25th anniversary trip we had several guides...in museums, on day trips, in old Jewish ghettos. Some were more professional, more knowledgeable, more articulate than others. Some guides maneuvered us effortlessly around long lines, or on and off of boats and trains. Others were not quite as adept. We told Luca that we were very impressed with his skills, his English, and the detailed information he shared with us along the way. It was then that something rather surprising happened: He got choked up. His eyes welled with tears and he said, "I'm not used to being complimented." He said, "In Italy, it is uncommon to give or receive compliments." Sari and I thought that was very strange! "Why is that?" We asked incredulously. Luca responded, "I think it has something to do with our Catholic heritage. You are supposed to suffer. If you suffer you are more like God, since we believe God suffered on earth. If you are satisfied or flattered, you are further away from God." The last thing I expected from an Italian tour guide in Cinque Terre was a theology lesson (notwithstanding all the churches we encountered along the way)! While my sense is that some of my Catholic clergy friends might take issue with Luca's assessment of the faith, this was Luca's sincere take on how he was raised.

I couldn't help but thinking about how utterly different this is from mainstream Jewish belief. Early in the Torah, it is none other than God who sets the standard for offering compliments to others. With the flood about to overtake the earth, God coaxes Noah into the ark. "Go into the Ark," God says to Noah, "you and all your family, for you I have seen as righteous before Me in this generation." (Genesis 7:1) Rabbinic commentary has focused on the seemingly superfluous last part of God's invitation to Noah. Why not just tell Noah to hurry up and get in the ark? Why does God have to "compliment" Noah by reminding him that he is so uniquely righteous (especially since God already identified him as such in the previous chapter, Genesis 6:9)? God's recognition of Noah's character is credited in the Midrash with actually saving Noah's life, and the lives of the members of his family. The rabbis imagine that Noah actually did not consider himself worthy of being saved from the flood. He may have built the ark, but he wasn't at all convinced that it was meant for him. But God reassured him of his virtue with these complimentary words. With that encouragement, Noah and his family entered the protective shelter of the

ark, and rode out the devastating flood waters from within.

Another beautiful rabbinic text illustrates the power of compliments. In Pirkei Avot 2:10-11, the great sage Rabbi Yochanan ben Zakkai "used to recount the praise" of his five main disciples...Rabbi Joshua is known for his great kindness, and therefore Rabban Yohanan says 'how happy his mother must have been.' Rabbi Yose is 'pious,' meaning he goes beyond the letter of the law. Rabbi Shimon ben Netanel 'fears sin and distances himself from it' by creating "fences" around the Torah. Rabbi Elazar ben Arach was known for his great intelligence and creativity which made him 'like an ever-increasing fountain.' (Based on the commentary on the Mishnah by Rabbi Dr. Joshua Kulp.) Rabbi Jonathan Sacks wrote that these praises, these compliments that Rabbi Yochanan ben Zakkai offered to his students represent an ancient lesson in leadership. He created disciples not only by being their teacher, but by praising them for their unique and special qualities. That recognition conveyed to these students that their teacher truly saw them, knew them, and recognized them for what they had to offer to the world. We have a phrase for this in Hebrew...it is called *ha'karat ha'tov*, which literally means "recognizing the good," but more precisely means expressing gratitude for the goodness one encounters in the world. This goodness doesn't necessarily have to be something so profound. It can be as simple as taking someone aside and mentioning to them that they did a really good job, that you appreciate their hard work, skill, or effort.

I am writing this piece as a tribute to Luca, our Italian guide who became farklept from compliments he was unaccustomed to receiving. I hope that we can all work on cultivating a habit of complimenting people. Not gratuitously, or insincerely; not to 'get on their good side' or for other ulterior motives. Compliment people when they do something especially well, or when you observe them being kind or going out of their way for someone else. A compliment helps people recognize their own intrinsic value, and encourages them to continue to share their talents and kindness with others. Compliments also help people feel joyful, reassured, and confident. Let's all try to compliment more than kvetch!

I look forward to seeing you all when I return from my sabbatical in September, and of course to welcoming a new year together.

With heartfelt blessings,

A handwritten signature in black ink that reads "Adam Raskin".

Rabbi Adam Raskin

FROM RABBI SIMMONS

I'm writing this in the depths of summer, in 90+ degree weather and humidity, on a day when the air feels heavy and warm and the whole world seems to be moving slowly and sleepily. Days like this seem to last forever.

But I know that before we know it, the first fresh breeze of fall will be here, beginning as a surprise and then growing more insistent: blowing through the trees, bringing cooling relief, carrying the first brown leaves down to the ground, and ushering in autumn and the hustle and bustle of holidays, a new school year, and a mountain of newness, growth, and change.

I always have to remind myself that sometimes change can seem scary or overwhelming, and that that's OK.

In fact, I've learned that change can sometimes contain hidden opportunities to tweak our practices, our habits, and our outlook in a way that leads to having more balanced and peaceful lives. Change can encourage us to reflect on who we were, who we are now, and who we hope to become.

As individuals, change can also give us the opportunity to let go of things we have been carrying that perhaps haven't been serving us well, and to open ourselves to a new chapter of life and its lessons.

As a congregation, this is also a time of change. And while on the one hand, we can know intellectually that we will all come out on the other side intact, feeling and believing that this is true will take time, community, and faith.

This congregation has been through a lot over the years: changes in leadership, modifications and additions to the physical building and grounds, innovations in service structure and the introduction of new melodies, modifications in programming and access, growth in the ECC and religious school, and so much more. In fact, I would be surprised to learn about aspects of Har Shalom that have remained unchanged over the many decades since its inception. This is not a weakness: to the contrary, this congregation's ability to pivot and respond as the world around us and in our own lives shifts is one of its greatest strengths.

And yet, change still shakes us.

In the first book of Malachim, the book of Kings, the prophet Elijah is hiding in the mountains and fears for his life. Scripture tells us: "There was a great and mighty wind, splitting mountains and shattering rocks by God's power; but God was not in the wind. After the wind—an earthquake; but God was not in the earthquake. After the earthquake—a fire; but God was not in the fire. And after the fire—a still, small voice." (1 Kings 19: 11-12) It is in that still, small voice that God speaks to Elijah, first gently, and then providing him with guidance, courage, and direction.



Rachel Simmons

Rabbi

301-299-7087 ext. 1

rabbisimmons@harshalom.org

I believe that each of us has that still, small voice speaking within us: our own personal moral compass, guiding us and encouraging us towards what we know in our hearts is who and how we want to be. It's been deeply rewarding for me personally to think about which values I hold most dear, which values help me make tough decisions, and which values I want to transmit to others. I encourage all of you to do the same.

As a community, too, I would encourage us to turn to our core values to guide us during times of change. If change feels like a metaphorical wind, or earthquake, or fire, we can always fall back on each other: on the support we have found here at Har Shalom, on the families and friends we have made, on the traditions we celebrate together, on the memories of loved ones we honor, and on the next generation of Jewish leaders and learners we are raising in our ECC, in HSRS, in Tichon, and in Confirmation.

We are in this together, and we will continue to thrive. We just have to head into this season of change with gratitude for the past, patience for the present, and hope for the future.

And, we have to keep an ear out for that still, small voice.

Always,

Rabbi Rachel Simmons

ELUL: INTROSPECTION AND REFLECTION

Join Rabbi Simmons as we head into the High Holy Days for a text study and activity around these important topics.

Register: www.HarShalom.org/RRSelul

**THURSDAY, SEPT. 7
8:00PM AT HAR SHALOM**



FROM THE HAZZAN



Henrique Ozur Bass
Hazzan

301-299-7087 ext. 1
hozurbass@harshalom.org

This year will be my last time serving Congregation Har Shalom for the Yamim Noraim. Since 1996, I have led services in three different high school auditoriums, a movie theater, a social hall, and two sanctuaries; with a full choir, with small ensembles, and solo; with 10 different Rabbis; online, and in person. I consider it a great honor to have participated in creating a spiritual experience for you, and to have worshipped alongside you. I was privileged to have trained service leaders, shofar sounders, Torah and Haftarah readers to help enhance your prayers. I reflect on our 28th High Holy Days together with nostalgia, hope, and a bit of pride. Mostly, I reflect on the way I have grown over these 27 years through our experience together.

Fresh out of the Jewish Theological Seminary's Cantors Institute, I thought I understood prayer. I was on a journey, yet, at the time, still in my late 20s, I did not know it. Having spent my formative years involved in synagogue and Jewish communal life, I thought I understood a community. Har Shalom taught me much more than all the melodies I learned from Rabbi Cahan and Cantor Chizever. I was blessed to participate in leadership initiatives that changed the way I think about worship, such as Synagogue 2000. Being included in development works such as the capital campaign to build the Burke Sanctuary also changed the way I looked at our community. Being present with your families through multiple generations of life cycle events, britot, baby namings, Bar/Bat/Brit-Mitzvahs, weddings, and funerals, helped me better understand the power of ritual to bind families and communities together. Working within the Early Childhood program, the Bar/Bat/Brit-Mitzvah program, and the Religious School as I was raising my own children taught me about children's capacity for love, resilience, and joy. My children grew up climbing on the bimah and receiving love from all of you, and my family is forever connected to this place and this congregation.

The Har Shalom community has been instrumental in changing me and I thank you.

Towards that growth and change, Har Shalom supported and encouraged me in my continuing education. I attended the first cohort for Cantors at the Institute for Jewish Spirituality and became a chaplain through 4 units of CPE. I have become more aware of myself as a spiritual person because of your support and encouragement and I approach community building and prayer from the point of view of creating connections.

The formal process of Teshuva requires that the confession and apology be specific and personal. An article in a



synagogue newsletter is not conducive to such an apology; nevertheless, I recognize that I have made mistakes and, over the years, I have hurt some of you. I would like the opportunity to perform the mitzvah of Teshuva: please allow me to apologize unconditionally to you in person. As I prepare to move away from Har Shalom, it would mean so much to me to resolve issues with those of you who feel hurt by my words or actions. Please let me know, in person, over the phone or email, how I can reach out to you. I promise I will not use these face-to-face meetings to defend myself, only to hear, validate, acknowledge you, and apologize. While I can't imagine all the mistakes and hurts I might have inflicted, here is a list of some I know I did.

I'm sorry for when I thought it was more important for me to be right than to contribute to the health of our relationship; I'm sorry for when I was not able to see the obstacles in front of you, and for placing more obstacles in your way; I'm sorry for introducing melodies into the services that you might not have liked, and for insisting on those melodies; I'm sorry for not reaching out to you when you were in pain, sad, grieving or mourning; I'm sorry for when I did not remember your name or important issues you were facing in your life. I hope that you will give me the opportunity to hear from you and allow me to repair the discomfort and pain I have caused.

As I continue to move forward, I bless you with paths of pleasantness. I pray that Har Shalom continues to be a caring congregation, and that you listen to each other and bless each other. A community has the power to enrich its collective beyond the individual characters and personalities, which is why I am certain Har Shalom will thrive.

Thank you for everything. L'Shanah Tovah.

Henrique Ozur Bass

FROM THE PRESIDENT



Aimee Segal
President

president@harshalom.org

Finding Balance Can be a Blessing for our Community in 5784

Shalom Bayit, or peace in the home, is often used to describe the ideal emotional state within a family, marriage or relationship. It captures the delicate balance of harmony achieved through compassion and compromise — and everyone has a stake in fostering and nurturing this peace.

Shalem - from the same Hebrew root as Shalom - translates to whole, complete or safe. Similar to Shalom Bayit, the phrase Bayit Shalem, a complete or whole home, means that a dwelling or house is a well-maintained and safe physical space.

Like me, you probably strive to bring both emotional peace to your home and life, while also juggling the tasks that keep your physical household and family running. Achieving both Shalom Bayit and a Bayit Shalem can be a balancing act, and success is neither easy nor guaranteed. It takes vigilance, commitment, and a willingness to learn and evolve based on the needs of the moment.

Within Har Shalom, we all have a role to play in fostering a peaceful environment and caring for the physical wholeness of our community. Attending minyan, volunteering for a leadership position, joining a committee, or making a donation to our shul, all contribute to helping Congregation Har Shalom be a friendly, supportive Congregation within a well-maintained, secure home.

Realizing Shalom Bayit and Bayit Shalem is also a priority for the Board of Directors through learning and conversation. Since June, past leaders like Debbie Schapiro, Jeff Rubin, and Toby Holtzman have shared their wisdom during our monthly meetings — emphasizing the value of building relationships and trust by listening to each other to find peace and reaching out to members individually to ensure that we understand their perspectives and needs. We are also planning a series of leadership-development classes for current and future Board Members as an investment in our community's future growth.

Our Board is also working alongside Har Shalom staff to foster Shalom Bayit and Bayit Shalem through holistic programming aimed to meet the needs of members at every stage of life while also planning for a range of vital capital projects our aging building needs in the coming years.

The values of Shalom Bayit and having a Bayit Shalem are of paramount importance for our continued growth as a community. We must continually re-dedicate ourselves to sustaining this balance — in which we're both enriching lives with vibrant programs and services while reinforcing our physical spaces - from the facade to the playground fencing, from the roof to the kitchen.

Supporting a safe and welcoming space requires constant care, attention and new resources — and all of us can contribute. Are there unique ways you can foster Shalom Bayit or Bayit Shalem at Har Shalom? In the coming months, I look forward to sharing updates on our progress and where we will need your help.

As you welcome 5784 — along with good health and a sweet new year — I wish for Shalom Bayit for your families and a Bayit Shalem for our shared spiritual home.

Aimee

Aimee Segal

**BACK TO
SHUL BBQ**

Sunday, Sept. 10 at 12:00PM
Har Shalom Parking Lot

Join us for lunch, music, and activities
as we kickoff another great year with
our Har Shalom family and friends!

REGISTER:
www.HarShalom.org/BTS-BBQ

HELP US, HELP YOU!

How do **YOU** prefer to receive the Tablet: a hard copy in the mail, or a digital version?

Help us save on postage and supplies by indicating you want to **Go Digital** or opt-in to a mailed Tablet!

Complete the form at
www.HarShalom.org/TabletMailing

HAR SHALOM SHABBAT GABBAI TRAINING

Chaverim,

Recently we have heard a lot of interest from congregants who would like to take on leadership roles during Shabbat morning services. This is wonderful news, and in order to facilitate incorporating new faces and voices, we are collecting the following info:

1. Names of those congregants who already have the skills and would like to occasionally serve as Gabbai Rishon or Sheni during the Torah service on Shabbat morning (standing on either side of the Torah reader and offering corrections/calling people to the Torah, directing choreography around the Torah table/scrolls.)
2. Names of those congregants who have not yet learned how to be Gabbai Rishon or Sheni, but would like to be trained (prerequisites: ability to read Hebrew and knowledge of Torah trope and service flow.)

Please email rabbisimmons@harshalom.org if you are interested and indicate whether you will need to take part in a Gabbai training lesson later this fall in order to serve as Gabbai. Once we have compiled a list and trained new Gabbais, we will work with the Religious Activities Committee after the High Holy Days to implement a rotation of gabbais who can be assigned in advance each week. None of these trainings will take place until after Sukkot.

We are so lucky to have a community where congregants are eager to lead! Thank you for being part of such a vibrant congregation.

Always,
Rabbi Simmons

Kuddos from the Potomac Family Planning Center

Earlier this summer, a group came together as part of the Caham Memorial Weekend of Learning to assemble care packages for the Potomac Family Planning Center. We recently learned that the staff were so excited about giving the care packages to the patients at the center, that they are continuing to distribute a modified version that they can assemble themselves. The Potomac Family Planning Center will be utilizing a generous donation in memory of Dr. George Tiller, an abortion provider who was murdered 14 years ago, to keep this program going. They are so grateful for Har Shalom's support and are confident Dr. Tiller would be pleased with this wonderful program we have helped them start. Thanks again to everyone who contributed and helped!

Keep an eye out for more hands-on

Tikkun Olam opportunities this Fall!



HIGH HOLY DAYS & SUKKOT WITH HAR SHALOM

High Holy Days 5784

MARK YOUR CALENDAR

September 15: Erev Rosh Hashanah

September 16 - 17: Rosh Hashanah

September 24: Kol Nidre

September 25: Yom Kippur

www.HarShalom.org/HHD5784



ELUL: INTROSPECTION AND REFLECTION

Join Rabbi Simmons as we head into the High Holy Days for a text study and activity around these important topics.

Register: www.HarShalom.org/RRSelul

THURSDAY, SEPT. 7 AT 8:00PM



Selichot with Har Shalom

**SATURDAY, SEPTEMBER 9
7:45 PM AT HAR SHALOM**

Join us to socialize followed by Havdalah and Service including teachings, poetry, music, and prayers.

Program in partnership with Temple Beth Ami



GOT CROCS?



Leave your leather at home! The tradition on Yom Kippur is to refrain from wearing leather shoes for the entire 25-hours of the holiday. Leather shoes are a sign of comfort, luxury, and surface issues (literally!) rather than our inner lives and behaviors. A common Yom Kippur replacement for leather shoes are Crocs, the foam based clogs popular among both kids and adults. As a way to promote the mitzvah of not wearing leather shoes on Yom Kippur, anyone who comes to shul wearing Crocs will receive free Har Shalom "jibbitz," a pop-on charm to personalize your Crocs and show off your Har Shalom pride. We look forward to seeing lots of congregants in Crocs on Yom Kippur this year!



You're Invited...

Welcoming the newest members of the Har Shalom community - please join us for a special Sukkot program at the home of Rabbi Adam & Sari Raskin followed by the Har Shalom Sukkah Hop

SUNDAY, OCTOBER 1

3:30PM - 4:00PM

RABBI RASKIN'S SUKKAH

RSVP BY SEPTEMBER 27

WWW.HARSHALOM.ORG/NEWMEMSUKKOT

Mocktails, Cocktails, and Light Refreshments will be served

Har Shalom Sukkot Hop SUNDAY, OCTOBER 1

Locations coming soon!

**Join us throughout the community
for light refreshments and fun with
Har Shalom friends - old and new!**

REGISTER: WWW.HARSHALOM.ORG/SUKKOT5784

PIZZA IN THE HUT TUESDAY, OCT. 3 | 5:30PM

**Families with school-aged children are
invited to join us in the Har Shalom Sukkah
for pizza dinner and a sweet treat.**

**Register by September 27:
www.HarShalom.org/Sukkot5784**

Celebrate Sukkot with our young family community!

**WEDNESDAY, OCTOBER 4
5:00PM AT HAR SHALOM**

*Join us in the Har Shalom Sukkah for dinner,
singing and storytime.*

*Dinner Reservations Required by 9/27 - \$36/family
www.HarShalom.org/ECCSukkot*

MAZEL TOV TO OUR HONOREES!

Sunday, Oct. 8 at 9:30AM

Join us during *Simhat Torah* Services
as we recognize these congregants
who have both contributed in innumerable
ways to the life of our congregation



**HATAN TORAH:
JACK DEMBOWITZ**



**KALLAT BEREISHIT:
MIRIAM GOLDEL**

Simhat Torah with Har Shalom

**Join us for Hakaftot, Dancing
with the Torahs, and Donuts!**

**SATURDAY OCTOBER 7
SUNDAY OCTOBER 8**

Join us for Yom Tov Chaverim on Sunday



Sunflower Bakery

ROSH HASHANAH MENU 2023

Sunflower Bakery is Kosher Pareve under the Rabbinical Council of Greater Washington

Rosh Hashanah begins at sundown Friday, September 15th.

Holiday Menu items are available starting August 28th.

Pickup available at: **Congregation Har Shalom**

11510 Falls Road, Potomac, MD 20854

Thursday, Sept. 14, 12pm-6pm

Rosh Hashanah pre-order DEADLINE is Friday, September 8th at NOON.

(NF) = Nut-Free, (GF) = Gluten-Free*, (V) = Vegan *Please note: Sunflower Bakery is not a gluten-free facility.

Don't forget to order your Challah!



Traditional Challah \$7

NEW! Small Challah \$5.25

Raisin Challah \$7.50

Honey Wheat Challah \$7.50

Almond Challah \$8.50

Sunflower Classics 2023 Rosh Hashanah Menu

Traditional Apple Cake (NF) 8" serves 12, \$16/ea

Moist, apple-filled cake, topped with a mound of caramelized apples

Honey Cake (NF) serves 8, \$9/ea

Light, fragrant, and delicious one-pound loaf

Rolled Sugar Cookies (NF) 24 cookies, \$16/lb

Assorted holiday shapes – shofar, honey pot, apple, Star of David

RH Sugar Cookie Favor Bag (NF) \$2.50/ea

3 cookies in each: 1 honey pot, 1 apple, 1 Star of David

Apricot & Walnut Rugelach \$16/dz

Apricot jam, cinnamon sugar, walnuts, and raisins

NEW! Apple & Cinnamon Cupcakes (V, NF) \$15/dz

Mini apple cupcakes with cream cheese frosting

Pomegranate Pink Fudge Cupcakes (GF, NF) \$15/dz

Mini fudge cupcakes with pomegranate pink buttercream

Royal Iced Cookie (NF) \$4.25/ea

Red apples individually wrapped and sealed

NEW! Honey-Bun Muffins (NF) \$14/4 pack

Cinnamon scented coffee cake muffin with a honey glaze

Honey Cookies (NF) \$12/lb

Chewy center with a crunchy exterior, a traditional holiday treat

NEW! Sticky Toffee Pudding (NF) 7" serves 8, \$20/ea

Dense, moist cake with chopped dates, served with toffee sauce

Upside Down Apple Torte (GF, NF) 9" serves 14, \$28/ea

Caramelized honey crisp apples baked atop a moist, gluten-free cinnamon cake

Apple Crumb Pie (NF, V) 10" serves 10, \$24/ea

Loaded with fresh Granny Smith apples and brown sugar cinnamon crumb topping

Almond Apple Tart 8" serves 10, \$29/ea

Customer favorite! Elegant almond cream-filled tart with a spiral of sliced apples

Choco Pom Tart (GF, NF) 8" serves 10, \$29/ea

Smooth and silky chocolate tart with extraordinary flavor

Rosh Hashanah Holiday Platters

NEW! Rosh Hashanah Breakfast Platter serves 10, \$30
Honey Bun Muffins, Orange Cranberry Scones, Pear Almond Feuilliete

Rosh Hashanah Cookie Platter (NF) serves 10, \$32
Chocolate Chip, Chocolate Crinkle, Honey, and Rolled Sugar Cookies

Rosh Hashanah Cookie and Bar Platter (NF) serves 10, \$35
Chocolate Chip, Chocolate Crinkle, Honey, Rolled Sugar Cookies, Brownies, and Lemon Bars

Selected Sunflower Bakery Menu items Available September 12-15

Chocolate Chip Cookies (NF) \$11/lb

Crinkle Cookies (NF) \$11/lb

Chocolate Brownies (NF) \$10/dz

Lemon Bars (NF) \$9.50/dz

Raspberry Crumb Bars (NF, V) \$11/dz

Combo Mandel \$15/lb

Orange Cranberry Scones \$15/half dz

Pear Almond Feuilliete \$15/5 ea

Almond Chocolate Bundt Cake (GF) \$18/ea

Chocolate Bundt Cake (NF) \$15/ea

Lemon Bundt Cake (NF) \$15/ea



Almond Apple Tart



Rolled Sugar Cookies



Upside Down Apple Torte

Sunflower Bakery
Caring is our main ingredient



Sunflower Bakery

5951 Halpine Road

Rockville, MD 20851

240-361-3698

Café Sunflower

6101 Executive Blvd.,

N. Bethesda, MD 20852

301-321-3280

Sunflower Bakery is a 501(c)(3) nonprofit organization

To see our full holiday menu and place your order, visit sunflowerbakery.org
Questions? Call us at 240-361-3698 or email info@sunflowerbakery.org

CELEBRATING HAZZAN OZUR BASS' 27 YEARS OF SERVICE



Please mark your calendar
for Sunday, October 22,
and plan to spend the day
celebrating with us!

9:00 AM | Morning Minyan

10:00 AM | Tikkun Olam

4:00 PM | BBQ



Learn More & Register: www.HarShalom.org/HazzanTribute

Morning Minyan - Our day of celebration kicks off with an opportunity to support Hazzan Ozur Bass and Congregation Har Shalom in our most sacred morning prayer space. Whether you're a regular attendee or not, please come -- we welcome you!

Tikkun Olam - Let's honor our Hazzan with service projects for both kids and adults which embrace his core values. Projects include: Activity Bags for Ronald McDonald House, Blood Mobile Drive, Care Packages, Letters to Local Healthcare Workers, Magnet Craft Project, Planting (Milkweed & Butterflies), and Zen Corner Meditation. You won't be disappointed!

Celebratory Meal - Come back at 4pm to spend time with fellow congregants enjoying our barbecue bash, playing games, having a drink or two, and listening to signature tunes -- all favorites of the Hazzan. It's time to party!

ACTIONS NEEDED PLEASE:

- We are thrilled to see so many people attending the Hazzan's tribute on 10/22. Please help us get an accurate attendance count for the different activities throughout the day, even if you have RSVP'd on the evite, by going to <https://www.HarShalom.org/HazzanTribute>.
- The Blood Mobile Drive will require advanced sign-up. Be on the lookout for several opportunities to do so!
- Watch your Inbox for an email from NEWLYWORDS about our Congregational Tribute Book to the Hazzan with step-by-step instructions to design your own page(s) for this meaningful gift. You can also visit our Har Shalom website for this information.

SUMMER FUN WITH THE SHERMAN ECC!



**Celebrate Sukkot
with our young
family community!**

**WEDNESDAY, OCTOBER 4
5:00PM AT HAR SHALOM**

*Join us in the Har Shalom Sukkah for dinner,
singing and storytime.*

Dinner Reservations Required by 9/27 - \$36/family
www.HarShalom.org/ECCSukkot






FROM THE YOUTH DEPARTMENT



AJ McCormick
Director of Youth Programming
and Engagement
301-299-7087, ext. 236
aj@harshalom.org

TICHON HAR SHALOM: 8th-9th Grade Class Tuesdays 6:30PM - 8:00 P.M.

I am really excited to start this new adventure and learning structure for our older students. Every month there will be a theme or topic such as homelessness and learning as a Jewish value. Every other week there will be a social event. These events may include a trip, a movie night, or a friendly game show competition. On the other weeks there will be a class with a lesson related to the month's theme. Dinner will be provided.

YOUTH PROGRAMMING: Sundays 12:15PM - 2:25PM

I am working with Rabbi Rachel to help lead a social justice-based program on the second Sunday of the month. We will have service-based projects to complete based on the monthly themes that are being discussed in the 8th, 9th, and confirmation classes. These events are open to all!

On the third Sunday of the month there also will be a youth event for all ages! Programming may include a magic show, relay race, or arts and crafts project.

Want to stay connected?

I created social media platforms to keep you all up to date with programming and events!
Instagram: @aj.har.shalom | Facebook: Aj Harshalom



SHABBAT CHAVERIM

Shabbat programs for children
1st & 3rd Saturdays @ 10:30 AM

Babies - 4 years
Front of Cahan Sanctuary

K - 2nd Grade
Back of Cahan Sanctuary

3rd - 5th Grades
Chapel

**October 8* and 21
November 4 and 18**

www.HarShalom.org/ShabbatChaverim

**ROCKIN' SHABBAT
WITH HAR SHALOM**

Join us for Young Family Shabbat with Har Shalom (ages 5 and younger) - enjoy a Shabbat sing-a-long and fun with friends, then stay for a delicious dinner directly following the Shabbat Service.

Registration required for dinner portion of the program

Friday, Oct. 27 at 5:15PM

Register and order dinner:
www.HarShalom.org/RockinShabbat




Daytimers Jewish Film Festival

The last time I wrote an article for the Tablet, it was to announce the end of my tenure as Daytimers' film czar after showing 100 films. Well, I tried.

Our first film for the 2023-2024 year will be shown on October 18, 2023. I don't intend to go through the whole 100 again, but I do feel it's only fitting to see where I started in January 2006. Therefore, our first film this year will be the first film of the 100.

Just change "Next Wednesday" to "October 18" and here is my announcement as written 17 years ago.

"Next Wednesday we have a real treat in store for you. We will be showing the heartwarming 2004 documentary film *Watermarks*. Shifting between past and present, it tells the story of the world-renowned women's swim team of the 1930's from the Viennese Jewish sports club, Hakoah. After the 1938 Anschluss, the women found refuge in scattered countries throughout the world. Sixty-five years later, writer/producer/director Yaron Zilberman tracked members down in order to have them reunite in Vienna for a final group swim. But, before then, he met with each woman, who shared her own memories of those fateful years. Although they are all octogenarians, their youthful spirit and vigor shines through. ..."

An additional few years will not alter your delight in this outstanding film.

Bring a pareve or dairy lunch to the Social Hall at Noon. We will, of course, provide beverages and dessert. The program will start at 12:30pm. The film is 97 minutes long, but be prepared to stay a few more minutes to receive information about the rest of this year's films.

See you at the movies,
Marie Kramer



ADULT EDUCATION

For a full list of upcoming Adult Education, visit www.HarShalom.org/Adult-Ed


TALKING ABOUT ISRAEL

MONDAY MORNINGS | 10:30AM - 12:00PM
OCT. 30 | NOV. 27 | DEC. 18

Join Rabbi Raskin in person at Har Shalom for a casual discussion - each drop in session will focus on Israel in the News.



Questions? Email RabbiRaskin@HarShalom.org




Mishna Study: Moed Katan

THURSDAYS @ 9:00 AM
with Rabbi Raskin

In preparation for the Siyum Bekhorim before Pesach, we will study the tractate Moed Katan. The Siyum will take place on Monday, April 22, 2024.

There are no prerequisites; all are welcome and you may join at any date.

www.HarShalom.org/MishnaStudy



Enjoy a taste of Torah from Har Shalom in this week's . . .



TORAH TIDBIT

<https://tinyurl.com/TorahTidbit>



Har Shalom presents . . .

EXPLORING JUDAISM

Thursdays | 8PM | at Har Shalom

→ → →

Join Rabbi Raskin and Rabbi Simmons for an 18-week exploration of the beliefs, calendar, customs, and rituals of Jewish life. This class is appropriate for anyone seeking to review or deepen their knowledge of these themes, or who may never have learned them previously. This class can also serve as preparation for those considering conversion to Judaism.

Learn More & Register:
www.HarShalom.org/ExploringJudaism



Announcing
Our 2023-2024
Kol Yisrael Arevim Zeh Ba'Zeh
Campaign

All the people of Israel are responsible for one another

We strive to make a significant impact through scholarships and programs that benefit students at The Jewish Theological Seminary, Ziegler School of Rabbinic Studies, Schechter Institutes, Seminario Rabinico Latinoamericano and Zacharias Frankel College.

Thanks to the generosity of our donors, we help committed Jewish students become the rabbis, cantors, educators, synagogue administrators, social workers, scholars, researchers and lay leaders of tomorrow.

When you support Torah Fund, you help educate students in New York, Los Angeles, Israel, Latin America and Europe—and you align with those who value learning, knowledge and providing the future generation with relevant skills to fortify the Jewish people.

Visit www.jtsa.edu/torah-fund

This pin highlights the word 'arevim,' responsibility. It corresponds to the theme from the Babylonian Talmud, Shevuot 39a, that all the people of Israel are responsible for one another, and we assume that responsibility through our support of the five Conservative/Masorti institutions of higher education.



MAKE IT A PRIORITY TO GIVE TO TORAH FUND!

TORAH FUND GIVING LEVELS

Keter Kavod \$5,000
Scholarship Patron \$2,500
Patron \$1,200
Associate Patron \$600
Guardian \$300
Benefactor \$180

FOR OUR U.S. SUPPORTERS, go to inspired.jtsa.edu/torahfund
Or send your check to the Torah Fund office.

FOR OUR CANADIAN SUPPORTERS, go to torahfundecards.jtsa.edu/canadian
Make a donation of any amount with the minimum purchase of one ecard.
Or send a check to The Jewish Theological Society, 100 Elder Street, North York, Ontario, M3H 5G7.

The dedicated philanthropy of the Women's League for Conservative Judaism, Torah Fund supports scholarships and programs in the worldwide Conservative/Masorti institutes of higher Jewish learning.

TORAH FUND

3080 Broadway, New York, NY 10027
(212) 678-8876
www.jtsa.edu/torah-fund • torahfund@jtsa.edu

FROM SOCIAL ACTION AND TIKKUN OLAM

Dear Har Shalom Community,

You are the best! Thanks for your contributions throughout the past year. Social Action/Tikkun Olam (SATO) hopes we can continue to rely on your involvement as we enter the new year 5784.

As we begin 5784, Har Shalom is striving to reduce our carbon footprint! We are the first Jewish congregation in Montgomery County to collect food scraps for composting for conversion into green bio-energy.

Did you know the county creates 100,000 TONS of food waste each year, most of which ends up as trash? As a pilot site, Montgomery County provides Har Shalom with composting bins, located throughout the main building and the school, free of charge for 18 months. Please use them appropriately!

Follow posted signage at Kiddush and all Har Shalom events in order to correctly sort waste. Acceptable compostable items are fruits and vegetables; dairy and grain products; fish, eggs, and meat (including bones); spoiled food; uncoated paper plates; and napkins and paper towels. **Let's work together to help Har Shalom go green!**

September/October Collection:

- Non-perishable food items (no glass please) for Manna Food Center and the UpCounty Hub.
- New and gently used kitchen and bath towels for MAKOM, formerly the Jewish Foundation for Group Homes.
- Checks payable to Mazon, A Jewish Response to Hunger (drop in office, donate online, or mail to Mazon, PO Box 6095 Albert Lea, MN 56007). As we reflect and renew during the High Holy Days, Mazon asks that the sound of the shofar be a call to act on behalf of all those who are hungry.

Ongoing Collections and Activities:

KindSoups -- cooking on Zoom! Join from your own kitchen on the 2nd and 4th Sundays of each month, 4-5 pm, for some fun and to create a community of "healthy meal" donors. Or, cook on your own! We cook enough soup to feed our own families PLUS to pack in quart containers to freeze and deliver to the food insecure. Recipes are provided. There are weekly pick ups at Har Shalom, which are delivered to the UpCounty Hub (Germantown) for distribution to families in need in upper Montgomery County. The Hub currently serves over 1,300 families per week through home deliveries and community events.

I Support the Girls accepts new and gently used bras of all sizes and types, new underwear, and feminine hygiene products throughout the year. Donations go to girls and women experiencing homelessness, victims of domestic violence and sex trafficking, and refugees and evacuees affected by natural disasters.

Medical Supplies are always needed and accepted at Har Shalom. Health care supplies and equipment, prescription and non-prescription drugs, bandages, and infant and hygiene products are accepted. Our donations are sent to the below organizations and more:

- The Primary Care Coalition of Montgomery County, which runs 24 clinics for the homeless and uninsured.
- The Colesville Council of Community Congregations, which accepts baby and nursing supplies.
- St. Andrew Ukrainian Church, which accepts medical supplies for shipment to war-ravaged Ukraine.
- The Maryland Department of Aging, which supports in-need and high risk seniors throughout the state and receives supplies and equipment.

Before disposing of medications, prescription or over the counter (open and even expired medications are accepted), or medical equipment, please remember those in need.

JOIN US IN REPAIRING THE WORLD! If you want to volunteer, have questions, or have a future project suggestion, contact msklein424@aol.com.

Don't forget to CHECK HAR SHALOM's WEEKLY EMAILS for updated information on collections, KindSoup details, and special announcements about ways to assist those in need in the local community and beyond.

Thanks for all you do,
Marjorie Klein



FROM THE HESED COMMITTEE

What does HESED mean?

It's a Hebrew word translated as loving kindness.

What is the HESED Committee?

We strive to be a COMMUNITY OF CARING.

Hesed is our committee of volunteers at Har Shalom that focuses on Acts of Loving Kindness. We reach out to our community and support our Har Shalom members in times of convalescing, isolation, ongoing medical treatments, as well as joyous occasions like the arrival of a new baby. The Hesed Committee hopes to help you feel that your Har Shalom family is a COMMUNITY OF CARING. Sometimes you may need loving support, a friendly phone call, or a homemade meal from our community, but other times you may be able to help someone who needs your care.

What does the HESED committee do?

We work collaboratively with Rabbi Raskin, Rabbi Simmons, Hazzan Ozur Bass, staff and congregants to identify a person in need of Hesed. We are a phone squad of callers checking in on someone recovering from a surgery or illness to see how they are feeling, if they need a grocery pick up or meal.

Hesed Committee has been preparing and delivering homecooked meals and setting up Mealtrains for individuals and families convalescing after surgery, ongoing prolonged medical treatments, and after the birth of a newborn.

We send personal handwritten notes to congregants to remind them we care during the period of mourning after the death of a loved one.

How can I be a part of this COMMUNITY OF CARING?

If you hear of a Har Shalom member who you think is in need of caring support, please email Hesed Committee: Hesed@HarShalom.org or call Aaron in the clergy office.

If you have time to make a few phone calls, write some handwritten cards, or cook a meal or sweet treat for a member, or make a delivery to a member our our Har Shalom family, please contact us!

We are eager for new members and ideas of how we can truly be a COMMUNITY OF CARING!

SHARING IS CARING!




Join the Hesed Committee
in supporting members
of our community
by providing a meal
through MealTrain
or SignUp Genius.

For more information
and to sign-up visit:

www.HarShalom.org/hesedMT

Thank you in advance for your help and support!
As always, if you or anyone you know is in need,
please email hesed@harshalom.org
so we can reach out and offer support.



**CONSIDER A DONATION
TO HAR SHALOM
IN HONOR OF YOUR SIMHA!**

**Use the online donation form
for a seamless process!**

www.HarShalom.org/donate



CEMETERY PLOTS FOR SALE!

Garden of Remembrance
in Clarksburg, MD: \$2700 each

Judean Gardens
in Olney, MD: \$3000 each

Mt. Lebanon
in Adelphi, MD: \$1200 each *NEW PRICE*

Contact Joanna Rubin at jrubin@harshalom.org
for more information or to make a purchase.

FROM THE MEN'S CLUB

Men's Club speaker series

As we kick off our 2023-24 Brunch Series, we are announcing dates for the year and introducing a new Men's Club Member Appreciation Dinner. One goal of having a Dinner is to introduce new programming options that may appeal to our younger members who may not be available on our traditional Sunday morning times.

Save the dates: October 15, Nov 5 (Dinner), Dec. 3, Feb. 4, Mar. 10, April 7, May 5 and June 2.

We kick off **October 15**: Judi Garrett-- Chief Operating Officer, Jewish Relief Network Ukraine (JRNU). Judi will speak about the work that JRNU has been doing in Ukraine throughout the war as well as their plans for the future. More than a year since the invasion of Ukraine, the people continue to suffer unimaginable losses and trauma. JRNU provides lifesaving support to tens of thousands of men women and children—everything from food and medicine to schools and mental health counseling. JRNU was supporting the people long before the war began, building more than 35 Jewish communities across Ukraine, and they will be there to build them back after the war ends. The long-standing relationships in the communities have allowed JRNU to provide humanitarian aid when others could not, including shipping supplies into Kherson from across the border in Russia when the city was cut off from Ukraine.

Judi Garrett has been leading organizations that help people for more than 30 years, first as a senior executive at the Department of Justice and now as the Chief Operating Officer of the Jewish Relief Network Ukraine. Judi spent several of her childhood years in Israel where she learned Hebrew and developed a deep love for the country and its people. She has a law degree from Washington University in St. Louis and a bachelor's degree from the University of Wisconsin-Madison.

HAR SHALOM

Men's Club Brunch

Judi Garrett
CEO, Jewish Relief Network Ukraine

Judi will speak about the work that JRNU has been doing in Ukraine throughout the war as well as their plans for the future. JRNU provides lifesaving support to tens of thousands of men women and children—everything from food and medicine to schools and mental health counseling.

Visit CHS web/Events for updates. This is a free, **in-person brunch**.

Sunday,
Oct. 15
Brunch 9:30 am
Speaker 10:00 am



HAR SHALOM

Men's Club Dinner*

Joseph Sassoon, PhD.
Georgetown Professor & Author


Dr. Sassoon teaches at St. Anthony's in Oxford and at Georgetown where he holds the al-Sabah Chair in Politics and Political Economy of the Arab World, in the Center for Contemporary Arab Studies. He is the author of five books with his research focused on political, economic history, Iraq, Iraqi refugees, and authoritarianism.

His most recent book is *The Sassoons: The Great Global Merchants and the Making of an Empire*, was published in 2022.

* Our First Annual Men's Club Membership Appreciation Dinner is FREE for paid up 2023-24 Men's Club Members. Spouses and Guests are not free. Everyone **must RSVP** in advance to assure we have places and meals.

RSVP to www.harshalom.org/MCDinner by Wednesday, Oct. 25th
Visit CHS web/Events for updates.

Sunday,
Nov. 5
Dinner 6:00 pm
Paul Social Hall



November 5: Membership Appreciation Dinner*

Joseph Sassoon-- Professor of History and Political Economy at Georgetown's Center for Contemporary Arab Studies and holds the al-Sabah Chair in Politics and Political Economy of the Arab World. He is also a Senior Associate Member at St Antony's College, Oxford. Professor Sassoon, whose research focuses on political economy, economic history, Iraq, Iraqi refugees, and authoritarianism, has published extensively and is the author of five books.

His most recent book, *The Sassoons: The Great Global Merchants and the Making of an Empire*, was published in the United States by Pantheon Books (2022) and in the UK. This book will be the prime focus of his presentation.

His prior books include *Economic Policy in Iraq 1932-1950* (Routledge, 1988); *The Iraqi Refugees: The New Crisis in the Middle East* (London, I.B. Tauris, 2009), which offers a comprehensive study of the Iraqi refugees and the impact of their displacement on their home and host countries after the 2003 invasion; *Saddam Hussein's Ba'th Party: Inside an Authoritarian Regime* (Cambridge University Press, 2012), which won the prestigious British-Kuwait Prize for the best book on the Middle East; and *Anatomy of Authoritarianism in the Arab Republics* (New York: Cambridge University, 2016).

Rather than a Brunch our first Annual Men's Club Membership Appreciation *Dinner* will be at 6PM in the Paul Family Social Hall. Advance Registration is required to ensure sufficient food and seating is available. Men's Club members are free, and spouses/guests will be for a nominal cost per person. RSVP is required for members and guests. Reservations and additional details will be available on the CHS website as we get closer to the event.

December 3: Andrew Friedson -- Vice Chair Montgomery County Council and Har Shalom Member. Mr. Friedson will discuss recent Council activities and in particular, actions to address antisemitism in the County.

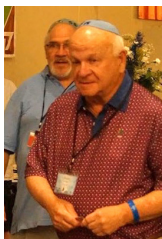
February 4: Tentative -- Editor or Reporter from Politico to discuss Republican and Democratic Primary Elections

March 10: Ken Gross -- Ethics Attorney, Atkins-Gump. Ken is a leading authority on political law with over three decades of experience advising on campaign law compliance, gift and gratuity rules, lobby registration provisions, securities laws regulating political activity and municipal securities transactions. He will discuss current ethical issues with particular emphasis on the Supreme Court.

News from the Har Shalom Men's Club Convention Attendees

Close to 400 Men's Club members and their wives, from around the country and Canada, attended the 2023 Federation of Jewish Men's Clubs Biennial Convention at the Marriott Hotel in Philadelphia this past June 29 – July 2. **Vic Cohen, Hal Freed, and Richard Sternberg** represented the Har Shalom Men's Club. Our attendees are all past club presidents and Seaboard Regional officers. Hal was chairman on the convention events committee, responsible for much of the success and enjoyment by all.

Attendees came together to learn, pray, renew friendships, and have fun, with the objective of bringing back ideas to benefit their clubs. Many honors and awards were given out. Our Har Shalom Men's Club received a **Quality Club Award** given to only the top clubs who meet criteria exhibiting excellence in club operation.



Keynote speakers addressed Antisemitism in the secular space and on campuses, Israel, leadership, and Inclusion. A multitude of sessions addressed a wide selection of topics, including, Jews in Sports, Yiddish, Genealogy, Mental Health, and the Abayudaya Jewish Community of Uganda.

In summary, Hal said "ruach ruled as we learned and mingled with each other during the convention".

We look forward to the next convention already being planned for summer 2025, in Chicago.



Men's Club Builds Har Shalom Sukkah

This year the Sukkah will be built outside the social hall. Given the High Holy Days fall on weekends this year, Men's Club will be working on Sunday, September 10 following the Back to Shul BBQ and putting the walls up on Tuesday afternoon, September 26. Men's Club will also be grilling for the BBQ.

The late afternoon of the 10th and on the 26th is when we need the most help. We especially encourage our newer younger members to come and help. We need a minimum of about 14 men at various times just for the sukkah building. Volunteers need to be at least 16 and able bodied enough to work on step ladders. This community building activity involves doing final assembly, moving large pipe structure sections, hanging tarps, stringing electrical lighting cords, placing overhead s'chach supports and mat rolls, etc. (everything else).

Please bring masks, safety glasses, a stepladder, and work gloves if you have them. You can use the link below to reserve a slot or come during these listed times if you are not able to sign-up in advance. This is a great place to meet and get involved with your Men's Club. Reach out to Moshe Cohen with any questions: moshe.b.cohen@gmail.com or 240-888-2530.

Please use this Sign-up Genius to help us plan: www.harshalom.org/MCSukkahBuild

- Sort materials - 3 people Sept. 10, 10am until BBQ
- Sukkah frame - 5 people, Sept. 10, 3pm until built
- Finish the sukkah - 6 people, Sept. 26, 4pm until done

Men's Club Home Sukkah Kits

For over 10 years the Men's Club at Har Shalom has built and offered Sukkah Kits for congregants and their families. Now you too, can perform the mitzvah of building and dwelling in your own home Sukkah. Our kits are easy to assemble and store. The Sukkah is 8' x 10' x 7' high and the very affordable price is just \$389. The kit includes precut PVC tubing, all fittings and tarps with reinforced grommets. Just add fresh s'chach and decorate each year, with your family.



Order kits for yourself or as a gift for others. Place your order before the firm **deadline of Sept. 5** and have it in time for Sukkot this year. Order pick-up is between 9-10am on Sunday, September 24th behind the Synagogue. More information and kit ordering is available from the Har Shalom website link www.harshalom.org/mcsukkahkits

At the web page scroll down and click on the small ad for a one-page PDF flyer.

CATCH UP WITH THE SISTERHOOD

Seven Har Shalom sisters had the pleasure to travel to Shaumburg, IL in July to attend the Women's League for Conservative Judaism's Convention. It was the first convention held in person since before the pandemic and the energy in the room was amazing! Susan Grant, Susan Rabkin, Phyllis Magram, Toby B. Holtzman, Ellen Kaner Bresnick, Hanna Lee Pomerantz and I had a wonderful time together. We enjoyed meeting people in person and learning about what WLCJ does on the regional, national and international levels.

Yashar Kochech to Toby B. Holtzman for being installed as an International Vice-President. We are so proud of her!

Here are some thoughts shared after our return:

"It was so worthwhile to attend the Convention, especially as a first timer. It was so important to put into perspective the relationship between our Har Shalom Sisterhood and Women's League for Conservative Judaism (WLCJ), and then WLCJ and the global Masorti Movement. It was special to be among so many passionate leaders from so many different communities."

"I got out of this experience several things. WLCJ supports so many worthy causes around the world. Having seen its support of a maternity center in Uganda and helping refugees in Ukraine made a deep impact on me."

Our Sisterhood offered a stipend for everyone who attended. This was a very special and helpful gesture that many years of financial planning from our Steering Committees allowed to happen!

Sisterhood is looking forward to running Bingo at the Back to Shul event on September 10th. Come join in all the fun that day will offer as we all reconnect after the summer.

I wish everyone a Shana Tovah. May this year bring joy, health and meaningful moments to you and your families.

Beth Ann Katz
Sisterhood President

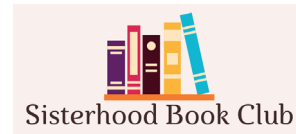


Sunshine Committee

IF YOU KNOW OF A SISTERHOOD MEMBER WHO IS ILL OR SOME FAMILY MEMBER WHO HAS PASSED AWAY, PLEASE EMAIL OR CALL LOIS FORSTER SO SHE CAN SEND, ON BEHALF OF SISTERHOOD, A GET WELL GREETING OR A SYMPATHY CARD.

ALSO, IF YOU KNOW OF A SIMCHA IN A MEMBER'S LIFE, SUCH AS A BABY, ENGAGEMENT, WEDDING, AWARD, ETC., PLEASE CONTACT LOIS FORSTER SO SHE CAN SEND OUT A CARD FROM SISTERHOOD.

LOIS FORSTER
301-770- 8668
LOISFORSTER@GMAIL.COM



Please join us on the first Wednesday of each month at 1pm for our Sisterhood Book Club discussions. All members of Sisterhood are welcome.

Email us at sisterhoodbookclub@harshalom.org so we can provide updates and links to our virtual meetings.

September 6 - Mother, Daughter, Traitor Spy By Susan Elia MacNeal

October 4 - Eternal By Dara Horn

November 1 - All the Broken Places By John Boyne

You're Invited...

Sisterhood Paid Up Membership Dinner & Speaker

THURSDAY, OCTOBER 12TH AT 6:00PM
Hors D'oeuvres followed by dinner & program

Barbara Ressin will speak about Hedy Lamarr, the natural beauty, actress and inventor who pioneered the technology behind Wi-Fi, Bluetooth, and GPS.

REGISTER BY MONDAY, OCTOBER 2:
WWW.HARSHALOM.ORG/PAIDUPDINNER

SAVE THE DATE

Torah Fund Event

Enjoy brunch as we come together to support Torah Fund

SUNDAY, NOVEMBER 12

More details to follow

SISTERHOOD MAH JONGG

TUESDAYS AT 1:00PM
AT HAR SHALOM

TO JOIN IN THE FUN EMAIL
SISTERHOODMJ@HARSHALOM.ORG



SISTERHOOD POTLUCK RECAP



A wonderful time was had by all at the Sisterhood Potluck Dinner. The evening was not only entertaining, but inspirational as well. The food was delicious and the camaraderie unstoppable.

Thank you to Toby Holtzman for her energizing installation talk, welcoming the members of our 2023-2024 Sisterhood Steering Committee.

FAMILY NEWS

B'NAI MITZVAH



Sadie Cohen

September 2

Daughter of Moshe & Honey Cohen



Anaya Goldblatt

September 2

Daughter of Emily Block



Faye Kronisch

October 14

Daughter of Nathaniel & Jill Kronisch



Noam Schreiber

October 14

Son of Yoav Schreiber & Leah Liston



Sam Myers

October 28

Son of David & Wendy Myers

MAZAL Tov!

May 15 - July 15

All of our College graduates!

Mark Chen on his election to Council Mazkir!

June & Bob Plotkin on the Bar Mitzvah of their grandson Lani Walder!

Jackie Haynes on her 75th birthday!

Aliza Josephson on her grandson Michael Josephson, graduating cum laude from Christopher Newport University.

Lisa & Bob Koppel on Matt's graduation, summa cum laude, from Georgetown University.

Lisa & Bob Koppel on their 30th wedding anniversary.

The JDS Girls Softball Team and our members Miriam Goldel and Lucy Ginsburg on their 2023 championship!

Our Confirmants on the culmination of their year of learning!

Avi Grant, son of Susan & Darryl Grant, on his graduation from UMD and his MS graduate program acceptance.

Michelle & Leonard Tow, on their granddaughter, Samantha Tow, graduating cum laude from Ohio University and on their granddaughter, Rebecca Tow, graduating from River Hill High School in Clarksville, MD.

Anne Weiss & Joseph Schwartz on the graduations of their grandchildren Daniela Blumstein from the University of Wisconsin-Madison and Benjamin Schwartz, cum laude, from the University of Rochester.

Margie and Owen Ritter on their granddaughter Samantha Ritter graduating from Mt. Hebron High School in Ellicott City, MD and on their granddaughter Shoshana Ritter graduating from Richard Montgomery High School in Rockville, MD.

Joshua Rabinowitz on his graduation from Duke University with degrees in Physics and Electrical & Computer Engineering! Josh will be pursuing a PhD in Quantum Physics from UCLA. Parents are Scott and Diana Rabinowitz.

Noach Solomson, grandson of Fern Solomson and Dr. Ronald Solomson, on his graduation from Yeshiva University- Sy Syms School of Business in Finance and Business Analytics and also an Associate Degree in Torah Studies.

Sonia Amalie Landsman Fort on her Bat Mitzvah in Seattle, WA. Proud grandparents are members Shelah and Sheldon Landsman, parents are Sarah Fort and David Landsman, and big brother Zev.

Barry Wertlieb on his 81st birthday.

Scott Wertlieb, coach of the JDS boys volleyball team, on winning the PVAC Championship.

Judy and Michael Mael happily announce the birth of their second grandchild (May 30), Evan Reese Lieberman and to big sister Clara, grandmother, Elizabeth Wagner, and great-grandmother, Phyllis Mael.

Shira Helene Pomerantz on graduating Summa Cum Laude, Phi Beta Kappa and Delta Omega Honor Societies, from Tulane University. Proud grandmother is member Hanna Lee Pomerantz and parents are Stephen and Leslie Pomerantz.

Abigail Sophie born on June 3rd. Proud parents are Jen and Yaacov Goldberg, and big brother is Jordan.

Har Shalom's Board of Directors on their Installation.

The Segal Family on Sam's graduation from St. Andrews.

Sherman Early Childhood Center Ariot class on their Siyum.

MJ and Ira Sherman on the birth of their new grandson on May 20, Max Jacob Sherman. Proud parents are Daniel Sherman and Erica Rosenfeld.

Jeff Cohen on his 80th birthday.

Landon Warner on graduating with high distinction and a double major from Emory University. Proud grandparents are members Meryl and Jeff Cohen and parents are Nessa and Greeg Warner. Landon will be working for JP Morgan in Exotic Derivatives in New York City.

Our fabulous fifth graders on their promotion from elementary school. Middle school, here we come!

Hazzan Henrique Ozur Bass on his acceptance into the CPE (Clinical Pastoral Education) at MedStar Georgetown University Hospital. The Fall Extended unit starts in mid-September and ends in mid-April. It consists of one full day of studies and additional clinical duties weekly.

Laurie & Hal Freed are happy to announce the bar mitzvah of their grandson, Zachary Ryan Auerbach.

John Friedson and Larry Haas on becoming JCRC Board Members!

Judd Kessler & Carol Farris on the birth of their identical twin grandnieces!

Mollybeth Rushfield in honor of her birthday!

Josh Olds in honor of his birthday!

Rori Malech on her son, Benjamin Malech, graduating, magna cum laude, from Tulane University.

Brad Sherman on being named to the 7th annual Investopedia 100 list of most influential financials for the 5th year in a row.

Pat & Jeff Rubin on their 45th wedding anniversary.

Har Shalom Sisterhood for earning the Women's League Jewels in the Crown Award.

Toby Holtzman in honor of becoming Vice President for WLCJ International Board.

Ellen Kaner Bresnick in honor of becoming Kehila Co-Chair for WLCJ International Board.

CONDOLENCES:

May 15 - July 15

Dennis & Linda Winson on the passing of their daughter, Beth (Winson) Shatsky.

Rachel Becker on the passing of her Sister-In-Law, Rozzie Brilliant.

Amy Manela on the passing of her Mother, Beatrice Dobkin.

The Isman Family on the passing of our member, Susan Isman.

Marcie Blackman on the passing of her father, Brian Usilaner.

Glenn Faigan on the passing of his mother, Fannie "Faye" Faigan.

Ruth Szykman on the passing of her mother, Marilyn Blumberg, and on the passing of her mother in law, Corradina Szykman.

Katherine Mirchin on the passing of her uncle, John Gilbart.

The family of Stanley Solomon, the second president of Har Shalom.

Marj Klein on the passing of her cousin, Marty Lebson.

Paula Cohen on the passing of her nephew, Danny Handler.

Faye Taxman on the passing of her mother, Bette Taxman.

Neely Horak on the passing of her father, Jonathan Simon Gal-Edd.

Dave Ehrlich on the passing of his mother, Doris Ehrlich.

Albert Binder on the passing of his daughter in law's father, Alan Holtzman.

Donations

May 15 – July 15

Ashin-Zitomer Dor L'Dor Fund

In Memory Of

Ethan Falkowitz

Jeffery & Mikki Ashin

Larry Lessin

Jeffery & Mikki Ashin

B'nai Mitzvah Scholarship Fund

In Honor Of

Samara's Bat Mitzvah

Jonathan Smith and Hilary Belitsky

Building Fund

In Memory Of

Morris Esenstad

Alan Esenstad

Sam A. Threefoot, Jr.

Tracy Threefoot

Community of Caring

In Honor Of

Jackie Haynes 75th Birthday

Barry & Barbara Korb

Margie & Owen Ritter's 60th Anniversary

Carole Sobel

General Operating

David & Barbara Cypes

Mr. Albert Binder

Lisa Koppel

In Honor Of

Aimee Segal

Richard & Linda Isen

Aliyah Received or Passover

Mrs. Elaine Steppa

Margie & Owen Ritter's 60th Anniversary

Robert & Marcia Kerchner

Michael Baron

Richard & Linda Isen

Our 53 Year Anniversary

Jack & Diana Binder

In Memory Of

Beno Edelstain

Eliot & Christiane Sorel

Beth Winson

Mrs. Elaine Steppa

Ellen Baker

Mr. Arden Baker

Herbert Wisotsky

Philip & Shirley Wisotsky

Joseph Cohen

Victor and Marla Cohen

Judith Schuster

Steve & Wende Schuster

Marilyn Blumberg

Mrs. Judy Abrams

Myrtle Moskovitz

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Ray Gilman

Larry & Dawn Fischer

Stanley Solomon

Hanna Lee Pomerantz

Speedy Recovery

Philip Wosotsky

Philip & Shirley Wisotsky

Har Shalom Religious School

In Memory Of

Marilyn Blumberg

Brad & Jillian Bernstein

James & Brenda Schmand

Robert & Rachel Klipper

Stephen & Elisha Lubar

Harvey Forest Fund for Special Projects

In Memory Of

Mark Drucker

Joan Forest

Norman Miller

Joan Forest

Hazzan's Discretionary Fund

In Honor Of

Samara's Bat Mitzvah

Jonathan Smith & Hilary Belitsky

Vic Cohen

Dr. Morris Rosen

In Memory Of

Brian Usilaner
Ruthie Hatzman
Cynthia Parsoff
Hiram & Meryl Bernstein
Irving Parsoff
Hiram & Meryl Bernstein
Sadie Cooper
Melvin & Linda Slan
Steven Ross
Bob Ross

Mazal Tov

Beyla Ozur Bass on her graduation
Scott & Diana Rabinowitz

Hevra Kadisha

In Memory Of

Brian Usilaner
Marcia Witt

Ilene Abrams Gemilut Hasadim

In Appreciation Of

Owen and Margie Ritter
Marcia E. Goggin

In Memory Of

Brian Usilaner
DEE Coplon WEISS

Kiddush Donation

In Honor Of

Jack Dembowitz
Jordan & Marti Soffer
Jacqueline Haynes 75th Birthday
Leonard & Jacqueline Haynes

Men's Club

Mrs. Hanna Lee Pomerantz

In Honor Of

Hal Feed's 80th Birthday
David and Bilha Marcus

Prayer Book Fund

In Honor Of

Laurie and Bob Sunshine's 56th Anniversary
Margie and Owen Ritter

Rabbi Raskin's Discretionary Fund

The Kitt Family
Stuart & Sheila Taylor

In Honor Of

Gwendolyn's baby naming
Mickey Burstein & Robin Kramer
Jack Dembowitz
Byrna & Larry Klur
Jerry Breslow
Dr. Morris Rosen
Samara's Bat Mitzvah
Jonathan Smith & Hilary Belitsky
Wes Kaplow
Cindy Berkowitz

In Memory Of

H. Richard Freidin
Douglas & Rita Lewis

Mazal Tov

Hailey Weiss & Mia Raskin on their graduations
Scott & Diana Rabinowitz
Samara Smith
Yoav Schreiber & Leah Liston

Rabbi Simmons Discretionary Fund

In Honor Of

Margie & Owen Ritter's 60th Anniversary
Michelle & Leonard Tow
Randy and Laurie May
Samara's Bat Mitzvah
Jonathan Smith & Hilary Belitsky
Rabbi Rachel A. Simmons
Glenn Faigen

In Memory Of

Doris Ehrlich
David & Laurie Ehrlich
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Susan Rosenstock & James Midanek

Marilyn Blumberg
Laurie and Randy May

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Jillian Bernstein
Victor Wishna
The New-Schneider Family
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Morah Beth, Morah Mekenzie, and of
Bella Munitz's teachers
Angela Munitz

In Memory Of
Brian Usilaner
Danielle Meyers

Sherman ECC Fund

In Appreciation Of
Beth Hoch and all the wonderful ECC teachers
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Daniel & Erica Sherman for birth of Max Jacob
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Mazal Tov
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Siddur Sim Shalom Fund

In Memory Of
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Elissa R Weisblatt

Mazal Tov
Samara Ruby Smith
Yoav Schreiber & Leah Liston

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Linda Isen
Beth Ann Katz
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In Memory Of
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Marcia Witt
Danny Handler
Becki Segal and Family

World Jewry Fund

In Memory Of
Jonathan Simon Gal-Edd
Jeffrey S Peters

Youth Activities

In Honor Of
Aimee Segal
Robert & Laurie Sunshine
Margie & Owen Ritter's 60th Anniversary
Robert & Laurie Sunshine
Michael Baron
Robert & Laurie Sunshine

In Memory Of
Marilyn Blumberg
Ronald & Donna Oser



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