

INTERFAITH  
THANKSGIVING SERVICE  
& SOCIAL ACTION PROJECT

WEDNESDAY, NOVEMBER 20TH @ 7:30 PM  
AT ST. RAPHAEL CATHOLIC CHURCH  
1513 DUNSTER RD, ROCKVILLE MD



## DOUBLING DOWN ON OUR FUTURE

Save the date for a Casino Night hosted by  
The Sherman Early Childhood Center at Har Shalom

SUNDAY, DECEMBER 15, 2019

Join us for casino games, food and dessert, raffles, and prizes

# Jewish Foundation for Group Homes



**Kay Home Residents Attend Services First Shabbat of the Month!**

From left to right Lloyd Bebchick, Justin Glancz, Darryl Plam, Zeev Gilat. Not Pictued: Amelia Zeck, JFGH aide.

For the past two years, the residents of the Jewish Foundation for Group Homes Kay Home have been joining us for services on the first Shabbat of the month. They, along with their aides, enjoy participating every month. They also stay for kiddush and enjoy interacting with our members. We welcome everyone to participate in the mitzvah of ‘*Hahnasat Orhim*- Welcoming Guests’ into our community. Please take some time to get to know the residents either by sitting with them at services or during kiddush.

Additionally, Har Shalom invites JFGH residents to join us for High Holiday Services, as well as hosting them at our annual Musical. We also invite them to Sisterhood’s New to You Sale. It’s the perfect time of the year to make some new friends, so please make sure to say ‘Hello” the next time you see them.

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# FROM THE *Rabbi*

Dear Friends,

If I could “re-do” any single part of my life, it would absolutely be my college years...but not for the reasons you might expect. While I loved the entire college experience, in retrospect, I rushed through it too quickly. I was the unusual college student who knew exactly what I wanted to major in, and exactly what I wanted to do. I was hyper-focused on my academic and career goals, and I never stopped to consider other routes to the same destination. Before I even graduated, I was taking the Graduate Record Exam at a special Sunday sitting. A Seventh Day Adventist and I sat in the basement of an Orthodox synagogue taking a standardized test that would launch us into the next chapter in our higher education. I moved directly from my college campus in Columbus, OH to New York City, where I enrolled in the Rabbinical School of the Jewish Theological Seminary. If I could have done it over, I might have majored in a different field...now that I know that there was not only one undergraduate major that is relevant to being a rabbi. But more than anything, I would have taken a gap year. I wish I would have slowed down, and gone abroad, between my undergraduate and graduate education. When I started college, almost 30 years ago, very few people went on gap year programs. I don't think I even knew that the option existed. But today, there are numerous opportunities to study abroad, particularly in Israel.

My daughter Mia graduated high school in the Spring of 2019, and, rather than going right to college, is spending a year of study of sacred texts, educational travel, and internships in Israel. She is living in an apartment in Jerusalem, shopping at the shuk, interacting on a daily basis with Israeli culture and society. She is also learning about Judaism on her own terms, rather than according to a graded curriculum in her day school. And she is loving every minute of it! When she told me that one of the schools she is considering for undergrad would give her credit for her year in Israel, thus reducing her undergraduate study to three years instead of four, my initial reaction was “What’s the rush?!” Our kids are going to work for most of their adult lives. One additional year of learning and personal growth...either before college, before graduate school, etc. can only serve to enrich their lives.



**Adam J. Raskin**  
*Rabbi*

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When we dropped off Mia at Newark Airport, the departure hall was teeming with hundreds of kids embarking on year-in-Israel programs. The diversity and breadth of programs is staggering... from traditional yeshiva/seminary programs like Mia's, to programs connected to Israeli universities and cultural institutions, to service projects, to teaching English, and the list goes on and on (check out options at [www.masaisrael.org](http://www.masaisrael.org)). The Conservative movement runs a remarkable program called Nativ, where high school graduates live and study in Jerusalem (choosing from the Conservative Yeshiva, Hebrew University, or Ulpan/Community Service). The second semester involves intensive volunteering in small Israeli communities in a variety of social services. All the while participants learn and grow Jewishly, and develop deep connections with Israel.

Among the greatest advantages of a gap year in Israel is the opportunity for soon to be college students to enter their campuses with a stronger Jewish identity, and a deeper awareness of the realities of the State of Israel. Not only will they be stronger advocates for Israel on campus, they will be equipped to make meaningful Jewish choices in college. Hopefully this will lead to a lifetime of Jewish commitment and leadership. It's not too late to start thinking about gap year programs. If you have a high school junior or senior at home (or if you know one), please tell them about the Gap Year Fair Tour on November 13<sup>th</sup> from 6:30-8:30 PM at the JDS Upper School Campus. A number of programs will have representatives there, and there will even be a raffle for a free ticket to Israel! If you have any questions, please speak to Yael or to me any time.

With heartfelt blessings,

A handwritten signature in black ink that reads "Adam J. Raskin".

Rabbi Raskin

# INTERFAITH THANKSGIVING SERVICE & SOCIAL ACTION PROJECT



## Interfaith Thanksgiving Service

The 4th Annual Potomac-Area Interfaith Communities Thanksgiving Service will be held at  
**St. Raphael Catholic Church (1513 Dunster Rd, Rockville MD)**  
**Wednesday, November 20 at 7:30 PM**

### In partnership with:

Congregation Har Shalom  
 Islamic Community Center of Potomac  
 St. Raphael Catholic Church  
 Potomac Presbyterian Church  
 Saints Peter & Paul Antiochian Orthodox Church  
 St. James Episcopal Church  
 Baha'i Community of Potomac  
 B'nai Tzedek Congregation  
 The Church of Jesus Christ of Latter-day Saints, Potomac + Bethesda Wards  
 Krishna Temple, Potomac  
 St. Francis Episcopal Church  
 Cedar Lane Unitarian Universalist Church  
 German Lutheran Church of Washington DC



# FROM THE *President*

It was on one of those frigid and cloudless winter evenings in December a number of years ago, as I drove the empty streets on some errand, that I heard on the radio a folk tune, sung with that distinct Americana twang. I listened with half an ear until it dawned on me that the song's subject was none other than *Hanukkah*, our beloved Festival of Lights.

The song was "The Many and the Few" and its composer was the great folk troubadour Woody Guthrie who, among other things, was responsible for "This Land is Your Land." According to Wikipedia, Guthrie's second wife was Marjorie Greenblatt and her mother, Aliza Greenblatt, was a well-known Yiddish poet, with whom Guthrie established a creative and collaborative relationship. Guthrie found great inspiration in Jewish history and culture and wrote numerous Jewish lyrics (including other songs for *Hanukkah*).

Each stanza of "The Many and the Few" assumes the perspective of the famous characters of the Hannukah story. The fourth from last stanza speaks from the perspective of Jerusalem itself:

My name is Jerusalem where Judah came back  
To build up my Temple once more  
To cut down the weeds and thorny brush  
That grows 'round my windows and doors

For its last three stanzas, the song switches its perspective to that of the Jews themselves:

Whole stones, whole stones, we'll build and pray  
To God as a wholehearted Jew  
God's love the hateful many did place  
In the hands of a God loving few

We found in our temple a little oil jug  
Just enough for the lamps for one night  
That one little jug burned eight whole days  
And it kept our new temple in light

Eight candles we'll burn and a Ninth one too  
Every New Year that comes and goes  
We'll think of the many in the hands of the few  
And thank God we are seeds of the Jews

Understanding your indulgence thus far, I make the following strained, yet heartfelt, comparison, as we enter *Hannukah* season: our Cahan Sanctuary is a rededication not unlike that of our ancestors of the Temple, albeit in a much smaller way. We did not cut down "weeds and thorny brush" but we did put in a new



**Steven Susswein**  
President

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carpet, painted the walls, installed a retractable wall, and purchased handsome and comfortable chairs, which many of us have dedicated to the memory or in honor of a loved one. Go to: [www.harshalom.org/chair](http://www.harshalom.org/chair) to dedicate a chair. In that rededicated sanctuary, we pray as proud "wholehearted Jews" thankful to God for the continued miracle of Jewish life flourishing among the few amidst the many. We did not find a "little oil jug," but we did find community, which allows each one of us to shine more brightly and for longer than we could ever do alone. We should take great pride in our rededication of this sacred space. Stay tuned for information on the upcoming rededication ceremony of the Cahan Sanctuary.

Our rededication of our synagogue is not limited, however, to its physical space. We are full of people at Har Shalom who figuratively move "whole stones" with their dedication to enhancing our communal and spiritual life. For example, there is our newly reinvigorated social action committee that plans during the November/December period to host several community meetings to share information about potential social action and community support activities. Be on the lookout for a flyer and a Shabbat Shalom weekly email for more information, or contact Marj Klein or Stew Remer. Also rekindled are our *hesed* efforts – assuring that we provide each other with the necessary acts of lovingkindness, which are at the core of our mission. Please contact Beth Ann Katz, Craig Ginsburg or Wes Kaplow for more information if you wish to join in this important project.

There are many, many other volunteers among us, but as January approaches, I must acknowledge our singers, actors, musicians, producers and designers who work so hard to organize and perform our yearly musical illuminating the dark winter evenings with joy. Maybe this year they can throw in a little Woody Guthrie? From my family to yours, I wish you a happy and joyous *Hanukkah*!

*Hag Urim Sameah!*

*Steven A. Susswein*  
Steven Susswein

# GIVING AT *Har Shalom*



**Shelley Engel, FSA**  
*Executive Director*

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## to-do list

*noun*

- A list of tasks that need to be completed, typically organized in order of priority.
- A list of things that one wants to get done or that need to get done

The High Holy Days are long gone and we are already planning for next year. During the month of holy days it is almost impossible to get our office work done. I am always keeping a to do list, and it feels like some days I am adding more to the list than I am checking off! Now it's time to get moving on the rest of the list.

We, as a team, are busy working on programming for the upcoming year, including this year's 80's themed Purim celebration, it is 5780! The 2020 Dinner and Silent Auction, the first annual ECC Casino night, the Har Shalom Players rendition of Disney's *The Little Mermaid*, just to name a few.

We are busy thinking of new and innovative ideas for Adult Education; not only are we offering a trip to Israel with Rabbi Raskin, but a chance to go to Morocco with *Hazzan* Ozur Bass.

Membership Programs are always a hit! From Dessert Night Out ( at the home of Jeff and Melanie Shauer at 7:00 PM on November 9<sup>th</sup> ), to a night where we can Sip and Paint (Date TBA)! There is so much more to do, and so much more to add to my list. If you would like to help out in any way please be in touch.

~~I guess I can take writing this article off my list!~~

*Shelley Engel*  
Shelley Engel, FSA



*Thanks to everyone's generosity  
we only have a handful  
of dedications left!*

Members who increase their High Holiday contribution from last year by \$250 can dedicate one of the new sanctuary chairs in the newly refurbished Cahan Sanctuary. This is an opportunity to have a plaque with your family's name emblazoned for generations to come and a way of participating in the completion of the rededication of the Cahan sanctuary in memory of our beloved Rabbi Cahan <sup>z"l</sup>.

If you have not tried out the new chairs, please do. They are a big hit! They are soft and roomy and provide a needed ledge underneath for our *siddurim*, *Humashim* and *tallit* bags.

Please consider this wonderful opportunity to make a lasting imprint on our congregation!



Dedicate a chair today at:  
[www.harshalom.org/chair](http://www.harshalom.org/chair)



# WEEKEND OF *Learning*



## Morris & Lillian Cahan Memorial Weekend of Learning

**January 10: Kabbalat Shabbat at 6:30 PM followed by Dinner + Speaker at 7:30 PM**

**January 11: 9:30 AM Service, sermon by Abby Stein with Q+A during Kiddush at 12:00 PM**

**Evening Time TBD: Abby Stein Discussing her book,**

***Becoming Eve: My Journey from Ultra-Orthodox Rabbi to Transgender Woman***

Abby Stein is a Jewish educator, author, speaker, and activist. She was born and raised in a Hasidic family of rabbinic descent, and is a direct descendent of the Baal Shem Tov, the founder of Hasidic Judaism. Abby attended Yeshiva, completing a rabbinical degree in 2011. In 2012, she left the Hasidic world to explore a self-determined life. In 2015 Abby came out as a woman of trans experience. Since coming out, she has been working to raise support and awareness for trans rights and those leaving Ultra-Orthodoxy.

Her story has been covered in the New York Times, New York Post, Wall Street Journal, New York Magazine, Jewish Daily Forward, Daily Mail, NBC, Vogue, Instyle, and more, as well as live appearances on CNN, Fox News, HuffPost Live, ShowTime, NowThis, PopSugar and internationally. In 2016, Abby was named by The Jewish Week as one of the “36 Under 36” young Jews who are inspiring change in the world. In 2018 she was awarded the Pride Award by the Brooklyn Borough President. She studied gender studies and political science at Columbia University in New York City. Her book *Becoming Eve: My Journey from Ultra-Orthodox Rabbi to Transgender Woman*, will be published by Seal Press (Hachette) in November 2019. Rabbi Raskin met Abby for the first time in Jerusalem this summer and invited her to be our scholar-in-residence in 2020.

Register at: [www.harshlom.org/WOL](http://www.harshlom.org/WOL)

Please join us the weekend of January 10<sup>th</sup> and 11<sup>th</sup>, 2020 for this special event!

# FALL FUN AT THE *Sherman ECC*



**Beth Hoch**  
*Director of Early  
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In order for children to read, they must be developmentally ready. The skills needed aren't found in workbooks or computer programs. There are many factors that influence reading readiness and in this article I want to focus on brain maturation as well as rich experiences found in play! Why play? It is the foundation of learning. Children must be able to cross the mid-line which promotes the coordination and communication of the left and right hemispheres of the brain. They do this by reaching across the middle of the body with their arms and legs. It also involves psychomotor readiness, the development of sensory perceptual skills, muscles becoming strong, flexible and coordinated and then the development of fine motor skills. It's what Bloom's Taxonomy refers to as the "doing" domain of learning.

How do we develop these skills? Though hands-on experiences at home, school, and on the playground such as building, painting, jumping, cooking, digging, climbing, running, cutting, catching a ball, drawing, putting things together and taking them apart. Of course, reading to your child will give them a love of books, help them develop phonemic awareness and help them to be better readers but if they spend so much time on screens and do not move their bodies, they will not have the skills to be readers, even if they have read or listened to 1,000 books online. With the beautiful weather, I encourage you to engage in play with your children and grandchildren to create rich memories and also give them the right foundation for being a reader.

*L'shalom,*

*Beth Hoch*

Beth Hoch









# FROM THE *Religious School*



**Ruth M. Szykman**  
*Director of Education*

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I was thinking about what I would write for this column and decided to ask some of the HSRS students what they thought I should say in this space. The list included (but certainly not limited to!) Unicorns, Pokemon, Captain Underpants and some hard-hitting subjects like “The Quality and Quantity of Snacks” and “Why Don’t These Pencils Have Better Erasers?” All of the above are worthy of serious contemplation, I’m sure you agree. And then a 3rd grader piped in, “You should tell people how we learn here.” That’s a great idea – how do I express the amount of laughter, sharing and learning I see on Tuesdays and Sundays? Not so easy to put into words. Let me offer you some pictures to get a glimpse into our days at HSRS. I’m overwhelmed by the kindness I see in our students, the thoughtful questions they ask and the way we are really solidifying as a community. Because that’s really what it’s all about. What we are learning here is how to be a part of a wonderful Jewish community. And that’s a lesson that will remain with these awesome kids for their whole lives.

Now we’ve come to the part of my column where I remind everyone to come to programs, participate in the Religious School Committee, volunteer to help out and you too will be reminded that you are also part of a wonderful Jewish community.

*Ruth*

Ruth M. Szykman



## HSRS Upcoming Events

**Tuesday, November 15<sup>th</sup>**  
Family Shabbat Dinner

**Thursday, November 17<sup>th</sup>**  
7<sup>th</sup> Grade Bagel Bar

**Saturday, November 19<sup>th</sup>**  
HSRS Parent  
Committee Meeting

**December 22<sup>nd</sup> — 31<sup>st</sup>**  
Winter Break





# FROM OUR *Shlichah*



**Yael Shafrir**  
*Shlichah*

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In the last few months, Israel has experienced something that it has never experienced before — two elections in less than six months. The government was not able to form a coalition, so they were forced to go to the polls again.

Voting was always very important to me, however, in this special second election, it felt it much more imperative to make sure that I went to the Israeli embassy to cast my vote. The elections were so close the first time that it really proved to me how every vote truly counts. After the votes were counted, the difference between the left and the right wings was so close. The leaders of the parties were considering creating a unity government with representation from all parties in the coalition.

The outcomes of the elections were not that different from the last elections, but it did show how diverse and divided the Israeli society currently is, much like the rest of the world. During this special time of the year, after the High Holy Days and before Thanksgiving, I am so grateful to be an Israeli although we have our differences, culturally, politically and socio-economically. I love seeing how everyone can come together during challenging times to care for one other. I am grateful to represent my home and to be the emissary who is privileged to explain the different opinions and beliefs in Israel. I am grateful to be Israeli.

## Upcoming Events:

**Tuesday, November 5th @ 7:00pm** – Taste of Memories

**Tuesday, November 12th @ 6:00pm** – Israeli Movie Festival

**Wednesday, November 13th @ 7:00pm** – Basic Hebrew Class\*

**Tuesday, December 3rd @ 7:00pm** – Taste of Memories

**Wednesday, December 18th @ 7:00pm** – Basic Hebrew Class\*

## Upcoming Youth Events:

**Sunday, November 3rd @ 1:30pm**

*Machar* (off site) Event (3rd-5th Graders)

**Friday, November 15th @ 7:00 pm**

Family Shabbat Dinner (All ages)

**Sunday, December 8th @ 12:15pm**

*Machar Tikkun Olam* (3rd-5th Graders)

**Sunday, December 8th @ 2:00pm**

*Kadima* (off site) Event (6th-8th Graders)

**Saturday, December 14th @ 6:30pm**

Family Ice Skating (All ages)



Israeli cooking with Yael

## Taste of Memories

Join Yael the Shlichah for a cooking class  
in honor of Ronen Hayun z"l  
& make his favorite food - "Borekas"

**Tuesday, November 5th @ 7pm**

Register by November 4th at:  
[www.harshalom.org/TasteOfMemories](http://www.harshalom.org/TasteOfMemories)

For more information contact Yael at:  
yael@harshalom.org

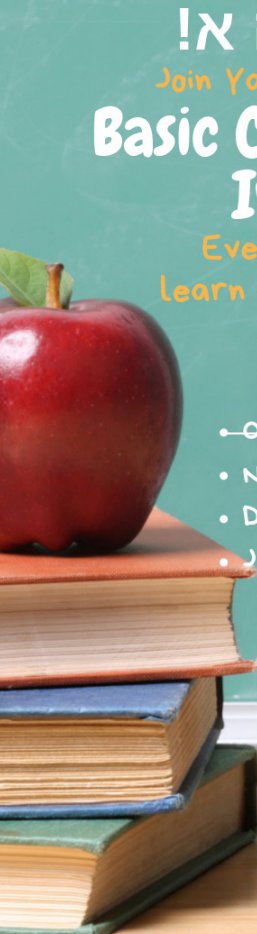
Sponsored by the Adult Education Committee



## SAVE THE DATE!

### ISRAELI MOVIE FESTIVAL

**NOVEMBER 12TH @ 6 PM**



## שלום כיתה א'

Join Yael the Shlichah for...

### Basic Conversational Ivrit Class

Every month we will meet to  
learn Basic conversational Hebrew  
in Congregants' homes

**Wednesdays @ 7 PM**

- ~~October 30th~~
- November 13th
- December 18th
- January 15th
- February 19th
- March 18th
- April 22nd
- May 20th

Please RSVP at  
[www.harshalom.org/HebrewTime](http://www.harshalom.org/HebrewTime)

For more information contact  
Yael at [Yael@harshalom.org](mailto:Yael@harshalom.org)

Sponsored by the Adult Education Committee

# HAR SHALOM *Players*

Har Shalom Player's Present Disney's *The Little Mermaid* on January 25-26, 2020



Join the Har Shalom Players as Disney's *The Little Mermaid*, a musical tale of the unlikely romance between a spirited sea nymph and her land-bound love interest, dances and sings its way throughout the Burke Sanctuary. Based on one of Hans Christian Andersen's most beloved stories and a popular animated film, Disney's *The Little Mermaid* is a hauntingly beautiful tale. You'll follow the trials and tribulations of Ariel, King Triton's youngest daughter, as she pursues romance in the world above with Prince Eric. Throw in an evil sea witch, a helpful flounder, and a cunning crab, and you'll be rooting for a happily-ever-after-ending, while humming familiar tunes.

With music by eight-time Academy Award winner, Alan Menken, lyrics by Howard Ashman and Glenn Slater and a compelling book by Doug Wright, this fishy fable will capture your heart with irresistible songs, such as "Under the Sea," "Kiss the Girl," and "Part of Your World."

A talented cast and crew bring this undersea adventure to life, with an evening show on Saturday, January 25<sup>th</sup> at 8:00 p.m. and a matinee on Sunday, January 26<sup>th</sup> at 4:30 p.m. This year's production is being sponsored by the family and friends of Marsha Schwartz<sup>z</sup><sup>1</sup> and is dedicated to the memory of this beloved and long-time member of Congregation Har Shalom and a shining talent in many past HS Players' shows. The production team for this year's musical is led by Shelly Horn (Director), Paul Rossen (Musical Director), and Ken Lechter and Stew Remer (Producers).

General Admission tickets for Disney's *The Little Mermaid* are \$22 for adults and \$18 for children (12 and under). Chai Patron tickets, which include guaranteed front row seating, a voucher for intermission refreshments, reserved parking, and special recognition in the playbill, are \$180 each. Patron tickets, which include reserved/preferential seating, reserved parking, and special recognition in the playbill, are \$100 for adults and \$36 for children (12 and under).

You can purchase tickets online at [www.harshalom.org/mermaid](http://www.harshalom.org/mermaid).

For information on group sales (15 or more tickets), email [play@harshalom.org](mailto:play@harshalom.org) or call Stew Remer at 301-233-1996. Ticket pick up and check-in begins one hour prior to the show.



The 2020 HS Production of Disney's *The Little Mermaid*  
is dedicated to the memory of Marsha Schwartz<sup>z</sup><sup>1</sup>

Disney's *The Little Mermaid* is the 15th annual production from the Har Shalom Players. Past shows include: *Annie*, *Bye Bye Birdie*, *Damn Yankees*, *Fiddler on the Roof*, *Hello, Dolly!*, *Joseph and the Amazing Technicolor Dreamcoat* (original HSP show, 2006, revival 2017), *The Music Man*, *Oliver!*, *Once Upon A Mattress*, *The Secret Garden*, *Seussical the Musical*, *Shrek The Musical*, and *The Wizard of Oz*. The HS Players' performance of Disney's *The Little Mermaid* is presented through special arrangement with Music Theatre International (MTI).

All authorized performance materials are also supplied by MTI. [www.mtishows.com](http://www.mtishows.com)



# HESED Committee

## Hesed Committee Created and Starting to Plan

Hopefully, you have read President Steve Susswein's September/October Tablet article in which he spoke of the importance of hesed as a vital core value of our congregation. The response to Steve's call was overwhelming and I am happy to report that to realize his vision, we convened our first meeting of the hesed committee in September. With much lively and warm discussion, we decided to focus on five main areas:

1. The creation of a Hesed Phone Team that will actively reach-out to congregants in their times of stress to provide support and identify needs.
2. The creation of a Hesed Meal Team that, in addition to the Shabbat dinners that our Sisterhood, led by coordinator Millie Rumerman, sends to members upon a family loss or illness, will coordinate an ongoing "meal train" based on each congregant's needs.
3. The creation of a Hesed Visit Team that, in coordination with the clergy office, will visit congregants who are home-bound or in the hospital.
4. The creation of a Simcha Team to reach out to families with newborns to assist with their needs and help celebrate their joy with our community.
5. The need to provide additional support to the Hevra Kadisha committee led by its dedicated chair Harvey Karch and the kehillah we serve, before, during, and after a funeral.

It is important to ensure that all contact, care, and comfort afforded to our congregational family is done with utmost compassion and discretion.

This committee is a work in progress, and we are just in the beginning stages of creating the teams. We need your help! If you are interested in getting involved or contributing to our effort, please reach out to Wesley Kaplow at [wesley@kaplow.net](mailto:wesley@kaplow.net). If you hear of anyone in need of hesed, or you or your family needs help, please contact Leslie in the Clergy Office.

Together we can support our congregational family through the highs and lows in their lives and build a stronger Har Shalom.

# LEVENSON *Breakfast*



Alan B. Levenson Breakfast: Ric Edelman

**Sunday, March 22<sup>nd</sup>**

9:00 AM to 12:00 PM  
Paul Family Social Hall

Breakfast with Ric Edelman.  
Rated #1 Independent Financial  
Advisor in the U.S. by Barron's.

Ric Edelman is chairman and co-founder with his wife Jean of Edelman Financial Service. Our speaker is the author of several personal finance books and host of a weekly radio show called "The Edelman Show" and the television show, called "The Truth About Money".

Ric will give us comprehensive educational advice that is entertaining and useful on IRA's, insurance, retirement planning, mortgages, and much more. We are going to learn and have lots of fun so have your questions ready!

Come and enjoy the morning, RSVP to Jessica Railey at 301-299-7087 or register at:

[www.harshalom.org/levensonbreakfast](http://www.harshalom.org/levensonbreakfast)

Please make sure to RSVP by March 17<sup>th</sup>!



**Henrique Ozur Bass**  
*Hazzan*

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hozurbass@harshalom.org



## CONGREGATION HAR SHALOM

## A JOURNEY TO MOROCCO

WITH HAZZAN HENRIQUE OZUR BASS

**June 21-July 2, 2020**

*Morocco*  
**JUST  
GO.**

### A Special Message from Hazzan Ozur Bass:

I'm looking forward to traveling with you to Morocco this coming summer! This will be a unique opportunity for Har Shalom families to visit this exotic place with such a rich Jewish history. Jews have been in Morocco since the destruction of the 2nd Temple. They have suffered persecution at times, and at others were allowed to flourish. One of the first established communities settled in Fes at the time of its foundation in the beginning of the 9th century. Many study centers and academies were founded there, and famous Rabbis, such as Maimonides, lived in Fes for years. We will be visiting Fes and 4 other cities on our trip: Casablanca, Rabat, Marrakesh, and Essaouira. We will see the Jewish sites and explore the beauty of Morocco. I welcome you to go to <https://daattravel.com/> and type Har Shalom in the search box on the upper right hand corner of the screen. Take a moment to study our itinerary. We'll be visiting Jewish Community Centers and museums, as well as Moroccan sites and businesses. We'll be experiencing the bustle of the Medina, and the tradition of the Mellah (the Jewish quarter). We'll be tasting Morocco's rich cuisine, and participating in a cooking class, the product of which will delight our taste buds. Morocco is visually stunning, with a rich and meaningful history, and it takes a lifetime to take it all in. We'll see as much as we can in the 10 days we'll be there. We will be staying in gorgeous hotels, traveling in style in a comfortable coach, and guided by two amazing educators who really know Morocco and the Jewish community there. I can't wait!

I have wanted to visit Morocco for a long time, and I am so excited by the possibility to go now. And I'm even more excited to be sharing this experience with you. Come experience Morocco with me and Janet, from Sunday, June 21<sup>st</sup> to Thursday, July 2<sup>nd</sup>, 2020.



# MEN'S CLUB *Outings*



Pictured above is the Men's Club, after a round of golf (shown on the right). On the far right, is a group photo of some of the men who helped build the Har Shalom Sukkah.



# MEN'S CLUB *Brunch*

Brunches begin at 9:15 AM; Speakers at 10:15 AM



**November 3<sup>rd</sup> — Joel Rubin**

Let's Have a Real Talk about Anti-Semitism

Anti-Semitism is here, in our communities, and it doesn't appear to be fading away. What are the causes of today's anti-Semitism in America? Who's to blame? Does anti-Israel activity like BDS mirror white supremacist activity, or are they different, if so, how? Come hear Joel Rubin, a native Pittsburgher, whose family attends Tree of Life Synagogue (site of the attack in Pittsburgh); a Council Member in the town of Chevy Chase, a contributor to The Washington Jewish Week; and a former Obama Administration State Department official. Joel will talk about the current political debate on anti-Semitism and what it means for the future of the American Jewish community.



**December 8<sup>th</sup> — Steven Pearlstein**

American Capitalism: Is it Sustainable? Is it Moral?

Americans have been told that in order to have a competitive economy, markets must be left largely unregulated and American businesses have to be ruthless profit maximizers. Not so, argues Washington Post Pulitzer-Prize winning economics and business columnist Steven Pearlstein in his new book, "Can American Capitalism Survive?" Market fundamentalism, he says, is based on four fallacies: (1) that greed is good; (2) that what matters is equality of opportunity, not equality of incomes; (3) that what people earn in the marketplace is an objective measure of their economic contribution; and (4) that having a fairer economy will make us all poorer. In his talk, Pearlstein will explain why each is false, and how a more inclusive economy could also be more prosperous.



# KIDDUSH Cup



Over 70 golfers came to play at Worthington Manor Golf Course on Monday, September 16<sup>th</sup>. It was a beautiful day and the golfers enjoyed the challenging course. A big thank you to all of the golfers and sponsors for supporting this event and to chair Jackie Blanken for her dedication in making it such a huge success!

All photos by Freed Photography





# ADULT *Education*



*New Scholars Course!*

## SOCIAL JUSTICE: THE HEART OF JUDAISM IN THEORY AND PRACTICE

*A 10-Week Exploration*

This new Melton Scholars course draws from text and history to explore how social justice work goes beyond addressing short-term needs and looks at structural causes of injustice today. Topics include issues related to poverty, immigration, and environmental degradation. Participants will be encouraged

to identify issues that are particular to their own communities and that they would like to explore in greater depth.

*Facilitators: Rabbi Gary Pokras, Rabbi Adam Raskin, Rabbi Michael Safra and Rabbi Baht Yameem Weiss*

**Thursdays beginning October 31**

9:30 – 11:30 AM

Congregation Har Shalom, 11510 Falls Rd., Potomac, MD 20854

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*The Haberman Institute for Jewish Studies & Congregation Har Shalom Present*

## Justice for All? Ethics from Our Bible

**Presented by Jeremiah Unterman**

*Resident Scholar, Herzl Institute, Jerusalem*

**Wednesday, November 6, 7:30 – 9 PM**

Congregation Har Shalom | 11510 Falls Rd., Potomac, MD 20854



The Hebrew Bible radically changed the course of ethical thought and came to exercise enormous influence on Jewish thought and law while also providing the basis for Christian ethics and the broader development of ethical thought in modern Western civilization.

Join us as Professor Jeremiah Unterman discusses how the ethics of the Hebrew Bible represents a significant moral advance over Ancient Near East cultures. He will elucidate how the Bible's unique conception of ethical monotheism, innovative understanding of covenantal law, and revolutionary messages from the prophets form the foundation of many Western civilization ideals. Discover how these timeless biblical texts connect to the persistent themes of our times: immigration policy, care for the less privileged, and attaining hope for the future despite destruction and exile.

**This program is free and open to the public. Advance registration is requested.**

**[www.HabermanInstitute.org/events](http://www.HabermanInstitute.org/events) | 301.770.4787**

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## Talmud Class with Rabbi Raskin: Tuesday Nights, 8:00 – 9:15 PM

“Talmud from the Edge,” an exploration of Talmudic discussions and ideas for everyone!

No prior knowledge required. Come to one, some, or all!



**November/December Class Dates:**

**11/12:** “When Divine Commands Conflict with Human Dignity”

**11/19:** “Conversion for the Sake of Marriage; Is that Allowed?”

**12/3:** “Forbidden Torah: What May be Written but Not Read”

**12/17:** “Coerced into Keeping the Torah? What Really Happened at Mt. Sinai?”



# NOVEMBER 2019 – TISHREI/KISLEV 5780

Sunday	Monday	Tuesday	Wednesday
<p><i>Please Note:</i></p> <p><i>Times are subject to change.</i></p> <p><i>The times listed on this calendar are accurately as of print date, please check website for updates.</i></p> <p><a href="http://harshalom.org/events">harshalom.org/events</a></p>			
3	4	5	6
<p>9:00 am <i>Shaharit</i></p> <p>9:00 am Religious School</p> <p>9:15 am Men's Club Brunch: Joel Rubin</p> <p>12:30 pm <i>Machar</i> Youth Event</p> <p>6:45 pm HSRS High School</p> <p>7:45 pm <i>Ma'ariv</i></p>	<p>6:45 am <i>Shaharit</i></p> <p>7:45 pm <i>Ma'ariv</i></p> <p>8:00 pm Men's Club Board Meeting</p> <p>8:00 pm Sisterhood Board Meeting</p>	<p>9:30 am Sisterhood Mah Jongg</p> <p>4:30 pm Religious School</p> <p>7:00 pm Cooking with Yael: Taste of Memories</p> <p>7:45 pm <i>Ma'ariv</i></p>	<p>10:15 am Sisterhood Bowling*</p> <p>12:00 pm Sisterhood Daytime Book Club</p> <p>7:00 pm Adult Ed: Justice For All? Ethics from Our Bible</p> <p>7:45 pm <i>Ma'ariv</i></p> <p>8:00 pm <i>B'nai Mitzvah</i> Kick Off</p> <p>Parents Meeting</p>
10	11	12	13
<p>No Religious School</p> <p>9:00 am <i>Shaharit</i></p> <p>7:45 pm <i>Ma'ariv</i></p>	<p>Veterans Day</p> <p>6:45 am <i>Shaharit</i></p> <p>7:45 pm <i>Ma'ariv</i></p>	<p>9:30 am Sisterhood Mah Jongg</p> <p>12:00 pm Senior Bingo</p> <p>4:30 pm Religious School</p> <p>6:00 pm Israeli Film Festival</p> <p>7:45 pm <i>Ma'ariv</i></p> <p>8:00 pm Adult Ed Talmud Class</p>	<p>10:15 am Sisterhood Bowling*</p> <p>4:30 pm Religious School</p> <p>7:00 pm Basic Conversational Hebrew Class with Yael*</p> <p>7:45 pm <i>Ma'ariv</i></p>
17	18	19	20
<p>9:00 am <i>Shaharit</i></p> <p>9:00 am Religious School</p> <p>6:45 pm HSRS High School</p> <p>7:45 pm <i>Ma'ariv</i></p>	<p>6:45 am <i>Shaharit</i></p> <p>7:45 pm <i>Ma'ariv</i></p>	<p>9:30 am Sisterhood Mah Jongg</p> <p>4:30 pm Religious School</p> <p>7:00 pm ECC PA Meeting</p> <p>7:45 pm <i>Ma'ariv</i></p> <p>8:00 pm Adult Ed Talmud Class</p> <p>8:00 pm HSRS Parent Committee Meeting</p>	<p>10:15 am Sisterhood Bowling*</p> <p>4:30 pm Daytimers Jewish Film Festival</p> <p>4:30 pm Religious School</p> <p>7:30 pm The 3<sup>rd</sup> Annual Potomac Area Interfaith Thanksgiving Service</p> <p>7:45 pm <i>Ma'ariv</i></p>
24	25	26	27
<p>USY &amp; Kadima Fall Convention</p> <p>9:00 am <i>Shaharit</i></p> <p>9:00 am Religious School</p> <p>10:30 am Sisterhood Torah Fund Breakfast</p> <p>7:45 pm <i>Ma'ariv</i></p>	<p>6:45 am <i>Shaharit</i></p> <p>7:45 pm <i>Ma'ariv</i></p> <p>8:00 pm Synagogue Board Meeting</p>	<p>9:30 am Sisterhood Mah Jongg</p> <p>4:30 pm Religious School</p> <p>7:45 pm <i>Ma'ariv</i></p> <p>8:00 pm Adult Ed Talmud Class</p>	<p>Sherman ECC Closes at 12:30 pm</p> <p>10:15 am Sisterhood Bowling*</p> <p>7:45 pm <i>Ma'ariv</i></p>

# CALENDAR

Thursday		Friday		Saturday	
			1	<b>Noah</b>	2
		9:30 am Sherman ECC Shabbat Sing 5:50 pm Candle Lighting 6:30 pm Kabbalat Shabbat		9:30 am Shaharit 9:30 am Auf Ruf: Brett Fischer & Morton Bast 9:30 am Bat Mitzvah: Molly Wollner 10:15 am Learner's Minyan 10:45 am Minyan Katan 12:00 pm Israeli Shabbat 12:40 pm Torah Study 5:35 pm Minhah/Ma'ariv 6:49 pm Havdalah	
	7		8	<b>Leh Leh</b>	9
6:45 am Shaharit 9:30 am Sisterhood Mah Jongg 9:30 am Melton: Social Justice: The Heart of Judaism in Theory and Practice 7:45 pm Ma'ariv		9:30 am Sherman ECC Shabbat Sing 4:43 pm Candle Lighting 6:00 pm Kabbalat Shabbat		9:30 am Shaharit 12:40 pm Torah Study 4:25 pm Minhah/Ma'ariv 5:42 pm Havdalah 8:00 pm Dessert Night Out	
	14		15	<b>Vayera</b>	16
6:45 am Shaharit 9:30 am Sisterhood Mah Jongg 9:30 am Melton: Social Justice: The Heart of Judaism in Theory and Practice 7:45 pm Ma'ariv		9:30 am Sherman ECC Shabbat Sing 4:37 pm Candle Lighting 6:00 pm Kabbalat Shabbat 7:00 pm Family Shabbat Dinner		9:30 am Shaharit 9:30 am Bar Mitzvah: Adam Kronenberg 10:45 am Shabbat with Yael 10:45 am STaR Shabbat, Torah and Ruach 11:00 am Gan Shabbat 12:40 pm Torah Study 4:20 pm Minhah/Ma'ariv 5:36 pm Havdalah	
	21		22	<b>Shabbat Mevarhim Hayei Sara USY &amp; Kadima Fall Convention</b>	23
6:45 am Shaharit 9:30 am Sisterhood Mah Jongg 9:30 am Melton: Social Justice: The Heart of Judaism in Theory and Practice 6:30 pm Adult Kids Club Dinner* 7:30 pm Men's Club Poker* 7:45 pm Ma'ariv		9:30 am Sherman ECC Shabbat Sing 4:32 pm Candle Lighting 6:00 pm Kabbalat Shabbat		9:30 am Shaharit 12:40 pm Torah Study 4:15 pm Minhah/Ma'ariv 5:32 pm Havdalah	
	28		29	<b>Toldot</b>	30
<b>Rosh Hodesh Kislev Sherman ECC Closed Office Closed - Holiday</b>  9:00 am Shaharit 7:45 pm Ma'ariv		<b>Rosh Hodesh Kislev Sherman ECC Closed Office Closed - Holiday</b>  4:32 pm Candle Lighting 6:00 pm Kabbalat Shabbat		9:30 am Shaharit 12:40 pm Torah Study 4:15 pm Minhah/Ma'ariv 5:29 pm Havdalah	



# DECEMBER 2019 – ELUL/HESHVAN 5780

Sunday	Monday	Tuesday	Wednesday	
<b>1</b>  <b>9:00 am</b> <i>Shaharit</i> <b>7:45 pm</b> <i>Ma'ariv</i>	<b>2</b>  <b>9:00 am</b> <i>Shaharit</i> <b>7:45 pm</b> <i>Ma'ariv</i> <b>8:00 pm</b> Men's Club Board Meeting <b>8:00 pm</b> Sisterhood Board Meeting	<b>3</b>  <b>9:30 am</b> Sisterhood Mah Jongg <b>4:30 pm</b> Religious School <b>7:00 pm</b> Cooking with Yael: Taste of Memories <b>7:45 pm</b> <i>Ma'ariv</i> <b>8:00 pm</b> Adult Ed Talmud Class	<b>4</b>  <b>10:15 am</b> Sisterhood Bowling* <b>12:00 pm</b> Sisterhood Daytime Book Club <b>4:30 pm</b> Religious School <b>7:45 pm</b> <i>Ma'ariv</i>	
<b>8</b>  <b>9:00 am</b> <i>Shaharit</i> <b>9:00 am</b> Religious School <b>9:15 am</b> Men's Club Brunch: Steven Pearlstein <b>12:15 pm</b> <i>Machar Tikkun Olam</i> <b>1:45 pm</b> <i>Kadima</i> Bowling <b>2:00 pm</b> PMTC Show <b>6:30 pm</b> HSRS High School <b>7:45 pm</b> <i>Ma'ariv</i>	<b>9</b>  <b>6:45 am</b> <i>Shaharit</i> <b>7:45 pm</b> <i>Ma'ariv</i>	<b>10</b>  <b>9:30 am</b> Sisterhood Mah Jongg <b>4:30 pm</b> Religious School <b>7:45 pm</b> <i>Ma'ariv</i> <b>8:00 pm</b> Adult Ed Talmud Class	<b>11</b>  <b>10:15 am</b> Sisterhood Bowling* <b>7:45 pm</b> <i>Ma'ariv</i>	
<b>15</b>  <b>9:00 am</b> <i>Shaharit</i> <b>9:00 am</b> Religious School <b>2:00 pm</b> PMTC Show <b>6:00 pm</b> Casino Night <b>7:45 pm</b> <i>Ma'ariv</i>	<b>16</b>  <b>6:45 am</b> <i>Shaharit</i> <b>6:30 pm</b> <i>Ma'ariv</i>	<b>17</b>  <b>9:30 am</b> Sisterhood Mah Jongg <b>4:30 pm</b> Religious School <b>7:30 pm</b> Sisterhood Exercise: Let's Get Physical <b>7:45 pm</b> <i>Ma'ariv</i> <b>8:00 pm</b> Adult Ed Talmud Class	<b>18</b>  <b>10:15 am</b> Sisterhood Bowling* <b>12:00 pm</b> Daytimers Jewish Film Festival <b>7:00 pm</b> Basic Conversational Hebrew Class with Yael* <b>7:45 pm</b> <i>Ma'ariv</i>	
<b>22</b>  <b>Erev Hanukkah</b> <b>USY International Convention</b> <b>No Religious School</b>  <b>9:00 am</b> <i>Shaharit</i> <b>7:45 pm</b> <i>Ma'ariv</i>	<b>23</b>  <b>Hanukkah</b> <b>USY International Convention</b> <b>Sherman ECC Closed</b>  <b>6:45 am</b> <i>Shaharit</i> <b>7:45 pm</b> <i>Ma'ariv</i> <b>8:00 pm</b> Synagogue Board Meeting	<b>24</b>  <b>Hanukkah</b> <b>USY International Convention</b> <b>Sherman ECC Closed</b> <b>No Religious School</b>  <b>9:30 am</b> Sisterhood Mah Jongg <b>7:45 pm</b> <i>Ma'ariv</i>	<b>25</b>  <b>Hanukkah</b> <b>USY International Convention</b> <b>Sherman ECC Closed</b> <b>Office Closed</b>  <b>7:45 pm</b> <i>Ma'ariv</i>	
<b>29</b>  <b>Hanukkah</b> <b>Rosh Hodesh Tevet</b> <b>No Religious School</b>  <b>9:00 am</b> <i>Shaharit</i> <b>7:45 pm</b> <i>Ma'ariv</i>	<b>30</b>  <b>Hanukkah</b> <b>Sherman ECC Closed</b>  <b>6:45 am</b> <i>Shaharit</i> <b>7:45 pm</b> <i>Ma'ariv</i>	<b>31</b>  <b>Hanukkah</b> <b>Sherman ECC Closed</b> <b>No Religious School</b>  <b>7:45 pm</b> <i>Ma'ariv</i> <b>9:30 am</b> Sisterhood Mah Jongg		

# CALENDAR

	Thursday	Friday	Saturday
	5	6	7
	<b>6:45 am</b> <i>Shaharit</i> <b>9:30 am</b> Sisterhood Mah Jongg <b>9:30 am</b> Melton: Social Justice: The Heart of Judaism in Theory and Practice <b>7:45 pm</b> <i>Ma'ariv</i> <b>8:00 pm</b> PMTC Show	<b>9:30 am</b> Sherman ECC Shabbat Sing <b>4:28 pm</b> Candle Lighting <b>6:00 pm</b> <i>Kabbalat Shabbat</i>	<b>9:30 am</b> <i>Shaharit</i> <b>9:30 am</b> <i>Bat Mitzvah</i> : Marni Kaplan <b>10:15 am</b> Learner's Minyan <b>10:45 am</b> <i>Minyan Katan</i> <b>12:00 pm</b> Israeli Shabbat <b>12:40 pm</b> Torah Study <b>4:15 pm</b> <i>Minhal/Ma'ariv</i> <b>5:28 pm</b> <i>Havdalah</i> <b>8:00 pm</b> PMTC Show
	12	13	14
	<b>6:45 am</b> <i>Shaharit</i> <b>9:30 am</b> Sisterhood Mah Jongg <b>9:30 am</b> Melton: Social Justice: The Heart of Judaism in Theory and Practice <b>6:00 pm</b> Men's Club Dinner & Movie* <b>7:45 pm</b> <i>Ma'ariv</i> <b>8:00 pm</b> PMTC Show	<b>9:30 am</b> Sherman ECC Shabbat Sing <b>4:29 pm</b> Candle Lighting <b>6:00 pm</b> <i>Kabbalat Shabbat</i>	<b>9:30 am</b> <i>Shaharit</i> <b>12:40 pm</b> Torah Study <b>4:15 pm</b> <i>Minhal/Ma'ariv</i> <b>5:29 pm</b> <i>Havdalah</i> <b>6:00 pm</b> Family Ice Skating* <b>8:00 pm</b> PMTC Show
	19	20	21
	<b>USY International Convention</b> <b>6:45 am</b> <i>Shaharit</i> <b>9:30 am</b> Sisterhood Mah Jongg <b>9:30 am</b> Melton: Social Justice: The Heart of Judaism in Theory and Practice <b>7:30 pm</b> Men's Club Boy's Club Poker* <b>7:45 pm</b> <i>Ma'ariv</i>	<b>USY International Convention</b> <b>9:30 am</b> Sherman ECC Shabbat Sing <b>4:31 pm</b> Candle Lighting <b>6:00 pm</b> <i>Kabbalat Shabbat</i>	<b>Shabbat Mevarhim</b> <b>Vayeshev</b> <b>USY International Convention</b> <b>9:30 am</b> <i>Shaharit</i> <b>10:45 am</b> Shabbat with Yael <b>10:45 am</b> STaR Shabbat, Torah and <i>Ruach</i> <b>10:45 am</b> <i>Gan Shabbat</i> <b>12:40 pm</b> Torah Study <b>4:15 pm</b> <i>Minhal/Ma'ariv</i> <b>5:32 pm</b> <i>Havdalah</i>
	26	27	28
	<b>Hanukkah</b> <b>USY International Convention</b> <b>Sherman ECC Closed</b> <b>6:45 am</b> <i>Shaharit</i> <b>9:30 am</b> Sisterhood Mah Jongg <b>6:15 pm</b> Adult Kids Club Dinner* <b>7:45 pm</b> <i>Ma'ariv</i>	<b>Hanukkah</b> <b>Sherman ECC Closed</b> <b>4:35 pm</b> Candle Lighting <b>6:00 pm</b> <i>Kabbalat Shabbat</i>	<b>Hanukkah</b> <b>Rosh Hodesh Tevet</b> <b>Miketz</b> <b>9:30 am</b> <i>Shaharit</i> <b>12:40 pm</b> Torah Study <b>4:20 pm</b> <i>Minhal/Ma'ariv</i> <b>5:36 pm</b> <i>Havdalah</i>
<p><b>Please Note:</b></p> <p>Times are subject to change.</p> <p>The times listed on this calendar are accurately as of print date, please check website for updates.</p> <p><a href="http://harshalom.org/events">harshalom.org/events</a></p>			



# FAMILY *News*

## *B'nai Mitzvah:*



**Molly Wollner**  
**November 2**  
Daughter of Howard &  
Jamie Wollner, Granddaughter  
of Stanford & Elaine Steppa



**Adam Kronenberg**  
**November 16**  
Son of Abi &  
Rona Kronenberg



**Marni Kaplan**  
**December 7**  
Daughter of Kenneth &  
Carol Kaplan

## *Mazal Tov:*

**Rachel Robin**, daughter of **Nelson & Ellen Robin**, on being selected as one of the winners of the 2019 Diplomatic Security Foundation Scholarship. Rachel is a freshman at UMD Honors College.

**Yvonne & Ken Paretzky** on their daughter, **Johanna Faries**, being named one of the 30 most powerful women in sports by Adweek, and for being included in Fortune's 2019 40-under-40. And mazal tov to their daughter, **Jessica Gray**, on her 50<sup>th</sup> birthday.

**Phyllis & David Coburn** on the birth of their granddaughter, **Lila Helena [Lilah Chaya] Coburn**, daughter of **Yael and Brian Coburn**.

**Jonathan & Estrella Levy** on the Bar Mitzvah of their son, **Benjamin Jack Levy**.

**Stewart Block** on the 60<sup>th</sup> anniversary of his Bar Mitzvah.

**Scott & Marcie Wertlieb** on the Bat Mitzvah of their daughter, **Sela**, granddaughter of **Ron & Donna Oser** and **Barry & Rita Wertlieb**, who are celebrating their 55<sup>th</sup> anniversary.

**Jeffrey & Rachael Solomon** on their 22<sup>nd</sup> anniversary.

**Jonathan Smith & Hilary Belitzky** on their 18<sup>th</sup> 'chai' anniversary.

**Rick & Susie Edelson** on their 47<sup>th</sup> anniversary and the 5<sup>th</sup> anniversary of Susie's Bat Mitzvah.

**Rabbi Adam & Sari Raskin** on the Bar Mitzvah of their son, **Ezra**, grandson of **Bob & Naomi Levinson** and **Phil & Donna Soroky**.

**Rabbi Adam & Sari Raskin** on their 22<sup>nd</sup> anniversary.

**Rabbi Irv & Fran Elson** on their 34<sup>th</sup> anniversary.

**Todd & Shelley Engel** on their 35<sup>th</sup> anniversary.

**Daryl & Susan Grant** on their 25<sup>th</sup> anniversary.

**Mark & Ruthie Hartzman** on their 62<sup>nd</sup> anniversary.

**Abby Elson and Mia Raskin** on their departures for a gap year in Israel.

**Steve & Mindy Feirman** on the birth of their grandson, **Austin Flynn Feirman**, on June 25<sup>th</sup>. The proud parents are **Jason & Michelle Feirman**.

**Bonnie Handel & Andrew Strauch** on the Bat Mitzvah of their daughter, **Eliana Strauch**, granddaughter of **Ken & Sheila Handel** and **Judith Strauch**.

**Larry Center & Liz Stoff** on the *aufruf* and wedding of their son, **Jared Center**, and **Laura Fels**, daughter of **Richard & Carla Fels** of Ridgewood, NJ.

**Stanley <sup>z"l</sup> & Bena Siegel** on the Bat Mitzvah of their granddaughter, **Sarah Wilcox**, on September 1<sup>st</sup> in Baltimore.

**David & Hedda Kenton** on their 57<sup>th</sup> anniversary.

**Ted & Susan Rabkin** on their 47<sup>th</sup> anniversary.

**Rami & Michelle Loya** on their 35<sup>th</sup> anniversary.

**Emily Block** on the Bat Mitzvah of her daughter, **Devon Helen Block**, granddaughter of **Stewart & Sondra Block**.

**Rabbi Irv & Fran Elson** on the *aufruf* and wedding of their son, Jacob Elson, and Erica Titlebaum.

**Bill & Helen Branda** on their 46<sup>th</sup> anniversary.

**Alan & Gaye Feinberg** on the birth of their seventh grandchild, Yael Noa Feinberg, born to Daniel & Rachel Feinberg on August 13<sup>th</sup> in Los Angeles. Big sisters are Ariella and Eliana.

**Jodi & David Chen** on the Bar Mitzvah of their son, **Mark Brian Chen**.

**Loretta & Sheldon Kotzin** on the Bar Mitzvah of their grandson, Eli Zachary Kreppel, on Shabbat at Agudas Achim in Alexandria. Eli's proud parents are Stacy & Rob Kreppel.

**Mickey Burstein** on the 57<sup>th</sup> anniversary of his Bar Mitzvah.

**Rick & Susie Edelson** in celebration of the first birthday of their grandson, Zachary.

**Larry Center & Liz Stoff** on their 31<sup>st</sup> anniversary.

**Steven & Shoshana Tessler** on the birth of their daughter, Sarah Claire, on September 2<sup>nd</sup>.

**Tamara & Daniel Stern** and **Mindy & Steven Feirman** on the birth of their grandson, Oliver Feirman Stern, on September 4<sup>th</sup>. Oliver is the son of Adam Stern & Shari Feirman.

## *Condolences:*

**Jeffrey Rosenbloom** on the passing of his sister, Grace Rosenbloom.

**Lois Forster** on the passing of her nephew, Chad Rubin.

**Craig Ginsburg** on the passing of his grandmother, Judith Carol Ginsburg.

**Michael Moskowitz** on the passing of his father, Myron Moskowitz.

**Karen Levenson** on the passing of her mother and father, Irene and Max Boyarsky.

**Andrew Hoenig** on the passing of his mother, Judith Hoenig.

**Bena Siegel** on the passing of her husband, Stanley Siegel.

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## KITCHEN *Klub*



**Joanna Rubin**  
*Facility & Kitchen Manager*

301-299-7087, ext. 221  
[jrubin@harshalom.org](mailto:jrubin@harshalom.org)

At Har Shalom, one of the ways that we build community is through our weekly kiddush luncheons. These luncheons would not be possible without the help of all of our wonderful volunteers.

***I am especially looking for more help on Saturdays.*** Thanks in advance for your help!

To sign up for a time slot, go to  
<http://signup.com/go/oh5i1A>,  
e-mail [jrubin@harshalom.org](mailto:jrubin@harshalom.org)



# SHERMAN ECC *Casino Night*



## DOUBLING DOWN ON OUR FUTURE

Save the date for a Casino Night hosted by  
The Sherman Early Childhood Center at Har Shalom

SUNDAY, DECEMBER 15, 2019

Join us for casino games, food and dessert, raffles, and prizes

Please mark your calendars for the first annual Har Shalom Casino Night, hosted by the Sherman ECC on December 15<sup>th</sup>, 2019 from 6-9 pm. This will be a fun, adults only evening filled with table games, food and drink, raffles and prizes! We hope to have as close to 100% participation from ECC parents and are counting on you to spread the word to others both within and outside the Har Shalom community. Bring your family and friends! Anyone is welcome.

Additional information on ticket purchasing and an event website will be circulated in the coming weeks. If you have any questions, please do not hesitate to reach out to our event co-chairs:

Maya Gerstein ([maya.tuchman@gmail.com](mailto:maya.tuchman@gmail.com)) or Abbey Meltzer ([abbeymeltzer@gmail.com](mailto:abbeymeltzer@gmail.com)).

We look forward to seeing you on the casino floor!



# EXERCISE WITH THE *Sisterhood*



## Our Next Classes:

Yoga: 12/17

Zumba: 2/19

Belly X: 4/22

A series of classes to engage the mind  
and work the body!

### Instructor Bio

**Cathy Lorberbaum** has been teaching for more than 17 years in the DC area. She has taught in many local studios as well as corporate locations. Cathy has been a teacher at Life Time Athletic for more than 11 years. She loves what yoga focuses on: physical and spiritual strength, inner peace and appreciation for life.

### Target Demographic

Everyone is welcome and would benefit from Cathy's classes, but especially those with overuse injuries, or the aging population that may be finding limitations in their movements, (like back pain) and just need to move slower and build proprioception. There is also more time spent warming up and preparing the body for more challenging movements. The class is moderately challenging and flows slower than the typical power vinyasa class. The temperature is set at 75 degrees to create warmth but not excessive heat. Students are encouraged to create their own inner heat. The class focuses on a balance of joint mobility and stability, core strength, flexibility, and meditative relaxation.

### Segments of Class

**5 minutes** - opening meditation, welcoming, centering, pranayama/breathwork

**15-20 minutes** - preparing the body - warming up, releasing tension, softening, opening, stabilizing the joints, inner awareness

**20-30 minutes** - Flowing movement, traditional vinyasa and yoga poses with attention to proprioception and engagement and breath. Lots of options for modifications & intensifications. Encouragement to explore and find an edge.

**10 minutes** - Deep stretching and core work

**5 minutes** - Savasana, meditation, sealing the practice

### Registration Link

[harshalom.org/physical](http://harshalom.org/physical)

\$10 fee for class / Women Only



# EXERCISE WITH THE *Sisterhood*



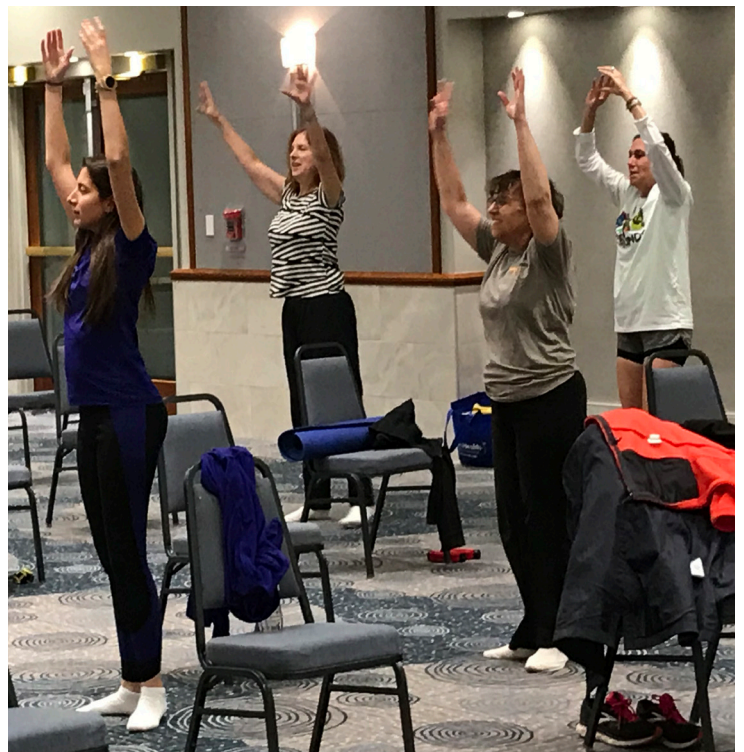
## From Your Sisterhood President, Susan Grant

Sisterhood has had a very busy fall, beginning with our kick off event: our Paid Up Membership Dinner in September. Our ongoing programs are in full swing, including mah jongg, bowling, book club, and bikkur holim, to name a few. Read further for more about each of these ongoing programs and ways to join.

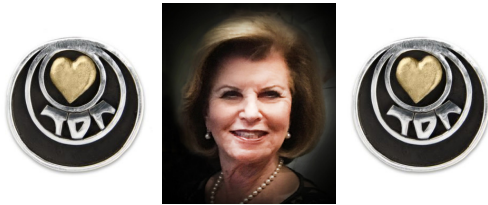
Sunday, November 24<sup>th</sup> is our Torah Fund brunch to be held at Har Shalom. The Torah Fund campaign is chaired by a powerhouse team: Rita Wertlieb, Hanna Lee Pomerantz and Shelley Remer. It is always a lovely program. Our guest speaker this year will be Kayley Romick, a 5<sup>th</sup> year rabbinic student at JTS, and our rabbinical intern this year at Har Shalom. We will also be paying special tribute to our own Hanna Lee Pomerantz, Torah Fund Special Gifts Chair. All the money raised through the Torah Fund Campaign goes to support the 5 Conservative Jewish Seminaries around the world.

Joan Rivers is attributed to have said, "I'm Jewish. I don't work out. If God had wanted us to bend over, He would have put diamonds on the floor." Well, she never had the opportunity to meet the women of Har Shalom. The first Let's Get Physical class was a Barre class that took place on October 16<sup>th</sup>. On Tuesday, December 17<sup>th</sup>, we will have a yoga class where women of all ages and fitness will be welcome. Our instructor will be Cathy Lorberbaum, Yoga Instructor, Life Time Athletic. Come experience all that Sisterhood has to offer. Please contact me with any questions or comments.

The October 16<sup>th</sup> Barre class was a success! Eighteen women took the strength and toning class. All agreed that they got a great workout!



# TORAH *Fund*



The 2019-2020 Torah Fund campaign is in high gear! Thank you to everyone who has participated by making a contribution. By committing to this year's campaign, you are supporting this year's Torah Fund theme, *Hesed*, "kindness". Your contributions will secure the future of Conservative Judaism for generations to come!

Exciting news.....on Sunday, November 24<sup>th</sup>, our Har Shalom Sisterhood will host a Torah Fund Brunch at 10:30 am. You will not want to miss this special event as we welcome our guest speaker Kayley Romick, a rabbinic student at the Jewish Theological Seminary. We will learn about her personal experiences as a 5th year student and all that Torah Fund does to support students at the five conservative seminars around the world.

We are thrilled to also announce that we will pay tribute to our own Hanna Lee Pomerantz, Torah Fund Special Gifts chair. As a past chair of Torah Fund, Hanna Lee has continued to support our Sisterhood Torah Fund Campaign with the energy, enthusiasm and dedication for which she is so well known. Please mark your calendars for November 24<sup>th</sup>, here at Har Shalom, where we will join together to celebrate these two extraordinary women.

Your Torah Fund Committee,

*Rita L. Wertlieb*  
Rita Wertlieb  
Chair

*Hanna Lee Pomerantz*  
Hanna Lee Pomerantz  
Campaign Chair

*Ellen Kaner Bresnick*  
Ellen Kaner Bresnick  
Co-Chair

*Shelley Remer*  
Shelley Remer,  
Co-Chair

## SATO/*Social Action Tikkun Olam*

Thank you to this year's *Kol Nidre* Manna food drive and Mazon fundraiser participants. These organizations value our contributions, which enable them to support our community.

### Other September/October donations included:

- Marsha Schwartz <sup>z"l</sup> Pure Heart Fund's 20 infant receiving blankets and rattles to A Wider Circle. This Sisterhood fund honors the memory of our dear friend Marsha Schwartz and will continue to honor Marsha's legacy of giving.
- School supplies and toiletries to A Wider Circle.
- Judaica and new and gently used towels to the Jewish Foundation for Group Homes (JFGH).
  - Baby food to Stepping Stones Shelter.
  - Warm Up America afghans to local hospitals.



### November collection:

Pet food, pet toys, and used towels for Montgomery County Animal Shelter. Non-Perishable Thanksgiving Food for Manna Food Center (please, no glass).



### December collection:

Gift cards for food, pharmacy, and clothing for Jewish Social Service Agency. Please hand gift cards to the front desk.



# SISTERHOOD *Events*

## Ongoing Sisterhood Activities

Be Seduced! Drop-In Mah Jongg will continue every Tuesday and Thursday morning at 9:30 AM at Har Shalom.

League Bowling began in September at Bowl America on Clopper Road, Gaithersburg, Wednesdays at 10:30 AM. It's an excellent opportunity to meet other Sisterhood members and have some fun. Call Bena Siegel at (301) 642-8171 for more information.

## Sisterhood Book Club Upcoming Dates

11/6 — *Educated: A Memoir*, by Tara Westover

12/4 — *Gateway to the Moon*, Mary Morris

## *Bikkur Holim*

It's a *Mitzvah*! You Can Help!

Did you know that Sisterhood has a *Bikkur Holim* Committee that provides kosher meals to ease the burden on Har Shalom families who are dealing with the illness of a family member? Millie Rumerman is the chairman of this committee. If you know of a family who could benefit from this service, please let Millie know by phone at 301-762-1432 (home), 301-502-6789 (cell) or [rumer1@verizon.net](mailto:rumer1@verizon.net). You can also contact the Clergy's Assistant, Leslie, at 301-299-7087 ext. 223.



Photos from the recent Sisterhood Paid Up Membership Dinner on September 18<sup>th</sup>.

# DAYTIMERS *Jewish Film Festival*



Wednesday, November 20<sup>th</sup>

*A Bag of Marbles* – French – 2018 – 113 min

12:00 PM: BYO Dairy Lunch, 12:30 PM Screening

"*A Bag of Marbles*" follows two young Jewish brothers, Joseph and Maurice, who flee Nazi-occupied Paris in 1942, as Hitler moves the policies of his so-called final solution into the city. It is a real-life tale of survival, based on the 1973 memoir of Joseph Joffo. Although previously adapted for the screen, this new film aims to construct, in Joffo's own words, a more "honest" portrayal of his experiences as a Jewish youth in occupied France.



Wednesday, December 18<sup>th</sup>

*Fiddler: A Miracle of Miracles* – USA – 2019 – 92 min

12:00 PM: BYO Dairy Lunch, 12:30 PM Screening

Before "Fiddler on the Roof" became a Broadway classic, it was just a pretty bad idea. Who would want to see a musical about a Russian milkman marrying off his daughters before a pogrom? Our film asks: What makes this quintessentially Jewish musical speak to everyone? This documentary takes you back to the early nerve-racking days of the film's incubation and traces its evolution into one of the most universally loved films of all time.

# PEACE MOUNTAIN *Theatre Company*



## PEACE MOUNTAIN THEATRE COMPANY OPENS ITS 2019 – 2020 SEASON WITH *OTHER DESERT CITIES*

Peace Mountain Theatre Company (PMTC) opens its sixth season in December at Congregation Har Shalom with the production of Jon Robin Baitz's 2011 play, *Other Desert Cities*. If you've ever driven east on Interstate 10 from Los Angeles to Phoenix, you've driven on the Sonny Bono Memorial Freeway also known as the Palm Springs Desert Valley Freeway. You can turn off on California Route 111 and head to Palm Springs, or continue on I-10 to Indio and to – other Desert Cities. Just which other desert cities is left for you to discover as you move down the highway.

Having ensconced themselves in the desert, away from big-city pressures and responsibilities of their earlier lives, Lyman and Polly Wyeth are settled in 2004 in a comfortable and perhaps insular existence. But, as often happens, life intervenes – first in the arrival of their daughter who has brought with her the manuscript of a memoir that threatens to uncover the cracks in the Wyeth's carefully constructed lifestyle. Second is the undercurrent of international events whose presence pervades much of the play. Mr. Baitz has said that "one of the reasons it's called *Other Desert Cities* is because [he is] thinking of . . . a war going on thousands of miles away in another desert.

Directed by Julie Janson, whom you may remember in her role as Annie in Peace Mountain's staging of *All My Sons* a few years ago, performances of *Other Desert Cities* will take place at Congregation Har Shalom at 8:00 p.m. on the evenings of December 5, 7, 12, and 14; matinee performances will be held Sunday December 8 and December 15 at 2:00 p.m. Matinee performances will be followed by Q&A sessions with the cast.

Please visit our website, [www.peacemountaintheatre.com](http://www.peacemountaintheatre.com), to purchase tickets and learn more about PMTC and the rest of its 2019-2020 Season. PMTC will produce Alfred Uhry's Pulitzer Prize winning play, *Driving Miss Daisy* in May 2020 and Ayad Akhtar's Play *Disgraced* in December 2020. Both of these shows will be performed at The Writer's Center in Bethesda. We look forward to seeing you this season at our shows.



# Donations

as of 9/26/2019

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*In Memory of*

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### *In Honor of*

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