

Ideas for learning at Home

*Compiled by Beth Hoch*

School being closed is different and is hard to understand for children. Here is a social story created by Matan to help children understand. [Social story on school being closed.](https://matankids.org/cms/assets/uploads/2020/03/My-School-is-Closed-Today-final.pdf?fbclid=IwAR1FU7M110fqxrIr0tw0zPIwYlq6YB52tE3Wf1hVreebMo2UTCvxhE90Oks)

[Resources from PJ Library for quarantined families.](https://pjlibrary.org/familyactivities?fbclid=IwAR1Zo0EzRKFLnGIAzOtiXCnZze-zE-mghGXF9t_6XR7Ft-MbGNfh9OBNqEU)

[150 ideas for children’s activities](https://docs.google.com/spreadsheets/d/1KCFnWreu4v7VoO3NbgP-Qcq2LyE1FvliYSoiTLRY7Qg/htmlview?fbclid=IwAR0w58P7Ss8gVAmiRxmydrajG4MzPvON3RiSGyKI28LaZJYlJXriy5mUseM)

[Stay at home survival guide](https://thestay-at-home-momsurvivalguide.com/preschool-activities/)

[101 free things to do with preschoolers](https://www.care.com/c/stories/4072/101-fun-things-to-do-with-preschoolers/)

[50+ sensory ideas for children](https://littlebinsforlittlehands.com/kids-sensory-play-ideas/)

[50 creative ideas for Legos or Duplos](https://www.youtube.com/watch?v=oQMxPspueZI&feature=youtu.be&fbclid=IwAR1PcDtdGKToluiyv2rN10BI1eXx1ln9zh8HjKgZK6d1_JVBw2cb14eA4Iw)

[30 virtual field trips](https://docs.google.com/document/d/1SvIdgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/mobilebasic?fbclid=IwAR2FqhIyjfbxbrU2hP9_KGaksCmApTwkQTx6DV6SUundL7YWgl9baowlRRU)

[Mindfulness activities for children](https://positivepsychology.com/mindfulness-for-children-kids-activities/)

[Tinker tray ideas](https://mericherry.com/2015/03/27/tinker-trays-plus-10-ways-use/?fbclid=IwAR0mV-JRJzgizW_8fjTmvDnApbZgwk9jUeUep-Pj8hmFyPEQkhDHQdxlDik)

[Tot Music Class](https://www.youtube.com/watch?v=sBh7u2unHQE&feature=youtu.be&fbclid=IwAR3sGosqRgWE0G-5jMhYGwc6umAdIQl_DWlqNW3QFH999Ug9heRdX29GwQY)

INSTAGRAM ACCOUNTS TO FOLLOW

@PJLibrary

@sweetmommyhood (activities)

@perfectpreschoolplans (activities)

@play\_at\_home\_mummy (activities)

@Loveandlogicinstitute (parenting advice)

@hand\_in\_hand\_parenting (parenting advice)

@dr.organicmommy (parenting advice)

**FB Group: Project quarantine 2020**

This was started by a friend of mine who works in in the school mental health field in Denver. Parents are sharing ideas with other parents around the country.