



## Shabbat and Worship Calendar


**Friday, November 4 | 6 PM**  
*Kabbalat Shabbat Service*

**Friday, November 11 | 6 PM**  
*Kabbalat Shabbat Service*

**Friday, November 18 | 6 PM**  
*Kabbalat Shabbat Service*  
*Come Grow With Me! Shabbat with*  
Rabbi Shana and Maggie Wise

**Friday, November 25 | 6 PM**  
*Kabbalat Shabbat Service*

*Shabbat Services are broadcast via Zoom and simulcast on our Website, Facebook, and YouTube. Visit our [Shabbat Page](#) for links.*



*From the Desk of  
Rabbi Vann...*

Dear Friends,

Our Jewish values teach that self-care is very important. However, during these last few years I have not taken enough time to rejuvenate, unwind, or reset.

To do better, I will be on vacation from November 20 to December 15 and December 18 to Jan 1. During this time, coverage will be provided by Rabbi Shana, Brett Shankman and Deb Rogers.

I am grateful for your support.

*Rabbi Allison B. Vann*

## A MESSAGE OF GRATEFULNESS, A MOMENT OF BLESSING



It's been a magnificent fall. The leaves have become jewel-box colors, and now the trees are shedding their leaves in preparation for colder weather. The crispness makes everything feel outlined with clarity. As we approach Thanksgiving, the message of gratefulness prevails.

Thanksgiving was established in 1863, when President Abraham Lincoln declared two national Thanksgivings; one in August to commemorate the Battle of Gettysburg during the Civil War, and the other in November to give thanks for "general blessings." It's the second one that we celebrate today.

Our Thanksgiving tables are indeed an opportunity to give thanks—we often spend time with family and eat delicious food.

Judaism reminds us, additionally, to be grateful every day. We are challenged to say 100 blessings a day; our ancient rabbis understood mindfulness even a thousand years ago! Here's a prayer-poem of blessing by Alden Solovy that will serve for many occasions.

### A Moment of Blessing

Every breath and every blink,  
Every moment and every heartbeat:  
Each one, a blessing.  
This is a moment of blessing.  
Blessings given. Blessings received.

Every trail and every vista,  
Every journey and every homecoming:  
Each one, an adventure.  
This is a moment of adventure.  
Adventures alone. Adventures together.

Every sunrise and every sunset,  
Every crash of thunder and every roar of the sea:  
Each one, a moment of majesty.  
This is a moment of majesty.  
Majesty from heaven. Majesty on earth.

Every birth and every death,  
Every love and every loss:  
Each one, a mystery.  
This is a moment of mystery.  
Mysteries hidden. Mysteries revealed.

Blessed are you, Adonai our God,  
God of blessings, God of adventures,  
God of majesty and God of mystery,  
You fill our days with Your glory  
And our lives with precious gifts.  
Praised are You, Source of love.

*Allison B. Vann*

**Rabbi Allison Vann**  
[avann@suburbantemple.org](mailto:avann@suburbantemple.org)



## FROM BRETT'S DESK

During Jewish holidays, we often greet one another with “Chag Sameach” or some variation.

“Chag” is derived from the Hebrew word “Lachgog” – to

celebrate. And what a celebration we had recently. For the first time in three years, those who wished to were able to worship in our sanctuary throughout the High Holy Days. It was amazing seeing so many of you at services. I took such joy in seeing faces that I haven't seen (or perhaps only on Zoom) for a few years. I hope that you felt the same.

No one person is responsible for the success of the High Holy Days. It takes a team of dedicated professional staff and volunteers. On page 7 of this bulletin is a list of those who deserve a shout-out, a tremendous *yasher koach*, a huge thank you. Please be sure to say thank you when you see these individuals. On a personal note, I want to publicly say thank you to everyone who made our High Holy Days so wonderful this year.

I also want to acknowledge that the holidays weren't easy for many of our members who winter in Southwest Florida. We've been in touch with almost everyone and while a few properties took significant damage, most were spared. Of course, most importantly, no one was injured.

As I look forward to the end of the calendar year and the start of 2023, please be on the lookout for your 2022-23 Annual Appeal solicitation. Please give generously when asked.

Finally, please continue to read your Temple Times—trimester 2 of Our Tent is beginning, Fall gatherings are starting, and our second annual Holiday Pop-Up Shop is Sunday, November 13 from 11-2 in the Mandel-Gries Social Hall. I hope to see you at Temple!

B'shalom

[bshankman@suburbantemple.org](mailto:bshankman@suburbantemple.org)



## THE RITUAL OF GRATITUDE

This past trimester I taught a class called *This I Believe*. The class was based on the radio broadcast and podcast of the same name, where people submit essays and voice recordings representing their core beliefs. As we approach Thanksgiving, here is an essay I shared with the class, entitled *The Act of Giving Thanks*:

*I believe in meaningful expressions of gratitude. More specifically, I believe in the power of the well-written thank-you letter.*

*My sister and I were taught at a very early age to write thank-you letters for birthday and Christmas gifts...Every year. It was an important ritual in our home, and it has turned me into an avid thank-you-letter writer as an adult.*

*I still send a great deal of personal mail, and I am entirely smitten with all of the trappings of letter writing: unique stamps, beautiful stationery, fountain pens. I feel an incredible rush of satisfaction sticking a stamp on a carefully penned thank-you letter and sending it off in the mail.*

*Nearly every Monday morning I sit down with my favorite pen and write a few thank-yous. I write them for parties I attend, dinners I'm fed, or just to thank a friend for listening. It is one of the highlights of my week.*

*Several years ago, I even sent my mom a thank-you letter to thank her for teaching me to count my blessings on paper. Sending letters of thanks out into the world has made me more appreciative of the tremendous love, support, and kindness I receive daily.*

*My father died when I was twenty-seven. Even then, I found comfort in writing letters of thanks for the many gifts of words I received. At a time when all I wanted to do was retreat into my own grief, the act of giving thanks forced me to stay connected to the world and to the lives of the living.*

*And while it may seem trivial, my belief in well-written thank-you letters has secured my popularity. Since real thank-you letters are woefully few and far between, my social graces are considered a charming eccentricity, and my friends and family always seem genuinely moved by my efforts.*

*I was a middle school English teacher, and as I told my students, good manners are the cornerstone of a quality community. I believe that expressions of gratitude like thank-you letters keep me going. I am more motivated to do kind things for others when I feel appreciated, and I feel that I perpetuate kindness and generosity by genuinely expressing my thanks.*

*What many people consider to be a dreadful chore has become one of my favorite pastimes. So simple, the thank-you letter, but so powerful.*

— By Michelle Lee

The rabbis teach that we should recite 100 blessings a day. How different would our outlook on life be if we spent our days looking for 100 things to be grateful for. Perhaps finding a ritual to express our gratitude, whether thank you notes or in some other form, would also lead to a deeper sense of appreciation and motivate us to even more acts of kindness.

Wishing you and your families a happy Thanksgivings and a year full of grateful moments,

[snyer@suburbantemple.org](mailto:snyer@suburbantemple.org)





# TRIMESTER 2 BEGINS NOVEMBER 6<sup>th</sup>!

*It's not too late to register... Classes start Sunday!*

Haven't tried OUR TENT yet?  
**MAYBE IT'S TIME!**

Get in on the FUN, the LEARNING, and COMMUNITY as we launch Trimester 2 on Sunday, November 6<sup>th</sup>.

Think your kids are too young? Nope. Think you're too old? *Never!*

Our program is for adults and children, the young and the old, and everyone in between.

Join us for bagels, classes, and t'filah on Sunday mornings - your weekends will never be the same.

Open to the community. Why not give your BFF a call and try one of the AMAZING class offerings below?

OUR TENT SECOND TRIMESTER REGISTRATION IS OPEN!



**UNCOVERING MY FAMILY TREE**  
AN INTRO TO JEWISH GENEALOGY - FOR ADULTS, W/ SYLVIA ABRAMS & KEN BRAVO

OUR TENT SECOND TRIMESTER REGISTRATION IS OPEN!



**TORAH TOTS!**  
JEWISH FUN FOR OUR YOUNGEST LEARNERS... AGES 0 - PRE-K WITH LIAM JACOBS

OUR TENT SECOND TRIMESTER REGISTRATION IS OPEN!



**MAYOR MITZVAH & SENATOR SCHMOOZE**  
HEBREWS IN THE HALLS OF POWER - ADULTS, WITH ALAN HAZZARD, ZOOM & IN-PERSON

OUR TENT SECOND TRIMESTER REGISTRATION IS OPEN!



**IF I AM NOT FOR MYSELF, WHO WILL BE FOR ME?**  
JUDAISM, MENTAL HEALTH & SELF-CARE - FOR GRADES 5-12, WITH MAYA COHEN

OUR TENT SECOND TRIMESTER REGISTRATION IS OPEN!




**I'VE GOT A FEELING ...WITH TRACEY MESSER**  
EXPLORE EMOTIONAL INTELLIGENCE THROUGH JEWISH TRADITION - FOR ADULTS

OUR TENT FIRST TRIMESTER REGISTRATION IS STILL OPEN!



**WHO IS THE GOD YOU BELIEVE IN?**  
EXPLORE DIFFERENT UNDERSTANDINGS OF GOD | WITH RABBI BEN STERNMAN

OUR TENT SECOND TRIMESTER REGISTRATION IS OPEN!



**20<sup>th</sup> CENTURY JEWISH HISTORY**  
PART V, IN PERSON/ON ZOOM | ADULTS, WITH DAVE ARON

OUR TENT SECOND TRIMESTER REGISTRATION IS OPEN!



**CHAI FIVE SPORTS**  
WHERE JEWISH VALUES AND SPORTS CONNECT... K-ADULT, NOAH APPEL & ALAN HAZZARD

OUR TENT SECOND TRIMESTER REGISTRATION IS OPEN!



**THINGS YOU NEVER KNEW ABOUT ISRAEL** - FOR GR. 5-12  
TOMER BLISE, OUR SHINSHIN, SHARES HER FAVORITE FACTS AND SECRETS!

OUR TENT SECOND TRIMESTER REGISTRATION IS OPEN!



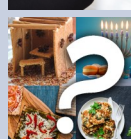
**CURRENT ISSUES THROUGH A FEMINIST LENS**  
LIVELY DISCUSSION! IN-PERSON & ZOOM - FOR ADULTS, WITH MURIEL LEDERMAN

OUR TENT SECOND TRIMESTER REGISTRATION IS OPEN!



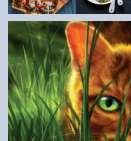
**MOVING OUR WAY THROUGH TORAH**  
YOGA & TORAH STORIES... K - ADULT, WITH TESSA GABLE & RABBI VANN

OUR TENT SECOND TRIMESTER REGISTRATION IS OPEN!



**THIS IS HOW WE DO IT!**  
HOW WE CELEBRATE OUR HOLIDAYS - FOR K-4, WITH EMILY WEISBLATT

OUR TENT SECOND TRIMESTER REGISTRATION IS OPEN!



**PEOPLE OF THE BOOK: 'INTO THE WILD'**  
A BOOK CLUB FOR 3<sup>RD</sup>-5<sup>TH</sup> GRADERS - WITH MICAH NATHENSON & RABBI SHANA

OUR TENT SECOND TRIMESTER REGISTRATION IS OPEN!



**OUR ROOTS AS A CONGREGATION...**  
...AND WHERE WE ARE GROWING | GRADES K-4, WITH LINDA WOLFE

## EITZ CHAYIM HI: IT IS A TREE OF LIFE

**Why is the Torah compared to a tree?** It gives us roots, a sturdy trunk of values, and the freedom to take its lessons and branch off in many directions.

**Why is the Torah called a tree of life?** Because through its stories, values and lessons, it teaches us how to live.

To learn more, please visit [our webpage](#) or contact Director of Lifelong Learning, Rabbi Shana Nyer at [snyer@suburbantemple.org](mailto:snyer@suburbantemple.org).



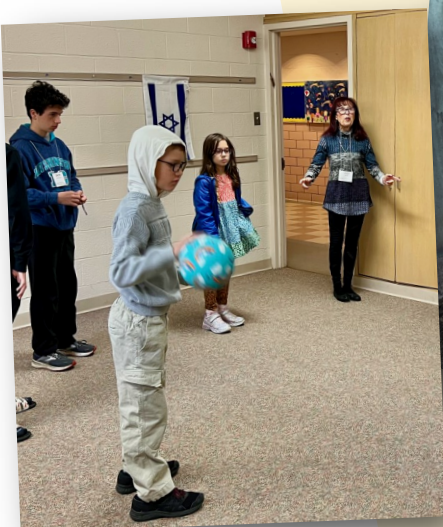
# peek into OUR TENT!



## Learners



## Faculty



## Staff



# high holy day memories

Rosh  
Hashanah



Yom Kippur



Simchat  
Torah





## WE'RE GATHERING, AND WE'RE LOVING IT!

### SATURDAYS/SUNDAYS: Hike & Kibitz

Our community is filled with beautiful parks, easy trails and walking paths. We'll visit both fan favorite locations and explore some lesser-known areas. Of course, the conversation and connections will be amazing as well. One session per month, outdoors and in person.

Facilitator: [Ellyn Ross](#).

### SATURDAYS: Game Night - **BEGINS NOV. 19<sup>th</sup>**!

Are you "board"? 3 bam 2 crack! Are you Puzzled? You won't be Sorry! It's no Trouble for you to come! Do you need something to Monopolize your Saturday night? Let's Play Games! One session per month, indoors and in person. Facilitator: [Andi Wasserman](#).

### WEDNESDAYS/TBD: Art, Architecture, & Museums

As a group, we'll identify and explore local places of interest which may include museums, galleries, private collections, exhibitions and artist studios. Sessions will be either on Zoom or in person and dates will vary based on the group's choice of exhibitions. Facilitator: [Stuart Katz](#).



**gatherings** brings small groups of people together to share conversations and experiences, to build relationships, and to deepen connections within our congregation around common interests.

Refer to our [website](#) for each group's dates and times.

**gatherings**  
share. experience. connect.

### LET'S TALK!

Are you or is someone you know looking for a rabbinic visit or phone call? Please use the link below to schedule a virtual or in-person meeting with **Rabbi Vann**.

[CLICK HERE TO SCHEDULE  
AN APPOINTMENT](#)



## Kol Nashim Book Club

Meets Monday, December 12<sup>th</sup> @ 7PM

### "The History of Love"

By Nicole Krauss

"Krauss's novel is emotionally wrenching yet intellectually rigorous, idea-driven but with indelible characters and true suspense."

**Why Wait? Start Reading Today!**



Watch your Temple Times e-mails  
for KN Book Club Registration Announcements.



**We are so grateful to our volunteers, service participants, our staff, and all of those whose hard work and dedication made our High Holy Days so AMAZING!**

Svetlana Pundik

Loren Reash-Henz

Loree Resnik

Dylan Richardson

Deb Rogers

Lori Rosenberg

Ellyn Ross

PJ Ryan

PJ Ryan

Brett Shankman

Bruce Sherman

Rich Silver

Sandy Simon

Natalie

Skall

Richard Skall

Sara Stashower

Becky Streem

Joanne

Uniatowski

Rabbi Allison Vann

Charlie Vann

Isaac Vann

Charlotte Versaggi

Dorothea Polster

Charlotte Versaggi





## **We Gratefully Acknowledge the Following Contributions**

Please consider making a contribution to Suburban Temple-Kol Ami to celebrate a special occasion, express gratitude or sympathy or to honor important accomplishments or events. A current list of temple funds is available from the temple office. Donations may be made online at [www.suburbantemple.org/form/STKAdonation-form](http://www.suburbantemple.org/form/STKAdonation-form). Donations listed below were received between August 20 and October 19, 2021. Please let us know of any errors or omissions.

### **Rosh Hashanah Congregational Luncheon**

Dave Aron  
Sandy Buzney  
Muriel Lederman  
Susan Long  
Margery Mazoh  
Susan Merdler  
Tracey Messer  
Shellie Nyer  
Len Podis  
Ellyn Ross

### **Annual Appeal**

Mickey Katz  
Stephen Langel

In honor of  
**Rabbi Shana**  
Heidi and Neil Chakoff

### **Art Fund**

In loving memory of  
**Eugenia Vainberg**  
Ellyn Ross

### **Bimah Flowers**

In loving memory of  
**Phillip J. Braff**  
Dori and Blair Haas

In loving memory of  
**Sol L. Gutmacher**  
Noreen Bertman

In loving memory of  
**Eleanor Jeanne Andelman**  
Barbara Andelman

### **Build Our Future Fund**

In loving memory of  
**Cecily Pearson**  
Diana Pearson

### **Curtiss Director's Discretionary Fund**

In loving memory of  
**Don Jacobson**  
Loree and Alan Resnik

In loving memory of  
**Nancy Grunzweig**  
Loree and Alan Resnik

In honor of  
**Linda Schneider's Birthday**  
Loree and Alan Resnik

### **Music Fund**

In loving memory of  
**William Rosner**  
Karen and Sandy Shapiro

### **Operating Fund**

In loving memory of  
**Howard Orpett**  
Rita Orpett

In loving memory of  
**Stanley W. and Louella F. Kohn**  
Patti Ferris

In loving memory of  
**William Rosner**  
Sue and Rudi Hoffman

In loving memory of  
**Jack Bialosky, Sr.**  
The Goudreau Family

In loving memory of  
**Minnie Haber**  
Barbara and Stan Brown

In loving memory of  
**Albert Markowitz**  
Emily and Jim Gusky

In loving memory of  
**Edith Gross Bialosky**  
Ronni and Jack Bialosky, Jr.

In appreciation of  
**Online High Holy Day services**  
Carolyn Oppenheimer  
Daniel Katz

In loving memory of  
**Maxine Galvin**  
Linda Schneider

In loving memory of  
**Rose M. Shultz**  
Barbara Robinson

In loving memory of  
**Harry J. Lehman**  
Michelle Brown  
Ginny and Dennis Lehman  
Dorothea Polster

In loving memory of  
**Jeff Korach**  
Beth and Rand Curtiss

In loving memory of  
**Don Jacobson**  
Beth and Rand Curtiss

In loving memory of  
**Nancy Grunzweig**  
Beth and Rand Curtiss

### **Our Tent**

Sherry and Gary Dinner  
JoAnne and Len Podis  
Dorothea and Michael Polster  
Lori Rosenberg  
Karen and Sandy Shapiro  
Debra Light and Bruce Sherman

In honor of  
**Nachama Moskowitz's Twin Grandchildren**  
Debra Light and Bruce Sherman

In honor of  
**Ellen and Ed Weber**  
Debra Light and Bruce Sherman

In honor of  
**Emily Langel's Bat Mitzvah**  
Debra Light and Bruce Sherman

In honor of  
**Ellen Weber's milestone birthday**  
Debra Light and Bruce Sherman

### **Rabbi's Discretionary Fund**

In Honor of  
**Emily Langel Bat Mitzvah**  
Ellyn Ross

In loving memory of  
**Don Jacobson**  
Debra Light & Bruce Sherman





# RISE & SHINE Shabbat!

Stories, Music, & Activities  
for Families with Very Young Children

with  
Rabbi Vann,  
Rabbi Shana,  
& Maggie Wise

Sat., November 5<sup>th</sup>  
10:30-11:30 AM

at the  
Mayfield Library

NOTE  
LOCATION!!

Future dates:

Mayfield Library: Dec. 10<sup>th</sup>, Jan. 21<sup>st</sup>, Feb. 4<sup>th</sup>  
Orange Library: Mar. 18<sup>th</sup>, Apr. 8<sup>th</sup>, May 6<sup>th</sup>

COME GROW  
WITH ME!

A Shabbat Service and  
Dinner Especially for  
Children Ages 0-7 and  
their Families

November 18<sup>th</sup>  
6 PM | @ST-KA

with  
Rabbi Shana  
and  
Maggie Wise



Future Dates: Jan. 27<sup>th</sup>, Feb. 10<sup>th</sup>, Mar. 10<sup>th</sup>, Apr. 14<sup>th</sup>

## ST-KA Technology Links

amazon smile

Are you an Amazon shopper? Start at [smile.amazon.com](https://smile.amazon.com)  
and choose Suburban Temple-Kol Ami as your preferred  
charity! There's no extra cost - just use your usual



Can't join us in person in the sanctuary? Attend online!  
Visit our website at [suburbantemple.com/shabbat](https://suburbantemple.com/shabbat) for links  
to live and recorded services.



Missed a Service or other video? Our recorded  
programming and other video resources can be viewed on  
our [YouTube Channel!](#)



Follow us on [Facebook](#) and [Instagram!](#)



*Mazal tov* to our members  
who are celebrating  
milestone **birthdays** in November:

Miriam Barr  
Mark Nyer  
Mark Perillo  
Eleanore Risman  
Eileen Roth  
Teana Siegel

...and *mazal tov* to our members  
who are celebrating  
milestone **anniversaries** in November:

Suzanne and Robert Englander  
Kelly and Robert Berick

Milestone birthday listings begin at age  
fifty and every five years afterwards.  
**All birthdays 100 and over are listed.**  
Milestone anniversary listings  
begin at 10 years and then  
every five years afterwards.

Remember ST-KA  
through a bequest  
or other charitable  
vehicle in your  
estate plan.

Please contact  
Brett Shankman for  
more information.

## We Gratefully Acknowledge the Following Contributions...

In honor of  
**Staff effort and excellence  
for Shabbat Under the Stars**  
Debra Light & Bruce Sherman

Religious School/Education Fund  
In loving memory of  
**Sydner Shapiro**  
Karen & Sandy Shapiro

Stashower Family Garden Fund  
In loving memory of  
**Don Jacobson**  
Sara Stashower & Mark Heller

In honor of  
**Ellen Weber's birthday**  
Fran, Steve & Abby Greenfield

In loving memory of  
**William R. Rosner**  
Dorothea Polster

In honor of  
**Eric Baer 90<sup>th</sup> birthday**  
Sara Stashower & Mark Heller

In loving memory of  
**David J. Goodman**  
Helen Bell

In appreciation of  
**Sara Stashower & Mark Heller**  
Ilene McMullen

In loving memory of  
**Adele Spiegelman**  
Joyce Watts



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[www.suburbantemple.org](http://www.suburbantemple.org)

Member, Union for Reform Judaism

## STAFF

Allison Vann, *Rabbi*  
Rabbi Eric J. Bram, D.D., *z"l* (2002-2010)  
Rabbi Michael A. Oppenheimer, D.D., *z"l* (1976-2002)  
Rabbi Myron Silverman, D.D., *z"l* (1949-1976)  
Brett Shankman, *Executive Director*  
Rabbi Shoshana Nyer, *Director of Lifelong Learning*  
Deb Rogers, *Cantorial Soloist*  
John Farragher, *Maintenance Supervisor*  
Charlotte Versagi, *Administrative Assistant*  
Smadar Lahav, *Administrative Assistant*

## OFFICERS

Lori Rosenberg, *President*  
Rich Silver, *Vice-President*  
Bruce Sherman, *Secretary*  
Michelle Brown & Tessa Gable, *Co-Treasurers*  
Matt Lehman, *Immediate Past President*

Follow us on social media:



[www.facebook.com/suburbantemple](http://www.facebook.com/suburbantemple)



<http://bit.ly/ST-KAYoutube>



[www.instagram.com/suburbantemplekolami](http://www.instagram.com/suburbantemplekolami)

## KABBALAT SHABBAT SERVICES

Fridays | 6 PM

Join Rabbi Vann & Cantorial Soloist Deb Rogers as we welcome Shabbat together as a community!



If you're unable to attend in person, join us online!

Click for links and details:

[www.suburbantemple.org/shabbat.html](http://www.suburbantemple.org/shabbat.html)

## GET READY TO "Shop @ Shul"!

**What:** Holiday Pop-Up Shop Featuring ST-KA Member Artists, Benefitting our Temple!

**When:** Sunday, Nov. 13<sup>th</sup>, 11-2

**Stuff to look Forward To:**

- Unique Gifts for All Ages to See and Buy
- Munchies for purchase - all sales benefit our temple teens!
- Browns vs. Dolphins Streaming in the Social Hall for Non-Shoppers
- Noshes to Tide You Over Available for Purchase

Watch your Temple Times e-mail for more info!

## COME GROW WITH ME!

Friday, November 18<sup>th</sup> | 6 PM

Rabbi Shana & Songleader Maggie Wise will lead a fun, interactive musical service for children 0-7 and their families on Friday evening, November 18<sup>th</sup>.

The evening is free and open to the community. We encourage you to invite your friends with Jewish children to come and see what it's all about!



Please RSVP for the service and dinner to [cversagi@suburbantemple.org](mailto:cversagi@suburbantemple.org).