



Shabbat and Worship Calendar

DUE TO GOVERNMENT AND CDC RESTRICTIONS DURING THE COVID-19 OUTBREAK, SERVICES AT THE TEMPLE HAVE BEEN CANCELLED AT THIS TIME.

IF YOU HAVEN'T ALREADY DONE SO, PLEASE JOIN US ON FRIDAY EVENINGS AT 6 PM ON ZOOM!

[FOLLOW THIS LINK FOR SERVICES](#)

PLEASE CONTINUE TO CHECK IN AT OUR WEBSITE:

www.suburbantemple.org

AND ON SOCIAL MEDIA AT:

www.facebook.com/suburbantemple/

FOR THE LATEST UPDATES AND INFORMATION ABOUT SERVICES AND PROGRAMS.

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Mikdash M'at: Creating Sacred Space at Home



Our ancient rabbis taught that every home is a “*mikdash m'at*”—a small sanctuary. In other words, every home is sacred. Our homes are the places where we are safe; where we are staying—or getting—healthy. They are reflections of us.

At the same time, we know that we are at home much more than we've ever been.

So when it comes to adding one more component to our space-- joining a worship or prayer service—how can we differentiate the service from everything else we do in our homes?

I'd like to share some tactics to bring added holiness to your home when we're getting ready for services, or during services themselves.

1. Have a separate location in your home for services that is the same location every time you pray. This can help you recognize that this is a new and different time, away from work or learning, and is a special time of the week or year. Even though you're still on the computer, this can help to know that something different is happening.
2. Consider changing clothes, or even dressing up a little bit! This marks the time as different.
3. Create a simple ritual around getting ready before you start the zoom call. Get a favorite pair of candlesticks, a *kiddush* cup, or other ritual object that is connected to the holy day and place them near the computer, ready to use during the service. Or, if more meaningful, do the ritual before the service.
4. Limit unnecessary distractions. Turn off the TV, mute your phone, etc.
5. If you are new to virtual experiences, don't be afraid to ask for support so that you can feel included and part of the space.
6. Be open to prayer. Virtual space IS real space. Spiritual experiences can be deep, meaningful, relevant, and real.

Rabbi Allison Vann
avann@suburbantemple.org

Visit <https://www.suburbantemple.org/holydays.html> for everything you need to make the High Holy Days particularly meaningful this year. You will find prayers, poems, photos, videos and more.

From Brett's Desk:



The High Holy days are a few short weeks away. We look forward to welcoming everyone online as we celebrate this year.

In this edition of the bulletin are extensive FAQ's which will answer many of your questions about the High Holy Days experience. More information will be forthcoming in the next week. If you have additional questions, please reach out to us via email and/or phone. Thanks.

As a reminder, your Open Doors membership gift is more important than ever this year. If you have not made your commitment, please do so today. You can mail in the form that you received, email directly to me, or call me. Our ability to accurately project income this year is truly critical. Thank you for your attention to this.

Finally, a quick thank you to my colleagues – Rabbi Vann, Rabbi Shana, J.B., Deb, Dale, Kim, and John. They are working tirelessly to ensure an amazing High Holy Day experience for us all.

L'shana tova tikatevu,

high holy days schedule...

Selichot

Selichot

Friday September 11th during Shabbat services at 6 PM

Selichot Family Havdalah

Saturday September 12th at 7 PM

Rosh Hashanah

For up-to-the-minute information, please visit:

<https://www.suburbantemple.org/RoshHashanah.html>

Erev Rosh Hashanah

Friday September 18th at 8 PM

Rosh Hashanah (Day)

Saturday September 19th at 10 AM

Tashlich

2 PM at Green Lake, Shaker Heights

Rosh Hashanah for Kids and Teens

Sunday September 20th at 9 AM

Yom Kippur

For up-to-the-minute information, please visit:

<https://www.suburbantemple.org/YomKippur.html>

Yom Kippur for Kids and Teens

Sunday September 27th at 9 AM

Kol Nidre

Sunday September 27th at 8 PM

Yom Kippur (Day)

Monday September 28th at 10 AM

10:00 AM	Morning service
12:00 Noon	Jewish Journeys
1:30-2:30 PM	Meditation Hour
3:00-4:00 PM	Study Breakouts (1) Jonah, (2) Holiness, (3) Tikkun Olam
4:45 PM	Yizkor/ Neilah

In Memoriam

Dear Member
June Greenwald



HIGH HOLY DAYS 2020: FAQs

The High Holy Days at ST-KA will be new this year because we will be at home. They will be meaningful and central to our spiritual path both individually and as a congregational family. No less meaningful, no less central to the paths we take every year as members of ST-KA. These differences may be hard or uncomfortable particularly at a time when so much of our lives has changed.

We--ST-KA's clergy, and staff and leadership—are imagining the High Holy Days in powerful and engaging ways that touch on our creative energy and our enduring legacy. This document answers many of the questions and concerns we know you may have. And ST-KA's website is constantly being updated with additional information. We look forward to sharing the High Holy Days with you and your family.

How can I make the High Holy Days feel more real?

Great question! Between September 8 and 11, each Suburban Temple-Kol Ami family will be receiving a High Holy Day bag. Every item in the bag has been curated to bring the High Holy Days, and the congregation, home. From apple and honey candy, to a schedule of services, to candles—and more—this bag is a tangible way to begin to design your High Holy Day experience.

Watch your front door for these very special bags!

For more ideas about making sacred space in your home, please see page 1.

What will services look like?

Our services will be mostly live with carefully created visuals to enhance the ability to pray together. These visuals are designed to access the messages and values of these holy days. Additionally, there will be videos of our professional choir, for example, and other special moments to enhance the holy days, and deepen our spiritual experiences.

How do I “get into” services?

Every member will receive an email the week of September 7 asking you to register online for services. The link for registration will be attached. You will need to register for each day that you will attend. After registering, you will receive a confirmation and link that will enable you to participate in the services. Each home will receive via email a unique code. It may not be shared. In the same way that safety and security were a top priority in the past, so too is security a continuing priority. We are excited about our online experience for the High Holy Days. If you have any questions or concerns about registering, please contact Brett Shankman, bshankman@suburbantemple.org.

We encourage you, in these unique times, to pray with your family members and friends from around Cleveland and the country during the High Holy Days. Family can be together in new ways, and we'd love for you to join together in worship for each high holy day. To do so, each home will simply need to register with us to receive their unique code.

As always, we do not charge for non-members entry to High Holy Days. We do ask for a donation to the synagogue. Invite all to join!

The music is so beautiful during our services. What's happening this year?

Singing in person, and especially in a group, is not safe. However, thanks especially to the ingenuity of our Music Director Deb Rogers, and our regular keyboardist and conductor Michael McKay, our professional choir will be featured in expertly created videos.

Deb will lead us live, her spirit and her voice moving us through the high holy day season.

Speaking of the screen, I'm worried about my attention span. Will services be very long?

We know! Our attention span for online platforms is not as long. We are diligently working to meet the very real issues of “Zoom fatigue”. Services will be shortened to accommodate these needs.

How can we feel like we're together when we're all in our homes?

We're together—apart. Nothing can make up for the feel of the lobby when we're gathering before and after services; of the Rosh Hashanah luncheon or the break fast at the end of Yom Kippur. However, we will make use of the technology we have to communicate and connect and appreciate our special congregation.

Do I need a machzor (prayer book)?

No, you don't need one. During the service, most of the prayers will be shared on the screen. If you would like a *machzor*, a form to borrow one from the congregation will be in your High Holy Day bag.

What about children and teens?

These are increasingly difficult times for children of all ages. Meeting the health needs of children may compromise the social emotional needs, and vice versa.

Our at home experience for children includes a brief worship experience for all the children, and then in break out groups, a developmentally appropriate activity highlighting a value found in each holy day. Our goal is to be active and interactive.

What about Yizkor and the Book of Remembrance?

If you have previously listed the names of loved ones in the Book of Remembrance, you will be receiving an email in the next few days asking for confirmation of your listing. Please reply as quickly as possible. We are developing an online “book” as well as a print version for those who request it.

Don't forget to mark your calendars for our special services in October! Details for each will be revealed in *Temple Times* and in your October bulletin.

- **SUKKOT:**

Consecration Friday, October 2 at 6 PM
Pop-Up Sukkot Visits from the Rabbis
Days and Times: TBD

- **SIMCHAT TORAH:**

Friday, October 9 at 6 PM
Torah Caravan: Saturday, October 10
Time: TBD



SAVE THE DATES

ST-KA Technology
amazonsmile

Did you know that shopping on Amazon.com can benefit ST-KA? We have signed up with AmazonSmile, which donates a small percentage of every purchase to our congregation. Please visit smile.amazon.com and choose Suburban Temple-Kol Ami as your preferred charity. Then, change your Amazon bookmark to smile.amazon.com for future purchases! There is no extra cost to you and you can use your usual amazon.com account. Start at smile.amazon.com each time you shop!

JOIN US ON ZOOM!

Don't forget that many of our programs are now running on ZOOM. Please refer to our program boxes for links and information on how you can tune in and participate.

Live Streaming Service Information

Don't forget, you can watch previously recorded Kabbalat Shabbat services from our regular live stream on our website.

Please visit www.suburbantemple.org and select the "at home" tab under "WORSHIP".

CONTACT US!

Are you or is someone you know looking for a virtual rabbinic visit or phone call? Please contact **Rabbi Vann** to schedule with her.

www.calendly.com/rabbivann

While our office is closed, our phone lines are still open and we are receiving voicemails.

216.991.0700



Remember ST-KA through a bequest or other charitable vehicle in your estate plan.

Please contact **Brett Shankman** for more information.



Are you 70½? Have you considered a charitable IRA rollover? A gift to ST-KA will strengthen the Temple and may provide you with a tax benefit*.

Contact Brett Shankman for more information.

*Always discuss gift planning and distributions with your financial planner and tax advisor.

We Gratefully Acknowledge the Following Contributions

Please consider making a contribution to Suburban Temple-Kol Ami to celebrate a special occasion, express gratitude or sympathy, or honor important accomplishments. A current list of temple funds is available from the temple office. Donations may be made online at www.suburbantemple.org/form/STKAdonation-form. Donations listed below were received between July 1 and July 31, 2020. Please let us know of any errors or omissions.

Bimah Fund:

In loving memory of
Sarah N. Feldman
Barbara and Irv Feldman

In loving memory of
Manuel Schenkel
Karen and Mickey Schenkel

Oneg Shabbat Fund:

In loving memory of
Katherine Townley Galvin
Shelley and Tom Galvin

Operating Fund:

In loving memory of
Jack Bialosky, Sr.
Judi and Bob Sterns
and Family

In honor of their daughter's marriage
Judy and Dick Cohen
Roberta and Stuart Sears

In loving memory of
Tom Cristal
Jacqueline and Donald Bercu
Peggy R. Hagman
Edward Lux

In loving memory of
Maxine Galvin
Linda Schneider

In loving memory of
Carol Grossman
Edward Grossman, Sr.
Sheryl Grossman
Ned Grossman
and Shelly Lazarus

In loving memory of
Lillian Podis
JoAnne and Len Podis

In loving memory of
Alvin Roth
Karen and Sandy Shapiro

In loving memory of
Sam Sternberg
Wendy Cantor Dobo
and Thomas Dobo

Music Fund:

In loving memory of
Howard Bloomfield
Paul M. Epstein
Jean and Lou Bloomfield

Our Tent Fund:

In honor of
Joseph Grasso
Miriam Grasso

In kindness
Michelle Brown
Ellyn Ross

Rabbi's Discretionary Fund:

In loving memory of
Gilda Gorden
Linda and Paul Stiller

In loving memory of
Gertrude G. and Dr. Emil Kline
Judy Dragin and Howard Kline

In loving memory of
Stanley M. Shuck
Linda and Jerry Shuck

In loving memory of
Luba Slodov
Jane Glaubinger and Eric Baer

Rabbi Eric Bram Camp and Scholarship Fund:

In loving memory of
Tom Cristal
Barbara and Stanley Brown

Shewitz Music Fund:

In loving memory
Barbara Pape
Any and Neil Bloomberg

Stashower Family Garden Fund:

In loving memory of
Tom Cristal
Sara Stashower
and Mark Heller

Milestone Birthdays and Anniversaries

Mazal tov to our members who are
celebrating milestone **birthdays** in
September:

Michael Cristal
Peggy Zone Fisher
Robert Green
Todd Ivan
Byron Krantz
Cantor David Malecki
Shellie Nyer
Linda Silverberg

Mazal tov to our members who are
celebrating milestone **anniversaries**:

Joyce and Barry Brown
(60 Years)
Lynn-Ann and Don Gries
(30 Years)
Suzanne and Sanford Luria
(60 Years)
Emma and Brandon Smith
(15 Years)

Milestone birthday listings begin at age fifty
and every five years afterwards.

All birthdays 100 and over are listed.

SUBURBAN SPOTLIGHT!



AIA Ohio has announced temple member **Jack Alan Bialosky, Jr.**, as the recipient of the **AIA Ohio Gold Medal**, the highest honor the organization can bestow on a member. The jury notes Bialosky's career "has skillfully woven all three aspects of [the award criteria.] design, leadership and service throughout his firm's work and personal contributions to the profession and beyond."

Mazal tov to Jack!

Wholly Jewish is a podcast put out by the Reform movement. This season includes interviews with members of the second cohort of its **JewV'nation** project who are all Jewish and LGBTQIA+. This week's episode is from our member **J Collins**. As J states, "It's not about my work or games or policy. It's about who I am and what it means to be queer, trans, Jewish in this crazy world."

Click through to the [ReformJudaism.org website](http://ReformJudaism.org) to have a listen!

Nice work, J!



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Member, Union for Reform Judaism

STAFF

Allison Vann, *Rabbi*
Rabbi Eric J. Bram, D.D., z"l (2002-2010)
Rabbi Michael A. Oppenheimer, D.D., z"l (1976-2002)
Rabbi Myron Silverman, D.D., z"l (1949-1976)
Brett Shankman, *Executive Director*
Rabbi Shoshana Nyer, *Director of Lifelong Learning*
J.B. Davis, *Director of Engagement and Marketing*
Deb Rogers, *Music Director*

OFFICERS

Matt Lehman, *President*
Lori Rosenberg, *Vice-President*
Bruce Sherman, *Secretary*
Howard Feldenkris, *Treasurer*
Kimberly Rosner, *Immediate Past President*

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www.facebook.com/suburbantemple



www.instagram.com/suburbantemplekolami

WORSHIP FROM HOME!

KABBALAT SHABBAT SERVICES

Fridays at 6 PM



Rabbi Vann and Music Director **Deb Rogers** are coming to you live on Friday evenings starting at 6 PM for Shabbat on **ZOOM**.

[Please use this link to connect!](#)

YOUTUBE

Find us on our YouTube channel to view past Shabbat services or other congregational videos!

[Please use this link to connect](#)

STORYTIME WITH RABBI SHANA

Fridays at 5 PM



Adults and Kids—get comfortable in your favorite chair or find your special spot on the floor and join **Rabbi Shana** for a story to welcome Shabbat!

[Please use this link to connect!](#)

COFFEE WITH RABBI VANN AND RABBI SHANA

Tuesday and Thursdays
at 8:30 AM



Get your day started with **Rabbi Vann** on **Tuesdays** and **Rabbi Shana** on **Thursdays** from 8:30-9 AM. Log in to **ZOOM** with your coffee, (or tea!) and your breakfast to connect with each other and catch up with Rabbi Vann.

[Please use this link to connect!](#)
(Tuesdays)

[Please use this link to connect!](#)
(Thursdays— except August 6)