A New Notebook

Even with smart phones and computers, there is a recent surge in the paper notebook market. I too, have jumped on that bandwagon. I have become attached to carrying a particular type of notebook: a small, hardbound, unlined notebook, with an elastic closure. I use it for everything—from to-do lists to sermon outlines to journal entries.

As we approach the High Holy days, I think about the past year and the coming year. In so many ways, my notebooks are an easy metaphor for our spiritual year.

Each of us has a notebook in which we’ve written this year’s story. During the High Holy Days, we flip through the pages of our story, assessing, evaluating, and figuring out what we need to do for the next year to make it even better.

This is a powerful, important and sacred exercise. We have the opportunity to slow down and page through the notebook of the last year to prepare for the coming year. What a gift this is!

From Selichot through to Simchat Torah, I’ll celebrate my successes, contemplate how to do better, apologize for my wrongs, and spiritually prepare for the year.

Then I’ll begin a new notebook. I’m looking forward to 5780.

Rabbi Allison Vann
avann@suburbantemple.org

High Holy Day Worship Schedule 2019/5780

SELICHOT
Saturday, September 21
6 pm.............Dinner, Discussion and Ritual

EREV ROSH HASHANAH
Sunday, September 29
8 pm.............Evening Service

ROSH HASHANAH
Monday, September 30
10 am...........Morning Service
    Come Grow With Me!
12:15 ..........Rosh Hashanah Luncheon
2:30 pm.......Tashlich
3 pm...........Rosh Hashanah Family Experience:
    Get New Again!

EREV YOM KIPPUR
Tuesday, October 8
8 pm........... Kol Nidre / Evening Service

YOM KIPPUR
Wednesday, October 9
10 am...........Morning Service
    Come Grow With Me!
12:30 pm ....Our Jewish Journeys:
    A Yom Kippur Symposium
12:30 pm.....Children’s Service: At-One-Ment
2 pm...........Personal Prayer, Meditation and Study
4 pm...........Afternoon, Memorial (Yizkor) and Concluding
    Service (Ne’ilah)
The concluding service will be followed by a light break the fast
    sponsored by the Heller and Stashower families.

SUKKOT
Friday, October 18
6 pm.............Sukkot Shabbat Service with Consecration

SIMCHAT TORAH
Sunday, October 20
7 pm.............Simchat Torah Service

THIS IS THE FINAL MAILED BULLETIN. PLEASE CONTACT THE OFFICE TO PROVIDE US WITH YOUR E-MAIL ADDRESS SO YOU WILL NOT EXPERIENCE A DISRUPTION IN SERVICE.
From Brett’s Desk:

As we enter the 2019 High Holy Day season, I want to again say thank you. I am very blessed to work in a congregation full of wonderful congregants, passionate learners, and an amazing staff.

In July we were able to add J.B. Davis to our staff as our Director of Engagement and Marketing. J.B. is focused on improving our outreach and recruitment of new members as well as helping us ensure that we are engaging you in a meaningful manner. Please feel free to share prospective member names with J.B. Or suggestions for ways we might improve the member engagement experience.

In the next few days you will receive your tickets for this year’s High Holy Days which begin the evening of September 29th. As always, security is among my chief concerns. Perhaps even more so this year, as this is the first High Holy Days since the tragic shootings at Tree of Life Synagogue in Pittsburgh last year. I want to remind you and urge you to respect our ticket requirements. ALL adults who wish to enter the main doors. I recognize that this may feel inconvenient or that “everyone knows me” but it will be our protocol. I thank you in advance for respecting our need to do our very best to ensure that our High Holy Day worship will be safe and secure. If you have any questions about the ticketing policy or security, please feel free to contact me directly.

Finally, I want to remind you that this is the final Temple bulletin that you will receive through the postal service. We are moving to an electronic bulletin beginning in October. The bulletin will be available through email, the website, and in black & white print from the magazine rack at Temple.

Brett Shankman, Executive Director bshankman@suburbantemple.org

From our Director of Lifelong Learning

#OnwardHebrew and So Much More!

It is hard to believe we are beginning year three of Our Tent! I am so excited for this coming year where our theme will be Hineini: Here I am! And we will focus on being mindful, present and living with intention.

We are proud participants in a program called #OnwardHebrew, a program introduced by the Jewish Education Center of Cleveland and practiced by congregations throughout the country. #OnwardHebrew formally burst onto the scene in October 2017, with its roots planted more than 15 years ago. #OnwardHebrew promotes sound-to-print (hearing before seeing) learning and is built on four elements that honor the principles of language acquisition, three of which build the “sounds” and the fourth formally connects to “print.”

• Language learning via Hebrew Through Movement (HTM) – HTM is an active method for introducing Hebrew the same way children acquire their first language. First, students learn to respond physically to Hebrew words (stand up, sit down, walk, run, jump, spin, touch, lift up, etc). Then these movement words are used to introduce other vocabulary – “stand up, run to the Shabbat candlesticks, put in the candles, and light the candles (‘l’hadik ner shel Shabbat,’” i.e., the exact last Hebrew words of the Shabbat candle blessing). It is estimated that this year alone, 10-15,000 children are spending an average of 15 minutes a week with HTM, kinesthetically building foundational vocabulary for Hebrew blessings, prayers and rituals.

• Authentic worship experiences in Hebrew – It is impossible for a person to decode Hebrew (letter-vowel-letter-vowel) at synagogue speed, even if the prayer leader is on a slower pace. In fact, most regular service attendees know the prayers by heart. With this in mind, #OnwardHebrew programs incorporate Hebrew t’fillah (worship services) on a regular basis.

• Infusing Hebrew words into English sentences, thus increasing connections to Jewish traditions, culture, people and life.

It is appropriate as it is with mindfulness, presence and intention that we created and continue to offer Our Tent. In the next few bulletin articles I want to share with you some of the “whys” of our program. This month is why we teach Hebrew the way we do.

We as a congregation participate in HTM, regular t’fillah and delayed decoding, and are therefore considered “On Our Way” to full participation in this program. We have been given a certificate for this, which we will proudly display, and we are listed on the #OnwardHebrew web page. Our plan this year is to incorporate Jewish Life Vocabulary, and then we will be the first congregation in Cleveland to be “All In.”

#OnwardHebrew is considered best practices for Hebrew acquisition, and we are proud that we are on the cutting edge, and have be for a while, of the how best to give our learners a Hebrew education!

If you want to know more about this aspect of Our Tent or any other, please join us on September 4 for Welcome to Our Tent! More information is on the back cover.

Looking forward to learning with you this year!

Rabbi Shana Nyer
snyer@suburbantemple.org
A Guide to High Holy Days for 2019/5780

Note NEW PROGRAMMING! NEW CHILDREN and FAMILY EXPERIENCES!

Selichot – Saturday, September 21

6pm | Dinner, Discussion and Ritual – NEW!
Selichot literally means “forgiveness.” To prepare for the intensity of the High Holy Days, we begin the week before with the ritual of Selichot. This ritual begins the spiritual work of the High Holy Days: to process where we fell short this past year and work on aspirations for the coming year.

Selichot will be particularly meaningful this year as we join for dinner, discussion and ritual in the personal setting of a member’s home this year.

Erev Rosh Hashanah – Sunday, September 29

8pm | Evening Service
We join together to usher in Rosh Hashanah, our spiritual New Year. During this time we reflect on the ways we can become our best selves.

The apex of this service is the singing of Avinu Malkeinu, in which we call out to God for renewal.

Rosh Hashanah – Monday, September 30

10am | Morning Service
During this service, we contemplate the past year and give thanks for the opportunities to come. The Torah will be read, and the Shofar sounded. During the service, there will be care for our younger children, with Jewish activities for babies and children. All children will be invited into the sanctuary to hear the sounding of the shofar. Please register for children’s activities and babysitting at lifelonglearning@suburbantemple.org or 216.991.0700.

10am | Come Grow With Me! Rosh Hashanah – NEW!
You’ve come to love Come Grow With Me! on Shabbat—now on Rosh Hashanah! For our youngest members and their parents. Following the service, the New Year experience continues at Torah Tots for children, and in the Sanctuary for adults.

After Morning Service: Rosh Hashanah Luncheon

2:30pm | Tashlich – NEW TIME!
Everyone is welcome at this brief ritual in which we symbolically cast our sins into water. An informal, meaningful and family (and dog) friendly experience! (Due to the construction at Shaker Lakes, the location is still pending.)

3pm | Rosh Hashanah Family Experience: Get New Again! – NEW!
For families with grade school children, this informal Rosh Hashanah program will explore through music and learning the meaning of Rosh Hashanah. It will be in the same location as Tashlich!

Erev Yom Kippur – Tuesday, October 8

8pm | Kol Nidre Service
During this highlight of the High Holy Day season, the lights are dimmed, the Torahs removed, and the plaintive melody of Kol Nidre calls us to reflect on the strength of our promises and to work on becoming our best selves.

Yom Kippur – Wednesday, October 9

10am | Morning Service
During this service, we join together to contemplate the past year. This is the holiest day of the year, and we fast while reflecting through prayer, study, and connection. During the service, there will be care for our younger children, with Jewish activities for babies and children. Please register for children’s activities and babysitting at lifelonglearning@suburbantemple.org or 216.991.0700.

10am | Come Grow With Me! Yom Kippur – NEW!
You’ve come to love Come Grow With Me! on Shabbat—now on Yom Kippur! For our youngest members and their parents. Following the service, the New Year experience continues at Torah Tots for children, and in the Sanctuary for adults.

12:30pm | Yom Kippur Children’s Service: At-One-Ment – NEW!
Specifically designed for grade school children, through music, prayer and learning, we will explore experientially the deeper meanings of Yom Kippur. During this time, parents are invited into the Sanctuary for Jewish Journeys: A Yom Kippur Symposium.

12:30 pm | Jewish Journeys: A Yom Kippur Symposium
Join Rabbi Vann and a panel of members for an hour of reflection about the many paths upon which Judaism leads us. Our members will provide beautiful music during the program.

2pm | Personal Prayer, Meditation and Study – NEW!
For those that wish to follow the tradition of remaining in the synagogue all day on Yom Kippur, the library will be available for quiet contemplation. Materials for prayer and quiet meditation will be provided.

4pm | Afternoon, Memorial (Yizkor) and Concluding Service (Ne’elah)
Our afternoon worship will focus on Torah reading and Haftarah reading, music, and renewal. The Yizkor Service remembers our loved ones with music, poems and a message from Rabbi Vann. Our final service, Ne’elah, will feature our Kolot Kol Ami congregational choir. We rise from our holiest day enriched from prayer and fasting, filled with hope. The congregation will gather immediately following the service for a light break the fast, generously sponsored by the Heller and Stashower family.

Sukkot Activities

Sunday, October 13 | 12 to 2:00 pm – Sukkah Build
After our opening day of Our Tent, all members are welcome to join together to prepare for Sukkot! There will be lunch, learning, sukkah building and our opening youth group event—fun for the entire congregation! Please RSVP to Keesha Sellars at 216-991-0700 or ksellars@suburbantemple.org.

Friday, October 18 | 6pm – Sukkot Service and Consecration
During Shabbat worship, we will celebrate Sukkot and honor our greatest gifts: our newest learners. Join us to celebrate the formal beginning to their learning.

Simchat Torah – Sunday, October 20

7pm | Simchat Torah Service and Celebration
After we come to the last word in Deuteronomy, we immediately begin again with the first words in Genesis. Come rejoice in Torah as our members read from the Torah! We’ll dance to joyous music provided by the Workmen’s Circle Klezmer Orchestra. To participate in the service or read a line of Torah, please contact Rabbi Shana Nyer at 216.991.0700 or snyer@suburbantemple.org.
Did you know that shopping on Amazon.com can benefit ST-KA? We have signed up with AmazonSmile, which donates a small percentage of every purchase to our congregation. Please visit smile.amazon.com and choose Suburban Temple-Kol Ami as your preferred charity. Then, change your Amazon bookmark to smile.amazon.com for future purchases! There is no extra cost to you and you can use your usual amazon.com account. Start at smile.amazon.com each time you shop!

WiFi For Everyone!
Suburban Temple-Kol Ami has WiFi available. If you have a WiFi capable device and wish to connect, simply use the guest password “Temple2016.”

Live Streaming Service Information
Don't forget, you can watch Kabbalat Shabbat services live (or recorded) on our website. Please visit www.suburbantemple.org and click on the livestream menu at the top.

Remember ST-KA through a bequest or other charitable vehicle in your estate plan. Please contact Brett Shankman for more information.

Greetings from Kol Nashim!

Kol Nashim, The Women of Suburban Temple-Kol Ami, is planning many events for the upcoming year. We will begin by sponsoring breakfast on the opening day of Our Tent. There will be a Chanukah dinner, a Kol Nashim Friday night service and the Women’s Seder. Our book club will return and we will continue with gift presentations to our students celebrating B’nai Mitzvot. Watch this column for information about these and other events.

To make our year successful, we need your involvement. Please contact me or any of the Board Members with your suggestions. We need you to participate, not only by attending the events, but also in helping to plan them.

We wish you and all of our sisters everywhere a healthy, peaceful and productive year. On behalf of myself and the entire Board, may you have a happy and sweet year.

L’shana Tova!
Shellie Nyer
Kol Nashim President
thenyers@aol.com

September Programs, Events, and Meetings

Torah study meets every Saturday morning from 9:15-10:15 am. Join us in the Gries Library for bagels and open discussion about the Torah!

Mon., Sept. 2 .......... OFFICES CLOSED: LABOR DAY
Sun., Sept. 8 ............ 9 am | Our Tent: First Day of Classes!
Mon., Sept. 9 ............ 7 pm | Board of Trustees Meeting
Sun., Sept. 15 .......... 9 am | Our Tent
12:30 pm | SUBTY 678 - Escapology
Sun., Sept. 22 .......... 9 am | Our Tent
Wed., Sept. 25 .......... 4 pm | Calvary Church Spaghetti Dinner
(7820 Euclid Avenue, Cleveland, OH 44103)
Thur., Sept. 26 .......... 7 pm | Intro to Judaism (at ST-KA)
Mon., Sept. 30 .......... OFFICES CLOSED: ROSH HASHANAH

Shabbat Acknowledgments
We are grateful to the following people who helped make our June and July worship services a beautiful experience.

Shabbat Blessings: Jane Glaubinger, Amy Handel, Tina, Dan, Mason and Jack Keller, Jan Lieblich, Karen Schneiderman and Tracey Messer, Karen and Sandy Shapiro, Jodi Ashby and Lauren Smith, Andi Wasserman

Torah Blessings: Alan Hazzard, Nancy Huntsman and Barb Margolis

Announcements: Matt Greenfield, Matt Lehman, Bruce Sherman, Lori Rosenberg

Ushers: Noreen Bertman, Emily and Jim Gusky, Jan Lieblich, Flossy and Dennis Mitchell, Natalie and Richard Skall, Ellen and Tom Wieder

Guest Speaker: Dave Aron, Susan Gordon Merdler

Guest Musicians: Michael McKay, Joanne Uniatowski
Bimah Flowers and Oneg Shabbat Sponsors

On June 7, the bimah flowers were gifts from Ken Lapine in loving memory of Jean Lapine

On June 7, the bimah flowers were gifts from Linda and Jerry Shuck in loving memory of David M. Shuck

On June 7, the Oneg Shabbat was a gift from Dr. Jane Glaubinger in loving memory of Fred Schmidt

On June 7, the bimah flowers were gifts from Sue and Rudi Hoffman in loving memory of Marcella Rosenberg

On June 14, the bimah flowers were gifts from Noreen Bertman in loving memory of Philip Bertman on their 63rd anniversary

On June 14, the bimah flowers were gifts from Gail Rosewater in loving memory of Alice Vactor Rosewater and Harold J. Rosewater

On June 14, the bimah flowers and Oneg Shabbat were gifts from Tina and Dan Keller in honor of Jack Keller

On June 28, the bimah flowers were gifts from Sandy and Karen Shapiro in loving memory of Adele Shapiro

On June 28, the bimah flowers were gifts from Linda Schneider in loving memory of Albert Bunwasser

On June 28, the bimah flowers were gifts from Joanne and Chuck Frankel in loving memory of Kurt Lang Frankel

On June 28, the bimah flowers were gifts from Jill and Jack Steinbuch and Amy and Jordan Verbosky in loving memory of Robert Alan November

On June 7, the bimah flowers were a gift from Amy Handel in loving memory of Hortense Handel Meyer

On July 12, the bimah flowers were a gift from Karen and Mickey Schenkel in loving memory of Manuel C. Schenkel

On July 12, the Oneg Shabbat was a gift from Kathy and Fred Eisner in loving memory of Manuel Eisner

On July 12, the Oneg Shabbat was a gift from Drs. Jo and Len Podis in loving memory of Lillian Podis

On July 19, the bimah flowers were gifts from Judy Malone and Jeff Katz in loving memory of Sarah S. Evans

On July 19, the bimah flowers were gifts from Jane Glaubinger in loving memory of Luba Slodov

On July 19, the bimah flowers were gifts from Barbara and Irv Feldman in loving memory of Sarah N. Feldman

On July 19, the bimah flowers were gifts from Edith Miller in loving memory of Steven D. Miller

On July 19, the Oneg Shabbat was a gift from Karen Schneiderman and Tracey Messer in honor of their milestone anniversary

On July 19, the Oneg Shabbat was a gift from Shelly and Tom Galvin in loving memory of Katherine Townley Galvin

On July 19, the bimah flowers and Oneg Shabbat were gifts from Tom Gerson in loving memory of Benjamin S. Gerson

On July 26, the bimah flowers were gifts from Francine and Benson Pilloff in loving memory of Max A. Pilloff

On July 26, the bimah flowers were gifts from Jeanne Frankel in loving memory of James Hertz Aarons on the occasion of his 100th birthday

On July 12, the Oneg Shabbat was a gift from Karen and Mickey Schenkel in loving memory of Manuel C. Schenkel

In Memoriam

Dear Members
Jeanne Frankel
Ruth Miller

Dear Relatives
Erin Farragher
Robert Alan November
We Gratefully Acknowledge the Following Contributions

Please consider making a contribution to Suburban Temple-Kol Ami to celebrate a special occasion, express gratitude or sympathy, or honor important accomplishments. A current list of Temple funds is available from the Temple office. Donations can be made online at www.suburbantemple.org. Donations listed below were received between June 1 and July 31, 2019. Please let us know of any errors or omissions.

**Bimah Flower Fund**
In honor of
- Jack Keller
  Tina and Dan Keller
In loving memory on the occasion of his 100th birthday
- James Hertz Aarons
  Jeanne Frankel
In loving memory on their 63rd anniversary
- Phillip Bertman
  Noreen Bertman
In loving memory of
- Albert Burwasser
  Linda Schneider
- Sarah N. Feldman
  Barbara and Irv Feldman
- Kurt Lang Frankel
  Joanne and Chuck Frankel
- Benjamin S. Gerson
  Tom Gerson
- Luba Slodov
  Jane Glaubinger
- Marcella Rosenberg
  Sue and Rudi Hoffman
- Jean Lapine
  Ken Lapine
- Sarah S. Evans
  Judy Malone and Jeff Katz
- Steven D. Miller
  Edith Miller
- Max A. Pilloff
  Francine and Benson Pilloff
- Evelyn K. and Richard L. Royce
  Leslie Resnik
- Alice Victor Rosewater and
  Harold J. Rosewater
  Gail Rosewater
- Manuel C. Schenkel
  Karen and Mickey Schenkel
- Adele Shapiro
  Sandy and Karen Shapiro
- David M. Shuck
  Linda and Jerry Shuck
- Robert Alan November
  Jill and Jack Steinbuch and Amy and Jordan Verbosky

**Gries Family Library**
In loving memory of
- Marcella Rosenberg
  Sue and Rudi Hoffman

**Oneg Shabbat**
In honor of
- Jack Keller
  Tina and Dan Keller
In loving memory of
- Karen Schneiderman and
  Tracey Messer
In loving memory of
- Manuel Eisner
  Kathy and Fred Eisner
- Katherine Townley Galvin
  Shelly and Tom Galvin
- Benjamin S. Gerson
  Tom Gerson
- Lillian Podis
  Drs. Jo and Len Podis
- Fred Schmidt
  Dr. Jane Glaubinger

**Operating Fund**
In appreciation of
- Cantor Dave Malecki
  Tina and Dan Keller
In appreciation of her service as treasurer
- Michelle Brown
  Debra Light and Bruce Sherman
  Lori Rosenberg
In honor of his milestone birthday
- Stanley Brown
  Linda Schneider
In honor of receiving the President’s Award
- Flossy Mitchell
  Michelle Brown
  Debra Light and Bruce Sherman
In appreciation of
- Rabbi Shana Nyer
  Ellyn Ross
In appreciation for the Our Tent program
- Tessa Gable

**Rabbi Bram Camp and Scholarship Fund**
In honor of his milestone birthday
- Dr. Stanley Brown
  Joanne and Charles Frankel
In loving memory of
- Franci Berg
  Noreen Bertman

**Rabbi’s Discretionary Fund**
In appreciation of Richard Gusky’s memorial service
- Rabbi Allison Vann
  Emily and Jim Gusky
In appreciation of her services
- Rabbi Allison Vann
  Anne and Scott Flamm
In appreciation of her spiritual guidance
- Rabbi Allison Vann
  Jack, Tina and Dan Keller
In celebration of her conversion
- Tessa Gable
  Janet Lieblich
In honor of receiving the President’s Award
- Flossy Mitchell
  Jan Lieblich
In loving memory of
- Gertrude G. Kline
  Howard A. Kline
In memory of
- Ruth Miller
  Flossy and Dennis Mitchell
- Perry Vann
  Debra Light and Bruce Sherman

**Stashower Family Garden Fund**
Henry and Deborah Metzger
In honor of his milestone birthday
- Irv Feldman
  Nancy and Jim Grunzweig
  Sara Stashower and Mark Heller

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<th>Fund Name</th>
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**Our Tent**
In honor of his milestone birthday
- Dr. Stanley Brown
  Joseph and Ann Rosenthal
ST. KA

SUBURBAN TEMPLE—KOL AMI
Come, let us walk in the light of the Eternal

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Member, Union for Reform Judaism

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WELCOME TO
OUR TENT
Innovative Jewish Learning for Everyone

SUBURBAN TEMPLE—KOL AMI

Come join us to learn more about our innovative educational programs and all the exciting offerings for the coming year!

This event is for...
♦ people who’ve never been to our program
♦ those who’ve taken one class
♦ those who’ve been with us since the beginning

Wednesday, September 4th... 7-8:30 PM

...AND THERE WILL BE SNACKS!

RSVP to Keesha Sellars before Tuesday, September 3rd
ksellars@suburbantemple.org or 216.991.0700