



May/June Shabbat and Worship Calendar

May

Friday, May 5 | 6 pm

Kabbalat Shabbat Service with Torah reading and Kolot Kol Ami choir

Friday, May 12 | 6 pm

Kabbalat Shabbat Service
Come Grow With Me! Shabbat with Rabbi Shana and Cantor Dave

Friday, May 19 | 6 pm

Kabbalat Shabbat Service and Confirmation

Friday, May 26 | 6 pm

Kabbalat Shabbat Service

Saturday, May 27 | 10:30 am

Bat Mitzvah – Madilyn Weinberger

Tuesday, May 30 | 7 pm

Erev Shavuot Program and Service

June

Friday, June 2 | 6 pm

Kabbalat Shabbat Service with Torah reading and Kolot Kol Ami choir

Friday, June 9 | 6 pm

Kabbalat Shabbat Service

Friday, June 16 | 6 pm

Kabbalat Shabbat Service

Friday, June 23 | 6 pm

Kabbalat Shabbat Service

Friday, June 30 | 6 pm

Kabbalat Shabbat Service

Mazal Tov!



The congregation is invited to celebrate together during Shabbat services on Saturday, May 27, at 10:30 am. **Madilyn Weinberger**, daughter of Danielle Weinberger-

Cicero (Matt Cicero) and Eric Work, will become a Bat Mitzvah.

The Place Where We Are Right

From the place where we are right

Flowers will never grow

In the spring.

The place where we are right

Is hard and trampled

Like a yard.

But doubts and loves

Dig up the world

Like a mole, a plow.

And a whisper

Will be heard in the place

Where the ruined

House once stood.

—Yehuda Amichai



This poem highlights what happens too often: we need to be right.

Why do we have such a need to be right? The science teaches that when we argue with someone, or are in a situation of fear or distrust, cortisol floods the brain.

Executive functions that help us with higher thought like strategic thinking or compassion begin to shut down. The

amygdala, the intuitive part of our brain, takes over and the body instinctively moves into chemistry to protect itself—in this case from shame, or loss of power, or other emotions that are flooding our senses—and we are increasingly unable to regulate our emotions. When pushed in this way, we default to one of four responses: fight (keep arguing), flight (revert to previous decision/follow group consensus), freeze (disengage from the argument by becoming quiet) or appease (appease opponent/choose to agree).

Further, when we argue and win, our brain floods with adrenaline and dopamine, which makes us feel good, even dominant. Here's what we know: being right swells our sense of self-worth. It's a feeling we might want to experience again and again ... so the next time we fight again—to win. In other words: *We get addicted to being right.*

When we argue to be right—rather than to engage one another, we stop hearing each other. We stop caring about one another. We stop caring about the issues. We just want to be right.

Rather, let's remember why we started arguing in the first place, we had something we were passionate about. Let's relearn the practice of healthy conversation, and even healthy conflict. Judaism shares examples and opportunities in how to engage in a healthier pattern. Take the Talmud, for example. Containing many volumes, the Talmud determined Jewish practices and law, and today is an exercise in spiritual debate and clarifying practice. In the Talmud's unique written form, the entire argument was often codified, and the majority and minority were collated.

From Brett's Desk:



It's that time of year again! Baseball is in full "swing," flowers are blooming, and your Board of Trustees is expected to approve our 2017-18 fiscal budget shortly. As you

know, Open Doors commitments make up over 60% of our income. We work diligently to bring in the remainder through rentals, additional fundraising, and fees for service. However, income remains a significant challenge.

In mid to late May, you will be receiving your 2017-18 Open Doors commitment form. We are entering year three of Open Doors and overall, we feel that it has been a success. More than 30 new families have joined the congregation since its inception and many of those families have already begun to establish roots here at ST-KA. What a blessing to have this new energy and community.

At the same time, our expenses continue to rise. The sustaining number on your commitment form will be an increase over last year. I want to continue to remind you that the sustaining amount is the amount it costs us per household to run ST-KA for the next fiscal year. We hope that every member can make a commitment at or above the sustaining gift level, but we recognize that isn't true.

Your job is to promptly return the form to the office notifying us of the amount of your commitment for the 2017-18 fiscal year. Whether your gift is a multiple of the sustaining number or a fraction thereof, you are and will remain a full member of Suburban Temple-Kol Ami. We are your home.

I look forward to seeing many of you over the spring and summer.

B'shalom,

Brett Shankman,
Executive Director
bshankman@suburbantemple.org

Rabbi Vann from page 1

Even further, the minority opinion was never considered a "loser" in the argument. They continued to be offered the same dignity and honor as before that decision. In fact, sometimes they were given credit for their behavior and grace, or their verbal gymnastics—and given even more credit, even if the law did not side with them.

Let's allow a "whisper [to be] heard in the place where the ruined house once stood." As Yehuda Amichai so beautifully wrote, when we need to be right, we ruin the house. When we learn to engage, in healthy conversations and debates, with respect, rather than needing always to be right, the whisper will grow—and the house will stand again. 

Rabbi Allison Vann
avann@suburbantemple.org

Confirmation

Friday, May 19 at 6 pm

Please join us as we honor our Confirmands at this special Shabbat service.
We wish *Mazal Tov* to them and their families!

Joseph Berick Alexa Cooper Joshua Silver

Lifelong Learning

Siyyum – A Celebration of Learning

Join our religious school community on **Sunday, May 7, from 11 am-noon** for a Siyyum, a celebration of learning. We will honor our teachers and madrichim. We will wish our graduating seniors well on their journeys. We will bless our students going to camp and celebrate the year we had together as a kehillah, a community. Then we'll enjoy a picnic lunch together! This is the final day of Religious School for this year.



Come Grow with Me Shabbat:

On **May 12, at 6:00 pm** join us for a brief, interactive, and fun Shabbat service, featuring music by Cantor Dave and a story by Rabbi Shana. The service is followed by Shabbat dinner for families with very young children (0-9 years old). This program is free and open to the community, so tell your friends with Jewish kids!

Parent's Night Out:

Would you like a date night? Or a night out with friends? Let our professionally trained teachers, Kathy Klein and Heidi Mell, and their assistants watch your children while you go and enjoy yourselves!

All children 1 year and older are welcome to join us **May 20, from 6:00-9:00 pm** for a pizza dinner, activities, *havdalah*, and a movie in pajamas. The cost is \$10 per child with a maximum of \$25 per family for the whole evening, and this program is open to the community, so tell your friends with Jewish kids!

Please RSVP for all above programs by emailing LifelongLearning@suburbantemple.org or calling the Temple at 216.991.0700.

From our Director of Lifelong Learning Thank You, Thank You, Thank You!!!



It is amazing to me that we have come to the end of another incredible year of religious school, and once again my heart is full of gratitude to all

those who helped to make it a success! To all the teachers, madrichim, staff, parents, and students, you are all awesome in your own special way, and you make being the Director of Lifelong Learning at ST-KA a true joy every day! From the bottom of my heart, THANK YOU all for a phenomenal year!

I hope you enjoy these pictures of just some of the fun and learning that took place!

With a heart filled with gratitude,
Rabbi Shana Nyer
snyer@suburbantemple.org





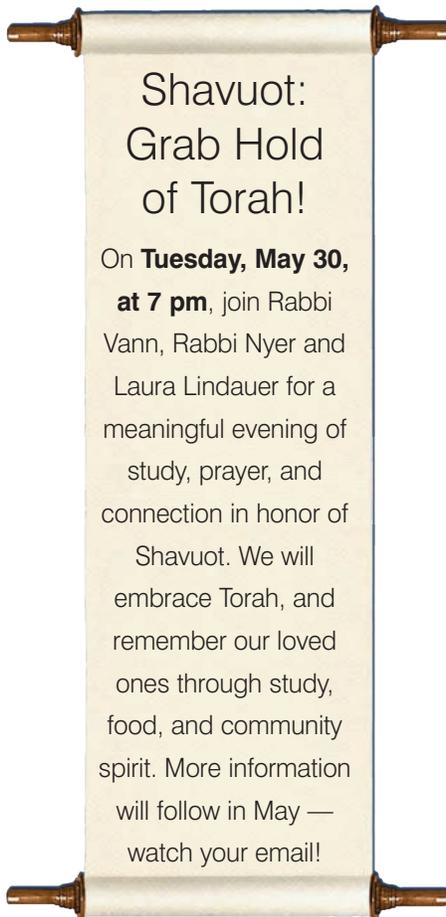
Greetings from *Kol Nashim*!

Thank all of you who participated in the Women's Seder last month, it was a wonderful evening! A special thanks to Nancy Huntsman who worked so hard to make it happen.

As I write this article, my thoughts and memories are with a dear member of *Kol Nashim* who we lost last month, Elise Rosenberg. Anyone who knew Elise recognized the grace and spunk she carried into any room. Along with her daughter Lori, she was generous enough to share her story at our closing tea in 2015. She had taken a US military honor flight which she qualified for by being a Navy veteran. Elise was a licensed pilot and enlisted in the Navy in 1943, serving in flight operations on a base in Rhode Island. She served our country with honor and she served our Temple family with love and smiles. Her work as a pilot in the 1940s was groundbreaking. Elise truly embodied *Kol Nashim*, "the voice of women." She is loved and will be missed.

Finally, we hope you all will be able to join us this year for our closing tea on May 21 from 1-3 pm at the Temple. Our speaker will be ST-KA's very own Tali Merdler, who will share her insights into the joys and challenges of working to resettle refugee families in Cleveland, based on her work at *US Together*. *US Together* is a refugee resettlement agency and an affiliate of the Hebrew Immigrant Aid Society. Light refreshments will be served. The cost is \$8 for *Kol Nashim* members and \$10 for guests. This event promises to be fascinating and is open to all members of our congregation and their guests. Please RSVP to Dale Hopkins, dhopkins@suburbantemple.org in the Temple office by May 12 if you will be joining us.

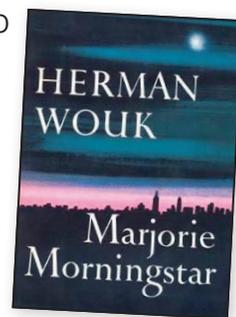
Amy Bloomberg,
Kol Nashim President
STKAKolNashim@gmail.com



Join *Kol Nashim* at these events!

ST-KA Book Club

Pick up a copy of *Marjorie Morningstar* by Herman Wouk and join the ST-KA Book Club, sponsored by *Kol Nashim*, on **May 18 at 7pm**, for a stimulating discussion led by Rabbi Vann. Nancy



Huntsman and Barbara Margolis will be hosting this event at their home, so please contact the Temple office at 216.991.0700 or dhopkins@suburbantemple.org to RSVP. An address will be provided when you RSVP.

Once We Were Strangers – The Jewish Responsibility

***Kol Nashim* Spring Tea**

Sunday, May 21 | 1–3 pm
Suburban Temple Kol Ami

ST-KA's own **Tali Merdler** will speak on the work of re-settling refugees in Cleveland.

Men's Club

Please join us for our first Men's Club Shabbat! All men of the congregation are invited to participate in this service, **Friday, June 16**. Please email Dale Hopkins, dhopkins@suburbantemple.org to indicate your interest in participating. English and Hebrew parts will be available.



Calvary Church Supper

For more than 20 years, Suburban Temple-Kol Ami members have been cooking and serving meals at Calvary Church at 79th and Euclid Ave. The next dinner is scheduled for **Wednesday, May 24**. We need volunteers from **4–6:30 pm** to set up, serve the guests, and clean up. To sign up please contact: Sandy Lusher-Waterhouse (spruce50@gmail.com or 440.498.8282).

May/June Programs, Events, and Meetings

Torah study meets every Saturday morning from 9:15-10:15 am. Join Rabbi Vann in the Gries Library for bagels and open discussion about the Torah.

- Mon., May 1** **Yom HaZikaron (Israeli Remembrance Day)**
- Tues., May 2** **Yom Ha'Atzma'ut (Israel Independence Day)**
7 pm | Kolot Kol Ami rehearsal
- Thurs., May 4** **5:30 pm** | Tikkun Olam Committee meeting
7 pm | Vintage Film Festival: *Beneath the Helmet*
- Sun., May 7** **Noon** | Religious School *Siyyum* and Picnic
(Congregation welcome)
- Mon., May 8** **7 pm** | Board of Trustees meeting
- Tues., May 9** **6:30 pm** | Adult B'nai Mitzvah Class
- Tues., May 16** **6:30 pm** | Adult B'nai Mitzvah Class
- Wed., May 17** **6:30 pm** | Confirmation Rehearsal
- Thurs., May 18** **7 pm** | ST-KA Book Club
(at the home of Susan and Lyle Merdler)
- Sat., May 21** **6 pm** | Parents' Night Out
- Sun., May 21** **1 pm** | *Kol Nashim* Closing Program
- Mon., May 22** **6 pm** | Vintage Committee meeting
- Tues., May 23** **11:30 am** | AARP Safe Driving Course
6:30 pm | Adult B'nai Mitzvah Class
- Wed., May 24** **4 pm** | Calvary Church Supper
(7820 Euclid Avenue, Cleveland, OH 44103)
7 pm | Executive Committee meeting
- Sat., May 27** **10:30 am** | Bat Mitzvah: Madilyn Weinberger
- Mon., May 29** **MEMORIAL DAY – OFFICE CLOSED**
- Tues., May 30** **7 pm** | Erev Shavuot Dinner & Service
- Wed., May 31** **OFFICE CLOSED FOR SHAVUOT**
- Tues., June 6** **6:30 pm** | Adult B'nai Mitzvah Class
- Thurs., June 8** **5:30 pm** | Tikkun Olam Committee meeting
- Mon., June 12** **7 pm** | Annual Meeting
- Tues., June 13** **6:30 pm** | Adult B'nai Mitzvah Class
- Wed., June 21** **7 pm** | Executive Committee meeting
- Tues., June 27** **6:30 pm** | Adult B'nai Mitzvah class



Milestone Birthdays and Anniversaries

Mazal tov to our members who are celebrating milestone **birthdays** in May and June:

May

Judy Cohen
Roxanne Farver
Anne Flamm
Jim Grunzweig
Lyle Merdler
Muriel Nachman
Patricia Passov
Linda Schneider

June

Eric Baer
Daniel Berick
Charlotte Colman
Lori Diamond
Edith Miller
Amy Richards
Terry Solomon

Marjorie Saunders

We would like to wish a happy birthday and *Mazal Tov* to **Marjorie Saunders** as she celebrates her **100th birthday on June 7**. We wish her good health and much happiness in the coming year!

Mazal tov to our members who are celebrating a milestone **anniversary** in May and June:

May

Marlin & Roxanne Farver – 65 years
Ed & Ellen Weber – 40 years

June

Bob & Sally Gries – 45 years
John & Mary Ann Hexter – 50 years
Jeremy & Julie Pilloff – 20 years
D. Peter Hochberg & Maxine Singer – 25 years
Richard & Laurie Silver – 20 years

Milestone birthday listings begin at age 50 and every five years afterward.
All birthdays 100 and over are listed.
Milestone anniversaries begin at ten years and continue every five years thereafter.

Shabbat Acknowledgments

We are grateful to the following people who helped make our March worship services a beautiful experience.

Blessings: Ziv Biri, Joseph Cohn, Barbara and Irv Feldman, Sue and Rudi Hoffman, Jonathan Payes, Nancy Perillo, Josh Silver, Gabe Sonderman, Sara Stashower and Mark Heller

Announcements: Kim Rosner

Ushers: Al Jaffe, Rene Klein, Debra Light, Flossy and Dennis Mitchell, Ellyn Ross, Richard Skall

Bimah Flowers and Oneg Shabbat Sponsors

On March 10, bimah flowers were gifts from **Karen and Mickey Schenkel** in loving memory of **Jeanne Haiman and Celia Schenkel**

On March 17, bimah flowers were gifts from **Barbara and Irv Feldman** in loving memory of **Irene Baer**

On March 24, bimah flowers were gifts from **Joseph Cohn** in loving memory of **Ruth Kun Cohn and Emil Cohn, Jr.**

On March 31, bimah flowers were gifts from **Flora Blumenthal and Family** in loving memory of **Lawrence Blumenthal**

In Memoriam

Dear Members

Evelyn J. Century
Dr. Norman W. Goldston
Shirley "Boots" Haber
Elise K. Rosenberg

Dear Relatives

Kenneth F. Anthony
Barbara "Bobbie" Haas
Fern Sands

We Gratefully Acknowledge the Following Contributions

Please consider making a contribution to Suburban Temple-Kol Ami to celebrate a special occasion, express gratitude or sympathy, or honor important accomplishments.

A current list of Temple funds is available from the Temple office. Donations may be made online at www.suburbantemple.org. Donations listed below were received between March 1-31, 2017. Please let us know of any errors or omissions

Bimah Flower Fund

In loving memory of

Irene Baer

Barbara and Irv Feldman

Lawrence Blumenthal

Flora Blumenthal and Family

Ruth Kun Cohn and Emil Cohn, Jr.

Joseph Cohn

Jeanne Haiman and Celia Schenkel

Karen and Mickey Schenkel

Rabbi's Discretionary Fund

In appreciation of

Rabbi Allison and Charlie Vann

Sara Stashower, Mark Heller,

and David Stashower

In loving memory of

Dr. Norman W. Goldston

Estelle and Morton Smith

Shewitz Music Fund

In loving memory of

Shirley "Boots" Haber

Marilyn Weston

Stashower Family Garden Fund

In appreciation of

Barbara and Irv Feldman

Ginny and Dennis Lehman

Sara Stashower, Mark Heller,

and David Stashower

In loving memory of

Elise K. Rosenberg

Sara Stashower, Mark Heller,

and David Stashower

Tikkun Olam Fund

In loving memory of

Elise K. Rosenberg

Nancy and Adam Levin

ST-KA Technology Update

ST-KA Joins AmazonSmile



Did you know that shopping on Amazon.com can benefit ST-KA? We have signed up with AmazonSmile, which donates a small percentage of every purchase to our congregation. Please visit smile.amazon.com and choose Suburban Temple-Kol Ami as your preferred charity. There is no extra cost to you and you can use your usual amazon.com account. Start at smile.amazon.com each time you shop!

Live Streaming Service Information

Don't forget, you can watch Kabbalat Shabbat services live (or recorded) on our website. Please visit www.suburbantemple.org and click on the live stream menu at the top.

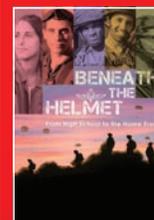
WiFi For Everyone!

Suburban Temple-Kol Ami has WiFi available to all of our guests. If you have a WiFi capable device and wish to connect, simply use the guest password "Temple2016."

Vintage Film Festival

Vintage invites the congregation and their friends to their annual Film Festival. This film will be followed by a discussion with Rabbi Vann and Vintage will provide coffee, tea, and dessert. Please RSVP to Dale Hopkins at dhopkins@suburbantemple.org or 216.991.0700.

Wednesday, May 4 | 7 pm



Beneath the Helmet: From High School to the Home Front

(2014) is a coming of age documentary that highlights five young Israeli high school graduates, who are drafted into the army to defend their country. At the age of 18, away from their houses, family, and friends these young individuals undergo a demanding journey, revealing the core of who they are and who they want to be.



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Michael A. Oppenheimer, D.D., *Rabbi Emeritus*
Myron Silverman, D.D., *Rabbi Emeritus, z"l*
Brett Shankman, *Executive Director*
Rabbi Shoshana Nyer, *Director of Lifelong Learning*
Laura J. Lindauer, *Interim Music Director*

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 [@rabbivann](https://twitter.com/rabbivann)

OUR TENT

Innovative Jewish Learning for Everyone
SUBURBAN TEMPLE-KOL AMI



Our Tent Opens September 10, 2017

By now we hope you have all heard about our new lifelong learning program! Online registration will open at the end of May. Please check your Temple Times for more information about registration, and the website for more information about the program (www.suburbantemple.org).

Join us for our

Annual Meeting

Monday, June 12, 2017 | 7 pm

The 2017 Suburban Temple-Kol Ami annual meeting will be held on **Monday, June 12 at 7 pm**. At the meeting, we will thank our outgoing trustees, welcome new board members and present the annual President's Award to the Lifelong Learning Committee for its creation of Our Tent.

Please RSVP to dhopkins@suburbantemple.org or 216.991.0700.