#### OCTOBER/NOVEMBER 2019 TISHREI/CHESHVAN/KISLEV





Inch by inch, row by row, Temple Shalom Nursery School students watch their garden grow.





Saturday, Oct. 26, 7:30 p.m. Temple Shalom of Newton

For more information, visit www.templeshalom.org.

# One Year Later: Fighting Anti-Semitism, Remembering Tree of Life

A conversation with New York Times journalist & author Bari Weiss

General admission: \$36/person

Premier Ticket: \$118/person

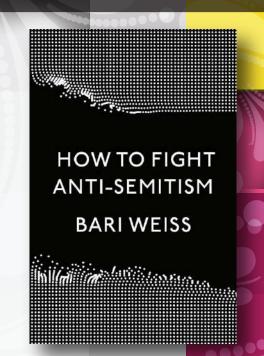
Includes private wine and cheese reception with the author prior to the program and preferred seating.

Free for students with ID

Co-sponsored by:







# Lhana Tova!

With the summer months beginning to fade, we eagerly await the High Holy Days, where we gather as one community to celebrate, reflect, and pray as we greet 5780. This year, our morning worship will include three different service options responding to the varying needs and preferences of our diverse community. Service descriptions can be found at www.templeshalom.org/HHD19. We look forward to sharing this special time with you and your family and wish you a happy and healthy New Year.

Rabbi Laura Abrasley, Rabbi Allison Berry, and Cantor Leah Shafritz

# HIGH HOLY DAYS SERVICE SCHEDULE 2019

#### Yom Kippur, Wednesday, Oct. 9

Temple Shalom offers multiple worship experiences designed to embrace the diversity within our community. Babysitting for children ages 6 mos - 5 years only is available following the Tot Service (8:15 a.m.) and during the Traditional Service (11:15 a.m.).

#### B'Yachad Morning Service, 8:15 a.m. Sanctuary - Tickets required

B'Yachad (all of us, together) is Temple Shalom's inclusive, participatory and contemporary Reform High Holy Days prayer experience. Most appropriate for children ages 6 and above, B'Yachad features participatory music, Yom Kippur liturgy, a traditional Torah reading and full sermon. Children in Grades K-3 will be invited to participate in a separate educational program during the Torah reading and sermon.

#### Tot Service, 8:15 a.m. room 101 - Tickets required

For our littlest friends and their loved ones! Perfect for ages 0-6, about 45 minutes in length. Join our talented song leader and early childhood staff for an interactive and engaging Yom Kippur experience. Meet puppet friends, sing songs and share in a meaningful Yom Kippur service.

#### Traditional Morning Service, 11:15 a.m. Sanctuary - Tickets required

Join us for our classic Yom Kippur worship service led by our clergy and professional choir. The traditional service includes majestic music with organ and an inspirational sermon.

#### Learning Sessions, 2-3 p.m.

In the coming year, the Temple Shalom community will explore a synagogue-wide learning theme of Sacred Space, Sacred Time and Sacred Relationships. Begin your study of these foundational Jewish ideas on Yom Kippur. There are three sessions to choose from:

Mindful Meditation: This session includes a short teaching about the awareness of "sacred" in Jewish thought and a guided meditation to help you discover how you might invite this value into your life in the coming year. No meditation experience necessary. Just bring an open mind and a willing heart. Led by Temple Shalom congregants Karen Kramer and Renee Brandt.

Traditional Learning: This "traditional" Torah study session will examine one aspect of the Jewish understanding of sacred space. All materials will be provided with thoughtful English translations, and participants will learn together in a guided discussion. No previous experience with Torah study needed. Led by Temple Shalom congregant Paul Centolella.

Interactive Exploration: This hands-on learning experience will explore the importance and diversity of sacred relationships in Jewish teaching. Participants will consider these ideas using ancient and contemporary sources with an eye towards how these ideas can influence our emotional, intellectual and spiritual selves. Bring a willingness to be in conversation with yourself and others. Led by Temple Shalom congregants Barbara and Michael Hecht.

Afternoon Service with Yizkor & Neilah, 3:15-6:30 p.m. Sanctuary - followed by a light community break fast.

#### **NEED A RIDE FOR HIGH HOLY DAYS SERVICES?**

If you need assistance with transportation to High Holy Days services, please don't hesitate to inform the staff at the Temple office, and your request will be shared with the Caring Community volunteer drivers. Simply call the office at (617) 332-9550 or email CaringCommunity@templeshalom.org.

# Engagement with Caroline Dorn



"I just feel so helpless!"

It's a common refrain among friends and family, one you've likely heard recently. This phrase can refer to caring for a loved one who is physically or mentally unwell or to watching the Amazon wildfires blaze on. It can be about a child who's having a difficult back-to-school season, or about the rise of immigrant detention centers on U.S. soil. Maybe it's the 24-hour news cycle linking Jews to disloyalty, or maybe it's the breaking news of yet another mass shooting.

Helplessness tumbles over each of us amidst the anger, sadness, confusion and fear about what it means to be an adult, particularly one who is raising children in 2019. Often, it feels as though there is nothing we can do as the world erupts around us, headline after headline filling our screens and minds.

Here's what to do: come to synagogue.

When our country feels more divided than ever, when our government and our news feeds try to split us apart, the most important and powerful thing we can do is gather together in community. When sending your child to school in the morning feels like an act of courage, send them to sanctuary, and sit next to them. When the world feels too heavy, too broken, too irreparable, join us in repairing it. We will hold your hand when you weep. We will celebrate with your children as they grow. We will hold your family in community, not just on Shabbat, and not just on the High Holy Days, but every day.

Come to synagogue because synagogues are the places of joy and renewal and togetherness that we so desperately need today. Come to synagogue because every day there are children here who are celebrated and loved as they take their first steps, as they head to middle school, as they try to figure out for themselves what it means to be Jewish in 2019.

Come to synagogue because there is so much to celebrate. There are people in our community running marathons and organizing protests and helping their children learn to read and housing asylum seekers. There are people knitting and baking challah and playing mah jongg and drinking coffee and sitting together in worship because that's what they need. That's what we all need. People





# Please Give Blood.

# Temple Shalom Blood Drive Sunday, November 17



8:30 a.m. - 1:30p.m. Social Hall 175 Temple St. Newton, MA 02465

#### ALL DONORS WILL GET A RED CROSS TOTE BAG!

For an appointment, please visit **www.redcrossblood.org** and enter sponsor code: TSNEWTON or sign up on the Temple website at <u>www.templeshalom.org</u>

You may also contact Allan Cole at <a href="mailto:brotherhood@templeshalom.org">brotherhood@templeshalom.org</a> or 617-240-6314

The fall is a popular season to come to Temple Shalom because of the upcoming High Holy Days, a period of time that is meaningful to many. But truthfully, joining a synagogue just to attend High Holy Day services is like using a brand new laptop only to check your email; there is so much more to take advantage of. Rosh Hashanah and Yom Kippur offer the opportunity to reflect upon the year behind us and set intentions for the year ahead. Who do we want to be in the next year? Who do we want by our sides in order to be the Jews the world needs us to be?

The 10 Days of Awe at Temple Shalom are beautiful, meaningful and holy; it's what we plan for all year. But the other 355? That's where the true meaning of community comes through each and every single day. We find what we're looking for both in the pages of our High Holy Days prayer books and in the voice of a nervous bar mitzvah student who has been studying for years to get to this moment. It's in the sounds of the shofar blasting and the joyful noises of our Nursery School toddlers discovering the first fall leaves. It's on Tot Shabbat. It's at a Wednesday afternoon adult learning class. It's within this building and outside of it, and it belongs to each of us.

This fall, when you feel helpless, come to synagogue. Bring all of yourself to the sanctuary. We will be here waiting to welcome you.

# COMMUNITY SIMCHAT TORAH

## **PROGRAM**



# Shabbat & Holiday Services

#### **Shabbat & Holiday Services**

Temple Shalom offers a variety of Shabbat services, studies and activities for all ages. The Friday night service, which is held every Friday at 6:30 p.m., is filled with lots of singing and spirit. Come and join us for Shabbat.



#### **FwYC Tot Shabbat Halleilu**

Fridays, Oct. 4, Nov. 1 and Dec. 6, 5:30 p.m., Rothman Chapel/Room 101 Our Friday night family experience begins with an interactive musical Tot service followed by a vegetarian family dinner catered by RK's Kitchen and Catering, for ages 0-5. The larger congregation's Shabbat Halleilu service begins at 6:30 p.m. with free babysitting available for ages two and up. Come to any/all portions of the evening that fit your family. Siblings welcome. Dinner is free, and members and non-members are welcome. Follow us on Facebook (www.facebook.com/TempleShalomFwYC) to stay up to date with the menu and theme for the month

#### **Shir Shalom Choir**

Fridays, Oct. 25 and Dec. 13, 6:30 p.m.

Please join us as our Shir Shalom Choir sings at our Shabbat services. The choir is led by Music Director David Carrier and Cantor Leah Shafritz.

#### **Shabbat Halleilu Services**

Fridays, Nov. 1 and Dec. 6, 6:30 p.m.

Shabbat Halleilu, a spirited service in song, is held the first Friday of every month. Temple Shalom's Shabbat Halleilu Band, led by keyboardist Matt Savage, accompanies the worship. This service is appropriate for all ages. Children are welcome and invited to lead *hamotzi*, the blessing over the *challot* (two challahs) at the conclusion of the service. The service is preceded by our Shalom Nosh at 6 p.m. and followed by an Oneg Shabbat at 7:30 p.m. "Shabbat Club" babysitting is provided and free of charge for ages two and up.

#### **Shabbat Morning**

Minyan and Torah Study

Saturdays, 8:45 a.m., Rothman Chapel and room 101

A lively lay-led minyan service is held every Saturday morning, followed by a light breakfast and Torah study.

#### B'nai Mitzvah

A Saturday morning Shabbat service will be held at 10:30 a.m. in the Sanctuary with a Torah service when there is a Bar/Bat Mitzvah.

#### **Shabbat Mind: Mindfulness and Meditation**

Saturday, Nov. 23, 11 a.m.

Join us monthly for an hour of Shabbat-inspired stillness and reflection led by members of our own community. Included will be guided imagery, meditation, discussion and sharing. Appropriate for experienced meditators and those new to meditation as well. Please note the new start time of 11 a.m. No registration required.



#### Sukkot

Pizza in the Hut Sunday, Oct. 13, 5 p.m.

Sukkot, marking our journey from Egypt to the Promised Land, gets underway with a pizza dinner, singing, sukkah decorating and a celebration in the sukkah.

#### **Simchat Torah**

Sunday, Oct. 20, 3:30 p.m.

On Simchat Torah, our community will gather for an afternoon of celebration, learning and joy in our new Sanctuary with an ensemble of the world-famous Klezmer Conservatory Band providing the beat.

# Adult Learning Calendar 2019-2020

#### **TEMPLE TRAVEL**

Adult Trip to Israel - March 2020 (Registration closes Oct. 21, 2019)

Etgar36 - Civil Rights Trip to the South, Jan. 23 - 26, 2020

A multi-generational journey through the southern U.S. focuses on civil rights of the past, present and future through a Jewish lens. Visit museums and important sites of the Civil Rights Movement in Atlanta and Montgomery, Selma and Birmingham, Ala.

#### Coming in '21:

Family Trip to Israel - Feb. 10-21, 2021, B'nai Mitzvah option available

Jewish Morocco - Spring 2021



#### **LEARNING OPPORTUNITIES**

# Spirituality and Mental Health Discussion Group with Hadassah Margolis

Sponsored by the Temple Shalom Sisterhood through a grant from Women of Reform Judaism.

Oct. 28, Nov. 4, 18, 25, Dec. 2; 7-8 p.m., maximum 10 How are spirituality and religion connected to mental health? Share how spirituality is (or is not) a part of your life, and learn side-by-side with others how spirituality and mental health impact each other. All religions and levels of faith welcomed.



Hadassah Margolis, MSW, LICSW: Hadassah is a clinical social worker and the Lead Therapist at McLean's Spirituality and Mental Health Department, where she has helped develop the hospital's first-ever spirituality and treatment groups.

# Mindful Parenting of Teens and Tweens with Amy Behrens

Oct. 27, Nov. 3, 17, 24; 10:30-11:45 a.m.

\$99 for one parent or caregiver, \$130 for two parents or caregivers A dynamic four-part series designed to give parents and caregivers the tools they need to navigate the ups and downs of parenting.

# Connecting Jewish Wisdom to 21st Century Living with Temple Shalom clergy and staff

Oct. 6, Nov. 3, Dec. 8, Jan. 5, Feb. 2, March 1, April 5; 10:15-11:45 a.m. These monthly sessions will explore the lessons gleaned from Jewish text and tradition and consider their application to today's world. Each session covers a different topic relevant to parenting, raising Jewish children and being a whole parent in a complex world. No registration required.

# Agreeing to Disagree the Jewish Way: An Introduction to Disagreeing with Civility + Respect with Rabbi Allison Berry and Rabbi Laura Abrasley

Same class. Two locations. \$54

Downtown Boston: Nov. 14, Dec. 5, Jan. 23, Feb. 13, April 16; 12-1:30 p.m., Temple Shalom: Nov. 21, Dec. 19, Jan. 30, Feb. 27, April 30; 12-1:30 p.m. Have we lost our way to really understanding and engaging in

meaningful and constructive disagreement? Jewish tradition offers an excellent antidote for those who desire a different way to disagree more constructively. Rabbi Berry and Rabbi Abrasley will present the "how-to method" found at the core of all traditional Jewish study when study partners find themselves confronted with contradictory interpretations of Jewish texts.

# Future of the Jewish State with Dr. Jonathan Golden of Gann Academy

Nov. 14, 21, Dec. 5, 12, 19; 7:30-9 p.m., \$54/participant Together, we will grapple with the big questions facing Israel in 2019. How can Israel best live out its mission as a Jewish democracy? What is the future of the Israeli-Palestinian conflict, and what are the possible paths for Israel to pursue? What should the relationship be between religion and state in Israel? Come explore and discuss key stances on these questions in preparation for the March 2020 Temple Shalom trip to Israel. Open to all Temple members and especially encouraged for



March 2020 Israel Trip participants.

Dr. Jonathan Golden is the Israel Curriculum Coordinator and a history teacher at Gann Academy, a pluralistic Jewish high school in Waltham, where he has taught since 1999.

Dr. Golden is interested in historical and contemporary questions of Jewish pluralism.

Progressive Judaism in Israel - What Is It, Who Are We and How Do We Build a Strong Relationship With American Jews? *with Alona Nir-Keren, Rabbi of Kamatz in Mevaseret Zion, Israel* Sponsored by the Israel Engagement Task Force of Temple Shalom. Nov. 7, 7:30 p.m.

Rabbi Alona Nir-Keren was ordained at Hebrew Union College Jerusalem as a Reform Rabbi in 2016. As a *sabra* (native Israeli) who understands and comes from the worldview of secular Israeli society, she adds a new voice and dimension to the Reform



Jewish community. She joined the community of Kehilat Mevaseret Zion in 2017. Alona was introduced to the rich American Jewish community life during her work as a young emissary to Metro West Federation and nine years later, again as an emissary to the URJ.

# Adult Learning Calendar 2019-2020 continued.

# **Rothman Scholar - Dr. Susannah Heschel** Dec. 6, 6:30 p.m.



Shabbat services, dinner and speaker. Dr. Susannah Heschel is the Eli Black Professor of Jewish Studies at Dartmouth College. Her scholarship focuses on Jewish-Christian relations in Germany during the 19th and 20th centuries, the history of biblical scholarship and the history of anti-Semitism.

The Blessings of Community and Connection, Adult Kallah Jan.10-12, 2020, Wylie Inn, Beverly, Mass.

How good it is to be together with community for the annual Kallah. Make connections with fellow congregants at this adults-

only weekend. Make new friends, spend time with clergy and enjoy the varied programs offered.

#### **Saturday Morning Torah Study**

Weekly on Saturday mornings, 9:30 a.m.

#### **Shabbat Mind: Mindfulness and Meditation**

Saturday, Nov. 23., 11 a.m.

An hour of Shabbat-inspired stillness and reflection led by members of our own community with guided imagery, meditation, discussion and sharing.





# **CELEBRATE**

## **OUR RENOVATION**

Help honor the many people who made our renovation possible.

# SATURDAY, NOVEMBER 23RD

7:00 in the Evening

Cocktails, program, & dessert reception Event is free of charge, RSVP required

Campaign donors registration open now. Greater community registration begins October 22.

#### **TEMPLE PRESIDENTS:**

Scott Birnbaum 2016-2019 Fred Kraus

#### **RENOVATION TASK FORCE:**

Sarah Abrams Michael Grill Jason Korb

#### **RENOVATION PARTNERS:**

**BKA Architects Chapman Construction VVA Project Management** 

#### **CAPITAL CAMPAIGN COMMITTEE:**

Rob Berman & Jo-Ann Suna – Co-Chairs Ofer Ben-Gai Scott Birnbaum Mark Blecher Hillary Brown **Ed Case** Allan Cole Shelah Feiss **Gary Fertig** Mark Gottesman Eileen Gundersheimer Seth Jaffe Fred Kraus Howie Sholkin Sarah Ruderman-Wilensky **Amy Winston** 

# Kim Bodemer, Education & Youth Engagement



By the time you read this post, we will be in the thick of the High Holy Day season. The Hebrew month of Tishrei gives us lots of opportunities to gather in prayer and celebration. As the Hebrew month begins to wind down, we celebrate the last of the fall holidays, Simchat Torah – literally "rejoicing with the Torah."

This holiday marks the conclusion of the public Torah reading cycle where we read how Moses, at the end of his life, climbs Mt. Nebo and is shown the promised land before he dies and is buried by God. We then immediately read the first passage of the Torah describing the creation of the world as a sign of our continuity and how learning is ongoing.

We are so excited that this year, Temple Shalom has created a unique opportunity for learning and joyful celebration for people of all ages. On Sunday, Oct. 20 at 3:30 p.m., all members of the

community are invited to join us for a variety of learning options. Our clergy will be facilitating two different learning options geared toward adults; our education team will lead six interactive family friendly learning experiences, and our teens will engage in a hands-on project. There is literally something for everyone!

At 5 p.m., we'll gather in our new sanctuary space for a festive celebration that will include dancing with our Torah scrolls to the music of a live Klezmer band. This is sure to be a fun and meaningful way to conclude the holidays – learning, dancing and celebrating together!



Director of Youth Engagement Marriah Vengroff organized teachers' responses to how they could show respect, kindness and empathy toward one another in the coming year during teacher training.



Teacher Bethany Berger (right) and Madrich Max Reiman (center) role play best ways to support students during recent training with Inclusion and Program Development Coordinator Alison Lobron.



# Liz Shiro, Director of SHACHARIT

SHACHARIT is well underway, and it was it was so lovely to welcome our families back after a long summer away from Temple Shalom. We are very excited about a series of new ideas and concepts that we are introducing into the learning experience.

#### New this year to SHACHARIT:

**Hebrew Language Learning Lab** - Teachers can bring their students in grades three through five to this space, which is set up weekly with various activities that address the multi-sensory needs of our students. Students can come and listen to recordings from Cantor Shafritz, build prayers with Legos and blocks, practice writing on individual white boards, build words using roots words, decode words through syllable games and read one-on-one with the teacher.



Hebrew Through Movement - Kindergarten, first and second grade students are participating in a program called Hebrew Through Movement. Students will begin learning Hebrew through a whole language approach in which the teacher uses a set of verbs and introduces them with an action. For instance, given the word la'amod (to stand), he says the word and stands up. The students repeat the word and stand up. They will learn the words by using them in context. We are excited to see how this early exposure effects their Hebrew learning in years to come.

**Themed Chugim (electives)** - This year, each chug is exploring the concept of sacred space, time and relationships. Two chugim we are very excited about are Food Explorers and Circus Arts. In Food Explorers, students will cook and eat food that connect us to our sacred holidays and rituals. In Circus Arts, students will explore texts about sacred relationships and use these ideas to learn partner acrobatics, juggling and hula hooping.

Telling our Story - Third graders will spend this year story telling. They will be telling their own story and how Judaism fits in. They will also be interviewing members of our congregation to learn their stories and share these stories with the community. We are looking for congregants who would like to share their story with our students. Please reach out to Liz at Ishiro@templeshalom.org or call the office for more information.

Temple Shalom of Newton Presents

### MINDFUL PARENTING

Designed for parents of children in Grade 5 and above

SUNDAYS 10:30-11:45AM

10/27, 11/3, 11/17, 11/24 \$99/1 PARENT \$130/2 PARENTS

- Learn how to respond to tough moments in a "mindful" way
- ▷ Increase awareness of yourself and your child
- Strengthen relationships with your children and each other
- Gain clarity about what really matters to you and your family
- Confidently create the life you want for your family



This fall, join certified parent coach and educator Amy Behrens, M.Ed. for this dymanic 4 part series that will help give you the tools to navigate the ups and downs of parenthood.

RSVP REQUIRED:
templeshalom.org/event/mindfulparenting
Limited scholarships are available

# SHACHARIT '19-'20 gets underway













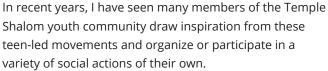
# Marriah Vengroff, Youth Programs

What does it take to be a leader?

This is a question that was deeply considered as we developed the offerings for our newly designed 8th-12th grade program MA'ARIV: A Total Teen Experience. The courses, community activities, social justice initiatives, travel and Madrichim positions are infused with Jewish values and guide the development of leadership skills for our teens.

Recently, the power of youth leadership was spotlighted in our media on the national and even international stage. Emma Gonzales, David Hogg and many of their classmates at Marjory Stoneman Douglas High School became change-makers, leading the charge toward comprehensive gun control in America. Greta Thunberg, a Swedish teenager inspired millions world-wide to attend climate strikes and draw attention to the devastating effects of climate





This moment in time feels exciting and unique, but there is a long history of youth as change-makers in America. The Civil Rights Movement, for example, was fueled by youth across the country. There is much to be learned from the hard work and bravery of young people during such tumultuous times, both then and now.

This history is one I am excited to explore more deeply with a cross-section of adults and our 8th-12th graders on ETGAR 36: A Multi-Generational Journey South. On Jan. 23, 2020, a group of Temple Shalom teens and adults will

travel to Atlanta to begin a four-day guided journey through civil rights of the past, present and future.

**Civil Rights Journey** Atlanta . Montgomery . Selma . Birmingham January 23-26, 2019 . For Adults and 8th-12th graders Explore Civil Rights Past Present and Future Through a Jewish Lens

Through a Jewish lens, we will explore museums, monuments and existing social justice institutions in Atlanta and Montgomery, Birmingham, and Selma, Ala. Some highlights of the trip include the Rosa Parks Museum, a Saturday Shabbat experience on the famous Edmund Pettus Bridge in Selma, the new Lynching Museum at the Equal Justice Initiative, the MLK center, a visit to Fair Fight, an anti-voter suppression organization formed by Stacy Abrams, the Democratic candidate for governor of Georgia last year. The trip will both educate and inspire members of our community to contribute to the ongoing fight for civil rights in America.

We hope you will consider making this journey and taking advantage of this unique opportunity to build multi-generational connections within our Temple Shalom Community. To register and for more information, please go to www.templeshalom.org or email me at mvengroff@templeshalom.org.

Temple Shalom Multi-Generational Travel Opportunity

Marriah Vengroff
Director of Youth Engagement

# **OCTOBER 2019**

			12 13 Tishrei Minyan and Torah Study Musical Matzah Balls Lila Feldman, Bat Mitzvah Minyan and Torah Study Noah Huckman and Jesse Forbes, Briai Mitzvah	6:30p Minyan and Torah 6:00p Study Musical Matzah Balls Lila Feldman, Bat Mitzvah 6:30p Minyan and Torah 5tudy Noah Huckman and Jesse Forbes, Brai Mitzvah Study Minyan and Torah 5tudy Minyan and Torah 5tudy Minyan and Torah 5tudy Manyan and Torah 5tudy Amering with Bat Mitzvah An Evening with Bari Weiss
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<b>8</b> 9 Ti	Rosh Hashanah Temple Office and Nursery School CLOSED Tashlikh at 4:00p Auburndale Cove	∞	<b>∞</b> ₹ 5 ≥ 2	8 9 Tishrei Kol Nidre Temple office and Nurs School close at 1 pm School Hebrew MINCHA MA'ARIV MA'ARIV MA'ARIV MA'ARIV
/ & I snrei Small Group Hebrew 3:30p			≥ ¬¬ Ω	
		Taste of Camp #2 11:45a Small Group Hebrew 12:15p		

# **NOVEMBER 2019**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 3 Cheshvan 6th Grade Retreat 3:30p Tot Shabbat Halleilu 5:30p Shalom Nosh 6:00p Shabbat Services 6:30p	<b>2</b> 4 Cheshvan 6th Grade Retreat 12:00a Minyan and Torah Study 8:45a
3 5 Cheshvan 6th Grade Retreat 12:00a SHACHARIT 9:30a Connecting Jewish 10:15a Wisdom Mindful Parenting 10:30a Small Group Hebrew 12:15p	4 6 Cheshvan Small Group Hebrew 3:30p Spirituality and 7:00p Mental Health	<b>5</b> 7 Cheshvan Small Group Hebrew 1:30p MINCHA 4:30p MA'ARIV 6:30p	6 8 Cheshvan p Small Group Hebrew 3:30p p Executive Committee 7:30p p Shir Shalom Choir 7:30p rehearsal	7 9 Cheshvan Mah Jongg Small Group Hebrew 3:30p Progressive Judaism 7:30p in Israel	<b>8</b> 10 Cheshvan Shalom Nosh 6:00p Shabbat Services 6:30p	<b>9</b> 11 Cheshvan Minyan and Torah Study 8:45a
<b>10</b> 12 Cheshvan	11 13 Cheshvan Veterans Day Temple office and Nursery School CLOSED	12 14 Cheshvan Small Group Hebrew 1:30p MINCHA 4:30p MA'ARIV 6:30p	13 15 Cheshvan b Loose Parts for b Little Ones c Small Group Hebrew 3:30p Music Committee 7:30p meeting	14 16 Cheshvan Downtown Study 12:00p Mah Jongg 1:00p Small Group Hebrew 3:30p Fall Fling 6:30p State	<b>15</b> 17 Cheshvan Shalom Nosh 6:00p Shabbat Services 6:30p Jr SHAFTY Hangout 7:30p	16 18 Cheshvan Minyan and Torah Study 8:45a Family Volunteer Day 10:00a Musical Matzah Balls 10:00a Sonia Milstein-Ockene, 10:30a Bat Mitzvah
17 19 Cheshvan Brotherhood Blood Drive 8:30a SHACHARIT 9:30a Mindful Parenting 10:30a Small Group Hebrew 12:15p	18 20 Cheshvan Small Group Hebrew 3:30p Spirituality and Mental 7:00p Health	19 21 Cheshvan Small Group Hebrew 1:30p MINCHA 4:30p MA'ARIV 6:30p	<b>20</b> 22 Cheshvan p Small Group Hebrew 3:30p p Board of Trustees 7:30p p	21 23 Cheshvan Agreeing To Disagree 12:00p Mah Jongg 1:00p Small Group Hebrew 3:30p Spirituality Discussion 7:00p Group State	<b>22</b> 24 Cheshvan Shalom Nosh 6:00p Shabbat Services 6:30p	23 25 Cheshvan SHAFTY Event (Off-site) Minyan and Torah Study 8:45a Julia Josephson, 10:30a Bat Mitzvah Shabbat Mind: Mindfulness and 11:00a Meditation
<b>24</b> 26 Cheshvan SHACHARIT 9:30a Mindful Parenting 10:30a Little Explorers 11:00a Small Group Hebrew 12:15p	<b>25</b> 27 Cheshvan Small Group Hebrew 3:30p Spirituality and Mental 7:00p Health	<b>26</b> 28 Cheshvan Small Group Hebrew 1:30p MINCHA 4:30p MA'ARIV 6:30p	<b>27</b> 29 Cheshvan	28 30 Cheshvan Thanksgiving Day Temple office and Nursery School CLOSED	<b>29</b> 1 Kisley Temple office and Nursery School CLOSED Shalom Nosh Shabbat Services 6:30p	<b>30</b> 2 Kislev Minyan and Torah Study 8:45a

# **Nursery School**



Educators at the Temple Shalom Nursery School are committed to creating nature-rich educational curriculum and celebration of Jewish values. What better place to learn about Jewish observance than a garden? Young children discover the joy of working with peers and adults at the Temple toward a common goal.

In the spirit of *tikkun olam* ("repairing the world"), students learn to appreciate the power of collaboration, community and the rhythms of nature. We are excited about the new plant beds and look forward to the adventure of raising a Jewish garden filled with aromas, tastes, textures, colors and a healthy harvest to share!

Lucy Banerji Nursery School Director









# Becca Yudkoff, Families with Young Children

It was wonderful to see so many of you for the High Holy days. Now that we are in the fall swing of things, we hope to meet you at our programs for Families with Young Children!

Please check out what's happening, and always feel free to reach out with questions - byudkoff@ templeshalom.org or 617.332.9550 x29

Becco Yndkoff Program Director for Families with Young Children



#### **Loose Parts for Little Ones**

Wednesdays, Oct. 16, Nov. 13, Dec. 15, 11-12 p.m., ages 1-3 years

Bring your toddlers for exploration, discovery, tinkering and play with a new set of materials for each class. Facilitated by Becca Yudkoff, Program Director for Families with Young Children; Lucy Banerji, Nursery School Director and our wonderful Nursery School teachers.

#### **Little Explorers**

Sundays, Oct 27, Nov. 24, Dec. 15, 11-12 p.m.

This program is designed for families to learn, laugh and explore hands-on topics together. Led by our creative Nursery School teacher, Sabrina Burke, children ages 18 months-5 years are invited to come explore our monthly themes. Siblings welcome.

#### Tot Shabbat Halleilu

Fridays, Oct. 4, Nov. 1, Dec. 6, 5:30-7:30 p.m.

Our Friday night family experience begins with an interactive musical Tot service in the Rothman Chapel, followed by a vegetarian family dinner catered by RK's Kitchen and Catering, for ages 0-5 in room 101. The larger congregation's Shabbat Halleilu service begins at 6:30 p.m. with free babysitting available for ages two and up. Come to any/all portions of the evening that fit your family. Siblings welcome. Dinner is free, and members and non-members welcome. Follow us on Facebook to stay up to date with the menu for the month and the theme.



#### **Musical Matzah Balls**

Saturdays, Oct. 12, Nov. 16, Dec. 21, 10-11 a.m.

Join Jackie Nudelman with her guitar as she leads us in a musical Saturday morning in our beautiful Nursery School Classroom. Dance, sing and explore musical instruments with us.

#### **Fall Harvest Celebration**

Monday, Oct. 21, 10-11:30 a.m.

Join Families with Young Children and Temple Shalom Nursery School at Temple Shalom as we celebrate the fall harvest in honor of Sukkot and Simchat Torah. There will be a short musical service with Rabbi Allison Berry and Becca Yudkoff, followed by crafts, snacks and time spent with friends.



#### Inside a Story! NEW!

Tuesdays, Oct. 29, Dec. 10, 11-12 p.m.

Join us for this parent-child playful hour (event/exploration) as we step "inside a story" with a book to explore every month. We will bring stories alive by transforming the space and bringing images and material to explore concepts, characters and storytelling art. Facilitated by Becca Yudkoff, Program Director for Families with Young Children; Lucy Banerji, Nursery School Director and our wonderful Nursery School teachers.

# Getting to Know You with Loretta Zack

It's another season, and as we approach High Holy Days, I find myself excited about telling you more stories. We are all part of life's rich tapestry, and if you would like your story to be told, I welcome the opportunity to spend time with you and share your story. Please email me at Izack@templeshalom.org



Allow me to introduce Megan and Larry Margulies and their two daughters, Lila and Edith (Edie). They are relatively new members joining in 2017 and are an extremely interesting family. With a nine-month old baby and busy working lives, I met with them separately. Larry came in having dropped off Lila, who is four, at our summer camp. Luckily, we could watch Lila playing while we talked.

Larry is the founder of Pavement Coffeehouse whose website states: "Pavement Coffeehouse is your local coffee spot. We are independently owned with eight cafes in Boston and welcome the community every day with our own freshly roasted specialty coffee and fresh homemade bagels. Whether you have to take it to go, or you're looking to kick-back with friends or books, come on over, we can't wait to see you."

Larry was brought up in Highland Park, Ill., in a conservative Jewish family attending pre-school, Hebrew school and was a bar mitzvah at Temple Beth El. He moved to Boston in 1993 and studied at Boston University. He had an opportunity to join a friend and his father, who had a bagel shop, and eventually took over the business at 23. Today, he has 185 employees and an e-commerce store where you can purchase coffee at any frequency you want delivered to your doorstep. He is currently working on a new store with architects as we speak.

It was a Tuesday, and I have just met Megan and Edie for the first time, and this beautiful child just looked at me and smiled. How bad can that be? I had tried to do some homework about this budding author only to find all the "juicy" stuff was the wrong Megan. However, she came with her own story. She was brought up in New York City with two younger siblings and had a non-religious Jewish upbringing.

She left New York for Wheaton College and stayed in Boston. "I have always been interested in writing, which led me to earn my MFA in creative nonfiction from Lesley University in 2008." She met Larry met for coffee (not Pavement Coffee) via match.com, and it became a perfect relationship.

Megan has been a freelance writer with articles in such outlets as The Washington Post and online at The Atlantic and was an editorial assistant at Harvard. She just received great news – her book *My Captain America* is being published by Pegasus Books and will be out in the summer of 2020 – make sure you get a copy.

"It's about growing up in New York and spending so much time with my grandfather, who was co-creator of the Marvel Comics super hero Captain America, and we were very close. I spent a lot of time with Daddy Joe, and if Lila sees a picture of Captain America, she says there's Daddy Joe. He passed away in 2011 leaving fond memories. She loves the outdoors and her vegetable garden and thinks she was a farmer in her former life.

"I love to dance. I grew up doing ballet from age 4 to 12, and before getting pregnant with Edie, I was taking a modern dance class as much as possible."

They both tell me that Lila is well behaved, loves rainbows and lightening storms, eats well, eats anything and sleeps for 12 hours. She also likes the outdoors and getting dirty with nature. She also loves arts and crafts, and it runs in her family as she has two aunts, two great grandmothers and two great grandfathers who are all artists. As for Edie, she is finally waking up only once a night after some tough love!

Larry and Megan's dream is to move to south Vermont to a place with acres of land and a view of the mountains. At this point of typing, I found myself sighing and thinking of how beautiful that will be.

Both Megan and Larry love living in Newton and love Temple Shalom with our holistic approach to childcare and the nature and the outdoors for the kids.

Their busy lives and a new baby make it difficult for them to be more involved with Temple life, but once the baby is more settled and life hopefully slows down a little, they will be drawn into the new offerings that we can offer them.

I am grateful they found the time to come in and meet with me. I raise my glass to both wishing them lots of luck in their future, Larry with his entrepreneurial skills and Megan with her book in print. I want the first copy signed and put on my desk!

# Tzedek Team

So many issues! Join Team Tzedek for justice, for learning and for action. Our upcoming activities include:

#### Yom Kippur drive for the Newton Food Pantry

Oct. 8 and 9

#### Service day at the Newton Food Pantry.

Oct. 10

Sign-up to help unload our truck and sort the food and toiletries.

# One Year Later: Fighting Anti-Semitism, Remembering Tree of Life

Oct. 26, 7:30 p.m

Author and New York Times columnist Bari Weiss will speak at Temple Shalom about anti-Semitism.

#### **Anti-Semitism Program**

Oct. 27

We join with other synagogues and CJP for a day-long program on anti-Semitism.

#### Shabbat dinner and panel on immigration and citizenship

Nov. 15

#### Gun violence prevention workshop

Dec. 15

#### **Etgar36 - Civil Rights Trip to the South**

Jan. 23 – 26, 2020

Etgar 36 Civil Rights Journey to Atlanta and Montgomery, Selma and Birmingham, Ala. to learn more about the history of civil rights by visiting places that played a key role in the civil rights movement in our country.

Watch the weekly newsletter for additional information on these events! Contact us to get involved with these or other issues!

Carol Berlin & Marion Pollock berlincarol@gmail.com | mcpollock32@gmail.com Tzedek Team Co-chairs





# Get Involved

#### **SISTERHOOD**

Sisterhood is here for YOU! Join Sisterhood for stimulating conversations and a way to deepen friendships at the Temple. Fun and thoughtful programs - including a Women's Seder and Latkes & Vodka - are planned both in the daytime and evening. Good food and drink. Your dues and event proceeds also help Sisterhood support youth education at Temple Shalom and nonprofits that serve and advocate for women. Tell us what works for you. Please complete a quick survey to give us feedback and new ideas. Find a link at www.templeshalom.org/sisterhood.

The Sisterhood thanks the many women who bring all our programs to life and Rabbi Berry and Rabbi Abrasley for making our experiences even richer and sweeter.

#### **GARDEN CLUB**

Are you someone who enjoys gardening and wants to learn more about horticulture and gardening? Do you want to be able to make a special centerpiece for your holiday table? Join the Garden Club!

The Temple Shalom Garden Club of West Newton is 60 years old and was originally founded by a group of Temple members with a shared interest in flowers and gardening. Our garden club is open to all. WE WELCOME YOU TO JOIN US. Come as a guest to one of our meetings and learn more.

For additional information, please contact Susan Lunin (suzylunin@gmail.com) or Emily Rubenstein (erubensteins@gmail.com).

#### 2019-2020 Programs

All meetings and programs are free to members who have registered and paid dues, which are currently \$50 per year.

Workshops note an additional cost to pay for the materials.

**Arranging Temple's Bimah flowers for Yom Kippur** 

Tuesday, Oct. 8, 10 a.m.

Lecture: "Gardening for Wildlife: Creating a Garden for Pollinators"

Monday, Oct. 28, 7 p.m. Suzanne Mahler

Learn the best plants to attract a diversity of pollinators.

#### **Thanksgiving Design Workshop**

Monday, Nov. 25, 7 p.m.

Thelma Shoneman

Cost: \$40 - Includes instruction and supplies.

#### **Books in Bloom**

Monday, Dec. 16, 7 p.m. Potluck Food Fest

#### SHALOM GATHERINGS

Shalom Gatherings are small groups of members who gather over a common interest, demographic, or hobby to deepen our connections to each other and to create opportunities for people to engage with new ideas, activities and friends. The following Small Groups are either meeting or in formation: Single Women's Group, Theater Goers Group and Artist's Gathering. Please contact Caroline Dorn (cdorn@templeshalom.org) to get involved.



The new Temple Shalom Theater Goers Group will be going to the New Repertory Theatre in Watertown to see *Trayf* on Sunday, Oct. 27 at 2 p.m. The show is a contemporary coming of age comedy about best friends Zalmy and Shmuel, who spend their days as the Rebbe's loyal foot soldiers, driving their "Mitzvah Tank" through 1990s Manhattan, performing good deeds. But their friendship and attitudes towards observance are soon challenged.

Regular ticket prices for this performance are \$67 or \$62 for seniors, and the group rate is only \$51, a significant savings.

If interested in joining us for this outing, please contact: Michael Zimmer at 617-217-1737 or michaelzimmer0220@gmail.com. Tickets are selling quickly for this production, so please respond as quickly as possible. All are welcome!

# Get Involved continued.

#### **BOOK CLUB**

Monday, Oct. 21, 7:30 p.m. at the home of Dick and Dottye Morrison, 108 Glen Ave., Newton Centre

The Temple Shalom Book Club starts the new year with Nathan Englander's new novel, *Kaddish.com*. The book explores the vital inconveniences that religious observances place on us and raises the question: is there a future for ancient Jewish rituals in a world where technology can create an app that can take care of them for us?

In reviewing Englander's novel, the New York Times' reviewer wrote, "In this tender, wry and entertaining novel, Englander nimbly juggles these possibilities, creating an endearing hero, who stumbles through a world in which the holy and profane are intertwined." Temple Shalom's Book Club meetings are always open to all Temple members. For more information, contact Dick Morrison (rj23456@cs.com).



#### **CARING COMMUNITY**

Volunteer opportunities abound within Temple Shalom's Caring Community initiatives. Congregants reach out to one another in times of illness or bereavement and rejoice in each other's simchas. Acts of *chesed* and lovingkindness, such as a call, visit, meal delivery, or a ride to Temple or a medical appointment can brighten the day of both the volunteer and the recipient. Please be in touch if you or someone you know could benefit from these supports.

At this season in particular, we are looking for volunteer drivers to ensure that all congregants can attend High Holy Days services. If you either need a ride to a certain service or will have an extra space in your car, please leave a message containing your preferred contact info with the staff at the Temple Office at 617-332-9550 or by email to CaringCommunity@templeshalom.org.

Rhoda Ben-Gai Caring Community Chair

#### FILM SERIES

Planning is well underway for the 21st year and swan song of Temple Shalom's Monday Night at the Cinema. We will present two separate film series from January to March 2020.

This year's Monday Night at the Cinema will present films that never made it into one of the earlier series. The 10 films to be screened will be examined both as a work of art as well as what it says about the Jewish experience.

Our Sunday afternoon series this upcoming winter will continue our focus on "The Many Faces of Anti-Semitism" and will look at the subtle manner in which anti-Semitism changed from the 1930s to today. The kickoff lecture will provide an overview of what these earlier films said about the manner in which anti-Semitism changed from ancient times through the Inquisition in Spain and Portugal.

The exact screenings for each series will be announced later this year. For more info, contact Dick Morrison (rjm23456@cs.com).

#### **BROTHERHOOD**

#### Red Cross blood drive coming soon

Sunday, Nov. 17, 8:30 a.m.-1:30 p.m.

We need your blood...Register NOW!!! The annual Temple Shalom Brotherhood blood drive for the American Red Cross is vital. Help us meet our goal of 60 pints. Blood and platelet donations are welcome.

Register Now. To choose a donation time:

- call Allan Cole at 617-240-6314 or
- email: brotherhood@templeshalom.org or
- visit www.redcrossblood.org Sponsor code: TSNewton





RABBI'S SERVICE FUND In Appreciation/Honor of

Rabbi Allison Berry for the beautiful service for my father, David Klinger By Robyn and Jeffrey Winik

Rabbi Allison Berry for her support By Trina Novak

Rabbi Allison Berry for officiating at the baby naming of Elliot Sophia Kraft By Karen and Bruce Kraft

Rabbi Allison Berry for officiating at the funeral of Rose Simon

By Myron Simon

Rabbi Allison Berry for the CJP breakfast honoring Beverly Seigel By Carol and Chuck Berlin

In Memory of

Feng Chen
By Laurie Friedman

David E. Frieze
By Nancy and Andrew Frieze

Elvis G. Goldsmith By Peggy Fineman

Mark Koslow Bert Martinson By Eleanor Shuman

Annette W. Lichterman By Lynne and Mark Wolf

Ruth Novak By Trina Novak

ADULT EDUCATION FUND In Honor of

Rabbi Eric and Laura Gurvis's new grandson Henry Gurvis

By Marion and David Pollock

ADULT SPIRITUALITY GROWTH FUND In Memory of

Anne Gottesman David Klinger By Janet and Mark Gottesman

ANITA WINER "OPEN YOUR EYES" FUND In Honor of

Entryway Mural Project By Julie Vanek

Arthur Cohen and all of the wonderful members of the Open Your Eyes Committee By Tova Speter

BUILDING FUND In Memory of Ralph Howard

By Sara and Michael Matzkin

CARING COMMUNITY FUND In Appreciation of

Susie and Marc Gudema's new grandson Oliver Rhodes Gudema By Marion and David Pollock

In Memory of

Peggy Freedman
By Heather Trundle

Samuel Shulman By Irene S. Laursen

Beverly Weiss By Sanford Katz

ENDOWMENT FUND In Memory of

Sylvia Hamermesh
By Richard & Lorie Hamermesh

FRIEZE PASSPORT TO ISRAEL FUND In Memory of

Philip Frieze
By Linda and Michael Frieze

GARDEN CLUB/ TEMPLE BEAUTIFICATION FUND In Memory of

Blanche Rubenstein Sussman By Emily Rubenstein

GENERAL FUND In Memory of

Charles Broner
By Emily Rubenstein

Beatrice Burger

By the Burger/Bernhard family By Phyllis Hearst Hersch

**Daniel Garelick** *By Jeanne and Leo Stolbach* 

David Klinger By Myra Landau

Joan M. Kunitz

By Daniel Kunitz

**Howard A. Parven** *By Carol Parven Hutter* 

Bertha Stone
By Joseph Marcus

INCLUSION FUND In Honor of

Congratulations to Loretta and Michael Zack on their new home By Arlene and Kurt Pressman MUSIC FUND (WORSHIP) In Honor of

A speedy recovery for Jerry Briskin By Barbara and Larry Dallin

In Memory of Charles R. Lorant By Ena Lorant

Herbert Schwartz

By Erica Schwartz and Harry Meade

NURSERY SCHOOL STAFF DEVELOPMENT In Memory of

Gustav Hengel David Klinger Alan Barry Skirboll By the Wilensky family

SISTERHOOD FUND In Honor of

Sisterhood Board for its love and support By Robyn Winik

SOCIAL ACTION FUND In Honor of

Jen Frey's conversion
By Marion and David Pollock

In Memory of

Peggy Freedman
By NYP Lawrence Hospital
Heather Trundle

Susan Rubenstein By Emily Rubenstein

Gerald Donald Walk By Anita Walk

YAHRZEIT AND REMEMBRANCE FUND In Memory of

**Vera M. Bradin** *By Bernice Bradin* 

Anne T. Carleton
By Donna and William Carleton

Theodore Eisenberg
By Leslie Eisenberg

Roslyn Karelis John Marcus By Joan and Jeff Karelis and family

William Levy
By Sara and Robert Danziger

James P. Shaw By Ida Shaw

Dale Stahler By Harold Stahler

# Generation to Generation

**BIRTHS** 

Oliver Phillip Bartle

Son of Kelly and Alicen Bartle Grandson of Diane and Paul Centolella

Oliver Rhodes Gudema

Son of Debra and Joe Gudema Grandson of Susie and Marc Gudema

B'NAI MITZVAH

Lila Feldman

Daughter of Karen O'Malley and Michael Feldman

Jesse Forbes

Son of Zoe and Brian Forbes

Noah Huckman

Son of Jennifer Burbridge and Robert Huckman

Hannah Schwager

Daughter of Marci Shyavitz and Russell Schwager

Sonia Milsten Ockene

Daughter of Kimberly Ockene and Andrew Milsten

Julia Josephson

Daughter of Joanne and Benjamin Josephson

WEDDINGS

Elizabeth Leslie and Greg Farenga

Daughter of Nancy and Bruce Leslie

**DEATHS** 

We remember....

Thelma Bargar

Mother of Bob Bargar

#### **MENTAL HEALTH RESOURCES IN OUR COMMUNITY**

American Federation for Suicide

Suicide prevention lifeline (800) 273-TALK (8255)

Colony Care Behavioral Health

Mental health/substance abuse therapy (781) 431-1177 x210

**Crossroads Counseling** 

Mental health for adults, couples and families

(781) 431-2277

Jewish Family & Children's Services

Services for families, children and seniors (781) 647-JFCS (5327)

Mass Men

Mental/behavioral resources for men (800) 322-1356

Riverside Emergency Services & Outpatient

For children, adolescents and adults (781) 769-8674 (emergency) (617) 969-4925 (outpatient)

Samaritans Suicide Hotline

If you or someone you know is in crisis (877) 870-HOPE (4673) (adult) (800) 252-TEEN (8336) (teen)

William James Interface

Free referrals to licensed mental health providers (888) 244-6842 x1411

For immediate help, always call 911



# **CONTACT LIST**

Listing appears alphabetical by first name. Dial (617) 332-9550 and extension.



Al White **Facilities Manager** ext. 25



**Alison Lobron** Inclusion and Program **Development Coordinator** ext. 26



Rabbi Allison L. Berry ext. 15



**Anne Fried** Executive Assistant to Cantor Shafritz and Ellie Goldman ext. 28



**Becca MacKillop** Assistant Director of Youth Engagement ext. 18



**Becca Yudkoff FwYC** ext. 29



**Caroline Dorn** Program Director for Congregational Membership & Engagement Manager ext. 16



**Eleanor Boschert** Hospitality Manager eboschert@templeshalom.org



**Ellie Goldman Executive Director** ext.11



**Erin Borras Education Program** Coordinator ext. 20



**Fred Kraus** President fkraus72@yahoo.com



**Jeff Remz** Director of Communications and Marketing ext. 27



**Kim Bodemer** Senior Director for Jewish **Education and Youth** Engagement ext. 21



Rabbi Laura J. Abrasley ext. 24



Cantor **Leah Shafritz** ext. 17



**Liz Shiro** SHACHARIT Director of Education ext. 23



**Loretta Zack Executive Assistant to** the Clergy ext. 13



Lucy Banerji Nursery School Director ext. 55



**Lucy Dube** Controller ext. 14



**Marriah Vengroff** Director of Youth **Engagement** ext. 22

#### **Temple Shalom**

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Laura J. Abrasley, Senior Rabbi
Leah Shafritz, Cantor
Ellie Klein Goldman, Executive Director
Kim Bodemer, Senior Director for Jewish
Education and Youth Engagement
Lucy Banerji, Nursery School Director
Fred Kraus, Temple President
Jeffrey B. Remz, Director of
Communications and Marketing

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KISLEV/TEVET/SHEVAT

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