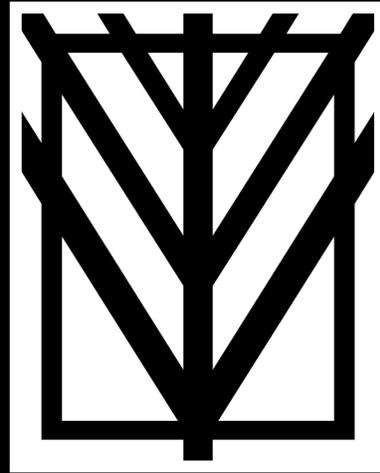


# Temple Shalom of Newton



Celebration of Youth  
Shabbat Naso I  
Friday, May 29<sup>th</sup>, 2020  
7<sup>th</sup> of Sivan 5780

Shalom aleichem,  
malachei hashareit,  
malachei elyon,

שָׁלוֹם עֲלֵיכֶם,  
מַלְאֲכֵי הַשָּׁרַת,  
מַלְאֲכֵי עֲלִיוֹן,

mimelech malchei  
hamlachim,  
HaKadosh  
Baruch Hu.

מִמְלֶךְ מַלְכֵי  
הַמְּלָכִים,  
הַקְּדוֹשׁ  
בָּרוּךְ הוּא.

Peace be to you, O ministering angels, messengers of the  
Most High, Majesty of majesties, Holy One of Blessing.

Bo-achem l'shalom,  
malachei hashalom,  
malachei elyon,

mimelech malchei  
ham'lachim,  
HaKadosh  
Baruch Hu.

בוֹאֲכֶם לְשָׁלוֹם,  
מַלְאֲכֵי הַשָּׁלוֹם,  
מַלְאֲכֵי עֲלִיוֹן,

מִמְּלֶךְ מַלְכֵי  
הַמְּלָכִים,  
הַקָּדוֹשׁ  
בְּרוּךְ הוּא.

Enter in peace, O messengers of peace, angels of the Most High, Majesty of majesties, Holy One of Blessing.

Bar'chuni l'shalom,  
malachei hashalom,  
malachei elyon,

בְּרַכּוּנִי לְשָׁלוֹם,  
מַלְאַכֵי הַשָּׁלוֹם,  
מַלְאַכֵי עֲלִיוֹן,

mimelech malchei  
ham'lachim  
HaKadosh  
Baruch Hu.

מִמְּלֶךְ מַלְכֵי  
הַמְּלָכִים,  
הַקְּדוֹשׁ  
בְּרוּךְ הוּא.

Bless me with peace, O messengers of peace, angels of the  
Most High, Majesty of majesties, Holy One of Blessing.

Tzeit'chem l'shalom,  
malachei hashalom,  
malachei elyon,

mimelech malchei  
ham'lachim,  
HaKadosh  
Baruch Hu.

צֵאתְכֶם לְשָׁלוֹם,  
מַלְאַכֵי הַשָּׁלוֹם,  
מַלְאַכֵי עֵלְיוֹן,

מִמֶּלֶךְ מַלְכֵי  
הַמְּלָכִים,  
הַקְּדוֹשׁ  
בְּרוּךְ הוּא.

Go out in peace, O messengers of peace, angels of the  
Most High, Majesty of majesties, Holy One of Blessing.



THE  
DIPY

Baruch atah, Adonai  
Eloheinu, Melech Haolam,  
asher kidshanu b'mitzvotav,  
v'tzivanu l'hadlik  
neir shel Shabbat.

בָּרוּךְ אַתָּה, יי  
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,  
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,  
וְצִוָּנוּ לְהַדְלִיק  
נֵר שֶׁל שַׁבָּת.

Blessed are You, Adonai our God, Sovereign of the  
universe, who hallows us with mitzvot,  
commanding us to kindle the light of Shabbat.

L'chu n'ran'na l'Adonai,  
 nariyah l'tzur yisheinu.  
 N'kadmah fanav b'todah,  
 bizmirot naria lo.

לְכוּ נְרַנְּנָה לַיהוָה,  
 נְרִיעָה לְצוּר יִשְׁעֵנוּ.  
 נִקְדְּמָה פָּנָיו בְּתוֹדָה,  
 בְּזִמְרוֹת נְרִיעֵ לוֹ.

Come, let us sing joyously to Adonai, raise a shout for our Rock and Deliverer; let us come into God's presence with praise; let us raise a shout for God in song! For Adonai is a great God, the great ruler of all divine beings.

Rom'mu Adonai Eloheinu  
v'hishtachavu l'har kodsho,  
ki kadosh Adonai Eloheinu.

רוֹמְמוּ יְיָ אֱלֹהֵינוּ  
וְהִשְׁתַּחֲווּ לְהַר קֹדֶשׁוֹ,  
כִּי־קֹדֶשׁ יְיָ אֱלֹהֵינוּ.

Exalt Adonai our God,  
and bow toward God's holy hill,  
for Adonai our God is holy.

L'chah dodi likrat kalah,  
p'nei Shabbat n'kab'lah.

לְכֵה דוּדֵי לְקַרְאֵת פְּלָה,  
פְּנֵי שַׁבַּת נְקַבְּלָה.

Beloved, come to meet the bride;  
beloved come to greet Shabbat.

Shamor v'zachor b'dibur echad,   שָׁמֹר וְזָכוֹר בְּדַבָּר אֶחָד,  
hishmianu El ham'yuchad,       הִשְׁמִיעֵנוּ אֱלֹהֵי הַמְיֻחָד,  
Adonai echad ush'mo echad,       יְיָ אֶחָד וּשְׁמוֹ אֶחָד,  
l'shem ul'tiferet v'lit'hilah.       לְשֵׁם וּלְתִפְאֵרֶת וּלְתִהְלָה.

“Keep” and “remember”: a single command the Only God caused us to hear; the Eternal is One, God's Name is One; glory and praise are God's.

L'chah dodi likrat kalah,  
p'nei Shabbat n'kab'lah.

לְכֵה דוּדֵי לְקַרְאֵת פְּלֵה,  
פְּנֵי שַׁבַּת נְקַבְּלֵה.

Beloved, come to meet the bride;  
beloved come to greet Shabbat.

Likrat Shabbat l'chu v'neilcha,  
ki hi m'kor hab'rachah,  
meirosh mikedem n'suchah,  
sof maaseh b'machashava  
t'chilah.

לְקַרְאֵת שַׁבָּת לָכוּ וְנִלְכָהּ,  
כִּי הִיא מְקוֹר הַבְּרָכָה,  
מֵרֵאשִׁי מִקֵּדֶם נְסוּכָהּ,  
סוֹף מַעֲשֵׂה בְּמַחֲשָׁבָה  
תְּחִלָּה.

Come with me to meet Shabbat, forever a fountain of blessing. Still it flows, as from the start: the last of days, for which the first was made.

L'chah dodi likrat kalah,  
p'nei Shabbat n'kab'lah.

לְכֵה דוּדֵי לְקַרְאֵת פְּלָה,  
פְּנֵי שַׁבַּת נְקַבְּלָה.

Beloved, come to meet the bride;  
beloved come to greet Shabbat.

Hitor'ri, hitor'ri,  
ki va oreich, kumi ori,  
uri uri, shir daberi,  
k'vod Adonai alayich niglah.

הַתְּעוֹרְרִי, הַתְּעוֹרְרִי,  
כִּי בָא אֹרֶךְ, קוּמִי אֹרִי,  
עוֹרִי עוֹרִי, שִׁיר דַּבְּרִי,  
כְּבוֹד יְיָ עָלֶיךָ נִגְלָה.

Awake, awake, your light has come! Arise, shine, awake  
and sing: the Eternal's glory dawns upon you.

L'chah dodi likrat kalah,  
p'nei Shabbat n'kab'lah.

לְכֵה דוּדֵי לְקַרְאֵת פְּלֵה,  
פְּנֵי שַׁבַּת נְקַבְּלֵה.

Beloved, come to meet the bride;  
beloved come to greet Shabbat.

Bo-i v'shalom ateret ba'lah,  
gam b'simchah uv'tzoholah,  
toch emunei am s'gulah,  
bo-i chalah, bo-i chalah.

בוֹאִי בְּשָׁלוֹם עֲטֶרֶת בַּעֲלָהּ,  
גַּם בְּשִׂמְחָה וּבְצִהְלָהּ,  
תּוֹךְ אֲמוּנֵי עַם סִגְלָהּ,  
בוֹאִי כֻלָּהּ, בוֹאִי כֻלָּהּ.

Enter in peace, O crown of your husband; enter in  
gladness, enter in joy. Come to the people that keeps its  
faith. Enter, O bride! Enter, O bride!

L'chah dodi likrat kalah,  
p'nei Shabbat n'kab'lah.

לְכֵה דוּדֵי לְקַרְאֵת פְּלֵה,  
פְּנֵי שַׁבַּת נְקַבְּלֵה.

Beloved, come to meet the bride;  
beloved come to greet Shabbat.

Bar'chu et Adonai ham'vorach!

בְּרַכּוּ אֶת יְיָ הַמְּבֹרָךְ!

Baruch Adonai ham'vorach

l'olam va-ed!

בְּרוּךְ יְיָ הַמְּבֹרָךְ  
לְעוֹלָם וָעֶד!

Praise Adonai to whom praise is due forever!

Praised be Adonai to whom praise is due, now and  
forever!

Praise to You, Adonai our God,  
from whom the evening flows.

Your wisdom sets the way on which time and season glide;

Your breath guides the sail of the stars.

Creator of the tide of time and light,

You guide the current of day into night.

As heaven spans to infinity,

You set its course for eternity.

Praise to You, Adonai our God,  
from whom the evening flows.

בָּרוּךְ אַתָּה, יי, הַמַּעֲרִיב עֶרְבִים.

Baruch Atah, Adonai, ha-ma'ariv aravim.

Wisdom and wonder, passion and instruction, story and symbol.

All these things Your Torah gives to us.

And the more we devote ourselves to it, the more it grows and grows.

What could be a truer token of Your abiding love  
than this holiest of Your works,  
and the living language that gives it form?

בְּרוּךְ אַתָּה, יְיָ, אֹהֵב עַמּוֹ יִשְׂרָאֵל.

Baruch Atah, Adonai, ohev amo Yisrael.

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד

שְׁמַע יִשְׂרָאֵל, יְהוָה אֱלֹהֵינוּ, יְהוָה אֶחָד!  
בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Sh'ma Yisrael Adonai Eloheinu Adonai Echad.

Baruch shem k'vod malchuto l'olam va-ed.

Hear O Israel, Adonai is our God, Adonai is One!  
Blessed is God's glorious majesty forever and ever.

V'ahavta et Adonai Elohecha,  
b'chol l'vav'cha,  
uv'chol nafsh'cha,  
uv'chol m'odecha.

וְאַהֲבַתְּ אֶת יְיָ אֱלֹהֶיךָ,  
בְּכָל-לִבְבְּךָ,  
וּבְכָל-נַפְשֶׁךָ,  
וּבְכָל-מְאֹדֶךָ.

V'hayu had'varim ha-eileh  
asher anochi m'tzav'cha  
hayom al l'vavecha.

וְהָיוּ הַדְּבָרִים הָאֵלֶּה,  
אֲשֶׁר אֲנֹכִי מְצַוְּךָ  
הַיּוֹם, עַל-לִבְבְּךָ.

V'shinantam l'vanecha,  
 v'dibarta bam  
 b'shivt'cha b'veitecha,  
 uv'lecht'cha vaderech  
 uv'shochb'cha uv'kumecha.

וְשִׁנַּנְתֶּם לְבָנֵיךָ,  
 וְדִבַּרְתָּ בָם  
 בְּשִׁבְתְּךָ בְּבֵיתְךָ,  
 וּבְלֶכְתְּךָ בַדֶּרֶךְ  
 וּבְשֹׁכְבְךָ, וּבְקוּמְךָ.

Uk'shartam l'ot al yadecha  
 v'hayu l'totafot bein einecha.  
 Uch'tavtam al m'zuzot  
 beitecha uvish'arecha.

וְקִשַּׁרְתֶּם לְאוֹת עַל-יָדְךָ  
 וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ.  
 וְכָתַבְתֶּם עַל מְזוֹזֹת  
 בֵּיתְךָ וּבְשַׁעְרֵיךָ.

L'maan tizk'ru,  
vaasitem et kol mitzvotai  
vih'yitem k'doshim  
l'Eloheichem.

Ani Adonai Eloheichem,  
asher hotzeiti et-chem  
mei-eretz Mitzrayim  
lih'yot lachem l'Elohim  
Ani Adonai Eloheichem.

לְמַעַן תִּזְכְּרוּ,  
וַעֲשִׂיתֶם אֶת-כָּל-מִצְוֹתַי  
וְהֵייתֶם קְדוֹשִׁים  
לֵאלֹהֵיכֶם.

אֲנִי יְיָ אֱלֹהֵיכֶם,  
אֲשֶׁר הוֹצֵאתִי אֶתְכֶם  
מֵאֶרֶץ מִצְרַיִם  
לֵהֵיוֹת לָכֶם לֵאלֹהִים  
אֲנִי יְיָ אֱלֹהֵיכֶם.

Standing on the parted shores of history,  
we still believe what we were taught  
before ever we stood at Sinai:

that wherever we are, it is eternally Egypt  
that there is a better place, a Promised Land;  
that the winding way to that promise  
passes through the wilderness

that there is no way to get from here to there  
except by joining hands, marching together.

Mi chamochah ba-eilim, Adonai!

Mi kamochah nedar bakodesh,

nora t'hilot, oseih fele!

מִי־כִמְכָה בְּאֵלִים, יי!

מִי כִמְכָה נְאֻדָר בְּקֹדֶשׁ,

נֹרָא תְהִילֹת, עֲשֵׂה פְּלֵא!

Who is like You, O God, among the gods that are worshipped? Who is like You, majestic in holiness, awesome in splendor, working wonders?

Malchut'cha ra-u vanecha,  
bokei-a yam lifnei Moshe  
uMiryam.

Zeh Eli, anu v'amru,  
Adonai yimloch l'olam va-ed!

מַלְכוּתְךָ רָאוּ בְּנֵיךָ,  
בּוֹקַעַיִם לְפָנֵי מֹשֶׁה  
וּמִרְיָם.

זֶה אֱלֹהֵינוּ וְאָמְרוּ,  
יְיָ יִמְלֹךְ לְעוֹלָם וָעֶד!

Your children witnessed Your sovereignty, the sea splitting before Moses and Miriam. “This is our God!” they cried. “Adonai will reign forever and ever!”

V'ne-emar: ki fadah  
Adonai et Yaakov  
ug'alo miyad chazak mimenu.  
Baruch Atah, Adonai,  
gaal Yisrael.

וְנֵאמָר׃ כִּי פָדָה  
יְיָ אֶת יַעֲקֹב׃  
וַגָּאֵלוֹ מִיַּד חֲזָק מִמֶּנּוּ׃  
בָּרוּךְ אַתָּה׃ יְיָ׃  
גֹּאֵל יִשְׂרָאֵל׃

Thus it is said, “Adonai redeemed Jacob, from a hand stronger than his own.” Praised are You, Adonai, for redeeming Israel.

Let there be love and  
understanding among us,  
let peace and friendship be  
our shelter from life's storms.

הַשְׁפִּיבֵנוּ, יי אֱלֹהֵינוּ,  
לְשָׁלוֹם, וְהַעֲמִידֵנוּ  
שׁוֹמְרֵנוּ לְחַיִּים,  
וּפְרֹשׁ עָלֵינוּ סִפַּת שְׁלוֹמְךָ.

Hashkiveinu, Adonai Eloheinu,  
Hashkiveinu, I'shalom

Grant, O God, that we lie down in peace, and raise us up, our  
Guardian, to life renewed. Spread over us the shelter of Your peace.  
Guard our going and coming, to life and to peace, evermore.

Adonai, s'fatai tiftach,  
ufi yagid t'hilatecha.

אֲדֹנָי, שִׁפְתַי תִּפְתָּח,  
וּפִי יַגִּיד תְּהִלָּתְךָ.

Adonai, open up my lips,  
that my mouth may declare Your praise.

Baruch atah, Adonai  
Eloheinu v'Elohei  
avoteinu v'imoteinu,

בָּרוּךְ אַתָּה, יי  
אֱלֹהֵינוּ וְאֱלֹהֵי  
אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ,

Elohei Avraham, Elohei  
Yitzchak v'Elohei Yaakov,  
Elohei Sarah, Elohei Rivkah,  
Elohei Rachel v'Elohei Leah.

אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי  
יִצְחָק, וְאֱלֹהֵי יַעֲקֹב,  
אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה,  
אֱלֹהֵי רָחֵל וְאֱלֹהֵי לֵאָה.

*Our Ancestors*

Ha-El hagadol hagibor  
 v'hanora, El elyon,  
 gomeil chasadim tovim,  
 v'koneih hakol, v'zocheir  
 chasdei avot v'imahot,  
 umeivi g'ulah livnei v'neihem  
 l'maan sh'mo b'ahavah.

הָאֵל הַגָּדוֹל הַגִּבּוֹר  
 וְהַנּוֹרָא, אֵל עֲלִיּוֹן,  
 גּוֹמֵל חֲסָדִים טוֹבִים,  
 וְקוֹנֵה הַכּוֹל, וְזוֹכֵר  
 חֲסֵדֵי אָבוֹת וְאִמָּהוֹת,  
 וּמְבִיא גְאֻלָּה לְבָנֵי בְנֵיהֶם  
 לְמַעַן שְׁמוֹ בְּאַהֲבָה.

*Our Ancestors*

Melech ozeir  
u'moshia u'magen.

מֶלֶךְ עוֹזֵר  
וּמוֹשִׁיעַ וּמַגֵּן.

Baruch atah Adonai,  
magein Avraham  
v'ezrat Sarah.

בָּרוּךְ אַתָּה, יְיָ,  
מַגֵּן אַבְרָהָם  
וְעֹזֵר שָׂרָה.

Blessed are you, Adonai, Abraham's Shield and Sarah's Helper.

Atah gibor l'olam, Adonai,  
m'chayeih hakol  
atah, rav l'hoshia.

אַתָּה גִבּוֹר לְעוֹלָם, אֲדֹנָי,  
מְחַיֶּה הַכֹּל  
אַתָּה, רַב לְהוֹשִׁיעַ.

M'chalkeil chayim b'chesed, m'chayeih  
hakol  
b'rachamim rabim,  
someich noflim, v'rofei  
cholim, umatir asurim,

מְכַלְכֵּל חַיִּים בְּחֶסֶד,  
מְחַיֶּה הַכֹּל  
בְּרַחֲמִים רַבִּים,  
סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא  
חוֹלִים, וּמַתִּיר אֲסוּרִים,

*God's might*

um'kayeim emunato  
lisheinei afar.

Mi chamochoh baal g'vurot  
umi domeh lach,  
melech meimit um'chayeh  
umatzmiach y'shuah.

V'ne-eman atah  
l'hachayot hakol.

Baruch atah, Adonai,  
m'chayeih hakol.

וּמְקַיֵּם אֱמוּנָתוֹ  
לְיִשְׂרָאֵל עֶפְרָיִם.  
מִי כָמוֹךָ בַּעַל גְּבוּרוֹת  
וּמִי דוֹמֶה לָךְ,  
מֶלֶךְ מִמִּית וּמַחְיָה  
וּמַצְמִיחַ יְשׁוּעָה.  
וְנֶאֱמַן אַתָּה  
לְהַחְיֹת הַכֹּל.

בָּרוּךְ אַתָּה, יְיָ,  
מַחְיֵה הַכֹּל.

Blessed are you, Adonai, who gives life to all.

Atah kadosh

v'shimcha kadosh

uk'doshim b'chol yom

y'hal'lucha, selah.

אַתָּה קָדוֹשׁ

וְשִׁמְךָ קָדוֹשׁ

וְקְדוֹשִׁים בְּכָל יוֹם

יְהַלְלוּךָ, סְלָה.

Baruch atah, Adonai,

Ha-El hakadosh.

בָּרוּךְ אַתָּה, יי,

הָאֵל הַקָּדוֹשׁ.

You are holy, Your Name is holy, and those who are holy praise You every day.

Blessed are You, Adonai, the Holy God.

May these hours of rest and renewal  
open our hearts to joy and our minds to truth.

May all who struggle find rest on this day.

*May all who suffer find solace.*

May all who hurt find healing on this day.

*May all who despair find purpose.*

May all who hunger find fulfillment on this day.

*And may this day fulfill its promise.*

בְּרוּךְ אַתָּה יְיָ, מְקַדֵּשׁ הַשַּׁבָּת.

Baruch atah, Adonai, m'kadeish HaShabbat.

God of goodness, we give thanks  
for the gift of life, wonder beyond words;  
for the awareness of soul, our light within;  
for the world around us, so filled with beauty;  
for the richness of the earth,  
which day by day sustains us;  
for all these and more, we offer thanks.

בָּרַךְ אַתָּה, יי, הַטּוֹב שִׁמְךָ וְלִךְ נָאֵה לְהוֹדוֹת.

Baruch atah, Adonai, hatov shimcha ul'cha na-eh l'hodot.

Shalom rav al Yisrael amcha  
tasim l'olam, ki atah hu  
Melech Adon l'chol hashalom.  
V'tov b'einecha l'vareich  
et amcha Yisrael,  
b'chol eit uv'chol  
shaah bishlomecha.

שְׁלוֹם רַב עַל יִשְׂרָאֵל עַמְּךָ  
תְּשִׂים לְעוֹלָם, כִּי אַתָּה הוּא  
מֶלֶךְ אֲדוֹן לְכֹל הַשְּׁלוֹם.  
וְטוֹב בְּעֵינֶיךָ לְבָרֵךְ  
אֶת עַמְּךָ יִשְׂרָאֵל,  
בְּכֹל עֵת וּבְכֹל  
שָׁעָה בְּשְׁלוֹמְךָ.

Grant abundant peace to Israel Your people forever, for You are the Sovereign God of all peace. May it be pleasing to You to bless Your people Israel in every season and moment with Your peace.

Baruch atah, Adonai,  
ham'vareich et amo  
Yisrael bashalom.

בְּרוּךְ אַתָּה, יי,  
הַמְבַרֵךְ אֶת עַמּוֹ  
יִשְׂרָאֵל בְּשָׁלוֹם.

Blessed are You, Adonai, who blesses Your people Israel with peace.

Oseh shalom bimromav,  
hu yaaseh shalom aleinu,  
v'al kol Yisrael,  
v'al kol yoshvei teiveil,  
v'imru: Amen.

עֹשֶׂה שָׁלוֹם בְּמִרְמָיו,  
הוּא יַעֲשֶׂה שָׁלוֹם עֲלֵינוּ,  
וְעַל כָּל יִשְׂרָאֵל,  
וְעַל כָּל יוֹשְׁבֵי תֵבֵל,  
וְאָמְרוּ: אָמֵן.

May the One who makes peace in the high heavens  
make peace for us, for all Israel and all who inhabit the  
earth. Amen.

Yih'yu l'ratzon imrei fi,  
v'hegyon libi l'fanecha,  
Adonai tzuri v'go-ali.

יְהִי לְרָצוֹן אִמְרֵי פִי  
וְהִגִּיוֹן לְבִי לְפָנֶיךָ,  
יְיָ צוּרִי וְגוֹאֲלִי.

May the words of my mouth and the meditations of my heart be  
acceptable to You, Adonai, my Rock and my Redeemer.

*Mi Shebeirach avoteinu*

מִי שְׁבִירָךְ אֲבוֹתֵינוּ

*M'kor habrachah l'imoteinu.*

מְקוֹר הַבְּרָכָה לְאִמּוֹתֵנוּ.

May the Source of strength who blessed the ones before us  
help us find the courage to make our lives a blessing  
and let us say, Amen.

*Mi Shebeirach imoteinu*

מִי שְׁבִירָךְ אִמּוֹתֵנוּ

*M'kor habrachah l'avoteinu.*

מְקוֹר הַבְּרָכָה לְאֲבוֹתֵינוּ.

Bless those in need of healing with *r'fuah sh'leimah*,  
the renewal of body, the renewal of spirit,  
and let us say, Amen.

# Congratulations

Class of  
**2020**



**TEMPLE SHALOM** *of NEWTON*

*A Welcoming and Inclusive Jewish Community*



# Rachel Bindman

"Temple Shalom has been home to many major life events including my naming ceremony, consecration, receiving a prayer book, becoming a Bat-Mitzvah, and confirmation. The community has always served as a constant."

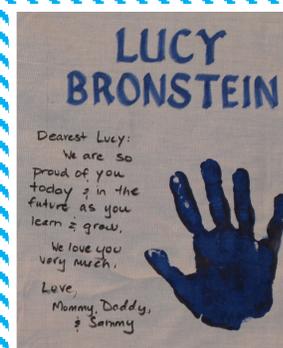


**What does the future hold?**  
Brandeis University  
Waltham, MA



# Lucy Bronstein

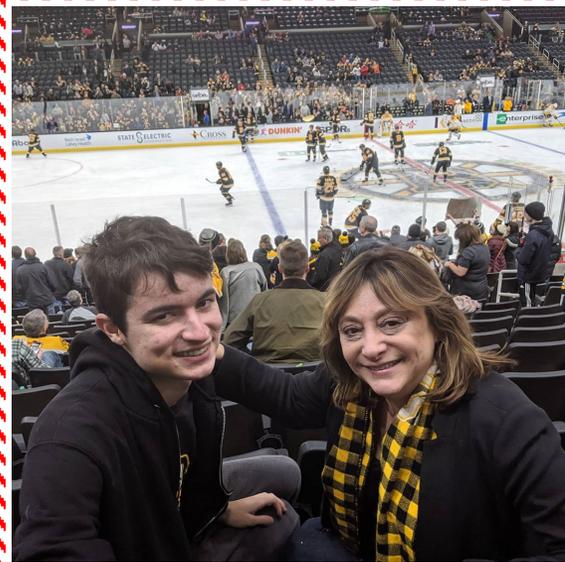
"Temple Shalom has been a constant throughout the first 18 years of my life. I know the place and the people within it will always be there for me."



What does the future hold?  
"I will be attending Bates college, but taking a gap year first!"

# Mitchell Healey

"I love how close the community is at Temple Shalom. Every day when I walk in, various staff members and other students always give me a big hello and ask me how I'm doing. This makes me feel like I am truly welcome, and that is something I am very thankful for."



What does the future hold?  
RPI  
Troy, NY



# Serena Jampel

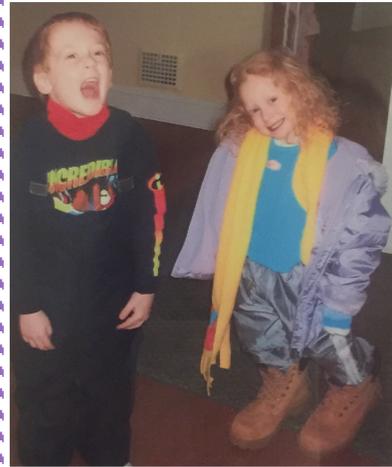
"Temple Shalom really lives up to its name. It is a welcoming place, where you are always greeted with a smile and a friendly hello. Goodbyes are never permanent, because I know the doors are open to me whenever I may need them. Above all, it is a place of peace. If I am having a stressful day, I know seeing my friends and the amazing clergy will ameliorate all my worries."



What does the future hold?  
"I will be taking a gap year to work on a 2020 campaign! Then I will attend **Harvard University.**"

# Jessica Lipchin

"Temple Shalom is truly a special place filled with a community of people who are always there to support you."



What does the future hold?  
University of Michigan Ann Arbor, MI

# Rachel O'Brien

"The people that I have met have always been so warm and welcoming, which has meant a lot to me over the years."



**What does the future  
hold?  
Hamilton College  
Clinton, NY**



# Joshua Shapiro

"Temple Shalom has always been incredibly welcoming to me all my life. I have had the opportunity to become a bar mitzvah here which is in and of itself an excellent memory, but I have also had the opportunity to not only go through the Shacharit program when I was younger, but also to go through more recently as a Madrichim."



**What does the future hold?**  
Northeastern University  
Boston, MA

# Michael Shriver

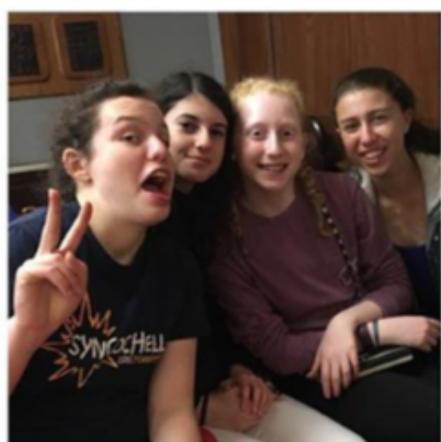
"Temple Shalom, and the madrichim program, have given me an incredible opportunity to connect with younger generations of temple members."



**What does the future hold?**  
Tufts University  
Somerville, MA



 Temple Shalom  
Youth Engagement



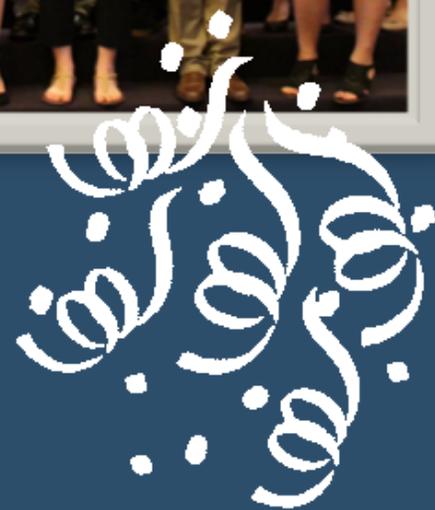
2016

**Eight Grade Trip to New York**

# *Confirmation*



*May, 2018*



Aleinu l'shabei-ach  
laadon hakol,  
lateit g'dulah  
l'yotzeir b'reishit,

עֲלֵינוּ לְשִׁבְחָהּ  
לְאֲדוֹן הַכֹּל,  
לְתֵת גְּדֻלָּהּ  
לְיוֹצֵר בְּרֵאשִׁית,

Let us now praise the Sovereign of the universe, and proclaim the  
greatness of the Creator,

Shehu sam chelkeinu  
 l'yacheid et sh'mo  
 v'goraleinu l'hamlich malchuto.

שְׁהוּא שָׁם חֶלְקֵנוּ  
 לְיַחַד אֶת שְׁמוֹ  
 וּגְרָלֵנוּ לְהַמְלִיךְ מַלְכוּתוֹ

Whose unity we are charged to declare; whose realm it is our purpose to uphold.

Vaanachnu kor'im  
umishtachavim umodim,  
lifnei Melech,  
malchei ham'lachim  
HaKadosh Baruch Hu.

וְאַנְחֵנוּ כּוֹרְעִים  
וּמִשְׁתַּחֲוִים וּמוֹדִים,  
לְפָנֵי מֶלֶךְ,  
מַלְכֵי הַמְּלָכִים  
הַקְּדוֹשׁ בְּרוּךְ הוּא.

Therefore we bow in awe and thanksgiving before the One who is  
Sovereign over all, the Holy and Blessed One.

V'ne-emar, v'hayah Adonai  
l'Melech al kol haaretz.  
Bayom hahu yih'yeh  
Adonai echad ush'mo echad.

וְנֵאמַר, וְהָיָה יי  
לְמֶלֶךְ עַל כָּל הָאָרֶץ.  
בַּיּוֹם הַהוּא יִהְיֶה  
יי אֶחָד, וּשְׁמוֹ אֶחָד.

Thus it has been said, Adonai will be Sovereign over all the earth. On that day, Adonai will be one, and God's Name will be one.



Yitgadal v'yitkadash sh'mei raba.  
 B'alma di v'ra chirutei,  
 v'yamlich malchutei,  
 b'chayeichon uv'yomeichon  
 uv'chayei d'chol beit Yisrael,  
 baagala uviz'man kariv.  
 V'im'ru: Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.  
 בְּעַלְמָא דִּי בְּרָא כְרַעוּתֵיהּ,  
 וְיַמְלִיךְ מַלְכוּתֵיהּ,  
 בְּחַיֵּיכוּן וּבְיוֹמֵיכוּן  
 וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,  
 בְּעֵגְלָא וּבְזִמַּן קָרִיב.  
 וְאָמְרוּ: אָמֵן.

Exalted and hallowed be God's great name in the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime and the life of all Israel – speedily, imminently, to which we say Amen.

Y'hei sh'mei raba m'varach  
l'alam ul'almei almaya.  
Yitbarach v'yishtabach, v'yitpaar  
v'yitromam v'yitnasei,  
v'yit'hadar v'yitaleh v'yit'halal  
sh'mei d'Kud'sha b'rich Hu,

יְהִי שֵׁמֶה רַבָּא מְבָרַךְ  
לְעָלָם וּלְעָלְמֵי עָלְמֵיָא.  
יְתְבָרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר  
וְיִתְרַומֵם וְיִתְנַשֵּׂא,  
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל  
שֵׁמֶה דְקֻדְשָׁא בְרִיךְ הוּא,

Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One,

L'eila min kol birchata  
 v'shirata, tushb'chata  
 v'nechemata, daamiran  
 b'alma. V'imru: Amen.  
 Y'hei sh'lama raba min  
 sh'maya, v'chayim aleinu  
 v'al kol Yisrael.  
 V'imru: Amen.

לְעַלְמָא מִן כּוֹל בִּרְכָתָא  
 וְשִׁירָתָא, תּוֹשְׁבֵי חַתָּא  
 וְנַחֲמָתָא, דְּאִמְרוּן  
 בְּעֵלְמָא. וְאִמְרוּ: אָמֵן.  
 יְהִי שְׁלָמָא רַבָּא מִן  
 שְׁמַיָא, וְחַיִּים עֲלֵינוּ  
 וְעַל כּוֹל יִשְׂרָאֵל,  
 וְאִמְרוּ: אָמֵן.

Beyond all earthly words and songs of blessing, praise, and comfort. To which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel. To which we say Amen.

Oseh shalom bimromav,  
hu ya'aseh shalom aleinu,  
v'al kol Yisrael,  
v'imru: Amen.

עֹשֶׂה שְׁלוֹם בְּמִרְמֵי  
הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ,  
וְעַל כָּל יִשְׂרָאֵל,  
וְאָמְרוּ: אָמֵן.

May the One who creates harmony on high, bring peace to us and to all Israel. To which we say Amen.



V'shamru v'nei Yisrael  
et HaShabbat,  
laasot et HaShabbat  
l'dorotam b'rit olam.

וְשָׁמְרוּ בְּנֵי יִשְׂרָאֵל  
אֶת־הַשַּׁבָּת,  
לַעֲשׂוֹת אֶת־הַשַּׁבָּת  
לְדֹרֹתָם בְּרִית עוֹלָם.

The People of Israel shall keep Shabbat, observing Shabbat throughout the ages as a covenant for all time.

Baruch atah, Adonai  
Eloheinu, Melech haolam,  
borei p'ri hagafen.

בָּרוּךְ אַתָּה, יי  
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,  
בוֹרֵא פְרֵי הַגָּפֶן.

Praise to You, Adonai our God, Sovereign of the  
universe, Creator of the fruit of the vine.

Baruch atah, Adonai  
 Eloheinu, Melech haolam,  
 asher kid'shanu b'mitzvotav  
 v'ratzah vanu, v'Shabbat kodsho  
 b'ahavah uv'ratzon hinchilanu,  
 zikaron l'maaseih v'reishit.  
 Ki hu yom t'chilah  
 l'mikra-ei kodesh,  
 zeicher litziat Mitzrayim.

בָּרוּךְ אַתָּה, יי  
 אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,  
 אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו  
 וְרָצָה בָּנוּ, וְשִׁבַּת קִדְּשׁוֹ  
 בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ,  
 זְכוֹרֹן לְמַעֲשֵׂיהָ בְּרֵאשִׁית.  
 כִּי הוּא יוֹם תְּחִלָּה  
 לְמִקְרָאֵי קֹדֶשׁ,  
 זְכוֹר לִיצִיאַת מִצְרָיִם.

Ki vanu vacharta  
v'otanu kidashta,  
mikol haamim.

V'Shabbat kodsh'cha  
b'ahavah uv'ratzon  
hinchaltanu.

Baruch atah, Adonai,  
m'kadeish HaShabbat.

כִּי בָנוּ בְּחַרְתָּ,  
וְאוֹתָנוּ קִדְשָׁתָּ,  
מִכָּל הָעַמִּים.  
וְשַׁבַּת קִדְשְׁךָ  
בְּאַהֲבָה וּבְרַצוֹן  
הִנְחַלְתָּנוּ.

בָּרוּךְ אַתָּה, יי,  
מִקְדֵּשׁ הַשַּׁבָּת.

Baruch atah,  
Adonai Eloheinu,  
Melech HaOlam,  
hamotzi lechem  
min ha'aretz.

בָּרוּךְ אַתָּה,  
יְיָ אֱלֹהֵינוּ,  
מֶלֶךְ הָעוֹלָם,  
הַמוֹצֵיא לֶחֶם  
מִן הָאָרֶץ.

Our praise to You, Adonai our God, Sovereign of the  
universe, who brings forth bread from the earth.

Shabbat Shalom!