



4th – 6th Grade Retreat

PACKING LIST

Please label your child's name on all items!

CLOTHING:

Casual, comfortable clothes are best for the retreat. It will get chilly at night so please pack appropriately.

- Sweater, sweatshirts, jacket for evenings
- Jeans or comfortable pants, short and/or long-sleeved T-shirts
- Warm pajamas
- Underwear and socks
- Sturdy closed-toe walking shoes
- Tennis shoes AND shower shoes (flip-flops)
- White clothes for Shabbat (optional but encouraged)

BEDDING:

- Sleeping bag
- Pillow and pillow case

TOILETRIES:

- Toothbrush and toothpaste
- Soap
- Shampoo
- Deodorant
- Brush/comb
- Tissues
- Lip balm
- Sunscreen
- Bath towel
- Any medication that you take daily (*please bring in a Ziploc bag, labeled with your child's name. Medication should be in the original prescription bottle with written instructions for distribution. This will be given to retreat staff at drop-off.*)

MISCELLANEOUS:

- Flashlight
- Refillable water bottle
- Book
- Camera
- Beach towel that can get dirty

Or Ami's 4th-6th grade retreat is about building community and celebrating Shabbat together. Personal electronic devices work contrary to this goal. Participants will not be allowed to use their electronics outside of free time while in the cabins. Or Ami staff, clergy and Camp Alonim cannot be held responsible for the safe return of these devices.