



# TBZ Happenings

Friday, January 25th & Saturday, January 26th

20th of Shevat | Parshat Yitro

Host at Home Shabbat & Men's Group Shabbat

**REGISTRATION CLOSSES NEXT  
MONDAY, JANUARY 28TH!**



## TBZ Women's Day Retreat: A Day of Learning and Friendship

Sunday, February 3rd, 2019

This is an exciting time, with unprecedented numbers of women stepping into positions of power. As we cheer this shift, we recognize that narrow, traditional definitions of strength and power don't tell our whole story. Join us for a day of thinking, questioning, Jewish learning, and being in community, including: a plenary session with State Representative Ruth Balser, panel of women Rabbis, and more sessions throughout the day led by TBZ members!

**LEARN MORE & REGISTER BY JANUARY 28**



### Kabbalat Shabbat

Friday, January 25th

**Friday AM Meditation/  
Mindfulness Practice Group**

**DROP IN Session**

9:30am - 11:00am | Sanctuary

### Shabbat Morning

Saturday, January 26th

**Torah Study**

9:00am - 10:00am | Sanctuary

**Shabbat Service**

### Sanctuary Open for Meditation

6:00pm - 6:15pm | Sanctuary

### Kabbalat Shabbat Service Followed by Community Oneg

6:15pm - 7:45pm | Sanctuary



10:00am - 12:30pm | Sanctuary

### Childcare

10:30am - 12:30pm | Room Alef

### Shabbat Afternoon Meditation Sit

1:30pm - 3:00pm | Sanctuary

### Men's Study Group

1:30pm - 3:30pm | Third Floor

## Thank You For Your Donation to the Oneg/Kiddush Fund:

- Enhanced Kiddush sponsored by the TBZ Men's Group in honor of Men's Shabbat!
- Donation to the Kiddush Fund by Miriam Diamond in honor of the TBZ community on the occasion of Miriam's birthday!
- Donation to the Kiddush Fund by Jane and Jack Daniels in memory of Jane's father, Eugene Ratto.
- Donation to the Kiddush Fund by Lauren and Jonathan Garlick in memory of Lauren's father, Bernard Schwartz.
- Donation to the Kiddush Fund by Meredith Joy and Marjie Siegel in memory of Meredith's mother, Frances Joy.

## Be a TBZ Shabbat Greeter: Sign Up Now for the Month of February!



To sign up for a 45 minute volunteer slot this Shabbat,

1. Click [HERE](#) for [TBZ Shabbat Greeter Sign Up](#).
2. Choose the day (Friday or Saturday) and time then click on **SIGN UP**.
3. Hit **SUBMIT AND SIGN UP** at the bottom of the page.
4. Click **SIGN UP NOW**.



## Community Announcements

A Letter to the Community from TBZ President Sara  
Smolover

Click here to [read a community update](#) from Sara, including exciting and important news about TBZ's leadership.



## We're Expecting an Overwhelming Turnout for Host at Home Shabbat!

Host at Home Shabbat is this weekend, and **95 people have signed up** to host Shabbat meals, attend them, or just help out in general! **THANK YOU to Marilyn Glazer-Weisner** for organizing what's shaping up to be a fabulous Shabbat experience. If you have any last-minute questions about Host at Home Shabbat, please contact Marilyn [mglazerw@comcast.net](mailto:mglazerw@comcast.net).

## Family Table

Last month, TBZ brought **92 boxes of crackers** and **129 cans/boxes of soup** to JF&CS. Let's keep up the good work -- please continue to bring donations each time you come to TBZ, and remember, **Family Table only accepts donations that are kosher dairy**. Thank you for keeping that in mind!

**TBZ extends its condolences to Barrie Wheeler, Amit Segal, and family on the loss of Barrie's father, Joseph Wheeler.**



## Upcoming Events



### Exclusive Screening: *Dawnland*

Thursday, January 31st | 7pm

Sponsored by TBZ Tikkun Olam

Exclusive screening of the film *Dawnland*, a documentary about cultural survival, stolen children, and justice for Native Americans. The screening will be followed by an open discussion of the film and the issues it addresses, facilitated by TBZ member Mishy Lesser.



### Latin Jewish Clergy: An American Conversation Wednesday, February 13th | 8pm Temple Emanuel in Newton

Join us in a first of its kind conversation in Boston, as four Jewish Latin American and Latino Clergy come together to explore what it means to be leaders of American Jewish congregations. We will learn of each of their trajectories and what their perspectives and backgrounds bring to their roles, and engage the broader impacts their Latin American identities have within their congregations and the wider community. Featuring TBZ's own Rav Claudia, Rabbi Sonia

LEARN ABOUT THE FILM

Salzman, Rabbi Michael Fel, and Cantor Elias Roseberg. Moderated by Dalia Wassner, Ph.D., Director, HBI Project on Latin American Jewish & Gender Studies at Brandeis University.

RSVP TO THE SCREENING

עץ חיים היא למחזיקים בה ותומכיה מאושר  
The Reb Moshe and Anne Waldoks Lifelong Learning Center

UPCOMING EVENTS

Classes started THIS WEEK, but there's still some room... Register today!

### What is Jewish Renewal?

Wednesdays Jan 23, 30, Feb 6

Introduction to Rabbi Zalman Schachter-Shalomi founder of Jewish Renewal's approach to Judaism, with Reb Moshe Waldoks.

### Israel's Declaration of Independence

Tuesdays February 5, 12, 19

Study Israel's Declaration of Independence, generally considered to be its founding charter of principles, with Prof. Pnina Lahav, BU Law School.

LEARN MORE & REGISTER

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The Torah is the Tree of Life and all who cling to Her will be enriched

## Nishmat Hayyim

### Mindfulness

#### The Glory of Life

*"The Realm of mystery tells us, You live in a world full of light and life. Know the great reality, the richness of existence that you always encounter. Contemplate its grandeur, its beauty, its passion, and its harmony."*

*--Rabbi Abraham Isaac Kook, from Lights of Holiness*

## Upcoming Meditation Offerings

Shabbat Afternoon Meditation Sits:

Jan 26, Feb 23, Mar 23

1:30pm - 3:00pm | TBZ Sanctuary

Coming together in stillness to be with the truth of what arises and passes in each moment, without fixing or adding anything. Be fully alive to the hidden essence of Shabbat vayinafash. Stop and ensoul. *"Hineh ma tov'u'ma nayim shevet achim gam yachad."* How good and skillful it is for brothers and sisters to sit together. Everyone is welcome, registration is not required!

1:30 - 2:15 Chant and Shabbat Meditation Sit

2:15 - 2:25 Walk and Stretch/Break

2:25 - 2:40 Teaching or

Contemplative Torah Study

2:40 - 2:55 Q & A and Discussion  
2:55 - 3:00 Closing Sit

**SAVE THE DATE:**  
Daylong Meditation Retreat  
at Just Right Farm  
Sunday, April 28th  
9:30am - 4:30pm



Friday AM  
Meditation/Mindfulness  
Practice Group  
DROP IN Sessions:  
Jan 25, Feb 1, Mar 15  
9:30am - 11am | TBZ  
Sanctuary

*No Registration Required -- Bring  
Family and Friends!*

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**Stay Connected**

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