



## FOR YOUNG CHILDREN

### SANCTUARY GUIDELINES AT TBZ FOR PARENTS & YOUNG CHILDREN TBZ WELCOMES FAMILIES AND YOUNG CHILDREN TO SERVICES.

**We welcome the sounds and songs of infants, toddlers, and young ones in our services.** There are times though, when the community requires quiet and calm in the Sanctuary for prayer and reflection. In this way we teach our children to respect prayer and community, and teach our community that our children are our present and future.

**Please explain to your child that in the Sanctuary we talk softly and do not run or jump,** to show respect to others and give everyone the opportunity to pray. During services, children should not climb or play on the *bimah* stairs. Children may come and sit on the *bimah* when the Rabbis invite them to do so.

**Electronic and battery-operated toys, writing and drawing** are not allowed in the Sanctuary. Feel free to bring quiet toys, books and stickers to the Sanctuary so children can play and read quietly during the service.

**Please take your child out of the Sanctuary** if your child is restless or crying while someone is chanting *Torah* and *Haphtarah*, giving a *D'var Torah*, during silent meditation time or Mourners *Kaddish*. Please use your best discretion as to other times when it is appropriate to go outside with your children.

**If you need to bring your child out of the Sanctuary,** please feel free to use the 3rd floor where there is space to play. Parents can hear the services on the speakers in the large 3rd Floor classroom.

**Snacks:** We would prefer that you not bring snacks into the Sanctuary. If you need to, please bring snacks in a closed bag or container and supervise your child to prevent spills on the chairs or rug. Please bring drinks only in sippy cups or bottles, as juice boxes often leak or spill.

**We are blessed to have talented drummers** who may be asked by our Rabbis to enhance our services with their joyful accompaniment to songs of praise and gratitude. In order to maintain an atmosphere of joy without chaos, we ask that children drum only during their children's services (when appropriate) and at the family services we hold twice yearly.

**Please make sure that you know where your child is when he or she leaves the sanctuary.** Children under age 10 should not leave the Sanctuary without adequate supervision. Please also remember that our older children (teen and pre-teen) may need to be reminded about proper behavior outside of the Sanctuary as well.

**We look forward to joining together for *Kiddush* and *Oneg* each week.** To make sure that all can enjoy our beautiful meals, we ask that children (and adults) remain outside the Community Room and the kitchen while *Kiddush* and *Oneg* are being prepared. Please do not start eating until the blessings are said. This is the way that we teach our children about the *kavanah* of food and community.

**At TBZ our *kavanah* is respect for each other, our food, and our environment.** At *Kiddush* and *Oneg* we ask that you help teach your children to take only what they need, to keep our indoor and outdoor spaces clean, and to help dispose of trash in our recycling bins.



## FOR TWEENS & TEENS

### SANCTUARY GUIDELINES AT TBZ FOR PARENTS, TWEENS & TEENS TBZ WELCOMES TWEENS AND TEENS TO OUR COMMUNITY.

**We welcome tweens and teens to our community.**  
We are so excited to see so many children growing up at TBZ and becoming part of our multigenerational family. We invite parents and their children in the tween and teen years to take some time and look at these guidelines and **expectations**.

**Behavior in the synagogue:**  
Our synagogue is home to our spiritual community. Children are expected to behave appropriately whenever in the Temple building. Being created in God's image obligates us to treat ourselves and others in ways that respect the holiness that is in each of us and that is in everything that surrounds us.

**We encourage parents and children to discuss the following questions:**

**What does it mean** to be a part of the community at TBZ?

**How can you participate** when in shul?

**You can:** Listen?-Sing?-Quietly read the siddur or another book of your choosing?-Meditate?

**Which services** do you like to attend?

**What are your family's expectations** for participation?

**How and where** can you help out?

**Important Guidelines! Please follow these:**

- \*Walk, don't run in and around the building
- \*Speak softly, don't shout, especially near the sanctuary
- \*Join in the singing
- \*No electronics!!
- \*No food in sanctuary
- \*Don't bum rush the Kiddush ☺
- \*No ball playing in shul, duh!
- \*Give your seat to someone older both in the Sanctuary and at the Kiddush
- \*Clean up after yourself at the Kiddush
- \*Behave respectfully at TBZ

**Each point of the Magen David represents TBZ's expectations of their younger adults when at the synagogue:**



**Parents:**

**Please help us by reminding your children of these expectations.  
This community belongs to all of us!**