



YOUNG ISRAEL OF EAST NORTHPORT

TISHA B'AV 5779 - 2019

Shabbos, August 10- Erev Tisha B'av

Mincha 6:00 pm

Shalosh Seudos should be eaten at home. One does not eat the customary *seuda hamafsekes* (bread and egg with ashes) on Shabbos.

Fast Begins 7:58 pm

Shabbos Ends 8:49 pm

Immediately after Shabbos ends, one must say "*baruch hamavdil bein kodesh l'chol*" and put on non-leather shoes. Maariv has been delayed to allow men and women to drive to shul after Shabbos for Maariv and Eicha.

Maariv / Eicha 9:15 pm

Rabbi Loewy will speak some words of inspiration before Eicha.

Sunday, August 11- Tisha B'Av

Shacharis 8:30 am (No Tallis and Tefillin at Shacharis)

We will recite selected kinnos with explanations beforehand by Rabbi Loewy.

Tisha B'av Video Part 1 11:30 am

This video is produced by the Chofetz Chaim Heritage Foundation and will feature inspirational speakers such as Rabbi Yitzchok Sorotzkin, Rabbi Fishel Schachter, and Rabbi Ephraim Eliyahu Shapiro.

Chatzos (Midday) 12:58 pm

One is permitted to sit high on a chair after midday.

Please join us at the shul for a series of inspirational films that will be shown starting at 4:30 pm. We will first show a moving video produced by Project Inspire entitled "The Power of One, the story of the life of Rabbi Noach Weinberg ZT"L". At 5:30, we will show Part 2 of the Chofetz Chaim Heritage Foundation video's featuring renowned speakers Rabbi Moshe Weinberger and Rabbi Zechariah Wallerstein.

Mincha 7:25 pm (Please remember to bring *tallis* and *tefillin* to
Mincha)
Maariv 8:20 pm
Fast ends 8:34 pm

One must recite *havdala* consisting of the blessing over wine (*borei pri hagefen*) and the last blessing *hamavdil bein kodesh l'chol* before eating.

HAVE A MEANINGFUL FAST!

May this be the last Tisha B'av we sit in mourning and may we all join together next year and celebrate with the rebuilt Temple and Mashiach speedily in our days!