

PARASHA RECIPES

PARASHAT MISHPATIM

פרשת משפטים

PARASHAT MISHPATIM TAKES PLACE AFTER MOUNT SINAI AND THE RECEIVING OF THE TEN COMMITMENTS AND IT'S FULL OF HUMAN TO HUMAN MITZVOT. THESE MITZVOT FORM THE BASIS OF APPROPRIATE BEHAVIOURS BETWEEN HUMAN BEINGS. WITHOUT THESE MITZVOT, WE COULDN'T DEVELOP A SUSTAINABLE SOCIETY. BUT IN THE TIME OF THE TORAH, THOSE MITZVOT WERE INNOVATIVE. SO THIS WEEK'S RECIPE IS A VERY INNOVATIVE SOUP.

INNOVATIVE SOUP

- 2 AVOCADOS
- 1 CUCUMBER
- 4 GREEN ONIONS
- 1 LITRE OF APPLE JUICE
- SALT AND WHITE PEPPER TO TASTE

CRUSH ALL THE INGREDIENTS IN A BLENDER UNTIL IT SMOOTH. COOL IT IN THE FRIDGE. SERVE CHILLED.

BON APPETIT- בתאבון!