

Hate.

There are so many things love to hate. We hate traffics, we hate it when things don't go as we planned, we hate the commercials in the middle of our favorite show, some of us hate being late, some of us hate different kinds of foods. Some people hate going to work or to school. Kids hate homework and teenagers hate people that tell them what to do. And Mosquitoes, who doesn't hate mosquitoes?!

Two years ago, I noticed that I use the word "hate" every time I don't like something, when I'm frustrated, mad, or unhappy. I also noticed that I'm definitely not the only one that does that. I never thought about the mining behind this strong word before. I felt like the constant use of this word is bringing a lot of negativity to my life. I was a had counselor in the scouts at that time, so I thought it might be nice to try and stop the habit of using the word hate with them. Every time they said they hate something, I stopped them and said "you don't hate it, you don't like it". At first they didn't really like the idea of it all, and didn't really understand why is it so so important to me. But Now they are all had counselors themselves, and they are all doing the same thing with their counselors.

Hate is a very powerful word. Hate is a very strong feeling. A feeling that is making people do terrible things.

I'm asking myself how can we use this word in our everyday lives when we know what horrible things it causes.

Just a week ago hate took 11 people's lives. In the past week there were memorial and support ceremonies all over the world. During this Week I kept hearing the phrase "stronger then hate". I want to believe that we are. It is way easier to hate then to love. Being stronger than hate for me is being able to understand the power of this word, and stop giving it a legitimacy. Kids don't hate school, they don't like it. You don't hate traffics, you just don't really like them.

Let's be stronger than hate.

I would like to end my Dvar with a moment of silence in memory of the victims.

Shabbat shalom