



הִנֵּה מֵה־טוֹב וּמֵה־נְעִים שֶׁבֶת אַחִים גַּם־יַחַד:

Hinei ma tov uma-na'im shevet achim gam yachad.

Behold how good and how pleasant it is for people to dwell together.

You have my attention: which is
a tenderness, beyond what I may say. And I have
Your constancy to something beyond myself.
The force of Your commitment
charges us -- we live in the sweep of it, taking courage
One for the other.

~

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

Barukh Atah Adonai Eloheinu Melekh ha-olam,

יוֹצֵר אוֹר, וּבוֹרֵא חֶשֶׁךְ, עֹשֶׂה שְׁלוֹם וּבוֹרֵא אֶת הַכֹּל.

yotzer or u-vorei choshech, oseh shalom u-vorei et ha-kol.

The Architect of the universe creates anew each day.
Therefore each day is an utterly new creation.
Take as much as you can from what each day has to offer.

Open eyes to the simple brilliance:
the morning light, dark of night.

The hours rolling into the other, a brilliant pattern of dark and light.

בָּרוּךְ אַתָּה יְהוָה יוֹצֵר הַמְּאוֹרוֹת:

Baruch Atah Adonai, Yotzeir Ha'm'orot.

Blessed are You, Adonai, Creator of Light.

~

Love your neighbor as yourself, You said.

And light-blinded, we saw
that inner and outer worlds are one
As You are One.

You spoke, and we wrote.
We reached for You down the centuries,
Your light moving before us
As we climbed, fell back and climbed again
Your Sinai of life.

בָּרוּךְ אַתָּה יְיָ, הַבוֹחֵר בְּעַמּוֹ יִשְׂרָאֵל בְּאַהֲבָה:

Baruch Atah Adonai, haBocheir b'amo Yisrael b'ahavah.

שְׁמַע יִשְׂרָאֵל ה' אֱלֹהֵינוּ ה' אֶחָד!

Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad!

Hear, O Israel, Adonai is our God, Adonai is One!

בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Baruch shem k'vod malchuto l'olam va-ed.

Blessed is God's glorious majesty forever and ever.

וְאַהֲבַתְּ אֶת ה' אֱלֹהֶיךָ בְּכָל לִבְבְּךָ וּבְכָל נַפְשְׁךָ וּבְכָל מְאֹדְךָ:

וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אֲנֹכִי מְצַוְּךָ הַיּוֹם עַל לִבְבְּךָ:

וּשְׁנַנְתָּם לְבִנְיָךְ וְדִבַּרְתָּ בָם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבְלִכְתְּךָ בַדֶּרֶךְ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ: וּקְשַׁרְתָּם

לְאוֹת עַל יָדְךָ וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ:

וּכְתַבְתָּם עַל מְזוֹזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ:

לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת כָּל מִצְוֹתַי וְהֵייתֶם קְדוֹשִׁים לֵאלֹהֵיכֶם: אֲנִי ה' אֱלֹהֵיכֶם אֲשֶׁר

הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם לְהִיוֹת לְכֶם לֵאלֹהִים - אֲנִי ה' אֱלֹהֵיכֶם. אָמֵן:

V'ahavta et Adonai Elohecha, b'chol l'vavcha uv'chol nafsh'cha uv'chol m'odecha.

V'hayu had'varim ha-eileh asher anochi m'tzav'cha hayom al l'vavecha. V'shinantam l'vanecha v'dibarta bam b'shivt'cha b'veitecha uv'lecht'cha vaderech uv'shochb'cha uv'kumecha. Uk'shartam l'ot al yadecha v'hayu l'totafot bein einecha. Uch'tavtam al m'zuzot beitecha uvish'arecha. L'maan tizk'ru, vaasitem et kol mitzvotai vih'yitem k'doshim l'Eloheichem. Ani Adonai Eloheichem, asher hotzeiti et-chem mei-eretz Mizrayim lih'yot lachem l'Elohim. Ani Adonai Eloheichem.

You shall love Adonai your God with all your heart, with all your soul, and with all your might.

Take to heart these instructions with which I charge you this day. Impress them upon your children.

Recite them when you stay at home and when you are away, when you lie down and when you get up.

Bind them as a sign on your hand and let them serve as a symbol on your forehead;

inscribe them on the doorposts of your house and on your gates.

Thus you shall remember to observe all My commandments and to be holy to your God.

I am Adonai, your God, who brought you out of the land of Egypt to be your God: I am Adonai your God.

God of goodness,
we give thanks for the gift of life, wonder beyond words;
for the awareness of soul, our light within;
for the world around us, so filled with beauty;
for the richness of the earth, which day by day sustains us;
for all these and more, we offer thanks.

בְּרוּךְ אַתָּה ה', הַטּוֹב שְׂמֵךְ וְלֵךְ נְאִיָּה לְהוֹדוֹת.

Baruch Atah Adonai, HaTov Shimcha ul'Cha na'eh l'hodot.

Blessed are You, Adonai, Your Name is Goodness, and You are worthy of thanksgiving.

Grant us peace, Your most precious gift, O Eternal Source of Peace.
And give us the will to proclaim its message to all the peoples of the earth.
Bless our country as a safeguard of peace, its advocate among the nations.
May contentment reign within our borders, health and happiness within our homes.
Strengthen the bonds of friendship and fellowship among all the inhabitants of our world.
Plant virtue in every soul, and may the love of Your Name
hallow every home and every heart.

בְּרוּךְ אַתָּה ה', הַמְּבָרֵךְ אֶת עַמּוֹ יִשְׂרָאֵל בְּשָׁלוֹם:

Baruch Atah Adonai, ham'vareich et amo Yisrael bashalom.

עֲשֵׂה שָׁלוֹם בְּמִרְוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.

Oseh shalom bimromav, Hu ya'aseh shalom aleinu v'al kol-Yisrael, v'imru: amen.

May the One who creates harmony on high, bring peace to us and to all Israel. To which we say: Amen.



Blessing for Learning and Studying Torah

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְעִסּוֹק בְּדִבְרֵי תוֹרָה:

*Baruch atah, Adonai Eloheinu, Melech haolam,
asher kid'shanu b'mitzvotav v'tzivanu laasok b'divrei Torah.*

Blessed are You, Adonai our God, Sovereign of the universe,
who hallows us in mitzvot, commanding us to engage with words of Torah.

Shmot

1 These are the names of the sons of Israel who came to Egypt with Jacob, each coming with his household:

2 Reuben, Simeon, Levi, and Judah;

3 Issachar, Zebulun, and Benjamin;

4 Dan and Naphtali, Gad and Asher.

5 The total number of persons that were of Jacob's issue came to seventy, Joseph being already in Egypt.

6 Joseph died, and all his brothers, and all that generation.

7 But the Israelites were fertile and prolific; they multiplied and increased very greatly, so that the land was filled with them.

8 A new king arose over Egypt who did not know Joseph.

9 And he said to his people, "Look, the Israelite people are much too numerous for us.

10 Let us deal shrewdly with them, so that they may not increase; otherwise in the event of war they may join our enemies in fighting against us and rise from the ground."

11 So they set taskmasters over them to oppress them with forced labor; and they built garrison cities for Pharaoh: Pithom and Raamses.

12 But the more they were oppressed, the more they increased and spread out, so that the [Egyptians] came to dread the Israelites.

13 The Egyptians ruthlessly imposed upon the Israelites

14 the various labors that they made them perform. Ruthlessly they made life bitter for them with harsh labor at mortar and bricks and with all sorts of tasks in the field.

15 The king of Egypt spoke to the Hebrew midwives, one of whom was named Shiphrah and the other Puah,

16 saying, "When you deliver the Hebrew women, look at the birthstool: if it is a boy, kill him; if it is a girl, let her live."

17 The midwives, fearing God, did not do as the king of Egypt had told them; they let the boys live.

18 So the king of Egypt summoned the midwives and said to them, “Why have you done this thing, letting the boys live?”

19 The midwives said to Pharaoh, “Because the Hebrew women are not like the Egyptian women: they are vigorous. Before the midwife can come to them, they have given birth.”

20 And God dealt well with the midwives; and the people multiplied and increased greatly.

21 And because the midwives feared God, God established households for them.

22 Then Pharaoh charged all his people, saying, “Every boy that is born you shall throw into the Nile, but let every girl live.”

Mourner's Kaddish

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.
בְּעֵלְמָא דִּי בְרָא כְרַעוּתָהּ וְיִמְלִיךְ מַלְכוּתָהּ בְּחַיֵּינוּ וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,
בְּעַגְלָא וּבְזַמַּן קָרִיב, וְאָמְרוּ: אָמֵן.
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעַלְמֵי וּלְעַלְמֵי עֲלַמְיָא:
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקַדְשָׁא,
בְּרִיךְ הוּא.
לְעֵלְא מִן כָּל בְּרִכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא וְנַחֲמָתָא דְאַמִּירָן בְּעֵלְמָא, וְאָמְרוּ: אָמֵן.
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.
עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.

Yitgadal v'yitkadash sh'mei raba

b'alma di-v'ra chirutei, v'yamlich malchutei

b'chayeichon uvyomeichon uvchayei d'chol beit yisrael,

ba'agala uvizman kariv, v'im'ru: amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach, v'yitpa'ar v'yitromam v'yitnaseh

v'yithadar v'yit'aleh v'yit'halal sh'mei d'kud'sha, b'rich hu.

L'eila min-kol-birchata v'shirata, tushb'chata v'nechemata da'amiran b'alma,

v'im'ru: amen.

Y'hei shlama raba min-sh'maya v'chayim aleinu v'al-kol-yisrael, v'im'ru: amen.

Oseh shalom bimromav, hu ya'aseh shalom aleinu v'al kol-yisrael, v'imru: amen.

Exalted and hallowed be God's great name in the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime and the life of all Israel — speedily, imminently, To which we say: Amen. Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort. To which we say: Amen. May there be abundant peace from heaven, and life, for us and all Israel. To which we say: Amen. **May the One who creates harmony on high, bring peace to us and to all Israel. To which we say: Amen.**