



# High Holiday Resources for Young Children and Their Families

Congregational/communal gatherings of many kinds for Families with Young Children is the crossroads of congregational life. It is a moment in time when infants to grandparents share a fun, social, meaningful, engaging, thought-provoking experience that makes memories - no easy feat considering the wide range of developmental needs! This collection of resources is intended to provide ideas and examples of ways for leaders of high holiday virtual experiences to prepare, conduct, share, and follow-up with the youngest, most precious commodities of our communities and their families!

Each category of activity is listed in the simple natural progression of the high holiday season. This is intended to reinforce leaders' creative processes for teaching and providing experiences according to the Jewish calendar system:

- 1. Prepare for the new year (Elul)
- 2. Celebrate the world's birthday (Rosh Hashanah)
- 3. Leave behind the mistakes and gather the learnings and growth to keep with you moving forward (*Tashlich*)
- 4. Allow the Shofar to wake us up to ask for forgiveness and provide forgiveness to others (Yom Kippur)
- 5. Begin the new year with a clean slate!

# **Preparation For New Year:**

# **Literacy:**

## **Infants and Toddlers**

Preparation For The New Year: Rosh Hashanah is Coming Birthday of the World/New Beginnings: I Sleep in a Big Bed

Get Rid of What You Don't Want/Keep What You Do Want: Animal Tashlich

Forgiving/Asking For Forgiveness & The Sound Of The Shofar Wakes Us Up To Listen: Are We Still

Friends?

Starting New: The Day You Begin

## 3-5 Year Olds

Preparation For The New Year: What A Way To Start A New Year Birthday of the World/New Beginnings: When God Made You

Get Rid of What You Don't Want/Keep What You Do Want: Tashlich at Turtle Rock

Forgiving/Asking For Forgiveness & The Sound Of The Shofar Wakes Us Up To Listen: The Book Of

Mistakes, New Year at the Pier, All about Yom Kippur

Starting New: Get Along, Gang: The Shalom Bayit (Peace in the Home) episode | Shaboom!

# Cooking/Science:

## **Infants and Toddlers**

Preparation For The New Year: Make Applesauce

Birthday of the World/New Beginnings: <u>Happy Birthday World Cupcakes</u> Get Rid of What You Don't Want/Keep What You Do Want: <u>Sink & Float</u>

Forgiving/Asking For Forgiveness & The Sound Of The Shofar Wakes Us Up To Listen: Apple Print

**Craft** 

Starting New: Bake a Birthday Cake for the World

#### 3-5 Year Olds

Preparation For The New Year: Bite Size Apple Pies

Birthday of the World/New Beginnings: Apple Science Experiment

Get Rid of What You Don't Want/Keep What You Do Want: New Year's Bowl for Honey

Forgiving/Asking For Forgiveness & The Sound Of The Shofar Wakes Us Up To Listen: Apple Dipper

**Bars** 

Starting New: Apple Honey & Cookie Pops

## Songs:

## **Infants and Toddlers**

Preparation For The New Year: <u>Dipping the Apples</u> Birthday of the World/New Beginnings: <u>Bim Bam</u>

Get Rid of What You Don't Want/Keep What You Do Want: Dip the Apple

Forgiving/Asking For Forgiveness & The Sound Of The Shofar Wakes Us Up To Listen: Five Apples

Starting New: High Holiday Music (including a family playlist) PJ Library Radio

## 3-5 Year Olds

Preparation For The New Year: Bim Bam

Birthday of the World/New Beginnings: It's The Birthday Of The World Get Rid of What You Don't Want/Keep What You Do Want: Shofar Blast

Forgiving/Asking For Forgiveness & The Sound Of The Shofar Wakes Us Up To Listen: We Blow The

Shofar, Shofar Blast

Starting New: Rosh Hashanah is our New Year

## **Visual Arts:**

## **Infants and Toddlers**

Preparation For The New Year: Making New Year's Cards
Birthday of the World/New Beginnings: Make A Tzedakah Box

Get Rid of What You Don't Want/Keep What You Do Want: Break Fast Placemats

Forgiving/Asking For Forgiveness & The Sound Of The Shofar Wakes Us Up To Listen: Make Your

Own Shofar

Starting New: Make Your Own Honey Dish

## 3-5 Year Olds

Preparation For The New Year: Make Your Own Honey Pot

Birthday of the World/New Beginnings: Make A Rosh Hashanah Card

Get Rid of What You Don't Want/Keep What You Do Want: Make A Tzedakah Box

Forgiving/Asking For Forgiveness & The Sound Of The Shofar Wakes Us Up To Listen:: Make Your

Own Shofar

Starting New: Mitzvah Wheel

## **Games & Activities:**

## **Infants and Toddlers**

Preparation For The New Year: Apple Sorting (#1)

Birthday of the World/New Beginnings: Make Your Own Holiday Lacing Cards
Get Rid of What You Don't Want/Keep What You Do Want: Representing Honey

Forgiving/Asking For Forgiveness & The Sound Of The Shofar Wakes Us Up To Listen: Apple Sorting

(#2)

Starting New: Magic Scratch Apples

## 3-5 Year Olds

Preparation For The New Year: Birthday of the World/New Beginnings: New Beginnings: Rosh Hashanah and the Moon

Get Rid of What You Don't Want/Keep What You Do Want: Taslich in a Tub

Forgiving/Asking For Forgiveness & The Sound Of The Shofar Wakes Us Up To Listen: Rosh

Hashanah Bingo Tashlich for Kids: Make a "Letting Go" Collage

Starting New: Yom Kippur Puzzles

## Video:

## **Infants and Toddlers**

Preparation For The New Year: The Sticky Shofar Party Part I

Birthday of the World/New Beginnings: Be the Best Me

Get Rid of What You Don't Want/Keep What You Do Want: Shalom Sesame- I am Sorry

Forgiving/Asking For Forgiveness & The Sound Of The Shofar Wakes Us Up To Listen: How To Blow

The Shofar

Starting New: The Sticky Shofar Party Part II

### 3-5 Year Olds

Preparation For The New Year: The Sticky Shofar Party Part I

Birthday of the World/New Beginnings: Be The Best Me! Rosh Hashanah Shaboom Special

Forgiving/Asking For Forgiveness & The Sound Of The Shofar Wakes Us Up To Listen: How To Blow

The Shofar Really, Really Sorry: For Yom Kippur, the Sparks say SLICHA!

Starting New: The Sticky Shofar Party Part II

## **Supplemental Resources:**

PJ Library- Peeking Ahead to a New Beginning Today is the Birthday of the World - PJ Library

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