



PICNIC LUNCH Kashrut Guidelines

Thank you for bringing food to the picnic and for doing your utmost to comply with kashrut.

Please note that these guidelines are for use OUTSIDE the Synagogue building and are in line with guidelines for bringing food to Rabbi Wittenberg's home.

Please -

- a. Ensure that all food is kosher vegetarian or vegan.
- b. If you have a kosher home, eating only kosher meat and keeping milk and meat separate, it's fine for you to cook a dish and bring it.
- c. If you do not yet have a fully kosher home but would like to cook a dish, please ensure all ingredients are kosher and use clean glass bowls and foil baking dishes only. Please thoroughly rinse any cutlery you use in boiling water.
- d. If you are buying food, please ensure that it has a hechsher (kosher certification). This is to be preferred, but we will also accept vegetarian labels.
- e. Fruit and vegetables need no labelling.
- f. Please ensure that wine, grape juice and any product that contains grape juice has a hechsher.

There are other food ethics issues which it is important to consider. Please kindly buy Fairtrade where possible, or products which minimise air miles, and where the waste from packaging is at a minimum. Kindly where possible, avoid single use plastic.

Thank you for your consideration.

If you have any questions, please contact Rabbi Wittenberg at rabbi@npls-masorti.org.uk