

| page | first word | what do I do? | what do I say? | what do the congregation do? | anything else I need to know? |
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| BEFORE LEYNING | | | | | |
| p404 | Ein Kamocha | Stand at the bima, facing the ark. | Sing the first two words. | They will join in. | Keep going till the end of this page - the last words are Adon Olamim . |
| p406 | Vayehi Binsoa | Go and stand in front of the ark. | Continue singing. | They'll continue singing. | |
| | Baruch Shenatan Torah | At Baruch Shenatan Torah put your siddur down on the bimah. You will be handed the Torah. | Continue singing. | The gabbai will hand you the Torah. Make sure you are comfortable and it's secure. It should sit in your right arm and rest along your right shoulder . (If you're small and it's big it might need to rest across your left shoulder.) Now go and stand in front of the bimah facing the congregation. | If you want your siddur back you need to let the gabbai know. They can put it in your right hand once you are safely holding the Torah (with that same hand.) |
| p408 | Shema Yisrael | Face forward, relax, wait a moment. | Sing the first line - (NB the first two notes are the same.) | They'll sing the Shema line back but with the first two notes slightly different. | |
| | Echad Eloheinu | Same | Sing this line | They'll sing it back exactly the same. | You're about to turn around and bow. |
| | Gadlu | Turn to face the ark. Bow and come straight up on Gadlu. | Sing this line. | They won't sing the line back. You and they will start singing Lecha Adonai . | Decide on a tune. |
| | Lecha Adonai | You are going to turn right and walk (clockwise) round the room. | | Hopefully people will clear your path but look ahead in case. Go slow. Move to meet kids and elderly people who want to kiss the Torah but can't reach it. | Ideally you want to be back at the bimah at the end of this passage ie. Ki Kadosh Adonai Eloheinu so plan your route. |
| | Ki Kadosh Adonai Eloheinu | Put the Torah down safely on the bimah. | | The gabbai should help you put the Torah down safely. | You can sit down now. You won't be needed again till shevii - towards the end of the leyning. |

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| AFTER LEYNING | | | | | |
| p414 | Yitgadal | At the end of shvi'i. come towards the bimah. Bring your siddur and face the ark. There will be lots of people at the bimah, you just need to be vaguely near the front. | Lead the Chatzi Kaddish (check tune) | The kaddish responses. | Return to your seat when you're done. They'll do Hagbah next. Someone will read the Haftorah while the person who did Hagbah sits at the front holding the Torah. They will stand for the various blessings after the Haftorah. There might be a blessing for the new month. |
| p426 | Ashrei | You can stand at or near the bimah. | Sing the first two lines of Ashrei. | They will join in. You can bring everyone back in for the last two lines - Tehillat Adonai Yedaber Pi . | Walk forward to be handed the Torah by the person who did Hagbah or the gabbai. Someone will open the ark. |
| p428 | Yehallelu | Turn and face the congregation. | Sing the line. | They will join in with Hodo al Eretz . Sing along too. | |
| p430 | Mizmor LeDavid | Still facing the congregation. | Sing the first two words. | They will join in. | You're going to start walking soon.... |
| p430 | Vayarkidem | Still facing the congregation. | | About half way through / five lines in (at Vayarkidem) turn right and start to walk (anti-clockwise). You'll be going round the room in the opposite direction to before. | Try and get back to the ark by the end of the passage. |
| p432 | Uvenucha Yomar | The gabbai will open the doors of the ark. Turn to face the ark. | Say the first two words. | The will mutter the words. | |
| p432 | Kohanecha OR Etz Chayim hi | Prepare to give the Torah to the gabbai or put it in the ark yourself. | Choose your tune and sing it. | Stand in front of the ark and continue singing. | Touch the Torah with the corner of your tallit and kiss it. Take a step back while the gabbai closes the ark doors. |