

KOL NIDREI APPEAL 2023



KOL NIDREI APPEAL 5784 – 2023

If possible, please donate online at: mynnls.org.uk/charities

Otherwise please complete this form and send to NNLS in the envelope provided.
(It costs NNLS £1.50 per regular non-charity cheque to bank).

Name _____

IMPORTANT: If you are making a Gift Aid Declaration, please insert ONLY ONE NAME HERE;
this person should sign the declaration below.

Home Address _____

Postcode _____ Telephone No. _____

I/We wish to donate the following amounts for these causes:

£ _____ for **Jami**, jamiuk.org

£ _____ for **Masambiro**, masambiro.org.uk

£ _____ for **North London Hospice**, northlondonhospice.org

£ _____ for **The Road to Recovery**, theroadtorecovery.org.il

£ _____ for **The Masorti Family & NNLS Nurturing Potential Funds**, masorti.org.uk nnls-masorti.org.uk

I/We enclose a cheque or charity voucher made out to NNLS in the total sum of £ _____

Please complete the information above and tick the boxes below as appropriate:

☐

I want to Gift Aid this and any future donations to NNLS. Please sign below. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given. I will notify the charity if I want to cancel this declaration, change my name or home address, or no longer pay sufficient tax on my income and/or capital gains.

Signed* _____

Date _____

(*must be signed by the one taxpayer named above)

☐

I am not a tax payer, or for other reasons, I do not wish this donation to be covered by Gift Aid.

☐

I am paying by Charity Voucher and Gift Aid is not appropriate.

☐

I am happy for the cause or causes that I am supporting to add my details to its/their donor database(s) for the purpose of sending me further fundraising materials and information.

If you have any questions regarding Gift Aid, please contact the NNLS office: 020 8346 8560.

Please send this form with a cheque/charity voucher payable to NNLS for the "Total" above to NNLS in the envelope provided.

If the purpose of any of the supported causes fails, NNLS will select another cause which it regards as broadly similar.

Gift Aid helps the charity at no cost to you. It does not apply to KKL, CAF or other charity vouchers.
Higher rate taxpayers should keep a record of Gift Aid donations for additional tax relief.



September 2023

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020 8346 8560

office@nnls-masorti.org.uk
nnls-masorti.org.uk

Dear Community,

New North London Kol Nidrei Charity Appeal 2023

Our community has always looked within and beyond, and this High Holyday season it is important we recognise what we can do for others and the chances we can give them.

Many people just want a chance. A chance to get the best mental health support, a chance at an education, a chance to die with dignity at home, a chance to have access to healthcare no matter which side of the divide you live. We know that every person can take that chance if given, and this is reflected by the mission of each of the organisations chosen to benefit from this years appeal:

Jami – a chance to access mental health support. Funding the 'Front Door' programme we will help individuals from the Jewish community find the right mental health support when they need it the most.

Masambiro – a chance to have an education. Supporting children in Malawi to go to school. We will be funding girls to gain an education they otherwise would not have the chance to get.

North London Hospice – a chance to be cared for at home. Our support will go towards the Barnet Community Care team, helping people on end of life care spend as much time as possible at home, with their comforts.

The Road to Recovery – a chance to access healthcare. Crossing the Israeli-Palestinian divide we will be funding The Road to Recovery to transport children from Gaza into Israel for lifesaving medical operations.

The Masorti Family Fund – a chance to support young adults. The fund supports the **Masorti Young Adults Outreach** programme to keep young people in their 20s connected to Jewish life and community and the **NNLS Nurturing Potential Fund** will enable young adults pursuing professional journeys in Jewish Education or *Smichah* to receive grants and connect with our community.

You can read more about the chosen charities in this booklet including first-hand accounts from the people they support, the problems each tackles and information about how your generosity will help. All donations, whether small or large, make a difference. You can donate at mynnls.org.uk/charities or by returning the form in this booklet using the envelope provided.

Your donation this Kol Nidrei can be life changing – whether it supports mental health provision, childrens education, end of life care or co-existence. **Your generosity means that people can have a chance to live how they choose.**

On behalf of all the charities and the NNLS Tzedakah Committee, thank you for your support.

Richard Budden
NNLS Tzedakah Committee Chair

Company registered in England no. 4493731 Registered charity no. 1094668



Jami provides wrap-around mental health services to enrich and save vulnerable lives in the Jewish community.

In recent years the rise of children and adults' mental health issues has been exponential and continues to grow, with the pandemic, financial and housing insecurity and family breakdown being contributing factors. Whilst delivering professional, person-centred services for children and adults with mental health needs, Jami also supports their families and unpaid carers.

People who would previously have been supported by statutory services are turning to Jami in increasing numbers with increasingly complex mental health needs. The 'front door' at Jami is the first port of call for anyone that needs support with mental health issues, via phone calls or emails. Due to the urgent and exponential demand, Jami is seeking to increase the intake staffing at their 'front door' to provide expertise, knowledge, and a warm welcome at the first point of contact.

Louise's story:

Louise contacted Jami regarding her 18-year-old daughter, Amy, who was severely bullied at school and had been self-harming, drinking, and also struggling with bulimia. As Amy's distress worsened her behaviour became increasingly chaotic. While anxious to support and help her daughter, Louise was struggling to know how to talk with Amy without causing more arguments and further damage.

The Jami team allocated Louise with a Carer Coordinator who phoned her weekly and invited her to join the Parent Carers Group, where she was able to talk with others facing similar challenges. She now feels less isolated and more in control when she is with her daughter. For Amy, the damage inflicted during childhood was complex and she was referred for support offered by Jami's Young Adult Service.



You can help people like Louise:

- **£50** could provide 24 people with strategies to cope with anxiety and/or depression
- **£100** could help someone referred via the intake team to regain their independence through a one-to-one occupational therapy session
- **£250** could support two people in Jami's young adults' programme to take control of their own lives
- **£500** could facilitate an ongoing support group for parents of young people living with an eating disorder
- **£1,000** could provide 12 hours of one-to-one online counselling for people referred via the intake team, helping them to regain purpose and direction

jamiuk.org

Donations are going to JAMI
(Jewish Association for Mental Illness)

UK Registered Charity Number: 1003345



Kunyanja Secondary School in Nkhata bay, northern Malawi, makes a transformative difference to the lives of local students and community. It provides secondary education and opportunities for students to develop and contribute to their country.

Masambiro UK's core support to Kunyanja is through the bursary scheme, which enables disadvantaged children to attend school when this would not otherwise be possible. In addition, Masambiro supports girls to stay in a hostel. It provides a safe space for schoolgirls to stay and study, removing the risks of rape, pregnancy and subsequent early marriage that they previously experienced on their long journeys to and from school.

Chimwemwe's story:

Aged 17, Chimwemwe Nkhata moved 150km away from home so that he could attend secondary school as there was a lack of schools in his district. He became the first student from Kunyanja school to win a place at University in Malawi, a country with one of the lowest per capita university places in the world.

Chimwemwe had been given the opportunity to study at Kunyanja through Masambiro's bursary scheme in the early days of the school. When he faced financial hardship during his third year of university, Masambiro UK supported his continued education, and committed to supporting any Kunyanja School graduate who made it to university.

Wanting to give back, Chimwemwe returned to Kunyanja Secondary School as a teacher after university. Today he is the Deputy Head at the school.

Chimwemwe has transformed his life and become a leader, and in doing so has transformed the lives of so many others.

He reflects: "Words can not explain how grateful I am to Masambiro for the support they have rendered towards my education."



I was the first university student, but now Masambiro has supported more than 100 students. Each one of us contributes to our families, to our communities and to Malawi."

You can help other students like Chimwemwe:

- **£60** would pay for a child to attend school for a term
- **£115** pays for a year's living fees for a school graduate to attend university
- **£300** would buy textbooks for one specific subject
- **£600** would pay for a girl to attend school and live in the girls' dorm for the whole school year
- **£1000** would restock the science lab for chemistry lessons

masambiro.org.uk

UK Registered Charity Number: 1170717



North London Hospice has been caring for local people since 1984, providing palliative care and support, giving people the choice about where they receive care, and where they die, whether it be in their own home, or at the Hospice.

This Kol Nidrei, you can support the Hospice's Barnet Community Team which plays a vital role in helping patients remain in the comfort of their own home for as much of their time as possible. They give practical and emotional support to all those they visit, helping to make what is a distressing and difficult time for many, that little bit easier.

Pauline and John's story:

Pauline and John were married for 55 years. Five years ago, Pauline was diagnosed with Alzheimer's disease and John became her carer. Pauline was admitted to hospital where, unfortunately, she caught Covid-19 from which she would not recover. When asked if he would like to take Pauline home, John immediately said yes, and plans were put in place for a hospital bed and other equipment to be available at their home.

John cared for Pauline at home for seven precious weeks until she passed away. This was made possible by the Barnet Community Team who support those, like John, wanting to care for their loved one at home by providing medical equipment, knowledge of how to care for the patient and emotional support. John said of Margo, from North London Hospice "I found it so comforting to speak with someone who understood what was happening and how we as a family were feeling. Margo gave me the confidence to care for Pauline at home and reassurance to know that I had made the right decision by bringing her home".

Last year, over 1,400 Barnet residents were provided with care in their own homes by the team. Your donation will help many others like John and Pauline to benefit from the invaluable support delivered by the Barnet Community Team.



How your donation can help:

- **£40** could fund one healthcare assistant to treat a patient in their own home for two hours
- **£84** could fund a doctor to support and review four patients at the Hospice's Inpatient Unit
- **£210** could fund a healthcare assistant to stay with a patient in their home for one whole night
- **£681** could fund the whole Barnet Community Team for four hours
- **£1,003** means the Barnet Community Team can provide full care for one patient

northlondonhospice.org

UK Registered Charity Number: 285300



The Road to Recovery (RTR) provides vital humanitarian support for sick Palestinians, bringing mainly children for life-saving medical treatments in Israel.

Volunteers from every sector of Israeli society meet patients and their families at checkpoints, liaising in Hebrew with Israeli officials to ease entry into Israel and transport patients to hospitals for treatment.

The Coordination Centre is the hub of RTR's activity. Staffed by 18 Israelis and 5 Palestinians, it works 24 hours a day, 7 days a week (except Yom Kippur) to liaise between the needs of the Palestinian families and the availability of the Israeli volunteers. It has experienced a substantial increase in demand.

RTR continues to maintain its aims to bring Israelis and Palestinians together, sharing experiences and building the mutual trust that is vital for the future of peace. RTR organises 4-6 Family Fun Days yearly, where Palestinians and Israelis can meet in a relaxed environment, away from the hustle and bustle of the daily trips to the hospitals. The activities of these gatherings are rich and varied, and of course food is a tried and tested conversation starter.

Bisan and Udi's story:

For the last year, 17 year old Bisan has been receiving cancer treatment from Sheba hospital. Her journey from home begins at 04:00, arriving at the checkpoint a few hours later. Crossing the checkpoint with the various security checks can take up to three hours and even after entering Israel there is no public transport to the hospital.

Without Udi, an Israeli volunteer, Bisan would have struggled to afford to travel to Sheba hospital for her cancer care. The simple act of driving Bisan to her treatment has potentially prolonged her life. The two of them have become acquainted with each other, resuming their conversation since the last journey. Udi says, "I feel angry and ashamed that they are not able to receive the needed care nearer their home".



You can help people like Bisan:

- **£50** can ensure that a child gets to a lifesaving operation
- **£100** can help one patient make a return journey from a checkpoint to the hospital
- **£150** can pay for the training of one new volunteer to help ensure life saving trips take place
- **£520** could pay for the full activity of the Palestinian-Israeli Coordination work for one day, organising transport, appointments and documents to help patients be prepared
- **£1,000** would cover the cost of expenses for a whole day of activity, including petrol expenses

theroadtorecovery.org.il

Donations are collected by the New Israel Fund

UK Registered Charity Number: 1060081



MASORTI FAMILY FUND & NNLS NURTURING POTENTIAL FUND

Masorti Young Adults on Campus



MASORTI JUDAISM YOUNG ADULT OUTREACH

Finding ways to keep young people in their 20s connected to Jewish life and community can, at times, feel impossible. For many graduates, Judaism is no longer a part of their lives. They are left feeling lonely, isolated, disconnected, and adrift from community. Without the right structure, support, and opportunities for young people to engage, we risk losing them entirely.

Masorti Judaism provides a way back to community and belonging for our young adults.

Masorti Judaism are creating networks of young adults, by bringing them into relationship with rabbis, guiding them to relevant opportunities within Masorti communities, and utilising digital and in-person community organising methods.

All these vital pathways enable young adults to shape an enriching Jewish life on their own terms, building a pathway from graduation to a fulfilling and meaningful Masorti Jewish life.

masorti.org.uk

UK Registered Charity Number: 1117590



NNLS NURTURING POTENTIAL FUND

To ensure that we continue to be in a strong position to recruit excellent rabbis and educators at NNLS it is essential that we forge and nurture connections with emerging leaders engaged in serious Jewish learning in Israel, the US and beyond.

Started last year, this *NNLS Nurturing Potential* fund will support young adults keen to deepen their knowledge through formal study programmes, and those pursuing a professional journey in Jewish Education or *Smichah*; and, it will continue to fund opportunities for this cohort to connect with our growing and ambitious community.

nnls-masorti.org.uk

UK Registered Charity Number: 1094668

