



**Jewish Center of Teaneck**

70 Sterling Place  
Teaneck, NJ 07666  
201-833-0515  
jcot.org

*Journeys ☆ Connections ☆ Traditions*

**Shabbat Pinchas**

**Friday, July 6**

**23 Tammuz – 1 Av 5778**



**Friday, July 6**

**6:56 PM** Earliest Candles

**7:00 PM** Mincha/Kabbalat Shabbat

**8:12 PM** Last Candles

**Shabbat, July 7**

**8:30 AM** Rabbi Solomon and Bella Gopin Memorial  
Rambam Shiur-

**9:00 AM** Shacharit Services

Shabbat Youth Schedule (See inside for details)

**Kiddush after davening in the Stein Auditorium in honor of the birth of a daughter to our Youth directors Rav Yishai and Yiskah Klein. Sponsors listed inside.**

**5:30 PM** Dr. Walter and Betty Hauser Youth Parsha in the Park

**7:15 PM** Ramban Shiur

**8:00 PM** Mincha

**9:12 PM** Maariv

**9:20 PM** Havdalah

## **Baby Girl Klein Kiddush Sponsors**

Yoram Bitton & Amy Zwas  
Robert Blum & Sarah Rindner  
Amir & Alysa Cohen  
Ben & Michele Cooper  
Rabbi Daniel & Chaya Fridman  
Avi & Ginnine Fried  
Uri & Emma Horowitz  
Mechi & Serena Jenkelowitz  
Sigi Laster  
Michael & Debbie Laves  
Joshua & Claudia Levine  
Arvin Levine & Gila Berkowitz  
Avi & Toby Moses  
Steve & Yvonne Myers  
Milton & Ahrona Ohring  
Bob & Susan Rabkin  
Judi Resnick  
Jonathan & Sheila Resnick  
Martin & Adelle Rosenfeld  
Isaac & Nechama Student  
Asher & Jamie Toporovsky  
Rinaldo & Esther Toporovsky

## **Upcoming Shul Events**

On Sunday, July 15 at 7:00 pm at the Jewish Center of Teaneck there will be a presentation entitled "*Postpartum Depression: Raising Awareness and Breaking the Stigma.*"

Arona Berow will share her own personal experience with postpartum depression, followed by a presentation by Marilyn Laves, LCSW-R, a psychotherapist specializing in perinatal mood and anxiety disorders.

The presentation will address the causes of perinatal mood and anxiety disorders; how postpartum depression differs from the Baby Blues; various treatments; and what we can do as a community to ensure that women do not suffer in silence.

The Teaneck Baby Gemach is a cosponsor of this event.

## **Sephardic/Moroccan Minyan**

9:00 AM Shacharit (Hodu)

## **Mazal tov**

Mazal Tov to Rav Yishai, Yiskah and older siblings Eliyah, Alumah and Dror on the birth of their new daughter/sister.

Mazal Tov to Neal & Barbara Yaros on the birth of a new grandson born to Shlomo and Rochelle Yaros.

Mazal tov to older siblings Gavi and Liana.

Mazel tov to Rochelle's parents

Neil and Noreen Sonenberg.

Shalom Zachor will be at 910 Prince St beginning at 9:15 PM on Friday night.

*mazel tov!!*

## **Happy Birthday**

**Happy Birthday** to Alene Brodsky Bloom, Michele Freudenberger Dimond, Amir Cohen, Victor Megerman and Caron Rockman

## **New Members**

Welcome new members:

Justin & Robin Straus and Family



## **Shabbat Afternoon in the Park**

Please join us for our youth "Parshah in the Park," See time on front page.

Please meet at the Martin Luther King Jr. Park, on Broad Street, right down the block from the shul. In case of inclement weather this will be held in the shul. Parents will be responsible for transporting children to and from the park.

Thank You

## **Shabbat Youth Schedule**

9:45 -11:15 Pre-K, Kindergarten, 1st and 2nd with Miriam Leah Mincis and Daphna Cohen in Room 106

10:30-11:15 Mommy and Me in the Playroom with Dahlia and Anna

We recall with heartfelt affection the following individuals whose names are inscribed on the memorial tablets that adorn our Sanctuary, as well as in our hearts. Their yahrzeits/memorial anniversaries are being commemorated today and in the days of this coming week, 24 Tammuz



Date	Name
26 Tammuz	Rebecca Rosner
28 Tammuz	Samuel Yanovich
1 Av	Peter Strachan

**Sponsorships Needed**

We are looking for weekly sponsorships for our youth kiddush.

Those interested in sponsoring or “contributing towards” our Shabbat morning kiddush or seudah shlishit can be in touch with Ginnine Fried at [Ginninefried@aol.com](mailto:Ginninefried@aol.com).

For \$18 you can also sponsor our Parsha in the Park.

We are also looking for sponsors for Mishnayot Yomi between Mincha and Maariv.

Please contact the office for any additional sponsorship inquires.  
Thank You

**Davening Schedule—Week of July 8 to July 13**

	Morning	Evening
<b>Sun 8</b>	Shacharit 8:30 AM	Mincha/Maariv 8:20 PM
<b>Mon 9</b>	Shacharit 7:00 AM	Mincha/Maariv 8:20 PM
<b>Tues 10</b>	Shacharit 7:15 AM	Mincha/Maariv 8:20 PM
<b>Wed 11</b>	Shacharit 7:15 AM	Mincha/Maariv 8:20 PM
<b>Thurs 12</b>	Shacharit 7:00 AM	Mincha/Maariv 8:20 PM
<b>Fri 13 Rosh Chodesh</b>	Shacharit 7:00 AM	
<b>Shabbat Mattot-Masei</b>		
<u>Last Candles</u>	8:09 PM	Mincha/Kabbalat Shabbat 7:00 PM

**Womens’s Weekly Tehillim Group  
will resume in the Fall**

**The Dr. Joel Dennis and Mr. Ruvin Fridman  
Memorial Teaneck Tanach Study Group will  
resume in the Fall.**



## **Community Events**

### **Teaneck Children's Clothing Drive**

If you could benefit from shopping for clothing for your children, please feel free to sign up to shop by emailing us for a sign up sheet. Shopping days are July 4-10.

Rummage sale (no appointment necessary) is Monday, July 9, 9 am-9 pm and Tuesday July 10, 9 am- 1 pm. (recommended fee of \$1/item to benefit Yad Leah).

For more info and sign up sheets, please contact [childrensclothingdrive@gmail.com](mailto:childrensclothingdrive@gmail.com)

### **TORA (Teaneck Orthodox Retiree Association)**

The next TORA ( lunch and lecture will be held on Thursday, July 12 at Congregation Bnai Yeshurun featuring Rabbi Dr. Ephraim Kanarfogel. The title will be "Insights into the Kinos of Tisha B'Av".

When and where - Thursday July 12 at Congregation Bnai Yeshurun, 641 West Engelwood Avenue, Teaneck. Lunch will be available at 12:00 PM, with the lecture beginning around 12:45.

Cost - The cost is \$12 for those who make a reservation by Monday July 9, and \$15 for those who just show up or make a reservation after July 9.

How to Reserve - Just send an email to Michael Karlin at [mkarlin@aol.com](mailto:mkarlin@aol.com) with the names and number of people who will be attending. No need to pay in advance, just bring cash or a check.

### **Young Israel of Teaneck's Blood Drive**

On Thursday, July 12th, from 3pm-9pm, Young Israel of Teaneck will be holding their annual summer blood drive. Sign up at [tinyurl.com/youngisraelblooddrive](http://tinyurl.com/youngisraelblooddrive), or just show up. If you have any questions about eligibility, or if you are looking to get involved in another way, contact Sara Schatz at [saraschatz01@gmail.com](mailto:saraschatz01@gmail.com) or 201-708-5249.

### **Annual Yoetzet Event**

#### **Wednesday July 18th 2018 at 8:00 PM at Rinat**

Life in Transition: Looking Back and Looking Forward

Women of all ages and stages are welcome to join us for a stimulating and informative conversation with Yoetzet Halacha Shoshana Samuels, who is making Aliyah to Israel this summer and in-coming Yoetzet Halacha Tova Warburg Sinensky, moderated by Rebbetzin Shira Schiowitz. Hear their personal reflections, visions, lessons learned from work in this field, and why so women say after they call, "Really?! I'm so glad I asked!"

Suggested donation: \$10

Please consider a sponsorship to support our Teaneck Yoetzet Halacha Initiative. RSVP, sponsor, and message the panelists at [www.rinat.org/yoetzetevent2018](http://www.rinat.org/yoetzetevent2018)

### **NCJW BCS to award \$9,500 scholarship to graduate student**

The NCJW is pleased to announce that to mark their 95th anniversary they are establishing the 95TH ANNIVERSARY SCHOLARSHIP. It will be awarded to a Jewish woman who is pursuing a career in the public arena. The \$9,500 scholarship is to be used toward tuition in a graduate program for public administration, social work or other applicable Public policy fields.

The applicant must be currently enrolled in or accepted in such a program.

If you need further information or to apply please contact

Marcia Levy [mlevy0648@gmail.com](mailto:mlevy0648@gmail.com) or [office@ncjwbc.org](mailto:office@ncjwbc.org). Thank you

### **Kidney Donor needed**

Eileen Steinman has End Stage Kidney Disease and desperately needs a life-saving kidney donor. (blood type B or O). A loving mother, grandmother and educator she now needs help. She is working with Renewal, a remarkable non-profit organization that matches potential kidney donors and recipients. There are many that have donated a kidney and their health after is fine. To learn how you can save a life or for more information about Kidney donation, please call 718-431-9831 ext 209. Or e-mail [R23580@renewal.com](mailto:R23580@renewal.com). Inquiries should be made for Eileen Steinman or case #R23580. All inquiries to Renewal are strictly confidential and are without obligation.

### **Support Group**

Family Support Group for loved ones of those suffering from addiction and substance abuse. We meet every other Wednesday in Teaneck at 8 p.m., free of charge. For location and more information please email: [Time2TalkAddiction@gmail.com](mailto:Time2TalkAddiction@gmail.com).