



Jewish Center of Teaneck

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jcot.org

Journeys ☆ Connections ☆ Traditions

Shabbat Chaye Sarah – Mevarchim

Friday, November 2

24 Cheshvan - 1 Kislev 5779

Mazal Tov to the
Shanskhalil family on Shoham's
Bar Mitzvah this Shabbat

*We are observing solidarity Shabbat
together with hundreds of shuls across the country in memory of the
eleven victims of the Tree of Life Synagogue*

Friday, November 2

5:32 PM Candles

5:35 PM Mincha/Kabbalat Shabbat

Shabbat, November 3

8:20 AM Rabbi Solomon and Bella Gopin Memorial
Rambam Shiur

9:00 AM Shacharit Services

Shabbat Youth Schedule (See inside for details)

11:15 AM Special Drashah following Davening:
A Day in the Life of a Yoetzet Halacha, Tova Warburg Sinensky

**Kiddush after davening in the Stein Auditorium sponsored by the
Shanskhalil family in honor of Shoham's Bar Mitzvah.**

4:55 PM Dr. Walter and Betty Hauser Youth Parsha in the
Stein Auditorium

5:25 PM Mincha
Seudah Shlishit

6:32 PM Maariv

6:40 PM Havdalah

Don't forget to turn your clocks back

Upcoming Events

2 Special Yoetzet Halacha Events on 11/3

Special Drashah following morning davening by Tova Warburg Sinensky, our new Yoetzet Halakha

Special Motzaei Shabbat event "*From the Files of the Yoetzet: A Fireside Evening for Women*" with Tova Warburg Sinensky, our new Yoetzet Halakha at the home of Tamar and Yigal Gross on November 3 at 8:00 PM. This is sponsored by David E. Schwartz in memory of Breindel bat Chaim Shmuel z'l
RSVPs appreciated. Please email tamar.warburg@gmail.com

Jaffa Institute Event

Wednesday, November 7 at 8:00 PM

Yecheiel Marcus- son of Norman and Roslyn Marcus Z'l, who were active members of JCOT - will speak about breaking the cycle of poverty and social issues in Israel. Yecheiel made Aliya in 1987 and has been working at the Jaffa institute for 14 years.

Shabbat 11/10

We will mark the 80th anniversary of Kristallnacht next Shabbat 11/10 with a firsthand testimonial from survivor Leo Gans.

Shabbat 11/17 3:00-4:00 Youth Activity

Spend a Shabbat Afternoon with Yeshivat Noam. Geared towards 3 and 4 year olds.
Stories, Games and Snacks
We hope you will join us!!! In the Stein Auditorium

Leaves of Faith Book Club Resumes

Sunday night 11/18/18 8:00 PM

The next book club book will be *Bartleby the Scrivener*. All interested participants are requested to please read book in advance.
Thank you

The Dr. Joel Dennis and Mr. Ruvin Fridman Memorial Teaneck Tanach Study Group has resumed Mondays at 8:00 PM. We will be learning Sefer Shmuel.

Sephardic/Moroccan Minyan

9:00 AM Shacharit (Hodu)

Shabbat Youth Schedule

9:45 -11:15 Pre-K, Kindergarten, 1st and 2nd with Miriam Leah Mincis and Daphna Cohen in Room 106

9:45-11:15 Dov Nahari a'h Youth Minyan for 3rd-5th grade boys and girls with Rav Yishai Klein in room across from the gym Room 108

10:30-11:15 Mommy and Me in Room 109 with Dahlia Ramirez and Anna Margolin

Mazal Tov

Mazal Tov to Sagit and Sason Shanskhalil on Shoham's Bar Mitzvah this shabbat

Happy Anniversary/Birthday

Happy Anniversary to Joshua Altwerger & Aileen Goldberg

Happy Birthday to Steve Prystowsky, Effie Love and David Gordon

Thank You

Thank You to Sigi Laster who is sponsoring the Mishnayot learning for the month of Cheshvan in memory of his late sister, Thea Laster Hughes z'l Tova Bat Avraham.

Thank You to Judah & Sharon Gopin for their sponsorship of the Dr. Walter and Betty Hauser Youth Parsha class, The Rabbi Solomon and Bella Gopin Memorial Rambam Shiur and enhancement of our weekly seudah shlishit.

Chessed Opportunity

A family in our community will be in need of meals over the next two weeks due to a medical procedure involving one of the family members. To sign up for the meal train, please visit this link:
<https://takethemameal.com/meals.php?t=UUCO8998&welcome=1>.



The JCT is a member congregation of the Orthodox Union

Rabbi Daniel Fridman
 Reb Yitz Cohen, Ritual Director
 Josh Levine, Baal Koreh
 Bob Rabkin, President

We recall with heartfelt affection the following individuals whose names are inscribed on the memorial tablets that adorn our Sanctuary, as well as in our hearts. Their yahrzeits/memorial anniversaries are being commemorated today and in the days of this coming week, 25 Cheshvan 5779.



Date	Name
25 Cheshvan	Selma Bloom
26 Cheshvan	Ernest Schlesinger
27 Cheshvan	Judith Wetrin
27 Cheshvan	Harold Rappoport
27 Cheshvan	Fannie Yanovich
29 Cheshvan	Ludwig Gundell
1 Kislev	Chana Gordon-Mlotek



Davening Schedule—Week of Nov 4 to Nov 9		
	Morning	Evening
Sun 4	Shacharit 8:30 AM	Mincha/Maariv 4:35 PM
Mon 5	Shacharit 7:00 AM	Mishnayot 7:30 PM Maariv 7:45 PM Sefer Shmuel Shiur
Tues 6	Shacharit 7:15 AM	Mishnayot 7:30 PM Maariv 7:45 PM
Wed 7	Shacharit 7:15 AM	Mishnayot 7:30 PM Maariv 7:45 PM
Thurs 8 Rosh Chodesh	Shacharit 7:00 AM	Mishnayot 7:30 PM Maariv 7:45 PM
Fri 9 Rosh Chodesh	Shacharit 7:00 AM	
Shabbat Toldot		
<u>Candles</u>	4:25 PM	Mincha/Kabbalat Shabbat 4:30 PM

Tova Warburg Sinensky, our new Yoetzet Halakha, can be reached at 201-655-2180, or at teaneckyoetzet@gmail.com. You can like and follow the Teaneck Yoetzet Initiative Facebook page at <https://www.facebook.com/TeaneckYoetzet/> for resources from Tova and information on events. This information will be included in our weekly bulletin, and on our website as well.

Please come support the daily Shacharit minyan and note that Mishnah Yomi is being moved back to 7:30, with Maariv at 7:45.
 Thank you

There is now a WhatsApp Jewish Center of Teaneck Minyan Alert Group. Email has gone out with the link to join.

26th Annual Bergen County Chanukah Toy Drive

The Jewish Center of Teaneck once again has partnered up to participate in The 26th Annual Bergen County Chanukah Toy Drive. We are collecting new and unwrapped toys and gifts for children and young adults going through trying times.

The Toy drive deadline is Friday, November 23

The Toy Drive is a great collaborative effort across many Jewish Schools, Synagogues and Temples and donates to 18 different charity organizations including Chai Lifeline, Project Ezra, Tomchei Shabbos, Friendship Circle and many many more. Your donations will help us share the excitement of Chanukah with thousands of children and young adults who could use Chanukah cheer.

You can bring your donation to the drop off box in the shul lobby. Box will be there starting Monday, Nov 5th. Thank you so much for your assistance in this big Mitzvah.

Community Events

Support Group

Family Support Group for loved ones of those suffering from addiction and substance abuse. We meet every other Wednesday in Teaneck at 8 p.m., free of charge. For location and more information please email: Time2TalkAddiction@gmail.com.

Community Education Event

What questions do YOU have about substance abuse and addiction? Join us for a Community Education Event, Sunday November 4th, 7:30 – 9 p.m. at Keter Torah in Teaneck. The evening will be devoted to answering the questions you may ask of local and State experts in addiction, as well as relevant community leadership and members.

Questions such as:

How accessible are drugs and what is law enforcement doing about it?
How can I tell if someone I know is using drugs – are there definitive signs and symptoms?
What are the schools doing about this issue – are their policies too harsh or are they effective?
How dangerous is prescribed pain medication and how quickly can someone become addicted?

How would the legalization of marijuana affect the drug crisis – will it make it worse?
See our website at <https://www.time2talkaddiction.org/> to submit your questions or email Time2TalkAddiction@gmail.com for more information.

This event will be covered by NBC News as part of a broader documentary about the opioid epidemic. Sponsorships are available. The event is presented by Communities Confronting Substance Abuse, Inc. in partnership with all of the local Yeshiva day schools and high schools.

TVAC Blood Drive

The 24th annual TVAC blood drive will be held on Monday, Nov. 5 from 3:00 PM - 8:00 PM
Location is TVAC's headquarters at 855 Windsor Road Refreshments sponsored by Chopstix and Butterflake Bakery
Questions? Call Vitalant (formerly Community Blood Services) at 201-251-3703

Yad Leah

Join the YAD LEAH, Clothing for Israel Dash for Dignity- 5K - Sunday, November 11th, at Overpeck Park - Run, Walk or Stroll 1 Mile - All ages, levels and abilities are welcome – there will be activities for everyone! Register at <https://www.wizathon.com/dashfordignity/>
Form a team with your friends and family - Donors and Sponsors Welcome!
For more information please reach out to Shoshana Poloner at sspol@optonline.net

Teaneck Mikvah Association's Ninth Annual Women's Event

Wednesday, November 14 at 7:30 Pm at Keter Torah. We are excited to welcome, as this year's speaker, inspirational and acclaimed kosher food blogger, Danielle Renov of [peaslove&carrots](http://peaslove&carrots.com) fame.

Online registration is now open at

teaneckmikvah.com/event When you register, please indicate that you will be seated with the Jewish Center of Teaneck, as it is important that our congregation is well represented at this community event.

BFOR Study

The BFOR study provides BRCA genetic tests to women and men of Ashkenazi Jewish descent. The goal of the BFOR project is to study novel ways to increase access to genetic testing in order to improve health care for Ashkenazi Jewish individuals. Dr. Kenneth Offit, of Memorial Sloan Kettering, is the lead researcher. All aspects of the study are explained online and the blood sample is drawn at a local Quest.

To learn more, visit: <https://www.bforstudy.com>.

For all inquiries, please contact: info@bforstudy.com or call 1-833-600-BFOR.