



Jewish Center of Teaneck

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jcot.org

Journeys ☆ *Connections* ☆ *Traditions*

Parshat Beshalach

Friday, January 26
10 Shevat - 17 Shevat 5778



Friday, January 26

4:50 PM Mincha/Kabbalat Shabbat

Shabbat, January 27

9:00 AM Shacharit Services

Torah reading pages listed inside

Baal HaMaftir: Martin Rosenfeld

Shabbat Youth Schedule (See inside for details)

Kiddush after davening in the Stein Auditorium

4:40 PM Mincha

5:49 PM Maariv

5:57 PM Havdalah

Shul Announcements

The **Dr. Joel Dennis and Mr. Ruvin Fridman Memorial Teaneck Tanach Study Group** will continue on Wednesday evenings at 7:45 PM for both the Winter and Spring.

Tu B'Shvat Youth Program
Sunday, February 4 10:30-11:45 AM
Weiss Auditorium

For children between the ages of 3 and 10.
There will be crafts, music, etc...
Please come join for the fun.

Men's Club Super Bowl Party
Sunday, February 4 6:30 Pm to end of game
In the Stein Auditorium.

Game will be broadcast live on a 10 by 10 screen.
There will be catered food and refreshments.
Open to all adults and age 13 and older.
Cost is \$25 in advance or \$35 at the door.
There will be a split the pot raffle to benefit future Men's club events. Please email mensclub@jcot.org to register and go on shul website Donate page to pay. Please use the type: Men's Club.

If you would like to help sponsor the event or for more information on the Men's Club , please contact Avi Fried or Josh Lipwosky at mensclub@jcot.org.

The Leaves of Faith Book Club being has been rescheduled to Sunday, 3/4 from 2/18. Thank You

Mantle for the Sefer Torah Rescued from the Holocaust

We are purchasing a Torah mantle for our beautiful Sefer Torah rescued from the Holocaust. We thank Herb Stern for his exquisite artistic work in designing this mantle, which we will officially unveil on the Shabbat immediately following Yom HaShoah, April 14, 2018, Parashat Shemini. We are looking for a sponsor for this new Sefer Torah mantle as a fitting tribute to the six million kedoshim whom we commemorate through this Sefer Torah in our sanctuary every single day. Please contact the Rabbi if interested to sponsor.

The Shul Office will be closed from Wednesday, January 17 to Friday, January 26 and will reopen on Monday, January 29. Email will be checked and only urgent matters will be responded to. Thank you

Sephardic/Moroccan Minyan Shabbos Times

9:00 AM Shacharit (Hodu)

Womens's Weekly Tehillim Group

This Group will meet Tues nights:
7:45-8:00 PM Mini-shiur on a Mizmor of Tehillim
8:00-8:30 PM Recitation of Tehillim for Cholim in the community

To sponsor a session in the zchut of a refuah shleimah, or to send in the name of a choleh, please contact office@jcot.org. Thank you

Happy Birthday

Happy Birthday to Vincent Master and Craig Tandler

Happy Anniversary to Jonathan & Lisa Mincis and Steve & Yvonne Myers

Mishloach Manot 2018

The Sisterhood is excited to commence preparations for the shul's Mishloach Manot fundraiser.

We are honored to be able to celebrate Purim together and honor this mitzvah as a community. Each family in the Shul will be receiving a Mishloach Manot package (within driving distance) and Purim cards will be sent to our extended members.

Participation is \$54 per member/member family. All proceeds will go to the Sisterhood's annual programming, to create meaningful events as we build our community. To be listed as a participant, please make your contribution on the Donate page of our website (look for mishloach manot under type) or call Elanna at the office at (201) 833-0515.

Please save the date of February 18th at 7:00 pm in the boardroom where members can gather and help assemble the mishloach manot. This year will feature a unique arts and craft project for teens and adults.

Looking forward to seeing you there!
Please contact sisterhood@jcot.org with any questions.

We recall with heartfelt affection the following individuals whose names are inscribed on the memorial tablets that adorn our Sanctuary, as well as in our hearts. Their yahrzeits/memorial anniversaries are being commemorated today and in the days of this coming week, 11 Shevat 5778.



Date	Name
11 Shevat	Minnie Berkowitz Chaiken
12 Shevat	Gladys Weiser
16 Shevat	Morris Kinkoulkin
17 Shevat	Jules Glatt

Shabbat Youth Schedule

9:45 -11:15 Pre-K and Kindergarten with Daphna Cohen and Miriam Leah Mincis in Room 106

9:45- 11:15 1st and 2nd grade with Dara Zaer in Room 107

9:45-11:15 Youth Minyan for 3rd-5th grade boys and girls with Jake Resnick in room across from the gym Room 108

10:30-11:15 Mommy and Me in the Playroom with Shira Kaplan

New

Afternoon Youth groups for grades 3-5 right after Mincha

Davening Schedule—Week of January 28 to February 2

	Morning	Evening
Sun 28	Shacharit 8:30 AM	Mincha/Maariv 4:50 PM
Mon 29	Shacharit 7:00 AM	Mishnayot 7:20 PM Maariv 7:30 PM
Tues 30	Shacharit 7:15 AM	Mishnayot 7:20 PM Maariv 7:30 PM
Wed 31	Shacharit 7:15 AM	Mishnayot 7:20 PM Maariv 7:30 PM
Thurs 1	Shacharit 7:00 AM	Mishnayot 7:20 PM Maariv 7:30 PM
Fri 2	Shacharit 7:15 AM	
Shabbat Yitro		
<u>Candle Lighting</u>	4:57 PM	Mincha/Kabbalat Shabbat 5:00 PM

This Shabbat Torah Readings

Stone: Pg. 366
Hertz: Pg. 265



Community Events

The Teaneck Orthodox Retiree's Association (TORA) and Young Israel of Fort Lee proudly present a two part lunch and lecture series with Rabbi Zev Goldberg, Rabbi of Young Israel of Fort Lee. The title is "Eternal Impact - 6 Defining Moments in Jewish History".

Date and Location- Monday, February 5 at Young Israel of Fort Lee, 1610 Parker Avenue, Fort Lee

Time - Lunch at 12:00 PM, lecture at 12:45 PM

Cost - \$15 for those who show up without a reservation.

To reserve (or questions) -
email Michael Karlin at mkarlin@aol.com

In conjunction with the Yoetzet Halacha program and Nerot:
[Tuesday, February 6th @ 8 pm](#) at Rinat

Mindful Movements in Your Everyday Life: A Comprehensive Workshop to Enhance the Physical Well-being of Women of All Ages & Stages

Women of the community, come join Deena Elias, PT, DPT, and Joyce Bendavid, OT, Feldenkrais Practitioner and Shoshana Samuels, Yoetzet Halacha, in enhancing self-awareness of our every day movements. We will explore ways to promote holistic physical well-being, identify and prevent injuries and pain, promote healing, and navigate common obstacles that arise throughout a woman's busy day. This interactive session will address actions, posture, body mechanics and the role of core strength throughout different life stages including: emerging adulthood, pregnancy, post-partum, menopause and continued free movements as older adults. Participants will take home practical tips to improve day-to-day activities in a more mindful way.

AIPAC Community Event
February 6 at Keter Torah 8:00 PM
Honoring Dr. Mort Fridman as President Elect
Elliot Abrams will be speaking

Betty Samuels Needlework Exhibit

The Jewish Center of Teaneck is proud to present an exhibit of Jewish needlework pieces created by our late member, Betty Samuels.

The exhibit can be viewed from Monday to Friday from 9:30 A.M. to 12:30 P.M. To enter the building use the ramp entrance on Sterling Place and ring the buzzer for the Center office.

On holidays and Shabbat the exhibit can be seen during the hours that the Center is open. Use the ramp entrance then, as well.

Important Reminder Kiddush Sponsorship

The office should be notified a minimum of 2 weeks before the Kiddush so the proper amount of food can be ordered in a timely fashion. Payment may be made by credit card online or by dropping off a check at the office. Call the office at 201-833-0515 for your sponsorship arrangements, the date you need, and for the price of the Kiddush of your choice. Thank you