

# Jewish Center of Teaneck



## Shabbat Schedule

Candles	6:52 PM
Mincha/Kabbalat Shabbat	6:55 PM
<b>Shabbat Day</b>	
Hashkama Minyan	6:45 AM
Rabbi Solomon and Bella Gopin Weekly Rambam Shabbat Shiur	8:25 AM
Sephardic Minyan	8:45 AM
Shacharit	9:00 AM
Youth Groups	9:00 AM
Kiddush	11:15 AM
Dr. Walter and Betty Hauser Memorial Youth Parsha Learning	11:45 AM
Mincha	6:45 PM
Rav Aharon Lichtenstein zt'l Memorial Ramban Shiur	
Maariv	7:54 PM
Havdalah	8:02 PM
Megillah	8:15 PM
Late Megillah Reading	9:30 PM
Pressburger	

## Sunday 3/24 Purim Day

Daf Yomi	7:15 AM
Shacharit	8:00 AM
Megillah Reading	8:30 AM
Late Megillah Reading	10:00 AM
Women's Megillah Reading Pressburger	11:15 AM
Mincha/Maariv	7:00 PM

## Weekdays

Shacharit	7:15 AM
Daf Yomi	8:15 AM
Mincha/Maariv	7:00 PM

March 22 - 29

12 - 19 Adar II 5784

Shabbat Zachor Parshat Vayikra

Rabbi Daniel Fridman

## PURIM SAMEACH



Sephardic Minyan will meet in the Rozazahdeh Beit Midrash.

### Shabbat Topics

Rambam Shiur: *Mitzvat Zachor*

Ramban Shiur: *Of Korbanot, Purim, and the Land of Israel*

There will be an extra reading of Zachor immediately following shul, as well as immediately prior to Mincha on Shabbat afternoon.

### Purim Notes

Please contact Rabbi Fridman directly at [rabbi@jcot.org](mailto:rabbi@jcot.org) if you or anyone you know is in need of a private Megillah reading.

### Mishloach Manot

Mishloach Manot Pickup Times:

Thursday 3/21 after Maariv

Friday 3/22:

7:45 - 8:15am 8:45 - 9:15 am 10 - 11am

Saturday 3/23 After 8:15pm Megillah Reading

Sunday 3/24: 9 - 11am

All pickups in the Rabbi's Office

### JCOT Phone Directory

The first JCOT phone directory is included in your Mishloach Manot! We hope that you will use it to connect with old friends and to make new ones.

Every effort was made to ensure that we didn't miss any detail and that no mistakes were made. If you find something that isn't quite right, please notify the office of any corrections, updates or changes. Thank you

### Thank You

Thank you to our wonderful sisterhood, led by Rena Barta and Rebbetzin Chaya Fridman, for the most successful Mishloach Manot Campaign to "date", featuring the seven special *minim* of the Land of Israel. Thank you to Martin Rosenfeld and all of our wonderful volunteers who are helping to distribute the Mishloach Manot.

### Thank You

Thank You to our Mishloach Manot Packers: Rena Barta, Devora Cohen, Tzipora Cohen, Sara Eshed, Ruth Ezrapour, Rebbetzin Chaya Fridman, Susan Gordon, Barbara Love, Aviyah Marsha, Cathy Schuss, Fern & Cliff Weisel

A special thank you to Martin Rosenfeld who lifted and shlepped and carried and organized a whole lot of things!

### Matanot L'Evyonim

Please contribute to Matanot L'Evyonim on the donate page of our website. As we do every year, we support those in our community in need, as well as the broader community through our partnership with Project Ezra.

### Nach Yomi

Nach Yomi began a few weeks ago. Join Rabbi Fridman and Chaya in this Special Project. See details back page

### Dr. Joel and Peshe Dennis Memorial Youth Department

### Youth Groups 9-11 AM

Grades Prek-5th Meet in downstairs classrooms 106, 107, 108 and 109. Please pick up your children following the conclusion of davening.

We kindly ask all those who bring strollers or have very young children who bring scooters to shul to please park them in the Feldman chapel. Please help us ensure that there is no scooter riding in the lobby.

### Dr. Walter and Betty Hauser Memorial Youth Parsha

Parsha time for children after kiddush on Shabbat. Please note this is in the Feldman Chapel.

### Herman Jenkelowitz Memorial Youth Mishnah

The Herman Jenkelowitz Memorial Youth Mishnah program will continue on Sundays from 9-9:30 am. It will meet every Sunday with the exception of Yom Tov. For 5th-8th graders. Meet in the Rabbi's office. For questions, please reach out to Rabbi Fridman at [rabbi@jcot.org](mailto:rabbi@jcot.org).

### Daily Learning Opportunities

Join Rabbi Fridman's Daf Yomi group which meets M-F at 8:15 AM, and Sunday at 7:15 AM, in the Feldman Chapel. For zoom information, please be in touch with Rabbi Fridman.

### Rubin Fridman Memorial Tanach Series

Monday nights at 8:00 PM

Zoom Info: <https://zoom.us/j/4844160645?pwd=cnpYMmlLWWp1YzQ2aks3eTBrdkFkOT09>

Meeting ID: 484 416 0645

Passcode: 005914

### JCT-BMT Partnership

The Beit Midrash of Teaneck, located at JCT/Heichal HaTorah, 70 Sterling Pl, Teaneck, would like to welcome Bergen County to our 5784 Winter Semester, with weekly Tuesday shiurim on **Parsha & Jewish History**, which are *open to both men & women*.

Please write to [BMTeaneck@gmail.com](mailto:BMTeaneck@gmail.com) to register for Zoom information.

We invite men to participate in BMT's Monday and Wednesday programming by sending an email to [BMTeaneck@gmail.com](mailto:BMTeaneck@gmail.com)

We invite men and women to participate in Rabbi Angel's Melachim Aleph shiur which meets on Monday & Wednesdays from 12-12:45 in person, and over zoom.

Rabbi Chaim Marcus's "Character Development Through Torah" – Wed @ 11:00 is open to women

Please contact Rebbetzin Leah Feldman at [bmteneck@gmail.com](mailto:bmteneck@gmail.com) for more information or to be included on the mailing list.

### Yoetzet Information

The Community Yoatzot are Mrs. Rivka Alter and Professor Nechama Price. They will be servicing a number of different congregations throughout the Teaneck area.

You can reach them at:

YH Rivka Alter:  
[teaneckyoetzetrivka@gmail.com](mailto:teaneckyoetzetrivka@gmail.com)  
(303) 725-8527

YH Nechama Price:  
[teaneckyoetzetnechama@gmail.com](mailto:teaneckyoetzetnechama@gmail.com)  
(201) 888-6999

### Get Involved

We currently are recruiting help for youth and social event planning. No matter the level of time commitment, we can use your help and ideas. Please reach out to [office@jcot.org](mailto:office@jcot.org) to learn more.

Call For Volunteers. JCOT needs you. Contact Daniel Wetrin, Rena Barta, Evelyn Fruchter or the office. We'd love to hear from you.

### Love a Good Kiddush?

Well we do too. Please reach out to us at [office@jcot.org](mailto:office@jcot.org) to assist logistically or financially to sponsor one.

### Hospitality Committee

With so many new faces and families in the community, this is a wonderful time to welcome people to our community. And, when we do that, let's remember all of those established members of our community who might love an invitation as well. To join the hospitality committee, please contact Rabbi Fridman at [rabbi@jcot.org](mailto:rabbi@jcot.org).

### Nach Yomi

Thursday 2/1 marked the two year cycle of Nach Yomi. By studying one chapter per day of Nevi'im and Ketuvim, one can complete the cycle over the course of two years along with thousands of men and women across the world who are participating in this wonderful opportunity.

For our shul community and beyond, we are thrilled to announce that we will be offering bi-weekly check-ins with Rabbi and Chaya through in person shiurim and WhatsApp recordings.

We will also be bringing in guest speakers to discuss the themes of the various books of Tanach. Please sign up for the WhatsApp group here, <https://chat.whatsapp.com/BZ8WU9vwvOz8m1JuU48Mt6>

Start Sefer Yehoshua today, and we look forward to a wonderful journey across Tanach.

### Community Events

Weekly, at 10:00 a.m. on Sundays at Votee Park, regardless of weather, until all the hostages are home, "Run for Their Lives" takes place. Meet by the picnic tables on Court Street and Queen Anne Road. Adults and children are welcome. Walk/run one loop at your own pace, wearing red and black.

<https://run4lives.org/>



*Women's  
Megillat Esther  
Reading*

**READ BY  
YOUNG WOMEN  
OF OUR COMMUNITY**

Purim Day  
Sunday, March 24  
11:15 A.M.

The Teaneck Jewish Center  
70 Sterling Place  
Teaneck, NJ

**FOR WOMEN AND GIRLS**

# לך כנוס את כל היהודים

*Learn Together. Daven Together. Grow Together*

## Thursday Nights

8:00 pm **Maariv**

8:10 pm **Chizzuk**

8:20 pm **Tehillim**

*Divrei Chizzuk from a  
different RCBC Rav each week*

Congregation Bnai Yeshurun  
Old Main Shul

RCBC  
ועד הרבנים