

Jewish Center of Teaneck



Shabbat Schedule

Candles	6:44 PM
Mincha/Kabbalat Shabbat	6:50 PM
Shabbat Day	
Hashkama Minyan	6:45 AM
Rabbi Solomon and Bella Gopin Weekly Rambam Shabbat Shiur	8:25 AM
Sephardic Minyan	8:45 AM
Shacharit	9:00 AM
Youth Groups	9:00 AM
Kiddush	11:15 AM
Dr. Walter and Betty Hauser Memorial Youth Parsha Learning	11:45 AM
Visit to Care One	4:00 PM
Rav Aharon Lichtenstein zt'l Memorial Ramban Shiur	5:55 PM
Mincha	6:40 PM
Seudah Shlishit	
Maariv	7:47 PM
Havdalah	7:55 PM

Sunday 3/17

Daf Yomi	7:15 AM
Shacharit	8:00 AM
Herman Jenkelowitz Mishna Shiur	9:00 AM
Mincha/Maariv	6:50 PM

Weekdays

Shacharit	7:15 AM
Daf Yomi	8:15 AM
Mincha/Maariv	6:50 PM

Thursday, March 21 Taanit Esther

Fast Begins 5:44 AM

Shacharit 7:00 AM Daf Yomi 8:15 AM

Mincha 6:40 PM Maariv 7:10 PM

Fast Ends 7:44 PM

March 15 - 22

5 - 12 Adar II 5784

Shabbat Pekudei

Rabbi Daniel Fridman

Kiddush in honor of the Township manager and Teaneck Police Department to say thank you for their work in supporting the local community and keeping us safe since October 7 and the action in Teaneck this past weekend.

Thank you to everyone who sponsored this Kiddush.

Seudah Shlishit in honor of the Nach Yomi's siyum of Sefer Shoftim.

Shabbat Topics

Ramban Shiur: *"Moshe and the Completion of Mishkan"*

Rambam Shiur: *"The Crown: Esther's Royal Position"*

Derasha: *"To Honor Those Who Serve"*

Will be delivered following davening

Seudah Shlishit Shiur: *"From Sefer Shoftim to Purim: The Quest for Unity"*

Upcoming Events

• Youth Purim Carnival

This Sunday, March 17 from 9-11 am
Stein Auditorium

Please register on shul website

Mishloach Manot

Final chance to join the JCOT 2024 Mishloach Manot Campaign.
For \$72 you can send a package to the entire JCOT membership.

Please help make this a very successful Purim campaign.

To participate please log onto
www.jcot.org.

Please join us this Wed, March 20 for packing of the Mishloach Manot. 8:00 PM
You will need to use your app to enter the building. Packing upstairs by JCOT offices.

Mishloach Manot will be available for pickup the following times at the shul:

- Fri 3/22 10-12 pm
- After 8:10 PM Megillah Reading Saturday night 3/23
- Sunday Morning 3/24 9:30-11:00 AM

Additional times may follow. Thank you

Nach Yomi

Nach Yomi began a few weeks ago. Join Rabbi Fridman and Chaya in this Special Project. See details back page

Dr. Joel and Peshe Dennis Memorial Youth Department

Youth Groups 9-11 AM

Grades Prek-5th Meet in downstairs classrooms 106, 107, 108 and 109. Please pick up your children following the conclusion of davening.

We kindly ask all those who bring strollers or have very young children who bring scooters to shul to please park them in the Feldman chapel. Please help us ensure that there is no scooter riding in the lobby.

Dr. Walter and Betty Hauser Memorial Youth Parsha

Parsha time for children after kiddush on Shabbat. Please note this is in the Feldman Chapel.

CareOne Visit this Shabbat

We will meet at the shul at 4:00 PM to walk to CareOne at 4:20 PM. Children under 6 must be accompanied by a parent.

Herman Jenkelowitz Memorial Youth Mishnah

The Herman Jenkelowitz Memorial Youth Mishnah program will continue on Sundays from 9-9:30 am. It will meet every Sunday with the exception of Yom Tov.

For 5th-8th graders. Meet in the Rabbi's office. For questions, please reach out to Rabbi Fridman at rabbi@jcot.org.

Daily Learning Opportunities

Join Rabbi Fridman's Daf Yomi group which meets M-F at 8:15 AM, and Sunday at 7:15 AM, in the Feldman Chapel. For zoom information, please be in touch with Rabbi Fridman.

Ruvn Fridman Memorial Tanach Series

Monday nights at 8:00 PM

This week will be a special shiur entitled "*Haman's Hatred: The Irrational and Implacable Nature of Antisemitism*".

Zoom Info: <https://zoom.us/j/4844160645?pwd=cnpYMmlLWWp1YzQ2aks3eTBrdkFKQT09>

Meeting ID: 484 416 0645

Passcode: 005914

JCT-BMT Partnership

The Beit Midrash of Teaneck, located at JCT/Heichal HaTorah, 70 Sterling Pl, Teaneck, would like to welcome Bergen County to our 5784 Winter Semester, with weekly Tuesday shiurim on **Parsha & Jewish History**, which are *open to both men & women*.

This week's Parsha shiur (**10:30-11:30am**) will be delivered by **Rabbi Elliot Schrier** of Congregation Bnai Yeshurun. Our Jewish History shiur (**11:45-12:45**) will feature **Dr. Ronnie Perelis** of Yeshiva University, who will give a 3-part series entitled: *Exploring Sephardic History*.

Please write to BMTeaneck@gmail.com to register for Zoom information.

We invite men to participate in BMT's Monday and Wednesday programming by sending an email to BMTeaneck@gmail.com

We invite men and women to participate in Rabbi Angel's Melakhim Aleph shiur which meets on Monday & Wednesdays from 12-12:45 in person, and over zoom.

Rabbi Chaim Marcus's "Character Development Through Torah" – Wed @ 11:00 is open to women

Please contact Rebbetzin Leah Feldman at bmteaneck@gmail.com for more information or to be included on the mailing list.

Yoetzet Information

The Community Yoatzot are Mrs. Rivka Alter and Professor Nechama Price. They will be servicing a number of different congregations throughout the Teaneck area.

You can reach them at:

YH Rivka Alter:
teaneckyoetzetrivka@gmail.com
(303) 725-8527

YH Nechama Price:
teaneckyoetzetnechama@gmail.com
(201) 888-6999

Get Involved

We currently are recruiting help for youth and social event planning. No matter the level of time commitment, we can use your help and ideas. Please reach out to office@jcot.org to learn more.

Call For Volunteers. JCOT needs you. Contact Daniel Wetrin, Rena Barta, Evelyn Fruchter or the office. We'd love to hear from you.

Love a Good Kiddush?

Well we do too. Please reach out to us at office@jcot.org to assist logistically or financially to sponsor one.

Hospitality Committee

With so many new faces and families in the community, this is a wonderful time to welcome people to our community. And, when we do that, let's remember all of those established members of our community who might love an invitation as well. To join the hospitality committee, please contact Rabbi Fridman at rabbi@jcot.org.

Nach Yomi

Thursday 2/1 marked the two year cycle of Nach Yomi. By studying one chapter per day of Nevi'im and Ketuvim, one can complete the cycle over the course of two years along with thousands of men and women across the world who are participating in this wonderful opportunity.

For our shul community and beyond, we are thrilled to announce that we will be offering bi-weekly check-ins with Rabbi and Chaya through in person shiurim and WhatsApp recordings.

We will also be bringing in guest speakers to discuss the themes of the various books of Tanach. Please sign up for the WhatsApp group here, <https://chat.whatsapp.com/BZ8WU9vWvOz8m1JuU48Mt6>

Start Sefer Yehoshua today, and we look forward to a wonderful journey across Tanach.

Community Events

Weekly, at 10:00 a.m. on Sundays at Votee Park, regardless of weather, until all the hostages are home, "Run for Their Lives" takes place. Meet by the picnic tables on Court Street and Queen Anne Road. Adults and children are welcome. Walk/run one loop at your own pace, wearing red and black.

<https://run4lives.org/>



PURIM CARNIVAL IN AN ISRAELI ATMOSPHERE!

SUNDAY, MARCH 17

9 - 11 AM

STEIN AUDITORIUM

JEWISH CENTER OF TEANECK

5\$ PER MEMBER, 10\$ PER NON-MEMBER.

MAX 25\$ PER FAMILY

SPONSORSHIPS AVAILABLE!

PLEASE CONTACT OFFICE@JCOT.ORG



לך כנוס את כל היהודים

Learn Together. Daven Together. Grow Together

Thursday Nights

8:00 pm **Maariv**

8:10 pm **Chizzuk**

8:20 pm **Tehillim**

*Divrei Chizzuk from a
different RCBC Rav each week*

Congregation Bnai Yeshurun
Old Main Shul

RCBC
ועד הרבנים