

Jewish Center of Teaneck
70 Sterling Place
Teaneck, NJ 07666
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jcot.org



Journeys ☆ Connections ☆ Traditions

The JCOT is a member synagogue of the Orthodox Union.

Shabbat Metzora-HaGadol

Friday, April 12

7 Nissan - 14 Nissan 5779

Rabbi Daniel Fridman

Reb Yitz Cohen, Ritual Director

Josh Levine, Baal Koreh

Bob Rabkin, President

Friday, April 12

6:10 PM Earliest Candles

7:14 PM Last Candles

7:00 PM Mincha/Kabbalat Shabbat

Shabbat, April 13

9:00 AM Shacharit Services Main Sanctuary

9:00 AM Shacharit (Hodu) Sephardic / Moroccan Minyan in the Weiss Auditorium

Shabbat Youth Schedule (See inside for details)

Kiddush after davening in the Stein Auditorium

4:00 PM Shabbat HaGadol Drasha "A Time for Choosing"

4:45 - 5:45 PM Zmirot Song Circle for Women in shul lobby

**5:00 PM Dr. Walter and Betty Hauser Youth Parsha in the Park
(See inside for details)**

6:15 PM Shabbat HaGadol Drasha "A Time for Choosing"

Both Shabbat HaGadol Drasha's are sponsored by Sigi Laster in memory of his sister Fanny Lesser z'l, Feige bat Avraham, whose yahrzeit is on the 10th of Nissan, 5772.

May her neshama have an aliyah

7:00 PM Mincha

Seudah Shlishit

8:16 PM Maariv

8:24 PM Havdalah

Ongoing and Upcoming Events

The Dr. Joel Dennis and Mr. Ruvim Fridman Memorial Teaneck Tanach Study Group

The Dr. Joel Dennis and Mr. Ruvim Fridman Memorial Teaneck Tanach Study Group meets Mondays at 8:00 PM. This class will be on break until after Pesach.

Zmirot Song Circle for Women Only

Shabbat, April 13 at 4:45-5:45 and May 18 4:00-5:00 pm
The Jewish Center of Teaneck Lobby

Share a zemer of your choice with other women.

YOU choose the songs! For all women who like to sing, harmonize &/or just listen

Is there a zemer you haven't heard in a long time that you'd like to hear? Or a new one that you'd like to learn? Or a favorite that you'd like to share? Come to the Zmirot Song Circle for Women Only.

Each person has a turn to request at least one song, as time permits.

The Amsel Big Bread Burn in Loving Memory of Elizabeth Sher z'l

Friday, April 19 from 9:00 AM to 11:45 AM

The Teaneck Fire Department will have Fire Trucks in our parking lot for a photo op for all the kids who come to burn their little bags of Chometz. We will be giving out white Fire Chief hats and Streits Kosher for Passover lollipops to all children.

We are looking for volunteers to greet the attendees and help hand out the fire hats and lollipops and help make this a festive event marking the beginning of Passover.

If you wish to volunteer, please contact Sigi Laster at: sigilaster @verizon.net, or just show that morning.

Co-Sponsors: Chabad of Teaneck, Congregation Beth Aaron, Congregation Ohr Saadyah, Gan Yavneh, Heichal Hatorah, Netivot Shalom, Rinat Yisrael, Sha'arei Orah, Young Israel of Teaneck

Ma'ot Chittin and Mechirat Chametz

To contribute to the 2019 Jewish Center of Teaneck Ma'ot Chittin campaign, please go to our website Donate page. Please use type Rabbi Feldman Memorial Fund/Discretionary Fund. Use note Ma'ot Chittin.

The Rabbi is available in his office for mechirat chametz at the following times.
The power of attorney form can be found on our website.

Sunday, April 14th, 9:15-11:15 AM, 8:00-9:30 PM
Monday, April 15th, 7:45-8:45 PM
Tuesday, April 16th, 7:45-8:45 PM
Wednesday, April 17th, 7:45-8:45 PM
Thursday, April 18th, 8:00 AM-9:00 AM

OU Passover Guides are available in the Office for Pickup.

Youth Parsha Shabbat Afternoon in the Park-See time on front page.

Please meet at the Martin Luther King Jr. Park, on Broad Street, right down the block from the shul. In case of inclement weather this will be held in the shul. Parents will be responsible for transporting children to and from the park.

Davening Schedule—Week of April 14 to April 19

Please come support the daily Shacharit minyan.
There is now a WhatsApp Jewish Center of Teaneck Minyan Alert Group.

Sunday, April 14	Monday, April 15	Tuesday, April 16	Wednesday, April 17	Thursday, April 18	Friday, April 19 Erev Pesach
Shacharit 8:30 AM Mincha/Maariv 7:20 PM	Shacharit 7:00 AM Mincha/Maariv 7:20 PM	Shacharit 7:15 AM Mincha/Maariv 7:20 PM	Shacharit 7:15 AM Mincha/Maariv 7:20 PM	Shacharit 7:00 AM Mincha/Maariv 7:20 PM Bedikat Chametz 8:21 PM	Shacharit 7:00 AM Siyyum 7:45 AM Last Time to Eat Chametz 10:40 AM 9:00-11:45 AM Amsel Big Bread Burn in Loving Memory of Elizabeth Sher Last Time to Burn Chametz 11:48 AM Candles 7:22 PM Mincha 7:25 PM Shiur Maariv 8:00 PM Tzet Ha-Kochavim 8:22 PM Chatzot 12:54 AM

Yartzeits / Memorial Anniversaries This Coming Week

We recall with heartfelt affection the following individuals whose names are inscribed on the memorial tablets which adorn our Sanctuary, as well as in our hearts. Their yahrzeits / memorial anniversaries are being commemorated today and in the days of this coming week, 8 Nissan 5779.

9 Nissan Julius Goldenberg
9 Nissan Marcos Benchimol
10 Nissan Anna Rubin
10 Nissan Fanny Lesser
11 Nissan Harry Aaron Roth
12 Nissan Fannie Klein
14 Nissan Rebecca Yanovich

Thank You

Thank you to Chavi Kadosh for coordinating the Yoetzet event.

Thank you to Serena and Mechi Jenkelowitz for hosting the event.

Thank you to Judah & Sharon Gopin for their sponsorship of the Rabbi Solomon and Bella Gopin Memorial Rambam Shiur.

Shabbat Youth Schedule

9:45 -11:15 Pre-K, Kindergarten, 1st and 2nd with Miriam Leah Mincis and Daphna Cohen in room 106

9:45-11:15 Dov Nahari a'h Youth Minyan for 3rd-5th grade boys and girls with Rav Yishai Klein in room 108

10:30-11:15 Mommy and Me with Dahlia Ramirez and Anna Margolin in room 109

New at the JCOT

We have a newly formed seudah shlishit committee under the leadership of Ryan Richmond. We are seeking sponsors to enhance our regular seudah shlishit. Please contact office@jcot.org if interested to sponsor. Thank you

Teaneck Yoetzet Halacha

Tova Warburg Sinensky, our new Yoetzet Halakha, can be reached at 201-655-2180, or at teaneckyoetzet@gmail.com.

You can like and follow the Teaneck Yoetzet Initiative Facebook page at <https://www.facebook.com/TeaneckYoetzet/> for resources from Tova and information on events. This information will be included in our weekly bulletin, and on our website as well.

Youth Director (s) Open position

As many of you are aware, our wonderful Youth Directors, Rav Yishai and Yiskah Klein are returning to Israel this summer, after three years of service to our community. As we look for someone new for the role, our priority is to engage a couple with outstanding interpersonal and communication skills, who have a profound commitment to Torah, Tefillah, Chessed, and Zionism, and who will work to inculcate these values in our children through exciting and engaging social and education programming, every Shabbat and Chag, as well as during special events throughout the year. If you are aware of appropriate candidates for the position, please do not hesitate to contact Alysa at cohen8191@aol.com. Thank you

Community Events

Matzah Drop off

Tomchei Shabbos of Bergen County is once again collecting your free 5 pound packages of matzah at 421 Churchill Rd., Teaneck (side room by the driveway)

Beit Midrash of Teaneck (BMT)

The new Beit Midrash of Teaneck (BMT), located at the Jewish Center of Teaneck/Yeshivat Heichal Hatorah, meets on Monday and Wednesday mornings between 9:15 am and 12:45 pm. Beit Midrash of Teaneck (BMT) provides a uniquely interactive Talmud Torah learning experience for male retirees in a Beit Midrash setting. Doors open at 9:15 for source preparation in a Seder setting. THERE WILL NOT BE ANY CLASSES HELD ON WED. APRIL 17. Source sheets are provided and can be obtained in advance by contacting BMTeaneck@gmail.com

Project Ometz

Project Ometz in conjunction with JFCS is starting a professionally led support group for parents of children with mental health challenges. Please forward to anyone you know who may be able to benefit. It will meet for six sessions on the second and fourth Tuesdays of the month beginning on 2/26. For more information or to register call 201-837-9090 ext. 281

Yad Leah MEGA North Jersey Clothing Drive for Israel The JFCS Pantry is Stocked with Kosher-for-Passover Food!

Thanks to the Jewish Federation of Northern NJ and the Orthodox Union, Jewish Family & Children's Services of Northern NJ has received a significant donation of Kosher-for-Passover food.

Please call 201-837-9090 to make an appointment or to learn more. Appointments are completely confidential.

Mental Health and Addiction Symposium: Eliminating Stigma

Sunday, May 5, 2019 at Yeshivat He'Atid, 1500 Queen Anne Rd, Teaneck, 9:00 a.m. – 11:30 a.m. The symposium will open with a keynote address delivered by Dr. Norman Blumenthal and Lisa Twerski, LCSW, on stigma, its impact on the community, and ways to combat it. This is an opportunity for you to participate in several sessions led by professionals on numerous topics including sexual abuse, suicide, vaping, marijuana, mood disorders, peer support, and ways to approach loved ones with concerns. This event is co-sponsored by Communities Confronting Substance Abuse and Refa'enu. For more information: email time2talkaddiction@gmail.com or go to our website www.time2talkaddiction.org

Just a reminder that both CCSA and Refa'enu offer free support groups. Contact dena@refaenu.org regarding its groups for people with mood disorders as well as for their loved ones. Contact CCSA at time2talkaddiction@gmail.com regarding its group for those who have loved ones affected by addiction or substance abuse.

The Fourth Yahrtzeit of Moreinu VeRabbeinu Rav Aharon Lichtenstein zt'l

Sunday, May 5 from 8:00 -10:30 AM

Please come to Netivot Shalom for a morning of learning in commemoration of Rav Lichtenstein zt'l
Shacharit at 8:00 AM, Light Breakfast 9:00 AM,
9:15-9:50 AM Rabbi Nathaniel Helfgot, 9:50-10:30 AM Rabbi Menachem Genack