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בס"ד

April 30, 2020

Dearest Friend,

As this week draws to a close, we pause before Shabbat to remember one of our own who we lost this week, Dr. Arthur Freiman.

This terrible virus, which has taken the lives of more than sixty thousand of our fellow Americans, has highlighted so many of the inequities in this country.

Dr. Freiman, in his exemplary work in special education, helped ensure that at least one of these inequities, as it concerned the inclusion of children with special needs, was redressed. Our society is both more compassionate and more just for his contributions.

I want to thank those of you who submitted deeply moving tributes, especially regarding Dr. Freiman's communal contributions, which I make available to the community here.

<https://docs.google.com/document/d/1BUxEBiFfELHHD3prBsqNL6powE5POsoNCgoLP2CBSO/edit>

May Arthur's neshama continue its ascent to the place of the righteous, and may Jeanne and the entire family be comforted amongst the mourners of Zion and Jerusalem.

Chaya and I wish you and your family a Shabbat of peace, of rest, and good health. I look forward to sharing my drashah with you, and learning for the children, later in the afternoon.

Shabbat Shalom

Daniel Fridman
Rabbi, Jewish Center of Teaneck

** Immediate Past President
* deceased

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I. Davening Schedule

Shabbat Schedule
Earliest Candles: 6:26 PM
Candles: 7:35 PM
Mincha/Kabbalat Shabbat: 7:40
Shacharit- 9 AM
Mincha- 7:30 PM
Pirkei Avot- Chapter 3
Maariv- 8:36 PM
Havdalah- 8:44 PM

Sunday Shacharit 8:00 AM
4th/5th Grade 8:30 AM
Mincha/Maariv 7:40 PM

Zoom ID is 484 416 0645, and the call number is 1-646-876-9923 (followed by meeting ID).

II. JCOTNetwork: Inquiries and Opportunities

Please contact jcotnetwork@gmail.com for inquiries regarding access to financial benefits, employment, and professional guidance. Please also email the same address if you hear about employment opportunities.

III. Interest Free Loans

Please contact rabbi@jcot.org for information regarding our interest free loan program for those who have been unable to work during the pandemic.

I want to thank our community for their incredible generosity in supporting this program.

IV. Community Wide Learning Project- Completion of the Torah for Shavuot

As we prepare for *Zman Matan Toratenu*, we find ourselves mindful both of our renewed commitment to Torah, and of those who we have lost as a community during this period.

We will, God willing, be making a community wide Siyum on the Torah in time for Shavuot in memory of those who have passed during this crisis. **To sign up for a parshah, please simply fill in your name in the spreadsheet here.**

https://docs.google.com/spreadsheets/d/1ILN5hTnRi3nhmymFyR38_z9cAXW_Vc8KCVmykVIj2QA/edit#gid=0

In particular, I would like to encourage as many families/individuals as possible to participate.

Please learn at whatever level is comfortable for you, whether that is Hebrew or English, with commentaries, or simply studying the text of the Chumash.

VI. JCOT Torah

Sign up for our WhatsApp group here

<https://chat.whatsapp.com/GPxU0XVWzqEJTCA9WLA0iW> for daily ten minute studies of one mishnah of Pirkei Avot and a reflection on one chapter of Tehillim, as a source of spiritual strength for these challenging days.