



Congregation Bnai Yeshurun Weekly Shabbat Announcements

September 9-16, 2022

י"ג-כ' אלול תשפ"ב

Shabbat Ki Teitzei

שבת כי תצא

CBY to Host Rabbi Bashevkin Teshuvah Lecture

Does God Repent? Doing Teshuva with G-d- That is the surprising but intriguing title that Rabbi Dovid Bashevkin has chosen for the lecture he will deliver at Bnai Yeshurun this Monday evening, September 12th, at 8:15, in our New Main. He describes his talk as an exploration of the meaning of תשובה and how to engage in תשובה with G-d, with our family, and with our entire selves. Rabbi Bashevkin's lecture has been arranged by CBY's Adult Education Committee as part of the Gardin-Mermelstein Chodesh of Inspiration.

Rabbi Bashevkin is the director of education for NCSY and a Clinical Assistant Professor of Jewish Values at the Sy Syms School of Business at Yeshiva University, where he teaches courses on public policy, religious

crisis, and rabbinic thought. He completed rabbinic ordination at Yeshiva University's Rabbi Isaac Elchanan Theological Seminary and holds a Master's degree from the Bernard Revel Graduate School of Jewish Studies. He also received his doctorate in Public Policy and Management at The New School's Milano School of International Affairs, focusing on crisis management.

Recognized for his communication skills, sense of humor and his effective use of social media, Rabbi Bashevkin is the founder and host of 18Forty, a new Jewish media site. His podcasts are intended to help us find meaning in life

through the exploration of Jewish thought and ideas, often with interesting guests

from unconventional backgrounds. Rabbi Bashevkin has published four books and writes a humorous column in Mishpacha magazine.

To help sponsor Rabbi Bashevkin's lecture or any of the other special lectures and shiurim scheduled for this month, please contact us at office@bnaiyeshurun.org.

For information on the full range of programs and events as part of the Chodesh of Inspiration, please visit www.bnaiyeshurun.org/events.



Teen Eilat Oneg

**CBY TEENS JOIN
RABBI SCHRIER
AND RABBI ZAFRANSKI
FRIDAY NIGHT, SEPTEMBER 9TH
9:00 PM
GILAD HOUSE 706 RUTLAND AVENUE**

Niggunim, Divrei Torah & Great Food!

Chill

Shabbat Times		זמני שבת
Candle Lighting	6:55 pm	הדלקת נרות
Mincha & Kabbalat Shabbat – <i>Beis Medrash (masks required)</i>	7:00 pm	מנחה וקבלת שבת
Mincha & Kabbalat Shabbat – <i>New Main</i>	7:00 pm	מנחה וקבלת שבת
Carlebach style minyan – <i>Old Main</i>	7:00 pm	מנין נגוני קרלביך
Sephardic Mincha & Kabbalat Shabbat	6:45 pm	מנין עדות מזרח
Teen Oneg with R' Schrier & R' Szafranski at the Gilad home, 706 Rutland Avenue, at 9:00 pm		
Latest <i>Shema</i>	9:41 am	סוף זמן ק"ש
Hashkama– <i>New Main</i>	7:00 am	השכמה
Hashkama– <i>OM (masks required)</i>	7:00 am	נוסח אשכנז
Sefard– <i>Beis Medrash</i>	8:30 am	נוסח ספרד
Ashkenaz– <i>New Main</i>	9:00 am	נוסח אשכנז
Sephardic Shacharit	9:00 am	מנין עדות מזרח
Ashkenaz– <i>Old Main</i>	9:15 am	נוסח אשכנז
Jr. Congregation-SH Stage	9:15 am	מנין נוער
Youth Groups Nursery-4 th grade at 9:15 am in the Youth Classrooms & Nursery Wing		
Mommy & Me led by Randi Wartelsky- 2/3 <i>Social Hall</i>	10:00 am	אמא ואני
Minchas Chinuch-R' Ari Zahtz after Nusach Sefard minyan	10:30 am	שעור מנחת חינוך
Men's Club Kiddush in honor of Doron Sugarman's bar mitzvah following davening		
Mincha - <i>New Main</i>	1:45 pm	מנחה
Manny Freed z"l Parent Child Learning – <i>BM & OM</i>	4:45 pm	הורים וילדים
Mincha – <i>New Main</i>	5:30 pm	מנחה
Daf Yomi	5:50 pm	דף יומי
Shiur with R' Asher Resnick at 6:00 pm in the Old Main		
Sephardic Mincha	6:30 pm	מנין עדות מזרח
Mincha- <i>New Main</i>	6:50 pm	מנחה
Mincha- <i>OM (masks required)</i>	6:50 pm	מנחה
R' Schrier's shiur, "The Pruzbul Part I" in the New Main following zman mincha		
Maariv & Shabbat Ends - <i>NM</i>	7:58 pm	מעריב
Maariv & Shabbat Ends - <i>OM</i> (masks required)	7:58 pm	מעריב
Next Shabbat: Candle lighting	6:43 pm	הדלקת נרות
Mincha & Kabbalat Shabbat	6:50 pm	מנחה וקבלת שבת

We recognize that at times it is challenging to find parking near shul. We ask everyone coming to CBY to be cognizant of where you are parking; obey all parking regulations and be courteous of the shul's neighbors and never block their driveways.

Additionally, please remember to wear reflective materials and walk on the correct side of the street when walking to and from shul when it is dark.

**Does Hashem Really Care About the Bird?
Message from Rabbi Schrier**



This week, I asked my four-year-old what one must do to a mother bird before taking the eggs from her nest. His response: "you have to ask her first." While it wasn't exactly the answer I was looking for, it did capture a basic message we had been learning in *Parshah* over the course of the week. This week's *Parshat Ki Teitzei* includes the *mitzvah* of *shiluach ha-ken*, the *mitzvah* to

send away a mother bird before taking eggs from her nest. My son and I had discussed the fact that the mother bird is likely sad when we take her eggs from underneath her, and chasing her away helps to alleviate that pain. But, due to a well-known passage in the *gemara*, I stopped short of saying that alleviating the mother bird's pain is the *reason* or *motivation* behind this popular *mitzvah*.

The *Mishnah* on *Berachot* 33B provides a short list of borderline blasphemous statements that one should not, indeed cannot, make. And, somewhat surprisingly, the *Mishnah* includes a reference to *shiluach ha-ken*. The *Mishnah* declares:

האומר על קן ציפור יגיעו רחמיך... משתקין אותו

If one declares that Hashem's mercy extends to a mother bird... we silence him.

One can of course wonder: what is so bad? Is there something terribly wrong with declaring the great scope and extent of Hashem's mercy? Is there something blasphemous about Hashem's *rachamim* extending to a poor mother bird?

The *Gemara* uses the statement as a springboard for a deeply significant theological discussion regarding why we do *mitzvot*. Do we do them because of *rachamim* or *gezeirah*, because they are merciful or simply because G-d commanded them? (For the philosophically inclined, the *Gemara's* question is, *le-havdil*, reminiscent of Plato's *Euthyphro*.) And many *mefarshim* discuss how the *Mishnah* and *Gemara* are to be properly understood.

But my favorite approach to the *Gemara* is that of the Ramban. In his commentary on this week's *Parsha*, the Ramban suggests that the debate in the *Gemara* is not truly about the scope of Hashem's mercy and whether or not it extends to the animals; Hashem's mercy is infinite and knows no bounds. Rather, the debate pertains to the primary *focus* of the *mitzvah*: is the *mitzvah* about the mother bird, or is it truly about us?

The Ramban argues that, as much as there may be moral benefit and value to saving a mother bird from the anguish of losing her eggs, the true benefit of this *mitzvah* lies not in the animal's rights, but rather in the way it inculcates compassion, kindness, and care in the person who sends the bird away. The Torah wants us to be kind and compassionate people. And it gives us *mitzvot* that help us cultivate those values within ourselves.

By way of a well-known analogy, take the ubiquitous Jewish practice of covering *challah* before *kiddush* on Friday night and Shabbos morning. While there are several explanations for this practice offered in the *rishonim*, the dominant approach in the popular mind is that we do this to avoid embarrassing the *challah* – ordinarily its *beracha* of *hamotzi* precedes all other *berachot*, so in instances when we make a *beracha* of *bore peri ha-gafen* first, we cover the *challah* so it should not witness its sequential demotion. Countless high school students have asked me (sometimes earnestly but more often cynically), "Really, Rabbi? The *challah* has feelings?" And the ready answer, to me, is self-evident. No, a *challah* does not have feelings. But if you accustom yourself to leading a life of deep and heightened sensitivity, when

Continued on page 3

Special Events

אירועים מיוחדים

- Teen Oneg with R' Schrier & R' Szafranski at the Gilad home, 706 Rutland Ave., at 9:00 pm.
- Bar mitzvah of Doron Sugarman in the 9:00 am New Main minyan.
- Men's Club Kiddush in honor of Doron Sugarman's bar mitzvah.
- CBY welcomes R' Resnick of Aish HaTorah. R' Asher Resnick will speak at 6:00 pm in the Old Main, "Pain is a Reality, Suffering is a Choice". See flyer page 8 for details.

Mazal Tov

מזל טוב

- **Estelle & Lenny Glass**, on the engagement of their granddaughter, Alex Fuchs, daughter of Rina & Mo, to Zach Beer of Woodmere.
- **Sharon Kopitnikoff & Joseph Greenbaum** on the birth of a granddaughter, a daughter to Keren & Adin Schmahmann.
- **Sherry & Bernie Perlowitz** on the marriage of their grandson Yaakov Yosef, son of Becky & Avi Perlowitz, to Nomi Silber in Israel.
- **Minette Salzman** on the birth of a great-granddaughter, a daughter to Orlee & Stevie Zaslowsky, children of Rena Rebibo.
- **Lisa & Ari Sugarman and Lynn Sugarman & David Wisotsky** on the bar mitzvah of their son and grandson, Doron Sugarman.

CBY Notes

- Due to an unprecedented number of reservations, we have closed the seating reservation form. To join the waitlist please visit www.bnaiyeshurun.org/holidays.
- CBY's Gardin-Mermelstein Chodesh of Inspiration is in full swing. To see a full listing of events please visit www.bnaiyeshurun.org/events.
- Join the CBY Rabbis for the continuation of the three-part shiur series, *Tefillah & You: Preparing for the Yamim Noraim*, on consecutive Tuesdays at 8:15 pm. This Tuesday, September 13th R' Schrier will present: "Worship of the Heart: Tefillah Inside & Outside of the Shul". See page 4 for more details.
- BNOT's Women's End of Summer Soiree on September 11th 7:00–9:00 pm. \$36/person. See flyer on page 8 for details. Advanced registration required at www.bnaiyeshurun.org/bnot.
- Monday, September 12th at 8:15 pm, the Adult Education Committee presents Rabbi Dovid Bashevkin, "Does G-d Repent? Doing Teshuvah *With* G-d." See article on page 1 and flyer on page 5 for more details.
- All are invited to an evening of Elul inspiration for a pre-Shabbat Kumzitz, Thursday, Sept. 15th at 8:30 pm. Divrei Torah from R' Schrier and music by Sruli Prero—along with hot kugel and chulent. See flyer page 8 for details. Sponsorships available.
- The CBY Welcoming Committee invites everyone to a Community Seudah Shelisheet, Shabbat, September 17th at 5:45 pm. Start the new year by meeting new community members and connecting with old friends. See flyer on page 8 for more information.
- Save the date: Motzei Shabbat, September 17th, Divrei Hitorerut by R' Schrier at 12:35 am, followed by Selichot at 12:50 am in the New Main.
- Sign up for BNOT's 5783 Rosh Hashanah Greeting-\$18/family. Visit www.bnaiyeshurun.org/bnot to participate. Deadline is 9/18.
- Save the Date: Women's Fall Shabbat Shiur Series with Michal Zahtz. Beginning Shabbat, September 24th: *Shortcut to Stronger Relationships*. Stay tuned for more details.

Rabbi Schrier continued from page 2

when even the inanimate food on your table is deserving of decency and respect, you are then equipped to translate that character disposition to the things that really matter. "Be exceedingly zealous in cultivating compassion!" the Torah tells us. And once it has been cultivated, let it permeate all facets of your life.

And so it is with the mother bird. However this *mitzvah* of birds and eggs and ladders and nests has captured the popular imagination, we must remember that, ultimately, the climbing, chasing, grabbing and taking are just a proxy, hardly at the theological core of Hashem's command. If we want to truly absorb this *mitzvah's* values, let us be mindful of how we treat others. Let us extend compassion to all around us, recognizing that even the lowliest person is far greater than the greatest of birds. Let us cultivate and foster the kindness and generosity central to the life and character of a Jew. And let us merit the Torah's blessings of long life and prosperity that accompany that life of Jewish compassion.

Beis Medrash Committee

- Manny Freed z"l Parent Child Learning every Shabbat at 4:45 pm. Thank you to our Spring/Summer sponsors, Rebecca & Sandy Fischman, with thanks to everyone who makes Parent Child Learning great, and the Sheinfeld Family, for a continued Refuah Shelaimah of Etai Yaakov Ben Tzipora.
- Mishna Yomit is learning Masechet Ma'aser Sheni.
- Yitzchak Yaakov Kollel Boker is expanding to 5 days a week at 6:20 am in the 1/3 Social Hall. See flyer page 6.
- Rav Goldwicht resumes his weekly Parsha shiur in easy to understand Hebrew, Tuesday nights at 8:30 pm in the Triple Classroom.
- Senior Lunch & Learn with Rabbi Taubes has resumed in person on Wednesdays; lunch at 1:00 pm, shiur at 1:30 pm.
- Rabbi Zahtz's women's nach shiur has resumed on Thursday mornings at 9:15 am; learning Sefer Melachim Aleph.

David Frohlich Youth Department

- At last it's "move up" week in the David Frohlich z"l Youth Department! Please make sure to check the signs on the doors and go to your **NEW** groups classroom based on your new grade this year.
- Junior Congregation resumes this week *on the Social Hall Stage* with our new head educator, Ms. Daniella Shlagbaum
- Mommy and Me with Morah Randi Wartelsky is back to its regularly scheduled programming, 10:00-10:30 am in the 2/3 side of the Social Hall!
- Save the Date: David Frohlich z"l Youth Department Shofar Factory. Sunday, September 18th at 10:00 am. Register at www.bnaiyeshurun.org/youth. See flyer on page 9 for details.
- Stay tuned for the DFYD Sukkot Flower Sale.

Weekly Davening Schedule

	Sun. Sept. 11	Mon. Sept. 12	Tues. Sept. 13	Wed. Sept. 14	Thu. Sept. 15	Fri. Sept. 16	
	ט"ו אלול	ט"ז אלול	י"ז אלול	י"ח אלול	י"ט אלול	כ' אלול	
דף היומי	כתובות ס"ז	כתובות ס"ח	כתובות ס"ט	כתובות ע'	כתובות ע"א	כתובות ע"ב	
Selichot/Shacharit (Sephardic)	5:05 am	5:05 am	5:05 am	5:05 am	5:05 am	5:05 am	שחרית
Shacharit-Old Main- (Masks required)	6:25 am	6:00 am	6:00 am	6:00 am	6:00 am	6:00 am	
Shacharit-New Main		6:05 am	6:15 am	6:15 am	6:05 am	6:15 am	
Shacharit-Beis Medrash ^	6:25 am	6:20 am	6:30 am	6:30 am	6:20 am	6:30 am	
Shacharit-New Main	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	
Shacharit-Beis Medrash ^ Slow Paced Minyan Lower Level	8:00 Ogden	7:15 am	7:15 am	7:15 am	7:15 am	7:15 am	
Shacharit-Old Main	7:30 am	7:20 am	7:30 am	7:30 am	7:20 am	7:30 am	
Shacharit-New Main	8:00 am	8:00 am	8:00 am	8:00 am	8:00 am	8:00 am	
Shacharit-Old Main	8:50 am						
Shacharit-New Main	9:15 am	8:50 am	8:50 am	8:50 am	8:50 am	8:50 am	
Mincha only – Old Main	1:45 pm						מנחה/ מעריב
Mincha only – Beis Medrash ^	4:30 pm	1:45 pm	1:45 pm	1:45 pm	1:45 pm	1:45 & 5:15 pm	
Zman Mincha-New Main#	6:55 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm		
Zman Mincha-Old Main# (Masks required)	6:55 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm		
Maariv only – Old Main	8:00 pm	8:00 pm	8:00 pm	8:00 pm	8:00 pm		
Maariv only – Old Main	9:00 pm	9:00 pm	9:00 pm	9:00 pm	9:00 pm		
Maariv only – Beis Medrash ^	10:01 pm	10:01 pm	10:01 pm	10:01 pm	10:01 pm		
Maariv only – Beis Medrash ^	11:00 pm	11:00 pm	11:00 pm	11:00 pm	11:00 pm		

#קריאת שמע should be repeated after 8:00 pm.

^The CBY Internet Minyan can be accessed by clicking [HERE](#). It is sponsored by Bibi, Dov, Kelly, Liz & Abby Pavel in memory of Bibi's mother Miriam bat Betzalel Yehuda. Minyanim scheduled in the *Beis Medrash*, as listed above, will be broadcast.



The Gardin-Mermelstein Chodesh of Inspiration
Presents:

Tefillah & You: Preparing for the Yamim Noraim



**RABBI
ARI ZAHTZ**

Why Do We Daven?

.....

**Tuesday,
September 6th**



**RABBI
ELLIOT SCHRIER**

**Worship of the Heart:
Tefillah Inside &
Outside the Shul**

.....

**Tuesday,
September 13th**



**RABBI
YOSEF WEINBERGER**

**Please G-d, No Traffic!
How Specific (& Petty)
Should Our Tefilot Be?**

.....

**Tuesday,
September 20th**

8:15 pm - Old Main Shul

Cong. Bnai Yeshurun 641 W. Englewood Avenue Teaneck, NJ 07666 | 201-836-8916 | www.bnaiyeshurun.org

WEEKLY LEARNING OPPORTUNITIES SEPTEMBER 11-16, 2022		
Sunday at 7:00 am, M-F at 5:30 am	Daf Yomi with rotating magidei shiur	Beis Medrash and live weekdays at: www.bnaiyeshurun.org/internet-minyan.html Recordings available at link for 1-week post-shiur
Sunday–Thursday at 7:35-8:15 pm	Mishna B'rurah Chavurah with Ari Wartelsky	Beis Medrash
Sunday 9:30-10:00 am	Gemara shiur w/ R' Frank Breslau & Dr. Joseph Bench	https://zoom.us/j/98188165600 Passcode cby
Monday – Friday at 6:20 am	Yitzchak Yaakov Kollel Boker with Rabbi Zvi Sobolofsky	1/3 Social Hall and at: https://us02web.zoom.us/j/9658958942
Tuesday at 8:30 pm	Parsha shiur with Rav Meir Goldwicht	Triple Classroom
Wednesday at 1:30 pm	Senior Lunch & Learn with Rabbi Michael Taubes	https://yeshiva-university.zoom.us/j/93287566078 Password: YSH
Thursday at 9:15-9:45 am	Women's shiur on Melachim Aleph with Rabbi Ari Zahtz	On Zoom at: https://zoom.us/j/98497375550 Passcode: cby
Thursday at 9:35 pm	Parsha & Halacha with Rabbi Michael Taubes	https://yeshiva-university.zoom.us/j/93287566078 Password: YSH
Friday at 8:30 am	Minchas Chinuch with Eli Weber	https://zoom.us/j/156897284 Password: cby
	Shiurim from Rabbi Elliot Schrier	Sign up Here or use the QR code 
	Chizzuk with Rabbi Ari Zahtz	Sign up Here
	Myth-busters in Halacha with Rabbi Yosef Weinberger	Sign up Here
	Inyanei D'Yoma from Rabbi Steven Pruzansky	Sign up Here



The Adult Education Committee,
as part of the Gardin-Mermelstein Chodesh of Inspiration,
Presents

Rabbi Dovid Bashevkin

Does G-d Repent? Doing Teshuvah *With* G-d

**An exploration of the meaning of Teshuvah
and how to engage in Teshuvah with G-d, with your family,
with your entire self.**



Dovid Bashevkin is the director of education for NCSY and the Clinical Assistant Professor of Jewish Values at the Sy Syms School of Business at Yeshiva University, where he teaches courses on public policy, religious crisis, and rabbinic thought. He received his semicha from Yeshiva University's Rabbi Isaac Elchanan Theological Seminary, as well as a Master's degree from the Bernard Revel Graduate School of Jewish Studies. He completed his doctorate in Public Policy and Management at The New School's Milano School of International Affairs and has published four books, Sin-a-gogue: Sin and Failure in Jewish Thought, a Hebrew work B'Rogez Rachem Tizkor (trans. In Anger, Remember Mercy), Top 5: Lists of Jewish Character and Character, and Just One: The NCSY Haggadah. He is the host and founder of 18forty, a new Jewish media site.

**MONDAY,
SEPTEMBER 12TH
8:15 PM
NEW MAIN SHUL**

To join as a co-sponsor contact office@bnaiyeshurun.org

Cong. Bnai Yeshurun | 641 W. Englewood Ave. Teaneck, NJ | 201-836-8916 | www.bnaiyeshurun.org

Rabbi Zahtz Launches Chodesh Elul Series on “Tefillah and You”

Doesn't God know what we need and want without us telling Him? If God has evaluated our merit and decided our reward and punishment, can we change His "mind," as it were, by pestering Him three times a day? These were among the questions raised by Rabbi Zahtz on Tuesday evening, in the first of three shiurim by our shul's rabbanim on *Tefillah and You: Preparing for the Yamim Tovim*.

Presented as part of the Gardin-Mermelstein Chodesh of Inspiration, Rabbi Zahtz' shiur, drew on our classical sources, from the Talmud, through the Rambam and Ramban, until contemporary sources including Rav Kook, the Rav, and Rabbi Lord Saks. Rabbi Zahtz presented four approaches to help us understand the purpose(s) of tefillah, noting that they are not contradictory or mutually

exclusive, but can complement and enhance each other.

Among the concepts presented by Rabbi Zahtz is the idea that tefillah is more centered on us than it is on what we are asking for. The word להתפלל, which we use to mean "to pray," is grammatically in the reflexive tense and could be literally translated to mean "to judge oneself." Tefillah is an

opportunity to evaluate and judge ourselves. What are we choosing to ask for and why? It is an opportunity to engage in a dialog with God and to develop and enhance a relationship with HaShem—a private, intimate relationship. Rather

than speculating about the nature of God, tefillah is the opportunity to talk to God and share our most private hopes and fears. Whether or not there is a high probability that prayer can change God's plan for us, prayer can certainly change ourselves.

The next lectures in the series, on the next two Tuesday evenings, are by Rabbi Schrier, who will speak on *Worship of the Heart: Tefillah Inside and Outside the Shul*, and Rabbi Weinberger, whose topic will be *Please God, no Traffic! How Specific (and Petty) Should Our Tefillah Be?*



Beis Medrash Program Presents

YITZCHAK YAAKOV KOLLEL BOKER

with Rabbi Zvi Sobolofsky

*Rosh Yeshiva, Yeshiva University
and World Renowned Torah Educator*

*Start your day with a
commitment to Talmud Torah
and change your week*

- 6:20 am
- Monday-Friday
Mornings
- 1/3 Social Hall

Rabbi Lebowitz Explores the Role of Thought in Teshuva

Teshuva in Thought and Deed was the title of Rabbi Aryeh Lebowitz's shiur, delivered to a capacity audience in CBY's Old Main, this past Sunday evening. Presented by CBY's Beis Medrash Program as part of the Gardin-Mermelstein Chodesh of Inspiration, the shiur examined several aspects of the role of "thought" in the performance of both mitzvot and aveirot (sins). What thoughts should be going through our minds during the month of Elul? What thoughts should be stirred by the sounds of the shofar?

To explain the sometimes-surprising power of thought, Rabbi Lebowitz explored circumstances in which someone consciously performs an act which they believe to be sinful, but, in fact, it is not. He analyzed the actions of a woman who consciously violates a vow she has made, completely unaware that her husband has annulled the vow, thereby making her action permissible. Rabbi Lebowitz then turned to the brothers of Yoseph, who believed they were sinning as they sold him into slavery but were actually taking action that would ultimately lead to the salvation of Bnei Yisrael.

Rabbi Lebowitz developed the principle that while God does not punish us for merely thinking about sinning, if we actually take action that we believe is

sinful (even if it is not!) we are subject to punishment and require teshuva and atonement.

The impact of our thoughts while performing or violating commandments, explained Rabbi Lebowitz, might also depend on the nature of the commandment involved. Some mitzvot are results-oriented, while others are focused on the action itself. Commandments governing actions between man and God are generally focused on the action itself (e.g., eating matza or putting on tefillin) while those dealing with activities between man and his fellow man (e.g., giving charity, visiting the sick) are primarily results oriented.

Rabbi Lebowitz also tackled another aspect of "thought." He cited numerous, and often humorous, results of surveys in which people were asked to assess their own skills and accomplishments. The self-assessments were heavily biased in favor of the respondents. He urged that we be more realistic in assessing ourselves (and our children) and in setting our goals for the future. Rather than try to establish quantitative "grades," he suggested we adopt a more nuanced attitude: "We're not great, but we're ready to be bigger than we are." Not everyone is going to be

a *gadol hador*, he noted. Not everyone is going to be a Rosh Yeshiva. But we should also recognize that there is no mitzva to be a rosh yeshiva, but *harbatsat haTorah*, the support and proliferation of Torah, is a mitzva and is within the reach of all of us.

When we think about teshuva, we may not have time to take on completely new initiatives, but we can do everything that we currently do more thoughtfully. We can have better kavana when davening. We can bentsch more thoughtfully. We can respond more thoughtfully to questions from a spouse. We can engage HaShem with enhanced machshava, thoughtfulness.

Director of Semikah at Yeshiva University and Rav of the Beis Haknesses of North Woodmere, Rabbi Lebowitz is one of America's most prolific and popular maggidai shiur. The response of Sunday's diverse audience, from high school students through our most senior members, men and women, reflected Rabbi Lebowitz' knowledge and skills. CBY has arranged for an impressive series of special shiurim, by our own and by guest rabbis, during this month of Elul. **וְאִם לֹא עַכְשָׁיו, אִמְתִּי?** And if not now, when?



Rabbi Aryeh Lebowitz delivers a shiur in CBY's Old Main Shul on Sunday, September 4th.

CONGREGATION BNAI YESHURUN'S BNOT PRESENTS
A SHIUR FOR MEN AND WOMEN:

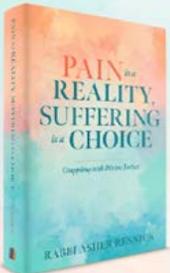
PAIN IS A REALITY, SUFFERING IS A CHOICE.

A TALK ON CONSOLATION AND GROWTH
PREPARING FOR ROSH HASHANAH AND YOM KIPPUR

WITH AUTHOR AND LECTURER
RABBI ASHER RESNICK

SHABBAT AFTERNOON, SEPTEMBER 10
6:00 PM

CONGREGATION BNAI YESHURUN
OLD MAIN SHUL



Drawing on his own personal experience and a wealth of classical Jewish sources, Rabbi Resnick sheds light on the Torah view of how to deal with difficulties and challenges.



Rabbi Asher Resnick, a UCLA graduate, with rabbinic ordination from Aish HaTorah and the Chief Rabbi of Jerusalem, has been teaching the foundations of Judaism for over 30 years at Aish HaTorah in Jerusalem. As a bereaved parent, Rabbi Resnick's extensive writings on loss, difficulties, and trauma provide a sensitive Jewish perspective on coping with these fundamental life issues.

Signed copies available for purchase after Shabbat at the home of Baruch and Alyssa Colton



The Gardin-Mermelstein
Chodesh of Inspiration
Invites the entire community to an

Evening of Elul Inspiration

Thursday, September 15, 2022
8:30 pm - CBY Social Hall

Get into the selichot spirit with a
pre-Shabbat Kumzitz featuring
Divrei Torah from Rabbi Elliot Schrier
Music by Sruli Prero



**Hot Kugel
and
Chulent!**

To join as a co-sponsor please contact office@bnaiyeshurun.org

Cong. Bnai Yeshurun | 641 W. Englewood Ave. Teaneck, NJ | 201-836-8916 | www.bnaiyeshurun.org



As part of the Gardin-Mermelstein
Chodesh of Inspiration

Let's Get Together!

The CBY Welcoming Committee
invites you to a

Community Seudah Shelisheet

Meet new community members
and connect with old friends!

Shabbat, September 17, 2022
5:45 pm
Social Hall

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As part of
the Gardin-Mermelstein Chodesh of Inspiration

BNOT'S End of Summer Soiree

*Women are invited to celebrate the end of summer and
prepare for the new year with friends old and new!*

Sunday, September 11, 2022
7:00-9:00 pm
CBY SOCIAL HALL

**Delicious
Food**

**Sparkling
Drinks**

\$36 per person
Sponsorships available

RSVP at
www.bnaiyeshurun.org/BNOT

**Floral Craft
w/Petal+Eon**

**Featuring words of Elul
inspiration from our Rebbetzins**

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Parshat Ki Teitzei in “Hashtag” Form

- If the Jewish people decide to go out to war, then some of the laws pertaining to this war are outlined here. #SpiritualWarriors #LoftyGoals #OptionalWar
- Firstborn sons receive a double portion. #BechorPrivilege #Luckyyy
- We also learn about the Ben Sorer U'Moreh, the rebellious child, and the importance of respecting our parents, friends, and communities. #GluttonousChild #AintGonnaHappen
- When your friend loses an ox (or an iPhone), return it! If you see someone struggling under a heavy load, help them! #HashavasAveida #HashevTashiv #HelpABrotherOut
- Shiluach HaKen- if you want the egg of a mother bird, first send the mother away. #ActWithCare #CuzHaShemSaidSo
- No mixing species... HaShem created this world wondrously, let's care for His world, don't undo it! #MaRabu #PrettyFlowers #CheckYoSuits #DatShatnezBiz
- We have to keep our military camps clean, because HaShem lives with us. #CleanYourRoom #ButActually #ParentsFavoriteMitzvah
- We are given the mitzvah to constantly remember how Miriam was punished for speaking Lashon Harah about Moshe. #NeverForget #WordPower #PraiseUP
- Don't withhold the wages of your employees. #PayUP Don't cheat in business. #Integrity Don't forget the evil bully Amalek and what they did to us! #WhattaBully#KarchaCoolDown #JumpIn.

CBY YOUTH KI SEITZEI SEARCH!



D K D Q S U D U W W K L L L H V T S Y V
 L N J K T H S E B B Z K F P I U R D I B
 M H T S X P I Z N M P H P T S I O Y B L
 S Q T Q M A C L L C A G Q C T Q D C U U
 N E B M W I D S U I I R O X Q T V H M R
 P Q V I L E R P T A T A R Y W M Y A X E
 A K A E Z A Q I B D C G A I A B W L A A
 M C M T N X S B A W K H R F A Y G I M K
 A L L E Z T X H Q M T Y H Q Q G K T A D
 L E S Y G G Y F O L W G P A L G E Z L N
 E A X I R W S F S N D K U U K V C A E O
 K N V Q I Y O S O Y H G D Q Y A X H K K
 R L C B B O Q D U U A H Q D E N P G E
 F I Y U I H B G W P R G R B Y Y F K M R
 Y N R L S B J A G R P N O A M T M U I J
 M E R L P N J T L A R M D P H W A F T K
 M S C Y E B U R Y K U B A Q P I C P Z B
 Y S H A S H A V A S A V E I D A H V V Q
 N H U G Q L R Y H B B M R G T F X T O N
 S O R E R U M O R E H T Q Z E X Z O S K

Hashavas Aveidah	Shiluach HaKan	Seventy Four	Sorer Umoreh
Cleanliness	Lashon Harah	Chalitzah	Mitzvos
Miriam	Yibum	Marriage	Bully
Bury	Amalek	Amalek	Ribis

A Mini-Vort from the Szafranski Table to Yours!



We are informed this week of the prohibition to marry the men of Amon and Moav (Rashi, 23:4; Yevamos 77b). Why aren't we permitted to marry men from these tribes?

The Torah recalls that when we left Mitzrayim, the men of Amon and Moav didn't greet us with food and drink (23:5). The **Ramban** (23:5) further clarifies that these people were very much indebted to the

Jewish people. Avraham, our forefather, cared for their own forefather, Lot, and even saved his life on multiple occasions! It was Amon and Moav's distinct lack of *hakaras hatov*, gratitude, which makes our two nations incompatible.

Additionally, many point out that the Hebrew word for Jew, "Yehudi," comes from the word *odeh*, or *lehodos*, to thank (Sfas Emes, Vayigash, 5631). We are a grateful nation; never forget to use your magic words! Thank **YOU** for reading this :)



FIND OUT WHAT EVERYONE IS TALKING ABOUT!



MANNY FREED Z"l PARENT CHILD LEARNING

EXCITING TORAH AWESOME PRIZES DELICIOUS SNACKS

Every Shabbat afternoon - 4:45 pm - CBY Beis Medrash



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AS PART OF THE GARDIN-MERMELSTEIN CHODESH OF INSPIRATION

CBY'S FIRST EVER




Shofar Factory

SUNDAY, SEPTEMBER 18, 2022
10:00 - 11:30 AM | CBY SOCIAL HALL

SEE HOW SHOFROT ARE MADE, AND MAKE YOUR VERY OWN KOSHER SHOFAR TO USE ON ROSH HASHANAH!

\$18 PER CHILD MEMBER AND AFFILIATE RATE \$26 PER CHILD NON-MEMBER RATE



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BNOT 5783
Rosh Hashanah Greeting

BNOT would like to include every Bnai Yeshurun family in our annual Rosh Hashanah greeting which will be sent to the entire membership.

To participate please fill out the form at:
www.bnaiyeshurun.org/bnot

The cost of the greeting is \$18.
DEADLINE IS SUNDAY, SEPTEMBER 18th.



Contact Us

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Doron Katz, Assistant Treasurer
Jennifer Prince, Secretary
Avram Holzer, Gabbai Rishon gabbai@bnaiyeshurun.org



Congregation Bnai Yeshurun Community Announcements

September 9-16, 2022

י"ג-כ' אלול תשפ"ב

Shabbat Ki Teitzei

שבת כי תצא

- Yesh Tikva was established to end the silence & create a Jewish community of support for all Jewish people facing infertility. Yesh Tikva provides [free professional psychosocial services](#), resources & tools to those struggling with infertility & raises awareness throughout the community. For info visit YeshTikva.org.
- Project Yechi provides financial support for patients/families undergoing Cancer treatments. The annual barbecue will take place Saturday night, September 10 at 9:30 pm at Keter Torah. Enjoy the evening & lend support to an organization that has helped over 600 families in the USA & Israel & has paid out over 3000 rent & mortgage payments. No admission fee. All are welcome.
- This year, on September 11, Nevut will be holding its annual IDF Ride. Bikers of all backgrounds & ages are invited to ride together with IDF Lone Soldier Veterans with one common goal: to face life's challenges & overcome obstacles. Beginning at the Kaplen JCC on the Palisades, there are options for 100- & 50-mile routes. The ride is fully supported with a support, gear & medical team, as well as fully stocked pit stops along the way. All riders will receive a jersey, bib, amazing SWAG & enjoy a delicious post-ride barbeque. Sign up to ride or be a sponsor at <https://www.rayze.it/theidfride/>. Nevut is a 501(c)(3) nonprofit organization serving IDF Lone Soldier Veterans, that upon their return back to America; Nevut (meaning in Hebrew, to navigate) has services, programs & events to ensure that these soldiers are empowered with the resources, & support needed to transition back into civilian life successfully. For more information, visit <https://nevut.org/>.
- Cong. Netivot Shalom welcomes Professor Yonatan Grossman of Bar Ilan University & Michlelet Herzog as a Scholar in Residence, Shabbat September 16–17, He will speak in Hebrew, on Friday night at 9:00 pm, "Issues in Contemporary Tanakh Study", Shabbat at 8:45 am and at 5:30 pm "Real or Imagined? The Teshuvah of Ninveh".
- Addictions, varied in nature & intensity, have been widespread in our communities for decades. Due to the stigma surrounding these issues, we have only recently started talking about them publicly, shedding a light on the topic & opening a path for those who are struggling, & their families, to get the help & support they desperately need. Join CCSA on September 18 for an open & honest discussion about the realities & impact of different addictions on our communities. "Safeguarding our Families: Confronting the Reality of Addiction in our Community" will address gambling & gaming; substance use & mental health; trauma & addiction; sex & pornography; technology & social media;

family dynamics; crisis management; & the legalization of marijuana. Free CE credits are available. Pre-register at <https://www.jewishccsa.org/upcoming-events> today!

- Shaare Tefillah is holding a Blood Drive on Sunday, September 18, from 9:00 am to 2:00 pm. Appointments are highly recommended. There will be limited walk-in slots available. To schedule an appointment, please visit redcrossblood.org & enter the sponsor keyword: Shaare Tefillah. Thanks to the generosity of Chopstix, all donors will receive a \$5 Chopstix certificate. On the day of your blood donation, eat a healthy meal a few hours before your appointment, drink extra water, & bring your ID! Please wear a mask (a Red Cross requirement). For more information, contact ari.davis1@gmail.com or danlevyesq@gmail.com
- The Bernard Revel Graduate School at Yeshiva University is hosting two events: The first is Understanding Halakhah, History and Spirituality - a conference marking the 25th yearzeit of Rabbi Prof. Yitzchak Isadore Twersky and the recent publication of his collected works. Sept. 11 9 am - 4 pm. RSVP at yu.edu/twersky. The second is The Rise of Halakhic Religiosity of Mystery and Transcendence - a lecture by Prof. Yair Lorberbaum of Bar Ilan University on Sept. 13 7:30 -8:30 pm. RSVP at yu.edu/transcendence.



Tuesday, September 13, 2022, at 11:00am A Minute of Memory Matters: 7 Quick Tips to Improve Your Memory. How to remember where you parked your car. How to use visualization to remember important things. One basic memory technique that can be used in many everyday cases. Some tips for recall. A fun brain exercise using your fingers. Rena Yudkowsky, MSW, Memory Coach & Geriatric Social Worker. Rena, a professional memory coach & geriatric social worker, is the founder of Memory Matters. She teaches online memory improvement courses to mid-lifers & seniors. Currently, she is the memory coach for an international anti-aging clinic where she does 1:1 coaching & is working on a comprehensive program to prevent dementia. She is super passionate about her mission of helping those 50 + to age more healthfully, both physically & cognitively as she empowers them to believe in their own memory with confidence & grace.

[CLICK HERE TO REGISTER.](#)

FALL CALENDAR 2022

SEPTEMBER

16 - 17 Parshat Ki Tavo
YOUTH EDUCATOR
TRAINING SHABBATON

18 SHOFAR FACTORY!!!
10:00AM
CBY SOCIAL HALL

26 - 28 Rosh Hashana



OCTOBER

DON'T FORGET TO PURCHASE YOUR SUKкот FLOWERS THROUGH THE DFYD @ CBY!

2 SUKKAH
DECORATING

5 YOM
KIPPUR

10 HOP TO THE
RABBIS'
SUKKAH!

15 PAINT NIGHT
UNDER
THE SCHACH

17-18 SIMCHAS
TORAH!
NIGHT & DAY
HAKAFOSI GREAT BIG
CANDY RAFFLE!

23 PARSHAT
NOACH
PETTING ZOO

NOVEMBER

12 Parshat Vayera
YOUTH EDUCATOR MOTZEI
SHABBOS ACTIVITY

19 Parshat Chayei Sarah
SHABBAT CHEVRON

20 JR CONG BREAKY/RUSA -
(BREAKFAST + CHABURAH)
@ CBY BEIS MEDRASH

26 CBY ANNUAL
BRACHA BEE