



Congregation Bnai Yeshurun Weekly Shabbat Announcements

January 7-14, 2022

ה' - י"ב שבט תשפ"ב

Shabbat Bo

שבת בא

New Talmud Torah Opportunities With Bnai Yeshurun's Rabbanim

The original meaning of the word שְׁעוּר (Bereshit 26:12, Mishlei 23:7) was (and still is) "measure." It was not until medieval times that שְׁעוּר came to mean "lesson" or "class" (about Talmud or other religious texts or matters). Perhaps, the connection is that a good שְׁעוּר, an effective teaching/learning experience, requires good שְׁעוּרִים, good measures (duration of class, number of participants, novelty of content, etc.). Several weeks ago, Bnai Yeshurun's rabbanim inaugurated three new shiurim:

- **Gemara B'Iyun Shiur: Masechet Shevi'it** – Rabbi Schrier, Mondays, 9:15 pm
- **Halacha Shiur: Practical Principles of Yoreh De'ah** - Rabbi Zahtz, Tuesdays, 8:15 pm
- **Mussar Vaad: Learning Orchot Tzadikim** – Rabbi Weinberger, Thursdays, 8:15 pm

This brings the total number of weekly Bnai Yeshurun שְׁעוּרִים to over twenty-five, though sheer numbers (sorry about that) are not necessarily an appropriate שְׁעוּר. What is important is that these three new offerings broaden our options to be קובע עיתים לתורה, to designate times and establish a regular routine for Talmud Torah. Early returns indicate three "winning" שְׁעוּרִים, by any

reasonable שְׁעוּר, attracting members who had not previously been availing themselves of CBY learning opportunities. All three shiurim are held at the back of the Beis Medrash and scheduled for forty-five minutes, followed by Maariv. The following information is presented to help you decide which ones you would like to attend.

Using Tractate Shevi'it as his primary source, Rabbi Schrier, is exploring the concept and laws of Shemithah, the Biblical imperative to allow the land to "rest" every seventh year. This year, 5782, is a Shemithah year, making the class timely and immediately actionable. Through careful analysis of both the text of the Mishnah and the commentary of the Rishonim, the classical exegetes who lived from the 11th thru the 15th century, Rabbi Schrier reveals the underlying principles and uncovers fascinating inquiries into the laws of Shemithah.

The shiur is geared for those who have studied Talmud in the past but does not assume attendees have specifically prepared for each session. Copies of critical reference materials are distributed each week; questions and comments are welcomed and attendees are encouraged to be true participants. Even advanced students of the Talmud can benefit from Rabbi Schrier's insightful observations about Talmudic

methodology or about the lives and styles of the commentators.

The focus of Rabbi Zahtz's Tuesday shiur is Yoreh De'ah which encompasses a broad swath of Jewish Law including (but not limited to) forbidden foods, conversion and excommunication, the writing of Torahs and mezuzahs, the laws of mourning, and many laws בן אדם לחבירו, between man and his fellow man. Rabbi Zahtz has chosen to initially study the laws of Kashrut, utilizing Tzurba M'Rabanan to provide the structure and material for this class.

Even those with a less rigorous religious formal education will be comfortable with this text which includes an English translation alongside the original Hebrew, introductory overviews for each major subsection, and occasional in-depth essays. Currently, Rabbi Zahtz is dealing with Basar B'Chalav, the requirement to separate meat and dairy food. Beginning with the original Biblical mitzvot, proceeding through the interpretations and safeguards established by Chazal, and concluding with the rulings of contemporary decisors (poskim), participants develop a more informed and nuanced understanding of normative religious practice.

Continued page 6



Shabbat Times

זמני שבת

Candle Lighting	4:24 pm	הדלקת נרות
Mincha & Kabbalat Shabbat – New Main	4:30 pm	מנחה וקבלת שבת
Mincha & Kabbalat Shabbat – Old Main (masks required)	4:30 pm	מנחה וקבלת שבת
Sephardic Mincha & Kabbalat Shabbat	4:30 pm	מנין עדות מזרח
Tzeis Maariv-Beis Medrash	5:29 pm	מעריב (צאת)
Latest Shema	9:39 am	סוף זמן ק"ש
Hashkama–New Main	7:00 am	השכמה
Hashkama–OM (masks required)	7:00 am	נוסח אשכנז
Sefard–Beis Medrash	8:30 am	נוסח ספרד
Ashkenaz–New Main	9:00 am	נוסח אשכנז
Teen Minyan-1/3 Social Hall	9:00 am	מנין נועד
Sephardic Shacharit	8:45 am	מנין עדות מזרח
Ashkenaz-Old Main	9:15 am	נוסח אשכנז
Youth Groups Nursery-4 th grade at 9:15 am in the Youth Classrooms & Nursery Wing Jr. Congregation (grades 5-6) – SH Stage		
Mommy & Me led by Randi Wartelsky in 2/3 Social Hall	10:00 am	אמא ואני
Minchas Chinuch-Alan Feld after Sefard minyan	10:30 am	שעור מנחת חינוך
Mincha- New Main	12:45 pm	מנחה
Mincha - New Main	1:45 pm	מנחה
Teen learning w/R' Schachter in the Triple Classroom	3:55 pm	שעור לנוער
Sephardic Mincha	4:05 pm	מנין עדות מזרח
Mincha-New Main	4:25 pm	מנחה
Mincha- OM (masks required)	4:25 pm	מנחה
Rabbi Zahtz's shiur, "Furlough or Freedom: Why Ask Paroh To Leave For Only Three Days?" in the New Main following zman mincha		מנחה
Maariv & Shabbat Ends- New Main	5:30 pm	מעריב
Maariv & Shabbat Ends- Old Main (masks required)	5:30 pm	מעריב
Daf Yomi-on Zoom	6:15 pm	דף היומי
Manny Freed z"l Parent Child Learning–BM & OM	6:30 pm	הורים וילדים
Younger Teen Learning- Classroom 6	6:30 pm	שעור לנוער
Next Shabbat Candle Lighting	4:31 pm	הדלקת נרות
Mincha & Kabbalat Shabbat	4:35 pm	מנחה

Living a Complete Life

Message from Rabbi Zahtz



I am excitedly looking forward to spending time with our friends in South Florida this coming week! It should be a wonderful opportunity to catch up and learn Torah together. If you will be in Florida this coming week, please join us. In truth, however, it isn't the only reason I am going to Florida. On Tuesday, I will, with Hashem's help, be running a 10K organized by the organization

Rabbiscanrun.org together with 30 other Rabbis.

To be transparent, I have no running experience. When our Coach reached out to me about running, he asked me, "how much do you currently exercise?" "I don't and haven't for years", was my response. "How far do you think you can run?" "I can get from the kitchen table to my car without a problem!". Notwithstanding my reluctance, together with Michal's prodding, they convinced me that I needed to improve my health and I should give it a try. On October 30th, I ran my first mile, and B"H this past Monday I ran 5 miles! Two runs a week, a little over two months, and I think I am ready for the 10k in Florida (lookout NYC Marathon!).

The reason I share this, is because we (certainly me) sometimes forget that taking care of the body Hashem has gifted us, is part and parcel of our religious life, a point that I believe Moshe needed to teach to Paroh in our פרשה.

In the ongoing negotiations between Moshe and Paroh, Moshe asks Paroh to let the Jewish people out of Egypt. Paroh responds by asking, מי ומי ההולכים, who would you like to take on this journey? Moshe responds בבניהו ובבנותו, we are taking everybody, young and old alike. Paroh refuses, לא כן, לכו נא הגברים ועבדו את ה', no, you don't need everybody, just take the adult males מבקשים, because that's really what you are asking for.

What is the depth of this disagreement between Paroh and Moshe? Why does Paroh insist that only the men are necessary for what you are seeking? Why does Moshe refuse?

Rashi comments that Paroh was arguing, if you are looking to perform ritual עבודה, religious work, the children are not the participants. You only need those who perform the rituals, the adult males. Why are you asking for everyone to leave? Clearly you, Moshe, have other intentions.

Superficially, Paroh's argument is compelling. If they aren't planning on leaving, rather to celebrate with G-d, only those participating are needed. What was Paroh missing?

Moshe understood what Paroh did not. A Torah life is not just about rituals. The Torah encompasses all that we do, and even those who may not be leading formal ritual observances are part and parcel of Jewish religious life. And not just all people, but every sphere of our lives is connected to Torah and part of our larger service of Hashem. Any celebration without the women and children is fundamentally lacking, and Moshe tells Paroh, is therefore unacceptable.

At times we may forget this as well. That davening, chesed, Torah learning and the like are religious activities and part of our religious, spiritual persona is abundantly clear, but sometimes we forget that a well-rounded Torah life involves instilling holiness even in the most mundane of activities.

Continued page 3



Please remember that Rebbetzin Michal Zahtz is available to help with Halachic questions pertaining to Taharat Ha'Mishpacha or other sensitive matters, or for general support and Chizuk. Feel free to text or call her at (917) 822-6188.

Mazal Tov

מזל טוב

- **Michael Goldsmith** on the bar mitzvah of his grandson, Akiva, son of Ariela & Rabbi Steven Goldsmith of Kfar Haroeh, Israel.
- **Suri Kaminetsky** on the birth of a great-granddaughter, a daughter to Nina & Aryeh Kaminetsky.
- **Malkie & Jeffrey Mayer** on the birth of a granddaughter, a daughter to Sharona & Ian Lurie.
- **Jennifer & David Miller** and **Myril & David Zomick** on the birth of a granddaughter and great-granddaughter, a daughter to Nina & Aryeh Kaminetsky.
- **Karen & Rabbi Steven Finkelstein** and **Myril & David Zomick** upon the forthcoming marriage of their son and grandson, Jacob, to Nikki Meir of Lawrence.

Condolences

נחומים

- **Norman Blumenthal** on the loss of his beloved mother, Ilse Blumenthal a”h.
- **Fred Oppenheimer** on the loss of his beloved sister, Ilse Blumenthal a”h.

CBY Notes

- The next Men’s Club Kiddush will be taking place on Shabbat, January 15th. To join as a sponsor please visit www.bnaiyeshurun.org/mens-club.html.

David Frohlich z”l Youth Department

- Save the date, Sunday January 16th for a family Tu B'Shevat Game Night in the CBY Social Halls. Details to follow.
- Join the Middle School Mishna Program WhatsApp group: <https://chat.whatsapp.com/KZkR1VKn05v6KMqFVZkE4A>.
- Calling all CBY Families! Join us for Snow Tubing at Campgaw! Thursday, January 20th. \$19/person. For more info and to sign up visit www.bnaiyeshurun.org/youth.

CBY Teens

- Join Rabbi Schachter 30 minutes before zman mincha for learning in the triple classroom, followed by mincha and seudah shelisheet.
- Zev Halstuch will be learning Masechet Megillah with younger teens at **6:30 pm** on Motzei Shabbat in classroom 6.
- The Teen Cholent Competition will take place on Thursday 2/3 (for making the cholent) from 8:00 pm-10:00 pm. Shabbat 2/5 will be the tasting of the cholent, at a teen minyan luncheon, with the cholents being served at the luncheon. To participate in the competition and the luncheon, please email Rabbi Schachter at rabbischachter@bnaiyeshurun.org.

CBY Chesed

- The CBY Chesed Committee presents the Meal Squad! Join this wonderful group of volunteers who prepare meals to help our fellow CBY community members during lifecycle events. Meal train sign up links will be posted periodically with opportunities. To join the group via WhatsApp, go to: <https://bit.ly/3CNlJ19> To join via email, contact cbychesed@bnaiyeshurun.org

Do you have a child or grandchild serving in the IDF? The Shul is looking to recognize and honor all of our CBY heroes serving *Am Yisrael* and *Eretz Yisrael* in *Tzahal*. If you have a child currently serving, please contact Dave Goldschmidt at 201-836-4029 or dg8364029@aol.com.

Rabbi Zahtz continued from page 2

The mandate of ושמרתם מאד לנפשותיכם, you must watch over your body, has become the center of attention over the past two years as a fundamental element of a religious obligation to stay healthy and avoid disease. Interestingly, it is not only about avoiding, but proactively ensuring our health. Even within the most recent context of COVID, a study from the British Journal of Sports Medicine found that consistent exercise protects people who get COVID from becoming seriously ill! If I can do it, you can too! Consider, adding some exercising into your routine and reap both the physical and spiritual benefits.

Beis Medrash Committee

- Manny Freed z”l Parent Child Learning will take place on Motzei Shabbat at **6:30 pm** in the Beis Medrash & the Old Main Shul.
- Mishna Yomit is learning Masechet B'rachot.

Rabbi Steven Pruzansky will continue his series over Zoom on Monday, January 10 at 7:00 pm. The American Jewish Experience, Part 4: “American Jews & the Culture: Sports, Music, Literature & More” All invited! Sponsored by Becky & Avi Katz I'iluy nishmat Yonah Ben Rav Aryeh Leib. Click here to join: <https://us06web.zoom.us/j/89738807703> Passcode: 636296

641 WEST ENGLEWOOD AVENUE, TEANECK, NJ | WWW.BNAIYESHURUN.ORG | 201-836-8916 | YOUTH@BNAIYESHURUN.ORG

A Message from CBY President, Dr. Steven Becker



I would first like to personally thank all the members for their openness and receptivity of my request two weeks ago for all members to wear masks in shul in the face of what, at the time, was viewed by many of our local physicians as an overwhelming level of community illness. While levels of flu, covid, and seasonal viruses remain high, it was the magnitude of the sudden increase that triggered our concern. The Medical Committee continues to recommend masking when gathering indoors.

In this week's Parsha, as Bnei Yisrael prepares to leave Mitzrayim, Hashem gives us the first of the 613 mitzvot. *Hachodesh Hazeh Lachem Rosh Chadashim* - the mitzvah of establishing a Lunar cycle-based calendar which must be linked to the Solar/agricultural -seasonal cycle. The Rav asks why this mitzvah was chosen to be given first and answers that the mitzvah of establishing a calendar teaches us how we relate to time. The vital lesson is not of time management but time mastery. Recognizing our new national freedom and how the prerequisite for achieving our potential as individuals and as a nation depends on our ability to relate to time with a proper perspective and challenge ourselves to maximize our accomplishments with the time we are given. As a shul it is our season to begin the process of choosing our next slate of shul leaders, which will culminate with our elections in April. Next month the Board of Directors will begin the process with the selection of a Nominations Committee. Baruch Hashem over the last few years we have seen great interest among members about joining the Board of Directors or Executive Committee; please know that this is not the only way, or even the primary way, of getting involved in helping the shul grow and thrive. Please join a committee, bring us a great idea - a new program - help run it - contribute/enhance our wonderful programming lineup. Get involved, it is really what makes the shul great.

This past month we had the opportunity to get together to discuss and constructively debate and work optimistically for our future. That optimism was evident back on November 21st when you overwhelmingly (about 80%) approved the purchase of 669 West Englewood Avenue, a home immediately adjacent to our "campus" that was unexpectedly put up for sale. And that

optimism was again evident at our December 22nd General Membership when you overwhelmingly (again, about 80%) endorsed the proposed funding plan. Thank you for your support. This article is intended to share some of the details with those who were unable to attend the meeting or join us via Zoom.

Ever since our shul's founders purchased a small home at the corner of West Englewood and Jefferson Avenue (in 1958), our lay leaders have had the foresight and *bitachon* to purchase additional adjacent properties when they came on the market. That foresight enabled us to evolve into the great shul we are today. After several years in which we struggled to attract our "fair share" of new young families, the tide appears to be turning. Not only are new families joining Bnai Yeshurun, but there are new, exciting demands for space - a growing 9:15 Shabbos morning minyan, desire for a new Shabbos *minyan* for college and post-college young men and women, growing requests for youth programming and multi-purpose space, etc. It was with that in mind that the membership, as noted above, voted to approve the purchase of 669 West Englewood in November but deferred detailed consideration of funding the purchase until December. Following are the key "takeaways" from our December meeting.

The analysis of how best to fund the purchase of 669 was quite comprehensive. Our shul's financial officers and the Executive Committee discussed all options from raising dues, increasing the prices of high holiday seats, special assessments, a new building fund, selling the property we currently own at 693 West Englewood Ave (housing our Youth Directors), utilizing a portion of the bank balance in our general expense account, refinancing and extending our existing shul mortgages, and renting the newly-purchased property. As you can see, it is a complex question.

As I explained at the meeting, our overarching guidelines were: a) not to impose new economic stress on the membership in these still uncertain times, b) not to compromise the shul's strong financial balance sheet, and c) to maintain maximal flexibility for the future, i.e., not unnecessarily limit options for future expansion. As a result, we decided:

- 1) Not to raise dues at this time even though the shul is seeing the same inflationary pressures (especially utilities) that we all do.
- 2) Not to raise the price of high holiday seats. We felt that would be

especially hard on our younger and larger families and might be a deterrent to attracting new young members.

3) Not to sell 693 at this time. Having that house has been very valuable in being able to attract our youth directors and residence in 693 is a major portion of their compensation. If we utilized the newly purchased house for that purpose, it would very significantly reduce the footprint on our campus available for expansion (especially in light of Township rulings on parking spaces, lot coverage, etc.). Furthermore, the demand for homes in the vicinity of our shul (and in the larger Teaneck-Bergenfield) continues to grow, thereby increasing the market value of 693. Since our investment in 693 is leveraged (i.e., the property is mortgaged) and since we pay no property tax (it being the residence of our youth directors/rabbinic intern) it is a great investment for our future.

4) Carefully assess how much we might decrease our general expense balance. Shul income comes in "bursts" when dues are paid at the start of our fiscal year, when we sell high holiday seats, and when pledges are redeemed from our Yom Kippur Appeal and Gala Kiddush. On the other hand, our expenses are rather flat over the course of the year. Emergency repairs can be required at any time. We need an adequate reserve balance to pay salaries, utilities, mortgages, and normal operating expenses.

5) Restructure and re-negotiate our existing mortgages. It is extremely likely that (because the assessed value of our facility is considerably more than our mortgage debt and mortgage rates have not yet risen significantly despite the predicted inflation) we can renegotiate our existing mortgages and include the purchase price of 669, without materially impacting our annual mortgage payments.

The next step is a detailed mortgage negotiation, which, because of the "season" we're in and the lingering Covid situation, is going somewhat slower than we would like. We hope to continue working with the various banks this week as they return to normal post-holiday work schedules. If all goes as anticipated, we will have purchased a very valuable asset for our future, without materially adding to our annual operating expense and without placing any new financial demands on our members. We will shortly be forming a small team to "brainstorm" for our future site plan and to collect data on current and near-term needs for additional space. I will ask this team to provide a "context" within which we can create and discuss roadmaps so that we can be pro-active rather than just reactive as we move from addressing our present needs to anticipating our future growth.

Continued on page 5

Weekly Davening Schedule

	Sun. Jan. 9	Mon. Jan. 10	Tues. Jan. 11	Wed. Jan. 12	Thu. Jan. 13	Fri. Jan. 14	
	ז' שבט	ח' שבט	ט' שבט	י' שבט	יא' שבט	יב' שבט	
דף היומי	מגילה כ"ח	מגילה כ"ט	מגילה ל'	מגילה ל"א	מגילה ל"ב	מועד קטן ב'	
Shacharit-Old Main- (Masks required)	6:25 am	6:10 am	6:09 am	6:09 am	6:09 am	6:09 am	שחרית
Shacharit-New Main		6:10 am	6:15 am	6:15 am	6:09 am	6:15 am	
Shacharit-Beis Medrash^	6:25 am	6:20 am	6:30 am	6:30 am	6:20 am	6:30 am	
Shacharit-New Main	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	
Shacharit-Beis Medrash^ Slow Paced Minyan	8:00 am Ogden Lower Level	7:15 am	7:15 am	7:15 am	7:15 am	7:15 am	
Shacharit-Old Main	7:30 am	7:20 am	7:30 am	7:30 am	7:20 am	7:30 am	
Shacharit-New Main	8:00 am	8:00 am	8:00 am	8:00 am	8:00 am	8:00 am	
Shacharit-Old Main	8:50 am						
Shacharit-New Main	9:15 am	8:50 am	8:50 am	8:50 am	8:50 am	8:50 am	
Mincha only – Beis Medrash^	12:45 & 1:45 pm	12:45 & 1:45 pm	12:45 & 1:45 pm	12:45 & 1:45 pm	12:45 & 1:45 pm	1:45 pm	מנחה
Zman Mincha-New Main#	4:35 pm	4:35 pm	4:35 pm	4:35 pm	4:35 pm		
Zman Mincha-Old Main# (Masks required)	4:35 pm	4:35 pm	4:35 pm	4:35 pm	4:35 pm		
Maariv only- Old Main	6:00 pm	6:00 pm	6:00 pm	6:00 pm	6:00 pm		מעריב
Maariv only - Old Main	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm		
Maariv only – Old Main	8:00 pm	8:00 pm	8:00 pm	8:00 pm	8:00 pm		
Maariv only – Old Main	9:00 pm	9:00 pm	9:00 pm	9:00 pm	9:00 pm		
Maariv only – Beis Medrash^	10:01 pm	10:01 pm	10:01 pm	10:01 pm	10:01 pm		
Maariv only – Beis Medrash^	11:00 pm	11:00 pm	11:00 pm	11:00 pm	11:00 pm		

#שמע should be repeated after 5:30 pm.

^The CBY Internet Minyan can be accessed by clicking [HERE](#). It is sponsored by Bibi, Dov, Kelly, Liz & Abby Pavel in memory of Bibi's mother Miriam bat Betzalel Yehuda. All minyanim scheduled to take place in the *Beis Medrash*, as listed above, will be broadcast.

CBY Presidential Message, continued from page 4

Thanks again to all who attended our meeting and to each and every one of you who approached me with concerns and/or recommendations. At the State-of-the-Shul Meeting, we also had the opportunity to hear from Elliot Kolb, chairman of our House Committee. He gave a brief overview of the many (mostly small) capital improvements and maintenance actions completed in recent months. Eli also talked about additional near-term projects, including the repair and upgrading of our women's restrooms



and the replacement of several external doors that have deteriorated over the years. Special thanks to Eli and the House Committee for their expertise and commitment to maintaining and enhancing our *mikdash mi'at*.



I'll also take this opportunity to thank Miriam Tenenbaum, Aviva Weinberger, and the Welcoming Committee for the very enjoyable December Mixology Event. It was particularly nice to see the strong member interest (registration capacity exceeded within 1 week of the

announcement) and vigorous participation of so many of our younger



members. We urge and welcome their participation in all Bnai Yeshurun events and activities and as always, I urge anyone to contact members of the Executive Committee, any of our *rabbanim* or simply call the shul office with suggestions and ideas about how to best to meet the needs and expectations of all families. Together may we be *zoche* to witness the *Geulah Shelaymah Bimharah Biyameinu*.

WEEKLY LEARNING OPPORTUNITIES JANUARY 9-14, 2022		
Sunday at 7:00 am, M-F at 5:30 am	Daf Yomi with rotating magidei shiur	Beis Medrash and on Zoom Motzei Shabbat https://us06web.zoom.us/j/99037398916 Live online at www.bnaiyeshurun.org/internet-minyan.html Recording available at link for 1-week post-shiur
Sunday 9:30-10:00 am	Gemara shiur w/ R' Frank Breslau & Dr. Joseph Bench	https://zoom.us/j/98188165600 Passcode cby
Sunday–Thursday at 8:15 pm	Mishna B'rurah Chavurah with Ari Wartelsky	Old Main & https://zoom.us/j/611771378 Password: cby
Monday at 8:15pm	Parsha shiur with Rav Meir Goldwicht	Zoom Link: https://us02web.zoom.us/j/98032436809 Passcode: YIW2021
Monday at 9:15 pm	Gemara B'Iyun Masechet Shveviit with Rabbi Elliot Schrier	Back of the Beis Medrash
Tuesday, Wednesday, Friday at 6:20 am	Yitzchak Yaakov Kollel Boker with Rabbi Zvi Sobolofsky	In person in the Social Hall and on Zoom at https://us02web.zoom.us/j/9658958942
Tuesday at 9:15 pm	Mesilat Yesharim with Rabbi Elliot Schrier	Back of Beis Medrash
Tuesday, Wednesday, Friday at 6:20 am	Yitzchak Yaakov Kollel Boker with Rabbi Zvi Sobolofsky	In person in the Social Hall and on Zoom at https://us02web.zoom.us/j/9658958942
Wednesday at 1:30 pm	Senior "Lunch" & Learn with Rabbi Michael Taubes	https://yeshiva-university.zoom.us/j/93287566078 Password: YSH
Wednesday at 9:15 pm	Halacha Shiur with Rabbi Zvi Sobolofsky	In the Old Main and on Zoom at https://us02web.zoom.us/j/9658958942
Thursday at 8:15 pm	Mussar Vaad: Orchos Tzadikim with Rabbi Yosef Weinberger	Back of the Beis Medrash
Thursday at 9:35 pm	Parsha & Halacha with Rabbi Michael Taubes	https://yeshiva-university.zoom.us/j/93287566078 Password: YSH
Tuesday, Wednesday, Friday at 6:20 am	Yitzchak Yaakov Kollel Boker with Rabbi Zvi Sobolofsky	In person in the Social Hall and on Zoom at https://us02web.zoom.us/j/9658958942
Friday at 8:30 am	Minchas Chinuch with Eli Weber	https://zoom.us/j/156897284 Password: cby
	Shiurim WhatsApp Group from Rabbi Elliot Schrier	Sign up Here or use the QR code 
	Chizzuk WhatsApp Group from Rabbi Ari Zahtz	Sign up Here
	WhatsApp Group – Myth-busters in Halacha with Rabbi Yosef Weinberger	Sign up Here
	Short Vort WhatsApp Group - Inyanei D'Yoma from Rabbi Steven Pruzansky	Sign up Here

New Shiurim, continued from page 1

And then there are Thursday evenings. Many of our congregants, especially those who studied at American *yeshivot* in the second half of the 20th century, have had limited formal exposure to the classic texts that focus on spiritual and ethical development, and which fall under the rubric of *mussar*. Comes Rabbi Weinberger to the rescue.

Using *Orchot Tzadikim* as a springboard, Rabbi Weinberger analyzes how to improve one's character and exercise balance in one's life. *Orchot Tzadikim*, originally named *Sefer Ha-Middot* by the anonymous author, is a book of Jewish ethical teachings. Written in Germany in the Middle Ages, it follows the structure of תקון מדות הנפש, *The Improvement of the Moral Qualities*, by Solomon ibn Gabirol and adds teachings from the Rambam and others. Rabbi Weinberger brings copies of relevant excerpts from the text to each session.



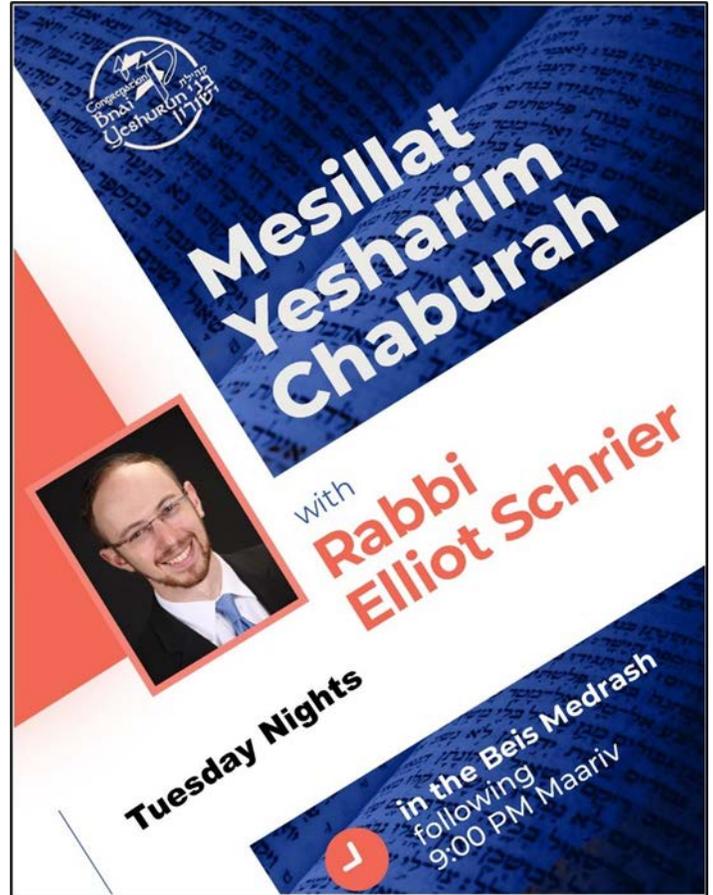
The *Vaad Mussar* is not intended to criticize or admonish attendees. In a recent session examining how we might bring more happiness, equanimity, and acceptance to our lives, Rabbi Weinberger paused several times, thoughtfully interjecting, "Easier said than done." After treating a specific issue, Rabbi Weinberger often adds an anecdote about one of our *gedolim* who exemplified the desired behavior. Occasionally, he shares his personal everyday challenges in the realm of spiritual and ethical growth.

Now, if it's not *Shabbat* and depending on your age, go to either your iPhone or "At-a-Glance" calendars and schedule yourself for a trial run for one or more of these new *shiurim*. Full disclosure: they can be habit-forming. It will be far more satisfying than sitting on the couch with the remote control, complaining, "There's nothing to watch." There is something to watch: your fellow בעלי בתים (*Baal Habatim*) coming together to take their places in receiving and transmitting our *mesorah*. ונודה לך שיעור חודש .

CONGREGATION BNAI YESHURUN PRESENTS:

<p>GEMARA B'IYUN SHIUR MASECHET SHEVIIT</p>	
<p>with Rabbi Elliot Schrier</p>	<p>MONDAY NIGHTS AT 9:15 PM</p> <hr/> <p>BACK OF THE BEIS MEDRASH</p>

641 W. Englewood Ave. | Teaneck, NJ | www.bnaiyeshurun.org | 201-836-8916



**Mesillat
Yesharim
Chaburah**

with **Rabbi
Elliot Schrier**

Tuesday Nights

in the Beis Medrash
following
9:00 PM Maariv

CONGREGATION BNAI YESHURUN PRESENTS:

<p>MUSSAR VAAD: Learning Orchos Tzadikim</p>	
<p>with Rabbi Yosef Weinberger</p>	<p>Thursday nights at 8:15 pm</p> <hr/> <p>Back of the Beis Medrash</p>

641 W. Englewood Ave. | Teaneck, NJ | www.bnaiyeshurun.org | 201-836-8916

The Beis Medrash Committee Presents



**Yitzchak
Yaakov
Koller Boker**

with **Rabbi Zvi
Sobolofsky**

Rosh Yeshiva, Yeshiva University
and World Renowned Torah Educator

6:20 am

**Tuesday, Wednesday,
& Friday Mornings**

CBY Social Hall

START YOUR DAY
with a
COMMITMENT
to
TALMUD TORAH
and
CHANGE YOUR WEEK

641 WEST ENGLEWOOD AVENUE, TEANECK, NJ | WWW.BNAIYESHURUN.ORG | 201-836-8916



Florida Lunch & Learn



WITH RABBI ARI ZAHTZ

Wednesday, January 12, 2022
12:00 PM
Outdoors at
The Lounge @ Oak & Ember

Men & Women are invited to join Rabbi Zahtz for some Torah from Teaneck while also enjoying a dairy buffet lunch from Carmela's

Program is free of charge for CBY members, but registration is required.
To register, or join as a co-sponsor please visit
www.bnaiyeshurun.org/events

www.bnaiyeshurun.org | office@bnaiyeshurun.org | 201.836.8916

A HALLMARK OF THE CBY EXPERIENCE,
JOIN YOUR FELLOW MEMBERS FOR CAMARADERIE AND DELICIOUS FOOD

5782 MEN'S CLUB KIDDUSHIM

Join the Amudei Kiddush and Sponsor 7 Kiddushim for the Discounted Rate of \$360

JOIN AS A SINGLE KIDDUSH SPONSOR \$99

NOVEMBER 20, 2021 Men's Club Kiddush	DECEMBER 11, 2021 Men's Club Kiddush	JANUARY 15, 2022 Men's Club Kiddush	FEBRUARY 12, 2022 Men's Club Kiddush	MARCH 12, 2022 Men's Club Kiddush
APRIL 9, 2022 Gala Kiddush Luncheon	MAY 7, 2022 IDF Kiddush	JUNE 18, 2022 Men's Club Graduation Kiddush	JULY 16, 2022 Men's Club Kiddush	

GET INVOLVED! VOLUNTEER TO JOIN THE MEN'S CLUB AND HELP COORDINATE THESE AMAZING EVENTS FOR YOUR FELLOW MEMBERS

FOR MORE INFORMATION CONTACT THE SHUL OFFICE

Beis Medrash Presents:
Shiurim with Rabbi Michael Taubes

Wednesdays at 1:30 pm on Zoom: Senior "Lunch" & Learn
Thursdays at 9:35 pm on Zoom: Parsha & Halacha Shiur

Zoom link for both shiurim is:
<https://yeshiva-university.zoom.us/j/93287566078>
Password: YSH

Source sheets are emailed weekly in advance of the shiurim.

To sponsor please contact the Bnai Yeshurun office at office@bnaiyeshurun.org or 201-836-8919

641 W. Englewood Ave. Teaneck, NJ | www.bnaiyeshurun.org | 201-836-8916



Bo in “Hashtag” Form

- Last week we learned about the first 7 makkot in Mitzrayim. This week, Hashem will unleash the final three- it's #TheFinalCountDown #Dudududuuu.
- Even after Pharaoh's advisors begged him to let all of Bnei Yisroel go, including the children, Pharaoh stubbornly said no, #BigMistake. Therefore, Hashem sent locusts upon Mitzrayim- #IsThatYouBuzzin?
- This was followed by the scary plague of Choshech, when all Egyptian homes were covered in dense darkness. Pharaoh then agreed to let Bnei Yisroel go on condition that they leave their animals behind. Moshe replied, #NoWay #KulanuNelech. Pharaoh then angrily said: “Get out of here! You better never see my face again...” Moshe, with a #TwinkleInHisEye, looked at Pharaoh and responded, “you are correct- you will never see my face again.” #Boom #DropTheMic #PutSomeAloeOnThatBurn.
- Hashem tells Moshe that He will send one more Makkah onto Mitzrayim, forcing Pharaoh to finally kick Bnei Yisroel out. Hashem then tells Moshe to ask Bnei Yisroel to borrow silver and gold from the Mitzrim, #LeavinInStyle #ArmaniExodus.
- Before Moshe left Pharaoh, Moshe told Pharaoh about the upcoming Makkat Bechorot. We then receive our first mitzvah as a nation, the mitzvah of creating and maintaining a calendar #TrueFreedom #UseYourTimeWisely #Seforno. We then learn about the mitzvot relating to the Korban Pesach- #LambChops #DeliciousDeity #PassOverTheShwarma #DontBreakTheBones #YallBePrinces&Princesses
- Makkat Bechorot finally happened, Pharaoh all but forced Bnei Yisroel to leave, along with their valuables, matzot, and the like- #GetOutaHere #NervousWreck #HeHadItComing.
- Bnei Yisroel were blessed with a number of additional mitzvot: Kedushat Bechor, #TheyBeMine. Matzah, #Fiber1? #FiberNone. Sippur Yetziat Mitzrayim, #StoryTelling #IsItTimeForShachritYet? Korban Bechor & Pidyon HaBen, #BuyEmBack. and Tefillin #MindOverMatter.

CBY YOUTH BO SEARCH! 🧐 😞 🤔



P J J L Y T U B X P U D P A P
 O Q B F G X E Z J Z J O F C P
 P O T U L D C F L K E N L B I
 F S N Z P H F T F V Z K D P D
 F I R S T B O R N I E E A H Y
 M S K S H E E P D C L Y R A O
 R O S H C H O D E S H I K R N
 A T B M H K A J N D Z L N O H
 R D R O I A Z M I R A O E A A
 P M V E G T G X A Y G C S H B
 E A L I A R Z G L S H U S D E
 S T O B S S S V A L I S G D N
 A Z O N X O U H A D U T G Y Q
 C A N U Q T R R Z H A S H Y U
 H H F W H Z O S E M L H P Y Z

Pidyon HaBen	Rosh Chodesh	Darkness	Treasure
Tefillin	Advisors	Haggadah	Firstborn
Mitzvah	Sheep	Pharaoh	Locusts
Donkey	Denial	Pesach	Matzah

A Mini-Vort from the Szafranski Table to Yours!



שבעת ימים מצות תאכלו אך ביום הראשון תשביתו שאר מבתים...

Seven days you shall eat matzah; on the very first day you shall remove chametz from your houses...

On the one hand, we are commanded to eat matzah, which is made out of chametz ingredients. On the other hand, we are commanded to remove all traces of chametz from our homes! Why does HaShem command us to eat matzah? Wouldn't it have been easier for HaShem to ask us to avoid all forms of chametz over Pesach, including matzah? Why complicate things?!

The Kotzker Rebbe teaches that it's not difficult to avoid chametz when we remove chametz entirely from our homes. The primary part of our service of HaShem is to serve HaShem when it's difficult; to guard ourselves from chametz even while being commanded eat something that's so close to being chametz (Emes v'Emunah, Amshinov, #772).

MOTZEI SHABBAT
MANNY FREED Z"l

PARENT CHILD LEARNING

6:30 PM

NOW IN THE
BEIS MEDRASH
AND
OLD MAIN
SHUL

EXCITING TORAH! DELICIOUS PIZZA AND SNACKS! AWESOME PRIZES!

FOR MORE INFORMATION OR TO SPONSOR PLEASE VISIT WWW.BNAIYESHURUN.ORG/PCL

JUST ONE MISHNA #J1M

ALL MIDDLE SCHOOL YOUTH ARE INVITED TO

LEARN MISHNAYOT
Mesechet Brachot

WITH RABBI YEHOShUA SZAfrANSKI

KICKOFF EVENT DURING YOUTH GROUPS ON
SHABBAT, DECEMBER 18, 2021



JOIN THE WHATSAPP GROUP FOR A
DAILY BRIEF AND EXCITING VIDEO EXPLANATION

INCREDIBLE AND GESHMAK SIYUM UPON
COMPLETION, FOR ALL PARTICIPATING YOUTH!



YOUTH Department
OF CONGREGATION BNAI YESHURUN

SIGN UP AT BNAIYESHURUN.ORG/YOUTH

641 WEST ENGLEWOOD AVENUE, TEANECK, NJ | WWW.BNAIYESHURUN.ORG | 201-836-8916 | YOUTH@BNAIYESHURUN.ORG

**STIMULATING PROGRAM
INITIATIVE FOR RETIREES
THAT INSPIRES THOUGHT**




Tuesday, January 11, at 12:00 pm (*Please note the time change for this week ONLY.) Tu B'Shvat: Holiday of the Resurrection of the Dead Trees go through a dormant stage and seem to die, but then they are resurrected on Tu B'shvat. Presented by: Rabbi Edward Davis, Rabbi Emeritus, Young Israel of Hollywood/Ft. Lauderdale. Click [HERE](#) to register for the program.

Contact Us

Rabbi Elliot Schrier, Rabbi
rabbischrier@bnaiyeshurun.org

Rabbi Ari Zahtz, Associate Rabbi
rabbizahtz@bnaiyeshurun.org

Rabbi Yosef Weinberger, Assistant Rabbi
rabbibeinberger@bnaiyeshurun.org

Rabbi Yehoshua Szafranski, Rabbinic Intern
Rabbi Steven Pruzansky, Rabbi Emeritus
Elysia Stein, Executive Director office@bnaiyeshurun.org
Rivka and Yehoshua Szafranski, Youth Directors
youth@bnaiyeshurun.org

Rabbi Jonathan Schachter, Teen Programming
rabbischachter@bnaiyeshurun.org
Executive Committee executivecommittee@bnaiyeshurun.org
Steven Becker, President president@bnaiyeshurun.org
Ronnie Stern, First Vice President
Doron Katz, Second Vice President
Chaya Schwartz, Third Vice President
Avram Holzer, Treasurer
Neil Friedman, Assistant Treasurer
Sari Sheinfeld, Secretary
Chaim Kiss, Gabbai Rishon gabbai@bnaiyeshurun.org



Congregation Bnai Yeshurun Community Announcements

January 7-14, 2022

ה' - י"ב שבט תשפ"ב

Shabbat Bo

שבת בא

- Teaneck Mikvah usage by appointment only. Please click [here](#) to book your appointment. The appointment system closes daily 1.5 hours before opening.
- The Teaneck Keylim Mikvah is open for self-service for the hours of 7:00 am - 4:30 pm Sunday through Thursday & 7:00 am - 3:30 pm on Friday.
- Please sign up to learn Mishnayot in memory of our member, **Mrs. Ilse Blumenthal** a"h, beloved mother of Norman and David Blumenthal and sister of Fred Oppenheimer. Click on the following link to join: https://docs.google.com/spreadsheets/d/1T_njcXOYVu9mCIdlVvZVwuVEuCbInZxQI_3A84DC0as/edit?usp=drivesdk
- The Teaneck Bat Mitzvah Dress Gemach is in desperate need of dress donations. We serve hundreds of girls in the Metro NY/NJ area. Please consider donating your daughters dress (in good condition, stain free) to the Gemach. We are affiliated with project Ezra. Dresses can be left on the porch at 741 Winthrop Rd, Teaneck. Questions? email: bmdressgmach@gmail.com
- Feldenkrais Awareness Through Movement lessons taught by Joyce Bendavid OTR GCFP, for improving posture, coordination & general wellness. The 1 hour zoom class takes place while lying on the floor or sitting in a chair. Classes Monday – Friday, 11:30 am -12:30 pm. The guided lesson is easy to follow & open to all with no charge. Questions or to confirm schedule JBendavidOTR@gmail.com 201-759-4222. <https://us02web.zoom.us/j/5864270795> Meeting ID: 586 427 0795 Passcode: 337785.
- Areyvut invites you to download our 2022 A Kindness a Day Calendar for free to your calendar at <https://bit.ly/AKAD22>. The Calendar offers a daily action item to infuse your life with active kindness.
- My Extended Family provides programs & support to children from single-parent homes including Weekly Club Meetings with Big Brother/Big Sisters, Delicious Dinners, Homework Help, Hands-On Activities/Special Programs, Seasonal Trips, Family Events, Yom Tov Assistance, Parenting Workshops. Enroll at: www.myef.org.
- Learning Opportunity for Women -Would you like to learn the laws of lashon hara & forbidden speech as taught by the Chofetz Chaim? Class would be on Wednesdays at 3:00 pm & last approximately 30-45 minutes. Please email, Rhonda Roth at myclosebuds@gmail.com. The class is at my home in Teaneck. There is no charge.
- A new chesed initiative has recently started by **Eitan & Elad Shushan**, called FreeDialysisRides; they offer rides to dialysis patients & they need more drivers. For those available to drive please email Freedialysisrides@gmail.com or sign up [HERE](#).
- The Beit Midrash of Teaneck, located at JCT/Heichal HaTorah, 70 Sterling Place, Teaneck, welcomes the community, both men & women, to our weekly Tuesday shiurim on Parsha & Jewish History. In addition, all men who wish to participate in BMT's Monday & Wednesday programming may send an email to BMTeaneck@gmail.com.
- Yeshivat Shalsholet invites prospective Bergen County parents are invited to an informational meeting on January 16th. For time & location, please RSVP at info@yeshivatshalsholet.org. Opening in September 2022 with grades 2-5, Yeshivat Shalsholet is a yeshiva day school located in Bergen County, NJ, serving students with language-based learning differences.
- Winter Family Fun Day! Join The Project Ezra Young Leadership Council on January 9th from 9:00 am to 12:00 pm for a fun morning at Urban Air! Pay what you wish, but registration is required at Ezrah.org. Open to the entire community!
- Join us at TABC's 38th Annual Dinner featuring comedian MODI, which will take place on January 10th, 7:30 pm @ TABC. The Annual Dinner campaign exclusively supports the Bruce Ritholtz z"l Scholarship Fund. Each gift, regardless of amount, is appreciated & will assist us in reaching our goal! Donate today at www.tabc.org/dinner2022 or email Sharon Rifkind with any questions (Sharon.Rifkind@tabc.org).
- The RYNJ 84th Annual Dinner will take place on Monday, February 28th at 6:30pm at Keter Torah in Teaneck, NJ. Please join us as we pay tribute to our very distinguished Guests of Honor, Nomi and Yechiel Rotblat, and our beloved Educator of the Year, Rabbi Chaim Block. To RSVP or to make a donation visit RYNJ.org/dinner.
- 50th Annual Frisch Dinner – Celebrating 50 years of Yeshivat Frisch. Guests of Honor: **Arianne & Moshe Weinberger**. Paying tribute to the life and legacy of Alfred Frisch z"l. And recognizing our alumni faculty members. February 5th at 8:00 pm. www.frischdinner.com.
- Application for the Wiesenthal Government Advocacy Internship Program for the Summer of 2022 is now open. This unique program, entering its 7th year has trained over 100 college age students on how to become effective & impactful advocates & activists on the critical issues that our collective community is facing such as the rise of anti-Semitism. The program provides a \$1,500 stipend & many program participants are able to get college credits as well. The program has grown so much that we are now launching an alumni association bringing together the network of program graduates from each of the first six cohorts! Any questions, contact MCohen@Wiesenthal.com. To apply visit: Wiesenthal.com/internship.

January 2022 Congregation Bnai Yeshurun קהילת בני ישורון שבט - שבט תשפ"ב

Sunday Monday Tuesday Wednesday Thursday Friday Shabbos



Day	Time	Activity	Date
Shabbos	1:45 - 4:15 PM	Mincha: 1:45 & 4:15 PM	Daf. Megillah 20
	5:23 PM	Maariv: 5:23 PM	
Friday	1:45 & 4:25 PM	Mincha: 1:45 & 4:25 PM	Daf. 27
	5:30 PM	Maariv: 5:30 PM	
Thursday	6:10 AM	First Shacharit: 6:10 AM	Daf. 26
	3:45 PM	Plag: 3:45 PM	
Wednesday	6:10 AM	First Shacharit: 6:10 AM	Daf. 25
	6:09 AM	First Shacharit: 6:09 AM	Daf. 24
Tuesday	6:10 AM	First Shacharit: 6:10 AM	Daf. 23
	6:09 AM	First Shacharit: 6:09 AM	Daf. 22
Monday	6:10 AM	First Shacharit: 6:10 AM	Daf. 21
	6:10 AM	First Shacharit: 6:10 AM	Daf. 20
Sunday	6:22 AM	Earliest Tefillin	Daf. 19
	9:40 AM	Latest Shma	Daf. 18
Saturday	4:30 PM	Mincha	Daf. 17
	4:35 PM	Mincha	Daf. 16
Friday	6:22 AM	Earliest Tefillin	Daf. 15
	9:41 AM	Latest Shma	Daf. 14
Thursday	12:27 PM	Mincha Gdola	Daf. 13
	4:35 PM	Mincha	Daf. 12
Wednesday	6:20 AM	Earliest Tefillin	Daf. 11
	9:41 AM	Latest Shma	Daf. 10
Tuesday	12:31 PM	Mincha Gdola	Daf. 9
	4:45 PM	Mincha	Daf. 8
Monday	6:17 AM	Earliest Tefillin	Daf. 7
	9:41 AM	Latest Shma	Daf. 6
Sunday	12:33 PM	Mincha Gdola	Daf. 5
	4:50 PM	Mincha	Daf. 4
Saturday	6:12 AM	Earliest Tefillin	Daf. 3
	9:38 AM	Latest Shma	Daf. 2
Friday	12:35 PM	Mincha Gdola	Daf. 1
	5:00 PM	Mincha	Daf. 0

* For up-to-date minyan information, please visit www.bnaiyeshurun.org *

Maariv Only (Sunday - Thursday): 6:00 PM / 7:00 PM / 8:00 PM / 9:00 PM / 10:01 PM / 11:00 PM