Congregation Bnai Yeshurun
Weekly Shabbat Announcements

September 30-Octobr 7, 2022

Shabbat Vayelech/Shuva
Yom Kippur 5783

ה'-י"ב תשרי תשפ"ג
שבת וילך/שבת שובה
יום כפור תשפ"ג

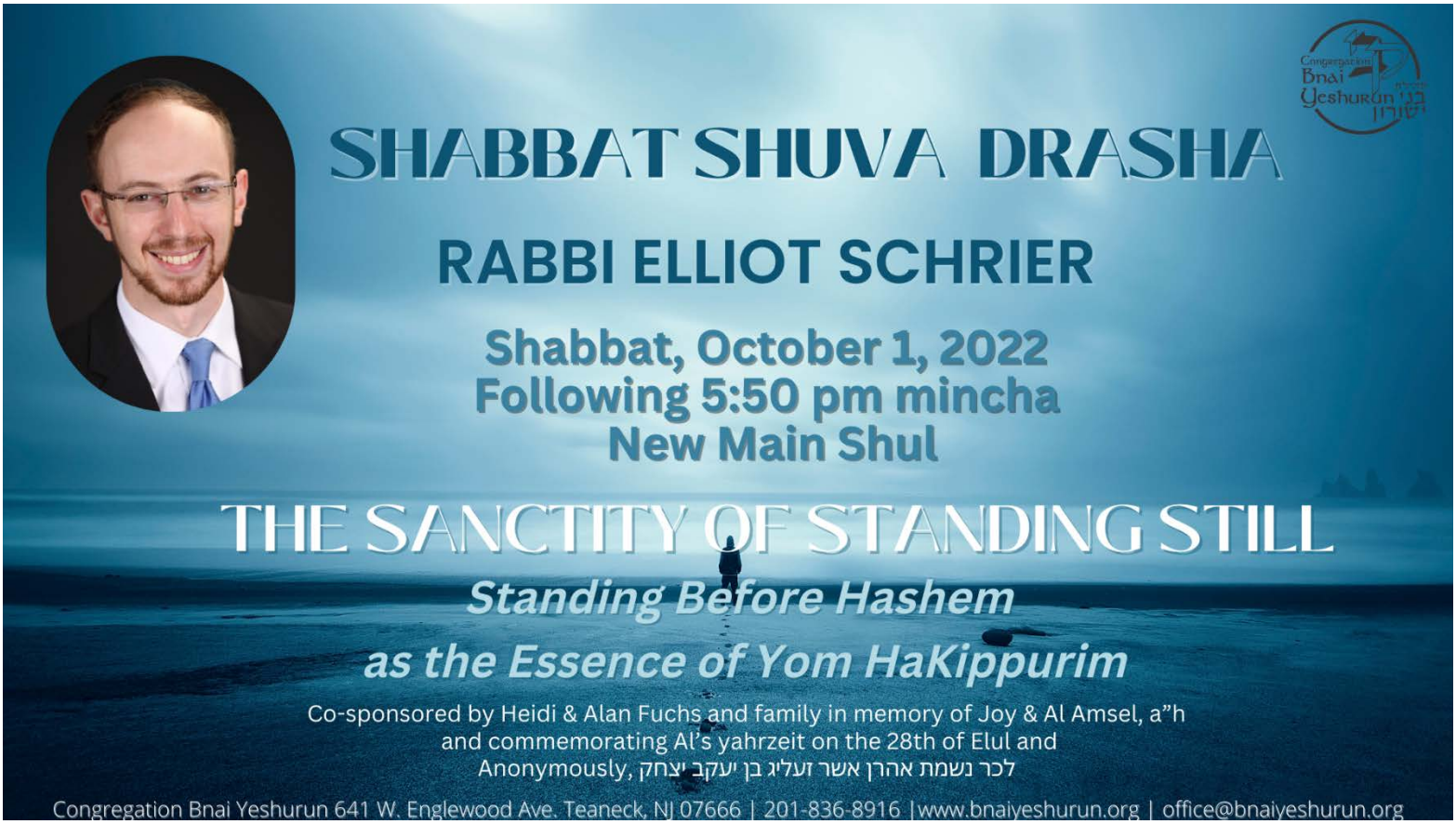
CELEBRATE CHOL HAMOED AT CBY'S BLOCK PARTY

The children are home from school, family is visiting from out of town, and the *chagim* are in full swing. If you are looking for the best way to celebrate, come join the fun at CBY's Block Party scheduled to take place on Wednesday, October 12 from 4:30-6:30 pm on Jefferson Street.

The committee (Ariella Glaser, Sarah Guttmann, Miriam Kopel, Sari Sheinfeld and Rivka Szafranski) are building on the success of last year's event which was part of the "Welcome Schrier Family" festivities. There will be inflatables for children of all ages, ax throwing and football toss, and a DJ will keep things lively. Lots of prizes will be distributed, and attendees can create lasting memories of the day in the photo booth. And, of course, there will be food! Concessions will distribute popcorn, cotton candy, and other delectable treats, and a dairy dinner will be served in the CBY Sukkah (included in the admission fee).

As you can imagine; this type of undertaking requires a lot of advance planning as well as many "hands on deck" at the event itself. CBY Youth Educators will be facilitating the activities, and volunteers will staff the stations. If you are available to help, please contact the Shul office.

The Block Party is an opportunity to meet old friends and greet newcomers. Don't miss this chance to celebrate our Shul and Community. To register or sponsor, please go to www.bnaiyeshurun.org/block-party or contact the Shul office. Advance sign up is $36/family; entrance fee at the door is $45/family. Sponsorships are available: $72/$100/$180.



Shabbat Times זמני שבת

Candle Lighting	6:19 pm	הדלקת נרות	ערב שבת
Mincha & Kabbalat Shabbat-*NM*	6:25 am	מנחה וקבלת שבת	
Mincha & Kabbalat Shabbat-*OM (masks required)*	6:25 am	מנחה וקבלת שבת	
Sephardic Mincha	6:25 am	מנחה עדות מזרח	
Latest *Shema*	9:48 am	סוף זמן ק"ש	שבת קודש
Hashkama-*NM*	7:00 am	השכמה	
Hashkama-*OM (masks required)*	7:00 am	השכמה	
Sefard–*Beis Medrash*	8:30 am	נוסח ספרד	
Ashkenaz–*New Main*	9:00 am	נוסח אשכנז	
Ashkenaz–*Old Main*	9:15 am	נוסח אשכנז	
Sephardic–*Ogden Building*	9:00 am	מנין עדות מזרח	
Teen Minyan–*Social Hall*	9:00 am	מנין נוער	
Jr. Congregation–*SH Stage*	9:15 am	מנין לכתות ה' וו'	
Youth Groups Nursery–4th grade at 9:15 am in the Youth Classrooms & Nursery Wing			
Mommy & Me led by Randi Wartelsky-*2/3 Social Hall*	10:15 am	אמהות ותינוקות	
Minchas Chinuch -Alan Fuchs after Nusach Sefard minyan	10:30 am	מנחת חינוך	
Mincha-*New Main*	1:45 pm	מנחה	שבת קודש
Manny Freed z"l Parent Child Learning-*BM & OM*	4:45 pm	הורים וילדים	
Daf Yomi	4:50 pm	דף היומי	
Sephardic Mincha	5:30 pm	מנחה עדות מזרח	
Mincha -*OM (masks required)*	5:50 pm	מנחה	
Mincha-*NM*	5:50 pm	מנחה	
R' Schrier's Shabbat Shuva Drasha-*Standing Before Hashem as the Essence of Yom HaKippurim* in the New Main following mincha			
Maariv & Shabbat Ends -*NM*	7:22 pm	מעריב	
Maariv & Shabbat Ends-*OM (masks required)*	7:22 pm	מעריב	
Next Shabbat Candles	6:08 pm	הדלקת נרות	
Mincha	6:15 pm	מנחה	

Rena & Rabbi Elliot Schrier, Michal & Rabbi Ari Zahtz, Aviva & Rabbi Yosef Weinberger, Elysia & Marc Stein, Maren & Robbie Scharf, the Executive Committee, Board of Directors & CBY Staff wish everyone a

גמר חתימה טובה!

Yom Kippur Schedule

EREV YOM KIPPUR, Tuesday, October 4th

Mincha-*New Main*-1:30, 2:00, 2:30, 3:00, 3:30, 4:00, 4:30 pm		
Mincha-*Old Main-masks required*	2:30 pm	מנחה
Sephardic Mincha	3:00 pm	מנחה עדות מזרח
Candle Lighting	6:12 pm	הדלקת נרות
Kol Nidrei (all locations)	6:20 pm	כל נדרי

YOM KIPPUR, Wednesday, October 5th

Latest *Shema*	9:50 am	סוף זמן ק"ש
Shacharit (all locations)	8:30 am	שחרית
Sephardic–*Ogden Building*	8:00 am	נוסח עדות מזרח
Yizkor approximately 11:30 am		

Sephardic Mincha	3:15 pm	מנחה עדות מזרח
Daf Yomi-R' Zahtz	3:50 pm	דף היומי
Shiur	4:20 pm	שעור
Mincha (all locations)	4:50 pm	מנחה
Ne'ila (all locations)	6:00 pm	נעילה
Sephardic Maariv & Shofar	7:08 pm	ערבית עדות מזרח
Maariv & Fast Ends	7:16 pm	מעריב וסוף התענית

Important Information Regarding Youth Babysitting

YOM KIPPUR NIGHT:
6:15 pm through the end of Maariv ~ Supervised free play (assorted games will be available)

YOM KIPPUR DAY:
9:30 am– Babysitting begins; Babysitting ends with the conclusion of the New Main minyan.
4:45 pm through the end of the fast ~ Supervised free play (assorted games will be available)

PARENTAL PRESENCE:
A child is only permitted to participate in youth groups if the child's designated parent/guardian is present in the building. If the designated guardian must leave the campus, the children must be taken with them as well.

BRING YOUR OWN LUNCH:
While snacks, treats, and drinks (water/juice) will be provided, parents must provide and pack non-perishable (we will not be able to provide refrigeration), nut-free, LABELED lunch for each group's participant.

If you have any questions or concerns, please do not hesitate to contact us at youth@bnaiyeshurun.org

Simchat Torah is right around the corner!
Sponsor the Simchat Torah Kiddush on October 18th.
Celebrate a special milestone or commemorate at yahrzeit.
To sponsor ($180) please go to www.bnaiyeshurun.org/holidays.

Special Events אירועים מיוחדים

- Rabbi Schrier's Shabbat Shuva Drasha after 5:50 pm mincha in the New Main.

Mazal Tov מזל טוב

- **Sorah & Howard Birnbaum** on the birth of a granddaughter, a daughter to Casey & Alan Birnbaum.
- **Rachel & Avi Hochstein** on the bar mitzvah of their grandson, Yonah, son of Tamar & David Hochstein.
- **Naomi & Marc Knoller** on the birth of a grandson, a son to Rachel & Shmuel Knoller in Israel.
- **Alisa & Stephen Levy** on the birth of a granddaughter, a daughter to Danielle & Jacob Levy.
- **Dahlia & Michael Rosen** and **Judy Rosen** on the birth of a grandson and great-grandson, a son to Avital & Tyler Hod.
- **David Savetsky,** on the engagement of his grandson, Shaya Savetsky, son of Yehudis & Yerachmiel, to Perel Schwartz.

CBY Notes

- It's not too late to join the Kol Nidrei Appeal 5783. Please give generously to support CBY. Donations may be made online at www.bnaiyeshurun.org/kolnidrei.
- Shabbat, October 1st Rabbi Schrier will deliver the Shabbat Shuva Drasha; *The Sanctity of Standing Still: Standing Before Hashem as the Essence of Yom HaKippurim*; co-sponsored by Heidi & Alan Fuchs and family in memory of Joy & Al Amsel, a"h and commemorating Al's yahrzeit on the 28th of Elul, and Anonymously לכר נשמת אהרן אשר זעליג בן יעקב יצחק. See flyer on page 1.
- BNOT in conjunction with the other local shul sisterhoods presents a lecture with Michal Horowitz on Sunday, October 2nd at 8:00 pm in the Old Main Shul. See flyer on page 4 for details.
- Lulav & Etrog pick up is on Thursday, October 6th, in the Social Hall. Please remember to come during your pre-selected pick up time.
- Save the date for the CBY Block Party on Wednesday, October 12th. Register at www.bnaiyeshurun.org/block-party. See cover article.

Beis Medrash Committee

- Manny Freed z"l Parent Child Learning every Shabbat at 4:45 pm. Thank you to our Spring/Summer sponsors, Rebecca & Sandy Fischman, with thanks to everyone who makes Parent Child Learning great, and the Sheinfeld Family, for a continued Refuah Shelaimah of Etai Yaakov Ben Tzippora.
- The CBY Beis Medrash is proud to offer a new exciting addition to Shabbos afternoon learning for middle school age girls. Join friends in the Beis Medrash during the MFPCL under the guidance of **Leora Moskowitz.** Stay for a fun experience, learning, enjoying snacks and of course, the raffle!
- Mishna Yomit is learning Masechet Challah.

David Frohlich Youth Department

- **For Yom Kippur Babysitting information see page 2.**
- Motzei Shabbat Chol HaMoed Sukkot, October 15th at 8:30 pm join DFYD for a Family Paint Night Under the Stars & Schach! Members $14/per person, non-members $20/per person. Register at www.bnaiyeshurun.org/youth. Children under the age of 8 must be accompanied by an adult. See flyer page 6.
- Reminder: Teen Minyan is back and will have a hot kiddush this shabbat after davening.

The Personal Sefer Torah Message from Rabbi Schrier

In our family, there are certain *Divrei Torah* that we have, perhaps somewhat irreverently, labelled "eye-roll" *Divrei Torah*. They are the kind of *Divrei Torah* that you've heard a thousand times already, & you know you will undoubtedly hear again. They're particularly prevalent at the *Seder*. Each year, at the same points in the *Seder*, the same relatives will offer the same *Divrei Torah* they heard from the same teachers with the exact same words & intonations. It reaches a point when you can practically recite their *Divrei Torah* from memory. It can reach a point when the *Dvar Torah* is more frustrating than inspiring.

But I'd like to mount a defense for those stale & overtold *Divrei Torah*, that may not make those *Divrei Torah* more enjoyable to hear, but at least makes a case for their value notwithstanding.

Parshat VeYelekh presents the Torah's 613th *mitzvah*: the command to write a *Sefer Torah*. The *Sefer HaChinuch*, describing this last *mitzvah* in the Torah, notes that the *mitzvah* is incumbent upon every Jew; even one who has inherited a *Sefer Torah* from others must write a *Sefer Torah* of their own. Of course, one can wonder why we must undertake writing our own *Sefer* if we already have others readily available. The *Sefer HaChinuch* offers two pragmatic explanations. First, he argues, there is value in having an overabundance of *Sifrei Torah*, so that even those who do not own one can borrow from others. Second, there is value to learning from new, freshly written *Sifrei Torah* rather than *Sifrei Torah* that are old & worn. (Nowadays, many fulfill this *mitzvah* through the purchase of new *sefarim*. As a personal aside, I would add that as much as I enjoy learning from new, freshly printed *sefarim*, there's a beauty to sometimes learning from those old & battered *sefarim* as well.)

But perhaps there is another component to this *mitzvah* that is only achieved when one writes their own *Sefer*, rather than inheriting from others. Perhaps, the *mitzvah* of writing a *Sefer Torah* is not exclusively pragmatic in nature; it also communicates a critical spiritual imperative: to make the Torah your own.

At the very end of the Torah, in the very last of the 613 *mitzvot*, Hashem tells us: it's now time to take these timeless values I've given you, & find *your* place in them. Take this Divine Repository of Infinite Wisdom, & write it in your own handwriting, with your own calligraphic style. Each & every Jew possesses a unique relationship with The Creator, & accordingly, we each experience his Torah in an individual & unique way. The last *mitzvah* in the Torah licenses & encourages our own unique experience of Torah. Write *your* Sefer Torah. Because nobody else can write it for you.

A CBY member shared with me that he keeps a personal journal of *Divrei Torah* that resonate with him & have made a difference in his life. Every now & then he looks back at the spiritual wisdom contained in that journal, that speaks uniquely to him. I don't know whether or not that journal would constitute a narrow fulfillment of the *mitzvah* to write a *Sefer Torah* according to the *poskim*. But, to me, that personal "*Sefer Torah*" he keeps is precisely the kind of *Sefer Torah* that we are instructed to write. A *Sefer Torah* that's our own. So, whether or not we are keeping a physical journal, let us take up the task of writing our own *Sifrei Torah*. What are the *Divrei Torah* that inspire us? What are the *mitzvot* that uniquely resonate? What are the stories from our tradition that we find ourselves drawn to? What are the "eye-roll" *Divrei Torah* that we offer every single *Yom Tov*? The *Divrei Torah* that are deeply meaningful to us no matter how many times we hear them? The *Divrei Torah* that our children will always associate with us, perhaps with a grumble but ultimately with a deep fondness as well?

Let us find the ways Torah uniquely speaks to us & begin to write the personal *Sifrei Torah* of our lives.

Weekly Davening Schedule

דף היומי	Sun. Oct. 2 ז׳ תשרי כתובות פ״ח	Mon. Oct. 3 ח׳ תשרי כתובות פ״ט	Tues. Oct. 4 ט׳ תשרי ערב יום כפור כתובות צ׳	Wed. Oct. 5 י׳ תשרי יום כפור כתובות צ״א	Thu. Oct. 6 י״א תשרי כתובות צ״ב	Fri. Oct. 7 י״ב תשרי כתובות צ״ג	
Selichot/Shacharit (**Sephardic**)	5:20/6:00 am	5:15/6:00 am	5:15/6:00 am		5:15/6:00 am	5:15/6:00 am	שחרית
	Times below are Selichot followed by Shacharit						
Shacharit-*Old Main-(Masks required)*	**6:00 am SH**	**5:30 am**	**5:50 am**		6:00 am	6:00 am	
Shacharit-*New Main*		**5:35 am**	**6:00 am**		6:05 am	6:15 am	
Shacharit-*Beis Medrash*^	**6:00 am**	**5:50 am**	**6:15 am**	**Shacharit 8:30 am (all locations)**	6:20 am	6:30 am	
Shacharit-*New Main*	**6:25 am**	**6:30 am SH**	**6:50 am**		7:00 am	7:00 am	
Shacharit-*Beis Medrash*^ *Deliberately Paced Minyan*	**7:15 am Triple Classroom**	**6:30 am Triple Classroom**	**7:05 am**	**Yizkor (aprox.) 11:30 am (all locations)**	7:15 am	7:15 am	
Shacharit-*Old Main*	**7:00 am**	**6:50 am**	**7:15 am**		7:20 am	7:30 am	
Shacharit–*New Main*	**7:35 am**	**7:30 am**	**7:50 am**		8:00 am	8:00 am	
Shacharit-*Old Main*	**8:20 am**	**8:20 am**	**8:35 am**				
Shacharit-*New Main*	**8:45 am**				8:50 am	8:50 am	
			1:30, 2:00, 2:30, 3:00, 3:30, 4:00, 4:30 pm New Main ------ Masked Minyan 2:30 pm in Old Main				
Mincha only – *Old Main*	1:45 pm						מנחה/ערבית
Mincha only – *Beis Medrash*^	4:30 pm	1:45 pm		**Mincha 4:50 pm (all locations)**	1:45 pm	1:45	
Zman Mincha-*New Main#*	6:20 pm	6:20 pm			6:20 pm		
Zman Mincha-*Old Main# (Masks required)*	6:20 pm	6:20 pm		**Ne'ila 6:00 pm**	6:20 pm		
					8:00 pm		
Maariv only – *Old Main*	**8:00 pm NM**	8:00 pm	**Candles 6:12 pm Kol Nidrei 6:20 pm**	**Maariv & Fast Ends 7:16 pm**	9:00 pm		
Maariv only – *Old Main*	**9:00 pm NM**	9:00 pm			10:01 pm		
Maariv only – *Beis Medrash*^	10:01 pm	10:01 pm			11:00 pm		
Maariv only – *Beis Medrash*^	11:00 pm	11:00 pm			11:00 pm		

#קריאת שמע should be repeated after **8:00 pm**.

^The CBY Internet Minyan can be accessed by clicking HERE. It is sponsored by Bibi, Dov, Kelly, Liz & Abby Pavel in memory of Bibi's mother Miriam bat Betzalel Yehuda. Minyanim scheduled in the *Beis Medrash*, as listed above, will be broadcast.

WEEKLY LEARNING OPPORTUNITIES OCTOBER 2-7, 2022		
Sunday at 7:00 am, M, T, Th, F at 5:30 am	Daf Yomi with rotating magidei shiur	Beis Medrash and live weekdays at: www.bnaiyeshurun.org/internet-minyan.html Recordings available at link for 1-week post-shiur
Sunday–Thursday at 8:15 pm	Mishna B'rurah Chavurah with Ari Wartelsky	Beis Medrash
Sunday 9:30-10:00 am	Gemara shiur w/ R' Frank Breslau & Dr. Joseph Bench	https://zoom.us/j/98188165600 Passcode cby
Monday, Thursday, Friday at 6:20 am	Yitzchak Yaakov Kollel Boker with Rabbi Zvi Sobolofsky	**1/3 Social Hall** and at: https://us02web.zoom.us/j/9658958942
Thursday at 9:35 pm	Parsha & Halacha with Rabbi Michael Taubes	https://yeshiva-university.zoom.us/j/93287566078 Password: YSH
Friday at 8:30 am	Minchas Chinuch with Eli Weber	https://zoom.us/j/156897284 Password: cby
	Shiurim from Rabbi Elliot Schrier	Sign up Here or use the QR code
	Chizzuk with Rabbi Ari Zahtz	Sign up Here
	Myth-busters in Halacha with Rabbi Yosef Weinberger	Sign up Here
	Inyanei D'Yoma from Rabbi Steven Pruzansky	Sign up Here

Parshat Vayelech in "Hashtag" Form

- Moshe is 120 years old, he won't be allowed to enter Eretz Yisroel. **#FrownyFace** Instead, Yehoshua will take us into the Land. **#SmileyFace**
- Moshe tells us to "be strong and be courageous!"**#ChazakVeEmatz #TheyAintGotNothingOnUs #JewishPride #FaithIsOurSecretWeapon**
- We are taught about the Mitzvah of Hakhel. Everyone gathers in Yerushalayim (even the babies!), to hear the king read from the Torah. **#WhattaBoss #LeadershipAtItsFinest #GatherDemPeople**
- HaShem commands the famous "kisvu es hashira hazos, write this song." We are commanded to write down the Torah (or, according to some, a portion of the Torah). **#TheSongOfTorah #PurchaseSeforim #WriteALetter #TheLastMitzvah #Numero613**

CBY YOUTH SHABBOS SHUVA SEARCH!

O A F U L Q L H D B C B K R A
I Q Z O O R H C B A M G N X G
E C I I R L G J I K X A A Y Y
I O N V V G A C O P B X V A E
S M T I C A I A T E S H U V A
R M R D K H S V Z F W Y I E X
A I O O B L L H E D K D N I U
T T S Y W H R Z A N Z U K R G
Z M P F N V Y K A C E X K A K
O E E N V Y U N U V H S J N R
N N C L O S E N E S S E S A E
N T T U S Z J P I C S A I C T
M H I T B F J P Z S K I Q T U
N S O L O V E I W E D K U Z R
Y Z N Y Y E T H R E G R E T N

Introspection	Azivas HaCheit	Forgiveness	Eis Ratzon
Closeness	Teshuva	Regret	Love
Commitment	Aveira	Return	Vidoy

A Mini-Vort from the Szafranski Table to Yours!

ואנכי הסתר אסתיר פני ביום ההוא...

And I will surely hide ("haster astir") My face on that day... (31:18)

Why does the Torah repeat the word "hester, hidden?"

The Baal Shem Tov teaches that there are two forms of hester panim, divine hiddenness. The first is when HaShem makes it more difficult to see Him in our lives. The second, deeper, form of hester panim, is when the hester is also nistar, when we are oblivious to HaShem's lack of presence in our lives. We are so busy and full of ourselves that we don't even realize there is a problem (Degel Machane Ephraim, Vayelech).

The Sfas Emes, in the name of his grandfather, explains that herein lies the antidote. Focus on HaShem, see His hand in our lives, and all the hester panim disappears...

Kol Nidrei Appeal

Do You?

- Attend one of our more than 14 weekday minyanim?
- Attend one of our 6 regularly scheduled Shabbat minyanim?
- Enjoy learning in our Beis Medrash, open 5:30 am - 11:30 pm every day?
- Attend any of our 10+ regularly scheduled shiurim?
- Have kids that love our youth groups and programming?

IF YOU ANSWERED YES TO ANY OR ALL OF THE ABOVE QUESTIONS, PLEASE CONSIDER PARTICIPATING IN THE CBY KOL NIDREI APPEAL!

Kol Nidrei Appeal contributions are used specifically for CBY operating expenses throughout the year.

Please make a pledge!

Visit: www.bnaiyeshurun.org/kolnidrei

Call: 201.836.8916 x3 | Email: bookkeeper@bnaiyeshurun.org

Thank you and K'tivah v' Chatimah Tovah!

Contact Us

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Chaim Kiss, Second Vice President
Sari Sheinfeld, Third Vice President
Paul Rolnick, Treasurer
Doron Katz, Assistant Treasurer
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Congregation Bnai Yeshurun
Community Announcements

September 30-Octobr 7, 2022

Shabbat Vayelech/Shuva
Yom Kippur 5783

ה'-י"ב תשרי תשפ"ג

שבת וילך/שבת שובה
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- Shoes4Yachad - **Gavriel Katz's** Bar Mitzvah Chesed Project! Donate shoes for a GREAT cause! Collecting ALL types of shoes to send to third world countries & then turning them into profit for Yachad NJ! Drop off shoes @ The Teaneck Yachad Center, 259 Cedar Lane Teaneck. Or... WhatsApp 917-903-2293 for pickup in Bergen County. Questions? Email shoes4yachad@gmail.com Follow Gavriel on Instagram @shoes4yachad.
- Yesh Tikva was established to end the silence & create a Jewish community of support for all Jewish people facing infertility. Yesh Tikva provides free professional psychosocial services, resources & tools to those struggling with infertility & raises awareness throughout the community. For info visit YeshTikva.org **.**
- Rabbi Steven Weil will be a scholar in residence at BMOB this Shabbos, Oct 1. He will speak immediately following services on "Creating an Ethical Will" , and he will deliver the Shabbos Shuva derasha on Shabbos afternoon (immediately following Mincha at 5:55 PM) on "Preparing for The Great Encounter".
- Rabbi Strauchler's Shabbat Shuva Drasha– Shabbat, October 1st, 6:10pm. *"Teshuva of the Community/Teshuva of the Individual."* Sponsored by the Schiff Family in commemoration of the third yahrzeit of their dear father, *Zaidie and Saba Raba - Dr. Seymour Schiff, z"l* שלום יחיאל בן יעקב הלוי on Motzei Yom Kippur.
- Rinat presents Rav Michael Rosensweig Shiur– Sunday, October 2nd, 9:30am. *"The Petur of Miztaer on Sukkot."* Sponsored by Marilyn & Joseph Bench and family in commemoration of their mothers' yahrzeits, *Rachel Bench, z"l, Rochel bat Harav Shlomo Yekutiel Zalman's,* 25th yahrzeit and *Lea Solomon, z"l, Leah bat Moshe Aryeh's* 10th yahrzeit. Beit Midrash.
- Come to Rinat Yisrael's Pre-Yom Tov Boutique—Sunday, October 2nd, 6:30- 9:30pm. Shop for jewelry, housewares, Judaica, tablecloths, hats, accessories, clothing and more!
- Jewish Home Presents Monthly Support Group for Loved Ones of Those Living With Alzheimer's and Dementia. The Jewish Home Family is offering members of the community with loved ones living with dementia a monthly support group at the Jewish Home at Rockleigh. The next meeting will take place on Tuesday, October 25th from 6:30PM to 7:30 PM at the Jewish Home at Rockleigh, 10 Link Drive, Rockleigh NJ. Light refreshments will be served. Please contact Sunni Herman at sherman@jewishhomefamily.org with any questions.
- Join YAD LEAH: Clothing for Israel Dash for Dignity – Sunday, November 6th, 9:00 am-12:00 pm at Overpeck Park, Ridgefield Park, NJ – 5K Run, 1 Mile Family Walk & Kids' Dashes for ages 3-8 plus breakfast, inflatables, music, face painting & more! Register today at www.Dash4Dignity.org.
- It's important to know about our genetic health. The non-profit JScreen offers two testing options. The ReproGEN panel screens for over 200 genetic conditions that you could unknowingly pass on to your children. Their CancerGEN panel screens for BRCA & 60+ other genes associated with risks for over 40 different types of cancer – having this information is essential for hereditary cancer prevention. Testing is done privately from home with telehealth genetic counseling to explain the results. Use the discount code HH2022 at JScreen.org for $54 off a reproductive or cancer genetic screening kit.
- Rofeh Cholim Cancer Society (RCCS) gives Jewish cancer patients the best possible chance of recovery & survival. We provide specialized medical referrals to top cancer specialists, expedited appointments, financial grants to cover medical costs, & help with insurance issues & with claims that are denied. Please call RCCS at 212 722 2022. For more information, please call Dovid Cofnas, Regional Director at 201 575 9080 or e-mail dcofnas@rccscancer.org
- RYNJ welcomes your family to join our family at our Open House on Sunday evening, November 6th at 7:00 pm. Experience the warm environment created by our dynamic administration, dedicated faculty & involved parent body. Please register at rynj.org. For more info, contact Morah Ronit Wenger or Mrs. Debra Popowitz, Directors of Admissions, at welcome@rynj.org or (201) 986-1414 ext. 338.

Yomim Noraim Mikvah Hours for Men 5783/2022

The Teaneck Mikvah, Florence & Joseph Appleman Building, located at 1726 Windsor Road, will be open for men's use on Erev Rosh Hashanah and Erev Yom Kippur.
Men will have access to 12 preparation rooms, 2 express changing areas, and 3 mikvaot. One of the three mikvaot will close at 1:00 pm on Erev Yom Kippur in order to prepare it for immediate post yom tov use.
For express usage, kindly shower at home and bring your own towels. Mikvah hours are as follows:
Erev Yom Kippur, Tuesday, October 4th 4:30 am - 3:00 pm
Please be considerate of our staff and adhere to the closing times. Fees are payable by check, cash or Zelle/Quickpay: $25 per person / $54 per family
Please call the Mikvah at 201-837-8220 or email us at office@teaneckmikvah.org with any questions.