



Congregation Bnai Yeshurun Weekly Shabbat Announcements

September 2-9, 2022

ו' - י"ג אלול תשפ"ב

Shabbat Shoftim

שבת שופטים

BNOT's New Leadership Planning Inspirational and Entertaining Event

Entering the month of Elul, we resolve to make changes, to improve, and to rekindle our connection with Hashem. At the same time, we ponder our personal relationships and attempt to improve and expand them. It is in that context that BNOT invites all women to its first event of the year, and we take this opportunity to introduce BNOT's new leadership.

As part of the Gardin-Mermelstein Chodesh of Inspiration, BNOT will be hosting an End of Summer Soiree as a kick off event on Sunday, September 11 from 7:00-9:00 pm. The evening will begin with delicious food (sushi and salad) and signature cocktails created by a mixologist. Petal + Eon (perhaps you saw them on NBC's Today Show) will lead a flower arranging workshop using preserved flowers. Bnai Yeshurun's Rebbetzins will be there to share their thoughts on Elul and to inspire the crowd. The cost for the evening is \$36 per person with advanced registration required; sponsorships are available. See the flyer on

page 5 for details and registration information.

Meet BNOT's new Presidium, Sarah Guttmann and Rachel Schilowitz, who are enthusiastically working on a series of events designed to facilitate Rabbi Schrier's goal of unity and achdut in the Bnai Yeshurun community.

Rachel and her family moved to Teaneck about a year ago from Connecticut, and she has already made a name for herself with her devotion to our Shul. Rachel's goal is to implant the small town feeling she grew up with into the larger, more diverse Bnai Yeshurun climate and culture.

Sarah and her family moved to Teaneck from Bergenfield, and although their new home is only about a mile from the old one, Sarah notes that it feels like a completely different community. During COVID it was harder to meet people, but Sarah and her husband immediately got involved in a variety of programs and were thrilled with the warm welcome they received.

As they begin their presidency, Rachel and Sarah are determined to implement their vision of a welcoming community where all segments of our Shul, from young to old, can come together for fun evenings and for educational events, and where people will recognize each other when they come to Shul on Shabbat. They have lots of plans already in the works for future events including a Parshat Chayei Sarah Women's Challah Bake (November), a Couples Night Out (December), and a Friday night Oneg (January), and the continuation of the popular women's Rosh Chodesh shiurim. They are open to ideas and suggestions from everyone. Please do not hesitate to contact them at bnot@bnaiyeshurun.org. Rachel and Sarah also wish to extend a hakarat hatov to their predecessors, Sara Grinfeld and Sora Grunstein.

Rachel and Sarah are incredibly excited about this kick off event and about their plans for the upcoming year at BNOT. Help turn their vision into reality by turning out, in large numbers, on Sunday, September 11.



BEIS MEDRASH PROGRAM

and

As part of
The Gardin-Mermelstein Chodesh of Inspiration
Present





**RABBI
ARYEH LEBOWITZ**

Teshuvah in Thought and Deed

Sunday, September 4, 2022
8:00 pm Old Main Shul

641 W. Englewood Avenue
Teaneck, NJ 07666
www.bnaiyeshurun.org

To join as a co-sponsor
contact
office@bnaiyeshurun.org

Shabbat Times **זמני שבת**

Candle Lighting	7:05 pm, & 7:06 pm	הדלקת נרות
Mincha & Kabbalat Shabbat – <i>Beis Medrash (masks required)</i>	6:45 pm	מנחה וקבלת שבת
Mincha & Kabbalat Shabbat – <i>New Main</i>	6:45 pm	מנחה וקבלת שבת
Mincha & Kabbalat Shabbat – <i>Old Main</i>	7:10 pm	מנחה וקבלת שבת
Sephardic Mincha & Kabbalat Shabbat	7:00 pm	מנין עדות מזרח
Latest <i>Shema</i>	9:36 am	סוף זמן ק"ש
Hashkama– <i>New Main</i>	7:00 am	השכמה
Hashkama– <i>OM (masks required)</i>	7:00 am	נוסח אשכנז
Sefard– <i>Beis Medrash</i>	8:30 am	נוסח ספרד
Ashkenaz– <i>New Main</i>	9:00 am	נוסח אשכנז
Sephardic Shacharit	9:00 am	מנין עדות מזרח
Ashkenaz– <i>Old Main</i>	9:15 am	נוסח אשכנז
Youth Groups Nursery-4 th grade at 9:15 am in the Youth Classrooms & Nursery Wing		
Mommy & Me - 2/3 <i>Social Hall</i>	10:00 am	אמא ואני
Minchas Chinuch-R' Yosef Weinberger after Nusach Sefard minyan	10:30 am	שעור מנחת חינוך
Men's Club Kiddush		
in honor of Joshua Friedman's bar mitzvah following davening		
Mincha - <i>New Main</i>	1:45 pm	מנחה
Manny Freed z"l Parent Child Learning – <i>BM & OM</i>	4:45 pm	הורים וילדים
Mincha – <i>New Main</i>	5:30 pm	מנחה
Daf Yomi	6:05 pm	דף יומי
Sephardic Mincha	6:45 pm	מנין עדות מזרח
Mincha- <i>New Main</i>	7:05 pm	מנחה
Mincha- <i>OM (masks required)</i>	7:05 pm	מנחה
R' Szafranski's shiur "The Latest Rage: Trendy Temper Tantrums and Respecting Resources" in the New Main following zman mincha		
Maariv & Shabbat Ends - <i>NM</i>	8:10 pm	מעריב
Maariv & Shabbat Ends - <i>OM (masks required)</i>	8:10 pm	מעריב
Next Shabbat: Candle lighting	6:55 pm	הדלקת נרות
Mincha & Kabbalat Shabbat	7:00 pm	מנחה וקבלת שבת

The Shul Office will be closed on Monday, September 5th in observance of Labor Day.

We recognize that at times it is challenging to find parking near shul. We ask everyone coming to CBY to be cognizant of where you are parking; obey all parking regulations & be courteous of the shul's neighbors & never block their driveways.

Additionally, please remember to wear reflective materials & walk on the correct side of the street when walking to and from shul when it is dark.

Emulating God
Message from Rabbi Weinberger



Parshas Shoftim deals with the nuts and bolts of societal life once Bnei Yisrael cross the Yarden. The need to establish courts; the establishment of a monarchy; the process of waging war etc. And as Shoftim often coincides with the beginning of Elul, many of these mundane mitzvos contain allusions to our spiritual journeys as well.

"שופטים ושופטים תתן לך בכל שעריך", *Judges and officers you shall place for yourselves at all your gates*, is a reminder for us to establish safeguards for what enters and leaves our gates. The things that come out of our mouths, that are seen by our eyes or heard by our ears. Here we are reminded that we are the judge, jury, and executioner of our own spiritual well-being.

"שום תשים עליך מלך", *You shall set a king over yourselves*, is a reference to submitting ourselves to the will of the מלך מלכי המלכים. In advance of the יום הדין, it is in our best interest to reestablish our relationship with the King of all kings.

The final such reference in this week's parsha is a little less obvious but no less meaningful. With regards to warfare, one of the first things we are commanded to do, before we engage in battle, is to send home four groups of soldiers. He who has built a house but not yet lived in it; he who has planted a vineyard but not yet benefited from it; he who is engaged to a woman but not yet married; and anyone who is too afraid to go out to war.

Sending home the soldier who is "ירא ורך הלבב", *afraid and disheartened*, is easy enough to understand. It is a tactical decision that is in the best interest of the army. Fear is infectious and if he sticks around, he will negatively impact the morale of his fellow soldiers.

The first group of three, however, is a bit of a headscratcher. Why these three? What is so special about building a house, planting a garden and marrying someone that *their* lives are too important to risk? What about the person who just started learning Daf Yomi for the first time or the man whose wife is pregnant with their first child? There are many significant moments in life, so why these three over other worthy milestones?

Moreover, the Rambam (הלכות דעות היא) outlines the appropriate sequence of events one should follow as we reach adulthood, and he uses *these pesukim* as his blueprint. First, one should "plant a vineyard" (i.e. get a job); then build a house and finally find a spouse. The foolish people, says the Rambam, first get married and only then consider how they will make a living and where they will live. (Guilty!) While the Rambam quotes the *pesukim* from our Parsha, he actually changes the order. The Torah first describes building a house. The Rambam begins with planting a vineyard. The Rambam's order is quite logical- *first* make a living and *then* build a house. So that adds to the question: why does the Torah record these three *and why put it in this order*?

Rabbi David Fohrman suggests that these three events are not simply meaningful goals in a person's life but are actually our attempt to walking in the footsteps of G-d. How did Hashem begin it all? First, He built a house (i.e. the world); then He planted a garden (גן עדן); and, finally, He invited someone else to come and enjoy it. It is our life mission, among other things, to emulate the ways of Hashem. Like G-d, we do our best to build a

Continued on page 3

Special Events

אירועים מיוחדים

- Bar mitzvah of Joshua Friedman in the 9:00 am New Main minyan.
- Men's Club Kiddush in honor of Joshua Friedman's bar mitzvah.

Mazal Tov

מזל טוב

- Esther & Joel Bock** on the marriage of their daughter, Rebecca, to Daniel Zolty.
- Dena & Michael Felsen** on the ufruf and upcoming marriage of their son, Gilad, to Rebecca Siegel.
- Shari & Yossi Friedman** on the bar mitzvah of their son, Joshua.
- Linda & Mark Gruenbaum** on the bar mitzvah of their grandson, Jacob, son of Sara & Ephraim Gervis.
- Lori Motola & Ephraim Hoffman** on the birth of a grandson, a son to Hannah & Nis Frome.
- Alissa & Shimmie Horn** on the birth of a grandson, a son to Michal & Yoav Deutsch.
- Miriam & Irv Klavan** on the bar mitzvah of their grandson, Elitzur Yisrael, son of Leba & Yossi Klavan, in Ginot Shomron, Israel
- Jacqui & Aaron Moskowitz** on the birth of a baby girl, Skylar Hope.
- Sylvia & Alan Schoffman** on the bat mitzvah of their granddaughter, Rachel Negari.
- Faigi & Stanley Fischman and Fayge & Michael Novogroder** on the engagement of their granddaughter, Leora Bracha, daughter of Aliza & Aharon Fischman to Mikey Finkelstein of Fair Lawn.

CBY Notes

- Due to an unprecedented number of reservations, we have closed the seating reservation form. To join the waitlist please visit www.bnaiyeshurun.org/holidays.
- CBY's Gardin-Mermelstein Chodesh of Inspiration has begun. To see a full listing of events please visit www.bnaiyeshurun.org/events.
- Beginning this week! Join the CBY Rabbis for a three-part shiur series, Tefillah & You: Preparing for the Yamim Noraim. Three consecutive Tuesdays at 8:15 pm. September 6th with R' Zahtz: Why Do We Daven? See page 4 for more details.
- Deadline to submit forms for Yizkor Book 5783 is this Wednesday, **September 7th**. Complete the form on our website at <https://www.bnaiyeshurun.org/yizkorbook>
- Sign up for BNOT's 5783 Rosh Hashanah Greeting-\$18/family. Visit www.bnaiyeshurun.org/bnot to participate. Deadline is 9/18.
- BNOT's Women's End of Summer Soiree on September 11th 7:00–9:00 pm. \$36/person. See flyer on page 5 for details. Advanced registration required at www.bnaiyeshurun.org/bnot.
- Monday, September 12th at 8:15 pm, the Adult Education Committee presents Rabbi Dovid Bashevkin, "Does G-d Repent? Doing Teshuvah *With* G-d." See flyer on page 7 for more details.
- All are invited to an evening of Elul inspiration for a pre-Shabbat Kumzitz, Thursday, Sept. 15th at 8:30 pm. Divrei Torah from R' Schrier and music by Sruli Prero—along with hot kugel and chulent.
- The CBY Welcoming Committee invites everyone to a Community Seudah Shelisheet, Shabbat, September 17th at 5:45 pm. Start the new year by meeting new community members and connecting with old friends. See flyer on page 7 for details.
- Save the Date: David Frohlich z"l Youth Department Shofar Factory. Sunday, September 18th at 10:00 am. See flyer on page 9 for details.

Rabbi Weinberger continued from page 2

home, find a פּרנסה, and invite someone into our lives to share in our journey.

Of course, there are other values in life- Torah, tzedakah, chessed, Eretz Yisrael etc.- but perhaps these three milestones represent the very essence of והלכת בדרךיו. These goals are the building blocks that we first establish and then infuse with the many values of the Torah. So when the Torah highlights these three individuals as those who are not ready to give up their lives yet, it is merely a reference to those who are in the process of establishing the foundation of living בצלם אלקים, *in the image (shadow) of G-d*.

Elul is a time of reacclimating ourselves with Hashem and His Torah. How do we do that? How do we connect to an indescribable and intangible G-d? Sure, we can get a jolt by a nice kumzits or a beautiful sunset. But the truth is we connect to Hashem by living our lives- in our homes, at work and with our families. By not just sleepwalking through the routine but realizing that every interaction and every challenge is an opportunity to come closer to Hashem. By not settling for getting by, but by looking for ways to infuse our daily schedule with Torah and Tefilah. When given the proper context, our ordinary lives are actually the most fertile ground for teshuva and for feeling אני לדודי ודודי לי.

Beis Medrash Committee

- Manny Freed z"l Parent Child Learning every Shabbat at 4:45 pm. Thank you to our Spring/Summer sponsors, Rebecca & Sandy Fischman, with thanks to everyone who makes Parent Child Learning great, and the Sheinfeld Family, for a continued Refuah Shelaimah of Etai Yaakov Ben Tzippora.
- Mishna Yomit is learning Masechet Ma'aser Sheni.
- CBY & Keter Torah present a special pre-Yamim Noraim shiur by R' Aryeh Lebowitz, "Teshuvah in Thought & Deed". Sunday, September 4th at 8:00 pm in the Old Main Shul. See flyer pg. 1.
- Legal Holiday Shiur: Monday, September 5th at 8:45 am, Rabbi Reuven Taragin, "Facing Teshuvah: Understanding Elul" in the CBY Beis Medrash. See flyer on page 7 for more details.
- Yitzchak Yaakov Kollel Boker is expanding to 5 days a week! Resuming this Wednesday, September 7th at 6:20 am in the Triple Classroom. See article on page 6 for details.
- Rav Goldwicht resumes his weekly Parsha shiur in easy to understand Hebrew, Tuesday nights at 8:30 pm in the Triple Classroom.
- Rabbi Zahtz's women's nach shiur resumes on Thursday, Sept. 8th at 9:15 am, learning Sefer Melachim Aleph.

I would like to thank Rabbis Schrier, Zahtz, & Weinberger for all their caring & help during the recent loss of my husband, Erich. I also want to acknowledge & thank the chevra kadisha & all those who came to visit during the shiva & helped complete the minyan at my home. Additionally, I appreciate the outpouring of concern & friendship that we received from the members of the shul, which helped me & my sons get through this difficult period. Naomi Zauderer

Weekly Davening Schedule

	Sun. Sept. 4	Mon. Sept. 5	Tues. Sept. 6	Wed. Sept. 7	Thu. Sept. 8	Fri. Sept. 9
	ח' אלול	ט' אלול Legal Holiday	י' אלול	יא' אלול	יב' אלול	יג' אלול
דף היומי	כתובות ס'	כתובות ס"א	כתובות ס"ב	כתובות ס"ג	כתובות ס"ד	כתובות ס"ה
Shacharit-Old Main- (Masks required)	6:25 am	6:25 am	6:00 am	6:00 am	6:00 am	6:00 am
Shacharit-New Main			6:15 am	6:15 am	6:05 am	6:15 am
Shacharit-Beis Medrash ^	6:25 am	6:25 am	6:30 am	6:30 am	6:20 am	6:30 am
Shacharit-New Main	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am
Shacharit-Beis Medrash ^ Slow Paced Minyan	8:00 Ogden Lower Level	8:00 Ogden Lower Level	7:15 am	7:15 am	7:15 am	7:15 am
Shacharit-Old Main	7:30 am	7:30 am	7:30 am	7:30 am	7:20 am	7:30 am
Shacharit-New Main	8:00 am	8:00 am	8:00 am	8:00 am	8:00 am	8:00 am
Shacharit-Old Main	8:50 am	8:50 am				
Shacharit-New Main	9:15 am	9:15 am	8:50 am	8:50 am	8:50 am	8:50 am
Mincha only – Old Main	1:45 pm	1:45 pm				
Mincha only – Beis Medrash ^	4:30 pm	4:30 pm	1:45 pm	1:45 pm	1:45 pm	1:45 & 5:15 pm
Zman Mincha-New Main#	7:05 pm	7:05 pm	7:05 pm	7:05 pm	7:05 pm	
Zman Mincha-Old Main# (Masks required)	7:05 pm	7:05 pm	7:05 pm	7:05 pm	7:05 pm	
Maariv only – Old Main	8:00 pm New Main	8:00 pm	8:00 pm	8:00 pm	8:00 pm	
Maariv only – Old Main	9:00 pm	9:00 pm	9:00 pm	9:00 pm	9:00 pm	
Maariv only – Beis Medrash ^	10:01 pm	10:01 pm	10:01 pm	10:01 pm	10:01 pm	
Maariv only – Beis Medrash ^	11:00 pm	11:00 pm	11:00 pm	11:00 pm	11:00 pm	

שחרית

מנחה/מעריב

*Plag Mincha-Maariv is intended exclusively for those under the pressing circumstances of *she'at ha-dechak* (Sh"A O"Ch 233:1)

#שמע should be repeated after 9:15 pm.

^The CBY Internet Minyan can be accessed by clicking [HERE](#). It is sponsored by Bibi, Dov, Kelly, Liz & Abby Pavel in memory of Bibi's mother Miriam bat Betzael Yehuda. Minyanim scheduled in the *Beis Medrash*, as listed above, will be broadcast.



The Gardin-Mermelstein Chodesh of Inspiration
Presents:

Tefillah & You: Preparing for the Yamim Noraim



**RABBI
ARI ZAHTZ**

Why Do We Daven?

**Tuesday,
September 6th**



**RABBI
ELLIOT SCHRIER**

**Worship of the Heart:
Tefillah Inside &
Outside the Shul**

**Tuesday,
September 13th**



**RABBI
YOSEF WEINBERGER**

**Please G-d, No Traffic!
How Specific (& Petty)
Should Our Tefilot Be?**

**Tuesday,
September 20th**

8:15 pm - Old Main Shul

Cong. Bnai Yeshurun 641 W. Englewood Avenue Teaneck, NJ 07666 | 201-836-8916 | www.bnaiyeshurun.org

WEEKLY LEARNING OPPORTUNITIES SEPTEMBER 4-9, 2022		
Sunday at 7:00 am, M-F at 5:30 am	Daf Yomi with rotating magidei shiur	Beis Medrash and live weekdays at: www.bnaiyeshurun.org/internet-minyan.html Recordings available at link for 1-week post-shiur
Sunday–Thursday at 8:15 pm	Mishna B'rurah Chavurah with Ari Wartelsky	Beis Medrash and at: https://zoom.us/j/611771378 Password: cby
Sunday 9:30-10:00 am	Gemara shiur w/ R ^{abbi} Frank Breslau & Dr. Joseph Bench	https://zoom.us/j/98188165600 Passcode cby
Tuesday at 8:30 pm	Parsha shiur with Rav Meir Goldwicht	Triple Classroom
Wednesday – Friday at 6:20 am	Yitzchak Yaakov Kollel Boker with Rabbi Zvi Sobolofsky	Triple Classroom and at: https://us02web.zoom.us/j/9658958942
Wednesday at 1:30 pm	Senior Lunch & Learn with Rabbi Michael Taubes	https://yeshiva-university.zoom.us/j/93287566078 Password: YSH
Thursday at 9:15-9:45 am	Women’s shiur on Melachim Aleph with Rabbi Ari Zahtz	On Zoom at: https://zoom.us/j/98497375550 Passcode: cby
Thursday at 9:35 pm	Parsha & Halacha with Rabbi Michael Taubes	https://yeshiva-university.zoom.us/j/93287566078 Password: YSH
Friday at 8:30 am	Minchas Chinuch with Eli Weber	https://zoom.us/j/156897284 Password: cby
	Shiurim from Rabbi Elliot Schrier	Sign up Here or use the QR code 
	Chizzuk with Rabbi Ari Zahtz	Sign up Here
	Myth-busters in Halacha with Rabbi Yosef Weinberger	Sign up Here
	Inyanei D'Yoma from Rabbi Steven Pruzansky	Sign up Here



As part of the Gardin–Mermelstin Chodesh of Inspiration

BNOT's End of Summer Soiree

*Women are invited to celebrate the end of summer and
prepare for the new year with friends old and new!*

Sunday, September 11, 2022
7:00–9:00 pm
CBY SOCIAL HALL

\$36 per person
Sponsorships available
RSVP at www.bnaiyeshurun.org/BNOT

**Featuring words of Elul
inspiration from our Rebbetzins**

Congregation Bnai Yeshurun 641 West Englewood Avenue Teaneck, NJ | 201-836-8916 | www.bnaiyeshurun.org

**Delicious
Food**

**Sparkling
Drinks**

**Floral Craft
w/Petal+Eon**

CBY's Yitzchak Yaakov Kollel Boker Expands to Five Days A Week

For the past 20 years, a dedicated group of *Baal HaBatim* have been meeting in Congregation Bnai Yeshurun to begin their days the best way possible - with Torah learning. Named after one of its founders, Dr. Yitzchak Belizon z"l, the Kollel is led by Rav Zvi Sobolofsky, one of YU's most popular *magidei shiur* and a world renowned *Posek*. The Yitzchak Yaakov Kollel Boker participants have met thrice weekly to participate in shiurim following the *limud* taking place in Yeshiva University.



With great anticipation, the CBY Beis Medrash Committee is excited to announce the expansion of Yitzchak Yaakov Kollel Boker from three days a week, to five. Tuesdays, Wednesdays, and Fridays will continue to follow the format of shiurim on different *sugyot* in the *mesechta* while Mondays and Thursdays

will feature *Bikius* on-the-daf shiurim proceeding throughout the year and BE"H culminating with a Siyum Mesechta.

Beginning Wednesday, September 7th, Kollel Boker will begin learning *Mesechet Gittin* with the goal of completing *Gittin* by June.

Kollel Boker is an excellent opportunity to start your day with a set seder. The shiur begins at 6:20 am and is followed by 7:00 Shacharit. The opportunity to learn from a Rebbe of Rabbi Sobolofsky's caliber is something not lost on the

participants. "For the past several years I have had the pleasure of participating in the Kollel Boker limud and have developed a special relationship with Rebbe. It has completely changed my work and family life," said a long-time participant. "I am very much looking forward to the additional days of learning

and to making my first ever siyum on a full *mesechta* of *Gemara*."

Mesechet Gittin, consisting of 90 blatt, is a limud that most consider attainable and its completion "a realistic goal for all involved," said Henry Orlinsky, a founder and active participant in Kollel Boker. "In the past, we have had over 20 in-person participants and more on Zoom. We are looking forward to welcoming many more members this coming *zman*."

Kollel Boker is best experienced in person but is also available on Zoom with shiurim subsequently posted on the Kollel Boker Whatsapp group, on www.bcbm.org and on www.yutorah.org.

Join Kollel Boker at Congregation Bnai Yeshurun this coming Wednesday morning, September 7th at 6:20 am in the lower level Triple Classroom.

For additional information or to find out how you can support the Yitzchak Yaakov Kollel Boker, email beismedrash@bnaiyeshurun.org



The Gardin-Mermelstein Chodesh of Inspiration
Invites the entire community to an
Evening of Elul Inspiration
Thursday, September 15, 2022
8:30 pm - CBY Social Hall
Get into the selichot spirit with a
pre-Shabbat Kumzitz featuring
Divrei Torah from Rabbi Elliot Schrier
Music by Sruli Prero



Hot Kugel
and
Chulent!

To join as a co-sponsor please contact office@bnaiyeshurun.org

Cong. Bnai Yeshurun | 641 W. Englewood Ave. Teaneck, NJ | 201-836-8916 | www.bnaiyeshurun.org



Beis Medrash Program Presents

Legal Holiday Shiur

Monday, September 5, 2022
8:45 am in the CBY Beis Medrash



Rav Reuven Taragin
Facing Teshuva: Understanding Elul

Rav Reuven Taragin is the Dean of Overseas Students at Yeshivat Hakotel and the Educational Director of The World Mizrahi Movement. Rav Taragin is a Wexner Fellow and Musmach of the Israeli Chief Rabbinate and has completed a B.A. in Science and Philosophy at Yeshiva University and an M.A. in Jewish History and Education at Touro College (Israel). Rav Taragin has also been deeply involved in informal education programming including NCSY shabbatonim and the creation of the YUSSR summer program. Rav Taragin is the Rosh Beit Midrash at Camp Moshava (I.O.), and Rav of Kehillat Eretz Chemdah in Katamon. Rav Taragin is also the founder and director of the Yeshivat Hakotel Community Education Conferences which bring together tens of community educators who work with thousands of parents to help them best educate their children and of the Seventy for Seventy Yom Ha'atzma'ut Program that is bringing 70 of Israel's top speakers to speak in the 70 largest US shuls. Rav Taragin lives with his wife Shani and their six children in Alon Shvut, Israel.

To join as a co-sponsor contact office@bnaiyeshurun.org

641 W. Englewood Ave. Teaneck, NJ | 201-836-8916 | www.bnaiyeshurun.org



The Adult Education Committee,
as part of the Gardin-Mermelstein
Chodesh of Inspiration,
Presents

Rabbi Dovid Bashevkin

"Does G-d Repent? Doing Teshuvah With G-d"

An exploration of the meaning of Teshuvah and how to engage in Teshuvah with G-d, with your family, with your entire self.



MONDAY, SEPTEMBER 12, 2022
8:15 PM
NEW MAIN SHUL

To join as a co-sponsor please contact office@bnaiyeshurun.org

Cong. Bnai Yeshurun | 641 W. Englewood Ave. Teaneck, NJ | 201-836-8916 | www.bnaiyeshurun.org



As part of the Gardin-Mermelstein
Chodesh of Inspiration

Let's Get Together!

The CBY Welcoming Committee
invites you to a

Community Seudah Shelisheet

Meet new community members
and connect with old friends!

Shabbat, September 17, 2022
5:45 pm
Social Hall

Cong. Bnai Yeshurun | 641 W. Englewood Ave. Teaneck, NJ | 201-836-8916 | www.bnaiyeshurun.org

BEIS MEDRASH PROGRAM
PRESENTS:



Rav Meir Goldwicht

TUESDAYS AT 8:30 PM
CBY TRIPLE CLASSROOM

PRACTICAL LESSONS FROM PARSHAT HASHAVUA

Shiur is given in Hebrew



Rabbi Meir Goldwicht, a prominent Israeli scholar and educator, is the Joel and Maria Finkle Visiting Israeli Rosh Yeshiva at Yeshiva University. Rabbi Goldwicht delivers Hebrew and English shiurim extensively across the metropolitan area, throughout the United States and in Israel.

641 W. Englewood Ave. Teaneck, NJ | www.bnaiyeshurun.org | 201-836-8916



Parshat Shoftim in “Hashtag” Form

- This week’s parsha is all about **#Leadership**. We are instructed to appoint judges and police officers in each of our cities, in order to maintain **#LawAndOrder**. We are also commanded to follow the rules of our Torah leaders. **#RespectDemElders #ChazalYall**
- When we enter Eretz Yisroel, we are supposed to appoint a king. Even though it’s **#GoodToBeTheKing**, the king needs to be focused on HaShem and the Jewish people, so he can’t collect a ton of horses, wives, or cars... **#TheFrugalRoyal** Additionally, the king needs to write two sifrei Torah **#DatScribeLife**.
- We also learn about the leadership role of the Kohanim **#PriestItUp**. They don’t receive a specific portion in the land, since HaShem is their portion **#GimmeAPieceOfDat**.
- The Neviim must be heeded **#PraisinPropheticProphets**. We have to **#TrustTheOneAbove**- no fortune telling or magic. Also, we learn about the Ir Miklat, beautiful cities which house Leviim and keep people safe! **#SafeCity #Run!!!!**
- The parsha ends off with some of the rules of war. We must first offer peace treaties before attacking **#AllWeAreSayin is #GivePeaceAChance**.
- We must remain sensitive and caring people and therefore aren’t allowed to destroy fruit trees **#BaalTashchis #SeferHaChinuch**. We also learn from here about the importance of not being destructive and wasteful, in general.
-

CBY YOUTH SHOFTIM SEARCH!!!!

T M F S A D Y D L C P P J M Z
 I D O S Q P C R J Y O F M W K
 C D E Q L K J R V M L H B A K
 A C N W K R R G U A I N A S O
 I R M I K L A T T L C A A T H
 X J U D G E G N O D E K L I E
 I V T O R A H U T S P S T N N
 P E A C E T R E A T Y J A G O
 L G I N L A B H O R S E S I W
 W E P X N S I C J K J Y H S G
 M A G I C C D C D H B Z C N O
 B M E T K R T V H Z L K H A S
 D T R L N I M L X K N I I V R
 B V Y A T B C O U R T N S I A
 X X S W O E I I G Z E G V P Q

Baal Tashchis	Ir Miklat	Wasting	Peace Treaty
Scribe	Rules	Horses	Court
Torah	Magic	Police	Judge
Kohen	Navi	King	Law

A Mini-Vort from the Szafranski Table to Yours!



Parshas Shoftim is all about our national judicial system: appointing judges, interrogating witnesses, etc. The Kedushas Levi, Reb Levi Yitzchak of Berditchev, notes that our parshah is always read before Rosh HaShanah. Says Reb Levi Yitzchak, in order for us to be judged favorably on Rosh HaShanah by HaShem, we must first learn how to judge

each other favorably. Through viewing others in a positive light, HaShem will iy”H reciprocate and do the same for each of us on Yom HaDin. (Kedushas Levi, Shoftim).



FIND OUT WHAT EVERYONE IS TALKING ABOUT!



MANNY FREED Z"l PARENT CHILD LEARNING

EXCITING TORAH AWESOME PRIZES DELICIOUS SNACKS

Every Shabbat afternoon - 4:45 pm - CBY Beis Medrash



JOIN AS A SPONSOR AT
WWW.BNAIYESHURUN.ORG/PCL

AS PART OF THE GARDIN-MERMELSTEIN CHODESH OF INSPIRATION

CBY'S FIRST EVER




Shofar Factory

SUNDAY, SEPTEMBER 18, 2022
10:00 - 11:30 AM | CBY SOCIAL HALL

SEE HOW SHOFROT ARE MADE, AND MAKE YOUR VERY OWN KOSHER SHOFAR TO USE ON ROSH HASHANAH!

\$18 PER CHILD MEMBER AND AFFILIATE RATE \$26 PER CHILD NON-MEMBER RATE



REGISTER AT BNAIYESHURUN.ORG/YOUTH

641 WEST ENGLEWOOD AVENUE, TEANECK, NJ | WWW.BNAIYESHURUN.ORG | 201-836-8916 | YOUTH@BNAIYESHURUN.ORG



BNOT 5783
Rosh Hashanah Greeting

BNOT would like to include every Bnai Yeshurun family in our annual Rosh Hashanah greeting which will be sent to the entire membership. To participate please fill out the form at:
www.bnaiyeshurun.org/bnot
The cost of the greeting is \$18.
DEADLINE IS SUNDAY, SEPTEMBER 18th.

Contact Us

Rabbi Elliot Schrier, Rabbi
rabbischrier@bnaiyeshurun.org

Rabbi Ari Zahtz, Associate Rabbi
rabbizahtz@bnaiyeshurun.org

Rabbi Yosef Weinberger, Assistant Rabbi
rabiweinberger@bnaiyeshurun.org

Rabbi Yehoshua Szafranski, Rabbinic Intern
Rabbi Steven Pruzansky, Rabbi Emeritus
Elysia Stein, Executive Director office@bnaiyeshurun.org
Rivka and Yehoshua Szafranski, Youth Directors
youth@bnaiyeshurun.org

Executive Committee executivecommittee@bnaiyeshurun.org
Robbie Scharf, President president@bnaiyeshurun.org
Ronnie Stern, First Vice President
Chaim Kiss, Second Vice President
Sari Sheinfeld, Third Vice President
Paul Rolnick, Treasurer
Doron Katz, Assistant Treasurer
Jennifer Prince, Secretary
Avram Holzer, Gabbai Rishon gabbai@bnaiyeshurun.org



Congregation Bnai Yeshurun Community Announcements

September 2-9, 2022

י"ג אלול תשפ"ב

Shabbat Shoftim

שבת שופטים

- Yesh Tikva was established to end the silence & create a Jewish community of support for all Jewish people facing infertility. Yesh Tikva provides [free professional psychosocial services](#), resources & tools to those struggling with infertility & raises awareness throughout the community. For info visit YeshTikva.org.
- Project Yechi provides financial support for patients/families undergoing Cancer treatments. The annual barbecue will take place Saturday night, September 10 at 9:30 pm at Keter Torah. Enjoy the evening and lend support to an organization that has helped over 600 families in the USA and Israel and has paid out over 3000 rent & mortgage payments. No admission fee. All are welcome.
- This year, on September 11, Nevut will be holding its annual IDF Ride. Bikers of all backgrounds & ages are invited to ride together with IDF Lone Soldier Veterans with one common goal: to face life's challenges & overcome obstacles. Beginning at the Kaplen JCC on the Palisades, there are options for 100- & 50-mile routes. The ride is fully supported with a support, gear & medical team, as well as fully stocked pit stops along the way. All riders will receive a jersey, bib, amazing SWAG & enjoy a delicious post-ride barbeque. Sign up to ride or be a sponsor at <https://www.rayze.it/theidfride/>. Nevut is a 501(c)(3) nonprofit organization serving IDF Lone Soldier Veterans, that upon their return back to America; Nevut (meaning in Hebrew, to navigate) has services, programs & events to ensure that these soldiers are empowered with the resources, & support needed to transition back into civilian life successfully. For more information, visit <https://nevut.org/>.
- Addictions, varied in nature and intensity, have been widespread in our communities for decades. Due to the stigma surrounding these issues, we have only recently started talking about them publicly, shedding a light on the topic and opening a path for those who are struggling, and their families, to get the help and support they desperately need. Join CCSA on September 18 for an open and honest discussion about the realities and impact of different addictions on our communities. "Safeguarding our Families: Confronting the Reality of Addiction in our Community" will address gambling and gaming; substance use and mental health; trauma and addiction; sex and pornography; technology and social media; family dynamics; crisis management; and the

legalization of marijuana. Free CE credits are available. Please share with colleagues and networks. Thank you. Pre-register for this in-person event at <https://www.jewishccsa.org/upcoming-events> today!

- Shaare Tefillah is holding a Blood Drive on Sunday, September 18, from 9:00 am to 2:00 pm. Appointments are highly recommended. There will be limited walk-in slots available. To schedule an appointment, please visit redcrossblood.org and enter the sponsor keyword: Shaare Tefillah. Thanks to the generosity of Chopstix, all donors will receive a \$5 Chopstix certificate. On the day of your blood donation, eat a healthy meal a few hours before your appointment, drink extra water, and bring your ID! And please wear a mask (a Red Cross requirement). For more information, contact ari.davis1@gmail.com or danlevyesq@gmail.com



Tuesday, September 13, 2022 at 11 :00am

(There will be no SPIRIT program on September 6)

A Minute of Memory Matters: 7 Quick Tips to Improve Your Memory. How to remember where you parked your car. How to use visualization to remember important things. One basic memory technique that can be used in many everyday cases. Some tips for recall. A fun brain exercise using your fingers.

SPIRIT is happy to welcome back our very popular presenter, Rena Yudkowsky, MSW, Memory Coach and Geriatric Social Worker. Rena, a professional memory coach and geriatric social worker, is the founder of Memory Matters. She teaches online memory improvement courses to mid-lifers and seniors. Over the past twenty years in the field, she has served as the director of an Alzheimer's unit in an assisted living facility in Maryland, the director of development at a senior enrichment program in Israel, trainer for dementia caregivers, facilitator of support groups, and international lecturer on aging topics. Currently, she is the memory coach for an international anti-aging clinic where she does 1:1 coaching and is working on a comprehensive program to prevent dementia. She is super passionate about her mission of helping those 50 + to age more healthfully, both physically and cognitively as she empowers them to believe in their own memory with confidence and grace.

[CLICK HERE TO REGISTER](#)