



# Congregation Bnai Yeshurun Weekly Shabbat Announcements

February 7-14, 2020

י"ב-י"ט שבט תש"פ

**Shabbat Beshalach**  
**Shabbat Shira**

שבת בשלח  
שבת שירה

## Shabbat Times      זמני שבת

Candle Lighting	5:00 pm	הדלקת נרות
Mincha & Kabbalat Shabbat	5:05	מנחה וקבלת שבת
Moroccan Mincha	5:05	מנחה נוסח מורקו
Kids Navi Shiur	8:00	שעור הנביא לילדים

Latest Shema	9:34 am	סוף זמן ק"ש
Hashkama–New Main	7:00 am	השכמה
Ashkenaz–Social Hall	8:30	נוסח אשכנז
Sefard–Beis Medrash	8:30	נוסח ספרד
Ashkenaz–New Main	9:00	נוסח אשכנז
Ashkenaz–Old Main	9:15	נוסח אשכנז
Teen Minyan–SH	9:00	מנין נוער
Moroccan–Ogden Building	9:30	נוסח מורקו
Jr. Congregation–SH Stage	9:25	מנין לכתות ה'ו'
Youth Supervised Play	9:00	גן ילדים
Youth Groups (N–4 <sup>th</sup> grade)	9:20	כיתות נוער
Mommy & Me	10:15	אמהות ותינוקות
Men's Club Kiddush in honor of Zachary Milgrom's bar mitzvah following davening		

Daf Yomi-Manny Adler	7:30 am & 4:00 pm	דף היומי
Mishna Yomit (Chullin)	8:15 am	משנה יומית
Parsha HaShavua-R' Zartz	8:40 am	פרשת השבוע
Moroccan pre-shacharit shiur	9:00 am	שעור לפני שחרית
Gemara Shiur - R' Frank Breslau & Dr. Joey Bench	After 8:30 am	שיעור בגמרא
Minchas Chinuch – George Silfen	After Sefard	מנחת חינוך
Josh Notkin-Ein Aya"h	4:30	שיעור עין אי"ה

Shabbat Mincha	1:45	מנחה
Moroccan Mincha after shacharit & kiddush		מנחה נוסח מורקו
Mincha & Shiur	5:00 pm	מנחה ושיעור הרב
R' Pruzansky's shiur "The Rabbinate as Inheritance " following mincha		שיעור פרנסות
Ma'ariv & Kiddush Levana	6:06 pm	מעריב וקדוש לבנה
Manny Freed z"l Parent Child Learning	<b>6:45 pm</b>	הורים וילדים

Next Shabbat Candles	5:08 pm	שבת פרשת יתרו
Mincha	5:15 pm	הדלקת נרות מנחה

## Mizrachi Power Couple to Spend Shabbat at CBY

On February 21-22, שבת פרשת משפטים, Bnai Yeshurun will be hosting Israeli "power couple" Sivan Rahav Meir and Yedidya Meir, as the Adult Education Joseph N. Muschel Scholars in Residence. The Meirs live in ירושלים with their five children, but they are currently in the United States serving as שליחים for the World Mizrachi Movement.

Ms. Rahav Meir has a fascinating background. She was raised in a secular home and knew from an early age that she wanted to be a journalist. She wrote for youth newspapers and magazines and hosted youth programs on Educational Television. At 17, she published her first book, "A Guide for the Young Journalist." She received her BA at the age of 18.



While at University, Ms. Rahav Meir became religiously observant, having been influenced by the works of Professor Yeshayahu Leibowitz, Professor Nechama Leibowitz, Rabbi Joseph B. Soloveitchik and Rabbi Abraham Isaac Kook. She did a year of community service at the Beit Yisrael pre-military academy and her military service at Army Radio.

Yedidya Meir is an accomplished publicist, radio presenter, and author. As a team, Yedidya and Sivan host a weekly radio program on גלי צה"ל Radio. In 2005, they co-authored "ימים כתומים" (Days of Orange) published by Yediot Aharonot Books. The book is a series of interviews with leading figures in the Religious Zionist community in Israel on various aspects of the Disengagement Plan from the Gaza Strip.

The Meirs' most recent publication came out in English on December 12, 2019 and is entitled "Reaching to Heaven." This unusual book is partly biography and partly guidance on how to live meaningful lives. It contains literally hundreds of inspiring short stories about the life of Rav Yaakov Edelstein, Chief Rabbi of Ramat HaSharon for more than 70 years.

Ms. Rahav Meir writes a column on the תורה portion of the week in the weekend supplement of Yediot Aharonot. She began giving weekly talks on פרשת השבוע in 2015. As of 2018, these lectures take place in היכל שלמה and are broadcast on גלי ישראל and social media.

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### Special Events

אירועים מיוחדים

- Bar mitzvah of Zachary Milgrom at the 9:15 am minyan in the Old Main Shul.
- Men's Club Kiddush sponsored by the Milgrom Family in honor of Zachary's bar mitzvah.

### Mazal Tov

מזל טוב

- Genia & Lee Kaminetzky on the bar mitzvah of their grandson, Michael, son of Miriam & David Kaminetzky.
- Tova & Yosef Milgrom on the bar mitzvah of their son, Zachary.
- Jennifer & David Miller, Myril & David Zomick and Sury Kaminetsky on the engagement of their daughter, granddaughter and grandson, Nina Miller to Aryeh Kaminetsky.
- Carrie & Howie Polonetsky on the birth of a grandson, a son to Nicole & BZ Ettinger.
- Charlotte & Jeffrey Stone on the birth of a grandson, a son to Paulette & Joseph Selimo.

### Condolences

נחומים

- Joyce Bendavid on the loss of her beloved mother, Minnie Rubinstein a"h.
- Chaim (Howard) Fisher, on the loss of his beloved mother, Phyllis Fisher a"h.
- Charles Selengut, on the loss of his brother Shalom Selengut a"h.
- Blimie Strauss on the loss of her beloved mother, Evelyn Sternberg a"h.

### CBY Notes

- Adult Ed's next Chavura on the shiurim of R' Joseph Soloveitchik (in Yiddish) on the *Aggadik* sections of מסכת ברכות, led by R' Tuly Polak, will take place on Tuesday, February 11<sup>th</sup> at 7:45 pm. Contact Sol Rosenberg at [Sol.Rosenberg@ieee.org](mailto:Sol.Rosenberg@ieee.org) or David Chesir at [davidzchesir@aol.com](mailto:davidzchesir@aol.com), to confirm attendance.
- Save the date for the Rabbinic Probah weekends; Feb. 14-15, Feb. 28-29, & March 6-7. More details to follow.
- Feb. 16<sup>th</sup> following 8:00 pm maariv in the Old Main, R' Lazer Brody will give a shiur, "Ein Od Milvado-Inner Peace in 3 Words".
- Shabbat February 21<sup>st</sup> & 22<sup>nd</sup> Adult Ed presents the Joseph N. Muschel Scholars-in-Residence, Sivan Rahav Meir & Yedidya Meir. See article on page 1 for details.
- The next CBY Seudah Shlisheet will take place on Shabbat, Feb. 22<sup>nd</sup> following mincha at 5:05 pm, featuring Sivan Rahav Meir as guest speaker. To sponsor at \$100,

please fill out the form at:

[www.bnaiyeshurun.org/seudah-shlisheet.html](http://www.bnaiyeshurun.org/seudah-shlisheet.html).

- Men, invest in your health & support CBY! When you sign up for classes with Jump Into Shape using code "CBY", you save 10% & CBY receives 10%. Each week there are 2 local in-person classes & 9 online classes. Details at [www.jumpintoshape.fun/cby](http://www.jumpintoshape.fun/cby). "Jump Into Shape classes leaves me energized" –R' Ari Zahtz. Text 646.653.4850 to try a free week.
- This year's annual community-wide Chevra Kadisha Zayin Adar Seudah will take place on Tuesday, March 3 at CBY. This year's seudah is being dedicated in memory of Shelly Mermelstein and for a refuah shelaimah for Micha Kaufman. Mincha, with kriat hatorah, will take place in the Beis Medrash at 5:30 pm followed by Maariv at 6:15 pm; the Seudah will take place in the Social Hall after maariv. Fast ends at 6:31 pm. To attend the Seudah, \$25/person. Register online at: <https://www.bnaiyeshurun.org/zayin-adar-seudah.html>

### Beis Medrash Committee

- Manny Freed z"l Parent Child Learning will take place on Motzei Shabbat at **6:45 pm**.
- Thank you to the Parent Child Learning Sponsors: **Winter Season Sponsor:** The Sheinfeld Family, l'ilui nishmat Tzipora bat Yisrael z"l & Noam Rachel bat Ephraim Tzvi Moshe z"l and for a refuah shleimah of Ephraim Tzvi Moshe ben Shulamit Tzivia & Etai Yaakov ben Tzipora.

### David Frohlich z"l Youth Department

- Tot Shabbat led by Rachel Wilens in the Nursery room.
- Jr. Congregation Tu B'Shevat Tisch this Shabbat.
- ענוה: מדה; אלוקי נצור: תפילה of the Week: ענוה.

### Men's Club

- The next Men's Club Kiddush will take place next Shabbat, February 15<sup>th</sup>. To sponsor, please contact Neal Landerer or the shul office.

### BNOT

- BNOT's Comedy Night, featuring MODI on Motzei Shabbat, February 22<sup>nd</sup>. Dairy dinner & dessert at 7:30 pm; the show will begin at 8:30 pm. Tickets are \$36/person & \$40/person at the door. Sponsorship of \$360 includes four tickets & VIP seating. Register at [bnaiyeshurun.org/bnot](http://bnaiyeshurun.org/bnot).
- Order Mishloach Manot by logging on to your CBY account at [www.bnaiyeshurun.org](http://www.bnaiyeshurun.org). Deadline for orders is March 2<sup>nd</sup>. Contact the office with any questions.
- Project Meet Your Match welcomes dating profiles to be sent to [MEETYOURMATCH@bnaiyeshurun.org](mailto:MEETYOURMATCH@bnaiyeshurun.org)



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## Weekly Davening Schedule

Earliest tefillin – 6:03 am Latest Shema – 9:34 am Mincha Gedola – 12:41 pm	Sun. Feb. 9	Mon. Feb. 10	Tues. Feb. 11	Wed. Feb. 12	Thu. Feb. 13	Fri. Feb. 14
	י"ד שבט	ט"ו שבט Tu B'Shevat	ט"ז שבט	י"ז שבט	י"ח שבט	י"ט שבט
דף היומי	ברכות ל"ז	ברכות ל"ח	ברכות ל"ט	ברכות מ'	ברכות מ"א	ברכות מ"ב
Daf Yomi	7:00 am	5:30 am	5:30 am	5:30 am	5:30 am	5:30 am
Shacharit – Old Main		6:05	6:15	6:15	6:05	6:15
Shacharit – Beis Medrash	6:25	6:20	6:30	6:30	6:20	6:30
Shacharit – Old Main	7:30	7:00	7:00	7:00	7:00	7:00
Shacharit – Beis Medrash		7:20	7:30	7:30	7:20	7:30
Shacharit – Old Main	8:50	8:00	8:00	8:00	8:00	8:00
Shacharit – Old Main		8:50	8:50	8:50	8:50	8:50
Shacharit – New Main	<b>7:00</b> <b>8:00</b> <b>9:15</b>					
Mincha - Beis Medrash	12:45 & 1:45 pm	1:45 pm	1:45 pm	1:45 pm	1:45 pm	
Mincha - Old Main		5:10 pm	5:10 pm	5:10 pm	5:10 pm	
Mincha - New Main	5:10 pm					
Ma'ariv - Old Main	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	
Ma'ariv - Beis Medrash	10:01 11:00	10:01 11:00	10:01 11:00	10:01 11:00	10:01 11:00	

שחרית

מנחה

מעריב

Beis Medrash Program	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Yitzchak Yaakov Koller Boker			6:20-7:00 am	6:20-7:00 am		6:20-7:00 am
Daf Yomi	7:00 am	5:30 am	5:30 am	5:30 am	5:30 am	5:30 am
Mishna Yomit	8:30 am			7:45 am		
Kids Navi Shiur (מלכים א')						
Daf Yomi B'Halacha Chavurah			8:30 pm			
Olam Ha'avodah-R' Zahtz			Following 9:00 pm Maariv (M & W)			
Navi Chavurah-R' Schachter-Sefer Shmuel I			8:15-9:00 pm			
Parsha w/Rav Goldwicht			8:30 pm			
Senior Lunch & Learn				1:00-2:30 pm		
Tzurva Merabanan-R' Pruzansky				8:15 pm		
Shiur with R' Meier – Sefer Shmuel				8:15 pm		
Halacha Shiur w/R' Sobolofsky				9:15 pm		
Gemara Shiur w/ R' Zahtz (8 <sup>th</sup> perek of Chullin)					8:10 pm	
Shiur w/ R' Moshe Tzvi Weinberg					8:15 pm	
Parsha & Halacha w/ R' Taubes					10:15 pm	





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Hundreds of people attend these lectures including, recently, President Reuven Rivlin.

In February, 2016 Ms. Rahav Meir was chosen as the most popular Facebook personality in the Religious-Zionist sector, followed by her husband in second place. The Jerusalem Post cited Sivan Rahav Meir as one of the fifty most influential Jews in the world.

Sivan will speak on Friday night at an עונג שבת at 8:30 pm on the topic of "My Personal Story as a Religious Journalist in Israel; Reflections on Current Events." On Shabbat at 4:00 pm, the topic will be "Lessons from פרשת משפטים for our Daily Lives", and following the 5:05 mincha, (please note the earlier time), Sivan will share her "Reflections of an Israeli Journalist," at a special *seudah shlisheet*. Sivan will also be in attendance at Keter Torah where she will speak after the 7:15 am *Hashkama minyan* and the 9:00 am Main Sanctuary *minyan*, on the subject of "My Personal Story as a Religious Journalist in Israel."



**Parking Safety Reminder:** When coming to CBY please confirm you are parked in a legal parking spot. There is currently no parking on the west side of Jefferson Street from Grenville Avenue until Rutland Avenue. As always, it is illegal to park within 25 ft. of a crosswalk

or 50 ft. of a stop sign. Please also be respectful of the driveways of our neighbors. For the safety of all our members CBY will cooperate to have violators reported, ticketed and/or towed.

### Rabbinic Tribute Committee Call to Action:

**Dinner Video:** Please share personal pictures of the Rabbi and Karen taken during special or ordinary occasions over the years for use in the professionally produced video. Please submit labeled photos to the shul office or to PruzanskyTribute@bnaiyeshurun.org ASAP.

**Memory Book:** Please submit a memory you have - in either word, pictures, or both to be bound in a book & presented to the Pruzanskys at the Tribute Dinner. Submissions should be sent to PruzanskyTribute@bnaiyeshurun.org by 4/30.

Don't forget to mark your calendar! Rabbinic Tribute Dinner in honor of Karen & Rabbi Pruzansky May 31st.

Please join BNOT for an evening of stand-up comedy and great food!

COMEDY NIGHT

starring: MODI

MOTZEI SHABBAT, FEBRUARY 22, 2020

7:30 PM DAIRY DINNER & DESSERT  
8:30 PM SHOW

\$36 PER PERSON  
WHEN REGISTERING AT [www.bnaiyeshurun.org/bnot](http://www.bnaiyeshurun.org/bnot) BY FEBRUARY 19TH  
\$40 at the door

Sponsorship opportunities are available to commemorate yahrzeits, smachot, and other special occasions. To sponsor or for more information please contact the shul office.  
Day of Learning \$36  
Weekly Bulletin \$54

### Contact Us

- Rabbi Steven Pruzansky, Rabbi [rabbi@bnaiyeshurun.org](mailto:rabbi@bnaiyeshurun.org)
- Rabbi Ari Zahtz, Associate Rabbi [rabbizahtz@bnaiyeshurun.org](mailto:rabbizahtz@bnaiyeshurun.org)
- Rabbi Yosef Weinberger, Assistant Rabbi [rabiweinberger@bnaiyeshurun.org](mailto:rabiweinberger@bnaiyeshurun.org)
- Elysia Stein, Executive Director [office@bnaiyeshurun.org](mailto:office@bnaiyeshurun.org)
- Rivka & Yehoshua Szafranski, Youth Directors [youth@bnaiyeshurun.org](mailto:youth@bnaiyeshurun.org)
- Rabbi Jonathan Schachter, Teen Programming [rabbischachter@bnaiyeshurun.org](mailto:rabbischachter@bnaiyeshurun.org)
- Executive Committee [executivecommittee@bnaiyeshurun.org](mailto:executivecommittee@bnaiyeshurun.org)
- Ethan Keiser, President [president@bnaiyeshurun.org](mailto:president@bnaiyeshurun.org)
- Steven Becker, First Vice President
- Doron Katz, Second Vice President
- Jennifer Miller, Third Vice President
- Andrew Berkowitz, Treasurer
- Saul Kaszovitz, Assistant Treasurer
- Esti Kaminetzky, Secretary
- Chaim Kiss, Gabbai Rishon [gabbai@bnaiyeshurun.org](mailto:gabbai@bnaiyeshurun.org)



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### Community Announcements

- The polls are open! The voting period for the World Zionist Congress Election has begun! From January 21-March 11 Go to [www.zionistelection.com](http://www.zionistelection.com). Make your voice heard. This election will determine the allocation of approximately one billion dollars in funding over the next several years. This money can be used to promote strong Torah & Zionist values, & love of the people & land of Israel - or not. Allocation is based on the percentage of delegates that each slate wins. The more votes for Torah & religious Zionist delegates, the more money for institutions that further those values. Rabbi & Karen Pruzansky are running as delegates on slate #1, Eretz Hakodesh, which seeks to protect Torah, the Mesorah & the sanctity of the land of Israel, without any hesitation. There are two other slates that would also further our values. Slate #4, the Orthodox Israel Coalition, & slate #11, the ZOA Coalition. All three slates are in agreement on 90-95% of the issues & will work together as a coalition to protect the interests of Torah in the Congress. What is most important is that you vote. Every vote is critical. Every Jew over the age of 18 is eligible to vote. We have the power to ensure that the Torah & Zionist values we hold dear thrive, prosper & take deeper root in the Jewish world.
- Congregation Beth Abraham is pleased to announce that it has initiated a new nightly Daf Yomi Shiur at 8:15. Maariv is at 9:05. Shiurim are Sunday through Thursday nights. For info: [jsphhealth@optonline.net](mailto:jsphhealth@optonline.net)
- The YU Seforim Sale is here: February 2 - February 23 Sunday 10 am - 10 pm; Monday- Thursday 6:30 - 10:30 pm; Motzei Shabbat 8 - 11 pm. Free shipping on orders over \$350. For further information, please contact [INFO@THESEFORIMSALE.COM](mailto:INFO@THESEFORIMSALE.COM)
- The Beit Midrash of Teaneck is located at Heichal HaTorah, 70 Sterling Pl & meets on M & W from 9:15 a.m. to 12:45 p.m. February 10 & 12, Seder begins at 9:15 am for Chavrusa learning; at 10:00 a.m., R' Ronen Dvash & R' Moshe Genack will give shiurim on Gemaras Brachos & Kiddushin respectively; at 11:00 a.m. R' Larry Rothwachs will be giving a shiur entitled, "The People's Court: Personal Initiative & Autonomy in Settling Disputes" (M & W). At 12:00 pm, R' Hayyim Angel will give a shiur on Sefer Amos. Source sheets are provided by contacting [BMTeaneck@gmail.com](mailto:BMTeaneck@gmail.com).
- NCSY presents a 4-part series on Practical Parenting, Foundations & Applications led by Rabbi Dr. Alex Mondrow, which will take place on Mondays, February 3, 10, 17 & 24 from 9:00 -10:00 pm at Congregation Ohr HaTorah, 36 Rector Ct. in Bergenfield. Pricing: \$150/person or \$250/couple. Limited spots available, register today at [newjersey.ncsy.org/parenting](http://newjersey.ncsy.org/parenting). For more info, contact R' Josh Grajower at [grajowerj@ncsy.org](mailto:grajowerj@ncsy.org).
- Motzei Shabbat, February 8th, 8 pm at Congregation Rinat Yisrael. Nerot Sisterhood presents Comedy Night, featuring Andrew Ginsburg. 8 pm dessert & 8:30 pm show. \$30/person before January 28, \$35/person after January 28. Visit [www.rinat.org/nerot-comedy-night](http://www.rinat.org/nerot-comedy-night) for tickets.
- The Frisch School's Annual Dinner will take place on Saturday night, Feb 8th, honoring Ilana & Stuart Goldberg, Allison Adler, **Ben Breda** '99, & Barry & Barbara Kessler. Reserve at [www.frischdinner.com](http://www.frischdinner.com).
- This Sunday, February 9, at 10:00 a.m., at Congregation Beth Aaron, the film "Only With Joy--The Life and Legacy of Rav Meir Shapiro" will be shown.
- Project Ezra is offering "The Aisle", a very important seminar to young couples in Bergen County, on February 9th, at 5:30 pm at Congregation Beth Abraham. The goal is to educate newlyweds & engaged couples on the importance of talking about money & providing them with the tools to work together on a path toward a financially healthy lifestyle. Free event & dinner.
- Youth Mental Health First Aid training course on February 9th to be hosted by Refa'enu. The course will teach how to identify, understand & respond to signs of mental illnesses & substance use disorders, & will offer skills needed to provide initial help & support to youths who may be developing a mental health or substance use problem or experiencing a crisis (e.g. suicidality, psychosis, overdose, panic attacks). 9:00 am-5:30 pm, at Congregation Shaare Tefillah, 510 Claremont Ave, Teaneck. Sign up at: <http://refaenu.org/mhfa/>
- Please join us for a FREE "Stop the Bleed" Training on Tuesday, February 11<sup>th</sup> at 6:30 pm at the Jewish Federation of Northern NJ, 50 Eisenhower Drive, Paramus. Stop the Bleed is a national awareness campaign & call-to-action. It is intended to encourage everyone to become trained, equipped & empowered to help in a bleeding emergency before professional help arrives. You can learn how to stop major bleeding in three simple ways by taking this course taught by Valley Health Emergency Paramedics. Pre-registration is required at [www.jfnj.org/stopthebleed](http://www.jfnj.org/stopthebleed). Contact Debbie Gottlieb at 201-820-3928 or Jerry Dargan at 201-820-3978 for further information.
- NechamaComfort is an organization that offers support & guidance to families who have experienced infant or





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pregnancy loss. We invite you to come to our monthly support group meeting at the Jewish Family & Children Services 1485 Teaneck Road, Teaneck on Tuesday February 11th from 7:00-9:00 pm. Women & men are welcome. For more info go to [nechamacomfort.org](http://nechamacomfort.org).

- Ma'ayanot Yeshiva High School for Girls invites all 8th grade parents to a meet and greet with our incoming Head of School, Mrs. CB Neugroschl. Wednesday, February 12th at 7:45 pm. 1650 Palisade Ave. Teaneck.
- The Ma'ayanot Adult Education Shiur Series is Back! Major Models of Redemption: Purim, Pesach & Yom Ha'atzmaut-Ms. Sarah Gordon, Ma'ayanot Director of Israel Guidance & Experiential Education, Talmud Teacher & Contemporary Israel Course Chair. Thursdays, February 13, & 20, 10:15-11:15am in the Beit Knesset.
- Looking for a Purim costume, but don't want to waste the money on something you won't use again? Visit our costume Gmach, all costumes are free to borrow. \$5 donation requested. \$10 deposit per a costume will be refunded when returned. The Gmach will be open at Keter Torah (600 Roemer Ave) Sunday 2/16 10 am-1 pm. The gmach is in memory of Farvish Hirsch Ben Shmuel Leib. Donate used costumes by emailing [rivkirosenthal@gmail.com](mailto:rivkirosenthal@gmail.com) or call 201-923-7622.
- SAR High School adult education evening in Bergen County on Wednesday, February 19th at 8pm, hosted in a private home in Teaneck. Current, prospective and alumni parents in the community are welcome to attend. Interested parents should please RSVP to: [www.bit.ly/SARnights2020](http://www.bit.ly/SARnights2020)
- SINAI Schools 2020 Annual Benefit Dinner-Please join us on Sunday Evening, February 23<sup>rd</sup>, honoring Dr Philip & Peggy Danishefsky, R' Yehuda & Laurie Minchenberg, R' Yosef Adler, Brad Ruder President of BRAD-CORE/Humanism in Building will receive SINAI's Community Partnership Award. Marriott Glenpointe Hotel, Teaneck. Buffet Dinner 4:45 pm, Program Promptly at 6:30 pm. For reservations or donations, visit [www.sinaidinner.org](http://www.sinaidinner.org) or call 201-833-1134 x106.
- Cong. Rinat Yisrael, Shabbat Feb. 28th & 29th, Joey Rosenfeld- Scholar in Residence: Friday night Tisch at 8:30 pm, led by Joey Rosenfeld & Yoni Stokar. Shabbat morning after 9 am minyan: "The Inner World of Addiction: Spiritual Insight into a Growing Crisis." Shiur between mincha & maariv: "The Redemption of Doubt: Doubt as a Spiritual Ideal."
- Bonei Olam Bergen County Event - Beyond Imagination. Motzei Shabbos, February 29, 8:30 pm at Hatorah 70 Sterling Pl, Teaneck. Be entertained by famed mentalist Marc Garfinkel, be inspired by a personal story of a journey of challenge and joy and a founder's message

from R' Schlomo Bochner, enjoy a hot fleishig buffet and good company. To donate [www.boneiolam.org/bergen](http://www.boneiolam.org/bergen).

- The next Kavana minyan will be hosted by CBY March 1st at 8:00 am.
- Join us for Super Sunday, Jewish Federation's largest phone-a-thon! Sunday, March 1<sup>st</sup>. Make a Call - Take a Call - Do a Mitzvah. Choose a shift to make calls 9:30 am - 12:00 pm; 12:30 pm - 3:00 pm. Jewish Federation of Northern New Jersey, 50 Eisenhower Dr, Paramus.
- Makor Disability Services invites the Bergen County Community to an Educational Workshop & Information Session with Dr. Stephen Glicksman, Developmental Psychologist & Director of Clinical Innovation at Makor, on the topic of Including Everyone: Spirituality in the Lives of People with Specialized Needs. Sunday, March 1st 9:45 am At the Wertenteil home 1326 Hastings Street Teaneck, RSVP: [info@makords.org](mailto:info@makords.org)
- Ma'ayanot Annual Scholarship Dinner Motzei Shabbat, March 7<sup>th</sup> at 8:30pm at Keter Torah Please join us as we wish Tzeitchem L'Shalom to our beloved Principal, Mrs. Rivka Kahan & as we pay Hakarat Hatov to our esteemed honorees. Donate & RSVP online at [maayanot.org/annual-dinner/](http://maayanot.org/annual-dinner/) or contact Sara Grinfeld at [grinfelds@maayanot.org](mailto:grinfelds@maayanot.org)
- Community Wide NORPAC Informational Meeting on Sunday, March 8 at 8 pm at Beth Abraham - Learn what NORPAC's 1-Day Mission to Washington DC is all about.
- JLE has an ongoing class on 48 Ways to Wisdom given by R' Justin Wexler. Based on the classes by R' Noach Weinberg on Wednesdays at 8:15 pm in Beth Aaron in the basement.
- CCSA welcomes anyone with a loved one who is suffering from substance abuse/addiction to our local support group, which meets every other Wednesday evening in Teaneck. The group is free of charge & is facilitated by professionals specializing in addiction. For information & location of the meeting, please email [Time2TalkAddiction@gmail.com](mailto:Time2TalkAddiction@gmail.com).
- Chessed for Tzedakah is a chessed organization that tutors & babysits for low, affordable prices, & gives all of their tutoring & babysitting money to Beit Elazraki, a Jewish orphanage in Israel. This organization is running for its second year. Please visit us at [www.chessedfortzedakah.com](http://www.chessedfortzedakah.com)
- Senior Health & Resource Fair: Age-Friendly Teaneck & Holy Name Medical Center co-sponsor health screenings & information about important resources for older adults. More details to come. Wednesday, April 22 9 am to 12 pm Richard Rodda Center, 250 Colonial Court.