



# Congregation Bnai Yeshurun Weekly Shabbat Announcements

January 31-February 7, 2020

ה'י"ב שבט תש"פ

Shabbat Bo

שבת בא

## Shabbat Times זמני שבת

Candle Lighting	4:51 pm	הדלקת נרות
Mincha & Kabbalat Shabbat	4:55	מנחה וקבלת שבת
Moroccan Mincha	4:55	מנחה נוסח מורקו

Latest <i>Shema</i>	9:37 am	סוף זמן ק"ש
Hashkama—New Main	7:00 am	השכמה
Ashkenaz—Social Hall ( <b>Left side</b> )	8:30	נוסח אשכנז
Sefard—Beis Medrash	8:30	נוסח ספרד
Ashkenaz—New Main	9:00	נוסח אשכנז
Ashkenaz—Old Main	9:15	נוסח אשכנז
Teen Minyan—SH ( <b>Right side</b> )	9:00	מנין נועד
Moroccan—Ogden Building	9:30	נוסח מורקו
Jr. Congregation—SH Stage	9:25	מנין לכתות ה'ו'
Youth Supervised Play	9:00	גן ילדים
Youth Groups (N—4 <sup>th</sup> grade)	9:20	כיתות נועד
Mommy & Me	10:15	אמהות ותינוקות
Men's Club Kiddush in honor of Joshua Rothenberg's bar mitzvah following davening		

Daf Yomi-Manny Adler	7:30 am & 3:50 pm	דף היומי
Mishna Yomit (Chullin)	8:15 am	משנה יומית
Parsha HaShavua-R' Weinberger	8:40 am	פרשת השבוע
Moroccan pre-shacharit shiur	9:00 am	שיעור לפני שחרית
Gemara Shiur - R' Frank Breslau & Dr. Joey Bench	After 8:30 am	שיעור בגמרא
Minchas Chinuch – R' Steven Weil	After Sefard	מנחת חינוך
Josh Notkin-Ein Aya"h	4:20	שיעור עין איה

Shabbat Mincha	1:45	מנחה
Moroccan Mincha after shacharit & kiddush		מנחה נוסח מורקו
Mincha & Shiur	4:50 pm	מנחה ושיעור הרב
R' Pruzansky's shiur "The Kashrut Business" following mincha		
Ma'ariv & Kiddush Levana	5:57 pm	מעריב וקדוש לבנה
Manny Freed z"l Parent Child Learning	<b>6:45 pm</b>	הורים וילדים

Next Shabbat Candles	5:00 pm	שבת פרשת בשלח
Mincha	5:05 pm	הדלקת נרות מנחה

## CBY Rabbinic Search Process Enters Final, Critical Phase

In just two weeks, Bnai Yeshurun's search for its next **מרא דאתרא** enters its final and most critical phase. On February 14<sup>th</sup>, with the start of the first rabbinic *probah*, the Rabbinic Search Committee will be expanded to include all full members of our shul. The new Senior Rabbi that the membership selects will likely have a profound impact on the future of our *kehilla*. This is an opportunity and a responsibility we should not take lightly.

As the current phase of the process winds down, Search Committee CO-chair Saul Kaszovitz took the opportunity to thank his team. "Frankly, when we started, I thought that a ten-person team was too large and cumbersome. But the diligence and diversity of the team members resulted in a very thoughtful and thorough search and I think the membership will appreciate the team's work when they meet the candidates." Co-chair Steven Becker added, "We began with over 50 candidates. The committee spent an inordinate amount of time- reviewing resumes, participating in telephone and videoconference interviews, conducting lengthy in-person interviews and attending numerous committee meetings. Committee members clearly understood the importance of their efforts."



*Members of the Rabbinic Search Committee: Standing: Saul Kaszovitz, Steven Becker, Danny Saks, Dovid Weinstein, Simcha Katz, David Rauch  
Seated: Chaya Schwartz, Yaakov Sheinfeld, Chani Chesner, and Rhonda Avner*

Now Bnai Yeshurun members will be asked to devote significant time and thought because the upcoming *probah* Shabbatot will be very intense. A couple of months ago (and several times since) members received a "heads up" to reserve the weekends of 2/14, 2/28, and 3/8. On each of those weekends the following is planned.

- Short *dvar Torah* after *Kabbalat Shabbat*
- Friday evening *Oneg* with *dvar Torah*
- *Derasha* at Hashkama Minyan
- Remarks at Teen Minyan
- *Derasha* at 10:30 in the Beis Medrash (for attendees of 8:30 Ashkenaz and Nusach Sefard Minyanim)
- *Derasha* at 11 am in the New Main for attendees of New Main, Old Main and Moroccan Minyanim

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### Special Events

אירועים מיוחדים

- Bar mitzvah of Joshua Rothenberg in the New Main Shul.
- Men's Club Kiddush sponsored by the Rothenberg Family in honor of Joshua's bar mitzvah.

### Mazal Tov

מזל טוב

- Meryl & Eddy Arbisfeld on the birth of a grandson, a son to Rebecca & Alexander Fischman.
- Joan & Jeffrey Ashenberg and Michael Goldsmith on the bat mitzvah of their granddaughter, Keren, daughter of Eva & Bryan Ashenberg, in Modiin.
- Kara & Peter Feldman on the recent bat mitzvah of their daughter, Tamar.
- Rickie & Alex Folkman on the engagement of their grandson, Noam Levy to Sarah Alya Arzouan.
- Sury Kaminetsky on the engagement of her grandson, Roni Zakutinsky, to Rivka Schwebel of Monsey.
- Hana & Brian Katz on the bat mitzvah of their granddaughter, Sarena, in Israel.
- Judy & Ralph Marcus on the marriage of their granddaughter, Efrat Aaron to Avi Seidenfeld, of Efrat, Israel.
- Dahlia & Michael Rosen and Judith Rosen on the engagement of their daughter and granddaughter, Hannah, to Jamie Dekelbaum of Maryland.
- Tamar & Ross Rothenberg on the bar mitzvah of their son, Joshua.
- Tammy & Benjie Silverberg on the birth of a great-granddaughter, a daughter to Tzipora & Yitzchak Meir Hilman in Monsey, NY.
- Henry Wertheimer on the birth of a great-grandson, a son to Shira & Itzik Finlay, in Israel.

### Condolences

נחומים

- Sorah Birnbaum on the loss of her beloved sister, Sirod Schultz a"h.

### CBY Notes

- Adult Ed's next Chavura on the shiurim of R' Joseph Soloveitchik (in Yiddish) on the *Aggadic* sections of *מסכת ברכות*, led by R' Tuly Polak, will take place on Tuesday, February 11<sup>th</sup> at 7:45 pm. Contact Sol Rosenberg at [Sol.Rosenberg@ieee.org](mailto:Sol.Rosenberg@ieee.org) or David Chesir at [davidzchesir@aol.com](mailto:davidzchesir@aol.com), to confirm attendance.
- Save the date for the Rabbinic Probah weekends; Feb. 14-15, Feb. 28-29, & March 6-7. See page 1 for details.

- Feb. 16<sup>th</sup> following 8:00 pm maariv in the Old Main, R' Lazer Brody will give a shiur, "Ein Od Milvado-Inner Peace in 3 Words".
- Shabbat February 21<sup>st</sup> & 22<sup>nd</sup> Adult Ed presents the Joseph N. Muschel Scholars-in-Residence, Sivan Rahav Meir & Yedidya Meir. Stay tuned for more details.
- Men, invest in your health & support CBY! When you sign up for classes with Jump Into Shape using code "CBY", you save 10% & CBY receives 10%. Each week there are 2 local in-person classes & 9 online classes. Details at [www.jumpintoshape.fun/cby](http://www.jumpintoshape.fun/cby). "Jump Into Shape classes leaves me energized" - R' Ari Zhatz. Text 646.653.4850 to try a free week.

### Beis Medrash Committee

- Manny Freed z"l Parent Child Learning will take place on Motzei Shabbat at **6:45 pm**.
- Thank you to the Parent Child Learning Sponsors: **Winter Season Sponsor:** The Sheinfeld Family, l'ilui nishmat Tzipora bat Yisrael z"l & Noam Rachel bat Ephraim Tzvi Moshe z"l and for a refuah shleimah of Ephraim Tzvi Moshe ben Shulamit Tzivia & Etai Yaakov ben Tzipora.

### David Frohlich z"l Youth Department

- Tot Shabbat led by Rachel Wilens in the Nursery room.
- Family *הבדלה* on Feb. 1st. at **6:15 pm** in the Social Hall.
- SOUPer Hero Chesed event on Feb. 2<sup>nd</sup> 9:30-10:30 am in the Social Hall.
- Tefillah of the Week: אין כאלקינו
- Middah of the Month: ענוה.

### BNOT

- BNOT's Comedy Night, featuring MODI on Motzei Shabbat, February 22<sup>nd</sup>. Dairy dinner & dessert at 7:30 pm; the show will begin at 8:30 pm. Tickets are \$36/person & \$40/person at the door. Sponsorship of \$360 includes four tickets & VIP seating. Register at [bnaiyeshurun.org/bnot](http://bnaiyeshurun.org/bnot).
- Project Meet Your Match welcomes dating profiles to be sent to [MEETYOURMATCH@bnaiyeshurun.org](mailto:MEETYOURMATCH@bnaiyeshurun.org)

Sponsorship opportunities are available to commemorate yahrzeits, smachot, and other special occasions. To sponsor or for more information please contact the shul office.  
Day of Learning \$36  
Weekly Bulletin \$54



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## Weekly Davening Schedule

	Sun. Feb. 2	Mon. Feb. 3	Tues. Feb. 4	Wed. Feb. 5	Thu. Feb. 6	Fri. Feb. 7
Earliest tefillin – 6:10 am Latest Shema – 9:37 am Mincha Gedola – 12:40 pm	א' שבט	ב' שבט	ג' שבט	ד' שבט	ה' שבט	ו' שבט
דף היומי	ברכות ל'	ברכות ל"א	ברכות ל"ב	ברכות ל"ג	ברכות ל"ד	ברכות ל"ה
Daf Yomi	7:00 am	5:30 am	5:30 am	5:30 am	5:30 am	5:30 am
Shacharit–Old Main		6:05	6:15	6:15	6:05	6:15
Shacharit–Beis Medrash	6:25	6:20	6:30	6:30	6:20	6:30
Shacharit–Old Main	7:30	7:00	7:00	7:00	7:00	7:00
Shacharit–Beis Medrash	<b>8:00* kavana</b>	7:20	7:30	7:30	7:20	7:30
Shacharit– Old Main	8:50	8:00	8:00	8:00	8:00	8:00
Shacharit– Old Main		8:50	8:50	8:50	8:50	8:50
Shacharit– New Main	<b>7:00</b> <b>8:00</b> <b>9:15</b>					
Mincha - Beis Medrash	12:45 & 1:45 pm	1:45 pm	1:45 pm	1:45 pm	1:45 pm	
Mincha - Old Main		5:05 pm	5:05 pm	5:05 pm	5:05 pm	
Mincha -New Main	5:05 pm					
Ma'ariv - Old Main	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	
Ma'ariv - Beis Medrash	10:01 11:00	10:01 11:00	10:01 11:00	10:01 11:00	10:01 11:00	

Beis Medrash Program	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Yitzchak Yaakov Kollel Boker			6:20-7:00 am	6:20-7:00 am		6:20-7:00 am
Daf Yomi	7:00 am	5:25 am	5:30 am	5:30 am	5:30 am	5:30 am
Mishna Yomit	8:30 am			7:45 am		
Kids Navi Shiur (מלכים א')						
Daf Yomi B'Halacha Chavurah			8:30 pm			
Olam Ha'avodah-R' Zahtz		Following 9:00 pm Maariv (M & W)				
Navi Chavurah-R' Schachter-Sefer Shmuel I			8:15-9:00 pm			
Parsha w/Rav Goldwicht			8:30 pm			
Senior Lunch & Learn				1:00-2:30 pm		
Tzurva Merabanan-R' Pruzansky				8:15 pm		
Shiur with R' Meier – Sefer Shmuel				8:15 pm		
Halacha Shiur w/R' Sobolofsky				9:15 pm		
Gemara Shiur w/ R' Zahtz (8 <sup>th</sup> perek of Chullin)						
Shiur w/ R' Moshe Tzvi Weinberg					8:15 pm	
Parsha & Halacha w/ R' Taubes					10:15 pm	



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- Men's Club Kiddush with "Meet and Greet" opportunity
- Shabbat afternoon Women's Tea with *Rebbetzin*
- Post-Mincha *Shiur*
- *Motzai Shabbat* remarks at Parent-Child Learning
- *Motzai Shabbat* Q&A Session with all members in the New Main (livestream available – more details to follow)
- Sunday Morning Daf Yomi *Shiur*

As previously explained, the identities of candidates have not been divulged to anyone but the Search Committee. Bnai Yeshurun's constitution requires that the Board of Directors approve candidates before presentation to the membership. It is expected that the Board will approve the Search Committee's recommendations at its meeting of February 10th, at which time the names of the final candidates will be announced to the membership.

After the *probah* weekends, there will be an on-line vote (with an in-person option) for all full members, currently planned for the week of March 15th. That will bring to an end a long, careful, rather complex but transparent process. It will also be the beginning of a new chapter in the life of Bnai Yeshurun.



### Rabbinic Tribute Committee Call to Action:

**Dinner Video:** Please share personal pictures of the Rabbi and Karen taken during special or ordinary occasions over the years for use in the professionally produced video. Please submit labeled photos to the shul office or to [PruzanskyTribute@bnaiyeshurun.org](mailto:PruzanskyTribute@bnaiyeshurun.org) ASAP.

**Memory Book:** Please submit a memory you have - in either word, pictures, or both to be bound in a book & presented to the Pruzanskys at the Tribute Dinner. Submissions should be sent to [PruzanskyTribute@bnaiyeshurun.org](mailto:PruzanskyTribute@bnaiyeshurun.org) by 4/30.

Don't forget to mark your calendar! Rabbinic Tribute Dinner in honor of Karen & Rabbi Pruzansky May 31st.

### Contact Us

- Rabbi Steven Pruzansky, Rabbi [rabbi@bnaiyeshurun.org](mailto:rabbi@bnaiyeshurun.org)  
 Rabbi Ari Zahtz, Associate Rabbi [rabbizahtz@bnaiyeshurun.org](mailto:rabbizahtz@bnaiyeshurun.org)  
 Rabbi Yosef Weinberger, Assistant Rabbi [rabbaweinberger@bnaiyeshurun.org](mailto:rabbaweinberger@bnaiyeshurun.org)  
 Elysia Stein, Executive Director [office@bnaiyeshurun.org](mailto:office@bnaiyeshurun.org)  
 Rivka & Yehoshua Szafranski, Youth Directors [youth@bnaiyeshurun.org](mailto:youth@bnaiyeshurun.org)  
 Rabbi Jonathan Schachter, Teen Programming [rabbischatz@bnaiyeshurun.org](mailto:rabbischatz@bnaiyeshurun.org)  
 Executive Committee [executivecommittee@bnaiyeshurun.org](mailto:executivecommittee@bnaiyeshurun.org)  
 Ethan Keiser, President [president@bnaiyeshurun.org](mailto:president@bnaiyeshurun.org)  
 Steven Becker, First Vice President  
 Doron Katz, Second Vice President  
 Jennifer Miller, Third Vice President  
 Andrew Berkowitz, Treasurer  
 Saul Kaszovitz, Assistant Treasurer  
 Esti Kaminetzky, Secretary  
 Chaim Kiss, Gabbai Rishon [gabbai@bnaiyeshurun.org](mailto:gabbai@bnaiyeshurun.org)



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### Community Announcements

- The polls are open! The voting period for the World Zionist Congress Election has begun! From January 21-March 11 Go to [www.zionistelection.com](http://www.zionistelection.com). Make your voice heard. This election will determine the allocation of approximately one billion dollars in funding over the next several years. This money can be used to promote strong Torah & Zionist values, & love of the people & land of Israel - or not. Allocation is based on the percentage of delegates that each slate wins. The more votes for Torah & religious Zionist delegates, the more money for institutions that further those values. Those who registered already can vote at [Zionistelection.org](http://Zionistelection.org). Those who didn't register can still do so & then vote. Rabbi & Karen Pruzansky are running as delegates on slate #1, Eretz Hakodesh, which seeks to protect Torah, the Mesorah & the sanctity of the land of Israel, without any hesitation. There are two other slates that would also further our values. Votes for them would be appropriate as well: slate #4, the Orthodox Israel Coalition, & slate #11, the ZOA Coalition. All three slates are in agreement on 90-95% of the issues & will work together as a coalition to protect the interests of Torah in the Congress. What is most important is that you vote. Every vote is critical. Every Jew over the age of 18 is eligible to vote. We have the power to ensure that the Torah & Zionist values we hold dear thrive, prosper & take deeper root in the Jewish world.
- Congregation Beth Abraham is pleased to announce that it has initiated a new nightly Daf Yomi Shiur at 8:15. Maariv is at 9:05. Shiurim are Sunday through Thursday nights. For info: [jsphhealth@optonline.net](mailto:jsphhealth@optonline.net)
- Join Cong. Rinat Yisrael on Friday night, January 31st, 8pm: Rabbi Yonah Berman- Scholar in Residence, Shabbat Parshat Bo, "Vi'afilu Ba'hastara: Finding G-d in Time & Space."
- The next Kavana minyan will be hosted by **CBY February 2<sup>nd</sup> at 8:00 am** & on March 1<sup>st</sup> as well.
- Ma'ayanot Yeshiva High School for Girls presents the 11th Annual Day of Big Ideas. Sunday, February 2, 2020 9:30 am - 12:30 pm. Keynote address by Mrs. Esther Slomnicki, teacher of Biology, AP Biology & Anatomy, on the topic of "Knowledge & Privacy in Conflict: DNA Testing", followed by breakout sessions with Ma'ayanot faculty. Men & women are invited to attend.
- The YU Seforim Sale is here: February 2 - February 23 Sunday 10 am - 10 pm; Monday- Thursday 6:30 - 10:30 pm; Motzei Shabbat 8 - 11 pm. Free shipping on orders over \$350. For further information, please contact [INFO@THESEFORIMSALE.COM](mailto:INFO@THESEFORIMSALE.COM)
- BMT will be on 3-week intersession, from 1/16 until 2/10. Shiur resumes on Monday, February 10th.
- NCSY presents a 4-part series on Practical Parenting, Foundations & Applications led by Rabbi Dr. Alex Mondrow, which will take place on Mondays, February 3, 10, 17 & 24 from 9:00 -10:00 pm at Congregation Ohr HaTorah, 36 Rector Ct. in Bergenfield. Pricing: \$150/person or \$250/couple. Limited spots available, register today at [newjersey.ncsy.org/parenting](http://newjersey.ncsy.org/parenting). For more info, contact R' Josh Grajower at [grajowerj@ncsy.org](mailto:grajowerj@ncsy.org).
- Refa'enu's peer-led mood disorder support groups will meet Tuesday, February 4, at 7:30 pm in the Ben Porat Yosef Building at E. 243 Frisch Ct. in Paramus, NJ. Doors open at 7:10 pm. Please make an effort to be on time (by 7:30 pm) so as not to disrupt the flow of the groups. Groups are divided between a group for those with a disorder (depression, bipolar) as well as a group for their loved ones. Please check website to confirm meetings: [www.refaenu.org](http://www.refaenu.org). No reservations are required. For more information contact: [dena@refaenu.org](mailto:dena@refaenu.org).
- Join SAR for a Mental Health Awareness Day for students & parents. Evening community parent program; Keynote speaker, Randi Silverman - "Starting the Conversation; Understanding Teen Mental Health – What Every Parent Should Know" 7:30 pm in the SAR HS Beit Medrash. Keynote presentation & Q & A session followed by a reception.
- Motzei Shabbat, February 8th, 8 pm at Congregation Rinat Yisrael. Nerot Sisterhood presents Comedy Night, featuring Andrew Ginsburg. 8 pm dessert & 8:30 pm show. \$30/person before January 28, \$35/person after January 28. Visit [www.rinat.org/nerot-comedy-night](http://www.rinat.org/nerot-comedy-night) for tickets.
- The Frisch School's Annual Dinner will take place on Saturday night, Feb 8th, 2020 honoring Ilana & Stuart Goldberg, Allison Adler, **Ben Breda** '99, & Barry & Barbara Kessler. Reservations & more information at [www.frischdinner.com](http://www.frischdinner.com).
- Project Ezra is pleased to once again be offering "The Aisle", a very important seminar to young couples in Bergen County. This seminar will take place on February 9th, at 5:30 pm at Congregation Beth Abraham. The goal is to educate newlyweds & engaged couples on the importance of talking about money & providing them with the tools to work together on a path toward a financially healthy lifestyle. There is no charge for this event & dinner is included.



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- Youth Mental Health First Aid (YMHFA) training course on February 9th to be hosted by Refa'enu What: The course will teach how to identify, understand & respond to signs of mental illnesses & substance use disorders, & will offer skills needed to provide initial help & support to youths who may be developing a mental health or substance use problem or experiencing a crisis (e.g. suicidality, psychosis, overdose, panic attacks). February 9th 9:00 am-5:30 pm, at Congregation Shaare Tefillah, 510 Claremont Ave, Teaneck. Who Should Attend? Parents, educators, youth program directors, clergy & anyone who works with or interacts with youths ages 12-18 RSVP: 1/31/20. The class is limited to 25 participants, so make sure to sign up ASAP to reserve your spot! Sign up at: <http://refaenu.org/mhfa/>
- Please join us for a FREE "Stop the Bleed" Training on Tuesday, February 11, 2020 at 6:30 pm at the Jewish Federation of Northern NJ, 50 Eisenhower Drive, Paramus, NJ. Stop the Bleed is a national awareness campaign & call-to-action. It is intended to encourage everyone to become trained, equipped & empowered to help in a bleeding emergency before professional help arrives. YOU are the help until help arrives. We never know when we might find ourselves in a situation where someone is critically injured, whether it is a kitchen accident, a car accident or during an active shooter situation. You can learn how to stop major bleeding in three simple ways by taking this course taught by Valley Health Emergency Paramedics. The course is free of charge. Trauma kits for your home or office are available for pre-order for \$60. Pre-registration is required at [www.jfnj.org/stopthebleed](http://www.jfnj.org/stopthebleed). Contact Debbie Gottlieb at 201-820-3928 or Jerry Dargan at 201-820-3978 for further information.
- Looking for a Purim costume, but don't want to waste the money on something you won't use again? Visit our costume Gmach, all costumes are free to borrow. \$5 donation requested but not required. \$10 deposit per a costume will be refunded when returned. The Gmach will be open at Keter Torah (600 Roemer Ave) Sunday 2/16 10 am-1 pm. The gmach is in memory of Farvish Hirsch Ben Shmuel Leib Feel free to donate used costumes by emailing [rivkirosenthal@gmail.com](mailto:rivkirosenthal@gmail.com) or call 201-923-7622.
- Cong. Rinat Yisrael, Shabbat February 28th & 29th, Joey Rosenfeld- Scholar in Residence: Friday night Tisch at 8:30 pm, led by Joey Rosenfeld & Yoni Stokar, owner, manager & drummer for Ta Shma Orchestra. Shabbat morning after 9 am minyan: "The Inner World of Addiction: Spiritual Insight into a Growing Crisis." Shiur between mincha & maariv: "The Redemption of Doubt: Doubt as a Spiritual Ideal."
- Join us for Super Sunday, Jewish Federation's largest phone-a-thon! Sunday, March 1st. Make a Call - Take a Call - Do a Mitzvah. Choose a shift to make calls 9:30 am - 12:00 pm; 12:30 pm - 3:00 pm. Jewish Federation of Northern New Jersey, 50 Eisenhower Dr, Paramus.
- Makor Disability Services Invites the Bergen County Community to an Educational Workshop & Information Session with Dr. Stephen Glicksman, Developmental Psychologist & Director of Clinical Innovation at Makor, on the topic of Including Everyone: Spirituality in the Lives of People with Specialized Needs Sunday March 1st 9:45 am at the home of Ilana & Moshe Wertenteil 1326 Hastings Street, Teaneck. Sponsored by Makor Disability Services & the Makor College Experience.
- JLE has an ongoing class on 48 Ways to Wisdom given by R' Justin Wexler. Based on the classes by R' Noach Weinberg on Wednesdays at 8:15 pm in Beth Aaron in the basement.
- The Kinnor Project with a mission to reintroduce the Harp to Jewish Cultural life, is offering one free Harp/Keyboard lesson to children ages 6-9, for info [www.thekinnor.com](http://www.thekinnor.com) or call 201-837-1214.
- Experience night seder with Nachlas Dov Community Kollel of Teaneck/Bergenfield along with R' Sobolofsky & Ohr HaTorah. S/M/W/Th evenings 9-10 pm at Ohr HaTorah Ct. Contact R' Parmett at 862-777-4758 or [kollelnd@gmail.com](mailto:kollelnd@gmail.com) or call/text Michael Frohlich 201-410-6500.
- CCSA welcomes anyone with a loved one who is suffering from substance abuse/addiction to our local support group, which meets every other Wednesday evening in Teaneck. The group is free of charge & is facilitated by professionals specializing in addiction. For information & location of the meeting, please email [Time2TalkAddiction@gmail.com](mailto:Time2TalkAddiction@gmail.com).
- Chessed for Tzedakah is a chessed organization that tutors & babysits for low, affordable prices, & gives all of their tutoring & babysitting money to Beit Elazraki, a Jewish orphanage in Israel. This organization is running for its second year. Please visit us at [www.chessedfortzedakah.com](http://www.chessedfortzedakah.com)
- High school students are welcome to join Team OneFamily run in the Jerusalem Marathon in March of 2020. For info email [Naomi@OneFamilyFund.org](mailto:Naomi@OneFamilyFund.org).
- Senior Health & Resource Fair: Age-Friendly Teaneck & Holy Name Medical Center will co-sponsor an event featuring health screenings & information about important resources for older adults. More details to come. Wednesday, April 22 9 am to 12 pm Richard Rodda Center, 250 Colonial Court.