



# Congregation Bnai Yeshurun Weekly Shabbat Announcements

January 24-31, 2020

כ"ז טבת-ה' שבט תש"פ

**Shabbat Vaera  
Mevarchim HaChodesh**

**שבת וארא  
מברכים החודש**

## Shabbat Times      זמני שבת

Candle Lighting	4:42 pm	הדלקת נרות
Mincha & Kabbalat Shabbat	4:45	מנחה וקבלת שבת
Moroccan Mincha	4:45	מנחה נוסח מורקו
Latest <i>Shema</i>	9:40 am	סוף זמן ק"ש
Hashkama—New Main	7:00 am	השכמה
Ashkenaz—Social Hall	8:30	נוסח אשכנז
Sefard—Beis Medrash	8:30	נוסח ספרד
Ashkenaz—New Main	9:00	נוסח אשכנז
Ashkenaz—Old Main	9:15	נוסח אשכנז
Teen Minyan—Social Hall	9:00	מנין נוער
Moroccan—Ogden Building	9:30	נוסח מורקו
Jr. Congregation—SH Stage	9:25	מנין לכתות ה' וו'
Youth Supervised Play	9:00	גן ילדים
Youth Groups (N-4 <sup>th</sup> grade)	9:20	כיתות נוער
Mommy & Me	10:15	אמהות ותינוקות
Men's Club Kiddush following davening		
Daf Yomi-Elliot Small	7:30 am & 3:40 pm	דף היומי
Mishna Yomit (Chullin)	8:15 am	משנה יומית
Parsha HaShavua-R' Weinberger	8:40 am	פרשת השבוע
Moroccan pre-shacharit shiur	9:00 am	שיעור לפני שחרית
Gemara Shiur - R' Frank Breslau & Dr. Joey Bench	After 8:30 am	שיעור בגמרא
Minchas Chinuch – Alex Guttman	After Sefard	מנחת חינוך
Josh Notkin-Ein Aya"h	4:10	שיעור עין אי"ה
Shabbat Mincha	1:45	מנחה
Moroccan Mincha after shacharit & kiddush		מנחה נוסח מורקו
Mincha & Shiur	4:40 pm	מנחה ושיעור הרב
R' Weinberger's shiur "Security and Safety Measures" following mincha		שיעור אבטחה ואבטחה
Ma'ariv	5:49 pm	מעריב
Manny Freed z"l Parent Child Learning	6:15 pm	הורים וילדים
Next Shabbat Candles	4:51 pm	שבת פרשת בא
Mincha	4:55 pm	הדלקת נרות מנחה

## ***Pedestrian Safety Initiatives Follow Tragic Traffic Accident***

Our community was deeply shaken by the tragic traffic accident in front of Bnai Yeshurun just five weeks ago. Still grieving with and praying for the victims and their families, the leadership of our shul and our community has increased its focus on improving pedestrian safety. CBY President Ethan Keiser and Executive Director Elysia Stein have been working with the Teaneck Town Council, Township Manager and Police Department on a number of safety enhancements, and a group of CBY members have responded generously to support the efforts. Township activity is proceeding on several fronts. At its January 7<sup>th</sup> meeting, the Teaneck Town Council introduced a resolution to reduce the West Englewood Avenue speed limit from 35 mph to 25 mph. Large lighted signs were placed along West Englewood Avenue urging drivers and pedestrians to act more responsibly. Parking along Jefferson Avenue on several blocks adjacent to the shul has been curtailed. Police presence in the vicinity of the shul has been increased as has enforcement of violations, including parking too close to street corners. Public Works will be painting the curbs yellow at all intersections to make it clear where parking is prohibited.



Planning with the Township and New Jersey Transit is underway, to relocate the bus stops on West Englewood some distance from the corner to improve driver and pedestrian visibility near the street intersection. Other studies are underway and additional funding is being sought for other improvements (flashing beacons at crosswalks, reflective paint for crosswalks, etc.)

Members have made suggestions to our office staff and shul officers as to how to enhance safety in the shul's environs. These suggestions are welcome, but when they involve matters like streetlights and traffic signs, which are not within our direct control, it would be more effective to communicate directly with Township authorities who can effect such changes. You can find the appropriate email addresses and phone numbers at [www.TeaneckNJ.gov/Council](http://www.TeaneckNJ.gov/Council).

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## Special Events אירועים מיוחדים

- Special **שבת מברכים** will be led by Chaim Kiss in the New Main Shul.
- Men's Club Kiddush following davening.

## Mazal Tov מזל טוב

- Fran & Arnie Rochwarger on the bar mitzvah of their grandson Eli, son of Amanda & Hillel Parness.
- Tammy & Benjie Silverberg on the birth of a great-grandson, a son to Blumie & Yehuda Diner in Lakewood.

## Condolences נחומים

- Judy Golowa and Shari Markovitz on the loss of their beloved husband and beloved father, Sheldon David a"h.
- Phyllis Miller on the loss of her beloved father, H. Meyer Wiener a"h.

## CBY Notes

- CBY Adult Ed's next monthly Chavura on the shiurim of R' Joseph Soloveitchik (in Yiddish) on the *Aggadic* sections of **מסכת ברכות** will take place on Tuesday, February 11<sup>th</sup> at 7:45 pm and will be led by R' Tuly Polak. Contact Sol Rosenberg at [Sol.Rosenberg@ieee.org](mailto:Sol.Rosenberg@ieee.org) or David Chesir at [davidzchesir@aol.com](mailto:davidzchesir@aol.com), if interested.
- Save the date for the Rabbinic Probah weekends; Feb. 14-15, Feb. 28-29, March 6-7, and March 27-28. More details to follow.
- Mark your calendars! Shabbat February 21<sup>st</sup> & 22<sup>nd</sup> CBY Adult Ed presents the Joseph N. Muschel Scholars-in-Residence, Sivan Rahav Meir & Yedidya Meir. Stay tuned for more details.
- Men, invest in your health and support CBY! When you sign up for classes with Jump Into Shape using code BnaiYeshurun, you save 10% and CBY receives 10%. Each week there are 2 local in-person classes and 9 online classes. Details at [www.jumpintoshape.fun/bnaiyeshurun](http://www.jumpintoshape.fun/bnaiyeshurun). Text 646.653.4850 to try a free week. **JUMP INTO SHAPE** Build a healthier body for your soul! Sign up at: <https://www.jumpintoshape.fun/bnaiyeshurun>.

## Beis Medrash Committee

- Manny Freed z"l Parent Child Learning will take place on Motzei Shabbat at 6:15 pm.
- Thank you to the Parent Child Learning Sponsors:  
**Winter Season Sponsor:** The Sheinfeld Family, l'ilui nishmat Tzipora bat Yisrael z"l & Noam Rachel bat Ephraim Tzvi Moshe z"l and for a refuah shleimah of Ephraim Tzvi Moshe ben Shulamit Tzivia & Etai Yaakov ben Tzipora. **Tevet Month Sponsor:** Anonymous

## David Frohlich z"l Youth Department

- Tot Shabbat led by Randi Wartelsky in the Nursery room.
- Parsha Gameshow this week!
- Jr. Congregation Twizzler Mania Kiddush this Shabbat.
- Family **הבדלה** on Feb. 1st. at 6:30 pm in the Social Hall.
- Tefillah of the Week: **מודים**; Middah of the Month: **אמת**

## BNOT

- BNOT's Comedy Night, featuring MODI on Motzei Shabbat, February 22<sup>nd</sup>. Dairy dinner and dessert at 7:30 pm; the show will begin at 8:30 pm. Tickets are \$36/person and \$40/person at the door. Sponsorship of \$360 includes four tickets and VIP seating. Register at [bnaiyeshurun.org/bnot](http://bnaiyeshurun.org/bnot).
- Project Meet Your Match welcomes dating profiles to be sent to [MEETYOURMATCH@bnaiyeshurun.org](mailto:MEETYOURMATCH@bnaiyeshurun.org)

## Men's Club

- Thank you to the sponsors of this week's Men's Club Kiddush.





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## Weekly Davening Schedule

Earliest tefillin – 6:15 am Latest Shema – 9:40 am Mincha Gedola – 12:39 pm	Sun. Jan. 26	Mon. Jan. 27	Tues. Jan. 28	Wed. Jan. 29	Thu. Jan. 30	Fri. Jan. 31
	כ"ט טבת	א' שבט ראש חודש	ב' שבט	ג' שבט	ד' שבט	ה' שבט
דף היומי	ברכות כ"ג	ברכות כ"ד	ברכות כ"ה	ברכות כ"ז	ברכות כ"ז	ברכות כ"ט
Daf Yomi	7:00 am	5:25 am	5:30 am	5:30 am	5:30 am	5:30 am
<i>Shacharit – Old Main</i>			6:15	6:15	6:05	6:15
<i>Shacharit – Beis Medrash</i>	6:25	6:10	6:30	6:30	6:20	6:30
<i>Shacharit – Old Main</i>	7:30	6:45	7:00	7:00	7:00	7:00
<i>Shacharit – Beis Medrash</i>		7:10	7:30	7:30	7:20	7:30
<i>Shacharit – Old Main</i>	8:50	8:00	8:00	8:00	8:00	8:00
<i>Shacharit – Old Main</i>			8:50	8:50	8:50	8:50
<i>Shacharit – New Main</i>	<b>7:00 8:00 9:15</b>	<b>8:50</b>				
<i>Mincha - Beis Medrash</i>	12:45 & 1:45 pm	1:45 pm	1:45 pm	1:45 pm	1:45 pm	
<i>Mincha - Old Main</i>		4:55 pm	4:55 pm	4:55 pm	4:55 pm	
<i>Mincha - New Main</i>	4:55 pm					
<i>Ma'ariv - Old Main</i>	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	
<i>Ma'ariv - Beis Medrash</i>	10:01 11:00	10:01 11:00	10:01 11:00	10:01 11:00	10:01 11:00	

Beis Medrash Program	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Yitzchak Yaakov Kollok Boker			6:20-7:00 am	6:20-7:00 am		6:20-7:00 am
Daf Yomi	7:00 am	5:25 am	5:30 am	5:30 am	5:30 am	5:30 am
Mishna Yomit	8:30 am			7:45 am		
Kids Navi Shiur (מלכים א')						
Daf Yomi B'Halacha Chavurah			8:30 pm			
Olam Ha'avodah-R' Zahtz		Following 9:00 pm Maariv (M & W)				
Navi Chavurah-R' Schachter-Sefer Shmuel I			8:15-9:00 pm			
Parsha w/Rav Goldwicht			8:30 pm			
Senior Lunch & Learn				1:00-2:30 pm		
Tzurva Merabanan-R' Pruzansky				8:15 pm		
Shiur with R' Meier – Sefer Shmuel				8:15 pm		
Halacha Shiur w/R' Sobolofsky				9:15 pm		
Gemara Shiur w/ R' Zahtz (8 <sup>th</sup> perek of Chullin)					8:10 pm	
Shiur w/ R' Moshe Tzvi Weinberg					8:15 pm	
Parsha & Halacha w/ R' Taubes					10:15 pm	



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Special thanks to Roy Spiewak for his donation of nearly 500 reflective vests, and to Jackie Feigenbaum and Project Yechi, Ed Goldberg, and Tamar & Ross and Elana & Marc Rothenberg for their donations totaling more than 900 reflective belts and sashes.

Both Ethan and Elysia commended the response of the Township Manager, council members and the police for their attempts to improve safety not only at Bnai Yeshurun but at houses of worship and public gathering places throughout the township. But they also both expressed some disappointment that too many of us, as individuals, are not showing appropriate caution.

**The single change that will have the biggest impact on improving safety is completely within our control. That change is our personal awareness and vigilance, as pedestrians and as drivers.** Ironically, sadly, too many of us continue to stroll down the middle of the street, even when there are sidewalks available; we don't wear reflective clothing on dark nights. Stopping your vehicle to pick up passengers in front of the Jefferson entrance should be done only when there is absolutely no alternative. Recognize that stopping in that location makes it virtually impossible for a car exiting our parking lot to get an adequate view of oncoming pedestrians or vehicles. Use the designated crosswalks. Park only in legal spaces, keeping in mind that one may not park within 25 feet of a crosswalk or 50 feet of a stop sign. Please be careful.

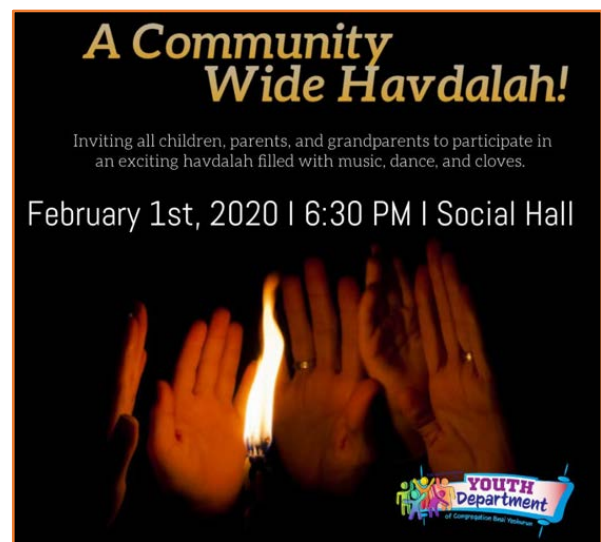
The Rabbinic Tribute Committee sought to find a special memento that Karen and the Rabbi would be able to take their fond memories of Bnai Yeshurun with them on Aliyah.

Please submit a memory you have - in either word, pictures, or both. We will bind all the memories into a book & present it to the Rabbi & Karen at the Tribute Dinner on Sunday, May 31<sup>st</sup>. This memory book will be instead of a dinner journal and will be printed only for the Pruzanskys.

Please note there is no cost to participate in the Memory Book. Please send in your submission by April 30<sup>th</sup> to [PruzanskyTribute@bnaiyeshurun.org](mailto:PruzanskyTribute@bnaiyeshurun.org).

Please share this with your friends who have moved away, your children who grew up in CBY or whoever you know who would like to contribute.

Thank you,  
Miriam Kopel & Deena Wrubel  
Memory Book Committee



### Contact Us

Rabbi Steven Pruzansky, Rabbi [rabbi@bnaiyeshurun.org](mailto:rabbi@bnaiyeshurun.org)  
Rabbi Ari Zahtz, Associate Rabbi  
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Rabbi Yosef Weinberger, Assistant Rabbi  
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Elysia Stein, Executive Director [office@bnaiyeshurun.org](mailto:office@bnaiyeshurun.org)  
Rivka & Yehoshua Szafranski, Youth Directors  
[youth@bnaiyeshurun.org](mailto:youth@bnaiyeshurun.org)  
Rabbi Jonathan Schachter, Teen Programming  
[rabbischachter@bnaiyeshurun.org](mailto:rabbischachter@bnaiyeshurun.org)  
Executive Committee [executivecommittee@bnaiyeshurun.org](mailto:executivecommittee@bnaiyeshurun.org)  
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Steven Becker, First Vice President  
Doron Katz, Second Vice President  
Jennifer Miller, Third Vice President  
Andrew Berkowitz, Treasurer  
Saul Kaszovitz, Assistant Treasurer  
Esti Kaminetzky, Secretary  
Chaim Kiss, Gabbai Rishon [gabbai@bnaiyeshurun.org](mailto:gabbai@bnaiyeshurun.org)



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### Community Announcements

- The polls are open! The voting period for the World Zionist Congress Election has begun! From January 21-March 11 Vote Eretz HaKodesh **Slate #1 (Karen & Rabbi Pruzansky are delegates)** or Vote Orthodox Israel Coalition Israel Coalition - Slate #4 to make your voice heard and help secure up to \$1 billion of funding for our community! Join major Orthodox-Zionist organizations such as the OU, YU, AMIT, and more to ensure that the CORE FOUR foundations of our Slate - Physical Safety, Jewish Identity, Self Determination, and Purpose - are preserved. Go to [www.zionistelection.com](http://www.zionistelection.com).
  - Congregation Beth Abraham is pleased to announce that it has initiated a new nightly Daf Yomi Shiur at 8:15. Maariv is at 9:05. Shiurim are Sunday through Thursday nights. For info: [jsphhealth@optonline.net](mailto:jsphhealth@optonline.net)
  - January 29<sup>th</sup>, at 7:30 pm, Friends of Lubavitch of Bergen County present Kidney Donation Awareness Event, "Th Anatomy of Kindness", with Rabbi Josh Sturm, Director of Outreach for Renewal. The event will take place at 513 Kenwood Place in Teaneck.
  - Join Cong. Rinat Yisrael on Friday night, January 31st, 8pm: Rabbi Yonah Berman- Scholar in Residence, Shabbat Parshat Bo, "Vi'afilu Ba'hastara: Finding G-d in Time and Space."
  - The next Kavana minyan will be hosted by **CBY** February 2<sup>nd</sup> at 8:00 am & on March 1<sup>st</sup> as well.
  - Ma'ayanot Yeshiva High School for Girls presents the 11th Annual Day of Big Ideas. Sunday, February 2, 2020 9:30 am - 12:30 pm. Keynote address by Mrs. Esther Slomnicki, teacher of Biology, AP Biology and Anatomy, on the topic of "Knowledge and Privacy in Conflict: DNA Testing", followed by breakout sessions with Ma'ayanot faculty. Men and women are invited to attend.
  - BMT will be on 3-week intersession, from 1/16 until 2/10. Shiur resumes on Monday, February 10th.
  - NCSY presents a 4-part series on Practical Parenting, Foundations & Applications led by Rabbi Dr. Alex Mondrow, which will take place on Mondays, February 3, 10, 17 & 24 from 9:00 -10:00 pm at Congregation Ohr HaTorah, 36 Rector Ct. in Bergenfield. Pricing: \$120/person or \$200/couple (before 1/15) \$150/person or \$250/couple (after 1/15). Limited spots available, register today at [newjersey.ncsy.org/parenting](http://newjersey.ncsy.org/parenting). For more info, contact R' Josh Grajower at [grajowerj@ncsy.org](mailto:grajowerj@ncsy.org).
  - Motzei Shabbat, February 8th, 8pm at Congregation Rinat Yisrael. Nerot Sisterhood presents Comedy Night, featuring Andrew Ginsburg. 8pm dessert and 8:30pm show. \$30/person before January 28, \$35/person after
- January 28. Go to <https://www.rinat.org/nerot-comedy-night>, for tickets.
  - The Frisch School's Annual Dinner will take place on Saturday night, Feb 8th, 2020 honoring Ilana and Stuart Goldberg, Allison Adler, **Ben Breda '99**, and Barry & Barbara Kessler. Reservations and more information at [www.frischdinner.com](http://www.frischdinner.com)
  - Project Ezra is pleased to once again be offering "The Aisle", a very important seminar to young couples in Bergen County. This seminar will take place on February 9th, at 5:30 PM at Congregation Beth Abraham. The goal is to educate newlyweds and engaged couples on the importance of talking about money and providing them with the tools to work together on a path toward a financially healthy lifestyle. There is no charge for this event and dinner is included.
  - Youth Mental Health First Aid (YMHFA) training course on February 9th to be hosted by Refa'enu What: The course will teach how to identify, understand and respond to signs of mental illnesses and substance use disorders, and will offer skills needed to provide initial help and support to youths who may be developing a mental health or substance use problem or experiencing a crisis (e.g. suicidality, psychosis, overdose, panic attacks). February 9th 9:00 am-5:30 pm, at Congregation Shaare Tefillah, 510 Claremont Ave, Teaneck. Who Should Attend? Parents, educators, youth program directors, clergy and anyone who works with or interacts with youths ages 12-18 RSVP: 1/31/20. \*The class is limited to 25 participants, so make sure to sign up ASAP to reserve your spot! Sign up at: <http://refaenu.org/mhfa/>
  - Cong. Rinat Yisrael, Shabbat February 28th & 29th, Joey Rosenfeld- Scholar in Residence: Friday night Tisch at 8:30pm, led by Joey Rosenfeld and Yoni Stokar, owner, manager and drummer for Ta Shma Orchestra. Shabbat morning after 9am minyan: "The Inner World of Addiction: Spiritual Insight into a Growing Crisis." Shiur between mincha and maariv: "The Redemption of Doubt: Doubt as a Spiritual Ideal."
  - JLE has an ongoing class on 48 Ways to Wisdom given by R' Justin Wexler. Based on the classes by R' Noach Weinberg on Wednesdays at 8:15 pm in Beth Aaron in the basement.
  - The Kinnor Project with a mission to reintroduce the Harp to Jewish Cultural life, is offering one free Harp/Keyboard lesson to children ages 6-9, for info [www.thekinnor.com](http://www.thekinnor.com) or call 201-837-1214.



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- Experience night seder with Nachlas Dov Community Kollel of Teaneck/Bergenfield along with R' Sobolofsky & Ohr HaTorah. S/M/W/Th evenings 9-10 pm at Ohr HaTorah Ct. Contact R' Parmett at 862-777-4758 or [kollelnd@gmail.com](mailto:kollelnd@gmail.com) or call/text Michael Frohlich 201-410-6500.
- CCSA welcomes anyone with a loved one who is suffering from substance abuse/addiction to our local support group, which meets every other Wednesday evening in Teaneck. The group is free of charge & is facilitated by professionals specializing in addiction. For information & location of the meeting, please email [Time2TalkAddiction@gmail.com](mailto:Time2TalkAddiction@gmail.com).
- Chessed for Tzedakah is a chessed organization that tutors and babysits for low, affordable prices, and gives all of their tutoring and babysitting money to Beit Elazraki, a Jewish orphanage in Israel. This organization is running for its second year. Please visit us at [www.chessedfortzedakah.com](http://www.chessedfortzedakah.com)
- High school students are welcome to join Team OneFamily run in the Jerusalem Marathon in March of 2020. For more information they may email [Naomi@OneFamilyFund.org](mailto:Naomi@OneFamilyFund.org).