



Congregation Bnai Yeshurun Weekly Shabbat Announcements

March 13-20, 2020

י"ז-כ"ד אדר תש"פ

Shabbat Ki Tisa
Parshat Parah

שבת כי תשא
פרשת פרה

Shabbat Times

זמני שבת

Candle Lighting	6:41 pm	הדלקת נרות
Latest Shema	10:05 am	סוף זמן ק"ש
Shabbat Ends	7:47 pm	סוף שבת
Next Shabbat Candles	6:48 pm	שבת פרשת ויקהל - פקודי

Tefilah Instructions from Rabbi Pruzansky

We are all in the unusual position of davening this Shabbat biyichidut, without a minyan. It would be proper to daven at the same time one ordinarily davens - 7:00, 8:30, 9:00 am, etc. - in order to underscore our connection to the tzibur and maintain some semblance of communal prayer as well.

It gives us all a wonderful opportunity to approach the davening in a different way that we customarily do - perhaps davening a little longer or spending some time reading the commentaries on a few parts of the tefilah. We can even practice not talking during the davening!

Kabbalat Shabbat is as per usual. It would be beautiful if families davened and sang together! "Bameh Madlikin" is still recited. The "Bracha achat me'ein Sheva" (including Magen Avot) is omitted.

Note that before reciting the Sh'ma, the three words "E-I Melech Neeman" are added. "Hashem Elokeichem Emet" is not repeated at the end of Sh'ma, as the Shliach Tzibur in shul ordinarily does; "E-I Melech Neeman" takes its place to complete our count of 248 words in the Sh'ma.

Of course, Kaddish, Borchu and Kedusha are not recited.

The Psukim we recite before taking out the Torah (Ein Komocha, etc.) can be recited; after all, they are psukim. "Brich Shmei" is not recited.

One who can read the Torah from a Chumash with the trop should do so. If not, one can just read from a chumash. The haftara can be read as well - all of the above without reciting any brachot. Parshat Parah can be read from the Chumash also. (You need not take out a second Chumash!)

"Yekum Purkan" (according to most opinions) is not recited at all, i.e., none of the three paragraphs. Av Harachamim is not recited (because of Shabbat Parah).

The Psukim we sing when returning the Torah can be sung as well - "Yehalelu, Mizmor L'David, and U'venucho yomar" - again, they are psukim from Tanach.

Daven Musaf, and the tefilot that follow Musaf. The "Shir Hakavod" is not recited but of course the "Shir Shel Yom," for Shabbat, is recited.

Mincha follows the same format.

Spend even more time this Shabbat in Talmud Torah. Besides the personal benefit, it carries great zechuyot for all Jews and for our world.

A Note from the President of CBY

With nowhere to go, I have a few moments to reflect on the events of the last few days, and I wanted to share some thoughts with you.

In a story that continues to unfold daily, I feel blessed to be working alongside some of the best people in one of the best communities.

First and foremost, I wanted to share how remarkable it was to see so many community representatives come together Wednesday night on behalf of the Klal. Never before have we seen our shuls, schools, and medical community in one room, working together, trying to tackle an unprecedented situation. It's a true testament to the strength and unity of the Jewish people and specifically our own community in a time of crisis. We called a meeting on Wednesday afternoon, and within hours, about 80 leaders had gathered to spend over 3 hours addressing the health and safety of our constituents. We were joined by Rabbis, shul leaders, government officials and several leading physicians. The decisions made Wednesday were extremely difficult, but as the situation evolves, it becomes clear that they were and are prudent and necessary steps.

In terms of shul programming, we are doing our best to function as a cohesive community, even while promoting a period of social distancing, and we continue to operate on whatever level possible. Many of our shiurim will take place remotely, so please check your email for ways to access them. We are so proud of our youth directors, Rivka and Yehoshua, for their creativity and remarkable positivity. The virtual challah bake was a smashing success and included divrei Torah, chizzuk, music, and of course challah baking. I'm sure many homes will enjoy the delicious products this shabbat. The youth directors from all of our local shuls are collaborating to create programming to continue to serve the youth across the neighborhood. Please stay tuned for other ways to connect virtually.

The office is operating with limited hours, but our staff is available, and can be reached at office@bnaiyeshurun.org.

Finally, while the building is closed, our community remains open, especially to those in need. If you or someone you know require any kind of assistance, whether errands, food delivery, or a listening ear, please call or email one of us and we will arrange the help to the best of our ability. I am available to discuss any questions or concerns that you may have, as are, as always, our amazing Rabbis and Executive Committee. Contact information for all of us appears on page two.

In the last hours, we've learned that there is a possible case in our shul. We pray for our member's speedy recovery and we promise to disseminate any information regarding potential members who should quarantine as soon as we receive it.

During this time of social isolation, I have never felt stronger solidarity in our community.

Wishing everyone a healthy and peaceful Shabbat,
Ethan



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Mazal Tov

מזל טוב

- Dianne & Stan Bekritsky on their 50th Anniversary.
- Shaindee & David Dubin on the birth of a grandson, a son to Miriam & Yehuda Dubin.
- Evelyn & Bob Meyer on the bar mitzvah of their grandson, Binyamin Mermelstein, son of Aviva & Simcha Mermelstein.
- Dahlia & Michael Rosen and Judy Rosen on the forthcoming marriage of their daughter and granddaughter, Avital, to Tyler Hod.
- Susan & David Rosenbaum on the bar mitzvah of their grandson, Noah Lowe.
- Tammy & Benjie Silverberg on the birth of a grandson, a son to Elisheva & Dovid Assaf in Lakewood.

CBY Notes

- Our annual appeal for Ma'ot Chitim is underway. Please donate generously to the "CBY Rabbi's Discretionary Fund."
- If you or someone you know require any kind of assistance, whether errands, food delivery, or a listening ear, please contact office@bnaiyeshurun.org.
- If you would like to volunteer for any of the above-mentioned chesed opportunities please contact the Chesed Committee at cbychesed@bnaiyeshurun.org.

David Frohlich z"l Youth Department

- The youth directors of Bergen County have been hard at work developing a fun shabbat pamphlet for the entire family. In it you'll find games, activities, trivia, and so much more. The goal is simple. We want EVERYONE to make at least 100 Berachot a day! You may access and print the pamphlet [HERE](#).

Teens

- CBY Teens are once again selling Hand Shmura Matza from the Shatzer Matza Bakery, for \$27.50 per pound. Regular and whole wheat matza are available. Place your order at www.bnaiyeshurun.org/holidays. **Please try to order by Monday, March 16th.** We will be taking delivery early this year in light of the current situation. Any questions please contact Aliza Schachter at alizaschachter@gmail.com.

Beis Medrash Program

- As part of your Shabbat preparations today, you are invited to join Rabbi Ari Zahtz, live, for some thoughts on this week's parsha, live at 4:00 pm. Join Zoom Meeting [HERE](#)
- We are working to move many of our shiurim to online platforms for next week. We will send out information via email as soon as we have confirmed details.
- While the doors to our Beis Medrash are physically closed, please feel free to access Torah from a number of online sources:
YUTorah.org
<http://www.bcbm.org/>
<https://www.torahanytime.com>

Please recite תהלים for all the cholim of this and other illnesses in our community and around the world. For a list of names, please see the Rabbi's email.

We know how the recommendations that were announced by the RCBC are disruptive to our everyday lives. It is particularly difficult for the local eating establishments that we benefit from on a daily basis. The loss of income from not having sit down customers is great. Several restaurants have graciously offered discounts on delivery during this period of time. We encourage those who are able to, to please patronize our local establishments during this difficult time.

Contact Us

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