



Congregation Bnai Yeshurun Weekly Shabbat Announcements

July 10-17, 2020

י"ח-כ"ה תמוז תש"פ

Shabbat Pinchas

שבת פנחס

Shabbat Times זמני שבת

Candle Lighting	7:05, 7:35 & 8:08 pm	הדלקת נרות זמני שבת
Latest Shema	9:18 am	סוף זמן ק"ש
Zman Mincha	8:05 pm	זמן מנחה
Maariv	9:13 pm	מעריב

Join Us Tonight at Our New Time!

A Message from Rabbi Pruzansky



Each letter, word and paragraph in the Torah are worthy of study but the segues from one narrative to another are always of particular interest. None are more puzzling than in פינחס. The aftermath of the righteous zealotry of פינחס is followed by another census, the request of צ'לפחד's daughters, the laws of inheritance and procedures for allocation of land in Israel, the designation of יהושע as משה's successor, and finally the description of the מוספים that would be brought in the בית המקדש. Each topic stands alone – but, as we might expect, each topic intuitively leads into the next.

Thus, the plague that consumed so many Jewish lives because of their interactions with decadent מואב necessitated a recounting of the Jewish people at that point (Rashi, 26:1). That census also determined the number of family units to which the land of Israel would be distributed; hence the laws of inheritance and the protest of צ'לפחד's daughters. The imminent entry to the land without משה necessitated the appointment of a successor, which culminated in the laws of the מוספים that would only take effect when they entered Israel. See? It all flows naturally.

Nonetheless, there is a common thread to all these events that caused me to reflect on recent events as well. As high a spiritual level as the people were on at this juncture – several months before they crossed the Jordan – they were even riper for spiritual collapse, which occurred when faced with temptation of the Moabite women. מאיגרא, as the Gemara says (Chagiga 5b), “from the tallest roof to the lowest pit.” The higher we rise, the deeper the potential fall. And yet, our *sedra* is filled with hope and plans for the future.

When confronted with any hardship (illness, death, plague, loss, sadness, fear, anxiety, etc.) the best approach is to assimilate, analyze, grieve, prepare – and then move forward. ווייטער! When stuck, we dig ourselves out, do not wallow, and say “ווייטער.” Next. We adjust and adapt. That has been a secret to Jewish life throughout history and a source of tremendous resilience.

In recent months, I have marveled at the adaptability of so many of us, especially our young people confronting a sustained crisis for the first time in their lives. It is true, but of no matter, that we have faced worse in our history. Being locked down at home with food, family, Netflix and the internet (not to mention unlimited ספרים and time) is not the same ordeal faced by people I knew who spent years – several years – in cellars and forests, not knowing if they would survive another day. But we can only live in the times in which we live and deal with the calamities that present us.

The Scottish poet Robert Burns said famously, “The best laid schemes of mice and men often go awry.” I don't know what mice plan and am afraid to inquire, but men and women plan aplenty. If Burns spoke Yiddish, he might have said, מענטש טראכט און גאט לאכט, man plans and G-d laughs. The anthropomorphism aside, that is about right.

Continued on page 2


 INVITES YOU TO

MOMMY & ME
 KABBALAT SHABBAT

 JOIN US FOR
**SONGS, ACTIVITIES,
TOYS & SNACKS**

6:00 PM | FRIDAY NIGHT

 ZOOM LINK:
[HTTPS://ZOOM.US/J/527677872](https://zoom.us/j/527677872)
 PASSWORD: cby
 FACILITATED BY RANDI WARTELSKY
641 WEST ENGLEWOOD AVENUE, TEANECK, NJ | WWW.BNAIYESHURUN.ORG | 201-836-8916 | YOUTH@BNAIYESHURUN.ORG



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Mazal Tov

מזל טוב

- Suri Kaminetsky on the engagement of her grandson, Yitzchak Kaminetsky, to Elisheva Marcus, of Queens.
- Malkie & Michael Karlin on the birth of a grandson, a son to Rachel & R' Jonathan Kessel.
- Sharon & Eli Kolb on the birth of a granddaughter, Leila Remi, born to Miriam & Ryan Morgan
- Rachele & Steven Margulies and Lois Blumenfeld & Norman Sohn on the engagement of their daughter and granddaughter, Ally, to Ethan Freilich.
- Aviva & R' Yosef Weinberger and Mona & Itzy Weinberger on the birth of a son and grandson.
- Judy & Michel Werblowsky on the birth of a grandson, a son to Devora & Chaim in Israel.
- Miriam & Marc Aron on the birth of a grandson, a son to Shira & Ariel Auman.
- Sharon & Zvi Sebrov on the birth of a grandson, a son to Devorah & Eric Dobin.
- Susan & Mark Wiesen on the birth of a granddaughter, Naava Bracha, born to Talia and Yair Hindin.

Condolences

ניחומים

- Meryl Arbisfeld on the loss of her beloved father, Irwin Luxenberg a"h.
- Linda Polak on the loss of her beloved mother, Helen Glucksman a"h.

CBY Notes

- R' Zahtz will give a shiur in the parking lot between mincha & maariv on shabbat afternoon.
- The CBY High Holiday Committee is working hard to plan for the 5781 Yamim Noraim. We are striving to meet the needs of our members as best we can given the current regulations & guidelines. We are asking each member family to complete a survey. The information you provide will guide us as we create a schedule & re-imagine facility usage & potential satellite minyanim for the upcoming Yamim Noraim. We thank you in advance for your time in responding to this survey & we request 100% participation so our decisions will be based on the most accurate data. The survey was sent on Thursday & closes on Monday, July 13th at 8:00 am. If you did not receive the survey, or have any difficulties accessing it, please contact office@bnaiyeshurun.org.
- CBY is in the midst of a Gala Fundraising campaign as the shul depends on your donations for cash flow & operations. To support CBY at this time please click [HERE](#).

R' Pruzansky continued from page 1:

The young people whose plans were upset – for Bar and Bat Mitzvot festivities, for graduations from nursery, elementary and high schools, college and graduate schools, and for weddings – have demonstrated remarkable inner strength and an irrepressible spirit. For sure, this is a period of time that none of us will ever forget (I'm assuming it will end at some time in the future...). But we should be proud of the way they adapted to these trying months. Boys who prepared their סדרות still developed a worthy skill, girls who learned Torah will always have that, graduates of whatever level education acquired the ideas to move forward, even if the celebration of that accomplishment was absent or restrained. Indeed, the ceremonies are less important than the achievement itself. Couples married (!) and began their lives together, and (who knows?) maybe people will realize that beautiful weddings do not require 500 guests at a minimum.

We must always keep moving forward, pursuing the next challenge, and not feel burdened by situations that circumscribe our options. We should not feel weighed down by a present circumstance that traps us. Even the חורבן, two of them, didn't break us. We survived the plague – and 'insisted that we are enumerated again, and immediately begin the final preparations to enter the land of Israel. When we enter, the land must be distributed to the tribes and families, and there will be a בית המקדש that needs to be built. There is always work to do.

קדימה וויטער!

Shabbat Shalom to all!

Beis Medrash Committee

- While the doors to our Beis Medrash are physically closed we have many Torah opportunities. Please see our chart on page 4 with all our online/phone learning options.
- Mishna Yomit is learning Masechet Tamid. On Friday, July 17th they will begin learning Masechet Middot.
- Manny Freed z"l Parent Child Learning is back this Shabbat. Click [here](#) for this week's learning sourcesheets. For details and raffle prize opportunities please see page 11.

This week's bulletin is sponsored by Susan & Mark Wiesen, in honor of their granddaughter, Naava Bracha.

If you or someone you know requires any kind of assistance, please contact office@bnaiyeshurun.org.



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ONLINE LEARNING OPPORTUNITIES JULY 12-17, 2020		
Daily	Short Vort WhatsApp Group - Inyanei D'Yoma from Rabbi Steven Pruzansky	Sign up Here
Throughout week	Chizzuk WhatsApp Group from Rabbi Ari Zahtz	Sign up Here
Throughout the week	WhatsApp Group – Myth-busters in Halacha with Rabbi Yosef Weinberger	Sign up Here
Sunday -7:00 am, M-F at 6:00 am & Motzei Shabbat at 10:00 pm	Daf Yomi with rotating magidei shiur	https://zoom.us/j/99037398916 Password: CBY
Sunday–Thursday at 7:30 pm	Mishna B'rurah Chavurah with Ari Wartelsky	https://zoom.us/j/611771378 Password: cby
Sunday at 9:00 am	Hilchos Shabbos Shiur with Rabbi Zvi Sobolofsky	https://yeshiva-university.zoom.us/j/8097026562
Sunday at 10:00 am	Kids Navi Shiur with Zev Halstuch	https://us04web.zoom.us/j/9527480295
Monday at 9:00 pm	Women's Tehillim Group with Randi Wartelsky	https://zoom.us/j/671139519 Password: cby
Tuesday, Wednesday, Friday at 7:30 am	Yitzchak Yaakov Kollel Boker with Rabbi Zvi Sobolofsky	https://yeshiva-university.zoom.us/j/8097026562
Tuesday at 2:00 pm	Navi Chavurah with Rabbi Jonathan Schachter	https://zoom.us/j/563762421
Tuesday at 9:00 pm	Gemara Iyun Shiur with Rabbi Zvi Sobolofsky	https://yeshiva-university.zoom.us/j/8097026562
Tuesday, Wednesday, Friday at 7:30 am	Yitzchak Yaakov Kollel Boker with Rabbi Zvi Sobolofsky	https://yeshiva-university.zoom.us/j/8097026562
Wednesday at 10:00 am	Women's Shiur with Rabbi Ari Zahtz-Pirkei Avot	https://zoom.us/j/562461957 Password: cby
Wednesday at 1:30 pm	Senior "Lunch" & Learn with Rabbi Michael Taubes	https://yeshiva-university.zoom.us/j/7494189014 Password: YSH
Wednesday at 7:45 pm	Sefer Shmuel II, 16 with Rabbi Menachem Meier	https://zoom.us/j/376058136 Password: cby Phone: 646-558-8656; Meeting ID: 376 058 136
Wednesday at 9:15 pm	Halacha Shiur with Rabbi Zvi Sobolofsky	https://yeshiva-university.zoom.us/j/8097026562
Thursday at 9:30 pm	Parsha & Halacha with Rabbi Michael Taubes	https://yeshiva-university.zoom.us/j/7494189014 Password: YSH
Tuesday, Wednesday, Friday at 7:30 am	Yitzchak Yaakov Kollel Boker with Rabbi Zvi Sobolofsky	https://yeshiva-university.zoom.us/j/8097026562
Friday at 8:30 am	Minchas Chinuch Shiur with Eli Weber	https://zoom.us/j/156897284 Password: cby

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A Message from Rabbi Ari Zahtz



If you had to pick a פסוק as the most central, all encompassing in the Torah what would it be?

I'm sure the number one answer is שמע ישראל ה' אלקינו ה' אחד the acceptance of the yoke of heaven that binds us to the מצוות, and in truth that's what I would have said.

Perhaps if you thought about it a little longer you would remember the famous statement of רבי עקיבא that ואהבת לרעך כמוך, loving your friend like yourself, is a כלל גדול בתורה - a central principle of the torah.

However, the מדרש, makes a surprising comment. This מדרש has unfortunately been lost from its original source, but has been preserved for us in the commentary of the פרקי אבות to עין יעקב, in fact commenting on one

of the opening משניות of the first פרק of אבות.

בן זומא אומר: מצינו פסוק כולל יותר והוא: "ואהבת לרעך כמוך". שמעון בן פזי אומר: מצינו פסוק כולל יותר וגוי' עמד ר' פלוני על רגליו ואמר: הלכה כבן פזי!

שמע ישראל, שמע ישראל, says the most all encompassing פסוק in the Torah is in fact our first choice, בן ננס disagrees and explains that he has a פסוק that's even more all encompassing the one רבי עקיבא probably would have chosen, ואהבת לרעך כמוך. But that is not the conclusion of the מדרש. The מדרש continues that שמעון בן פזי says I have a פסוק that is even more all encompassing and the medrash concludes that one of the Rabbis rose to his feet and exclaimed הלכה כבן פזי, the opinion that we accept is this last one of בן פזי!

What פסוק could בן פזי possibly have chosen? What's left? בן פזי highlighted a פסוק from this week's פרשה, פנחס. Which פסוק? Presumably something from the beginning of the פרשה about being zealous for Hashem at all costs or something similar. But in fact that is not the case. The פסוק that בן פזי suggested, and in the end was the one that prevailed over those of his colleagues, was את הכבש את הכבש, the daily sacrifice offered twice daily in the Beis hamikdash!

What's so central and all encompassing about this passuk describing the korban tamid that it trumps both ואהבת לרעך כמוך and שמע ישראל?! It appears that what בן פזי is highlighting is not necessarily the most important mitzvah in the Torah, but rather a פסוק that most incorporates a broad approach to מצוות. To that בן פזי teaches us that the most central quality our עבודת ה' should include is תמיד, consistency, performing day in and day out. Ben Pazi focuses on the importance of striving for consistency in our day to day service.

And it's not easy, we fall and we make mistakes. We have days when we feel tired or just lazy and similarly there are days when we're inspired and driven, and that's normal, consistency is hard, it's a challenge, but having a consistent routine of עבודת ה' is an expression of how much it really is central to our lives.

Perhaps this idea can be made a little more poignant. Is the תמיד really such a big deal? The משנה תענית tells us that we fasted this past Thursday because 5 tragedies befell the Jews on the 17th of תמוז, one of those is that even though the המקדש was extant the offering of the קרבן תמיד was halted. It's not completely clear what event this is referring to. The תפארת ישראל in his commentary to the משנה suggests that the משנה is referring to an episode recorded in ע"ב בבא קמא פב ע"ב that there were two brothers who were members of the Hashmonean family, Aristabulus and Hyrkanus, who fought each other for the throne of Judea. Aristobulus laid siege to ירושלים, where Hyrkanus was headquartered. As lambs were needed for the daily sacrifice and there were none in ירושלים, the inhabitants worked out a deal with the lamb sellers outside of the city. Every day, they would lower a basket full of gold coins over the wall and in return, the lamb sellers would supply a lamb, which was then hoisted up over the wall. One day, an elderly man outside of the wall advised the sellers to supply a pig instead of a lamb. As the pig was being hoisted up, it stuck its claws into the wall, and all of Israel quaked. From that day until the end of the siege, the daily offering was not brought.

Astounding! One of the reasons we fast is because the tamid was halted, so central and important was this korban and what it represents. Perhaps the fact that a Jew was the one who had this idea to spoil the constant עבודה of the תמיד by suggesting placing a pig in the basket instead of the lamb, only brings the point even closer to home at a time when we mourn the mikdash and dwell on the detriment that hatred between Jews can cause.

Thus this theme of focusing on תמיד, consistency in serving G-d plays a central role during this period of the three weeks. When we look to improve our sensitivity to others and our overall spiritual state our daily routine is certainly a good place to start.

Part of the challenge we are living through now is to try and reestablish a consistent daily routine in our davening, in our learning

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A Message from Rabbi Yosef Weinberger

Pinchas (2020)

When Moshe Rabeinu sensed the end of his days approaching, He asked Hashem to appoint a successor. So, Hashem commanded him "קח לך את יהושע בן נון... וסמכת את ידך עליו... ונתתך מזהודך עליו", *Take to yourself Joshua son of Nun... and lean your hand upon him... and you shall place some of your majesty upon him.* However, later on when Moshe actually performed this *semicha* we find a deviation in the process. "ויסמך את ידיו עליו ויצוהו, כאשר דבר ה'", *And he leaned his hands upon him and commanded him, as Hashem had spoken.*

Hashem told Moshe to use one hand, but Moshe used two. Why would he deviate from Hashem's command (especially after being punished so harshly for hitting the rock instead of speaking to it)? Furthermore, why does the Torah itself testify that using both hands was "*as Hashem had spoken*", if that wasn't what Hashem said?

During the RCA Conference in June of 1963, Rav Soloveitchik explained this episode as follows. If you look closely at Hashem's initial command, he told Moshe to do two things: 1) *place your hand upon him* and 2) *place some of your majesty upon him*. Moshe had to fulfill both of these commands, so he used one hand for each. The Rav went on to explain that each of these hands (and each of the commands) represented a different type of *mesorah* (tradition) that every Rebbe and parent is expected to impart to their students and children.

The first *mesorah*- that of "*you shall place your hand upon him*"- was what the Rav referred to as the intellectual *mesorah*. It refers to learning halacha and learning how to read the lines of a Chumash or Gemara. This was the *mesorah* the Rav received from his father and grandfather. (The Rav would say, "My father taught me how to read the lines, but my grandfather taught me how to read in-between the lines."). It was an analytical approach to learning and unlocking the depth of the תורה שבעל פה and the תורה שבכתב. In the Rav's words, it was a *mesorah* that can compare with the best in logic, epistemology and philosophy of the greatest gentile thinkers. A rigorous analysis of the text that is even more precise and deeper than their teachings.

But there is a second *mesorah* as well- that of "*you shall place some of your majesty upon him*." This, said the Rav was an experiential, sentimental and heavily emotional *mesorah*. For example, the Rav knew מסכת שבת (along with the rest of ש"ס) inside and out. He studied, analyzed and categorized the melachos, the mitzvos and גזירות דברנן. He reviewed the מסכת and taught to his students and balebatim. And yet, the Rav's deepest memories of Shabbos were as a young boy in Warsaw, when he would attend the shaleshudis at the chassidish shteible near his home. There he saw how impoverished Jews, who worked 18 hour days, six days a week, were transformed into princes for a 24-hour period. They would sing and share divrei Torah- almost in a trance- well past צאת הכוכבים. The same can be said for the Rav's knowledge of מסכת יומא and his analysis of the Kohen Gadol's עבודה on Yom Kippur. However, none of this compared to the image of his grandfather, Rav Chaim, *klop* "על חטא" during his heartfelt confession. As דוד המלך says "טעמו וראו", *taste and see*, the majesty of G-d. This was the second, and equally crucial, element of the *mesorah* that Moshe passed on to Yehoshua.

When the Rambam describes the process of Moshe teaching the Torah to his students, he uses three different descriptions for three different groups. Regarding the 70 elders he says "למדה"- Moshe taught them. Regarding Pinchas and Elazar he says "קבלו"- they received the Torah from Moshe (a higher level). And regarding Yehoshua he says "מסר"- he imparted. This "מסירה" (imparting) is connected to the word "מסורה" and represents not just transmitting knowledge but passing on an all-encompassing way of life. מסורה is often linked to our מנהגים (traditions). Many people relate to their family מנהגים with a fervor that they lack for basic הלכות. This is because a true מסורה relates to our most genuine emotions.

We should take to heart the lesson of Moshe Rabeinu placing both of his hands, representing the transmission of the intellectual as well as the experiential *mesorah*, on Yehoshua. And as the Rav (who was the paradigm of intellectual prowess) said, there are times that experience supersedes even the deepest understanding of a topic. The transmission of these *mesorahs* are not up to parents alone. It's a conglomerate of family, friends, schools, camps, yeshivot/seminaries rabbis etc. In fact, judging quantitatively, unless we are home-schooled (zoom jokes aside) most of our Judaic learning will most take place outside of the home- and there's nothing wrong with that. But when it comes to the second type, the experience and emotional connection to Judaism, most of those experiences will take place at home. Seeing how we approach Tefilah and Shabbos in our home will likely have an even greater impact than learning מסכת ברכות or שבת in any of the fine schools in our community. It is upon us to pass along the *majesty* of the Torah way of life (ונתתי מזהודך עליו) to our children, just as Moshe did for Yehoshua.



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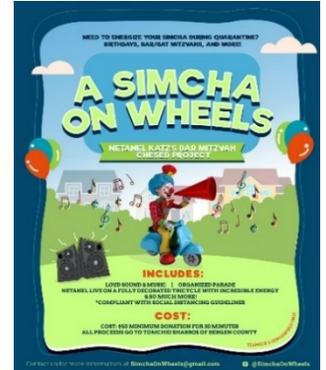
שבת פנחס

CBY Young Entrepreneurs- Esther Secemski

What do the letters BBB stand for? If you guessed either Bed Bath and Beyond or Better Business Bureau, you are wrong! The letters, in fact, refer to Bnai Yeshurun's Budding Businesspeople.



Meet Netanel Katz, a soon to be bar-mitzvah young man who attends Yeshivat Noam. Netanel recognized the need for a unique way to celebrate the many joyous occasions with which our community has been blessed. Using a tricycle that had been given to his mother as a joke gift, he outfitted it with speakers, donned a clown costume, and offered his energetic services for bar and bat mitzvah celebrations, weddings, birthdays, graduations, and even the drive-by farewell event for the Rabbi and Karen. Most impressive of all, the proceeds go to Tomchei Shabbos of Bergen County because, to quote Netanel, "so many people have lost their jobs" during the pandemic that there is an ever growing need for increased funds to help feed some members of our community. To date, Netanel has raised the astonishing amount of \$2,500! To book a



party please email SimchaonWheels@gmail.com. Follow Netanel on Instagram for exciting photos and videos @SimchaonWheels

Sam Wartelsky's business concept "bounced up" at him from a Chanukah gift that he and his family have been using for



years. Sam, a recent graduate of Yeshivat Noam, created "Bounce to You", a business that delivers hours of fun to people's yards. Customers can choose from a Bouncy House or an Inflatable Water Park The website, www.bouncetoyou.net, is Sam's creation, and is very user friendly. Anyone interested in an exciting day for birthday parties or visiting grandchildren should hurry to the website to book an appointment. As an additional bonus, if you enter "CBY Youth" in the notes when



ordering an inflatable, Sam will donate 15% of the order to CBY Youth Department programmng.

"Surprise by Sunrise" is the creation of a group of Frisch seniors – Danny Weinberger, Shmuli Coates, Judah Rolnick, and Jacob Bergstein. Their goal is to generate happiness, positivity, and well-being in these challenging times with decorative lawn announcements for birthdays, engagements, graduations, and much more.



There is a wide variety of options available for all occasions and an attractive website where would-be celebrants can choose their color schemes and themes. Information about this enterprise is available on the web at



www.surprisebysunrise.com, on Instagram @surprisebysunrise, or email them at surprisebysunrise@gmail.com.



Akiva and Daniel Lipshitz are launching Mesora, an on-line app described as a "meeting place for people who want to share with and learn from". For more details, please refer to the CBY Bulletin for the week of June 19-26. The link to the newly launched site is <http://mesora.herokuapp.com>

לכל הכבוד to our innovative youth! We wish them much success in these and future enterprises.



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Teens-Message from R' Jonathan Schachter



Who's The Boss?

Parashas Pinchas opens with the aftermath of a terrible sin committed by Bnai Yisrael at the end of last week's *parasha*. They were enticed by the women of Moav to worship the *avoda zara* known as Ba'al Pe'or. HaShem punished the nation with a plague that killed 24,000 people, only halting the plague after Pinchas zealously struck the two main leaders of the sin, Zimri and Kozbi.

If so many Jews were led astray by this *avoda zara*, there must have been something very tempting about it. Yet, the *gemara* (Sanhedrin 63b) describes its main service as follows: One would eat spinach, and drink beer (as the combination of the two would wreak havoc on one's stomach) and then relieve oneself directly on the *avoda zara*. In fact, the *gemara* records how one person decided to go even further and wipe himself using the nostril of the idol, and all of the other worshippers were amazed by this individual's creative contribution to the religion!! The question is then obvious - how could Bnai Yisrael stumble over such a debased form of idolatry?

Reb Chaim Shmuelevitz (1902-1979), in his sefer *Sichos Mussar*, offers a powerful psychological approach as to why Ba'al Pe'or was such a tempting religion. Its founders wanted to establish a religion which promoted the greatness of mankind. They felt that human beings were so elevated that they did not need rules to govern themselves. On their own, humans would find the "right way" to live. Any religion that had rules to regulate man was really an insult to his greatness. Does Roger Federer really need a tennis coach to tell him how to defeat his opponent?? Does LeBron James actually need a coach to draw up a play for him to score?? Similarly, does a human being really need a religion to instruct him to live a moral life?

The founders then set out to design a ritual that would best express their philosophy of the greatness of man. They felt that to have a human pay homage and respect to an idol would devalue man's loftiness. Instead, they would go to the opposite extreme and tell the "worshippers" to degrade the idol, for that would show man's supremacy. The more degrading the ritual, the better! They eventually ended up with the idea to relieve oneself upon the idol, and if one were to really be "machmir", one can wipe with idol as well.

What made this religion so attractive to its followers was that it removed all kinds of external authority from upon them and encouraged them to follow their internal "morals". This was not the first time we saw such a philosophy either. Back in Gan Eden, the snake enticed Chava to sin by claiming that once she ate from the tree, she would "become like God and decide for herself what was good and what was evil" (Bereishis 3:5). In fact, every time we intentionally sin, we partake of a dose of this mentality – who needs a religion's laws when I can just answer to myself?

In many parts of the country, people have had enough with the Corona restrictions. They have elected to throw off the burden of social distancing, and instead, have decided to just "live their own lives," whatever the consequences may be. Even as the number of Covid cases rise dramatically in their states, they just feel that enough is enough with regard to the rules imposed upon them. Clearly, we see how people struggle with external authority.

As Jews, we have been trained to embrace rules from God, since we know that in their observance lies the true formula to human's greatness. As great as God created us, He also crafted a Torah for us that is absolutely essential for the development of our souls.

At the very end of the Torah, we are taught that Moshe Rabbeinu was buried in the land of Moav, opposite Beis Pe'or (Devarim 34:6). The symbolism speaks for itself. It's an ongoing choice we make throughout each day of our lives – the anarchy of Pe'or versus the teachings of HaShem through His servant Moshe?

Message from R' Ari Zahtz (continued from page 5)

and even in the realm of חסד. Our lives were upended just a few months ago and we were forced to settle, appropriately so, into a new routine. The challenge now is to reestablish a routine, a routine that like the קרבן תמיד, revolves around the מקדש, for us our shul, our מקדש מעט. Not just that davening, learning and חסד should be תמיד, constant in our lives, but that the מקדש מעט, the shul, should be at the center. Yes, it will take time, but as we, please G-d, continue to open both indoors and outdoors, for both davening and learning, we need to try and exert the extra effort to make our shul into the central part of our עבודה and our lives each and every day.



Congregation Bnai Yeshurun Weekly Shabbat Announcements

July 10-17, 2020

י"ח-כ"ה תמוז תש"פ

Shabbat Pinchas

שבת פנחס



Virtual Youth Wing!

Pinchas in "Hashtag" Form



- Pinchas is rewarded for being a brave, zealous, **#CertifiedBoss**. HaShem grants him eternal priesthood **#TheBigKahuna** and a lots of **#Peace**.
- HaShem commands us to teach the people of Midyan a lesson. **#DontBeMessin** **#SeeYaMidyana**
- Moshe and Elazar HaKohen perform a census and count all Jewish males who are above the age of twenty. **#CountDemHebrews** **#OneHenTwoDucks**
- Based on the census, the Jewish people were given portions of land in Eretz Canaan. The daughters of Tzelafchad were upset that they didn't receive a portion of land. They presented their argument before Moshe and HaShem, who ultimately agreed with them, so they received their father's portion in Eretz Canaan! **#WeCanDoIt** **#RespectfulDialoguin**
- HaShem tells Moshe to look into Eretz Canaan, from Har Avarim **#Sightseeing** **#WhattaView**. Yehoshua is officially appointed as Moshe's successor **#HailToTheNewChief**
- Korbanos, lots of them **#GimmeSumOfDatTamid**. We then learn about some of the holidays **#HappyChallahDays**.

Fun Facts #NoWay

1. Did you know that Yerushalayim has more than 2,000 active archaeological sites?
2. Or that it has over 1,500 public parks and gardens?
3. Oooooor that its light rail system was completed in 2011 and can accommodate **23,000** passengers an hour?

Congratulations to this week's PCL-To-Go Raffle Winners:

- Yisrael Taubes
- Netanel Schwartz
- Lily Hopkovitz
- Talia Hopkovitz
- Chloe Tennenbaum

CBY Tehillim Opportunity - A WhatsApp Group has been created dedicated to a refua shleima for all the cholim from our Shul and community (and of course all of Klal Yisrael). To join, click [HERE](#).

Once joined, it works as follows: just type in the number of the next tehillim that you will say immediately. You can sign up for a few in a row, but no need to get carried away as there's always the next person right behind you to say the next one.

Ideally, all comments should be kept to a bare minimum to ensure this is really about the tehillim.

Tizku L'Mitzvot and may all our cholim have a speedy refua shleima, be"h.



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CBY YOUTH PINCHAS SEARCH!

K K L M R S C N A V A R I M O
 S O T L T X H C H S H A L O M
 H H D Z Y G A O U U N Z K B D
 A E E A E H L U G X K X I S R
 L N E P U L L N X Q O T D N X
 O C N O H G A T P O R T I O N
 S A J F M P H F L B B U T A P
 H N Y A Z O D T C S A S P Y I
 R A W E G X A Y E H N I T W N
 E A H D H M Y T C R A R W U C
 G N G K S O S E L X S D E S H
 A Z P M Y T S R W U X F N T A
 L T F Y O T P H O B X C T X S
 I T T U Q L I T U B Q E Y O V
 M C E N S U S E L A Z A R F M

- | | | | |
|-----------------|-------------|------------|----------|
| Shalosh Regalim | ChallahDays | Tzelafchad | Yehoshua |
| Portion | Pinchas | Elazar | Shalom |
| Korban | Daughters | Twenty | Census |
| Avarim | Canaan | Kohen | Count |

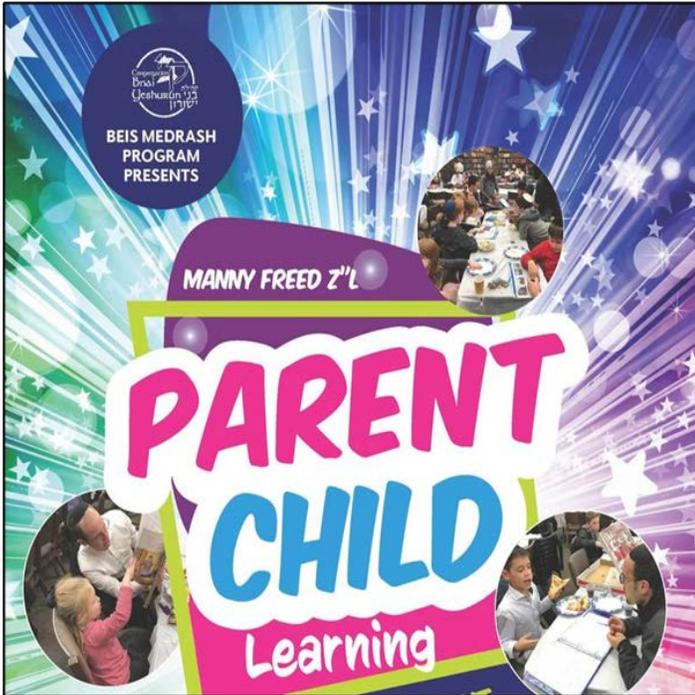
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We are excited to announce that CBY's incredible Manny Freed z"l Parent Child Learning program will be temporarily relocating from our Beit Midrash, to your own homes! It has hereby been dubbed- "Manny Freed z"l PCL To-Go!"

Here is how it works:

1. Parents should learn for 30 minutes, or more, on Shabbat afternoon with their children. Each additional 30 minute PCL learning slot on Shabbat afternoon will earn you another ticket! For this week's learning sourcesheet click [here](#).
2. Each parent and child chavruta should fill out the following [google doc](#) on Motzei Shabbat indicating that they participated.
3. Each child will be entered into a raffle for awesome prizes that will be picked on Sunday morning. Prizes will be delivered to your homes!!

Together, let's make Shabbat AMAZING, and fill our homes with the joyous song of Torah!

**NOW MORE THAN EVER:
#DRIVESAFE #RIDESMART**

**BERGEN COUNTY
BICYCLE SAFETY INITIATIVE**

1. Everyone should wear a helmet
2. Ride with traffic, not against traffic
3. Please follow all local laws about where it is permitted to ride
4. Yield to pedestrians who have the right of way
5. Keep a distance with the rider ahead of you and the rider behind you
6. Learn proper signaling on a bike for turning
7. Don't wear headphones so you can hear traffic
8. Bikers should be mindful that streets are active
9. Be sure to be visible to cars
10. Parents should supervise young children while they ride
11. Be sure to drive slowly when bikers are present
12. When possible, park your vehicle in a driveway to ease visibility on the streets

An initiative of the RCBC together with:
The Jewish Elementary and High Schools of Bergen County

Contact Us

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Community Announcements

- The Teaneck Keylim Mikvah will be reopening on Monday June 22, by APPOINTMENT ONLY. In order to comply with social distancing, there is a new system in place. Please visit the mikvah website teaneckmikvah.com for details and to make an appointment.
- Teaneck Mikvah - Usage is BY APPOINTMENT ONLY. No walk ins accepted at this time. The appointment system closes daily 4 hours before opening. Please plan accordingly. To book your appointment please visit www.teaneckmikvah.com/Appointment/default.asp.
- The Orthodox Union is proud to present: Calm Amid Corona – Pandemic Parenting OU's Mental Health series Three Monday night presentations for the parents of teens, featuring Kristen M. Roye, PsyD. – Clinical Director, Destinations for Teens, Rabbi Dov Rosenbluth - Director of Guidance and 11th grade Rebbe at YULA, Monday nights 8:30 pm EDT/5:30 pm PDT ou.org/mentalhealth or fb.com/OrthodoxUnion Monday night, July 13
Communication 101: How to Talk and Listen (Successfully!) to Teenagers; Monday night, July 20 Teen Mental Health 101: Identifying and Destigmatizing Anxiety and Depression; Monday night, July 27 Substance Abuse 101: Talking About Drugs and Alcohol With Your Teen
- United Hatzalah, in partnership with CoronaCareIsrael, is proud to present free and anonymous online counseling to US frontline healthcare providers. United Hatzalah and CoronaCareIsrael are a partnership group of mental health trauma professionals practicing in Israel. Our team has accrued much experience in addressing continuing trauma situations (Tree of Life shooting in Pennsylvania, Ebola in Liberia, Swiss Air Flight 111, and more) and we join hands with our fellow professionals in extending that experience to support your efforts. Our team has developed a protocol specific to treating frontline healthcare workers affected by the ongoing pandemic. Our protocol is designed to be brief and practical so that it is accessible and appealing to busy, overextended personnel. Given our time zone difference, we can offer 24/7 mental health support at hours when these services may not otherwise be readily available. We are including a flyer that explains how you can easily access this service or sign up anonymously at www.bit.ly/UHCoronaCare. Confidentiality is of prime importance to us, and we will never require any identifying details. We invite all frontline staffers to utilize our services during this challenging time.
- As you may know, the mission of our Age-Friendly Teaneck initiative is to make the Township as great a place to grow old as it is to grow up. We are always striving to raise awareness of the needs of Teaneck's rapidly growing population of older adults, and in keeping with that goal, we have drafted a new survey, the results of which we hope to use to shape our advocacy goals today and in the future. We know the COVID-19 crisis has amplified old challenges and created new ones for many of Teaneck's residents. We hope you are willing to share the survey with members of older adult members of your congregation and encourage them to participate. The link is <https://www.agefriendlyteaneck.org/aftsurvey.html> All survey submissions are anonymous, and we will use the compiled data to help inform government leaders and social service providers about the always-evolving experiences and needs of older adults in the Township. If congregants have any questions about the survey, or would like to respond over the phone, they should feel free to call us at 201-530-6756. Click here for a printable survey if pen or pencil is preferred, which anyone is welcome to email to us at info@agefriendlyteaneck.org or mail to us at: Age-Friendly Teaneck c/o The Brookdale 60 Bergen Avenue Teaneck, NJ 07666 info@agefriendlyteaneck.org
- <https://www.jewishtogether.org/> - Discover virtual opportunities for kids and college students, families and twenty-somethings, offered by all types of Jewish organizations, all curated by JewishTogether. Find connection, community, learning and laughter. Add structure to your summer and make #Summer5780 matter. Check out all of the Jewish offerings available to you and your family this summer – and sign up for updates! VISIT #SUMMER5780
- Do you have a high school daughter who is around for any part of the summer? Join us 6:45 pm on Tuesday nights for NCSY'S Summer Girls Learning Initiative from July 7-August 18 . SGLI is an opportunity for high school girls who are home for the summer to spend time with other girls their age and have some exciting Torah learning experiences. Classes will be offered by dynamic presenters from our local shuls and Yeshivot. SGLI is sponsored by NCSY and supported by Bruria, Maayanot, Naaleh and Yeshivat Frisch. The sessions will be outdoors on the Congregation Beth Abraham campus, 396 New Bridge Rd, Bergenfield. All will be in accordance with CDC and state guidelines. (In case of rain, please bring a mask as the learning will be moved inside, while maintaining guidelines). Zoom link will be available for those who want to participate from home. For more information please contact Dr. Aliza Frohlich at afrohlich613@gmail.com.
- Sunday, July 19th, 8:30pm- 8th Annual Yoetzet Initiative Event- "You, Me and We: Cultivating Intimacy." Register at <https://www.rinat.org/yoetzet-halacha-event>. Upon registration, you will receive a link to the event.
- Please join Sharsheret on Monday, July 27th at 8:00PM for a community-wide event, Midsummer Miracles: Sharsheret's Chain of Lifesaving Work, to pay tribute to the



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women and families in our community who have been touched by breast and ovarian cancer. Register, donate and watch at www.MidsummerMiracles.com.

- JFNNJ Supplies for Success 2020 Reimagined! Even though the school year may look different, the need for school supplies and PPE is greater than ever. You Can Make a Difference! Let's start kids on a path to a successful school year. There are many ways you and your family can help. Donate now! Host a Pop-Up - Be one of a select group to host a backpack Pop-up in your home. All supplies may be picked up at Federation offices between August 3-6 and filled backpacks should be returned on August 16. Join a Pop-Up in Federation's parking lot - Schedule a time to pack backpacks in a reserved Pop-Up tent for you, your family, and friends (no more than 8 people per tent) Sunday, August 16 (Raindate Monday, August 17). Donate - Donate the cost of one or more backpacks (\$25 each) or supply an entire class (\$360) with backpacks. Be a Sponsor - Your family or your business will be featured on all print and digital marketing materials for Supplies for Success. Questions? Contact Shara Nadler at SharaN@jfnnj.org or call 201-820-3947
- COVID-19 has effected every aspect of life as we know it. We are here as a resource for you during these trying times! CareOne at Teaneck is offering our services to you. We will gladly deliver glatt kosher, Cholov Yisroel and Pas Yisroel meals to all seniors who need. If plans change or aids cancel, we have respite service available for you.
- Shopping Angels is a program designed to provide services to those populations deemed especially at-risk for the novel COVID-19 virus. To help ease the uncertainty, anxiety, and fear surrounding this pandemic, we are volunteering our time to personally deliver groceries or other shopping necessities to those who may prefer to stay within the safety of their own home at no additional cost. This program is entirely volunteer-based – we do not ask for gas money, tips, or delivery fees! To request service or to volunteer please visit www.shoppingangelsglobal.org. **We are especially in need of shopping volunteers in the Jewish community and ask those able to do so, to sign up!**
- JScreen is a non-profit initiative providing easy, affordable, at-home testing on saliva for over 200 genetic diseases, including those most common in people with Ashkenazi, Sephardi, and Mizrahi backgrounds. To learn more visit www.JScreen.org.
- We hope everyone is staying inside and staying healthy. As you can imagine the Teaneck Volunteer Ambulance has been extremely busy with the large amount of COVID19 patients in our community. We are hoping you can help us by going to our website at: www.teaneckambulance.org/covid19.html. Thank you and stay healthy
- Kosher Experience/Madison caterers is proud to present our new Shabbos Take Out Menu. We offer Shabbos Specials as well as a full menu of items. Please order thru our website Koshrexperience.net Orders must be in by Noon on Thursdays, deliveries will be made on Thursday Evening and Friday Morning.
- Feldenkrais Awareness Through Movement free zoom lessons continue M-F 11:30-12:30 PM Classes are open for teens through seniors for improving posture, coordination and balance. Tuesday's classes will take place in chairs. Other classes take place on the floor. Call with questions Joyce Bendavid OTR GCFP 201-759-4222. Topic: Joyce Bendavid's Zoom Meeting. Join Zoom:<https://us02web.zoom.us/j/5864270795?pwd=ZOVpaVRkaDNMTzFjeGEvVHltOTFBQT09>. Meeting ID: 586 427 0795 Password: 337785 One tap mobile +16465588656, 5864270795#,1#,337785# US (New York)
- Areyvut would like to share this resource with our community: Kindness Club <https://bit.ly/KC42020>. It is a great resource for parents, educators and those that serve senior citizens.
- Nate Geller, longtime Teaneck resident, is in need of a life-saving blood stem cell donation. In the midst of the pandemic, he was diagnosed with cancer, acute lymphoblastic leukemia (ALL), and has since started treatment. The best way to cure his cancer is to receive a marrow donation. If you are between 18-44, you are the perfect candidate to be a blood stem cell donor. If you are between the ages of 45-60, you can also join the registry but you will be asked to make a \$100 donation to cover the cost of the test. All you need to do is, fill out the info form, and Be The Match will send you a swab to return to them in the mail. You can also text "Hesed" to 61474 to register. This link and code will allow the Geller Family to track (anonymously) how many people register and send in a swab in honor of Nate. For every swab sent in to Be the Match using this link and the text code "Hesed" to 61474, the Geller Family will donate \$5 to the Equal Justice Initiative. We hope you will join the registry and help to spread this message. Register at: <http://Join.BeTheMatch.org/Hesed> Or Text: "Hesed" to 61474.
- Subscribe to BergenShulsTogether.com updates at <https://www.bergenshulstogether.com/contact>. Give us a hand and start making a difference <https://www.bergenshulstogether.com/helpus>