



# Congregation Bnai Yeshurun Weekly Shabbat Announcements

November 29-December 6, 2019

א'-ח' כסלו תש"פ

Shabbat Toldot

שבת תולדות

## Shabbat Times זמני שבת

Candle Lighting	4:08 pm	הדלקת נרות
Mincha & Kabbalat Shabbat	4:15	מנחה וקבלת שבת
Moroccan Mincha	4:15	מנחה נוסח מורקו
Kids Navi Shiur	8:00	שעור בבניא לילדים
Latest <i>Shema</i>	9:22 am	סוף זמן ק"ש
Hashkama	7:00 am	השכמה
Ashkenaz– <i>Social Hall</i>	8:30	נוסח אשכנז
Sefard– <i>Beis Medrash</i>	8:30	נוסח ספרד
Ashkenaz– <i>New Main</i>	9:00	נוסח אשכנז
Ashkenaz– <i>Old Main</i>	9:15	נוסח אשכנז
Teen Minyan– <i>Social Hall</i>	9:00	שבת מנין נוער
Moroccan– <i>Ogden Building</i>	9:30	נוסח מורקו
Jr. Congregation– <i>SH Stage</i>	9:25	מנין לכתות ה' וו'
Youth Supervised Play	9:00	גן ילדים
Youth Groups (N–4 <sup>th</sup> grade)	9:20	כיתות נוער
Mommy & Me	10:15	אמהות ותינוקות
Daf Yomi-Manny Adler	7:30 am, 3:05 pm	דף היומי
Mishna Yomit (Zevachim)	8:15 am	משנה יומית
Moroccan pre-shacharit shiur	9:00 am	שעור לפני שחרית
Gemara Shiur - R' Frank Breslau & Dr. Joey Bench	After 8:30 am	שיעור בגמרא
Minchas Chinuch -R' Ben Zion Feld	After Sefard	מנחת חינוך
R' Pruzansky's shiur	<b>3:45</b>	שיעור
Shabbat Mincha	1:45	מנחה
Moroccan Mincha after shacharit & kiddush		מנחה נוסח מורקו
Mincha & Shiur	4:05 pm	מנחה ושיעור הרב
R' Zatz's shiur "Performing a Mitzvah For the First Time" following mincha		שיעור במצוות
Ma'ariv & Kiddush Levana	5:13 pm	מעריב וקדוש לבנה
Manny Freed z"l	6:15 pm	הורים וילדים
Parent Child Learning		
Next Shabbat Candles	4:07 pm	שבת פרשת ויצא הדלקת נרות
Mincha	4:10 pm	מנחה

## Youth Programming at CBY

If you want to feel good about the future of Israel, come downstairs & walk around on any morning. Say hello to Rivka & Yehoshua Szafranski, our new Youth Directors, & watch how they inspire & lead our youth educators at breakfast, how they welcome new families to shul, & how Yehoshua jumps around on chairs as he excites CBY's children in appreciating the beauty of Tefillah. Come observe Ezra Stone & DJ Wartelsky daven & learn with our 5th & 6th graders in our Junior Congregation or listen to Randi Wartelsky & Rachel Wilens as they lead our youngest members and their moms in song at our Mommy & Me program. In the Social Hall, Rabbi Jonathan Schachter leads our Teen Minyan in davening & layning, & our nursery & pre-kers play under the loving guidance of Sari Zauderer.

It is an exciting time to be a kid at CBY! Over the past year, we have introduced a number of enhancements to children's programming. As Sari Sheinfeld, co-chair of the David Frohlich z"l Youth Department explains, "if the kids associate shul with every aspect of Jewish communal life, that creates exactly the kind of connection we're aiming for."

Mommy & Me meets every week & combines several key aspects of this inclusiveness. Led in turn by Rachel Wilens (of the Gan Henel Early Learning Center) & Randi Wartelsky (co-head of the music program at the Frisch School), the group is a chance for mothers with children too young for groups to come to shul on Shabbat morning in a way that introduces their children to shul with songs & a basic introduction to davening.

CBY's Junior Congregation has traditionally been for children who have aged out of groups but not yet reached their Bar or Bat Mitzvah & made the transition to the Teen Minyan. Rabbi Ezra Stone joined CBY last year to reinvigorate the program & expand it to give the participants a forum to continue learning & mastering davening in an age-appropriate way that they can continue to build on for the rest of their lives. He continues to adjust & expand the program to accommodate as many participants as possible. More exciting new initiatives are on the way, & they'll appear in the weekly bulletin with details.

After addressing the youngest kids & the pre-teens, Youth Groups was the focus for this new year, as we welcomed Rivka & Yehoshua (& Moshe Dovid) Szafranski aboard. Besides being dynamic & full of bold, innovative ideas for helping our kids build a solid foundation around being, playing, learning & (of course) davening in shul, Yehoshua focuses on connecting with CBY boys while Rivka builds relationships with our girls. Their respective backgrounds at NCSY & Aish HaTorah give them an impressive combined portfolio of experience & programming expertise to draw from, like turning the classrooms into biblical חדרון last week to help פרשת חיי שרה resonate with the kids even more.

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### Mazal Tov

מזל טוב

- Felice & Howard Fisher on the birth of a granddaughter, Carol, to Shana & Paul Kalman.
- Sharon & Eli Kolb on the birth of a granddaughter, Sophia Ruth, to Melissa & Yaakov Kolb.
- Rena & Elliot Steigman on the birth of a grandson, a son to Nili & Philip Futernik.
- Mona & Itzy Weinberger on the bar mitzvah of their grandson, Ely, son of Tal & Josh Weinberger.

### Condolences

נחומים

- Linda Koyfman on the passing of her beloved brother Aaron Weinberg a"h.

### CBY Notes

- Join R' Pruzansky at a special meeting regarding the Coalition for Jewish Values on Monday, Dec. 2 at 8:00 pm at the Schwartz home, 1332 Somerset Rd. in Teaneck.
- Next Shabbat, Dec. 7<sup>th</sup>, join R' Pruzansky at the 5<sup>th</sup> Yahrzeit Shiur in memory of his father, הרב זאב נחמיה בן הרב אפרים מיכל הלוי ע"ה, following the 4:10 pm mincha.
- CBY Simcha Leiner Concert December 7<sup>th</sup>. Seeking ushers & staff-get paid, get swag, & have a great time! Men & women ages 16-18. Contact Chaim Kiss at 201-970-7687. To purchase tickets for the Simcha Leiner concert please go to [www.simchaleiner.com/tour](http://www.simchaleiner.com/tour).
- #SwabSameach! This Chanukah, you can be someone's miracle. Gift of Life Marrow Registry works to cure Blood Cancer & other blood disorders by facilitating bone marrow & stem cell transplants. Joining the registry is FREE & easy, you just swab your mouth & fill out a quick health survey & if you are a match for someone who needs a transplant to survive, you will be given the opportunity to save a life! Visit GOL table at the upcoming Simcha Leiner & Maccabeats concerts at CBY.
- R' Pruzansky's Great Rabbis series, "Rav Yaakov Kaminetzky" continues on Monday, Dec. 9<sup>th</sup> at 8:15 pm in the Old Main Shul.
- Spark the Chanukah Spirit: Shabbat with Simcha Leiner December 13-14<sup>th</sup>. Join family & friends for a Friday night tisch, festive tefillot in the New Main throughout Shabbat, and a Men's Club Kiddush.

### Beis Medrash Committee

- Manny Freed z"l Parent Child Learning will take place on Motzei Shabbat at 6:15 pm.
- This week's Parent Child Learning is sponsored by the Barenholtz-Laifer-Blumenthal Family.

- Dec. 25<sup>th</sup> shiur with Rabbi Daniel Stein, "The Parameters of Chukat HaGoyim" following the 8:00 am minyan in the Social Hall. To sponsor please contact the shul office.

### David Frohlich z"l Youth Department

- This week's Tot Shabbat will be led by Rachel Wilens and will take place in the back of the Nursery room.
- CBY boys are invited to sing with Simcha Leiner on Shabbat Dec. 14<sup>th</sup>. Must be able to attend a training session with Chaim Kiss on Sunday, December 8<sup>th</sup>, from 9:45-10:30 am. Register on the shul website.
- Tefillah of the Week: נשמת. Theme of the Month: גבורה - #CBYHERO.

### Teens

- There will be a hot kiddush in Teen Minyan this Shabbat.

### BNOT

- Save the date! Chanukah concert featuring the Maccabeats on December 23<sup>rd</sup>. Donuts & refreshments 6:30 pm, concert begins at 7:00 pm. More details to follow.
- Project Meet Your Match welcomes dating profiles to be sent to [MEETYOURMATCH@bnaiyeshurun.org](mailto:MEETYOURMATCH@bnaiyeshurun.org)

### Men's Club

- The next Men's Club Kiddush will take place on December 14<sup>th</sup>. To sponsor contact Neal Landerer or the shul office.

This week's bulletin is sponsored by Gilla & Yitz Stern, commemorating the yahrzeit (7 Kislev) of Yitz's father—R' Azriel ben R' Elyahu a"h.



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## Weekly Davening Schedule

	Sun. Dec. 1	Mon. Dec. 2	Tues. Dec. 3	Wed. Dec. 4	Thu. Dec. 5	Fri. Dec. 6
Earliest tefillin – 6:02 am Latest Shema – 9:22 am Mincha Gedola – 12:15 pm	ג' כסלו	ד' כסלו	ה' כסלו	ו' כסלו	ז' כסלו	ח' כסלו
דף היומי	נדה ל"ט	נדה מ'	נדה מ"א	נדה מ"ב	נדה מ"ג	נדה מ"ד
Daf Yomi	7:00 am	5:30 am	5:30 am	5:30 am	5:30 am	5:30 am
Shacharit–Old Main		6:05	6:15	6:15	6:05	6:15
Shacharit–Beis Medrash	6:25	6:20	6:30	6:30	6:20	6:30
Shacharit–Old Main	7:30	7:00	7:00	7:00	7:00	7:00
Shacharit–Beis Medrash		7:20	7:30	7:30	7:20	7:30
Shacharit– Old Main	8:50	8:00	8:00	8:00	8:00	8:00
Shacharit– Old Main		8:50	8:50	8:50	8:50	8:50
Shacharit– New Main	7:00 8:00 9:15					
Mincha - Beis Medrash	12:45 & 1:45 pm	1:45 pm	1:45 pm	1:45 pm	1:45 pm	
Mincha - Old Main		4:20 pm	4:20 pm	4:20 pm	4:20 pm	
Mincha -New Main	4:20 pm					
Ma'ariv - Old Main	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	
Ma'ariv - Beis Medrash	10:01 11:00	10:01 11:00	10:01 11:00	10:01 11:00	10:01 11:00	

שחרית

מנחה

מעריב

Beis Medrash Program	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Yitzchak Yaakov Kollel Boker			6:20-7:00 am	6:20-7:00 am		6:20-7:00 am
Daf Yomi	7:00 am	5:30 am	5:30 am	5:30 am	5:30 am	5:30 am
Mishna Yomit	8:30 am			7:45 am		
Kids Navi Shiur (מלכים א')						8:00 pm
Daf Yomi B'Halacha Chavurah			8:30 pm			
Olam Ha'avodah-R' Zahtz		Following 9:00 pm Maariv (M and W)				
Navi Chavurah-R' Schachter-Sefer Shmuel I			8:15-9 pm			
Parsha w/Rav Goldwicht			8:30 pm			
Senior Lunch & Learn				1-2:30 pm		
Tzurva Merabanan-R' Pruzansky				8:15 pm		
Shiur with R' Meier – Sefer Shmuel				8:15 pm		
Halacha Shiur w/R' Sobolofsky				9:15 pm		
Gemara Shiur w/ R' Zahtz (8 <sup>th</sup> perek of Chullin)					8:10 pm	
Shiur w/ R' Moshe Tzvi Weinberg					8:15 pm	
Parsha Shmooze w/ R' Zahtz					9:50 pm	
Parsha & Halacha w/ R' Taubes					10:15 pm	



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After some formal training for our group leaders, now referred to as youth educators, (including first aid, CPR & Project SARAH), the Szafrankis have led several shul-wide efforts, from decorating our sukkah to the first CBY children's group to volunteer with Yad Leah (to help collect new & gently-used clothing for poor families in Israel). In addition, they've inaugurated a shadow program to accommodate kids with special needs & get them used to coming to shul. This is another example of the new energy coursing through CBY, visible at daily minyanim & undeniable at weekly highlights like Manny Freed z"l Parent-Child Learning. Make sure to say "hi" to our youth educators who greet you as you arrive in shul each Shabbat!

Rabbi Jonathan Schachter continues to lead our Teen Minyan, with exciting programming from davening & learning to competitions & sporting events of both the amateur & professional varieties. Our teenaged boys continue to develop & hone their skills at davening & laying, for a lifetime of connection to כלל ישראל & service to their communities.

More than ever, CBY is the center of our community where kids of any age learn to love bringing Torah values to life.

TEANECK

# SIMCHA LEINER

## כל הכבוד

### TOUR

ALSO FEATURING: CHAIM KISS

**DECEMBER 7, 2019 | 8PM**

CONGREGATION BNAI YESHURUN  
641 WEST ENGLEWOOD AVENUE TEANECK NJ

TICKET PRICES: \$30, \$50, \$75

WWW.SIMCHALEINER.COM/TOUR

LEINER RECORDS

JOIN YOUR FAMILY & FRIENDS AT CONGREGATION BNAI YESHURUN

# Spark the Chanukah Spirit!

Shabbat Vayishlach  
December, 13-14, 2019

*Highlights:*

Musical sensation **Simcha Leiner**

Friday night tisch with uplifting זמירות, delicious food & דברי תורה with Rabbi Ari Zahtz, Rabbi Yosef Weinberger & Rabbi Moshe Tzvi Weinberg

Festive תפילות throughout שבת in the New Main shul, including CBY youth joining Simcha Leiner from the amud

Men's Club Kiddush

*and more!*

## Contact Us

- Rabbi Steven Pruzansky, Rabbi [rabbi@bnaiyeshurun.org](mailto:rabbi@bnaiyeshurun.org)
- Rabbi Ari Zahtz, Associate Rabbi [rabbizahtz@bnaiyeshurun.org](mailto:rabbizahtz@bnaiyeshurun.org)
- Rabbi Yosef Weinberger, Assistant Rabbi [rabiweinberger@bnaiyeshurun.org](mailto:rabiweinberger@bnaiyeshurun.org)
- Elysia Stein, Executive Director [office@bnaiyeshurun.org](mailto:office@bnaiyeshurun.org)
- Rivka & Yehoshua Szafranski, Youth Directors [youth@bnaiyeshurun.org](mailto:youth@bnaiyeshurun.org)
- Rabbi Jonathan Schachter, Teen Programming [rabbischachter@bnaiyeshurun.org](mailto:rabbischachter@bnaiyeshurun.org)
- Executive Committee [executivecommittee@bnaiyeshurun.org](mailto:executivecommittee@bnaiyeshurun.org)
- Ethan Keiser, President [president@bnaiyeshurun.org](mailto:president@bnaiyeshurun.org)
- Steven Becker, First Vice President
- Doron Katz, Second Vice President
- Jennifer Miller, Third Vice President
- Andrew Berkowitz, Treasurer
- Saul Kaszovitz, Assistant Treasurer
- Esti Kaminetzky, Secretary
- Chaim Kiss, Gabbai Rishon [gabbai@bnaiyeshurun.org](mailto:gabbai@bnaiyeshurun.org)



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### Community Announcements

- Please join us for a special Pre-Chanukah Shiur and Pop-Up Shop this Sunday, December 1 at Ohr HaTorah!! Rabbi Shay Shachter will give a shiur at 8:00PM in the shul (36 Rector Court in Bergenfield). The topic will be "Lehodos Ul'Hallel: Learning to be Grateful." Come shop before and after the shiur starting at 6:45PM and again after the shiur until 10:00PM. Hats and hair accessories will be available from Tutus and Ties and Chanukah gifts from BubbleBlastte.
- The Beit Midrash of Teaneck (BMT) is pleased to invite Bergen County's men – retirees and those with a flexible schedule - to join us for our first Trimester of our second year. The BMT is a unique Talmud Torah experience providing interactive learning in a Beit Midrash setting. BMT is located at Heichal HaTorah, 70 Sterling Pl and meets on Monday and Wednesday mornings between 9:15 a.m. and 12:45 p.m. This coming week, on December 2 & 4, seder begins at 9:15 am for Chavrusa learning; at 10:00 a.m., Rabbi Ronen Dvash and Rabbi Moshe Genack (Heichal) will give shiurim on Gemaras Brachos and Kiddushin respectively; at 11:00 a.m. on Monday, Rabbi Steven Pruzansky (Bnai Yeshurun) will give a shiur entitled, "The Rabbinate as Inheritance". On Wednesday, 11:00 am Rabbi Michael Taubes (MTA, Zichron Mordechai) will give a shiur entitled, "'What's So Special About December 4th (and 5th)?"; at 12:00, Rabbi Hayyim Angel (Yeshiva University) will give a shiur on Sefer Yishayahu. Source sheets are provided and can be obtained in advance by contacting BMTeaneck@gmail.com
- On Monday, December 2<sup>nd</sup> join us at The Venetian for the 15th Annual FIDF NJ Dinner. The event will feature several IDF heroes, as well as Israeli TV & film actor Rona-Lee Shim'on, co-star of the hit Netflix series "Fauda." The event, themed "A Night of Heroes," will salute Israel's brave men & women in uniform & contribute to FIDF's well-being & educational programs. For more information, contact Natalie.Gutman@fidf.org or 646-274-9646.
- Our shul is once again participating in The 27th Annual Bergen County Chanukah Toy Drive. We are collecting new and unwrapped toys and gifts for children and young adults going through trying times. Please drop off your donations at the **Friedman Residence - 693 Northumberland Rd.** from now until Friday, December 13th. The Bergen County Toy Drive is a great collaborative effort across Bergen County and donates to over 20 different charity organizations. Your donations will help us share the excitement of Chanukah with thousands of children and young adults. This is a great opportunity to involve your children in the mitzvah of tzedakah!
- December 2, 7:00 pm-10:15 pm 6th Annual Jew In The City All Star Event Lincoln Center, Alice Tully Hall. Join us at The Greatest Night in Orthodox Jewish Professional Success! Meet past & present All Stars, hear their amazing stories. [www.jewinthecity.com/events](http://www.jewinthecity.com/events)
- Refa'enu's peer-led mood disorder support groups will meet Tuesday, December 3 at 7:30 pm in the Ben Porat Yosef Building at E. 243 Frisch Ct. in Paramus, NJ. Doors open at 7:10 pm. Please make an effort to be on time (by 7:30 pm) so as not to disrupt the flow of the groups. Groups are divided between a group for those with a disorder (depression, bipolar) as well as a group for their loved ones. Please check website to confirm meetings: [www.refaenu.org](http://www.refaenu.org). No reservations are required. For more information contact: [dena@refaenu.org](mailto:dena@refaenu.org).
- Ma'ayanot invites all 8th grade girls to a Friday Night Oneg at the home of Nina Bieler, Dean of 9th Grade. December 6, 7:30-9:00 pm, 484 Sunderland Rd., Teaneck. Join us for fun, food & experience the warmth of a famous Ma'ayanot Bayit Cham event. For info & to arrange walking groups, email Dena Block, at [admissions@maayanot.org](mailto:admissions@maayanot.org).
- Rabbi Avi Bernstein, RYNJ Principal for Middle School Boys, looks forward to joining the Hashkama Minyan at Zichron Mordechai on Shabbos, December 7th at 7:15 am. Please join him for kiddush, sponsored by RYNJ, a Dvar Torah and schmoozing.
- Young Israel of Teaneck and YUConnects Event Saturday, December 7 at 8:00 pm - Sign up today for an amazing multimedia trivia night in Teaneck. Join friends and other modern orthodox singles, ages 25 -32, in a fun, fast and competitive evening with prizes and a delicious dairy buffet! It is a terrific opportunity to meet all participants, plus some super matchmakers, for only \$20. Apply by Sunday, December 1 at [www.yiot.org/shidduchevent](http://www.yiot.org/shidduchevent). Confirmation and event location upon acceptance. Any questions call/text (516) 319-7252.
- NechamaComfort 3rd Annual Dinner - Join us in raising community awareness of the tragedy of infant & pregnancy loss & in supporting the families who have been touched by this grief. Honoring digital influencer Elizabeth Savetsky. Guest speaker Kiley Hanish, author & co-creator of the film Return to Zero. Saturday, December 7 at 8:00 pm at the NY Hall of Science. For reservations visit [nechamacomfort.org](http://nechamacomfort.org).



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- Join RYNJ for Magical Mommy & Me classes with Morah Deena. You & your children, ages 0-4, are invited for exciting music & movement classes. Bring friends, meet new ones & share a wonderful morning with your child on December 8th & 15th from 9:15 am - 10:00 am at the yeshiva. There is no charge for these classes. Please register online at RYNJ.org. For more information please email us at [welcome@RYNJ.org](mailto:welcome@RYNJ.org). We welcome your family to join our family.
- Join Yeshivat Noam Sunday, December 8 - 9:30-11:30 am to experience our fantastic Early Childhood program, meet our faculty, and have fun with your child! We invite all prospective families with a child ages 2-4 for a morning of stories, music, snacks, crafts, and playtime! RSVP at [www.yeshivatnoam.org/sunday/](http://www.yeshivatnoam.org/sunday/) Walk ins welcome!
- Dec. 10th at **Cong. Bnai Yeshurun**, Rav Kook Book Launch Presented by Rabbi Bezalel Naor. Join us as Rabbi Bezalel Naor, one of the world's most pre-eminent scholars on Rav Kook, discusses Rav Kook on the Legends of Rabbah bar Hannah: A Kabbalist's Take on Sea Voyager Tales based on his newest book, "The Legends of Rabbah bar Hannah" Lecture: 7:30 pm, followed by Q&A and book signing. Books will be available for purchase.
- Project Ezra Annual Dinner is scheduled for Saturday, December 14th, Congregation Keter Torah, 8:00 pm. **Jackie & Dr. Saul Bodenheimer** are being honored. Register online at [www.ezrah.org](http://www.ezrah.org) or call 201-569-9047.
- Youth Mental Health First Aid (YMHFA) training courses will be hosted by Refa'enu. What: The course will teach how to identify, understand and respond to signs of mental illnesses and substance use disorders, and will offer skills needed to provide initial help and support to youths who may be developing a mental health or substance use problem or experiencing a crisis (e.g. suicidality, psychosis, overdose, panic attacks). When: Two sessions offered - January 5, 2020 and February 9, 2020; 9:00 am-5:30 pm Where: Congregation Shaare Tefillah, 510 Claremont Ave, Teaneck, NJ. Who Should Attend: Parents, educators, youth program directors, and anyone who works with or interacts with youths ages 12-18. \*Each class is limited to 25 participants, so make sure to sign up ASAP to reserve your spot! Sign up at: <http://refaenu.org/mhfa/>.
- JLE has an ongoing class on 48 Ways to Wisdom given by R' Justin Wexler. Based on the classes by R' Noach Weinberg on Wednesdays at 8:15 pm in Beth Aaron in the basement.
- The Kinnor Project with a mission to reintroduce the Harp to Jewish Cultural life, is offering one free Harp/Keyboard lesson to children ages 6-9, for info [www.thekinnor.com](http://www.thekinnor.com) or call 201-837-1214.
- Experience night seder with Nachlas Dov Community Kollel of Teaneck/Bergenfield along with R' Sobolofsky & Ohr HaTorah. S/M/W/Th evenings 9-10 pm at Ohr HaTorah Ct. Contact R' Parmett at 862-777-4758 or [kollelnd@gmail.com](mailto:kollelnd@gmail.com) or call/text Michael Frohlich 201-410-6500.
- CCSA welcomes anyone with a loved one who is suffering from substance abuse/addiction to our local support group, which meets every other Wednesday evening in Teaneck. The group is free of charge & is facilitated by professionals specializing in addiction. For information & location of the meeting, please email [Time2TalkAddiction@gmail.com](mailto:Time2TalkAddiction@gmail.com).