



Congregation Bnai Yeshurun Weekly Shabbat Announcements

September 27-October 4, 2019

כ"ז אלול תשע"ט-ה' תשרי
תש"פ

Shabbat Nitzavim

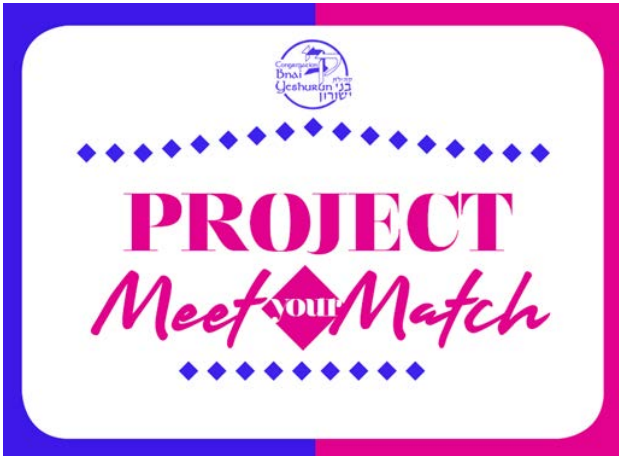
שבת נצבים

Shabbat Times זמני שבת

Candle Lighting	6:25 pm	הדלקת נרות
Mincha & Kabbalat Shabbat NM	6:30	מנחה וקבלת שבת
Moroccan Mincha	6:30	מנחה נוסח מורקו
Latest <i>Shema</i>	9:49 am	סוף זמן ק"ש
Hashkama	7:00 am	השכמה
Ashkenaz–Social Hall	8:30	נוסח אשכנז
Sefard–Beis Medrash	8:30	נוסח ספרד
Ashkenaz–New Main	9:00	נוסח אשכנז
Ashkenaz–Old Main	9:15	נוסח אשכנז
Moroccan–Ogden Building	9:00	נוסח מורקו
Teen Minyan–Social Hall	9:00	מנין נועד
Jr. Congregation–SH Stage	9:25	מנין לכתות ה' וו'
Youth Supervised Play	9:00	גן ילדים
Youth Groups (N–4 th grade)	9:20	כיתות נועד
Mommy & Me	10:15	אמהות ותינוקות
Daf Yomi-Manny Adler	7:30 am, 5:20 pm	דף היומי
Parshat HaShavua-R' Zahtz	8:40 am	פרשת השבוע
Mishna Yomit (Avot)	8:15 am	משנה יומית
Gemara Shiur - R' Frank Breslau & Dr. Joey Bench	After 8:30 am	שיעור בגמרא
Minchas Chinuch -George Silfen	After Sefard	מנחת חינוך
Josh Notkin-Pirkei Avot	5:50	שיעור פרקי אבות
Shabbat Mincha	1:45 & 5:30 pm	מנחה
Manny Freed z"l	4:45 pm	הורים וילדים
Parent Child Learning		
Moroccan Mincha	6:00 pm	מנחה נוסח מורקו
Mincha & Shiur	6:20 pm	מנחה ושיעור הרב
R' Pruzansky's shiur, "Rav Kook's Orot HaTeshuva" following mincha		
Ma'ariv	7:28 pm	מעריב
Next Shabbat Candles	6:13 pm	שבת וילך
Mincha	6:20 pm	הדלקת נרות מנחה

Bnai Yeshurun Launches Project MeetYourMatch

The *tefillot* of Rosh HaShanah and Yom Kippur force us to take stock and to think about our priorities and hopes for the coming year. For those of us with a child or grandchild of marriageable age, we pray that, in 5780, they will find their באשערט, their Divinely-ordained spouse and soulmate. BNOT President Chaya Schwartz believes that a simple approach, which she is calling *MeetYourMatch*, can increase meeting and networking opportunities for our young men and women. With the encouragement and support of Rabbi and Karen Pruzansky and Rabbi and Michal Zahtz, Chaya is coordinating plans with other shuls in our area and assembling an enthusiastic team of volunteers to facilitate more meeting and dating opportunities for the single members of our community.



Chaya is consulting with and coordinating her approach with principals at existing organizations with similar goals, such as YUConnects and the Bergen County Regional Connector, the North Jersey *Shidduch* group, as well as the local *shidduch* networking groups.

Project *MeetYourMatch* will be honing its approach by focusing on singles at Bnai Yeshurun, while maintaining contact with and soon integrating with the other Teaneck-Bergenfield-New Milford-Englewood Shuls. There are no fees for any *MeetYourMatch* services at this time. There are no age limitations but the initial focus will be on those in their twenties.

Participants can share how much or how little information they feel comfortable sharing. (For example, a profile may include contact information, a photo, references, and, perhaps, a short description.)

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Special Events

אירועים מיוחדים

- Motzei Shabbat, Selichot led by Rabbi Zahtz at 12:50 am in the Old Main Shul.

Mazal Tov

מזל טוב

- Helen & Manny Adler and Dorit Adler on the engagement of their son and grandson, Gershi, to Aliza Gottlieb.
- Marilyn & David Koplon on the engagement of their grandson, Tzali Koplon to Bati Katz of Efrat.
- Elena Zaretsky, and Elise & Zvi Ginsberg on the birth of a grandson born to Alyssa & Ari Ginsberg.
- Nancy & Andy Neff on the birth of a granddaughter, a daughter to Abby & Adi Isaacs in Jerusalem.

Condolences

נחומים

- Reuben Gross, on the loss of his beloved brother, Murray Gross a"h.

CBY Notes

- Hatarat Nedarim will take place on Erev Rosh Hashanah, Sunday, September 29th following Shacharit.
- CBY Adult Education Committee presents a Video Teshuva Drasha by Rabbi Soloveitchik z"l. Thursday, October 3rd at 8:15 pm, CBY Social Hall. Presented in Yiddish with English subtitles. Sponsors requested, please contact shul office.
- Next Shabbat, Rabbi Pruzansky will deliver his Shabbat Shuva Drasha on "Repentance & the Evil Inclination"; mincha at 5:35 pm, drasha at 5:55 pm. Sponsored by: Heidi & Alan Fuchs in memory of Joy & Al Amsel, a"h and commemorating Al's yahrzeit on 28 Elul; Mona & Itzy Weinberger & family in memory of Menachem Melchior Mendel ben Moshe Chaim HaKohen, a"h, Manual Freed, whose yahrzeit is on Rosh Hashana.
- The 5780 Kol Nidrei Appeal is underway. Please give generously to support CBY. Donations may be made online at www.bnaiyeshurun.org/kolnidrei5780.
- On motzei shabbat, October 5th at 8:30 pm, Rav Moshe Tzvi Weinberg will be speaking at CBY on the topic of "Returning to Hashem by Returning to Each Other". This shiur is co-sponsored by Project Ezra and CBY.
- Sunday, Oct. 6th at 7:00 pm, CBY Adult Ed is co-sponsoring along with Yeshiva University, The Annual Hausman/Stern Kinus Teshuva Lecture: "Living Mindfully & Meaningfully: The Teshuvah of Rosh Hashanah & Yom Kippur", delivered by R' Dr. Ari Berman.

Beis Medrash Committee

- Manny Freed z"l Parent Child Learning - Join us this Shabbat afternoon at 4:45 pm in the **Old Main Shul**.

David Frohlich z"l Youth Department

- This week's Tot Shabbat will be led by Rachel Wilens and will take place in the back of the Nursery room.
- Tefillah of the Week: ברכות התורה

BNOT

- BNOT wishes everyone a שנה טובה. Thank you to all those who participated in the Rosh Hashanah greeting.

YAD LEAH
5K
DASH FOR DIGNITY 2019
SUNDAY
NOVEMBER 10

RACE DAY CLOTHING DRIVE
Donate your new & gently used clothing to families in Israel

8:00 AM REGISTRATION
9:30 AM 5K USAFT CERTIFIED RUN®
9:45 AM KIDS DASHES
10:10 AM 1-MILE FAMILY FUN WALK
10:40 AM AWARDS CEREMONY

THE DAVID FROHLICH ז"ל YOUTH Department
of Congregation Bnai Yeshurun
Invites families to join us!

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Yomim Noraim Mikvah Hours for Men 5780/2019.

The Teaneck Mikvah will be open for men's use on Erev Rosh Hashanah & Erev Yom Kippur. Kindly enter through the Main Entrance of the Mikvah. Mikvah hours are as follows:
Erev Rosh Hashanah, Sunday, September 29th 5:00 am – 3:30 pm. Erev Yom Kippur, Tuesday, October 8th 4:30 am - 3:00 pm. Please be considerate & adhere to the closing times. Fees: \$25 per person. \$54 per family. Kindly shower at home & bring your own towels. Please call the Mikvah at 201-837-8220 or email us at teaneckmikvah@gmail.com with any questions.



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Shabbat Nitzavim

Weekly Davening Schedule

	Sun. Sept. 29	Mon. Sept. 30	Tues. Oct. 1	Wed. Oct. 2	Thu. Oct. 3	Fri. Oct. 4		
Earliest <i>tefillin</i> – 6:01 am Latest <i>Shema</i> – 9:49 am <i>Mincha Gedola</i> - 1:15 pm	כ"ט אלול ערב ר"ה התרת נדרים	א' תשרי א' ראש השנה	ב' תשרי ב' ראש השנה	ג' תשרי יום גדליה Fast begins 5:41	ד' תשרי	ה' תשרי		
דף היומי	מעילה י"ב	מעילה י"ג	מעילה י"ד	מעילה ט"ו	מעילה ט"ז	מעילה י"ז		
Daf Yomi	Sat. night 8:30 pm	4:50 pm Alex Guttman	5:25 pm Dr. Solomon Amar	5:15 am	5:15 am	5:15 am		
Shacharit & Selichot - <i>Triple Classroom</i>	5:00 am-Led by R' Taubes	Shacharit on RH is at 8:00 am in all locations.					שחרית	
Shacharit & Selichot – <i>Beis Medrash</i>		Shofar at approx. 10 am			5:50	5:50		6:00
Shacharit & Selichot – <i>Old Main</i>	6:00	Second Shofar at 5:35 pm (day 1) and 6:20 pm (day 2)			6:20	6:20		6:20
Shacharit & Selichot – <i>Beis Medrash</i>	6:30	Tashlich (day 1) at 6:00 pm			6:40 Social Hall	6:40 Social Hall		6:50 Social Hall
Shacharit & Selichot – <i>Old Main</i>	8:00			8:20	8:20	8:20		
Shacharit & Selichot – New Main	7:00 9:15 Shacharit only			5:30 7:30	5:35 7:30	5:45 7:30		
Mincha - <i>Beis Medrash</i> Mincha - <i>Old Main</i>	Candles 6:21 pm 6:25 pm in all locations	5:40 pm (all locations)	6:25 pm (NM & SH)	1:45 pm 6:10 pm	1:45 pm 6:25 pm		מנחה	
Maariv New Main				6:55 Fast ends 7:18			מעריב	
Ma'ariv - <i>Old Main</i>		7:16 pm Candles After 7:22 pm	7:20 pm	8:00 9:00	8:00 9:00			
Ma'ariv - <i>Beis Medrash</i>				10:01 11:00	10:01 11:00			

Beis Medrash Program	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Yitzchak Yaakov Kollel Boker					6:20-7 am	6:20-7 am
Daf Yomi	See above	4:50 pm	5:25 pm	5:15 am	5:15 am	5:15 am
Mishna Yomit	8:30 am			7:45 am		
Kids Navi Shiur (מלכים א')						
Daf Yomi B'Halacha Chavurah			8:30 pm			
Night Seder			Open Learning 8-10 pm			
Olam Ha'avodah-R' Zahtz				After 9:00 pm Maariv		
Parsha w/Rav Goldwicht						
Senior Lunch & Learn						
Tzurva Merabanan-R' Pruzansky						
Rambam's Mishneh Torah-R' Meier				8:15 pm		
Halacha shiur w/R' Sobolofsky				9:15 pm		
Shiur w/ R' Moshe Tzvi Weinberg					8:15 pm	
Parsha & Halacha w/ R' Taubes					10:15 pm	



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Obviously, the more information that is included, the more likely meaningful opportunities will be identified. Information should be forwarded to MeetYourMatch@bnaiyeshurun.org. A volunteer committee will be meeting on a regular basis to suggest matches. If you know of any people in our community who are open to dating at this time, please share this information with them.

IMPORTANT ANNOUNCEMENTS:

- If you, or anyone you know, is homebound and in need of having someone come to the home on Rosh Hashana to blow *shofar* please contact Rabbi Pruzansky.
- We will be cleaning out the coat rooms before the Yamim Noraim. Please make sure to remove any of your personal items from the coat rooms.
- Please do not park inside the tents that have been put up for the High Holidays.

LOST & FOUND:

- 1) There are machzorim, sefarim, watches, keys and other miscellaneous items that have been lost and are waiting to be claimed in the shul office.
- 2) A pair of airpods was found near the shul on a Friday morning. Please call the shul office and share distinguishing features to ensure that they are returned to their owner.

YOUTH Department
of Congregation Bnai Yeshurun

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YOUR COMMUNITY

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OCTOBER 22, 2019**

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Motzei Shabbos
October 5, 2019 8:30 PM
Congregation Bnai Yeshurun

Rav Moshe Tzvi Weinberg

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Contact Us

- Rabbi Steven Pruzansky, Rabbi rabbi@bnaiyeshurun.org
 Rabbi Ari Zahtz, Associate Rabbi rabbizahtz@bnaiyeshurun.org
 Rabbi Yosef Weinberger, Assistant Rabbi rabiweinberger@bnaiyeshurun.org
 Elysia Stein, Executive Director office@bnaiyeshurun.org
 Rivka & Yehoshua Szafranski, Youth Directors youth@bnaiyeshurun.org
 Rabbi Jonathan Schachter, Teen Programming rabbischachter@bnaiyeshurun.org
 Executive Committee executivecommittee@bnaiyeshurun.org
 Ethan Keiser, President president@bnaiyeshurun.org
 Steven Becker, First Vice President
 Doron Katz, Second Vice President
 Jennifer Miller, Third Vice President
 Andrew Berkowitz, Treasurer
 Saul Kaszovitz, Assistant Treasurer
 Esti Kaminetzky, Secretary
 Chaim Kiss, Gabbai Rishon gabbai@bnaiyeshurun.org



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Community Announcements

- We are trying to ensure a weekly Friday night minyan for some of the elderly residents of this new apartment building who cannot venture out at night. We have been successful in the past 5 weeks & it has been a lovely minyan! Please consider joining us! We have formed a WhatsApp group, if you wish to receive weekly updates on minyan times. Please email me, ruthlevi@gmail.com, your cellphone info so we can add you to the group. Please email me with your firm commitment (& contact info) to attend this Friday night, Sept. 27 at 6:30pm. As you know, the minyan will not take place without the proper quorum. Minyan is open to both men & women, as we have a mechitza. Please bring your own siddur.
- This Shabbat, following Mincha at 6:10 pm at Keter Torah, Rabbi Jonathan Schachter will speak on "Am I Really My Brother's Keeper?: A study in Kol Yisrael Arevim Zeh Bazeh."
- MOTZEI SHABBOS WOMEN'S SHIUR SERIES- Live Streaming Shiur from 9:30pm-10:15pm. This week Dr. Jennifer Klau will present "Inspiration to Change: the Marvelous Effects of Exercise on our Bodies and Spirits". To participate, register on www.letslearnlive.com
- Experience night seder w/Nachlas Dov Community Kollel of Teaneck/Bergenfield along with R' Sobolofsky & Ohr HaTorah. Sunday, Monday, Wednesday & Thursday evenings 9-10 pm at Ohr HaTorah, 28 Rector Ct. Maariv follows at 10 pm. For info contact R' Parmett at 862-777-4758 or kollelnd@gmail.com or call/text Michael Frohlich 201-410-6500.
- On Sunday, October 6, The Rabbinical Council of Bergen County (RCBC) will offer a Kinus on Teshuva. Three mini-shiurim will follow Selichot at 8:00 am and Shacharit at 8:30 am. Light refreshments will precede the shiurim, which will be held from 9:20 am until 10:30 am. Rabbi Yaacov Neuberger of Congregation Beth Abraham will speak on "The Thirteen Midot: A Covenant? An Incantation? Or a Template? Finding Meaning in the Yom Kippur Selichot." Dean Rachel Friedman of Lamdeinu will discuss "Mending and Making Amends: The Message of Se'ir La'Azazel in the Yom Kippur Musaf." The topic for Rabbi Natanel Helfgot of Congregation Netivot Shalom will be "Yearning for God's Presence: The Road from Tisha Be-Av to Yom Kippur." The program will be held at Congregation Shaare Tefillah, 510 Claremont Avenue, Teaneck.
- **Yomim Noraim Mikvah Hours for Men 5780/2019.** The Teaneck Mikvah will be open for men's use on Erev Rosh Hashanah & Erev Yom Kippur. Men will have access to 12 preparation rooms, 2 express changing areas, & 3 mikvaot. One of the three mikvaot will close at 1:00 pm on Erev Rosh Hashana in order to prepare it for immediate post Rosh Hashanah use. Kindly enter through the Main Entrance of the Mikvah. Mikvah hours are as follows: Erev Rosh Hashanah, Sunday, September 29th 5:00 am – 3:30 pm. Erev Yom Kippur, Tuesday, October 8th 4:30 am - 3:00 pm. Please be considerate & adhere to the closing times. Fees: \$25 per person. \$54 per family. Kindly shower at home & bring your own towels. Please call the Mikvah at 201-837-8220 or email us at teaneckmikvah@gmail.com with any questions.
- CareOne in Teaneck, has patients and family members of patients who would like to have Rosh Hashana minyanim. Please join us to help ensure we have minyanim on Rosh Hashana. Wishing everyone a K'Siva V'chasima Tovah. Mincha- 6:25 pm. Rosh Hashana- Monday, September 30th Shacharit- 8:30 am, Shofar Approximately- 11:00 am, Mincha- 6:20 pm, Maariv- 7:10 pm. Rosh Hashana- Tuesday, October 1st Shacharit- 8:30 am Shofar Approximately- 11:00 am Mincha- 6:20 pm Maariv- 7:23 pm.
- Kapparos to support Tomchei Shabbos of Bergen County will take place on Sunday October 6th. Two locations. Congregation Keter Torah, back parking lot from 9:45 am- 12:30 pm. and Congregation Ahavat Torah in Englewood from 10-12 noon.
- RYNJ welcomes your family to join our family at our yeshiva's Open House on Sunday evening, November 3rd at 7:00 PM. Experience the warm environment created by our dynamic administration, top notch faculty and involved parent body. All prospective parents are also invited to learn more about the RYNJ educational philosophy at parlor meetings in neighboring communities. Please register at rynj.org. For more information, contact Mrs. Tamar Kahn, Director of Admissions, at tkahn@rynj.org or 201.986.1414 x338. Heichal HaTorah invites all parents to our Open House for Prospective Parents on Sunday, November 3, 2019 at 7:00 PM at the yeshiva, 70 Sterling Place, Teaneck, NJ 07666. All 8th grade talmidim are invited to a Melava Malka for Prospective Talmidim, Motzei Shabbos, November 9, 2019 at 8:30 PM at the yeshiva. To register, please go to: <http://heichalhatorah.org>
- Motzei Shabbos Nov. 9 @ 8:00 PM at CBY Melava Malka & showing of 17th Annual Yarzeit Rachel Imeinu Video "Your Inner Spark: Finding the True You" at Cong. Bnai Yeshurun (CBY). With introduction by HaRav



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Shmuel Kamenetsky, shlita, featuring words of inspiration from Rabbi Moshe Weinberger, Rabbi Paysach Krohn, Rabbi Ephraim Shapiro and Rebbitzin Tehila Jaeger. Presented by BNOT CBY and the Beth Abraham Sisterhood. For women and girls only. For more information contact 201-837-0354.

- Join Yeshiva University High School for Boys (MTA) at our Open House on Sunday, November 10th, 9:30 am. To RSVP, please visit yuhsb.org/openhouse. Questions? Contact Rabbi Yoni Stone at ystone@yuhsb.org or 646-994-0441.
- Come join 800 Jewish women of all ages and religious experience for an evening of inspiration, unity and fun as they make challah together at the Jewish Journeys Great BIG Challah Bake on Thursday evening, November 14th, 2019 at Factory 220. Registration is now OPEN! Please register at: <https://www.showclix.com/event/jewishjourneysgreatbigchallahbake-general>. Please note that we plan to sell out so register early. There will be NO walk ins. If you are interested in getting involved or for more information please email jjgreatbigchallahbake2019@gmail.com.
- UJA Mitzvah Day is November 24th.
- Rebbetzin Leah Kohn gives her Monday morning class from 10 am - 11:15 am at 1510 Jefferson Street, Teaneck on the topic of Hallel.
- Bikur Cholim Bergen County (BCBC) is a volunteer run organization which provides support, facilities, & services to ease the burden of local families facing crises. Their services include: 7 day a week sleeping accommodations near Hackensack UMC; medical equipment gemach; rides to & from local (Bergen County) medical appointments; meal assistance. The hotline number is 201-579-3066 or visit the website at bikurcholimbergencounty.org for a more detailed understanding of services.
- Orli Scharf is giving basketball lessons for her bat mitzvah & all proceeds go to United Hatzalah. To sign up or for more information please email orlibasketballproject@gmail.com. Cost is \$20/lesson. To learn more about United Hatzalah or to make a donation, please visit <https://israelrescue.org/orlischarf>.
- Teaneck Bat Mitzvah Dress Gemach-Donate your daughter's dress or gown to our local Bat Mitzvah dress gemach. Or borrow a dress or gown: choose from a beautiful assortment of lightly worn dresses. Contact Renee S. at: bmdressgmach@gmail.com (in conjunction with Project Ezra)
- Ongoing collection of full-size shampoo, conditioner, body wash & bar soap that is distributed to community members in need. Drop off at 578 Grenville Ave. purple

box located at the right-side door. For info contact Gila gr5thkid@msn.com.

- Please send all requests for tehillim to Evelyn Meyer at cholim@teaneckshuls.org. Please include only the Hebrew name of the ill person.
- Remembering Israel's Fallen through Yashar L'Chayal. Be a part of 23,741 people who will remember every soldier who fell in the defense of the State of Israel by donating \$18. Thanks to the generosity of people like you, not a single soldier will be forgotten! To find out more about Remember Israel's Fallen, visit www.IsraelsFallen.com. For more information about the Helping Israel Fund, visit: www.helpingisraelfund.com.